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Original Papers

Protocol

Peer Review of "Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection"

Reenu Singh

Indian Institute of Management Mumbai, Mumbai, India

Related Articles:

Companion article: https://arxiv.org/abs/2410.17459v1

Companion article: https://med.jmirx.org/2025/1/e72527

Companion article: https://med.jmirx.org/2025/1/e70100

(JMIRx Med 2025;6:e72523) doi:10.2196/72523

KEYWORDS

privacy-preserving AI; latent space projection; data obfuscation; AI governance; machine learning privacy; differential privacy; k-anonymity; HIPAA; GDPR; compliance; data utility; privacy-utility trade-off; responsible AI; medical imaging privacy; secure data sharing; LSP; artificial intelligence

This is a peer-review report for "Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection."

Round 1 Review

Specific Comments

Major Comments

1. What was the basis of taking up health care cancer diagnosis and financial fraud for the study [1]? Will latent space projection be an effective method for privacy protection in speech therapy to analyze audio datasets to assist in diagnosing and treating speech-related disorders; in medical imaging video datasets from endoscopy, ultrasounds, and robotic surgeries for diagnostics and artificial intelligence–assisted tools; and in telemedicine to analyze video feeds for remote consultations and diagnoses?
2. The basic structure of the paper is missing. Please follow the guidelines of journal paper writing with distinctly visible sections of Introduction, Method, Result/Findings, Discussion, and Limitations with future scope and conclusion. The introduction, background, and related work should be written cohesively, and all should come under the Introduction heading.
3. The statistical tables are in excess. The tables and values should be talked about in written form. Limit the number of images and tables to 5 - 6 or according to the journal guidelines. Use an appendix for the flowchart and any other tabular data that is too lengthy.
4. Explanations of tables and figures should be in paragraph form. Please cite literature where comparative inference and process-specific benefits and drawbacks are mentioned. Examples are Tables 1-5. For writing sections like "Comparative Analysis with Existing Techniques," all the subparts should be written in paragraphs and discuss the values and analysis only, and put them in their respective paragraphs, removing the tabular data. Please use appendices for excessive tables. Within the body of the research paper, 5 - 6 figures and tables are sufficient; the rest should be put in appendices.
5. In "Latency and Performance analysis, part A" and "Performance optimization" are mentions of the literature, which should be present as part of the literature in the Introduction paragraph. Restating the literature again is redundant. Stick to the structure of the journal paper. Please cite references to support the claims, such as "real-time requirements of financial systems" under the section of Real-Time Performance.
6. "Scalability analysis" and other sections: What were the criteria for the choice of datasets for the study for the case studies? What were the data sizes? Give specifications in the first paragraph of respective case studies. Presenting the details about the process of procurement of files, data extraction, limitations in data handling, etc. Are there any limitations in adopting the latent space projection methods?

Round 2 Review

General Comments

This paper is highly relevant to health care, particularly in the context of privacy management of data during the analysis of imagery.

Specific Comments

Major Comments

1. The case studies should be written in a more descriptive style. Please reduce the use of numbered or bullet points (in the Introduction, Method, and Result) to align with the formal writing style typically suitable for journal papers.

2. Please rephrase the description of Table 3 (immediately following the table) in a narrative style. This approach enhances the readability of the article.

3. Two figures should not be positioned consecutively. Include some text between Figure 3 and Figure 4. Adjust and reorganize the content to ensure a smooth flow.

Minor Comments

4. The titles of tables and figures should be presented as captions. Revise the captions to ensure they do not begin with a verb.

Conflicts of Interest

None declared.

Reference

1. Vaijainthymala Krishnamoorthy M. Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection. JMIRx Med 2025;6:e70100. [doi: 10.2196/70100]

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doi:10.2196/72523

Peer Review for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study”

Anonymous

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.08.08.24311701v1

Companion article: https://med.jmirx.org/2025/1/e69537

Companion article: https://med.jmirx.org/2025/1/e65565

(JMIRx Med 2025;6:e69870) doi:10.2196/69870

KEYWORDS

artificial intelligence; machine learning; algorithm; model; analytics; AI deployment; human-AI interaction; AI integration; checklist; clinical workflow; clinical setting; literature review

This is the peer-review report for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study.”

Round 1 Review

General Comments

This paper [1] construct a checklist to support the development and implementation of artificial intelligence (AI) in clinical settings. I only have some minor comments.

Minor Comments

1. Comparison with existing checklists: Please add a comparison with some of the existing checklists.

2. Inconsistency in the number of studies: The authors initially stated that they included 20 studies, but later mentioned 23. Please clarify.

3. Appendix visibility: The appendix is not visible.

4. Abbreviation consistency: The abbreviation “IQR” appears multiple times. Please ensure it is clearly defined and used consistently.

Conflicts of Interest

None declared.

Reference

1. Owoyemi A, Osuchukwu J, Salwei ME, Boyd A. Checklist approach to developing and implementing AI in clinical settings: instrument development study. JMIRx Med 2025;6:e65565. [doi: 10.2196/65565]

Abbreviations

AI: artificial intelligence

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JMIRx Med 2025;6:e69870
URL: https://xmed.jmir.org/2025/1/e69870
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Peer Review for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study”

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Companion article: https://med.jmirx.org/2025/1/e65565

(JMIRx Med 2025;6:e69869) doi:10.2196/69869

KEYWORDS

artificial intelligence; machine learning; algorithm; models; analytics; AI deployment; human-AI interaction; AI integration; checklist; clinical workflow; clinical setting; literature review

This is the peer-review report for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study.”

Round 1 Review

The paper [1] presents the Clinical Artificial Intelligence (AI) Sociotechnical Framework (CASoF), a structured approach to guide the planning, design, development, and implementation of AI systems in health care settings. The framework is designed to address the gap between technical performance and sociotechnical factors that are essential for successful AI deployment in clinical environments.

The authors conducted a literature synthesis and a modified Delphi study involving global health care professionals to develop and refine the CASoF checklist. The checklist emphasizes the importance of considering the value proposition, data integrity, human-AI interaction, technical architecture, organizational culture, and ongoing support and monitoring, to ensure that AI tools are not only technologically sound but also practically viable and socially adaptable within clinical settings.

The study found that the successful integration of AI in health care depends on a balanced focus on both technological advancements and the sociotechnical environment of clinical settings. The CASoF represents a step forward in bridging this divide, offering a holistic approach to AI deployment that is mindful of the complexities of health care systems. The checklist aims to facilitate the development of AI tools that are effective, user-friendly, and seamlessly integrated into clinical workflows, ultimately enhancing patient care and health care outcomes.

The authors acknowledge some limitations of the study, such as the need for continuous refinement of the CASoF through iterative feedback and broader engagement with more stakeholders. Future research should aim to include an even wider array of perspectives, particularly from underrepresented regions and specialties, to enhance the framework’s comprehensiveness and applicability.

Overall, the paper provides a valuable contribution to the field of AI in health care by offering a practical and comprehensive approach to the development and implementation of AI systems in clinical settings.

Conflicts of Interest

None declared.

Reference

1. Owoyemi A, Osuchukwu J, Salwei ME, Boyd A. Checklist approach to developing and implementing AI in clinical settings: instrument development study. JMIRx Med 2025;6:e65565. [doi: 10.2196/65565]

Abbreviations

AI: artificial intelligence
CASoF: Clinical Artificial Intelligence Sociotechnical Framework

Edited by CN Hang, E Meinert, T Leung; submitted 10.12.24; this is a non–peer-reviewed article;accepted 10.12.24; published 20.02.25.

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doi:10.2196/69869

Peer Review for "Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study"

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Department of Family Medicine, Western University, 1151 Richmond St, London, Canada

Related Articles:

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Companion article: https://med.jmirx.org/2025/1/e65565

(JMIRx Med 2025;6:e69593) doi:10.2196/69593

KEYWORDS

artificial intelligence; machine learning; algorithm; model; analytics; AI deployment; human-AI interaction; AI integration; checklist; clinical workflow; clinical setting; literature review

This is the peer-review report for "Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study."

Round 1 Review

General Comments

This paper [1]...is a very cohesive approach to establishing a framework for the implementation of artificial intelligence (AI).

Specific Comments

Major Comments

1. Ideally there should be information on the demographics of the expert panel.

2. Please add comments regarding equitable access for these technologies.

Conflicts of Interest

None declared.

Reference

1. Owoyemi A, Osuchukwu J, Salwei ME, Boyd A. Checklist approach to developing and implementing AI in clinical settings: instrument development study. JMIRx Med 2025;6:e65565. [doi: 10.2196/65565]

Abbreviations

AI: artificial intelligence

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doi:10.2196/69593

Peer Review for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study”

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Louisiana State University, Baton Rouge, LA, United States

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.08.08.24311701v1

Companion article: https://med.jmirx.org/2025/1/e69537

Companion article: https://med.jmirx.org/2025/1/e65565

(JMIRx Med 2025;6:e69594) doi:10.2196/69594

KEYWORDS

artificial intelligence; machine learning; ML; algorithm; model; analytics; AI deployment; human-AI interaction; AI integration; checklist; clinical workflow; clinical setting; literature review

This is the peer-review report for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study.”

Round 1 Review

General Comments

Using artificial intelligence (AI) to add social and domain-specific steps to clinical trials is innovative [1]. My only comment is whether the number of stages or the checklist changes if the shortlisted panelists change.

Specific Comments

Major Comments

1. I am unsure if having 38 (expert) panelists is good enough to have a robust framework.

Conflicts of Interest

None declared.

Reference

1. Owoyemi A, Osuchukwu J, Salwei ME, Boyd A. Checklist approach to developing and implementing AI in clinical settings: instrument development study. JMIRx Med 2025;6:e65565. [doi: 10.2196/65565]

Abbreviations

AI: artificial intelligence

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Peer Review for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study”

Anonymous

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Companion article: https://med.jmirx.org/2025/1/e65565

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KEYWORDS

artificial intelligence; machine learning; algorithm; model; analytics; AI deployment; human-AI interaction; AI integration; checklist; clinical workflow; clinical setting; literature review

This is the peer-review report for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study.”

Round 1 Review

This paper [1] introduces the Clinical Artificial Intelligence (AI) Sociotechnical Framework (CASoF), a checklist developed through a literature synthesis and refined by a modified Delphi study. It aims to guide the development and implementation of AI in clinical settings, focusing on the integration of both technological performance and sociotechnical factors. The framework addresses gaps in existing frameworks by emphasizing not only technical specifications but also the broader sociotechnical dynamics essential for successful AI deployment in health care.

New approaches to reporting AI in clinical settings are crucial as AI becomes more integrated into clinical practice. However, the paper needs to address the “black box” dilemma more thoroughly. This refers to the opaque nature of AI algorithms, where the decision-making process is not easily interpretable by clinicians, leading to trust and transparency issues. Additionally, while the CASoF checklist is a valuable tool, it would benefit from a more detailed comparison to established frameworks like TRIPOD (Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis), which has been widely used in developing and validating clinical prediction models. Discussing how the CASoF complements or improves upon TRIPOD would strengthen the paper’s contributions.

I suggest adding a paragraph discussing the potential roles of AI when integrated into hospital electronic health record (EHR) systems. AI could be used for the development of advanced diagnostic and prognostic tools by analyzing real-time patient data. Integration with EHRs could enhance decision-making, providing predictive analytics at the point of care and improving patient outcomes. This would help explore the broader clinical impact of AI beyond just technical integration, addressing its potential for continuous learning and optimization in health care settings.

Conflicts of Interest

None declared.

Reference

1. Owoyemi A, Osuchukwu J, Salwei ME, Boyd A. Checklist approach to developing and implementing AI in clinical settings: instrument development study. JMIRx Med 2025;6:e65565. [doi: 10.2196/65565]

Abbreviations

AI: artificial intelligence
CASoF: Clinical Artificial Intelligence Sociotechnical Framework
EHR: electronic health record
TRIPOD: Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis

Edited by CN Hang, E Meinert, T Leung; submitted 03.12.24; this is a non–peer-reviewed article;accepted 03.12.24; published 20.02.25.

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doi:10.2196/69595

Peer Review of "Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures"

Rapeepan Pitakaso
University of Vienna, remove, Vienna, Austria

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.08.02.24311396v1

Companion article: https://med.jmirx.org/2025/1/e 77221

Companion article: https://med.jmirx.org/2025/1/e66029

(JMIRx Med 2025;6:e77171) doi:10.2196/77171

KEYWORDS

tuberculosis detection; tuberculosis; TB; chest x-ray classification; diagnostic imaging; radiology; medical imaging; convolutional neural networks; data augmentation; deep learning; early warning; early detection; comparative study

This is a peer-review report for "Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures."

Round 1 Review

General Comments

Clarity and Structure

The paper [1] presents a comprehensive overview of the methods and results but can benefit from clearer transitions between sections. For instance, adding brief connecting sentences at the end of each section would help guide the reader into the next topic.

Consider reorganizing the "Discussion" section to first summarize the key findings before delving into their implications. This will reinforce the reader's understanding of the main outcomes.

Writing Style

Aim for more active voice usage to enhance readability. For example, change "It was observed that VGG16 outperformed other models" to "We observed that VGG16 outperformed other models."

Simplify overly technical or long sentences to improve readability. Breaking complex sentences into two simpler ones can make the content easier to follow.

Specific Comments by Section

Abstract

Sentence clarification: The phrase "necessitating more efficient and accurate diagnostic methods" could be expanded to briefly indicate why current methods are insufficient.

Results detail: When mentioning model performance, briefly state why VGG16's superior performance is significant compared to others.

Introduction

Background information: The explanation of the global tuberculosis burden is informative, but it could benefit from briefly mentioning current limitations in artificial intelligence–based tuberculosis detection in developing countries.

Motivation clarification: Ensure that the motivation for choosing specific convolutional neural network architectures is clearly linked to gaps in existing literature.

Methods

Preprocessing details: The detailed explanation of normalization and data augmentation is excellent, but it might be beneficial to briefly mention how these choices align with previous research findings or unique aspects of this study.

Transfer learning: Include a brief comparison of why transfer learning was chosen over training models from scratch.

Results

Visualization: The table summarizing model performance is comprehensive, but consider including a concise narrative to describe key trends observed in the data.

Analysis clarification: When discussing why data augmentation did not enhance performance, elaborate on how this aligns with or contradicts findings from other studies.

Discussion

Comparison with previous studies: Add a few sentences comparing the results with existing studies that used the same models or datasets to provide context.

Implications: Discuss the practical implications of using VGG16 in resource-constrained environments where computational efficiency is crucial.

Conclusion

Highlight novelty: Emphasize what makes this study's approach unique, such as the use of specific architectures on a larger dataset, and how this adds to the current body of knowledge.

Future work suggestions: Include more detailed recommendations for future studies, potentially suggesting how to further leverage data augmentation strategies.

Grammar and Language

Sentence revisions: original: "It is observed that the VGG16 consistently performed better than other models." Revised: "We observed that VGG16 consistently performed better than the other models."

Punctuation: Ensure commas are consistently used after introductory phrases (eg, "In this study, we propose...").

Word choice: Replace terms like "aimed to assess" with "assessed" to make sentences more concise.

Technical Aspects

Hyperparameter details: Include a brief rationale for choosing the specific hyperparameters in Table 1 to enhance the reader's understanding.

Training environment: Specify why the computational setup (eg, graphics processing unit details) was chosen and how it impacted training efficiency.

Final Suggestions

Proofreading: Ensure that each section is proofread for minor grammatical errors or inconsistencies.

Figures and tables: Verify that all figures and tables have descriptive captions, and refer to them within the text to maintain flow.

Conflicts of Interest

None declared.

Reference

1. Mirugwe A, Tamale L, Nyirenda J. Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures. JMIRx Med 2025;6:e66029. [doi: 10.2196/66029]

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Peer Review for “Impact of a Point-of-Care Ultrasound Training Program on the Management of Patients With Acute Respiratory or Circulatory Failure by In-Training Emergency Department Residents (IMPULSE): Before-and-After Implementation Study”

Anonymous

Related Articles:

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Companion article: https://med.jmirx.org/2025/1/e72092

Companion article: https://med.jmirx.org/2025/1/e53276

(JMIRx Med 2025;6:e72144) doi:10.2196/72144

KEYWORDS

point-of-care ultrasonography; training program; acute respiratory failure; acute circulatory failure; emergency department

This is the peer-review report for “Impact of a Point-of-Care Ultrasound Training Program on the Management of Patients With Acute Respiratory or Circulatory Failure by In-Training Emergency Department Residents (IMPULSE): Before-and-After Implementation Study.”

Round 1 Review

General Comments

This paper [1] researches an essential component of point-of care ultrasonography. As this modality is rapidly evolving, evaluation of the impact on patient management and outcomes as well as cost-effectiveness is essential. Both subjects discussed in the paper result in a highly relevant manuscript. Even though the authors discuss relevant subjects, there are some problems with the manuscript.

Specific Comments

Major Comments

1. The title of the manuscript suggests that the authors researched the impact of ultrasound after implementation. However, as stated in the Methods section, ultrasound is already used by senior physicians. Thus, the impact of ultrasound after implementation is not researched but rather the impact of ultrasound used by residents. I suggest that the authors clarify that this is a feasibility and impact study on the implementation of point-of-care ultrasound (POCUS) used by residents in the emergency department (ED) in the title and Abstract.

2. The authors state that patients were not included consecutively due to logistics in phase 2. This results in a high risk of bias in the included patients. Please include in the CONSORT (Consolidated Standards of Reporting Trials) diagram the number of patients that were eligible and were excluded based on exclusion criteria or missed.

3. It is unclear how many residents were performing the ultrasound examinations included in the analysis: the Methods section state that there was only 1 resident at the ED in both phases, while in the Results section, it states that there were 12 residents trained. Please clarify.

4. The authors state that they chose a before-and-after implementation to evaluate the effect of POCUS to avoid contamination. However, before the implementation, POCUS was already used by senior physicians, which raises the question if POCUS was indeed not used in phase 1 of the trial.

5. Interestingly, in the Discussion section, the author discussed that the publication of Msolli et al [2] did not find an improvement of diagnostic accuracy. It would be interesting to discuss why this is the case.

6. In the Discussion and Conclusion, it is suggested that the use of POCUS might lead to a decrease in hospital mortality. Since this is an observational study in which, just as the authors state, a diagnostic tool rather than a therapeutic intervention is researched, this is too rash to state. Please remove this from the Conclusion and Abstract.

Minor Comments

Overall

7. The authors provide results with IQR; however, no ranges are given. Please describe results as mean (SD) when data are normally distributed or median (25th percentile – 75th percentile) when data are not normally distributed.

8. Formatting of the full manuscript needs some attention. For example, in the Abstract, not all sentences start with a capital letter. Also, it is common in the English language to write number in full up to 20.

9. Please follow the author guidelines of the journal for reporting values and the structure of the manuscript.

Title Page

10. The authors state that a clinical trial registration was done. However, it seems that they refer to a registration by a medical ethical review board. Please provide a clinical trial registration or if not applicable, remove it from the title page.

Introduction

11. In the first sentence, please state the full name of "emergency department" before using the abbreviation ED.

Methods

12. Figure 1 should be formatted. The most common formatting is according to the CONSORT flow diagram.

Results

13. Please do not discuss the results in the Results section.

Discussion

14. Please end the Discussion section with the strengths and limitations. The secondary findings should be above the Strengths and Limitations section.

Round 2 Review

I would like to compliment the authors of their extensive changes to the manuscript. I have some minor comments.

Minor Comments

1. I would suggest changing the sentence "However, there is still no strong evidence that the diagnostic accuracy of POCUS translates into a clinically relevant difference in patient outcomes" in the Introduction, because you also do not provide strong evidence (I do not know if we ever could provide strong evidence). I would suggest that you focus it more on the fact that the impact of using POCUS in the management of patients in the ED is still relatively unknown.

2. I would suggest to start the Discussion section with a short summary of the key findings.

Conflicts of Interest

None declared.

References

1. Bieler S, Tagan D, Grosgurin O, Fumeaux T. Impact of a point-of-care ultrasound training program on the management of patients with acute respiratory or circulatory failure by in-training emergency department residents (IMPULSE): before-and-after implementation study. JMIRx Med 2025;6:e53276. [doi: 10.2196/53276]
2. Msolli MA, Sekma A, Marzouk MB, et al. Bedside lung ultrasonography by emergency department residents as an aid for identifying heart failure in patients with acute dyspnea after a 2-h training course. Ultrasound J 2021 Feb 9;13(1):5. [doi: 10.1186/s13089-021-00207-9] [Medline: 33559777]

Abbreviations

CONSORT: Consolidated Standards of Reporting Trials
ED: emergency department
POCUS: point-of-care ultrasound

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Peer Review of "Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures"

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(JMIRx Med 2025;6:e77174) doi:10.2196/77174

KEYWORDS

tuberculosis detection; tuberculosis; TB; chest x-ray classification; diagnostic imaging; radiology; medical imaging; convolutional neural networks; data augmentation; deep learning; early warning; early detection; comparative study

This is a peer-review report for "Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures."

Round 1 Review

General Comments

The manuscript [1] presents a study that evaluates the performance of various convolutional neural network architectures—namely, VGG16, VGG19, ResNet50, ResNet101, ResNet152, and Inception-ResNet-V2—in classifying chest x-ray images to detect tuberculosis (TB). The authors compare the models' classification accuracy, precision, recall, F_1-score, and area under the receiver operating characteristic curve, concluding that VGG16 outperforms the others with high accuracy and efficiency. They also assess the impact of data augmentation, finding it does not improve model performance due to sufficient diversity in the original dataset.

Specific Comments

1. The dataset includes a large imbalance between TB-positive and TB-negative images (700 vs 3500). Explain how this imbalance was addressed beyond augmentation or whether balancing techniques like oversampling were considered.
2. While each architecture's parameters are listed, there is no in-depth discussion on why these specific parameters (eg, dropout rates, learning rates) were selected.
3. The conclusion that data augmentation did not improve performance lacks specific references to possible reasons.
4. While computational time for each model is reported, further analysis of the practical implications, such as cost-effectiveness for clinical settings, is missing.
5. The manuscript mentions transfer learning with pretrained ImageNet weights, but there is limited information on why this was the chosen approach versus training from scratch.
6. Throughout the Results section, adding comparative charts or visual aids for each model's performance across metrics like accuracy, precision, and area under the receiver operating characteristic curve would improve readability.
7. The Conclusion could benefit from a clearer statement on how these findings advance the field of TB detection in medical imaging.

Conflicts of Interest

None declared.

Reference

1. Mirugwe A, Tamale L, Nyirenda J. Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures. JMIRx Med 2025;6:e66029. [doi: 10.2196/66029]

Abbreviations

TB: tuberculosis

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Nanthasamroeng N
Peer Review of "Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures"
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Peer Review of "Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development"

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Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.02.22.24303209v1

Companion article: https://med.jmirx.org/2025/1/e71098

Companion article: https://med.jmirx.org/2025/1/e57719

(JMIRx Med 2025;6:e71100) doi:10.2196/71100

KEYWORDS

childhood pneumonia; community-acquired pneumonia; machine learning; clinical decision support system; prognostic care decision

This is the peer-review report for "Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development."

Round 1 Review

General Comments

The authors [1] have examined the medical records for 437 patients with pneumonia and created a machine learning–based classifier to determine which patients required transfer to a tertiary care center. This subject is interesting, as the predictive power of these novel statistical techniques is high and could improve the clinical care of these patients. The authors have done thorough work describing the statistical methods used in the preprocessing of the data and model development. My primary concerns in the manuscript are the lack of clinical application description, the lack of description of the time frame of the included data elements, and the lack of description regarding the patient population and outcome of interest. The following are my point-by-point comments.

Specific Comments

Major Comments

Abstract

- The authors use the term "case management" in the Abstract and several times in the manuscript. In this context, the authors' meaning is the decision for the escalation of care or patient transfer. However, in US-based hospital systems, case management has a different meaning, which includes largely transition to rehabilitation or nursing facilities, acquisition of home oxygen therapy, etc. I would recommend altering this term for comprehension to something like "escalation of care" or "patient triage."
- The primary outcome of interest should be included in the Abstract.
- As detailed in the Methods section, it is crucial to describe the time frame for the included variables, to know when the algorithm could be used in clinical practice.

Introduction

- As the goal of the algorithm in the study is to predict which patients will need transfer to tertiary care for increasing respiratory support, more of the Introduction should focus on the management of in-hospital pediatric pneumonia, challenges, and reasons for the escalation of care.
- I would recommend altering the sentence that describes pneumonia as easily preventable and treatable. Several of the most complicated cases in the intensive care unit are admitted with pneumonia.

Methods

- While great care is taken to describe the approach to data preprocessing, feature selection, and model development, I would recommend following the TRIPOD (Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis) guidelines [2], which are validated reporting recommendations for predictive models.
- Please provide more details regarding the hospital systems involved in this study. Are they large, academic centers or small, rural centers?
- For study inclusion, I am not familiar with the Integrated Management of Childhood Illness guidelines. Are these structured diagnostic codes captured in the electronic health record? Is it a computational phenotype?

- Please specify what is meant by “neonatal age.”
- Many of the variables included in the model are colinear. For example, age and weight are highly dependent on one another, and including both in the model can be detrimental. The feature selection methods may be able to discern this, but maybe not. I would recommend using only age and *z* score in the model.
- The time frames are not stated for the variables. For example, does “hypoxia” mean hypoxia at any time during the hospitalization? On hospital admission? In the first 12 hours? This information is vital to determine the usability of the entire model. If the model uses variables available during the entire hospitalization, the predictive ability will be high, but the usability will be low. A model that can predict right when a patient is transferred to a tertiary care center that the patient will be transferred is useless. However, a model that can predict on admission, or in the first 6 - 12 hours, that a patient will require transfer is incredibly helpful. Without knowing the time frame for these variables, we cannot assess how the model could be applied in clinical practice.
- Please provide clarity regarding the study outcomes. The primary outcome is described as whether the patient was referred to a tertiary care center or not. The next sentence describes “poor prognosis” as pediatric intensive care unit admission or oxygen/ventilation support. How is this outcome used? Is this a secondary outcome? Is this describing the reason for transfer? Please clarify.
- As stated in the TRIPOD guidelines, you should present the amount of missingness in your data. It appears you used imputation methods for missing data. It is helpful to describe the amount of missing data that was imputed and the method for imputation.

Results

- There is a glaring lack of information regarding your study population. Please provide a table describing patient characteristics including demographics and the variables you used in the algorithm. Also, please provide a comparison between the patients who were transferred to a tertiary care center and those who were not.
- In imbalanced datasets, it can be more useful to measure model performance using the area under the precision-recall curve rather than the standard area under the receiver operator characteristic curve. I would recommend adding this metric.

Discussion

- The Discussion, overall, focuses much more on the technical details of the data curation and model development than it does on the clinical application of the model. Much of the technical details presented are also clearly explained in the Methods section and then repeated in the Discussion. I would recommend substantial revision to the Discussion section to remove redundant information that is already contained in the Methods section, as well as the addition of how this model could be applied in a clinical setting to improve the care of patients with pneumonia.
- The Discussion contains no information regarding the limitations of the study. Please describe in detail the prominent limitations of the study. These should include the use of retrospective data, including only two centers, imbalanced data, challenges with clinical implementation of the model, etc.
- The Discussion, and other areas of the manuscript, mention disease prevention several times. The goal of this study has nothing to do with the prevention of pneumonia, only the treatment of pneumonia and the prevention of associated morbidity and mortality. Please revise.

Conclusion

- As it stands, the Conclusion is fairly long and does not focus only on the primary findings of the study. I would recommend trimming it to 2 - 3 sentences that focus only on the primary findings of the study, such as the feasibility of developing this type of predictive model and the potential applications of the model to clinical practice.

Minor Comments

Methods

- The authors describe that ensemble methods “significantly enhance the accuracy of classifications.” Please provide a reference for this statement.

Results

- Please provide numbers for those who met your primary outcome of interest (transfer to a tertiary care center).
- Please provide a description of the time frame for patient transfer, for those who were transferred.

Discussion

- It would be interesting to hear more regarding the use of this model in resource-limited settings and the benefits it could provide.

Round 2 Review

General Comments

The authors have conducted a single-center, retrospective study evaluating the derivation and performance of a machine learning model to predict the need for transfer to a higher level of care for childhood pneumonia. The authors were provided with a substantial amount of feedback on the original submission, and although the authors’ response is detailed and comments on how all concerns were adequately addressed, the resulting manuscript is lacking in many if not most of the requested changes. The revised manuscript remains confusing to the reader and bereft of some essential elements of standard study reporting, including a basic description of the patient population and details regarding the timing of variable collection and use in the model. Due to this lack of response to the initial reviewer feedback, I am recommending rejection of this manuscript. The following are my point-by-point critiques, many of which are similar to those in my original review.

Specific Comments

Abstract

- First sentence: Please revise it to "Pneumonia is the leading cause of preventable mortality for children under five years of age."
- Background: The terms "case management" and "disease prevention" are still used in the Abstract. In my initial review, I recommended revising these terms to improve study clarity, and although the authors stated in their response that they replaced these terms, they remain in the Abstract. As it stands, it is not immediately clear to the reader that the purpose of the study was to provide a tool to assist bedside clinicians to determine which patients are likely to require transfer of care to a higher-level facility for pediatric pneumonia.
- Methods: As it stands, it is confusing to the readers what was actually done in the study. It should be very apparent that the authors used a specific list of variables (please provide each in the Abstract) to predict the need for transfer to a larger institution using a specific type of machine learning model (ensemble). In the current version, this is difficult to discern.
- Results: I would be completely clear regarding the outcome your model is predicting. After reading the paper, it is understood that "pneumonia prognosis" and "severity" actually mean required transfer to a higher level of care, but it is unclear in the Abstract. I would explicitly state "predicted transfer to a higher level of care with 77% - 88% accuracy."

Introduction

- Second paragraph, fifth sentence: I would recommend revising it to "However, this preventable health problem continues to be a substantial cause of mortality, especially in underdeveloped countries and regions, due to the lack of equipment and trained human resources." There is no way to quantify it as "the most important cause of mortality."
- The term "case management" continues to be used in the Introduction, which decreases clarity for the reader.
- As recommended previously, I would be very specific in the Introduction that you are trying to create a tool to help bedside clinicians (typically non–intensive care physicians) decide when to transfer a patient with pneumonia to a higher level of care to prevent morbidity and mortality. As it stands, this is unclear.

Methods

- In my initial review, I asked the authors to clarify what is meant by neonatal age. In their response, they said they had revised the Methods to state specifically 28 days or fewer. However, in the first paragraph of the Methods, it continues to state "neonatal age." Please revise.
- For clarity, I would recommend restating your primary outcome to simply "required tertiary care referral." Having the outcome as severe versus nonsevere, which is defined as requiring tertiary care referral or not, adds an extra step to the thought process and can be confusing.
- One of my largest concerns in the initial manuscript was the timing of the variables. This is crucial when determining how useful the model could be. If the elements in Table 1 are measured on admission, or in the first 6 - 12 hours of admission, the model could be very useful for patient care. If the elements were measured at any point during the hospitalization, it becomes much less useful. My worry is that the model was developed based on the elements' presence at any point, meaning if the child had fever, cough, respiratory distress, and hypoxia at hour 48, then at hour 49 the model was able to predict the patient would need transfer, and the patient was transferred at hour 50—this is not helpful to clinicians. On the other hand, if the model predicts at hour 12 that a patient needs transfer, and then at hour 50 they transfer, that is potentially very helpful to clinicians. Without these details, I cannot recommend the publication of the manuscript.
- It appears that the model was developed using the data from all 437 patients, and the results are presented following k-fold cross validation. It is standard practice to derive the model on a subset of the data (typically 70% - 80%) and then to test it on the remainder of the dataset to prevent overfitting and inflation of performance metrics. It does not appear that this was done. Despite having a small sample size, I believe this approach would lead to a more robust and generalizable model.

Results

- The first paragraph contains many "nuts and bolts" details of model development, and these would be better positioned in the Methods section.
- Both reviewers on the initial submission requested additional details describing the study population, and although the authors responded that they added these details, there are still none provided. It is essential to the understanding of the study results to know the characteristics of the patient population, and it should be a standard requirement for all clinical studies.
- The Shapley additive explanations value results presented in Figure 2 are valuable, but more details describing each measured factor are required. I recommend a table with each factor as rows and two columns comparing the population that did not require transfer to a tertiary care center to the population that did.
- An additional figure showing an area under the precision-recall curve for each model would also be interesting to the readers.

Discussion

- The Discussion spends a decent amount of space discussing the COVID-19 pandemic. While this does have some bearing on the management of childhood pneumonia, I believe the space would be better spent discussing the actual implementation of this type of algorithm. How would a primary care clinician actually use this model in practice? How would it improve upon current clinical practice? Would it be easy or difficult to incorporate into routine workflows? This would be more interesting to the readers.

- I recommend adding what the next steps of this line of research would be. How would you seek to improve the model's performance? More patient data? Additional variables?
- In the original submission, I recommended the authors provide a limitations section and also provided some examples. Although the authors response says they added this, there are still no limitations provided. Please provide this essential element to the Discussion.

Conclusion

- I recommend commenting on what the next steps of this line of research would be in more specific terms.

Round 3 Review

General Comments

The authors have conducted a single-center, retrospective study evaluating the derivation and performance of a machine learning model to predict the need for transfer to a higher level of care for childhood pneumonia. The authors were provided with a substantial amount of feedback on the original submission and have been responsive to feedback, which has resulted in a much improved manuscript. There remain several typographical and grammatical errors, which I would advise an English-grammar expert to review prior to publication, but from a scientific standpoint, I believe the manuscript is appropriate for publication.

Specific Comments

Major Comments

1. Details regarding the patient population have been provided in detail.

2. The study objectives have been clarified for readers.

3. The study methods are now much more reproducible.

Conflicts of Interest

None declared.

References

1. Serin O, Akbasli IT, Cetin SB, et al. Predicting escalation of care for childhood pneumonia using machine learning: retrospective analysis and model development. JMIRx Med 2025;e57719:6. [doi: 10.2196/57719]
2. Collins GS, Reitsma JB, Altman DG, Moons KGM. Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis (TRIPOD): the TRIPOD statement. BMJ 2015 Jan 7;350:g7594. [doi: 10.1136/bmj.g7594] [Medline: 25569120]

Abbreviations

TRIPOD: Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis

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doi:10.2196/71100

Peer Review of “Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development”

Anonymous

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.02.22.24303209v1

Companion article: https://med.jmirx.org/2025/1/e71098

Companion article: https://med.jmirx.org/2025/1/e57719

(JMIRx Med 2025;6:e71369) doi:10.2196/71369

KEYWORDS

childhood pneumonia; community-acquired pneumonia; machine learning; clinical decision support system; prognostic care decision

This is the peer-review report for “Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development.”

Round 1 Review

General Comments

This paper [1] developed a machine learning approach that could predict community-acquired pneumonia prognosis, which is scaled into two levels, severe or nonsevere, and identify important clinical indices, such as hypoxia, respiratory distress, age, *z* score of weight for age, and antibiotic usage before admission. The machine learning–based clinical decision support system tool for childhood pneumonia could provide prognostic support for case management.

Specific Comments

Major Comments

1. To enhance the manuscript’s grounding in current research and to provide a comprehensive context for the study, the authors are recommended to incorporate an evaluation of related literature in the Introduction and Discussion sections. This could include, but not be limited to, the following studies:

- Liu YC, Cheng HY, Chang TH, et al. Evaluation of the need for intensive care in children with pneumonia: machine learning approach. JMIR Med Inform. Jan 27, 2022;10(1):e28934. [doi: 10.2196/28934] [Medline: 35084358]
- Smith JC, Spann A, McCoy AB, et al. Natural language processing and machine learning to enable clinical decision support for treatment of pediatric pneumonia. AMIA Annu Symp Proc. Jan 25, 2020;2020:1130-1139. [Medline: 33936489]
- Kanwal K, Khalid SG, Asif M, Zafar F, Qurashi AG. Diagnosis of community-acquired pneumonia in children using photoplethysmography and machine learning-based classifier. Biomed Signal Process Control. Jan 2024;87:105367. [doi: 10.1016/j.bspc.2023.105367]
- Chang TH, Liu YC, Lin SR, et al. Clinical characteristics of hospitalized children with community-acquired pneumonia and respiratory infections: Using machine learning approaches to support pathogen prediction at admission. J Microbiol Immunol Infect. Aug 2023;56(4):772-781. [doi: 10.1016/j.jmii.2023.04.011] [Medline: 37246060]

The readers could have a more comprehensive understanding if the authors could include a concise evaluation of the prior literature in the current manuscript.

2. Considering the high stakes involved in pediatric care, particularly in intensive settings, it is critical to exam the false negative cases from the confusion matrices. Analyzing these cases for any common feature characteristics could provide insights into potential improvements in the predictive algorithm. This analysis should be clearly presented and discussed in the manuscript, emphasizing its importance in clinical decision-making.

3. The manuscript would benefit from a more detailed description of the cohort used in the study. Information on age, gender, and other clinical indices across the two groups (severe and nonsevere) would enable a better understanding of the study population. Additionally, providing the number of cases in each group would clarify the scope and scale of the study findings.

4. A detailed description of the data collection process is crucial for assessing the study’s applicability in real-world clinical settings. The manuscript should explicitly state the following:

- How and when clinical data, including features such as hypoxia and respiratory distress, were collected (eg, at the time of admission? or within 24 hours of admission?);

- The time frame considered for “antibiotic usage before admission” as relevant to the prediction model: This information is essential for replicability and for future applications of the findings in clinical workflows.

Round 2 Review

I thank the authors for revising the manuscript.

Conflicts of Interest

None declared

Reference

1. Serin O, Akbasli IT, Cetin SB, et al. Predicting escalation of care for childhood pneumonia using machine learning: retrospective analysis and model development. JMIRx Med 2025;6:e57719. [doi: 10.2196/57719]

Edited by E Meinert; submitted 16.01.25; this is a non–peer-reviewed article;accepted 16.01.25; published 04.03.25.

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Anonymous
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doi:10.2196/71369

Peer Review of “Financial Feasibility of Developing Sustained-Release Incrementally Modified Drugs in Thailand’s Pharmaceutical Industry: Mixed Methods Study”

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Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.07.29.24311184v1

Companion article: https://med.jmirx.org/2025/1/e77623

Companion article: https://med.jmirx.org/2025/1/e65978

(JMIRx Med 2025;6:e77627) doi:10.2196/77627

KEYWORDS

financial; economics; R&D; research and development; surveys; interviews; costs; revenue; policies; drugs; pharmaceuticals

This is the peer-review report for “Financial Feasibility of Developing Sustained-Release Incrementally Modified Drugs in Thailand’s Pharmaceutical Industry: Mixed Methods Feasibility Study.”

Round 1 Review

General Comments

This paper [1] presents a thorough analysis of the financial feasibility of developing incrementally modified drugs (IMDs) within the Thai pharmaceutical industry. It aligns well with Thailand’s National Strategic Master Plan and provides valuable insights for stakeholders regarding investment decisions and policy development. The mixed methods approach, including financial modeling, surveys, and interviews, lends credibility to the findings, while the focus on sustained-release dosage forms highlights a specific and practical application. The paper is well structured and contributes meaningfully to the discussion on enhancing local pharmaceutical capabilities. However, there are areas where clarity, presentation, and depth can be improved to strengthen its impact.

Specific Comments

Major Comments

1. Clarity in objectives: While the paper provides an extensive background on Thailand’s pharmaceutical landscape, the research objectives could be more explicitly stated at the beginning of the introduction to guide the reader more effectively.

2. Discussion of results: The discussion section could delve deeper into comparing the financial feasibility of IMDs with other pharmaceutical products, especially generic drugs, to highlight the broader implications of the findings.

3. Policy recommendations: Although the paper suggests policy recommendations, it would benefit from providing concrete examples of how these policies have been successfully implemented in other regions or industries. This would add depth and context to the recommendations.

4. References and citation quality: The paper relies on only 15 references, which is insufficient for a study of this scope. Furthermore, only a few of these references are from peer-reviewed scientific journals, while the rest are reports and secondary sources. This significantly weakens the academic foundation of the study. It is strongly recommended to update the references section by incorporating recent, high-quality, and peer-reviewed articles.

Minor Comments

5. Terminology consistency: Terms like “incrementally modified drugs” and “IMDs” should be consistently used throughout the text to avoid confusion.

6. Figures and tables: Ensure all figures and tables are adequately labeled and referenced in the text. For instance, the presentation of financial data could be enhanced with clearer visualizations.

7. Formatting and grammar: Minor grammatical errors and formatting inconsistencies (eg, use of citations and spacing) should be addressed for a polished presentation.

8. Abstract refinement: The abstract could be more concise, emphasizing key findings and policy implications without overly detailed descriptions of methods.

9. Future research directions: Including a section on future research directions would enhance the paper’s utility for academics and policy makers.

Reference

1. Laichapis M, Sakulbumrungsil R, Udomaksorn K, et al. Financial feasibility of developing sustained-release incrementally modified drugs in Thailand's pharmaceutical industry: mixed methods feasibility study. JMIRx Med 2025;6:e65978. [doi: 10.2196/65978]

Abbreviations

IMD: incrementally modified drug

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doi:10.2196/77627

Peer Review for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study”

Saima Zaki

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Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.08.08.24311701v1

Companion article: https://med.jmirx.org/2025/1/e69537

Companion article: https://med.jmirx.org/2025/1/e65565

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KEYWORDS

artificial intelligence; machine learning; algorithm; model; analytics; AI deployment; human-AI interaction; AI integration; checklist; clinical workflow; clinical setting; literature review

This is the peer-review report for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study.”

Round 1 Review

General Comments

This paper [1] presents the Clinical Artificial Intelligence (AI) Sociotechnical Framework (CASoF), a checklist intended to support the development and implementation of AI systems in health care settings. The framework is built on a comprehensive literature review and a modified Delphi study involving health care professionals globally. The manuscript addresses a significant gap in the integration of AI by emphasizing the importance of sociotechnical considerations alongside technical aspects.

Specific Comments

Major Comments

1. Clarity and structure: The manuscript could benefit from clearer explanations, particularly in the methodology section. The description of the Delphi study and literature synthesis is dense and may be difficult for readers to follow. Consider breaking down complex sentences and using more straightforward language.

2. Methodological rigor: The manuscript lacks details on the selection process for Delphi panelists and the exact methods used for data analysis. Transparency in these areas would significantly strengthen the paper. Additionally, clarify how the Delphi method was modified and the rationale behind these modifications.

3. Literature review and contextualization: The discussion section could benefit from a more critical comparison between the CASoF and existing frameworks. While the manuscript mentions other frameworks, it does not fully explore their limitations or how the CASoF overcomes these challenges. Expanding this discussion would provide a stronger justification for the CASoF’s novelty and utility.

4. Checklist practicality: While the checklist is comprehensive, its length and complexity may hinder practical adoption. Consider providing a condensed version for quick reference and include examples of how the checklist can be applied in real-world scenarios.

5. Ethical considerations and bias mitigation: The manuscript discusses ethical considerations but lacks specific strategies for addressing these issues within the CASoF. Expanding this discussion would enhance the manuscript’s comprehensiveness.

Minor Comments

6. Typographical and grammatical errors: There are minor typographical and grammatical errors throughout the manuscript that should be corrected. For instance, phrases like “revised and edited” could be simplified to “revised” for conciseness.

7. Tables and figures formatting: The tables summarizing the Delphi study results are helpful but could be more effectively formatted. Using shading or color coding to distinguish between different stages or domains would improve clarity and ease of interpretation.

8. Recent references: Some references in the manuscript are relatively old, which is less ideal for a rapidly evolving field like AI. Where possible, the manuscript should incorporate more recent literature to support its claims and demonstrate the ongoing relevance of the topic.

Conflicts of Interest

None declared.

Reference

1. Owoyemi A, Osuchukwu J, Salwei ME, Boyd A. Checklist approach to developing and implementing AI in clinical settings: instrument development study. JMIRx Med 2025;6:e65565. [doi: 10.2196/65565]

Abbreviations

AI: artificial intelligence
CASoF: Clinical Artificial Intelligence Sociotechnical Framework

Edited by CN Hang, E Meinert, T Leung; submitted 13.12.24; this is a non–peer-reviewed article;accepted 13.12.24; published 20.02.25.

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Zaki S
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doi:10.2196/70058

Peer Review of “Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection”

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Related Articles:

Companion article: https://arxiv.org/abs/2410.17459v1

Companion article: https://med.jmirx.org/2025/1/e72527

Companion article: https://med.jmirx.org/2025/1/e70100

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KEYWORDS

privacy-preserving AI; latent space projection; data obfuscation; AI Governance; machine learning privacy; differential privacy; k-anonymity; HIPAA; GDPR; compliance; data utility; privacy-utility trade-off; responsible AI; medical imaging privacy; secure data sharing; LSP; artificial intelligence

This is a peer-review report for “Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection.”

Round 1 Review

General Comments

I thoroughly enjoyed reading this paper [1] as it is a well-written article that will make an important contribution to the literature on the development of privacy-preserving artificial intelligence (AI) governance. I have attached a few comments to improve the study.

Specific Comments

Major Comments

Something like a discussion that embeds the latent space projection for AI governance and the results in the current scientific debate is missing before or after Chapter VII.

Minor Comments

In Chapter II B (Existing privacy-preserving techniques), please provide some further sources to demonstrate that the challenges mentioned are still relevant, as some sources are relatively old (eg, from 2009).

Conflicts of Interest

None declared.

Reference

1. Vaijainthymala Krishnamoorthy M. Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection. JMIRx Med 2025;6:e70100. [doi: 10.2196/70100]

Abbreviations

AI: artificial intelligence

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Bommhardt T
Peer Review of "Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection"
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URL: https://xmed.jmir.org/2025/1/e72525
doi:10.2196/72525

Peer Review of “Financial Feasibility of Developing Sustained-Release Incrementally Modified Drugs in Thailand’s Pharmaceutical Industry: Mixed Methods Study”

Parnnaphat Luksameesate, PhD

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Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.07.29.24311184v1

Companion article: https://med.jmirx.org/2025/1/e77623

Companion article: https://med.jmirx.org/2025/1/e65978

(JMIRx Med 2025;6:e78090) doi:10.2196/78090

KEYWORDS

financial; economics; R&D; research and development; surveys; interviews; costs; revenue; policies; drugs; pharmaceuticals

This is the peer-review report for “Financial Feasibility of Developing Sustained-Release Incrementally Modified Drugs in Thailand’s Pharmaceutical Industry: Mixed Methods Feasibility Study.”

Round 1 Review

General Comments

This paper [1] provides valuable insights into how the Thai pharmaceutical industry should prepare for future developments. The results can be used as a reference to support decision-making and to guide the definition of regulations and processes in Thailand.

Specific Comments

Major Comments

1. Methods: Could you elaborate on how the 5 incrementally modified drug (IMD) experts were selected? Additionally, why was the number of experts limited to 5?

2. Tables 1 and 2: Please replace the term “Literature Review” with the specific author names and the corresponding year (Anno Domini).

3. Table 3: The values of US $1.46 million and US $18.6 million refer to the research and development costs only, correct? These values do not reflect the total cost of developing IMDs (refer to Table 2).

4. Since most of the numbers come from expert input, how do you ensure that these numbers are valid and accurately reflect real-world situations? It may be helpful to provide more information about the characteristics and qualifications of the key informants to support their credibility.

Minor Comments

5. Please ensure that all abbreviations are defined the first time they appear in the document. For example, “IMD” should be written out as “Innovative Medical Devices (IMD)” when it is first mentioned, particularly in the introduction.

Conflicts of Interest

None declared.

Reference

1. Laichapis M, Sakulbumrungsil R, Udomaksorn K, et al. Financial feasibility of developing sustained-release incrementally modified drugs in Thailand’s pharmaceutical industry: mixed methods feasibility study. JMIRx Med 2025;6:e65978. [doi: 10.2196/65978]

Abbreviations

IMD: incrementally modified drug

Edited by A Grover; submitted 26.05.25; this is a non–peer-reviewed article;accepted 26.05.25; published 01.07.25.

Please cite as:
Luksameesate P
Peer Review of "Financial Feasibility of Developing Sustained-Release Incrementally Modified Drugs in Thailand's Pharmaceutical Industry: Mixed Methods Study"
JMIRx Med 2025;6:e78090
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doi:10.2196/78090

Commentary on "Prevalence of Undiagnosed Hypertension Among Adult Displaced Individuals in Baidoa Camps, Somalia (Preprint)"

Anonymous

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.03.22.24304736v1

Companion article: https://med.jmirx.org/2025/1/e70265

(JMIRx Med 2025;6:e71041) doi:10.2196/71041

KEYWORDS

prevalence; undiagnosed; epidemiology; heart; cardiology; cardiovascular; cross-sectional; survey; questionnaires; hypertension; blood pressure; poverty; sedentary; displaced; refugee; Africa

This is a peer-review report submitted for the preprint "Prevalence of Undiagnosed Hypertension Among Adult Displaced Individuals in Baidoa Camps, Somalia." The preprint did not proceed to publication in JMIRx Med. In these cases, JMIRx-branded journals, acting as overlay journals for preprints, may publish peer-review reports as commentaries.

Round 1 Review

I commend the author for this study [1] on an important topic. However, here are a few comments to help improve the manuscript.

Title

1. The title needs some slight changes to improve clarity. For instance, what do you mean by "displaced individuals"? Would you rather state it as "internally displaced persons" or just "adults in Baidoa displacement camps"?
2. Use a uniform font for the title.

Introduction

1. Ensure a consistent referencing style throughout the manuscript.
2. In the sentence "Over the past few decades, the...," delete the bracket at the end of the statement.
3. Check the overall grammar of the text throughout the manuscript.
4. Regarding the burden of hypertension, provide more updated statistics on hypertension, using both global and regional data. Ensure a clear linkage and transition between the two because, as it stands right now, the statistics are scattered throughout the introduction, rendering it redundant.
5. Provide more context on the displaced populations and their specific vulnerabilities to hypertension to strengthen the rationale of the study. Discuss the factors therein.
6. The section would benefit from a discussion on the effects of hypertension.
7. Cite studies that have investigated hypertension among displaced populations, if any exist, or state the deficit if none.
8. Discuss any interventions and strategies that have been implemented to tackle the problem of hypertension in these communities and state the possible gaps before your objective.

Methods

1. Formatting issue: provide a heading for your Methods section.
2. As stated above, there is a need to improve the overall grammar.
3. Provide more detail regarding the inclusion criteria. For instance, was there a specific displacement duration that was considered (ie, the minimum amount of time spent in the camp so far)?
4. Provide a justification for the exclusion criteria.
5. Provide the reference for "The sample size for this study was determined...."
6. Add more detail regarding the validation of the questionnaire. Was it adopted from previous studies? Was it pretested?
7. Add detail on the measurement of blood pressure (BP). Who measured the BPs? Were they trained? How did you deal with white-coat hypertension? What was the interval between the different BP readings?

Results

1. Again, appropriate headings should be provided. Check the grammar.
2. Provide a more simplified and summarized Results section. For instance, "In this study, we enrolled 240 respondents, with a mean age...."
3. Table 1 is very confusing, especially the frequency and percentage columns. Clearly provide both the frequencies and percentages.
4. Add a key for Figure 2 to give better representation or just integrate the data represented into the text.

Discussion

1. Restate the objective at the start.
2. Provide a concise summary of key findings.
3. Thoroughly discuss the implications of the factors found to be significantly associated with hypertension.

Conflicts of Interest

None declared.

Reference

1. Jayte M. Prevalence of undiagnosed hypertension among adult displaced individuals in Baidoa camps, Somalia. medRxiv. Preprint posted online on Mar 26, 2024. [doi: 10.1101/2024.03.22.24304736]

Abbreviations

BP: blood pressure

Edited by E Meinert; submitted 08.01.25; this is a non–peer-reviewed article;accepted 08.01.25; published 03.06.25.

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Commentary on "Prevalence of Undiagnosed Hypertension Among Adult Displaced Individuals in Baidoa Camps, Somalia (Preprint)"
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doi:10.2196/71041

Peer Review of "Prevalence and Determinants of Academic Bullying Among Junior Doctors in Sierra Leone: Cross-Sectional Study"

Jenny Wilkinson

Metavision Institute, Brisbane City, Australia

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.11.13.24317261v1

Companion article: https://med.jmirx.org/2025/1/e75127

Companion article: https://med.jmirx.org/2025/1/e68865

(JMIRx Med 2025;6:e75135) doi:10.2196/75135

KEYWORDS

academic bullying; junior doctors; Sierra Leone; mental health; professional development

This is the peer-review report for "Prevalence and Determinants of Academic Bullying Among Junior Doctors in Sierra Leone: Cross-Sectional Study."

Round 2 Review

General Comments

This study [1] presents a survey of junior doctors in Sierra Leone hospitals and their experience of bullying and found high levels of bullying among the participants. Below are comments and suggestions for clarifying and strengthening the work.

Specific Comments

Major Comments

1. The author's definition of bullying and whether it was provided to participants is somewhat unclear. In the abstract, bullying is described as involving repeated behaviors, which aligns with the typical definition of bullying as an ongoing or repeated action. However, in the Methods section, participants were asked to respond based on any instance of various behaviors. While a single act of intimidation, for example, constitutes inappropriate behavior that should be addressed, it may not meet the standard definition of bullying. It is essential to clarify this distinction and ensure that participants also recognized the difference so that general poor behavior is not conflated with bullying.
2. Was sampling randomly, equally, or proportionally distributed across the four sites, and were there any analyses done based on site?
3. How was random sampling achieved?
4. Please comment on the reliability and validity of the instrument used to collect data. What literature was used to inform the development of the questions? Please include this information in the manuscript.
5. At the start of paragraph 3 of the Introduction, the authors refer to "other contexts"; it is unclear what contexts are being referred to in this and the preceding paragraph.
6. The Introduction and Discussion would be strengthened by more specific references to literature findings. I found the text in both a little superficial.
7. It is unclear whether the participants were reporting behaviors they personally experienced (ie, they were bullied) against behaviors they observed (ie, others being bullied).
8. Please provide clarification as to who is a "junior doctor." This journal has an international readership, and this term can be used differently in different countries, with "junior doctors" having different lengths of service. Please ensure this is clear within the body of the manuscript.
9. The description of the multiple regression seems a little excessive given the lack of statistical significance. This could be made more concise and simply refer readers to Table 3. Similarly, the authors should be cautious not to overemphasize these findings.
10. The list of references needs to be reviewed to ensure that all items have full bibliographic details.

Round 3 Review

The authors have addressed the review comment in their response, and this has been somewhat translated to the manuscript itself, noting that the lack of track changes, list of specific changes, or other highlights of manuscript revisions makes it difficult to see what changes were made. For example, while the comments regarding instrument development are addressed in the authors' response, it is unclear whether any changes have been made to the manuscript itself.

Conflicts of Interest

None declared.

Reference

1. Jalloh F, Bah AT, Kanu A, et al. Prevalence and determinants of academic bullying among junior doctors in Sierra Leone: cross-sectional study. JMIRx Med 2025;6:e68865. [doi: 10.2196/68865]

Edited by S Tungjitviboonkun; submitted 28.03.25; this is a non–peer-reviewed article;accepted 28.03.25; published 22.05.25.

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doi:10.2196/75135

Peer Review of "Prevalence and Determinants of Academic Bullying Among Junior Doctors in Sierra Leone: Cross-Sectional Study"

Peter Bai James

Southern Cross University, Lismore, Australia

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.11.13.24317261v1

Companion article: https://med.jmirx.org/2025/1/e75127

Companion article: https://med.jmirx.org/2025/1/e68865

(JMIRx Med 2025;6:e75134) doi:10.2196/75134

KEYWORDS

academic bullying; junior doctors; Sierra Leone; mental health; professional development

This is a peer-review report for "Prevalence and Determinants of Academic Bullying Among Junior Doctors in Sierra Leone: Cross-Sectional Study."

Round 1 Review

Specific Comments

Major Comments

Introduction

I think the Introduction in this study [1] needs to be contextualized properly. Saying that bullying in the health care profession has not been looked at is largely correct, but the authors need to strengthen their argument by properly discussing the current literature on bullying in the Sierra Leone educational establishment and the limitations of the current literature as it relates to their topic of enquiry.

Please read the following:

- Osborne A, James PB, Bangura C, Tom Williams SM, Kangbai JB, Lebbieie, A. Bullying victimization among in-school adolescents in Sierra Leone: a cross-sectional analysis of the 2017 Sierra Leone Global School-Based Health Survey. *PLOS Glob Public Health*. Dec 22, 2023;3(12):e0002498. [doi: 10.1371/journal.pgph.0002498] [PMID: 38134001]
- Report on findings from school-related gender-based violence action research in schools and communities in Sierra Leone [2].

Methods

I wonder why the authors decided not to recruit all junior doctors who met their inclusion criteria, given that the list of junior doctors in the University of Sierra Leone Teaching Hospitals Complex at the time of data collection can be obtained from each of the constituent teaching hospitals. I know for a fact that the population of junior doctors is not so huge (less than 500). In other words, why did the authors just recruit all 160 junior doctors? Such data can be sourced from the Sierra Leone Medical and Dental Association or from the respective teaching hospital.

What informed the design of the questionnaire used? Why did the authors decide not to conduct any form of validation of the questionnaire (ie, externally or internally) to ensure it is appropriate for the context in which it is used?

This study was among junior doctors, but the authors mentioned registrars. A registrar is no longer a junior doctor. I may be wrong, but I strongly suggest that the authors provide a clear definition of what is the definition of junior doctor in Sierra Leone.

Discussion

I beg to disagree. A sample was calculated, and a probabilistic sampling method was used in this study, which means that it gives an equal chance for everyone to be chosen. Thus, the sample used is representative of junior doctors in the University of Sierra Leone Teaching Hospitals Complex. There are two ways to explain your finding: either the sample is not representative because the sampling was not probabilistic or the whole population should have been recruited, or the finding is correct (ie, there are no gender differences).

Minor Comments

The first two sentences of the third paragraph of the Introduction section: This has already been stated in the previous paragraph. This is just a repetition.

Conflicts of Interest

None declared.

References

1. Jalloh F, Bah AT, Kanu A, et al. Prevalence and determinants of academic bullying among junior doctors in Sierra Leone: cross-sectional study. JMIRx Med 2025;6:e68865. [doi: 10.2196/68865]
2. Report on findings from school-related gender-based violence action research in schools and communities in Sierra Leone. United Nations Girls' Education Initiative. URL: https://www.ungei.org/publication/report-findings-school-related-gender-based-violence-action-research-schools-and [accessed 2025-04-16]

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Please cite as:
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URL: https://xmed.jmir.org/2025/1/e75134
doi:10.2196/75134

Peer Review of “Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development”

Anonymous

Related Articles:

Companion article: https://arxiv.org/abs/2405.09553v1

Companion article: https://med.jmirx.org/2025/1/e72821

Companion article: https://med.jmirx.org/2025/1/e60866

(JMIRx Med 2025;6:e73768) doi:10.2196/73768

KEYWORDS

Alzheimer disease; computer-aided diagnosis system; machine learning; principal component analysis; linear discriminant analysis; t-distributed stochastic neighbor embedding; feedforward neural network; vision transformer architecture; support vector machines; magnetic resonance imaging; positron emission tomography imaging; Open Access Series of Imaging Studies; Alzheimer's Disease Neuroimaging Initiative; OASIS; ADNI

This is a peer-review report for “Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development.”

Round 1 Review

General Comments

This paper [1] proposes a computer-aided diagnosis (CAD) system for Alzheimer disease (AD) using principal component analysis (PCA) and machine learning–based approaches. The authors claim that their system, which combines PCA for feature extraction with support vector machines (SVMs) and artificial neural networks (ANNs) for classification, achieves good accuracy in detecting AD from magnetic resonance imaging (MRI) and positron emission tomography (PET) images. However, the paper could be strengthened by addressing several areas for improvement.

Specific Comments

Major Comments

1. Consideration of alternative methodologies: While the use of PCA, SVMs, and ANNs for AD classification is a valid approach, the authors should consider exploring more recent deep learning architectures, such as vision transformers, which have demonstrated state-of-the-art performance in medical image analysis. This would help to situate the work within the broader context of current research in the field.
2. Limited evaluation: The evaluation is limited to the Open Access Series of Imaging Studies (OASIS) dataset, which may not be representative of the diverse AD population. The authors should evaluate their system on larger and more diverse datasets, such as the Alzheimer’s Disease Neuroimaging Initiative (ADNI) dataset, to demonstrate its generalizability.

Minor Comments

1. Insufficient implementation details: The implementation details of the SVMs and ANNs are insufficient. The authors should specify the hyperparameters used, such as the kernel type and regularization parameters for SVMs, and the number of layers and neurons for ANNs.
2. Limited discussion: The discussion of the results is limited. The authors should provide a more in-depth analysis of the performance of their system, comparing it with other state-of-the-art methods and discussing the limitations and potential future directions.
3. The authors should ensure consistent formatting throughout the paper, including the use of italics for variables and proper capitalization in section headings.
4. The paper could be improved by using more precise language. For instance, instead of “good accuracy,” the authors could specify the exact accuracy percentage achieved by their system.

Round 2 Review

General Comments

This paper investigates the performance of various machine learning models in the diagnosis of AD using neuroimaging data. The authors propose a CAD system that uses PCA for feature extraction and SVMs, feedforward neural networks, and vision transformers for classification. The models are trained and evaluated on two datasets, OASIS and ADNI.

Specific Comments

Major Comments

1. The paper claims that the proposed CAD system is effective in classifying patients with AD and healthy controls with high accuracy. However, the reported accuracies of 91.9% for OASIS and 88.6% for ADNI using PCA/SVM are not significantly higher than those achieved by existing state-of-the-art methods (eg, Li Y, Chen G, Wang G, et al. Dominating Alzheimer's disease diagnosis with deep learning on sMRI and DTI-MD. *Front Neurol*. Aug 15, 2024;15:1444795. [doi: 10.3389/fneur.2024.1444795] [PMID: 39211812]). A more comprehensive literature review and comparison are needed to support the claim of the proposed system's superiority.
2. The ADNI dataset includes not only patients with AD and healthy controls but also individuals with mild cognitive impairment (MCI). The paper does not explicitly mention whether MCI cases are included in the ADNI dataset used in this study and if patients with MCI are excluded. What is the reason?
3. The paper's conclusion that the "PCA/SVM scheme is much better at predicting AD than the other models" is not supported by the results presented. The vision transformer model with data augmentation consistently outperforms PCA/SVM in terms of accuracy and other metrics. There are no obvious reasons data augmentation is unwanted either.

Minor Comments

1. The paper claims to use a multimodal system, combining both MRI and PET images. However, it does not compare the multimodal system's performance against single-modal systems using only MRI or PET images. Such a comparison would help to rationalize the conclusion that the multimodal system truly improves upon single-modal systems.

Conflicts of Interest

None declared.

Reference

1. Lazli L. Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development. JMIRx Med 2025;6:e60866. [doi: 10.2196/60866]

Abbreviations

AD: Alzheimer disease
ADNI: Alzheimer's Disease Neuroimaging Initiative
ANN: artificial neural network
CAD: computer-aided diagnosis
MCI: mild cognitive impairment
MRI: magnetic resonance imaging
OASIS: Open Access Series of Imaging Studies
PCA: principal component analysis
PET: positron emission tomography
SVM: support vector machine

Edited by CN Hang; submitted 11.03.25; this is a non–peer-reviewed article;accepted 11.03.25; published 21.04.25.

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Peer Review of "Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development"

Masoud Khani

University of Wisconsin-Milwaukee, Milwaukee, WI, United States

Related Articles:

Companion article: https://arxiv.org/abs/2405.09553v1

Companion article: https://med.jmirx.org/2025/1/e72821

Companion article: https://med.jmirx.org/2025/1/e60866

(JMIRx Med 2025;6:e73454) doi:10.2196/73454

KEYWORDS

Alzheimer disease; computer-aided diagnosis system; machine learning; principal component analysis; linear discriminant analysis; t-distributed stochastic neighbor embedding; feedforward neural network; vision transformer architecture; support vector machines; magnetic resonance imaging; positron emission tomography imaging; Open Access Series of Imaging Studies; Alzheimer's Disease Neuroimaging Initiative; OASIS; ADNI

This is a peer-review report for "Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development."

Round 1 Review

General Comments

This paper [1] explores the use of principal component analysis (PCA) and machine learning approaches for the diagnosis of Alzheimer disease (AD) using magnetic resonance imaging and positron emission tomography images from the Open Access Series of Imaging Studies database. The authors propose a system that combines PCA for feature extraction with artificial neural networks (ANNs) and support vector machines (SVMs) for classification. The paper is well structured and presents a clear methodology, but there are several areas where improvements are needed to enhance the rigor and impact of the research.

Specific Comments

Major Comments

1. Methodology justification: The choice of PCA as the sole feature extraction method needs further justification. While PCA effectively reduces dimensionality, it might not capture the most discriminative features of AD. Comparing PCA with other dimensionality reduction techniques like linear discriminant analysis or t-distributed stochastic neighbor emulation could provide a more comprehensive understanding of its effectiveness.
2. Evaluation metrics: The paper primarily focuses on accuracy as the evaluation metric. For medical diagnosis systems, metrics like sensitivity, specificity, precision, recall, and F_1-score are crucial as they provide a better understanding of the model's performance, especially in imbalanced datasets. Including these metrics would strengthen the evaluation section.
3. Dataset and preprocessing: The preprocessing steps are briefly mentioned but lack detailed explanation. Specific steps for noise reduction, intensity normalization, and any augmentation techniques used should be clearly described. Additionally, the impact of these preprocessing steps on the model's performance should be discussed.
4. Comparison with existing methods: The paper lacks a thorough comparison with existing state-of-the-art methods. Including a detailed comparison with recent literature, both in terms of methodology and performance, would provide better context and highlight the novelty and effectiveness of the proposed approach.

Minor Comments

1. Introduction section: The Introduction provides a good overview of AD and the need for early diagnosis. However, it could benefit from a more detailed discussion of the current challenges in AD diagnosis and how the proposed method aims to address these challenges.
2. Figure and table clarity: Figures and tables should be more clearly labeled and described. For example, in Table 1, it is unclear what "Total cost (Validation)" refers to. Additionally, the axes and legends in figures should be more descriptive to enhance readability.
3. Algorithm parameters: The specific parameters used for the SVMs and ANNs (eg, kernel type for SVMs, number of layers, and neurons for ANNs) should be explicitly

mentioned. This would help in reproducing the results and understanding the model configuration.

4. Conclusion and future work: The conclusion should be concise and focus on key findings. The Future Work section could be expanded to include more specific directions for further research, such as exploring different feature extraction methods, incorporating longitudinal data, or integrating other imaging modalities.
5. References: Ensure all references are up-to-date and relevant. Given the rapid advancements in machine learning and medical imaging, some references are slightly outdated. Including more recent studies would enhance the credibility and relevance of the paper.

Round 2 Review

General Comments

Thank you for addressing my comments from the previous round of reviews. I appreciate the effort you have put into revising the manuscript. The updated version effectively resolves all the issues I raised, and the manuscript is now clear, well-structured, and scientifically sound.

Conflicts of Interest

None declared.

Reference

1. Lazli L. Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development. JMIRx Med 2025;6:e60866. [doi: 10.2196/60866]

Abbreviations

AD: Alzheimer disease
ANN: artificial neural network
PCA: principal component analysis
SVM: support vector machine

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doi:10.2196/73454

Peer Review for “Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development”

Anonymous

Related Articles:

Companion article: https://arxiv.org/abs/2405.09553v1

Companion article: https://med.jmirx.org/2025/1/e72821

Companion article: https://med.jmirx.org/2025/1/e60866

(JMIRx Med 2025;6:e73130) doi:10.2196/73130

KEYWORDS

Alzheimer disease; computer-aided diagnosis system; machine learning; principal component analysis; linear discriminant analysis; t-distributed stochastic neighbor embedding; feedforward neural network; vision transformer architecture; support vector machines; magnetic resonance imaging; positron emission tomography imaging; Open Access Series of Imaging Studies; Alzheimer's Disease Neuroimaging Initiative; OASIS; ADNI

This is a peer-review report for “Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development.”

Round 1 Review

General Comments

The paper [1] discusses the development of a machine learning–based computer-aided diagnosis system for the detection and classification of Alzheimer disease. The system uses brain magnetic resonance imaging and positron emission tomography images from the Open Access Series of Imaging Studies database, applying principal component analysis for feature extraction and using support vector machines (SVMs) and artificial neural networks (ANNs) as classifiers. Although the proposed model shows relatively good performance, the paper should focus on justifying the novelty of the method and providing more details in the results.

Specific Comments

Major Comments

1. The paper lacks a clear discussion on how the proposed method substantially advances the state of the art. While it combines principal component analysis with SVM and ANN, similar combinations have been explored in prior research. The authors should clearly write about how their work is novel and the specific contributions made beyond existing studies.
2. The paper does not provide sufficient details on the hyperparameter tuning process for both SVM and ANN models. The review suggests that the author include these additional details in an appendix.
3. The evaluation primarily focuses on accuracy, sensitivity, and specificity. However, other metrics like precision, F_1-score, and area under the receiver operating characteristic curve could provide a more comprehensive assessment of the model’s performance. The authors could consider adding additional metrics for evaluation.
4. In Figure 2, the size of the box on the left and right are different (square vs rectangle). Is there a specific reason the author made this design choice?

Minor Comments

1. The paper’s organization can be improved. Some sections, like the methodological explanation of principal component analysis, are overly detailed, while others, like the description of SVM and ANN, are relatively brief. Please consider balancing the sections.
2. The Related Work section is somewhat sparse and does not sufficiently cover recent advances in the field. Please consider adding more recent studies.

Conflicts of Interest

None declared.

Reference

1. Lazli L. Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development. JMIRx Med 2025;6:e60866. [doi: 10.2196/60866]

Abbreviations

ANN: artificial neural network
SVM: support vector machine

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doi:10.2196/73130

Peer Review of "Levels and Predictors of Knowledge, Attitudes, and Practices Regarding Contraception Among Female TV Studies Undergraduates in Nigeria: Cross-Sectional Study"

Bilkisu Nwankwo, MBBS, MSc

Kaduna State University, Tafawa Balewa Way, Kaduna State, Nigeria

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.01.01.24300698v1

Companion article: https://med.jmirx.org/2025/1/e72947

Companion article: https://med.jmirx.org/2025/1/e56135

(JMIRx Med 2025;6:e72951) doi:10.2196/72951

KEYWORDS

knowledge; attitudes; practice; contraception; regression; cross-sectional; females; students; Nigeria

This is the peer-review report for "Levels and Predictors of Knowledge, Attitudes, and Practices Regarding Contraception Among Female TV Studies Undergraduates in Nigeria: Cross-Sectional Study."

Round 1 Review

Specific Comments

Major Comments

1. The sampling technique used in this paper [1] should be more detailed than it is. Respondents were said to have been selected by balloting from the 6 levels. Was it equal allocation per level, or was it proportionate allocation considering that it is not likely that there were the same number of students in each level?

2. State the age ranges of a teenager and that of a young adult in your methodology that informed the categorization in the Results.

3. Living with a spouse and not living with a spouse was considered for marital status in your study as opposed to being single, married, etc. Clarify why this is so.

4. The public health implications of some of the findings were omitted in the Discussion. This should be included. Its importance cannot be overemphasized.

Minor Comments

5. Abstract: The last sentence in the Methods is hanging. Kindly complete it.

6. Grammatical issues: Tenses: Future and present tenses were used where past tense should have been used in the methodology (lines 12 and 28). Present tense was used in multiple places in the Discussion where past tense should have been used.

7. Reference list: In the Vancouver referencing style, the month of publication should not appear as it did in some references like 7, 11, and 12. The date accessed/cited was written in some and not in others like 9, 10, 13, and 16. Really old references like reference 24, which is 14 years old, should be replaced by more current ones.

Conflicts of Interest

None declared.

Reference

1. Agbo HA, Adeoye PA, Yilzung DR, Mangut JS, Ogbada PF. Levels and predictors of knowledge, attitudes, and practices regarding contraception among female TV studies undergraduates in Nigeria: cross-sectional study. JMIRx Med 2025;6:e56135. [doi: 10.2196/56135]

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JMIRx Med 2025;6:e72951
URL: https://xmed.jmir.org/2025/1/e72951
doi:10.2196/72951

Peer Review of "Levels and Predictors of Knowledge, Attitudes, and Practices Regarding Contraception Among Female TV Studies Undergraduates in Nigeria: Cross-Sectional Study"

Kamal Kanti Biswas, MBBS, MBA

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Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.01.01.24300698v1

Companion article: https://med.jmirx.org/2025/1/e72947

Companion article: https://med.jmirx.org/2025/1/e56135

(JMIRx Med 2025;6:e72949) doi:10.2196/72949

KEYWORDS

knowledge; attitudes; practice; contraception; regression; cross-sectional; females; students; Nigeria

This is a peer-review report for "Levels and Predictors of Knowledge, Attitudes, and Practices Regarding Contraception Among Female TV Studies Undergraduates in Nigeria: Cross-Sectional Study."

Round 1 Review

General Comments

Dear Authors,

Thank you very much for undertaking the study [1] titled "Levels and predictors of knowledge, attitude and practice of contraception among female TV undergraduates in Nigeria: a cross-sectional study" and submitting the manuscript to JMIR. The study findings are important for family planning program implementation targeting young students. I have the following comments and observations for improving your manuscript for consideration of publishing.

Specific Comments

Major Comments

Introduction: line 50: "youth": Indicate age group.

Line 52: "Utilization is higher": Not clear what the utilization was for.

Study population: limitation: gender biased. Male involvement and attitude are equally important regarding sexually transmitted infections, particularly for male methods like use of condoms. This needs to be mentioned as a limitation of the study.

Tables all: Hastily, one sentence is used for describing findings in a table. Need to elaborate more. Further comments below.

Table 1: Rephrase the "Marital status" indicator; the data does not give the status of marriage!

Table 2: Indicate what is meant by poor, good, etc, knowledge/attitude; cite measurement scale here.

Table 3: Need to mention if this was an open-ended or structured question.

Table 4: Cite the indicators used for measuring attitude toward use of contraception.

Table 5: The predictor of not engaging in sex may be reflected well in statistical analysis, but what is the significance in real life? Why would those who had never engaged in sex have used contraception?

Discussion: Mention the rate of use of emergency contraceptive pills (ECPs) also. This is increasing in many societies. Policy makers/planners are often not aware of the need for ECPs to include a supply of ECPs in a program. A recommendation like "There may be a need to use social marketing 42 approaches to make these contraceptives available to young people to bypass the stigma they experienced while accessing 43 contraceptives from traditional sources of contraceptives" is not supported by any finding or data of the study. Rather this raises a question of bias on jumping to a solution through a particular channel. Let the program planners find out the way to resolve the issue of information availability.

Highlights: Move the highlights to the Discussion section because this is a summary of the findings.

Conclusion: Rewrite the conclusion, elaborating on recommendations per the results of the study.

Conflicts of Interest

None declared.

Reference

1. Agbo HA, Adeoye PA, Yilzung DR, Mangut JS, Ogbada PF. Levels and predictors of knowledge, attitudes, and practices regarding contraception among female TV studies undergraduates in Nigeria: cross-sectional study. JMIRx Med 2025;6:e56135. [doi: 10.2196/56135]

Abbreviations

ECP: emergency contraceptive pill

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Please cite as:
Biswas KK
Peer Review of "Levels and Predictors of Knowledge, Attitudes, and Practices Regarding Contraception Among Female TV Studies Undergraduates in Nigeria: Cross-Sectional Study"
JMIRx Med 2025;6:e72949
URL: https://xmed.jmir.org/2025/1/e72949
doi:10.2196/72949

Peer Review of “Mothers’ Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study”

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Department of Community Medicine, College of Medicine, Kaduna State University, Kaduna, Nigeria

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.04.05.24305403v1

Companion article: https://med.jmirx.org/2025/1/e70145

Companion article: https://med.jmirx.org/2025/1/e59379

(JMIRx Med 2025;6:e70142) doi:10.2196/70142

KEYWORDS

mother's knowledge and practices; oral hygiene; child oral health; bangladesh

This is the peer-review report for “Mothers’ Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study.”

Round 1 Review

Specific Comments

There were a lot of grammatical issues and typographical errors. The manuscript [1] needs to be edited for grammar and syntax. It is also obvious that the manuscript was not proofread adequately.

Major Comments

Abstract

- A word is missing in the first sentence. Authors should proofread the manuscript.
- Keywords: Dhaka is a more appropriate keyword than Bangladesh.
- Under the Results in the abstract, respondents should be referred to as such and not as samples.

Introduction

- The global prevalence of oral diseases was stated, but authors did not capture the prevalence in the study area/country and so have not shown that oral disease is a problem. Even the global prevalence that was stated was only that of dental caries among the seven conditions that make up oral diseases as stated by the authors.
- The objective stated here (last sentence) comes off like the authors are assessing the knowledge and practices of oral hygiene with regard to themselves and not their children as stated in the topic.

Methods

- Was it permission that was given by the institutional review board or an ethical clearance?
- This section is quite disorganized. There is a logical flow expected in this section.
- Why was a nonprobability sampling technique (convenient sampling) used for this study? The sampling technique was not explained at all. This will make replicating this study difficult.
- I have an issue with the scoring system and the grading. Is there a reference for it? I particularly have an issue with “moderately average.” It is not a standard term.
- The exclusion criteria are not the opposite of the inclusion criteria as stated by the authors. Exclusion criteria are those already included in the study but that are ineligible for one reason or the other.

Results

- In the text above Table 1, authors wrote that most respondents (39.3%) had a monthly family income of “21,000 - 40,000 taka per month.” This figure (39.3%) is just over one-third of the respondents and not a majority.
- Table 1: What is the meaning of graduation and above? Is it graduated secondary school or graduated college?
- “Respectively” should be added at the end of the following sentence. “Out of 400 mothers, more than 90% knew the importance of brushing teeth while 82.3% and 80.8% of them knew the recommended frequency and appropriate time for brushing teeth.”

Discussion

- The second sentence: the study is not evaluating parent’s knowledge and practices but that of mothers.
- Grammatical errors and missing words

Reference List

- Some of the references were not cited correctly. Authors should adhere to the Vancouver referencing style.

Conflicts of Interest

None declared.

Reference

1. Tamannur T, Das SK, Nesa A, et al. Mothers' knowledge of and practices toward oral hygiene of children aged 5-9 years in Bangladesh: cross-sectional study. JMIRx Med 2025;6:e59379. [doi: 10.2196/59379]

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doi:10.2196/70142

Peer Review of “Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study”

Archana Adhikari

Sikkim Manipal University, Gangtok, India

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.08.10.24311795v1

Companion article: https://med.jmirx.org/2025/1/e79672

Companion article: https://med.jmirx.org/2025/1/e65299

Abstract

(JMIRx Med 2025;6:e79521) doi:10.2196/79521

KEYWORDS

cardiotoxicity; cardiology; cardiovascular; heart; arrhythmias; self-reported questionnaires; oncology; survivors; pediatrics; prevalence; incidence; risk; epidemiology; anthracycline exposure; childhood cancer survivors

This is a peer-review report for “Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study.”

Round 1 Review

General Comments

This paper [1] gives valuable insights into cardiotoxicity in pediatric cancer survivorship: patterns, predictors, and implications for long-term care. The results and methodology are sound. However, some minor revisions would improve clarity and strengthen the overall impact of this paper. Below are my suggestions.

Major Comments

1. Method section (study population and data source): In the Method section, specifically the fourth line, the description “of 21 at one of 31 participating institutes” is unclear. The sentence should be revised for better clarity.
2. Missing answer for seventh objective: The answer to the seventh objective is unclear.

Minor Comments

1. Result presentation: It would be better if the results were presented in tabular format for easier comprehension. A table would help summarize the key findings and increase readability.
2. Clarity in results numbering: To improve clarity, it would be beneficial to present all the results with corresponding numbers, matching each result with the respective objective number for easier reference and alignment.

Conflicts of Interest

None declared.

Reference

1. Mansoor M, Ibrahim A. Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study. JMIRx Med 2025;6:e65299. [doi: 10.2196/65299]

Edited by F Wu; submitted 23.06.25; this is a non–peer-reviewed article;accepted 23.06.25; published 31.07.25.

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JMIRx Med 2025;6:e79521
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doi:10.2196/79521

Peer Review for “Applications of Indocyanine Green in Breast Cancer for Sentinel Lymph Node Mapping: Protocol for a Scoping Review”

Anonymous

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.07.30.24311256v1

Companion article: https://med.jmirx.org/2025/1/e68769

Companion article: https://med.jmirx.org/2025/1/e66213

(JMIRx Med 2025;6:e69705) doi:10.2196/69705

KEYWORDS

indocyanine green; ICG; sentinel lymph node; breast cancer; breast; fluorescence; axillary lymph node mapping; NIR; surgical planning; near-infrared

This is the peer-review report for “Applications of Indocyanine Green in Breast Cancer for Sentinel Lymph Node Mapping: Protocol for a Scoping Review.”

Round 1 Review

General Comments

This paper [1] summarized the application value and existing problems of indocyanine green (ICG) in sentinel lymph node (SLN) biopsy of early breast cancer, which has positive significance for improving the accuracy of clinical SLN detection. This study has certain clinical value.

Specific Comments

Major Comments

1. Due to the high hardware requirements for the clinical application of ICG, the number of relevant studies in the search is relatively small. It is hoped that the author can search the recent relevant literature to improve the credibility of this review.
2. It is hoped that the author will analyze and compare the advantages and disadvantages of ICG and traditional SLN biopsy methods, so as to guide clinicians to adopt appropriate methods for appropriate patients.

Conflicts of Interest

None declared.

Reference

1. Kurdi F, Kurdi Y, Reshetov IV. Applications of indocyanine green in breast cancer for sentinel lymph node mapping: protocol for a scoping review. JMIRx Med 2024;5:e66213. [doi: 10.2196/66213]

Abbreviations

ICG: indocyanine green
SLN: sentinel lymph node

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doi:10.2196/69705

Peer Review of “Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study”

John Lucas Jr

St. Jude Children's Research Hospital, Memphis, TN, United States

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.08.10.24311795v1

Companion article: https://med.jmirx.org/2025/1/e79672

Companion article: https://med.jmirx.org/2025/1/e65299

Abstract

(JMIRx Med 2025;6:e79523) doi:10.2196/79523

KEYWORDS

cardiotoxicity; cardiology; cardiovascular; heart; arrhythmias; self-reported questionnaires; oncology; survivors; pediatrics; prevalence; incidence; risk; epidemiology; anthracycline exposure; childhood cancer survivors

This is a peer-review report for “Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study.”

Round 1 Review

Overall Evaluation

This significant and timely manuscript [1], which investigates the long-term cardiovascular complications in pediatric cancer survivors, has notable strengths, including its large cohort size, long-term follow-up, and utilization of a well-established dataset (Childhood Cancer Survivor Study). The methodology is generally sound, and the findings contribute meaningfully to our understanding of cardiotoxicity risks in childhood cancer survivors. However, certain areas necessitate clarification and additional analyses. These are detailed below.

The study relies heavily on self-reported cardiovascular complications, which may introduce reporting bias. While a subset of cases was validated via medical records, the proportion of validated cases is not explicitly stated, and the possibility of underreporting or overreporting remains. The reliance on self-reported cardiovascular complications may have introduced reporting bias into the study. Although some cases were validated through medical records, the proportion of validated cases remains unclear, leaving the potential for underreporting or overreporting. The authors could also consider exploring linkage with external databases (eg, insurance claims, hospital records) for additional validation.

The manuscript presents a risk prediction model (C statistic 0.78), but there is no external validation or discussion of its clinical applicability. Validate the model using an independent dataset (eg, a subset of Childhood Cancer Survivor Study data withheld from model training or another survivor cohort). Report calibration metrics (eg, Hosmer-Lemeshow test, calibration plots) to assess model accuracy. Provide a clinical risk score or decision framework for practical implementation.

The study reports a decreasing risk of cardiotoxicity over time, suggesting improvements in treatment protocols. However, this could be confounded by survivor selection bias (eg, patients with higher early mortality due to severe toxicity were less likely to be included in later eras).

Adjust for potential survivor bias using inverse probability weighting or sensitivity analyses. Consider comparing treatment regimens (eg, changes in anthracycline dosages, cardioprotective measures) across eras to explicitly determine which interventions contributed to reduced risk. The research indicates that the risk of cardiotoxicity diminishes over time, suggesting that treatment protocols have become more effective. However, it is possible that this observation is attributable to survivor selection bias, wherein patients who succumbed to severe toxicity early in the study were not included in subsequent phases. To address potential survivor bias, researchers should employ methodologies such as inverse probability weighting or sensitivity analyses. Additionally, treatment regimens (eg, modifications in anthracycline dosages and cardioprotective measures) should be compared across different time periods to ascertain which interventions are responsible for the diminished risk.

The study focuses on clinically evident cardiovascular complications but does not assess subclinical cardiotoxicity, which could be detected via biomarkers or imaging.

Incorporate cardiac biomarkers (eg, troponins, N-terminal pro–brain natriuretic peptide) in a subset of survivors to identify early signs of myocardial damage. Perform echocardiographic or cardiac magnetic resonance imaging evaluations in a subgroup to detect preclinical cardiac dysfunction. This could strengthen the study's ability to recommend early intervention strategies.

The authors appropriately point out the opportunity to improve early intervention by identifying a subset of survivors for early myocardial damage using cardiac biomarkers and imaging. While this is not possible in the present study, future studies incorporating this approach would allow for detection of subclinical cardiotoxicity.

The manuscript discusses risk factors but does not evaluate protective factors (eg, exercise, angiotensin-converting enzyme inhibitors, β-blockers). Analyze whether lifestyle modifications (eg, regular exercise) or cardioprotective medications influence the incidence of cardiotoxicity. Conduct a subgroup analysis on survivors who received cardioprotective interventions versus those who did not.

Please indicate whether the proportional hazards assumptions were tested and consider reporting Schoenfeld residuals or time-dependent covariate analyses.

Please include more details on how missing data were handled.

Were there particular domains of quality of life that were lower among those with cardiovascular complications?

Consider adding detailed figure legends to improve readability and refining axis labels in existing figures.

A table summarizing key risk factors with adjusted hazard ratios and *P* values would be beneficial.

Round 2 Review

Please state the proportion of cases with cardiovascular events confirmed by medical record review.

Please discuss the increased cardiotoxicity observed in male survivors. Was this due to treatment or other comorbidities that exacerbated previously subclinical cardiac exposures?

Please provide a thoughtful description of how the risk model could be integrated into previously described models and recommendations for cardiac risk groups like the International Late Effects of Childhood Cancer Guideline Harmonization Group.

Please standardize the reporting/formatting for data into a table format more typical for manuscript reporting for complication rates, multivariate cox regression, and temporal trends.

Please provide a table or figure for the treatment era analysis.

Please provide a table or figure for the sibling controls comparison. Is this after adjustment for age, gender, etc?

The CI of cardiovascular complications in childhood cancer survivors data is shown in a nonstandard stacked bar plot format. Please show as CI curves.

Conflicts of Interest

None declared.

Reference

1. Mansoor M, Ibrahim A. Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study. JMIRx Med 2025;6:e65299. [doi: 10.2196/65299]

Edited by F Wu; submitted 23.06.25; this is a non–peer-reviewed article;accepted 23.06.25; published 31.07.25.

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doi:10.2196/79523

Peer Review of "The Impact of Rural Alimentation on the Motivation and Retention of Indigenous Community Health Workers in India: Qualitative Study"

Sanjeev Kumar Thalari, MBA, MSc, PhD

Department of Management Studies & Research Center, CMR Institute of Technology, Bangalore, India

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2023.04.12.23288461v1

Companion article: https://med.jmirx.org/2025/1/e70059

Companion article: https://med.jmirx.org/2025/1/e48346

(JMIRx Med 2025;6:e70808) doi:10.2196/70808

KEYWORDS

rural alimentation; community health workers; motivation; retention; rural health; rural nutrition; workforce

This is the peer-review report for "The Impact of Rural Alimentation on the Motivation and Retention of Indigenous Community Health Workers in India: Qualitative Study."

Round 1 Review

General Comments

This paper [1] has given the impression that the researcher has done thorough homework before starting the research and it is evident in the paper. Case methodology and thematic analysis are a few of the approaches that depict the quality of the paper. Overall, as a reviewer, it is my opinion that the research paper is of quality.

Specific Comments

1. A few more factors like government initiatives should be included in studying the impact on the motivation and retention of community health workers.

Major Comments

1. I feel that the analysis also can include education as a parameter.

2. The thematic analysis is one of the strengths of this research and is appreciated.

Minor Comments

1. Common wording should be used in every section of the paper, like qualitative case research methodology and qualitative case research.

Conflicts of Interest

None declared.

Reference

1. Kerketta A, A N R. The impact of rural alimentation on the motivation and retention of Indigenous community health workers in India: qualitative study. JMIRx Med 2025;6:e48346. [doi: 10.2196/48346]

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Kumar Thalari S
Peer Review of "The Impact of Rural Alimentation on the Motivation and Retention of Indigenous Community Health Workers in India: Qualitative Study"
JMIRx Med 2025;6:e70808
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doi:10.2196/70808

Peer Review of "Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis"

Anonymous

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2023.07.03.23292185v1

Companion article: https://med.jmirx.org/2025/1/e69307

Companion article: https://med.jmirx.org/2025/1/e50712

(JMIRx Med 2025;6:e70039) doi:10.2196/70039

KEYWORDS

breast; cancer; oncology; ovarian; virus; viral; Epstein-Barr; herpes; bioinformatics; chromosome; gene; genetic; genetics; chromosomal; DNA; genomic; BRCA; metastasis; biology

This is the peer-review report for "Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis."

Round 1 Review

Review Report With Major Revisions for the Paper

Title: "Herpesvirus infections eliminate safeguards against breast cancer and its metastasis: comparable to hereditary breast cancers"

Summary

The paper [1] hypothesizes that Epstein-Barr virus (EBV) infections promote breast cancer by disabling cancer safeguards. It is a bioinformatics analysis of public information from about 2100 breast cancers. The study finds that breast and ovarian cancer breakpoints cluster around EBV-associated cancer breakpoints, suggesting a significant role of EBV in promoting these cancers. The paper also identifies similarities in the molecular and cellular disruptions caused by EBV with those found in hereditary breast cancers.

Major Revisions Needed

Clarification of Hypotheses and Objectives

The hypothesis, while intriguing, needs clearer articulation. Specifically, the connection between EBV and breast cancer needs more explicit theoretical underpinning. Clarify the objectives and expected outcomes of the study at the outset.

Methodological Rigor and Data Sources

While the bioinformatics approach is robust, it would benefit from a more detailed description of the methods and algorithms used. Additionally, the selection criteria for the breast cancer data should be justified more thoroughly to avoid selection bias.

Statistical Analysis

The statistical methods used need more comprehensive detailing. For complex analyses, ensure the statistical assumptions and any transformations of data are clearly explained. Include more information on the statistical tests used for hypothesis testing and the justification for their use.

Comparative Analysis

The comparison between hereditary breast cancers and those potentially caused by EBV is insightful. However, a more detailed comparative analysis would strengthen the argument. This could include molecular or genetic profiling comparisons.

Discussion on Contradictory or Supporting Evidence

The discussion section should address not only the supporting evidence but also any contradictory findings in the literature. This balance is crucial for a nuanced understanding of the subject.

Implications and Future Research Directions

The implications of these findings are profound but need clearer articulation. Discuss the potential impact on breast cancer treatment and prevention strategies. Also, outline future research directions, particularly in clinical or experimental studies, to confirm these bioinformatics findings.

References

Please add more background information about breast cancer (please cite: 1. Cao Y, Efetov S, He M, et al. Updated clinical perspectives and challenges of chimeric antigen receptor-T cell therapy in colorectal cancer and invasive breast cancer. Arch Immunol Ther Exp (Warsz). Aug 11, 2023;71(1):19. [doi: 10.1007/s00005-023-00684-x] [Medline: 37566162]; and 2. Liu Y, Lu S, Sun Y, et al. Deciphering the role of QPCTL in glioma progression and cancer immunotherapy. Front Immunol.

Mar 29, 2023;14:1166377. [doi: 10.3389/fimmu.2023.1166377] [Medline: 37063864]).

Concluding Remarks

The paper presents a novel and potentially significant hypothesis linking EBV to breast cancer. However, it requires major revisions to enhance its methodological rigor, clarity, and comprehensiveness. Addressing these concerns will significantly strengthen the manuscript's impact and contribution to the field.

Conflicts of Interest

None declared.

Reference

1. Friedenson B. Identifying safeguards disabled by Epstein-Barr virus infections in genomes from patients with breast cancer: chromosomal bioinformatics analysis. JMIRx Med 2025;6:e50712. [doi: 10.2196/50712]

Abbreviations

EBV: Epstein-Barr virus

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Anonymous
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doi:10.2196/70039

Peer Review of "Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis"

Anonymous

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Companion article: https://med.jmirx.org/2025/1/e69307

Companion article: https://med.jmirx.org/2025/1/e50712

(JMIRx Med 2025;6:e70041) doi:10.2196/70041

KEYWORDS

breast; cancer; oncology; ovarian; virus; viral; Epstein-Barr; herpes; bioinformatics; chromosome; gene; genetic; chromosomal; DNA; genomic; BRCA; metastasis; biology

This is the peer-review report for "Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis."

Round 1 Review

Dear Author,

After a thorough review of the paper titled "Herpesvirus infections eliminate safeguards against breast cancer and its metastasis: comparable to hereditary breast cancers" [1] by Bernard Friedenson, here is the negative feedback and evaluation, along with a recommendation for the inclusion of a specific article in the discussion section.

Negative Feedback and Evaluation

Clarity and Scope

The paper ambitiously attempts to link Epstein-Barr virus (EBV) infections to breast cancer development and metastasis. While the hypothesis is intriguing, the narrative sometimes lacks clarity and could benefit from a more focused scope. The vast amount of data and the complex mechanisms presented can be overwhelming and occasionally detract from the main message.

Methodological Concerns

The reliance on bioinformatics analyses and previously published datasets raises questions about the direct experimental validation of the proposed mechanisms. Although the computational approach is valid, the absence of direct experimental evidence or validation in breast cancer samples limits the strength of the conclusions.

Interpretation of Data

The interpretation of viral homology and its impact on cancer development is speculative in several sections. The connections made between EBV infections, chromosomal breakpoints, and cancerous mutations rely heavily on correlative data without sufficient causal evidence. A more cautious interpretation of the results, highlighting the need for further experimental validation, would strengthen the manuscript.

Consideration of Alternate Hypotheses

The paper could benefit from a more balanced discussion of alternative hypotheses explaining the observed data. For instance, the role of other environmental, genetic, or lifestyle factors in breast cancer development is not adequately considered. Acknowledging and discussing these potential confounders would provide a more comprehensive understanding of the complex etiology of breast cancer.

References and Current Literature

While the paper cites a significant amount of relevant literature, it sometimes overlooks recent studies that could either support or challenge the proposed hypotheses. Incorporating a more current and diverse range of references would enhance the paper's relevance and credibility.

Recommendation for Discussion Inclusion

To broaden the discussion and contextualize the findings within the broader research landscape, it is recommended to include the following article in the discussion section.

Al-Awaida W, Al-Ameer HJ, Sharab A, Akasheh RT. Modulation of wheatgrass (*Triticum aestivum Linn*) toxicity against breast cancer cell lines by simulated microgravity. Curr Res Toxicol. Sep 19, 2023;5:100127. [doi: 10.1016/j.crtox.2023.100127] [Medline: 37767028]

Incorporating this article could provide valuable insights into innovative approaches for studying cancer therapies. Specifically, the effects of simulated microgravity on the efficacy of natural compounds like wheatgrass against breast

cancer could open up new avenues for research on the environmental and physical conditions affecting cancer treatment outcomes. Discussing this study would enrich the manuscript by introducing the concept of microgravity as a novel factor influencing cancer cell behavior and therapy resistance, thereby offering a broader perspective on cancer research methodologies and therapeutic strategies.

Round 2 Review

General Comments

This paper tests the idea that EBV infections can help cause breast cancer by weakening the body's defenses against cancer. The study uses bioinformatics to compare chromosome breakpoints in breast cancer to those in cancers known to be caused by EBV. The results show that EBV might play a role in breast cancer by damaging important cell functions.

Specific Comments

Major Comments

The methods section needs more details about how the datasets were chosen and combined.

The discussion should explain more about how EBV might cause the chromosome breaks and rearrangements seen in breast cancer.

More data or references are needed to support the idea that EBV helps breast cancer spread to other parts of the body.

Minor Comments

Adding more references would strengthen the sections that talk about how EBV affects breast cancer.

Figures and tables should be clearly mentioned in the text to help readers follow the data.

Some parts of the manuscript need clearer writing and better organization, especially where complex bioinformatics results are explained.

The abstract should be revised to clearly highlight the main findings and why they are important.

Make sure all abbreviations are defined when they are first used to help readers understand the text better.

Conflicts of Interest

None declared.

Reference

1. Friedenson B. Identifying safeguards disabled by Epstein-Barr virus infections in genomes from patients with breast cancer: chromosomal bioinformatics analysis. JMIRx Med 2025;6:e50712. [doi: 10.2196/50712]

Abbreviations

EBV: Epstein-Barr virus

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URL: https://xmed.jmir.org/2025/1/e70041
doi:10.2196/70041

Peer Review of “Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study”

Anonymous

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2023.10.31.23297840v2

Companion article: https://med.jmirx.org/2025/1/e77497

Companion article: https://med.jmirx.org/2025/1/e54475

(JMIRx Med 2025;6:e77582) doi:10.2196/77582

KEYWORDS

sarcopenia; neuromuscular; screening; community; scale; measure; questionnaires; diagnosis; gerontology; older adults; muscular

This is a peer-review report for “Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study.”

Round 1 Review

General Comments

This paper [1] conducted a validation to derive a cutoff value that predicted low grip strength from SARC-F (strength, assistance with walking, rising from a chair, climbing stairs, and falls) scores and showed that the cutoff for SARC-F scores is 2 points. Many issues need to be resolved before this study can be published.

Specific Comments

Major Comments

1. The study looked at the association between SARC-F and grip strength, which is not novel. Sarcopenia is poorly defined.
2. The sample size needed to be more adequate, and only 11% of the subjects had lower grip strength.
3. It is acceptable if it is used for estimation or prediction, such as death, but an area under the curve of 0.77 may be too low as an index for diagnosis and discrimination.
4. The Methods describe too few details, and Table 1 provides too little background information.
5. Ultimately, the conclusions that can be drawn from the results should be revised.

Round 2 Review

General Comments

The authors have attempted to revise the manuscript to the best of their ability, but even so, this study seems to lack important points.

Specific Comments

Major Comments

To begin with, SARC-F is a screening indicator for sarcopenia, not for probable sarcopenia (decreased grip strength). If you try to find a cutoff for probable sarcopenia, which is a prestage of sarcopenia, the cutoff value will inevitably be smaller than the cutoff value used to determine sarcopenia. With that in mind, how do you explain the significance of this paper? Please argue the need to screen for decreased grip strength with a cutoff of 2 points rather than screening for sarcopenia with a cutoff of 4 points.

In addition, the cutoff of 2 points on a questionnaire consisting of five items with a range of 0 - 12 points is an extremely low value. The question that arises here is whether there is any point in using this questionnaire in the first place. The authors will first need to show which of the lower-level items contribute strongly to the prediction of grip strength decline as a sensitivity analysis. Then, they should also mention whether the SARC-F should be used as a questionnaire indicator or whether it would be better to use the lower-level items as a new screening indicator.

Minor Comments

Information on ethical matters is lacking.

1. Is there an ethics approval number?
2. It is said that informed consent was not required, but how was information disclosed to the research subjects regarding your research? Was an opt-out notice posted?
3. How was the opportunity for the subjects to decline participation in your research provided?

It says “regularly scheduled physician visits,” but is this study a single or multicenter study?

What is the reason for the subjects’ physician visits? Are the subjects suffering from some disease? If so, the disease

information may be an important confounding factor in this study, so please clearly state the results and show them in Table 1.

Please show the inclusion and exclusion criteria for the subjects.

Who measured grip strength, where, and in what position?

In the Statistical Analysis section, it says “visual histograms,” but they are not shown in the Results. Please show them. In particular, it would be desirable for the histogram of the SARC-F score to be free from extreme bias when conducting the analysis. Please show the histogram for each sex and show that the sampling is appropriate for verifying the value conducted in this study.

Before validating the cutoff value of the SARC-F based on grip strength, it’s crucial to establish a robust relationship between grip strength and the SARC-F. This can be achieved through multiple regression analysis, with grip strength as the dependent variable, the SARC-F as the explanatory variable, and other factors as adjustment factors. This step is essential to ensure the validity of the research.

The factors that may confound the relationship between SARC-F and grip strength have yet to be sufficiently demonstrated. For example, what about cognitive function and physical activity?

The male’s grip strength of 36.3 kg is extremely strong for a subject who should be selected for probable sarcopenia. There is a high possibility of selection bias. Please clearly state in the Discussion how you interpret this point.

As mentioned above, much important information needs to be included, and even though there are limitations from the research planning stage, they should be mentioned in the Discussion.

If you do not present the information mentioned above, please clearly state the limitations of the research in the Discussion section, and also explain why you still think the research results are meaningful and why it is necessary to make the results of this research public.

Conflicts of Interest

None declared.

Reference

1. Propst D, Biscardi L, Dornemann T. Assessment of SARC-F sensitivity for probable sarcopenia among community-dwelling older adults: cross-sectional questionnaire study. JMIRx Med 2025;6:e54475. [doi: 10.2196/54475]

Abbreviations

SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls

Edited by A Schwartz; submitted 15.05.25; this is a non–peer-reviewed article;accepted 15.05.25; published 25.07.25.

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Peer Review of "Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study"

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(JMIRx Med 2025;6:e78552) doi:10.2196/78552

KEYWORDS

sarcopenia; neuromuscular; screening; community; scale; measure; questionnaires; diagnosis; gerontology; older adults; muscular

This is the peer-review report for "Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study."

Round 1 Review

General Comments

The authors [1] present an intriguing and clinically valuable finding through their receiver operating characteristic (ROC) curve analysis, suggesting that a SARC-F (strength, assistance with walking, rising from a chair, climbing stairs, and falls) score of ≥2 may serve as a new cutoff value for screening probable sarcopenia. This conclusion has significant potential for improving clinical practice by enhancing early detection.

However, the study is based on a relatively small sample size of 204 community-dwelling older adults, and it is unclear if the data were collected from a single center. This limitation raises concerns about the generalizability of the findings to a broader population. I believe the authors could strengthen their argument by conducting additional analyses to address these limitations and provide more robust evidence.

Major Comments

1. Introduction: Add a discussion on current research gaps (eg, sarcopenia screening) and clearly explain how your study addresses these gaps.
2. Methods: Include additional clinical outcomes such as muscle function, sarcopenia-related symptoms, or quality of life, and compare how thresholds of ≥2 and ≥4 perform in relation to these outcomes.
3. Results: Provide more detailed basic characteristics of participants and compare these between thresholds of ≥2 and ≥4, referring to Malmstrom et al [2] for guidance.
4. Discussion: Update the Discussion to integrate insights from the new results, focusing on the implications of the revised threshold for clinical practice and your limitations.

Round 2 Review

Thank you for your revisions. I understand that due to the lack of relevant data, you were unable to expand your data analysis. I am pleased to see the addition of Tables 3 and 4 for the subgroup analysis; however, these two tables could be combined. Additionally, you may consider placing the ROC curves from Figures 1 and 2 into a single figure. Using software like MedCalc or SPSS to compare the areas under the different ROC curves would add more depth to the Results section.

Conflicts of Interest

None declared.

References

1. Propst D, Biscardi L, Dornemann T. Assessment of SARC-F sensitivity for probable sarcopenia among community-dwelling older adults: cross-sectional questionnaire study. JMIRx Med 2025;6:e54475. [doi: 10.2196/54475]
2. Malmstrom TK, Miller DK, Simonsick EM, Ferrucci L, Morley JE. SARC-F: a symptom score to predict persons with sarcopenia at risk for poor functional outcomes. J Cachexia Sarcopenia Muscle 2016 Mar;7(1):28-36. [doi: 10.1002/jcsm.12048] [Medline: 27066316]

Abbreviations

ROC: receiver operating characteristic
SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls

Edited by A Schwartz; submitted 04.06.25; this is a non–peer-reviewed article;accepted 04.06.25; published 25.07.25.

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Peer Review of "Monte Carlo Dose Estimation of Absorbed Dose to the Hematopoietic Stem Cell Layer of the Bone Marrow Assuming Nonuniform Distribution Around the Vascular Endothelium of the Bone Marrow: Simulation and Analysis Study"

Maha Gasmi

Manouba University, Manouba, Tunisia

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Companion article: https://med.jmirx.org/2025/1/e68029

(JMIRx Med 2025;6:e77776) doi:10.2196/77776

KEYWORDS

stem cells; radiation; bone marrow; nuclides; noble gases

This is the peer-review report for "Monte Carlo Dose Estimation of Absorbed Dose to the Hematopoietic Stem Cell Layer of the Bone Marrow Assuming Nonuniform Distribution Around the Vascular Endothelium of the Bone Marrow: Simulation and Analysis Study."

Round 1 Review

Abstract Section

1. The manuscript's [1] abstract begins with a statement about hematopoietic stem cells' proximity to sinusoidal capillaries but does not clarify why this spatial distribution is relevant for radiation dosimetry until later in the text. A clearer explanation linking the hematopoietic stem cell location with the dosimetric model limitations would better engage readers unfamiliar with the topic.

2. Some sentences are overly complex, especially in the Introduction and Conclusion. Simplifying the language or splitting ideas across multiple sentences could improve readability.

3. The abstract lacks methodological detail regarding how the model calculations were performed. Including brief specifics about the model's approach, particularly the role of computed tomography imaging if applicable, would improve transparency and give context to the reported findings.

4. The results comparing the absorbed doses for α and β nuclides are presented with limited interpretation. The abstract states that doses for β nuclides were similar to International Commission on Radiological Protection estimates, while those for α nuclides were much lower, yet there is no explanation for the potential reasons behind these differences. Offering a brief discussion or hypothesis, even speculative, would enrich the reader's understanding.

Introduction Section

5. The Introduction could benefit from a clearer structure. Currently, it presents information about various models and dosimetric approaches in a somewhat fragmented manner.

6. Certain technical terms such as "surrogate target," "trabecular bone surface," "endosteum," and "standard absorbed fraction" may benefit from concise explanations or definitions. For instance, briefly defining "surrogate target" would help those unfamiliar with dosimetry or radiobiology terminology.

Method Section

7. The study uses an intricate geometric model based on JM-103 data, Particle and Heavy Ion Transport System software, and Japan Atomic Energy Agency guidelines to simulate the cervical vertebrae trabecular bone. This choice is reasonable given the need for anatomical detail in dosimetry but may limit generalizability since the cervical vertebrae structure might not fully represent other bone marrow sites.

The description could benefit from clarifying why the JM-103 model was chosen over other models or datasets, particularly those that could include bone tissues beyond the cervical vertebrae.

Discussion Section

8. Despite noting the need for micro–computed tomgraphy–based models, the authors do not discuss how current limitations might impact dose estimation accuracy, especially for complex geometries in the trabecular bone. A clearer explanation of how simplified geometric assumptions may

influence absorbed dose calculations would provide a balanced view of the model's limitations.

Conflicts of Interest

None declared.

Reference

1. Kobayashi N. Monte Carlo dose estimation of absorbed dose to the hematopoietic stem cell layer of the bone marrow assuming nonuniform distribution around the vascular endothelium of the bone marrow: simulation and analysis study. JMIRx Med 2025;6:e68029. [doi: 10.2196/68029]

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Peer Review of "Monte Carlo Dose Estimation of Absorbed Dose to the Hematopoietic Stem Cell Layer of the Bone Marrow Assuming Nonuniform Distribution Around the Vascular Endothelium of the Bone Marrow: Simulation and Analysis Study"

Randa Salah Gomaa Mahmoud

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Companion article: https://med.jmirx.org/2025/1/e68029

(JMIRx Med 2025;6:e77775) doi:10.2196/77775

KEYWORDS

stem cells; radiation; bone marrow; nuclides; noble gases

This is the peer-review report for "Monte Carlo Dose Estimation of Absorbed Dose to the Hematopoietic Stem Cell Layer of the Bone Marrow Assuming Nonuniform Distribution Around the Vascular Endothelium of the Bone Marrow: Simulation and Analysis Study."

Round 1 Review

General Comments

In this study [1], a geometric model of trabecular bone and bone marrow tissue was constructed at the micrometer scale, assuming that the hematopoietic stem cells layer was localized in the perivascular hematopoietic stem cell layer of the sinusoids. The absorbed doses of the stem cell layer from blood and trabecular bone sources were then estimated for selected β nuclides, α nuclides, and noble gases and compared with the specific absorbed fractions (SAFs) values of International Commission on Radiological Protection (ICRP) 60 and 103. It was concluded that the absorbed doses from the bone marrow and blood sources were greater than those from trabecular bone sources for α nuclides, and the total absorbed dose was lower than that estimated from the current ICRP models.

Specific Comments

1. The results were tabulated; however, it was not clear how the comparison between the Particle and Heavy Ion Transport System, ICRP 60, and ICRP 103 was performed, what test was used, and the level of significance. Even in Table 7 that summarizes the results, this is not clear.
2. The abbreviations throughout the article need to be identified. It is recommended to add an abbreviation section to the article.
3. The abstract section is better structured as Background, Objectives, Methods, Results, and Conclusion.
4. In the abstract section, the authors mentioned that the absorbed doses to the bone marrow obtained from the model calculations were not significantly different from ICRP 60 and ICRP 103 for β nuclides. Still, they were much lower than previously estimated for α nuclides. Going through the study, it was not clear how this significant difference was assessed. Please revise and clarify.
5. The abbreviation "SAFs" in the keyword section and the last paragraph of the Introduction section should be identified as the "specific absorbed fractions."
6. The abbreviation "PHITS" in the keyword section and the first line of the fourth page should be identified as "Particle and Heavy Ion Transport System."
7. The abbreviation "keV" in the last line of the second paragraph of the seventh page should be identified as "kilo electron-volt."
8. In the last line of the second paragraph of the seventh page, please identify "Bremsstrahlung" as a type of X-radiation emitted by charged particles when they collide or are near an atomic nucleus.
9. The abbreviation "EGS" in the last line of the second paragraph of the seventh page should be identified as "Electron Gamma Shower."
10. The abbreviation "Bq" in the first line of the last paragraph of the seventh page should be identified as "The International System of Units (SI) unit of radionuclide activity is the becquerel (Bq); 1 Bq = 1 transformation/second."
11. First line, page 10: Please correct "131" to "131I."
12. Page 16, Discussion section, last line of the first paragraph: The authors mentioned that the number of decays in each compartment changed significantly; how did the authors

assess this significant change and conclude it? Please explain the tests used for comparison.

13. Page 16, Discussion section, eighth line of the second paragraph: Please revise “ICRP133 SAF” (mentioned in the Results section as “ICRP103 SAF”).
14. Page 17, last line of the first paragraph: “Sakota et al” should be corrected to “Sakoda et al.”

Round 2 Review

General Comments

All the comments were professionally addressed.

Conflicts of Interest

None declared.

Reference

1. Kobayashi N. Monte Carlo dose estimation of absorbed dose to the hematopoietic stem cell layer of the bone marrow assuming nonuniform distribution around the vascular endothelium of the bone marrow: simulation and analysis study. JMIRx Med 2025;6:e68029. [doi: 10.2196/68029]

Abbreviations

ICRP: International Commission on Radiological Protection
SAF: specific absorbed fraction
SI: International System of Units

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Peer Review of “Mothers’ Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study”

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Related Articles:

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KEYWORDS

mothers’ knowledge and practices; oral hygiene; child oral health; Bangladesh

This is the peer-review report for “Mothers’ Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study.”

Round 1 Review

This is an interesting piece of research [1], which highlights mothers’ knowledge and practices regarding their children’s oral health in Dhaka City. However, several issues made the study scientifically questionable. The major issues are as follows. The study included mothers from two hospitals in Dhaka City, but the title of the study does not mention this. The sample selection from the mothers visiting the hospitals might not represent general mothers from the whole of Dhaka. Thus, this study might not be generalizable to all mothers in Dhaka City.

Introduction

Revise the last paragraph of the Introduction to highlight the study gap in Bangladesh and clearly state the objective of the study. Use the formal word “mother” and avoid the word “moms.”

Methods

Study Setting and Participants

Give clear reasoning as to why you selected study participants from the hospitals. The last line is confusing. It is not clear whether the participants filled out the questionnaire on their own or they were interviewed by the enumerators.

Sampling Technique

Please mention the nonresponse bias for the convenient sampling. Give a short description of the pretesting mentioning the number of samples, period, and location for it.

Measurement of Knowledge and Practice Score

Give the 15 knowledge-related questions and 13 practice-related questions in the supplementary file. Mention if these questions are your own or if you used any valid tools or questions adopted from the relevant previous studies. Give adequate information regarding the scoring system of the variables, mentioning the highest possible aggregated score and examples of two questions (one for knowledge and one for practice).

Statistical Analyses

The authors mentioned that they used the Mann-Whitney *U* test and the Kruskal-Wallis test. However, they did not mention the underlying assumptions of the tests. Moreover, the Results section also shows the χ^2 test but is not mentioned in the Methods section. Furthermore, the last line of the Results of the abstract shows the Pearson correlation coefficient, but nothing is mentioned in the Methods or Results section of the entire manuscript.

Results

Table 1

It is confusing as the text description of Table 1 and the title of Table 1 are different. It is recommended to use two separate tables: one for socioeconomic variables and another for the frequency distribution of the knowledge level among socioeconomic variables. Mention the knowledge- and practice-related raw scores first and then the cross-tab results. There is a major mistake in the results of Tables 1 and 2. The frequency distribution for educational status, occupation, family type, number of family members, and monthly income in Tables 1 and 2 are the same. However, the *P* values are different. How is this possible? Please check the results.

Discussion

It is confusing whether the practice was for the children or how a mother takes care of their children's dental health. Mention the implications of your findings rather than just comparing the findings with previous studies. State the limitation of the study, especially the bias regarding convenient sampling. Provide a section on the public health significance of the study findings in Bangladesh.

Conclusion

The Conclusion section of the study is poorly written and not focused on the findings of the study. Revise the Conclusion section to highlight your study findings.

Round 2 Review

The authors impressively amended the initial version of the manuscript based on the reviewers' comments. However, several issues remain unaddressed.

1. The authors should include the city in the title of the study. You can revise the title to "Knowledge and practices towards oral hygiene of children aged 5 - 9 years old: a cross-sectional study among mothers visited tertiary level hospitals in Dhaka, Bangladesh."
2. Use the full form when it appears first and then use the abbreviation afterward. For example, "KP" in the abstract.
3. Please mention this statistical test in the Methods section of the abstract. You did not mention the χ^2 test and Pearson correlation.
4. It is recommended to make the recommendation simple and easy to understand for the readers. Avoid duplication of the same term.
5. In the sample size calculation, you used *P*=.58 and *P*=.57. Please clarify why you used those prevalences. Cite the relevant study here.
6. Before the heading for the sociodemographic variables in the Methods section, you mention outcome measures. However, the sociodemographic variables are not your outcome variables according to your objectives. You can remove the term outcome measures from here.
7. You mentioned that you used 13 questions for the assessment of practices. Thus, according to your scoring approach, there should be a score of 1-13, but here, it is 1-11.
8. Please mention the name of the software and version you used for the statistical analysis.
9. Revise the sentence before Table 1. You can make it two sentences. One for family income and another for occupation.
10. There is no chi-square–related data in Table 1. Please remove the footnotes from Table 1.
11. In Figure 1, it is recommended to keep the values to one decimal point for 1a and 1b.
12. Please revise the sentence before Table 3 to give a clear meaning.
13. You can remove the percentage symbol from the value and give it in the vertical axis title.
14. Please give the correlation results in the main manuscript or as a supplementary table.
15. The authors overlooked the association of knowledge and practice with income and family size. Please give more details on those two points in the Discussion section.

Conflicts of Interest

None declared.

Reference

1. Tamannur T, Das SK, Nesa A, et al. Mothers' knowledge of and practices toward oral hygiene of children aged 5-9 years in Bangladesh: cross-sectional study. JMIRx Med 2025;6:e59379. [doi: 10.2196/59379]

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Peer Review of “Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models”

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(JMIRx Med 2025;6:e76744) doi:10.2196/76744

KEYWORDS

major depressive disorder; machine learning; functional MRI; early detection; artificial intelligence; psychiatry

This is a peer-review report for “Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models.”

Round 1 Review

This paper [1] addresses a relevant and important topic in psychiatric research. The authors aim to develop and compare machine learning models for early detection of major depressive disorder using functional magnetic resonance imaging (fMRI) data, which is a novel and promising approach. The study appears to be well structured and utilizes an appropriate set of methodologies to evaluate the machine learning models. However, some issues need to be addressed before the manuscript can be considered for publication.

Specific Comments

Major Comments

- Interpretability of artificial intelligence (AI) models: While the paper discusses the models’ performance, it would benefit from further elaboration on the interpretability of the models, particularly the clinical relevance of Shapley additive explanations values and activation maximization findings. Could the authors provide a more detailed analysis of how these features can be used by clinicians in practice?
- Generalizability and dataset limitations: The authors mention the generalizability of their models, but the paper could benefit from a more detailed discussion of the limitations posed by the datasets used. For example, how does the variability in imaging protocols across different sites influence the model performance? More attention should also be given to the diversity of the participant population in terms of demographics.
- Age-related performance drop: The paper mentions lower model performance in older participants. This is a significant finding and should be explored further. Can the authors speculate on the potential reasons behind this performance drop, and how the model could be adapted to perform better in older populations?

Minor Comments

- Language and clarity: Some sentences in the Results and Discussion sections could be clarified for readability. For example, phrases like “good generalizability” could be supported with specific numbers or comparisons to similar studies.
- Performance metrics table: It would be helpful to provide the statistical significance of differences in performance metrics between the models, particularly between the deep neural network (DNN) and other models, to highlight the importance of the DNN in this study.
- Ethical considerations: A brief mention of the ethical implications of using AI in psychiatry is made, but this could be expanded. Ethical issues such as patient privacy, model biases, and potential misdiagnosis based on AI models should be addressed in greater depth.

Round 2 Review

The paper presents an analysis of several AI models (support vector machine, random forest, gradient boosting machine, and DNN) for the early detection of major depression disorder using multisite fMRI data. The study offers valuable insights into both predictive performance and model interpretability. It is commendable that the authors leverage a diverse dataset and employ robust validation techniques (eg, 5-fold cross-validation and external validation) to assess model generalizability. However, there are areas—particularly in methodological clarity and discussion of clinical translation—that would benefit from further refinement.

Major Comments

Methodological Details and Preprocessing

While the paper outlines the preprocessing pipeline (eg, motion correction, slice-timing correction, spatial normalization), additional details on parameter settings (such as motion correction thresholds, slice acquisition order, or smoothing kernel rationale) would help readers assess reproducibility. Clarifying the hyperparameter tuning process (random search iterations, search space boundaries) would also strengthen the methodological rigor.

Data Heterogeneity and Generalizability

The study uses fMRI data from three public datasets, which is a strength in terms of diversity. However, the manuscript could benefit from a more detailed discussion on the challenges posed by intersite variability (eg, differences in scanner models, imaging protocols, and demographic distributions) and how these factors might affect model performance. Addressing potential biases and the representativeness of the sample would provide important context regarding the clinical applicability of the results.

Interpretability and Clinical Integration

The inclusion of feature importance and Shapley additive explanations analyses is a positive step toward interpretability. Nonetheless, the Discussion could be expanded to explain how these insights can directly inform clinical decision-making. For example, a deeper exploration of how the identified neural connectivity patterns relate to established neurobiological theories of major depressive disorder—and what this means for potential treatment interventions—would enhance the translational impact of the work.

Minor Comments

Clarity and Language

The manuscript would benefit from minor language revisions to improve clarity and readability. Some sections contain dense technical descriptions that could be streamlined to make the content more accessible to a broader clinical audience.

Figures and Tables

Ensure that all figures (especially the model performance comparison chart) and tables are clearly labeled and of sufficient resolution. Including more detailed captions that explain all abbreviations and metrics will help readers quickly grasp the key findings.

Discussion Section

The discussion could further compare the AI model outcomes with current clinical diagnostic approaches beyond just *Diagnostic and Statistical Manual of Mental Disorders* (Fifth Edition) criteria. This comparison may include potential cost-benefit considerations, ease of integration into clinical workflows, and scenarios in which the AI approach might be particularly beneficial.

Future Directions

While the paper outlines several future research areas, it would be valuable to discuss the potential for incorporating additional data modalities (such as genetic or behavioral data) to further refine predictive accuracy. Additionally, mentioning plans for prospective clinical trials or real-world validation studies would provide a clearer road map for future work.

Conflicts of Interest

None declared.

Reference

1. Mansoor M, Ansari K. Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models. JMIRx Med 2025;6:e65417. [doi: 10.2196/65417]

Abbreviations

AI: artificial intelligence
DNN: deep neural network
fMRI: functional magnetic resonance imaging

Edited by CN Hang; submitted 29.04.25; this is a non–peer-reviewed article;accepted 29.04.25; published 15.07.25.

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Peer Review of “Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models”

Anonymous

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KEYWORDS

major depressive disorder; machine learning; functional MRI; early detection; artificial intelligence; psychiatry

This is a peer-review report for “Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models.”

Round 1 Review

Specific Comments

Major Comments

1. This paper [1] provides sufficient information about major depressive disorder and the potential of artificial intelligence (AI); it could benefit from a more detailed comparison with the existing literature. How does the present study build on or extend previous work? Additional details on why previous AI studies have not focused on early detection could help contextualize the research gap you are addressing.

Minor Comments

2. It’s also important to emphasize that AI should complement, rather than replace, clinical expertise.

Conflicts of Interest

None declared.

Reference

1. Mansoor M, Ansari K. Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models. JMIRx Med 2025;6:e65417. [doi: 10.2196/65417]

Abbreviations

AI: artificial intelligence

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Companion article: https://www.biorxiv.org/content/10.1101/2023.06.21.545938v2

Companion article: https://med.jmirx.org/2025/1/e69894

Companion article: https://med.jmirx.org/2025/1/e50458

(JMIRx Med 2025;6:e69895) doi:10.2196/69895

KEYWORDS

multistep fermentation; specific methane production; anaerobic digestion; kinetics study; biochar; first-order; modified Gompertz; mass balance; waste management; environment sustainability

This is a peer-review report for “Converting Organic Municipal Solid Waste Into Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies With Statistical Analysis”

Round 1 Review

The present manuscript [1] deals with the study of the valorization of organic fractions of municipal solid waste through the production of volatile fatty acids and biogas. The article is interesting; in my opinion, it should be revised.

Comments

1. The presentation of the manuscript is very poor; the figures are not in the same format.
2. Some of the recent works should be discussed and cited in the Introduction section: [2-6].
3. The novelty of the work should be highlighted.
4. Full stops should be removed from all subheadings.
5. The Results and Discussion should be written in detail with proper subheadings.
6. There are some typo errors; they should be rectified.

Conflicts of Interest

None declared.

References

1. Borhany H. Converting organic municipal solid waste into volatile fatty acids and biogas: experimental pilot and batch studies with statistical analysis. JMIRx Med 2025;6:e50458. [doi: 10.2196/50458]
2. Jung S, Shetti NP, Reddy KR, et al. Synthesis of different biofuels from livestock waste materials and their potential as sustainable feedstocks – a review. Energy Conversion Manage 2021 May 15;236:114038. [doi: 10.1016/j.enconman.2021.114038]
3. Srivastava RK, Shetti NP, Reddy KR, Aminabhavi TM. Sustainable energy from waste organic matters via efficient microbial processes. Sci Total Environ 2020 Jun 20;722:137927. [doi: 10.1016/j.scitotenv.2020.137927] [Medline: 32208271]
4. Sampath P, Brijesh, Reddy KR, et al. Biohydrogen production from organic waste – a review. Chem Eng Technol 2020 Jul;43(7):1240-1248. [doi: 10.1002/ceat.201900400]
5. Velvizhi G, Goswami C, Shetti NP, Ahmad E, Kishore Pant K, Aminabhavi TM. Valorisation of lignocellulosic biomass to value-added products: paving the pathway towards low-carbon footprint. Fuel (Lond) 2022 Apr 1;313:122678. [doi: 10.1016/j.fuel.2021.122678]
6. Monga D, Shetti NP, Basu S, et al. Engineered biochar: a way forward to environmental remediation. Fuel (Lond) 2022 Mar 1;311:122510. [doi: 10.1016/j.fuel.2021.122510]

Edited by T Leung; submitted 10.12.24; this is a non–peer-reviewed article;accepted 10.12.24; published 04.02.25.

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Peer Review of "Converting Organic Municipal Solid Waste Into Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies With Statistical Analysis"
JMIRx Med 2025;6:e69895
URL: https://xmed.jmir.org/2025/1/e69895
doi:10.2196/69895

Peer Review of "Converting Organic Municipal Solid Waste Into Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies With Statistical Analysis"

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Related Articles:

Companion article: https://www.biorxiv.org/content/10.1101/2023.06.21.545938v2

Companion article: https://med.jmirx.org/2025/1/e69894

Companion article: https://med.jmirx.org/2025/1/e50458

(JMIRx Med 2025;6:e69896) doi:10.2196/69896

KEYWORDS

multistep fermentation; specific methane production; anaerobic digestion; kinetics study; biochar; first-order; modified Gompertz; mass balance; waste management; environment sustainability

This is a peer-review report for "Converting Organic Municipal Solid Waste Into Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies With Statistical Analysis."

Round 1 Review

General Comments

Generally, the manuscript [1] should be strictly improved in English language writing and corrected for all grammatical errors throughout the whole manuscript. The author has to use a uniform style of the English language, either American or British English. Further English assistance is particularly required. Many missing articles and a lot of grammatical and punctuation errors must be corrected in the manuscript as in the corrected abstract.

Specific Comments

This paper shows an important aspect of multiple fermentation steps for the complete utilization of municipal solid waste and conversion to useful products, which is highly recommended for circular economic sustainability worldwide. However, it needs some major revision and arrangement to allow for a better presentation of this valuable work.

Major Comments

Title

1. "Valorization of Organic Fraction of Municipal Solid Waste Through Production of Volatile Fatty Acids (VFAs) and Biogas" is a long title that should be shortened to be more concise with no abbreviations—more indicative. Suggested title: "Valorization of Organic Municipal Solid Waste for Volatile Fatty Acids and Biogas Production."

Abstract Section

2. Generally speaking, it must be more concise and specific.

3. Please clearly mention the take-home message and the main findings of the research.

4. The abstract is too long and lacks the main methodology and main experimental techniques that were carried out in this work. The author may add some hints about the main methods used before mentioning the main results.

Manuscript

5. Keywords: Words must be modified to be more informative and representative of the research interest and differ from the word in the manuscript title. Maybe add "Multi Step of Fermentation Process" or "Waste Management and Environment Sustainability."

6. Arrangement of the experimental work in the manuscript may be needed in the Results and Discussion accordingly.

7. There is a lack of figures to describe the main parameter optimization steps well. Please reformulate to describe some data using figures with error bars.

8. The SD and table footnotes with the number of replicates should be noted underneath all of the given tables.

9. A mechanistic in-detail discussion is required, not just comparing your results with the previous work; justify better.

10. In research articles, do not include any table comparing literature results; the author can discuss the main findings in the text itself, as in Table 5.

11. The Conclusions section is missing in the manuscript to summarize and point out the novelty and the main findings from the research.

12. Generally speaking, in academic writing, (1) abstracts do not include abbreviations, (2) avoid articles in the title (the, a, an), and (3) avoid keywords that exist in the title.

13. As a rule of thumb, no dots in titles or subtitles as in the Experimental section, Anerobic Pilot Unities, etc.

14. Multiple references should be merged, not written separately, as in “29, 30” and “23, 27”; the author may use the merge reference option in reference software.

15. The author may add numbers for all titles and subtitles accordingly all over the manuscript.

Minor Comments

16. The author should avoid general and well-known information, and be selective in the recent references used. May add one small paragraph to the Biological Waste Management and Environment Sustainability section.

17. The author should clarify the main aim of the work clearly in the last paragraph of the Introduction.

18. Do not use our, we, or us in academic writing.

19. The author may mention novel applications of VFA and biogas. Mention different novel sources of biogas production.

20. The author should mention the gas chromatography type, gas injection rate, column dimensions, and the used carrier gas in the main document.

21. The author did not mention that flushing with nitrogen or carbon dioxide took place in anaerobic digestion while feeding reactors and how the anaerobic conditions were maintained; please mention it clearly or add the references used for the methodology.

22. Organize titles all over the manuscript.

23. Generally, the subtitles are too generic; modify them to be more indicative and precise.

24. “unless Saturday and Sunday” in line 208 is not important information; the suggested word “daily” is enough.

25. “Unite”: Please correct.

26. Remove the grid lines in the figures.

27. The author has to mention the range used for the chemical oxygen demand method, and the original reference should be cited appropriately.

28. “As can be seen”: This statement is repetitive more than once in the Discussion, in lines 301, 315, and 423.

29. Figure 3 caption: mesophilic fermentation: Please specify which stage because both of the sequential steps were called mesophilic fermentation in Figure 1.

30. What is the rationale for comparing 3 days to 4.5 days for all the used systems; the author may justify why 4.5 days is better to complete with this hydraulic retention time in the rest of the experiments or describe the one variable at a time optimization method that is used to determine the significant factors and the insignificant one; mention them clearly. Also, use in the Discussion the terms “significant” and “insignificant” according to the obtained *P* value.

31. The author has to mention tables and figures in the text in their appropriate place.

Round 2 Review

This paper is greatly enhanced compared to the previous copy, and the author followed the previous comments precisely.

I recommend its publication. Thanks for allowing me to review this interesting work.

General Note

The Word file is the correct revised one, but the PDF seems to be the old version.

Conflicts of Interest

None declared.

Reference

1. Borhany H. Converting organic municipal solid waste into volatile fatty acids and biogas: experimental pilot and batch studies with statistical analysis. JMIRx Med 2025;6:e50458. [doi: 10.2196/50458]

Abbreviations

VFA: volatile fatty acid

Edited by T Leung; submitted 10.12.24; this is a non–peer-reviewed article;accepted 10.12.24; published 04.02.25.

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Elsalamony D
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doi:10.2196/69896

Peer Review of “Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models”

Anonymous

Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.08.13.24311933v1

Companion article: https://med.jmirx.org/2025/1/e75617

Companion article: https://med.jmirx.org/2025/1/e65417

(JMIRx Med 2025;6:e76746) doi:10.2196/76746

KEYWORDS

major depressive disorder; machine learning; functional MRI; early detection; artificial intelligence; psychiatry

This is a peer-review report for “Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models.”

Round 1 Review

General Comments

The paper [1] “Advancing Early Detection of Major Depressive Disorder: A Comparative Analysis of AI Models Using Multi-Site Functional MRI Data” examines a very relevant mental health disorder. The purpose of this paper is to identify the best artificial intelligence (AI) model for predicting early detection using a more comprehensive and versatile dataset. The paper’s contribution to psychiatry could be to provide the best AI model with specific features that can be generalized to a larger population. The paper also included a comparison of health control measures, which could improve the prediction’s accuracy. The manuscript’s most notable feature is the inclusion of 2-year longitudinal data for the early detection of major depressive disorder (MDD).

Major Comments

1. The manuscript’s goal is to provide early but accurate detection of MDD to help with diagnosis. However, the Introduction section’s first paragraph (as specified in PDF) does not fully justify and provide context for how the current study can supplement the existing MDD diagnosis.
2. The literature review does not address recent advances in the field of neuroscience related to MDD. The current research cites only two major studies conducted in the last few decades.
3. The author can either justify or include the most recent study to support feature selection strategies based on those studies.
4. The study’s objectives, which are 8 in number, appear to be very broad and necessary for any study to appear comprehensive; however, the results presented cover only four objectives from first to fourth.
5. The feature selection, which covers three areas, is not supported by plausible findings from the current neuroscience field.
6. The author intends to present diverse data to cover the minimum variance that exists in the population; however, no explanation of a diverse population is provided in the paper.
7. The literature review presented in the manuscript could be more rigorous, first explaining the gaps in the current literature regarding the use of machine learning and deep neural networks in the detection of MDD, then explaining the best feature and detection method for MDD, and finally explaining the findings.
8. The affiliation of a neurobiologist in the manuscript can be mentioned; this will provide more insight.
9. References to the dataset used can also be provided for reviewers and readers.

Conflicts of Interest

None declared.

Reference

1. Mansoor M, Ansari K. Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models. JMIRx Med 2025;6:e65417. [doi: 10.2196/65417]

Abbreviations

AI: artificial intelligence
MDD: major depressive disorder

Edited by CN Hang; submitted 29.04.25; this is a non–peer-reviewed article;accepted 29.04.25; published 15.07.25.

Please cite as:
Anonymous
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doi:10.2196/76746

Peer Review of “Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study”

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Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.02.03.24302286v1

Companion article: https://med.jmirx.org/2025/1/e71528

Companion article: https://med.jmirx.org/2025/1/e57597

(JMIRx Med 2025;6:e71529) doi:10.2196/71529

KEYWORDS

periodic health examination; PHE; preventive health services; routine health checkups; Jordan; cross-sectional study

This is a peer-review report for “Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study.”

Round 1 Review

Specific Comments

Major Comments

1. In this manuscript [1], write in detail about the data collection procedure.
2. Why was a convenience sampling technique employed?
3. “All collected data are treated with strict confidentiality.” Some language corrections are required.

Minor Comments

There are a lot of formatting issues; many things seem copied and pasted.

Conflicts of Interest

None declared.

Reference

1. Tayoun AA. Determinants of periodic health examination uptake: insights from a Jordanian cross-sectional study. JMIRx Med 2025;6:e57597. [doi: 10.2196/57597]

Edited by T Leung; submitted 20.01.25; this is a non–peer-reviewed article;accepted 20.01.25; published 05.02.25.

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Peer Review of “Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study”

Anonymous

Related Articles:

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Companion article: https://med.jmirx.org/2025/1/e71528

Companion article: https://med.jmirx.org/2025/1/e57597

(JMIRx Med 2025;6:e71531) doi:10.2196/71531

KEYWORDS

periodic health examination; PHE; preventive health services; routine health checkups; Jordan; cross-sectional study

This is a peer-review report for “Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study.”

Round 1 Review

The following items were noted in this paper [1].

- Periodic health examination (PHE) uptake: Only 27.1% of participants underwent a PHE in the last 2 years.
- Predictors: Significant predictors include recent visits to a primary health care facility, monthly income, and knowledge about PHEs and preventive health measures.
- Nonsignificant factors: Gender, marital status, smoking status, and BMI did not show a significant association with PHE uptake.

Strengths

1. Comprehensive analysis: The study employs a robust methodology, combining descriptive, inferential, and multivariate statistical techniques to provide a thorough understanding of PHE uptake.
2. Significant predictors identified: Key factors influencing PHE uptake were identified, offering valuable insights for health care providers and policy makers.
3. First of its kind in Jordan: This study fills a gap in existing knowledge by being the first to investigate PHE uptake in Jordan.

Negative Points and Areas for Improvement

Cross-Sectional Design

- Limitation: The study’s design limits the ability to establish causality.
- Improvement: Future research could benefit from a longitudinal approach to better establish causal relationships between the identified predictors and PHE uptake.

Convenience Sampling

- Limitation: This method may introduce selection bias, and the online survey format may lead to measurement bias.
- Improvement: Employing a more randomized and stratified sampling method could enhance the representativeness and validity of the findings.

Limited Generalizability

- Limitation: Results may not be generalizable to populations outside of Jordan or those not included in the sample.
- Improvement: Expanding the study to include diverse populations and different geographic regions would provide a more comprehensive understanding of PHE uptake.

Survey Instrument

- Limitation: The questionnaire’s comprehensiveness and relevance to the Jordanian context might not have been fully ensured.
- Improvement: Pretesting the survey with a larger and more varied group, followed by adjustments based on feedback, could improve its applicability and accuracy.

Behavioral Factors

- Limitation: The study did not find a relationship between behavioral factors and PHE uptake, which contradicts findings in other contexts.
- Improvement: A more detailed investigation into cultural and societal influences on health behaviors in Jordan is needed to clarify these results.

English Language and Clarity

- Limitation: The manuscript contains some grammatical errors and awkward phrasings, which can detract from its readability.
- Improvement: A thorough review and editing for language and clarity by a native English speaker or professional editor would enhance the manuscript’s quality.

Conflicts of Interest

None declared.

Reference

1. Tayoun AA. Determinants of periodic health examination uptake: insights from a Jordanian cross-sectional study. JMIRx Med 2025;6:e57597. [doi: 10.2196/57597]

Abbreviations

PHE: periodic health examination

Edited by T Leung; submitted 20.01.25; this is a non–peer-reviewed article;accepted 20.01.25; published 05.02.25.

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Authors' Response to Peer Review of "Using Electrooculography and Electrodermal Activity During a Cold Pressor Test to Identify Physiological Biomarkers of State Anxiety: Feature-Based Algorithm Development and Validation Study"

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Related Articles:

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Companion article: https://med.jmirx.org/2025/1/e72093

Companion article: https://med.jmirx.org/2025/1/e69472

(JMIRx Med 2025;6:e77440) doi:10.2196/77440

KEYWORDS

stress; biomarker discovery; EOG; EEG; medical informatics; electrooculography; electroencephalogram

This is the authors' response to the peer-review report of "Using Electrooculography and Electrodermal Activity During a Cold Pressor Test to Identify Physiological Biomarkers of State Anxiety: Feature-Based Algorithm Development and Validation Study."

List of Major Concerns and Feedback

Concerns With Methods

It would be helpful to document the name of the device and manufacturer used in this study to record the electrooculography (EOG). This would help other researchers who may want to reproduce the results.

Response: We appreciate the reviewer's [1] suggestion and agree that providing this information would improve the reproducibility and clarity of our study [2]. We have now added the name of the EOG device and its manufacturer in the Methods section of the revised manuscript. The updated text reads as follows:

- "Our setup integrated the AD8232 (Analog Devices), a biopotential amplifier designed to capture physiological signals, which we optimized for measuring EOG activity."
- "Additionally, 19 trials lasting between 30 seconds and 2 minutes were conducted under conditions with no blinking, but with deliberate wire movements introduced by manually adjusting or lightly tugging the electrode leads."
- "EOG recording used the same setup as the Blink Identification EOG Dataset (BLINKEO) data collection. Electrodes were positioned above and below one eye to detect vertical eye movements by capturing corneo-retinal potential shifts."

Similarly, it would be helpful to add additional details about the cold pressor test (CPT) methods. For example, was a commercially available circulating water bath used to maintain a constant water temperature? Was the temperature of the subject's hand monitored? The details of the cold stressor test (the water temperature, the period of immersion, and the cutoff point) should be added for the sake of clarity, transparency, and reproducibility. Past studies using these metrics should also be referenced for details (eg, [3]). These methodological details may also be added in the form of a figure to add clarity to the experimental setup.

Response: In response, we have expanded the Methods section to include additional details about the CPT setup. First, the reference that was suggested in the reviewer's comment was added. In response, we have also expanded the Methods section to provide a clearer description of the CPT protocol. Specifically, we now included "In the cold-water trials, participants immersed their hand in a circulating water bath set

to a constant temperature of 0-6°C. Participants maintained immersion for approximately 5 minutes or until voluntary withdrawal." Furthermore, we have removed mention of exercise trials, as they were not used in dataset creation or analysis and are thus not relevant to the study.

To better understand the individual response to the cold challenge before participating in the actual experiment, it is advised that the manuscript states what type of participant testing was or was not adopted in the cold pressor testing experiment. For example, what were the tolerance times? Were there any gender differences? If any pretesting data were collected, analyzing them and presenting them as results would add clarity to the results.

Response: We did not implement a formal pretesting phase to assess individual tolerance times before the experiment. All participants were instructed to immerse their hand in the CPT until they reached their tolerance limit or approximately 5 minutes (300 seconds). A summary of trial durations for each phase of the experiment—baseline (before hand submersion), CPT (cold water immersion), and recovery (after hand removal)—is presented in Table 2c. This table includes the minimum, 25th percentile, median, 75th percentile, and maximum tolerance times recorded across participants. Table 2c's description was amended to make this more clear:

- "d. Summary of the duration of time EDA and EOG features are collected from, across different experimental phases. For each phase—Baseline (before hand submersion), Cold Pressor Test (cold water immersion), and Recovery (after hand removal) —both tables list the minimum, 25th percentile, median, 75th percentile, and maximum duration (in seconds)."

Regarding gender differences, our study was not explicitly designed to analyze gender-based variations in cold stress tolerance, and the sample size for gender-based comparisons is limited. However, we acknowledge the potential relevance of such analyses and have noted this as an area for future investigation in the Conclusion:

- "An important next step is to investigate potential gender-based and race-based differences in physiological responses to acute stress and our current methods of inducing stress, as our current study was not explicitly designed for such analysis but acknowledges its relevance."

It is unclear if the 65 repeating blinking trials and the 19 no-blinking trials were collected from the same individual or from different individuals. Please clarify.

Response: We agree that clarifying whether the trials were conducted on the same or different individuals improves the transparency of our methodology. In the revised manuscript, we have explicitly stated that all trials were conducted on the same individual to ensure consistency in signal characteristics. The updated text now reads "All trials were conducted on the same two individuals for consistency in signal characteristics."

No signal voltage/electrical records for electrodermal activity [EDA] were found in the manuscript. Is this intentional? Please consider adding this information.

Response: In the revised manuscript, we have now explicitly provided details on the EDA signal acquisition, including the applied voltage and electrical characteristics. The updated text reads as follows:

- "EDA signals were recorded using a GSR (Galvanic Skin Response) sensor with MCP606 (Microchip Technology) operational amplifiers, operating at an excitation voltage of 0.5V to measure skin conductance. Electrodes were placed on the forehead, chosen for its sensitivity to stress-induced sweat gland activity. The recorded signals were digitized and processed in real-time using an ESP32-S3 WROOM-1 (Espressif Systems) microcontroller, which managed data acquisition, signal processing, and wireless transmission."

It would be important to add details of ordinal variables present in the Positive and Negative Affect Schedule (PANAS) and the State-Trait Anxiety Inventory (STAI-State), and clearly state their function and use in Supplementary Table 2.

Response: In response, we have updated Supplementary 2's table to explicitly describe how these scales function in the assessment of emotional and anxiety states. The revised descriptive text in Supplementary 2 now reads:

- "The survey items from the Positive and Negative Affect Schedule (PANAS) and the State-Trait Anxiety Inventory (STAI-State) were used to assess participants' emotional and anxiety responses during the experiment. The PANAS scale consists of 10 items measuring Positive Affectivity and Negative Affectivity, each rated on a 1-5 Likert scale, where higher scores indicate stronger affective states. The STAI-State consists of 20 items assessing state anxiety, measured on a 1-4 Likert scale, where responses indicate varying degrees of agreement with statements reflecting anxiety levels. Higher scores in negative affectivity and anxiety-related items indicate greater distress, while higher scores in positive affectivity items indicate greater emotional well-being."

Concerns With Analysis

F_1-scores that were mentioned in the text (87.34% and 79.99%) are not present within the figures. Moreover, an F_1-score is an integer value from 0 to 1, taking precision and recall into account, and is not often expressed as a percentage.

Response: The updated text now expresses the F_1-scores as decimal values, aligning with the conventional representation. In addition, the figures now include the accuracy and F_1-score: "0.8734" and "0.7999."

Figure 1c has two separate graphs; it should be captioned as 1c and 1d. What do both these graphs portray? The second graph for 1c is missing titles for the x- and y-axes—the current assumption is that they are the same as the first graph.

Response: The figure has been updated to distinctly label the two separate graphs as Figure 1c and Figure 1d in both the figure and the caption. We clarified the purpose of both graphs, stating that they each depict independent blink events, highlighting the variability in peak shape that can occur in EOG recordings:

- "d. Another example of a blink peak, demonstrating the variability in blink peak shapes observed across recordings. The feature extraction process remains consistent, with boundaries determined by identifying the nearest minima on either side of the peak."

Table 1 lacks a legend and is shown as panel a of Table 2. Please check how the tables are referenced in the text to make sure they reference the right one.

Response: Table 1 is now correctly referenced in the manuscript to ensure clarity. A brief description has been included to clarify its contents, explicitly stating that it summarizes the trial characteristics, total duration, and peak detection results before and after filtering.

- "Table 1 summarizes the characteristics of these trials, including session count, total recording time, and peak detection results before and after filtering."

We have verified all text references to ensure that Table 1 and Table 2 are cited appropriately.

- "Sixteen participants (N=16) between ages 26-31 took part in the study, and demographic information, including race and gender, was collected and is summarized in Table 2a-b. Each trial lasted about 10-15 minutes and was divided into three phases: baseline, CPT (Cold Pressor Test), and recovery. The length of the trial and the data used for feature analysis is as detailed in Table 2c-d."

The captions of the figures should have statistical information when relevant. For example, in Figure 3, the caption should include a description of what data were plotted and the meaning of the graph. Presumably plotting medians, quartiles, and SDs? Also, please report n values.

Response: Figure 3 has been updated to include the median and SD of each score. Figure 2 has been updated to include accuracy and F_1-score for each culling step.

Concerns With Ethics

It is not clear what the ethical statement at the end of the manuscript, which states that the study was exempt from review board approval, means. That statement should be revised for clarification. In addition, details regarding whether or not institutional review board approval was obtained, whether the study involved consenting participants and used humans, how the data were collected and used, how the data were handled to protect the privacy of study participants, and any other ethical procedures that were followed to protect subjects from any harm due to participation in the study should be added.

Response: We have clarified the ethical statement at the end of the manuscript. This study was conducted in accordance with ethical guidelines for research involving human participants. All patient data were fully anonymized prior to analysis, with identifying information removed and data transmission secured using byte-splicing encryption methods. All participants provided informed consent for the use of their data in this study. The study adhered to data privacy and security protocols to ensure the confidentiality and protection of participants.

List of Minor Concerns and Feedback

Minor Concerns With Methods

Please document whether the data were taken from each subject only once or whether data were obtained several times from a subject.

Response: In response, we have explicitly stated that data were collected from each subject only once in the revised manuscript. The updated text now reads:

- "Sixteen participants (N=16) between ages 26-31 took part in the study, and demographic information, including race and gender, was collected and is summarized in Table 2a-b. Data was taken from each subject only once."

Referring to the line "To focus on blink-like events, we applied criteria based on established blink characteristics," the criteria used to establish blink characteristics should be cited, if not already given.

Response: To address this, we have now clarified how we derived this criteria. The revised text now references the methodology of BLINKER, a pipeline for extracting ocular indices such as blink rate, blink duration, and blink velocity-amplitude ratios from electroencephalogram channels, EOG channels, and/or independent components.

Shapley additive explanations (SHAP) analysis was performed on combinations of 5 features. Please clarify on what basis these 5 features were chosen (out of 15 of EDG and 33 of EOG).

Response: We have clarified the description of the SHAP analysis methodology:

- "In this study, SHAP analysis was performed on combinations of five features, selected from the total feature set of 15 EDG and 33 EOG features, highlighting the significance of how certain biomarkers, used together, reveal more prominent interactions and effects on model predictions. This approach underscores that certain biomarkers, while potentially less impactful individually, can demonstrate substantial importance when analyzed as part of a group. By evaluating these interactions, we understand how combinations of features can provide insights into the model's behavior that single-feature analyses might overlook."
- "The quality of a set of features is determined by considering their collective contribution to the model's predictions, measured through the mean absolute SHAP values across the dataset. A high-quality set of features is one where the combination of features demonstrates substantial importance, as indicated by a higher mean absolute SHAP values. This benchmark reflects not only the magnitude of individual contributions but also the degree to which the features, as a group, interact to enhance the predictive power of the model."

Minor Concerns With Analysis and Presentation

Page 10, Electrooculography (EOG) Signal Segmentation section: the authors mentioned that they extracted 33 features;

however, Supplementary 4 mentioned 35 feature definitions. Please revise and correct.

Response: We have cross-checked the manuscript and Supplementary 4 to ensure consistency in the reported number of features. A total of 35 features were used, so we have revised the EOG Signal Segmentation section to correctly state "35 features" instead of "33."

In Figure 3, please put "STAI-State survey score" on the y-axis for clarification rather than just "Scores." In addition to box and whiskers plots, adding column graphs for positive affectivity, negative affectivity, and s-anxiety might be beneficial to more clearly express the SD present within the data.

Response: We agree that column graphs can effectively complement the box plots by visually emphasizing SDs within the dataset. We have introduced bar charts with error bars to represent mean survey scores for each stage (baseline, CPT, and recovery). The axes and labels were also clarified, per request. The figure description now includes:

- "Figure 3 User-reported survey responses during each stage of the trial, displaying both box-and-whisker plots and column graphs for Positive Affectivity, Negative Affectivity, and State Anxiety (S-Anxiety) across the Baseline, CPT, and Recovery stages."

It would be beneficial to graphically display the F_1-scores that were collected across the study.

Response: We have updated Figure 2 to include the F_1-scores across each step of the culling pipeline.

The figures are quite small, which makes readability a little difficult. Please make the text larger to improve readability and accessibility.

Response: Figure axes labels, headings, and some descriptions were adjusted with larger text.

The Figure 1a description states, "The red dotted lines indicate the center of the peak…," but these appear to be gray.

Response: We have resolved this figure description, which now reads, "The grey dotted lines…"

Suggestions

Consider the inclusion of a Limitations section in this manuscript to better discuss potential limitations due to the skewness in male and female participants, data curation, applied methodologies, and other limitations of the study.

Response: A "Limitations" section was added to this manuscript in the Conclusion. It reads "This study advances state anxiety biomarker detection using Electrooculography (EOG) and Electrodermal Activity (EDA), but several limitations should be noted. The participant pool (N=16) was demographically skewed, with a predominance of male and Asian participants, limiting generalizability. Data was collected only once per subject, preventing analysis of intra-individual variability over time. Future studies should incorporate larger and more diverse populations with longitudinal data. "The Cold Pressor Test (CPT) was conducted in a controlled lab environment, which may not fully reflect real-world anxiety triggers. Additionally, motion artifacts in EOG recordings, despite filtering efforts, could impact signal clarity. EDA signals were recorded using a single forehead electrode, though different placements (e.g., fingertips) may improve accuracy. Improved artifact detection and additional motion-tracking sensors could enhance data quality. Feature selection for SHAP analysis focused on optimizing interpretability, but alternative selections may yield different insights. Models and analyses constructed using this dataset may not generalize well to other stress-inducing scenarios. External validation using independent datasets is necessary to confirm these findings."

A figure showing the trial structure would be very useful to understand how the data were collected.

Response: The design of these trials facilitated the collection of time series data during an environmental stressor. We have added an additional figure to make the setup/timeline of this experiment more clear:

- "Figure 2 This figure presents a visual representation of the experiment timeline, detailing the Baseline, Cold Pressor Test (CPT), and Recovery phases. The raw Electrooculography (EOG) and Electrodermal Activity (EDA) signals across these phases show no immediately clear trend distinguishing the baseline and recovery from the CPT stressor. However, when specific features such as Blink Duration from EOG and Hjorth Activity from EDA are extracted and overlaid, more distinct patterns emerge, and can be used to quantify physiological responses to stress induction and subsequent recovery."

References

In the third paragraph of the Introduction, adding a reference to other techniques used to provoke anxiety, including the reduced EDA response in depressed patients, and the conflicting studies could be helpful to the readers.

Response: Four additional references were made to cite techniques that have been shown to provoke anxiety. Also, additional sentences were added to discuss the response variability introduced by depression, medication usage, and methodological differences:

- "Electrodermal activity (EDA) is a common measure of physiological arousal, but its reliability in depression research remains debated. Some studies report reduced EDA responses in individuals with major depressive disorder, suggesting impaired autonomic reactivity12 and emotional hypo-responsiveness13. However, conflicting findings point to variability due to factors like medication use and methodological differences14, emphasizing the need for further research on the relationship between physiological signals and emotional states."

In the Introduction, fourth paragraph, the reference "Schachter and Singer" is not present in the References. Is this the wrong reference, or it just needs to be added to the list?

Response: Schachter and Singer [4] has now been added to the list of references.

In the Introduction, third page, third paragraph, it is advised to add references to document the reduced EDA response in depressed patients and the conflicting studies.

Response: This comment is a repeat of the first comment in the References section and was addressed accordingly.

In the Methods, please cite sources for the Butterworth filter (page 5), the Savitzky-Golay filter (page 5), and all other analyses.

Response: Specifically, we now reference Virtanen et al [5] for the implementation of these filters in the SciPy library. Additional citations have been included where applicable to provide proper attribution for the analytical techniques used.

Reference 2: Include full citation with a link.

Response: This was corrected.

Reference 3: It is advised to correct the article name to "APA 2023 Stress in America Topline Data."

Response: This was corrected.

Reference 4: The correct citation should be "Kazanskiy NL., Khonina S.N., Butt M.A. A review on flexible wearables—Recent developments in non-invasive continuous health monitoring. Sens. Actuators A Phys. 2024;366:114993. doi: 10.1016/j.sna.2023.114993."

Response: This was corrected.

Reference 10: The correct citation should be: "Electrooculogram Analysis and Development of a System for Defining Stages of Drowsiness Master's Thesis Project in Biomedical Engineering, Linköping University, Dept. Biomedical Engineering, LiU-IMT-EX-351 Linköping 2003. Available: https://www.diva.portal.org/smash/get/diva2:673960/FULLTEXT01.pdfTest."

Response: This is now reference 16. This was corrected.

Reference 19: The correct citation should be "Anxiety Detection Using Multimodal Physiological Sensing, 2021 IEEE EMBS International Conference on Biomedical and Health Informatics (BHI), Athens, Greece, 2021, pp. 1-4, doi: 10.1109/BHI50953.2021.9508589."

Response: This is now reference 25. This was corrected.

Reference 23: Revising this citation is advised as searching on the internet shows error 404. The requested URL was not found on this server. Moreover, this is not a proper citation—give the edition number of the book (there are at least 5 editions) and publication year, as well as the page number of the cited data point about typical blink elapsed time.

Response: This is now reference 29. This was corrected.

Reference 27: The correct citation should be "Hassanein, A.M.D.E., Mohamed, A.G.M.A. & Abdullah, M.A.H.M. Classifying blinking and winking EOG signals using statistical analysis and LSTM algorithm. Journal of Electrical Systems and Inf Technol 10, 44 (2023). https://doi.org/10.1186/s43067-023-00112-2"

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Abbreviations

BHI: Biomedical and Health Informatics
BLINKEO: Blink Identification EOG Dataset
CPT: cold pressor test
EDA: electrodermal activity
EOG: electrooculography
GSR: galvanic skin response
PANAS: Positive and Negative Affect Schedule
SHAP: Shapley additive explanations
STAI-State: State-Trait Anxiety Inventory

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Authors' Response to Peer Reviews of "Monte Carlo Dose Estimation of Absorbed Dose to the Hematopoietic Stem Cell Layer of the Bone Marrow Assuming Nonuniform Distribution Around the Vascular Endothelium of the Bone Marrow: Simulation and Analysis Study"

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KEYWORDS

stem cells; radiation; bone marrow; nuclides; noble gases

This is the authors' response to peer-review reports for "Monte Carlo Dose Estimation of Absorbed Dose to the Hematopoietic Stem Cell Layer of the Bone Marrow Assuming Nonuniform Distribution Around the Vascular Endothelium of the Bone Marrow: Simulation and Analysis Study."

Round 1 Review

Reviewer T [1]

General Comments

In this study [2], a geometric model of trabecular bone and bone marrow tissue was constructed at the micrometer scale, assuming that the hematopoietic stem cells layer was localized in the perivascular hematopoietic stem cell layer of the sinusoids. The absorbed doses of the stem cell layer from blood and trabecular bone sources were then estimated for selected β nuclides, α nuclides, and noble gases and compared with the specific absorbed fractions (SAFs) values of International Commission on Radiological Protection (ICRP) 60 and 103. It was concluded that the absorbed doses from the bone marrow and blood sources were greater than those from trabecular bone sources for α nuclides, and the total absorbed dose was lower than that estimated from the current ICRP models.

Specific Comments

The results were tabulated; however, it was not clear how the comparison between the Particle and Heavy Ion Transport System, ICRP 60, and ICRP 103 was performed, what test was used, and the level of significance. Even in Table 7 that summarizes the results, this is not clear.

Response: Because the energy and spectrum of each individual nuclide are completely different, it is not possible to calculate and compare with *P* values from data on different nuclides. In addition, because rare gases and radon are not currently being evaluated, they are not comparable.

The abbreviations throughout the article need to be identified. It is recommended to add an abbreviation section to the article.

Response: Abbreviations such as "TB" (trabecular bone) and "RBM" (red bone marrow) have been modified to match the terminology used by the ICRP.

The abstract section is better structured as Background, Objectives, Methods, Results, and Conclusion.

Response: Revised.

In the abstract section, the authors mentioned that the absorbed doses to the bone marrow obtained from the model calculations were not significantly different from ICRP 60 and ICRP 103 for β nuclides. Still, they were much lower than previously

estimated for α nuclides. Going through the study, it was not clear how this significant difference was assessed. Please revise and clarify.

Response: For each nuclide, calculations are performed using Monte Carlo simulation until the statistical error is sufficiently low.

The abbreviation "SAFs" in the keyword section and the last paragraph of the Introduction section should be identified as the "specific absorbed fractions."

Response: Revised.

The abbreviation "PHITS" in the keyword section and the first line of the fourth page should be identified as "Particle and Heavy Ion Transport System."

Response: Revised.

The abbreviation "keV" in the last line of the second paragraph of the seventh page should be identified as "kilo electron-volt."

Response: Revised.

In the last line of the second paragraph of the seventh page, please identify "Bremsstrahlung" as a type of X-radiation emitted by charged particles when they collide or are near an atomic nucleus.

Response: Revised.

The abbreviation "EGS" in the last line of the second paragraph of the seventh page should be identified as "Electron Gamma Shower."

Response: Revised.

The abbreviation "Bq" in the first line of the last paragraph of the seventh page should be identified as "The International System of Units (SI) unit of radionuclide activity is the becquerel (Bq); 1 Bq = 1 transformation/second."

Response: Revised.

First line, page 10: Please correct "131" to "131I."

Response: Revised.

Page 16, Discussion section, last line of the first paragraph: The authors mentioned that the number of decays in each compartment changed significantly; how did the authors assess this significant change and conclude it? Please explain the tests used for comparison.

Response: The word was not used to mean statistically significant but rather to mean that the number of decay has changed significantly.

Page 16, Discussion section, eighth line of the second paragraph: Please revise "ICRP133 SAF" (mentioned in the Results section as "ICRP103 SAF").

Response: Revised.

Page 17, last line of the first paragraph: "Sakota et al" should be corrected to "Sakoda et al."

Reviewer V [3]

Abstract Section

The manuscript's abstract begins with a statement about hematopoietic stem cells' proximity to sinusoidal capillaries but does not clarify why this spatial distribution is relevant for radiation dosimetry until later in the text. A clearer explanation linking the hematopoietic stem cell location with the dosimetric model limitations would better engage readers unfamiliar with the topic.

Response: The following sentence has been added to the abstract: "If the location of the hematopoietic stem cell layer differs from previous assumptions, it will be necessary to re-evaluate the dose, particularly for alpha rays with a short range."

Some sentences are overly complex, especially in the Introduction and Conclusion. Simplifying the language or splitting ideas across multiple sentences could improve readability.

Response: I've divided the sentences to improve readability and clarity, as shown in the revised version.

The abstract lacks methodological detail regarding how the model calculations were performed. Including brief specifics about the model's approach, particularly the role of computed tomography imaging if applicable, would improve transparency and give context to the reported findings.

Response: Revised.

The results comparing the absorbed doses for α and β nuclides are presented with limited interpretation. The abstract states that doses for β nuclides were similar to ICRP estimates, while those for α nuclides were much lower, yet there is no explanation for the potential reasons behind these differences. Offering a brief discussion or hypothesis, even speculative, would enrich the reader's understanding.

Response: The following sentence was added: "Particularly, in the case of alpha-emitting nuclides with a short range, the alpha particles may not reach the vascular endothelium from the bone source."

Introduction Section

The Introduction could benefit from a clearer structure. Currently, it presents information about various models and dosimetric approaches in a somewhat fragmented manner.

Response: Revised.

Certain technical terms such as "surrogate target," "trabecular bone surface," "endosteum," and "standard absorbed fraction" may benefit from concise explanations or definitions. For instance, briefly defining "surrogate target" would help those unfamiliar with dosimetry or radiobiology terminology.

Response: Added explanations of terms such as SAF and endosteal layer in the text.

Method Section

The study uses an intricate geometric model based on JM-103 data, Particle and Heavy Ion Transport System software, and Japan Atomic Energy Agency guidelines to simulate the cervical vertebrae trabecular bone. This choice is reasonable given the need for anatomical detail in dosimetry but may limit generalizability since the cervical vertebrae structure might not fully represent other bone marrow sites.

The description could benefit from clarifying why the JM-103 model was chosen over other models or datasets, particularly those that could include bone tissues beyond the cervical vertebrae.

Response: The following sentence was added to the Method section: “The cervical vertebrae were selected for modelling because they are simple in shape and easy to model.” The table of masses of bone tissues and the following sentence were added in the Discussion section: “The model does not reflect differences of mass of bone tissues according to location. The masses of bone tissues varies widely according to location in the bone as shown in Table 5.”

Discussion Section

Despite noting the need for micro–computed tomgraphy–based models, the authors do not discuss how current limitations might impact dose estimation accuracy, especially for complex geometries in the trabecular bone. A clearer explanation of how simplified geometric assumptions may influence absorbed dose calculations would provide a balanced view of the model’s limitations.

Response: The following sentence was added to the Discussion section: “The ratio of bone marrow and blood differs depending on the part of the bone, so the results obtained from the cervical vertebra model cannot be applied to the whole body. However, it is certainly necessary to perform dose assessment that takes into account the fine structure of the bone and the location of the HSCs.”

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Abbreviations

ICRP: International Commission on Radiological Protection
SAF: specific absorbed fraction
SI: International System of Units

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Authors' Response to Peer Reviews of "Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study"

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KEYWORDS

cardiotoxicity; cardiology; cardiovascular; heart; arrhythmias; self-reported questionnaires; oncology; survivors; pediatrics; prevalence; incidence; risk; epidemiology; anthracycline exposure; childhood cancer survivors

This is the authors' response to peer-review reports for "Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study."

Round 1 Review

Reviewer ET [1]

General Comments

This paper [2] gives valuable insights into cardiotoxicity in pediatric cancer survivorship: patterns, predictors, and implications for long-term care. The results and methodology are sound. However, some minor revisions would improve clarity and strengthen the overall impact of this paper. Below are my suggestions.

Major Comments

1. Method section (study population and data source): In the Method section, specifically the fourth line, the description "of 21 at one of 31 participating institutes" is unclear. The sentence should be revised for better clarity.

Response: We thank the reviewer for highlighting this lack of clarity. We have revised this sentence for better clarity as follows: "Eligible participants were those diagnosed with cancer before the age of 21 years who were treated at one of the 31 participating institutions across the United States and Canada. These institutions collectively represent major pediatric oncology centers providing comprehensive coverage across North America" (page 6, Methods section).

2. Missing answer for seventh objective: The answer to the seventh objective is unclear.

Response: We appreciate this important observation. We have significantly expanded the section on cardioprotective factors (objective 7) in the Results section to provide a more comprehensive and clear answer. We have included detailed information about protective associations identified in our analysis, including physical activity, cardioprotective medications, dexrazoxane administration, and nutritional factors, along with specific hazard ratios and CIs for each (page 14, Results section).

Minor Comments

1. Result presentation: It would be better if the results were presented in tabular format for easier comprehension. A table would help summarize the key findings and increase readability.

Response: We agree with this suggestion and have added two new tables to present our results more clearly:

- Table 1: Demographic and clinical characteristics of childhood cancer survivors (page 9).
- Table 3: Risk factors for cardiovascular complications in childhood cancer survivors (page 12).

These tables complement the existing Table 2 (summary of key findings) and provide a more comprehensive visualization of our results.

2. Clarity in results numbering: To improve clarity, it would be beneficial to present all the results with corresponding numbers,

matching each result with the respective objective number for easier reference and alignment.

Response: Following this helpful suggestion, we have reorganized our Results section to clearly number each subsection according to its corresponding objective. The Results section now features the following structure:

- Study Population Characteristics (Background to All Objectives)
- Incidence of Cardiovascular Complications (Objective 1)
- Temporal Patterns and Treatment Era Effects (Objectives 2 and 4)
- Risk Factors for Cardiovascular Complications (Objective 3)
- Risk Prediction Model (Objective 5)
- Impact on Survival and Quality of Life (Objective 6)
- Exploration of Cardioprotective Factors (Objective 7)
- Comparison with Sibling Controls (Objective 8)

This organization ensures a direct alignment between our stated objectives and the presentation of our results.

Reviewer FS [3]

The study relies heavily on self-reported cardiovascular complications, which may introduce reporting bias. While a subset of cases was validated via medical records, the proportion of validated cases is not explicitly stated, and the possibility of underreporting or overreporting remains. The reliance on self-reported cardiovascular complications may have introduced reporting bias into the study. Although some cases were validated through medical records, the proportion of validated cases remains unclear, leaving the potential for underreporting or overreporting. The authors could also consider exploring linkage with external databases (eg, insurance claims, hospital records) for additional validation.

Response: We acknowledge this important limitation. In our revised manuscript, we have explicitly stated that 27% of all self-reported cardiovascular events were confirmed through medical record review, with a confirmation rate of 93% for self-reported cardiovascular conditions (page 7, Methods section). Additionally, we have expanded our discussion of this limitation in the "Strengths and Limitations" section, noting that we conducted sensitivity analyses restricted to medically confirmed cases, which yielded similar results (page 16, Discussion section).

The manuscript presents a risk prediction model (C statistic 0.78), but there is no external validation or discussion of its clinical applicability. Validate the model using an independent dataset (eg, a subset of Childhood Cancer Survivor Study data withheld from model training or another survivor cohort). Report calibration metrics (eg, Hosmer-Lemeshow test, calibration plots) to assess model accuracy. Provide a clinical risk score or decision framework for practical implementation.

Response: We appreciate this insightful comment. We have expanded our discussion of the risk prediction model to address the lack of external validation, noting that this was not feasible due to the lack of comparable cohorts with similar long-term follow-up. However, we have provided additional details on internal validation using bootstrapping techniques and have added information about a simplified risk score system we developed to facilitate clinical application. This scoring system assigns points to key risk factors and identifies survivors at high risk who may benefit from enhanced cardiovascular surveillance (page 13, Results section).

The study reports a decreasing risk of cardiotoxicity over time, suggesting improvements in treatment protocols. However, this could be confounded by survivor selection bias (eg, patients with higher early mortality due to severe toxicity were less likely to be included in later eras).

Adjust for potential survivor bias using inverse probability weighting or sensitivity analyses. Consider comparing treatment regimens (eg, changes in anthracycline dosages, cardioprotective measures) across eras to explicitly determine which interventions contributed to reduced risk. The research indicates that the risk of cardiotoxicity diminishes over time, suggesting that treatment protocols have become more effective. However, it is possible that this observation is attributable to survivor selection bias, wherein patients who succumbed to severe toxicity early in the study were not included in subsequent phases. To address potential survivor bias, researchers should employ methodologies such as inverse probability weighting or sensitivity analyses. Additionally, treatment regimens (eg, modifications in anthracycline dosages and cardioprotective measures) should be compared across different time periods to ascertain which interventions are responsible for the diminished risk.

Response: We thank the reviewer for this astute observation. We have addressed this concern in the Discussion section by acknowledging that the observed trend of decreasing cardiovascular risk across treatment eras might be partially influenced by survivor selection bias. We have described sensitivity analyses using inverse probability weighting to account for potentially informative censoring, which yielded similar, albeit slightly higher, risk estimates. Additionally, we have noted our comparison of treatment protocols across eras, which found that reductions in anthracycline doses and implementation of cardiac-sparing radiation techniques likely contributed to the genuine reduction in cardiovascular risk in more recent cohorts (page 15, Discussion section).

The study focuses on clinically evident cardiovascular complications but does not assess subclinical cardiotoxicity, which could be detected via biomarkers or imaging.

Incorporate cardiac biomarkers (eg, troponins, N-terminal pro–brain natriuretic peptide) in a subset of survivors to identify early signs of myocardial damage. Perform echocardiographic or cardiac magnetic resonance imaging evaluations in a subgroup to detect preclinical cardiac dysfunction. This could strengthen the study's ability to recommend early intervention strategies.

The authors appropriately point out the opportunity to improve early intervention by identifying a subset of survivors for early myocardial damage using cardiac biomarkers and imaging. While this is not possible in the present study, future studies

incorporating this approach would allow for detection of subclinical cardiotoxicity.

Response: We agree with this limitation and have expanded our discussion to acknowledge that our study focused on clinically evident cardiovascular complications and did not assess subclinical cardiotoxicity. We have noted that the prevalence of subclinical cardiac dysfunction is likely higher than the reported clinically apparent complications and have stated that future studies incorporating cardiac biomarkers and advanced imaging techniques would enable earlier detection of cardiac damage and potentially identify opportunities for preventive interventions before clinical manifestation (page 16, Discussion section).

The manuscript discusses risk factors but does not evaluate protective factors (eg, exercise, angiotensin-converting enzyme inhibitors, β-blockers). Analyze whether lifestyle modifications (eg, regular exercise) or cardioprotective medications influence the incidence of cardiotoxicity. Conduct a subgroup analysis on survivors who received cardioprotective interventions versus those who did not.

Response: We thank the reviewer for highlighting this gap. We have substantially expanded our Results section to include a comprehensive analysis of cardioprotective factors (objective 7), including physical activity, cardioprotective medications (angiotensin-converting inhibitors, β-blockers, statins), dexrazoxane administration, and nutritional factors. For each of these, we have provided specific hazard ratios and CIs to quantify their protective effects (page 14, Results section).

Please indicate whether the proportional hazards assumptions were tested and consider reporting Schoenfeld residuals or time-dependent covariate analyses.

Please include more details on how missing data were handled.

Were there particular domains of quality of life that were lower among those with cardiovascular complications?

Consider adding detailed figure legends to improve readability and refining axis labels in existing figures.

*A table summarizing key risk factors with adjusted hazard ratios and P values would be beneficial.***Response:** We have addressed the technical concerns raised by adding the following information to our manuscript:

- Clarified that we tested proportional hazards assumptions using Schoenfeld residuals and time-dependent covariate analyses (page 8, Methods section)
- Provided more details on how missing data were handled, noting that we used multiple imputation with chained equations for covariates with missing data (page 8, Methods section)
- Added information about quality of life assessments, specifying that we used the 36-item Short Form Health Survey instrument and noting which domains showed the largest decrements among survivors with cardiovascular complications (page 8, Methods section)
- Enhanced figure legends and axis labels for better readability

We are grateful to both reviewers for their thoughtful and constructive feedback, which has significantly improved the quality and clarity of our manuscript.

Round 2 Review

Reviewer FS

Please state the proportion of cases with cardiovascular events confirmed by medical record review.

Response: We have added the specific number of confirmed cases in the Methods section under “Outcome Measures”: “To enhance validity, 27% of all self-reported cardiovascular events (739 of 2743 cases) were confirmed through medical record review by trained abstractors using standardized protocols.”

Please discuss the increased cardiotoxicity observed in male survivors. Was this due to treatment or other comorbidities that exacerbated previously subclinical cardiac exposures?

Response: We have added a detailed discussion of this gender disparity in the Discussion section, addressing both treatment-related factors and comorbidities. We note that male survivors received higher cumulative anthracycline doses and chest radiation, but also had higher rates of cardiovascular comorbidities that may have exacerbated subclinical cardiac damage. We also briefly discuss potential biological differences, including the cardioprotective role of estrogen in females.

Please provide a thoughtful description of how the risk model could be integrated into previously described models and recommendations for cardiac risk groups like the International Late Effects of Childhood Cancer Guideline Harmonization Group.

Response: We have added a paragraph in the “Clinical Implications” section discussing how our risk prediction model could be integrated with the International Late Effects of Childhood Cancer Guideline Harmonization Group framework. We propose a two-step approach that maintains consistency with established guidelines while providing more personalized risk estimates.

Please standardize the reporting/formatting for data into a table format more typical for manuscript reporting for complication rates, multivariate cox regression, and temporal trends.

Response: We have revised Table 2 to show the number of cases and cumulative incidence for each cardiovascular outcome in a standardized format. We have also created two new tables: Table 4 showing the treatment era analysis and Table 5 comparing outcomes with sibling controls, both with appropriate statistical adjustments.

Please provide a table or figure for the treatment era analysis.

Response: We have created Table 4 displaying the number of patients, events, cumulative incidence, and adjusted hazard ratios across the three treatment eras (1970s, 1980s, 1990s), with *P* values and trend analysis.

Please provide a table or figure for the sibling controls comparison. Is this after adjustment for age, gender, etc?

Response: We have created Table 5 showing the comparison between survivors and sibling controls for each cardiovascular outcome, with both age- and sex-adjusted odds ratios and fully adjusted odds ratios.

The CI of cardiovascular complications in childhood cancer survivors data is shown in a nonstandard stacked bar plot format. Please show as CI curves.

Response: We have completely redesigned Figure 1 to display cumulative incidence curves with 95% CIs (shown as shaded areas) for each treatment era and for all survivors combined, replacing the previous stacked bar plot format.

Additional Revisions Made in Response to Reviewer Comments From Rounds 1 and 2

Selection Bias Discussion

We have added a paragraph addressing potential selection bias in the observed trend of decreasing cardiovascular risk across treatment eras. We describe our sensitivity analyses using inverse probability weighting to account for potentially informative censoring and discuss how changes in treatment protocols likely contributed to genuine risk reduction.

Limitations Regarding Outcome Ascertainment

We have expanded the Limitations section to explicitly state that 73% of cardiovascular events relied on self-reported outcomes, and described the sensitivity analyses restricted to medically confirmed cases.

Discussion of Subclinical Cardiotoxicity

We have added a paragraph at the end of the "Strengths and Limitations" section acknowledging that our study focused on clinically evident cardiovascular complications and did not assess subclinical cardiotoxicity, which might be detected through biomarkers or advanced imaging techniques.

References

1. Adhikari A. Peer review of "Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study". JMIRx Med 2025;6:e79521. [doi: 10.2196/79521]
2. Mansoor M, Ibrahim A. Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study. JMIRx Med 2025;6:e65299. [doi: 10.2196/65299]
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Authors' Response to Peer Reviews of "Large Language Models for Pediatric Differential Diagnoses in Rural Health Care: Multicenter Retrospective Cohort Study Comparing GPT-3 With Pediatrician Performance"

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Companion article: https://med.jmirx.org/2025/1/e65263

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KEYWORDS

natural language processing; NLP; machine learning; ML; artificial intelligence; language model; large language model; LLM; generative pretrained transformer; GPT; pediatrics

This is the authors' response to peer-review reports for "Large Language Models for Pediatric Differential Diagnoses in Rural Health Care: Multicenter Retrospective Cohort Study Comparing GPT-3 With Pediatrician Performance."

We thank the reviewers [1] for the thoughtful and constructive feedback on our manuscript, "Large Language Models for Pediatric Differential Diagnoses in Rural Health Care: Multicenter Retrospective Cohort Study Comparing GPT-3 With Pediatrician Performance" [2]. We are grateful for the opportunity to revise and improve our work based on the insightful comments provided. Below, we provide detailed responses to the reviewers' comments and outline the changes made to the manuscript.

Comments and Responses

- *Please clarify why GPT-3.5 or GPT-4 (instead of GPT-3) was not used despite being available at the time of the study.*

Response: Thank you for highlighting this point. We have clarified that GPT-3 (DaVinci version) was selected because it was the most advanced version available during the study period. The Discussion section now also highlights the potential benefits of GPT-3.5 and GPT-4 for future studies, particularly in addressing rare or complex diagnoses.

Action taken: Added a rationale for GPT-3 selection in the Methods (Model Training and Fine-Tuning) section and expanded on the potential of GPT-3.5 and GPT-4 in the Discussion (GPT-3 vs Newer Models) section.

- *Why were racial and ethnic demographics not included? ("Data distribution gaps: No comparison of racial identity distribution between training and testing sets. Please consider adding a table or section on these demographic comparisons to ensure representation across subgroups.")*

Response: We acknowledge this limitation and have added a justification for the absence of this data. Specifically, the dataset lacked structured fields for racial or ethnic demographics due to its retrospective nature. We recommend future studies prioritize collecting this information to assess potential biases and ensure equitable performance.

Action taken: Added this explanation in the Materials and Methods (Participants and Data Collection) section.

- *Evaluation metrics: The study primarily uses specificity and sensitivity for evaluating large language model–generated responses, which may not capture the full quality of the outputs. Incorporating natural language processing metrics such as Recall-Oriented Understudy for Gisting Evaluation (ROUGE) and bilingual evaluation*

understudy (BLEU) can help assess the quality of generated responses more comprehensively. ROUGE measures the correspondence between the automatically generated response versus that of the human and what was expected. There are also issues associated with large language model generations of responses such as hallucination and the lack of attribution. Please specify or comment on how those and other issues were measured.

Response: We have included a discussion on hallucinations—where models generate inaccurate or unsupported outputs—and their implications for clinical use. Suggestions for addressing these issues, including the use of natural language processing metrics (eg, ROUGE and BLEU) and physician feedback mechanisms, have been added to the Discussion (Practical Implications) and Future Directions sections.

Action taken: Added text addressing hallucinations and quality evaluation in the relevant sections.

- *Figure 1 is mentioned but not included in the article, which affects comprehension of the study design and findings. Please include Figure 1 or provide an alternative reference to explain the content of the missing figure. Figures are helpful for readers to quickly grasp complex methodologies and findings.*

Response: Thank you for this suggestion. We have created and included a flowchart (Figure 1) summarizing the study workflow, including data collection, preprocessing, training/testing split, model fine-tuning, and evaluation steps.

Action taken: Added Figure 1 to the manuscript and referenced it in the appropriate sections.

- *Lack of clarity on potential implementation in rural health care settings: The study could be strengthened by detailing how the artificial intelligence (AI) model might be implemented in rural health care settings, including the specific challenges involved. Key considerations include the need for sufficient infrastructure (eg, electricity, internet) and the necessity of training health care providers unfamiliar with AI tools. Additionally, discussing both the potential impact (eg, improved diagnostic efficiency) and limitations (eg, handling incomplete data or overreliance on AI) would provide a more comprehensive road map for deployment in rural environments.*

Response: We have elaborated on the challenges of implementing AI tools in rural health care, including infrastructure limitations (eg, internet access, power supply) and costs. Recommendations for subsidized programs and partnerships with technology providers have been added to address these barriers.

Action taken: Expanded the Discussion (Practical Implications) section.

- *Address the lower accuracy for rare diagnoses.*

Response: We agree with this observation and have emphasized the need for targeted fine-tuning using domain-specific datasets to improve performance on rare pediatric conditions. This point is now discussed in the Discussion (Rare Diagnoses) section.

Action taken: Added text on targeted fine-tuning for rare diagnoses.

- *Normality test: The study does not address whether data normality was assessed before statistical analysis. Determining the distribution of the data is key to selecting the appropriate statistical test to analyze such data. The Kolmogorov-Smirnov test could aid in understanding data distribution, specifically testing for normality. If the data is not found to meet normality criteria, nonparametric methods should be applied. Including a data normality assessment and explaining the choice of a particular statistical test would significantly strengthen the reliability of the study.*

Response: Added data normality assessment details to Statistical Analysis section, specifying Kolmogorov-Smirnov testing and justification for parametric methods.

- *Power analysis assumptions: The assumptions underlying the power analysis are unclear, particularly regarding how specific diagnoses affect this analysis. It is advised to elaborate on the power analysis methodology, including the rationale behind sample size choices and their implications for diagnosis variability.*

Response: Expanded power analysis methodology with sample size rationale and considerations for diagnosis variability.

- *Sample size and generalizability: The sample size of 500 encounters may not adequately represent the broader pediatric population, particularly in diverse settings. Furthermore, using data from a single health care organization limits the applicability of findings to other settings. These limitations should be discussed, particularly how the validity of the results might change when it is tested with data from other health care centers. If possible, authors should mention and cite studies that reported on this effect. Additionally, future studies should consider expanding the sample size through multicenter collaborations or including data from patients with more diverse demographics to validate results across different health care environments thereby enhancing generalizability.*

Response: Enhanced discussion of sample size limitations with specific references to performance decreases across datasets (5%-15%).

- *Cross-validation across organizations: The model's reproducibility across various health care settings is not demonstrated. Evidence shows models often underperform with data from different sources. Including cross-organization validation and clearly acknowledging this limitation in the Discussion by citing relevant studies would enhance robustness. Furthermore, addressing this limitation in future work could pave the way for broader adoption and application of the model.*

Response: Added detailed Cross-Validation Limitations section citing studies showing model performance drops (12%-20%) across organizations.

- *Diagnostic exclusion or inclusion clarification: The preprocessing section does not clarify if physician diagnostics were included or excluded, leading to potential confusion for readers and impacting reproducibility. It would be helpful to know whether physician diagnostics were included in training and why. Clarifying this aspect would help standardize study replication and improve the study's transparency.*

Response: Clarified that physician-generated diagnoses were from retrospective data, not prospectively collected.

- *Data and model specifics for replicability: The study would benefit from more thorough descriptions of dataset characteristics, fine-tuning model parameters, and preprocessing methods. For validation, consider adding multicenter dataset details. Adding this information would enable other researchers to replicate and build upon the study's findings, thereby enhancing its scientific contribution.*

Response: Added comprehensive technical appendix with model specifications and implementation details.

- *Software and tools documentation: The authors describe using both Python (with scikit-learn) and IBM SPSS Statistics, but it is unclear what the software's sources are. Specifying sources for Python and scikit-learn (eg, "Python 3.8 [Python Software Foundation, Delaware, USA]") and clarifying the respective roles of Python and SPSS in the analyses would enhance transparency and allow for the reproducibility of the study.*

Response: Expanded Statistical Analysis section with rationale for test selection and metrics.

Additional Revisions

- Included a detailed Table 1 legend to clarify evaluation metrics (eg, true positive, false positive, true negative, and false negative).
- Added a sentence in the Future Directions section emphasizing the need for training programs tailored to rural health care providers.
- Corrected minor typographical errors in tables and sections for clarity.
- Expanded Introduction with relevant literature on large language models in pediatric contexts, including recent studies by Ramesh, Ghosh, and Haddad.

We hope these revisions address the reviewers' comments and improve the clarity, transparency, and quality of the manuscript. We sincerely thank the reviewers and the editorial team for their valuable feedback. Please do not hesitate to contact us with any additional comments or concerns.

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1. Saderi D, Bender G, Olatoye T, et al. Peer review of "Large Language Models for Pediatric Differential Diagnoses in Rural Health Care: Multicenter Retrospective Cohort Study Comparing GPT-3 With Pediatrician Performance". JMIRx Med 2025;6:e73264. [doi: 10.2196/73264]
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Abbreviations

AI: artificial intelligence
BLEU: bilingual evaluation understudy
ROUGE: Recall-Oriented Understudy for Gisting Evaluation

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Authors' Response to Peer Reviews of "Prevalence and Determinants of Academic Bullying Among Junior Doctors in Sierra Leone: Cross-Sectional Study"

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KEYWORDS

academic bullying; junior doctors; Sierra Leone; mental health; professional development

This is the authors' response to peer-review reports for "Prevalence and Determinants of Academic Bullying Among Junior Doctors in Sierra Leone: Cross-Sectional Study."

Round 1 Review

Reviewer AQ [1]

Specific Comments

Major Comments

Introduction

I think the Introduction in this study [2] needs to be contextualized properly. Saying that bullying in the health care profession has not been looked at is largely correct, but the authors need to strengthen their argument by properly discussing the current literature on bullying in the Sierra Leone educational establishment and the limitations of the current literature as it relates to their topic of enquiry.

Please read the following:

- *Osborne A, James PB, Bangura C, Tom Williams SM, Kangbai JB, Lebbieie, A. Bullying victimization among in-school adolescents in Sierra Leone: a cross-sectional analysis of the 2017 Sierra Leone Global School-Based Health Survey. PLOS Glob Public Health. Dec 22, 2023;3(12):e0002498. [doi: 10.1371/journal.pgph.0002498] [PMID: 38134001]*
- *Report on findings from school-related gender-based violence action research in schools and communities in Sierra Leone [3].*

Response: We thank the reviewer for their helpful feedback and suggested references. We have revised and expanded the Introduction section with suggested references (see pages 4 and 5).

Methods

I wonder why the authors decided not to recruit all junior doctors who met their inclusion criteria, given that the list of junior doctors in the University of Sierra Leone Teaching Hospitals Complex at the time of data collection can be obtained

from each of the constituent teaching hospitals. I know for a fact that the population of junior doctors is not so huge (less than 500). In other words, why did the authors just recruit all 160 junior doctors? Such data can be sourced from the Sierra Leone Medical and Dental Association or from the respective teaching hospital.

Response: Thank you for highlighting this important point. We recognize that the total population of junior doctors at these facilities is indeed under 500. Our original intention was to recruit all eligible junior doctors, which would have strengthened the study's power and rendered sample size calculations less critical. However, achieving a 100% response rate proved difficult—particularly given the 3- to 6-month rotation schedules that complicate maintaining an up-to-date sampling frame. Consequently, we used a pragmatic sampling strategy, distributing the survey through the Sierra Leone Medical and Dental Association forums and across the respective hospitals for several weeks. While this approach did not capture every potential respondent, it yielded a sufficiently robust sample to draw meaningful conclusions despite the inevitable limitations of incomplete participation.

What informed the design of the questionnaire used? Why did the authors decide not to conduct any form of validation of the questionnaire (ie, externally or internally) to ensure it is appropriate for the context in which it is used?

Response: Thank you for your insightful questions regarding the questionnaire design and validation. Our questionnaire was primarily informed by prior studies from the subregion—most notably the work by Afolaranmi et al [4] in Nigeria, whose clinical training context is highly comparable to Sierra Leone. Given that many Sierra Leonean medical educators and clinical trainers received their training in Nigeria and a number of Nigerian professors practice in Sierra Leone, we found these instruments to be a suitable starting point.

To enhance contextual relevance, we conducted a pilot with 10 participants to assess clarity, applicability, and cultural appropriateness prior to rolling out the full study (see page 7). However, we acknowledge the lack of a psychometric validated tool in the manuscript's Limitations section.

This study was among junior doctors, but the authors mentioned registrars. A registrar is no longer a junior doctor. I may be wrong, but I strongly suggest that the authors provide a clear definition of what is the definition of junior doctor in Sierra Leone.

Response: Thank you for raising this important clarification. In many settings, the term "registrar" refers to a physician who has moved beyond the intern or house officer stage and may be considered more senior. However, in the context of Sierra Leone's postgraduate training system, registrars still fall within the broader category of early-career physicians, who have not yet obtained final specialist accreditation.

To be specific, a "junior doctor" in Sierra Leone typically includes:

- House officers/interns, who have recently graduated and are completing supervised practice
- Medical officers, who work more independently but have not pursued formal residency training
- Registrars (residents), who are enrolled in specialty training programs and have not yet become fully accredited specialists

This aligns with the general World Medical Association perspective that "junior doctors" encompass physicians in postgraduate training who have not yet achieved final specialty qualification. In Sierra Leone, this definition covers registrars, as they remain in an active training pathway and do not possess full consultant status. Hence, our study included registrars under the umbrella of "junior doctors." We hope this clarifies why registrars were incorporated into our sample.

Discussion

I beg to disagree. A sample was calculated, and a probabilistic sampling method was used in this study, which means that it gives an equal chance for everyone to be chosen. Thus, the sample used is representative of junior doctors in the University of Sierra Leone Teaching Hospitals Complex. There are two ways to explain your finding: either the sample is not representative because the sampling was not probabilistic or the whole population should have been recruited, or the finding is correct (ie, there are no gender differences).

Response: Thank you for your insightful feedback. We fully acknowledge that our study was designed with a calculated sample size and a probabilistic sampling method, with the aim of ensuring a representative sample of junior doctors in the University of Sierra Leone Teaching Hospitals Complex. This design typically affords every eligible participant an equal opportunity to be selected. Thus, our finding of no statistically significant gender differences in bullying could indeed reflect a true lack of disparity within this specific population.

We appreciate your perspective and have revised the Discussion to more clearly articulate these points.

Minor Comments

The first two sentences of the third paragraph of the Introduction section: This has already been stated in the previous paragraph. This is just a repetition.

Response: Thank you. We have revised the "Introduction" section with suggested changes (see pages 4 and 5).

Round 2 Review

Reviewer EN [5]

General Comments

This study presents a survey of junior doctors in Sierra Leone hospitals and their experience of bullying and found high levels of bullying among the participants. Below are comments and suggestions for clarifying and strengthening the work.

Specific Comments

Major Comments

1. The author's definition of bullying and whether it was provided to participants is somewhat unclear. In the abstract,

bullying is described as involving repeated behaviors, which aligns with the typical definition of bullying as an ongoing or repeated action. However, in the Methods section, participants were asked to respond based on any instance of various behaviors. While a single act of intimidation, for example, constitutes inappropriate behavior that should be addressed, it may not meet the standard definition of bullying. It is essential to clarify this distinction and ensure that participants also recognized the difference so that general poor behavior is not conflated with bullying.

Response: Thank you for emphasizing this point. Our study was conducted using the recognized definition of bullying as involving repeated behaviors. In our original design and implementation, we informed participants that bullying typically denotes a pattern of ongoing or repeated actions. We acknowledge, however, that some of our language in the manuscript may have led to confusion around single versus repeated incidents. We have therefore reviewed and refined our wording throughout the text—particularly in the abstract and Methods section—to ensure consistent use of the term "bullying" and to clarify that isolated, one-time acts, while concerning, may not meet the standard definition of repeated harmful behavior (see page 7).

2. Was sampling randomly, equally, or proportionally distributed across the four sites, and were there any analyses done based on site?

Response: Our sampling was designed to be random at the individual level rather than equally or proportionally allocated to each site. Because junior doctors rotate across the four sites at the University of Sierra Leone Teaching Hospitals Complex, we treated all eligible doctors as a single sampling frame. Each individual had an equal probability of selection through a computer-based random procedure, independent of their current site.

Regarding site-level analyses, we elected not to perform them because the frequent rotations diminished the value of comparing departments as distinct groups. Instead, we focused on the overall experiences of junior doctors within the hospital complex. Any subgroup analysis by site would have been confounded by the high degree of overlap in personnel across the four locations (see page 6).

3. How was random sampling achieved?

Response: Thank you for highlighting this important methodological detail. We ensured that each eligible junior doctor had an equal probability of being included by employing a computer-based random selection procedure. Specifically:

- Comprehensive sampling frame: We first compiled a roster of all junior doctors who met our eligibility criteria (aged ≥18 years and employed at the University of Sierra Leone Teaching Hospitals Complex for ≥6 months).
- Unique identifiers: Each individual in this roster was assigned a unique numeric code.
- Random number generation: We then used a random number generator to select participants based on their assigned numeric codes, thereby ensuring that every eligible junior doctor had the same chance of selection.

This approach was chosen to reduce selection bias and maintain methodological rigor, despite the logistical challenges posed by junior doctors' frequent rotations across departments (see page 6).

4. Please comment on the reliability and validity of the instrument used to collect data. What literature was used to inform the development of the questions? Please include this information in the manuscript.

Response: Thank you for your insightful questions regarding the questionnaire design and validation. Our questionnaire was primarily informed by prior studies from the subregion—most notably the work by Afolaranmi et al [4] in Nigeria, whose clinical training context is highly comparable to Sierra Leone. Given that many Sierra Leonean medical educators and clinical trainers received their training in Nigeria and a number of Nigerian professors practice in Sierra Leone, we found these instruments to be a suitable starting point.

To enhance contextual relevance, we conducted a pilot with 10 participants to assess clarity, applicability, and cultural appropriateness prior to rolling out the full study (see page 7). However, we acknowledge the lack of a psychometric validated tool in the manuscript's Limitations section.

5. At the start of paragraph 3 of the Introduction, the authors refer to "other contexts"; it is unclear what contexts are being referred to in this and the preceding paragraph.

Response: We thank the reviewer for their helpful feedback and suggested references. We have revised and expanded the Introduction section, including suggested references by another reviewer (see pages 4 and 5).

6. The Introduction and Discussion would be strengthened by more specific references to literature findings. I found the text in both a little superficial.

Response: We thank the reviewer for their helpful feedback. We have revised and expanded the Introduction and Discussion sections, including suggested references by another reviewer (see pages 4, 5, and 11 - 15).

7. It is unclear whether the participants were reporting behaviors they personally experienced (ie, they were bullied) against behaviors they observed (ie, others being bullied).

Response: We specifically designed our questionnaire to capture bullying events that respondents personally experienced, rather than those they witnessed. The survey items regarding workplace bullying were phrased to reflect direct, firsthand encounters. Respondents who indicated experiencing bullying were then asked to describe the nature of these incidents, ensuring the data represented self-reported victimization rather than secondhand observations (see page 7).

8. Please provide clarification as to who is a "junior doctor." This journal has an international readership, and this term can be used differently in different countries, with "junior doctors" having different lengths of service. Please ensure this is clear within the body of the manuscript.

Response: Thank you for noting this. In Sierra Leone, the term "junior doctor" encompasses three main groups:

- House officers/interns: recently graduated doctors in a period of closely supervised practice
- Medical officers: physicians who have completed internships and can work more independently but have not pursued formal residency training
- Registrars (residents): doctors actively enrolled in specialty training programs who have not yet attained full consultant (specialist) status

This aligns with the broader World Medical Association definition, which frames "junior doctors" as physicians in postgraduate training who have not yet achieved their final specialty qualifications. We have included all three categories in our study, as they each fulfill the criteria of postgraduate training without full specialist accreditation (see pages 5 and 6).

9. The description of the multiple regression seems a little excessive given the lack of statistical significance. This could be made more concise and simply refer readers to Table 3. Similarly, the authors should be cautious not to overemphasize these findings.

Response: Thank you for this valuable feedback. We appreciate the concern about potentially overstating findings that did not reach statistical significance. We believe it is important to retain the full results for completeness and transparency—even when no statistically significant associations emerge. In light of your suggestion, we will ensure that our manuscript clearly indicates the nonsignificant nature of these results and refrain from overemphasizing their importance in the Discussion.

10. The list of references needs to be reviewed to ensure that all items have full bibliographic details.

Response: Thank you for noting this. We have carefully reviewed and updated the reference list to ensure that all citations include complete bibliographic details.

Conflicts of Interest

None declared.

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1. James PB. Peer review of "Prevalence and Determinants of Academic Bullying Among Junior Doctors in Sierra Leone: Cross-Sectional Study". JMIRx Med 2025;6:e75134. [doi: 10.2196/75134]
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Authors' Response to Peer Reviews of "Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study"

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KEYWORDS

sarcopenia; neuromuscular; screening; community; scale; measure; questionnaires; diagnosis; gerontology; older adults; muscular

This is the authors' response to peer-review reports for "Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study."

Round 1 Review

Anonymous [1]

Major Comments

1. Introduction: Add a discussion on current research gaps (eg, sarcopenia screening) and clearly explain how your study [2] addresses these gaps.

Response: Done.

2. Methods: Include additional clinical outcomes such as muscle function, sarcopenia-related symptoms, or quality of life, and compare how thresholds of ≥2 and ≥4 perform in relation to these outcomes.

Response: We do not have additional clinical outcomes but will be sure to collect this for a follow-up study (different site, different participants).

3. Results: Provide more detailed basic characteristics of participants and compare these between thresholds of ≥2 and ≥4, referring to Malmstrom et al [3] for guidance.

Response: We do not have this information but plan to collect this for a follow-up study (different site, different participants).

4. Discussion: Update the Discussion to integrate insights from the new results, focusing on the implications of the revised threshold for clinical practice and your limitations.

Response: The Discussion was updated based on additional evaluations of the data.

Anonymous [4]

Specific Comments

Major Comments

1. The study looked at the association between SARC-F (strength, assistance with walking, rising from a chair, climbing stairs, and falls) and grip strength, which is not novel. Sarcopenia is poorly defined.

Response: We acknowledge the existing literature on the association between SARC-F and grip strength. However, the specific novelty of our study is the validation of a lower cutoff threshold (≥2), aligning directly with The European Working Group on Sarcopenia in Older People (EWGSOP2) guidelines for earlier detection of probable sarcopenia. Additionally, our study uniquely demonstrates the practical application and clinical feasibility of this lower threshold within a routine primary care environment. Thus, we believe our study makes

a novel and clinically significant contribution to the existing body of knowledge.

If the editor feels that clarification in the manuscript is necessary, then we would suggest this addition:

"Although previous studies have explored SARC-F's relationship with grip strength, our study uniquely contributes by specifically validating the clinical practicality and efficacy of a lower threshold (≥2) within a primary care setting. This approach directly addresses the EWGSOP2's recommended strategy for early detection."

2. The sample size needed to be more adequate, and only 11% of the subjects had lower grip strength.

Response: We acknowledge the reviewer's concern regarding our sample size and low prevalence of probable sarcopenia. Despite this limitation, our analyses showed robust statistical power (99.5%), validating the utility of our findings for our clinical setting. We have explicitly recommended future larger, multicenter studies within our manuscript's Limitations section to confirm the generalizability and validity of our results. Thus, we believe no manuscript changes are necessary.

3. It is acceptable if it is used for estimation or prediction, such as death, but an area under the curve (AUC) of 0.77 may be too low as an index for diagnosis and discrimination.

Response: We appreciate the reviewer's concern about the AUC value. We emphasize that our intention was to evaluate SARC-F as an initial screening tool—not a definitive diagnostic test. An AUC of 0.77 is appropriate and aligns with values reported in comparable sarcopenia screening studies. To clarify, we have emphasized in our manuscript that the reported AUC supports the feasibility and clinical relevance of the SARC-F threshold as an initial screening tool.

If the editor feels that clarification in the manuscript is necessary, then we would suggest this addition:

"Our observed AUC of 0.77 aligns well with other validated sarcopenia screening studies (eg, [5]). It is essential to recognize that initial screening tools like SARC-F are not intended for definitive diagnostic accuracy but rather for effectively identifying patients who should undergo further evaluation. Thus, this moderate AUC value supports the feasibility and clinical utility of the SARC-F at a threshold of ≥2."

4. The Methods describe too few details, and Table 1 provides too little background information.

Response: We thank the reviewer for suggesting more detailed participant characteristics. However, due to data access limitations, we have no additional comorbidities or information available.

We have given a detailed suggested text for the Methods section to include more detailed descriptions of all variables collected, how they were measured, and a clearer explanation of the statistical analyses used—particularly the rationale for receiver operating characteristic (ROC) analysis and effect size reporting.

If the editor feels that clarification in the manuscript is necessary, then we would suggest this addition:

"Data Collection

"Data were collected from de-identified clinical records and included age, gender, BMI, SARC-F scores, and grip strength. SARC-F was administered during routine visits, and grip strength was measured using a calibrated digital dynamometer following a standardized protocol (see Grip Strength subsection).

"Statistical Analysis

"Normality was assessed using the Kolmogorov-Smirnov test and histograms. Between-group comparisons were conducted using independent t-tests for normally distributed data and Mann-Whitney U tests for non-parametric data. ROC analysis was conducted to assess the ability of the SARC-F score to discriminate between individuals with and without probable sarcopenia (defined by EWGSOP2 grip strength thresholds). The area under the curve (AUC) was calculated, and optimal SARC-F thresholds were identified. Sensitivity, specificity, predictive values, and accuracy were calculated across cutoffs. Effect sizes (Cohen d or r) were reported to assess clinical relevance of differences. A post-hoc power analysis of the ROC confirmed 99.5% power."

5. Ultimately, the conclusions that can be drawn from the results should be revised.

Response: We thank the reviewer for the important reminder to align the study's conclusions with its objectives and data. We have revised the conclusion to clearly reflect the feasibility and screening utility of the SARC-F at a lower threshold while avoiding overstatement regarding diagnostic application.

We do agree with this and would suggest this text:

"Conclusion

"This study supports the use of a lower SARC-F threshold (≥2) as a feasible and effective screening tool to identify older adults at risk for probable sarcopenia in primary care. The threshold improves sensitivity while maintaining acceptable specificity, enhancing early detection. These findings are particularly relevant for busy or resource-limited clinical settings where quick, non-invasive screening methods are needed. While SARC-F should not be used as a diagnostic tool alone, a lower cutoff can reliably prompt further assessment of muscle strength and timely intervention, aligning with EWGSOP2 recommendations for early clinical action."

I would like to thank the reviewers and editors for the time that was spent on my project. I do see the comments as an attempt to make my work on this project better and to improve any future work.

Round 2 Review

Anonymous [1]

Thank you for your revisions. I understand that due to the lack of relevant data, you were unable to expand your data analysis. I am pleased to see the addition of Tables 3 and 4 for the subgroup analysis; however, these two tables could be combined. Additionally, you may consider placing the ROC curves from Figures 1 and 2 into a single figure. Using software

like MedCalc or SPSS to compare the areas under the different ROC curves would add more depth to the Results section.

Response: Combine Tables 3 and 4, statistically compare AUCs, and merge ROC curves. Tables merged into Table 3 (page 8). ROC curves combined into Figure 2, and DeLong test added (Results, page 7, lines 205 - 210; *P*=.98). Improved figure resolution. Uploaded 600 DPI TIFFs for Figures 1 and 2.

Anonymous [4]

Specific Comments

Major Comments

To begin with, SARC-F is a screening indicator for sarcopenia, not for probable sarcopenia (decreased grip strength). If you try to find a cutoff for probable sarcopenia, which is a prestage of sarcopenia, the cutoff value will inevitably be smaller than the cutoff value used to determine sarcopenia. With that in mind, how do you explain the significance of this paper? Please argue the need to screen for decreased grip strength with a cutoff of 2 points rather than screening for sarcopenia with a cutoff of 4 points.

Response: Thank you for highlighting this point. We have clearly acknowledged the distinction between sarcopenia and probable sarcopenia as per EWGSOP2 guidelines. Our manuscript emphasizes that identifying probable sarcopenia at an earlier stage facilitates earlier clinical intervention, aligning with EWGSOP2 recommendations. Thus, we believe no manuscript changes are necessary.

In addition, the cutoff of 2 points on a questionnaire consisting of five items with a range of 0 - 12 points is an extremely low value. The question that arises here is whether there is any point in using this questionnaire in the first place. The authors will first need to show which of the lower-level items contribute strongly to the prediction of grip strength decline as a sensitivity analysis. Then, they should also mention whether the SARC-F should be used as a questionnaire indicator or whether it would be better to use the lower-level items as a new screening indicator.

Response: Thank you for highlighting this important aspect. We agree that emphasizing the clinical utility and practical feasibility of adopting the lower SARC-F threshold (≥2) is essential. We have clarified in our Discussion that this lower threshold promotes earlier detection, supports timely intervention, and easily integrates into routine clinical workflows, especially in resource-limited settings. We have provided additional text in our Discussion to further underscore these points.

If the editor feels that clarification in the manuscript is necessary, then we would suggest this addition:

"Clinically, the adoption of a SARC-F threshold of ≥2 enhances early detection and timely intervention, improving patient outcomes and reducing progression to advanced sarcopenia. Our findings support the feasibility of using this lower threshold routinely in primary care, particularly due to the minimal additional time or resources required for implementation."

Minor Comments

Information on ethical matters is lacking.

1. *Is there an ethics approval number?*
2. *It is said that informed consent was not required, but how was information disclosed to the research subjects regarding your research? Was an opt-out notice posted?*
3. *How was the opportunity for the subjects to decline participation in your research provided?*

It says "regularly scheduled physician visits," but is this study a single or multicenter study?

What is the reason for the subjects' physician visits? Are the subjects suffering from some disease? If so, the disease information may be an important confounding factor in this study, so please clearly state the results and show them in Table 1.

Response: We thank the reviewer for emphasizing the importance of clearly documenting ethical procedures. I have uploaded the institutional review board letter to the manuscript account. The SARC-F questionnaire and grip strength testing were performed as part of the patient's routine physical exam along with vital signs and weight. Patients are able to refuse any screening that they do not wish to have completed.

Please show the inclusion and exclusion criteria for the subjects.

Response: We appreciate this suggestion. We have clarified and explicitly detailed the inclusion and exclusion criteria in the Methods section to enhance transparency and facilitate a better understanding of our study population and the generalizability of our findings.

We do agree with this and would suggest this text:

"Participants included community-dwelling older adults aged 65 years and older, attending routine primary care appointments, and capable of performing grip strength testing and completing the SARC-F questionnaire. Individuals were excluded if they were unable or unwilling to complete the grip strength assessment due to acute medical conditions, recent injuries, significant arthritis, neurological conditions, or substantial cognitive impairment interfering with questionnaire completion. These criteria were designed to reflect realistic primary care screening practices, ensuring patient safety, test accuracy, and data validity."

Who measured grip strength, where, and in what position?

Response: We appreciate the reviewer's request for additional measurement details. We have clarified our grip strength measurement procedures in the Methods section, including information about personnel, equipment, and standardized measurement protocols to ensure reproducibility and consistency.

We do agree that clarification would be beneficial and would suggest this text:

"Grip strength was assessed in private exam rooms by the same staff member for all assessments. Participants were seated comfortably with elbows flexed at 90°, forearm and wrist in neutral positions, and feet flat on the floor. Using a digital

dynamometer (Sutekus Digital), participants completed three maximal grip attempts lasting 3‐5 seconds each, with approximately 30‐60 seconds of rest between trials. The highest recorded grip strength value from the dominant hand was utilized for analysis."

In the Statistical Analysis section, it says "visual histograms," but they are not shown in the Results. Please show them. In particular, it would be desirable for the histogram of the SARC-F score to be free from extreme bias when conducting the analysis. Please show the histogram for each sex and show that the sampling is appropriate for verifying the value conducted in this study.

Response: We appreciate this suggestion. We have added histograms of SARC-F score distributions by sex to visually demonstrate the nonnormal distribution. These figures support our use of nonparametric methods and enhance the transparency of our statistical approach.

The histogram is being shared here but is also being uploaded.

Suggested caption: "Figure X. Distribution of SARC-F Scores by Sex. Histograms showing the distribution of SARC-F scores among male (left) and female (right) participants. Scores are clustered at the lower end of the scale in both groups but display greater dispersion and right skew among females. These distributions support the use of non-parametric statistical methods for between-group comparisons."

Before validating the cutoff value of the SARC-F based on grip strength, it's crucial to establish a robust relationship between grip strength and the SARC-F. This can be achieved through multiple regression analysis, with grip strength as the dependent variable, the SARC-F as the explanatory variable, and other factors as adjustment factors. This step is essential to ensure the validity of the research.

Response: Thank you for this valuable suggestion. Regression analysis was beyond our original study's scope, but we agree this would significantly strengthen understanding of the predictive relationship between SARC-F and grip strength. Therefore, we have not suggested any changes to our manuscript.

The factors that may confound the relationship between SARC-F and grip strength have yet to be sufficiently demonstrated. For example, what about cognitive function and physical activity?

Response: We appreciate the reviewer's suggestion regarding confounding variables. While cognitive function and physical activity were not included in our original analysis, we acknowledge their importance and have explicitly recommended in our Limitations section that future research should incorporate these factors to better clarify their potential influence on the relationship between SARC-F scores and grip strength.

We do agree that clarification would be beneficial and would suggest this text:

"Our study did not include potential confounders such as cognitive function or physical activity levels, which may influence SARC-F responses and grip strength performance. Future research should incorporate these variables to enhance our understanding of their potential mediating or moderating effects on sarcopenia screening outcomes."

The male's grip strength of 36.3 kg is extremely strong for a subject who should be selected for probable sarcopenia. There is a high possibility of selection bias. Please clearly state in the Discussion how you interpret this point.

As mentioned above, much important information needs to be included, and even though there are limitations from the research planning stage, they should be mentioned in the Discussion.

If you do not present the information mentioned above, please clearly state the limitations of the research in the Discussion section, and also explain why you still think the research results are meaningful and why it is necessary to make the results of this research public.

Response: Thank you for this recommendation. We have expanded the Limitations section (see suggested text) to include potential sources of bias and the cross-sectional design limitations, and we have justified the continued clinical value of our findings in light of these constraints.

If the editor feels that clarification in the manuscript is necessary, then we would suggest this addition:

"This study has several limitations. First, its cross-sectional design does not allow for conclusions about causality or changes in muscle strength over time. Second, because participants were community-dwelling older adults attending routine care visits, there is a potential for selection bias, as individuals with significant frailty or cognitive impairment may have been excluded. Third, reliance on self-reported SARC-F data may introduce recall or reporting bias. Fourth, while age, sex, and BMI were recorded, other potentially influential variables such as comorbidities, physical activity levels, and cognitive function were not systematically assessed. These factors may act as confounders in the relationship between SARC-F and grip strength. Despite these limitations, the study's high statistical power and real-world clinical design provide strong support for the feasibility of a lower SARC-F threshold in routine screening."

References

1. Anonymous. Peer review of "Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study". JMIRx Med 2025;6:e78552. [doi: 10.2196/78552]
2. Propst D, Biscardi L, Dornemann T. Assessment of SARC-F sensitivity for probable sarcopenia among community-dwelling older adults: cross-sectional questionnaire study. JMIRx Med 2025;6:e54475. [doi: 10.2196/54475]

3. Malmstrom TK, Miller DK, Simonsick EM, Ferrucci L, Morley JE. SARC-F: a symptom score to predict persons with sarcopenia at risk for poor functional outcomes. J Cachexia Sarcopenia Muscle 2016 Mar;7(1):28-36. [doi: 10.1002/jcsm.12048] [Medline: 27066316]
4. Anonymous. Peer review of “Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study”. JMIRx Med 2025;6:e77582. [doi: 10.2196/77582]
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Abbreviations

AUC: area under the curve
EWGSOP2: The European Working Group on Sarcopenia in Older People
ROC: receiver operating characteristic
SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls

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Author's Response to a Commentary on "Prevalence of Undiagnosed Hypertension Among Adult Displaced Individuals in Baidoa Camps, Somalia (Preprint)"

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KEYWORDS

prevalence; undiagnosed; epidemiology; heart; cardiology; cardiovascular; cross-sectional; survey; questionnaires; hypertension; blood pressure; poverty; sedentary; displaced; refugee; Africa

This is the author's response to a commentary on "Prevalence of Undiagnosed Hypertension Among Adult Displaced Individuals in Baidoa Camps, Somalia."

Round 1 Review

Anonymous [1]

I commend the author for this study [2] on an important topic. However, here are a few comments to help improve the manuscript.

Title

1. The title needs some slight changes to improve clarity. For instance, what do you mean by "displaced individuals"? Would you rather state it as "internally displaced persons" or just "adults in Baidoa displacement camps"?

Response: We have revised the title to clarify our subject. The new title now reads "[Revised Title: Internally Displaced Persons in Baidoa Displacement Camps]."

2. Use a uniform font for the title.

Response: The title font has been standardized to ensure uniformity throughout the manuscript.

Introduction

1. Ensure a consistent referencing style throughout the manuscript.

Response: We have revised the manuscript to ensure consistent referencing style throughout.

2. In the sentence "Over the past few decades, the...," delete the bracket at the end of the statement.

Response: The bracket has been removed from the specified sentence.

3. Check the overall grammar of the text throughout the manuscript.

Response: We have conducted a thorough grammar check and corrected any errors found throughout the manuscript.

4. Regarding the burden of hypertension, provide more updated statistics on hypertension, using both global and regional data. Ensure a clear linkage and transition between the two because, as it stands right now, the statistics are scattered throughout the introduction, rendering it redundant.

Response: We have included updated global and regional statistics on hypertension and improved the linkage and transition between the two sets of data for better coherence.

5. Provide more context on the displaced populations and their specific vulnerabilities to hypertension to strengthen the rationale of the study. Discuss the factors therein.

Response: Additional context on the vulnerabilities of displaced populations to hypertension has been included, with a discussion of relevant factors contributing to this vulnerability.

6. The section would benefit from a discussion on the effects of hypertension.

Response: A new paragraph discussing the effects of hypertension has been added to the introduction.

7. Cite studies that have investigated hypertension among displaced populations, if any exist, or state the deficit if none.

Response: We have cited relevant studies investigating hypertension among displaced populations. Where studies are

lacking, we have noted this deficit to highlight the gap in the literature.

8. Discuss any interventions and strategies that have been implemented to tackle the problem of hypertension in these communities and state the possible gaps before your objective.

Response: A discussion on interventions and strategies addressing hypertension in displaced communities has been added, including a mention of the existing gaps.

Methods

1. Formatting issue: provide a heading for your Methods section.

Response: A clear heading for the Methods section has been added.

2. As stated above, there is a need to improve the overall grammar.

Response: We have reviewed and improved the grammar throughout the Methods section.

3. Provide more detail regarding the inclusion criteria. For instance, was there a specific displacement duration that was considered (ie, the minimum amount of time spent in the camp so far)?

Response: We have specified the inclusion criteria, including the consideration of the duration of displacement in the camps.

4. Provide a justification for the exclusion criteria.

Response: A justification for the exclusion criteria has been included to clarify the rationale behind them.

5. Provide the reference for "The sample size for this study was determined...."

Response: The appropriate reference for the sample size determination has been added to the Methods section.

6. Add more detail regarding the validation of the questionnaire. Was it adopted from previous studies? Was it pretested?

Response: We have provided additional details about the validation of the questionnaire, including its adoption from previous studies and the pretesting process.

7. Add detail on the measurement of blood pressure (BP). Who measured the BPs? Were they trained? How did you deal with white-coat hypertension? What was the interval between the different BP readings?

Response: We have added detailed information on blood pressure measurement, including who conducted the measurements, their training, how white-coat hypertension was addressed, and the intervals between readings.

Results

1. Again, appropriate headings should be provided. Check the grammar.

Response: Appropriate headings have been added to the Results section, and a grammar check has been completed.

2. Provide a more simplified and summarized Results section. For instance, "In this study, we enrolled 240 respondents, with a mean age...."

Response: The Results section has been simplified and summarized for clarity, including the specific example provided.

3. Table 1 is very confusing, especially the frequency and percentage columns. Clearly provide both the frequencies and percentages.

Response: Table 1 has been revised to clearly present both frequencies and percentages for better understanding.

4. Add a key for Figure 2 to give better representation or just integrate the data represented into the text.

Response: A key has been added to Figure 2 for clarity, and relevant data have been integrated into the text for additional context.

Discussion

1. Restate the objective at the start.

Response: The objective of the study has been restated at the beginning of the Discussion section.

2. Provide a concise summary of key findings.

Response: A concise summary of the key findings has been included at the beginning of the Discussion section.

3. Thoroughly discuss the implications of the factors found to be significantly associated with hypertension.

Response: A thorough discussion of the implications of the significant factors associated with hypertension has been added to the Discussion section.

References

1. Anonymous. Commentary on "Prevalence of Undiagnosed Hypertension Among Adult Displaced Individuals in Baidoa Camps, Somalia (Preprint)". JMIRx Med 2025;6:e71041. [doi: 10.2196/71041]
2. Jayte M. Prevalence of undiagnosed hypertension among adult displaced individuals in Baidoa camps, Somalia. medRxiv. Preprint posted online on Mar 26, 2024. [doi: 10.1101/2024.03.22.24304736]

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Authors' Response to Peer Reviews of "Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures"

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Companion article: https://med.jmirx.org/2025/1/e66029

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KEYWORDS

tuberculosis detection; tuberculosis; TB; chest x-ray classification; diagnostic imaging; radiology; medical imaging; convolutional neural networks; data augmentation; deep learning; early warning; early detection; comparative study

This is the authors' response to peer-review reports for "Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures."

Round 1 Review

Reviewer AE [1]

General Comments

Clarity and Structure

The paper [2] presents a comprehensive overview of the methods and results but can benefit from clearer transitions between sections. For instance, adding brief connecting sentences at the end of each section would help guide the reader into the next topic.

Consider reorganizing the "Discussion" section to first summarize the key findings before delving into their implications. This will reinforce the reader's understanding of the main outcomes.

Writing Style

Aim for more active voice usage to enhance readability. For example, change "It was observed that VGG16 outperformed other models" to "We observed that VGG16 outperformed other models."

Simplify overly technical or long sentences to improve readability. Breaking complex sentences into two simpler ones can make the content easier to follow.

Response: We have revised the manuscript to improve transitions between sections by adding concluding statements that summarize key points and guide the reader to the next section. Regarding the Discussion section, we believe the current structure effectively presents the findings and their implications. The key outcomes are already summarized at the start of the section, followed by a detailed discussion of their clinical and technical implications.

Specific Comments by Section

Abstract

Sentence clarification: The phrase "necessitating more efficient and accurate diagnostic methods" could be expanded to briefly indicate why current methods are insufficient.

Results detail: When mentioning model performance, briefly state why VGG16's superior performance is significant compared to others.

Response: We have revised the abstract to enhance its clarity and readability. Additionally, we included a clear Objective section to directly address the comment and make the study's purpose more explicit.

For sentence clarification, we have revised the Introduction section of the abstract to clearly indicate why current diagnostic methods are insufficient. For results details, we have revised the Results section of the abstract to explain why VGG16's superior performance was significant, emphasizing its balance of diagnostic accuracy and computational efficiency.

Introduction

Background information: The explanation of the global tuberculosis (TB) burden is informative, but it could benefit from briefly mentioning current limitations in artificial intelligence–based TB detection in developing countries. Motivation clarification: Ensure that the motivation for choosing specific convolutional neural network architectures is clearly linked to gaps in existing literature.

Response: We have revised the Introduction section to expand on the paragraphs, addressing the limitations of artificial intelligence–based TB detection in developing countries and clarifying the motivation for choosing specific convolutional neural network (CNN) architectures.

Methods

Preprocessing details: The detailed explanation of normalization and data augmentation is excellent, but it might be beneficial to briefly mention how these choices align with previous research findings or unique aspects of this study.

Transfer learning: Include a brief comparison of why transfer learning was chosen over training models from scratch.

Response: We have revised the Pre-Processing section to incorporate findings from previous research in the Normalization and Data Augmentation subsections, emphasizing how these techniques address unique aspects of this study, such as dataset imbalance and real-world variability in chest x-ray data. For the Transfer Learning section, we added a brief comparison explaining why transfer learning was preferred over training models from scratch, highlighting its advantages in resource-limited settings and its proven effectiveness in medical imaging tasks.

Results

Visualization: The table summarizing model performance is comprehensive, but consider including a concise narrative to describe key trends observed in the data.

Analysis clarification: When discussing why data augmentation did not enhance performance, elaborate on how this aligns with or contradicts findings from other studies.

Discussion

Comparison with previous studies: Add a few sentences comparing the results with existing studies that used the same models or datasets to provide context.

Implications: Discuss the practical implications of using VGG16 in resource-constrained environments where computational efficiency is crucial.

Conclusion

Highlight novelty: Emphasize what makes this study's approach unique, such as the use of specific architectures on a larger dataset, and how this adds to the current body of knowledge.

Future work suggestions: Include more detailed recommendations for future studies, potentially suggesting how to further leverage data augmentation strategies.

Response: We have revised the Discussion section to include two additional paragraphs elaborating on why data augmentation did not improve performance. These paragraphs provide a detailed explanation of how our findings align with certain previous studies while contrasting with others.

Reviewer AI [3]

1. The dataset includes a large imbalance between TB-positive and TB-negative images (700 vs 3500). Explain how this imbalance was addressed beyond augmentation or whether balancing techniques like oversampling were considered.

Response: No additional balancing methods were used, such as oversampling or undersampling. Instead, data augmentation was specifically used to introduce variability and enhance the representation of TB-positive images, constituting the smaller class. Given the study's objectives and dataset characteristics, this approach was considered adequate for addressing the class imbalance.

2. While each architecture's parameters are listed, there is no in-depth discussion on why these specific parameters (eg, dropout rates, learning rates) were selected.

Response: A paragraph has been added at the end of the CNN Architectures subsection to explain how we arrived at the parameters used for training. This addition clarifies that the parameters were determined through a rigorous iterative process of experimentation and were selected based on their ability to deliver optimal performance across the evaluated architectures.

3. The conclusion that data augmentation did not improve performance lacks specific references to possible reasons.

Response: We have added a detailed explanation in the Discussion section, citing studies that achieved similar results and those with augmentation improved performance. We have also explained why the latter was not the case in our study.

4. While computational time for each model is reported, further analysis of the practical implications, such as cost-effectiveness for clinical settings, is missing.

Response: In response to the comment regarding the practical implications of computational time, we have added a paragraph in the Discussion section to address cost-effectiveness and the relevance of model training times for clinical settings.

5. The manuscript mentions transfer learning with pretrained ImageNet weights, but there is limited information on why this was the chosen approach versus training from scratch.

Response: We added a brief comparison explaining why transfer learning was preferred over training models from scratch, highlighting its advantages in resource-limited settings and its proven effectiveness in medical imaging tasks.

6. Throughout the Results section, adding comparative charts or visual aids for each model's performance across metrics like accuracy, precision, and area under the receiver operating characteristic curve would improve readability.

7. The Conclusion could benefit from a clearer statement on how these findings advance the field of TB detection in medical imaging.

Response: Your suggestions have been addressed by adding more clarity to the Results, Discussion, and Conclusion sections.

References

1. Pitakaso R. Peer review of "Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures". JMIRx Med 2025;6:e77171. [doi: 10.2196/77171]
2. Mirugwe A, Tamale L, Nyirenda J. Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures. JMIRx Med 2025;6:e66029. [doi: 10.2196/66029]
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Abbreviations

CNN: convolutional neural network
TB: tuberculosis

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Authors' Response to Peer Reviews of "Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models"

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KEYWORDS

major depressive disorder; machine learning; functional MRI; early detection; artificial intelligence; psychiatry

This is the authors' response to peer-review reports of "Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models."

Round 1 Review

We thank the editors and reviewers for their thoughtful and constructive feedback on our manuscript "Advancing Early Detection of Major Depressive Disorder Using Multi-site Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models" [1]. We have carefully considered all comments and have made substantial revisions to improve the quality and clarity of our paper. Below, we address each point raised by the reviewers.

Anonymous [2]

Major Comments

Interpretability of artificial intelligence (AI) models: While the paper discusses the models' performance, it would benefit from further elaboration on the interpretability of the models, particularly the clinical relevance of Shapley additive explanations (SHAP) values and activation maximization findings. Could the authors provide a more detailed analysis of how these features can be used by clinicians in practice?

Response: We thank the reviewer for this important observation. We have substantially expanded our discussion of model interpretability in a new section titled "Interpretability of AI Models and Clinical Relevance." This section now provides a detailed analysis of how SHAP values and activation maximization findings can be translated into clinically relevant information. Specifically, we discuss:

- how connectivity patterns can supplement traditional assessments in ambiguous cases,
- potential applications for guiding treatment selection based on specific connectivity disruptions,
- methods for monitoring treatment response through serial imaging, and
- approaches for stratifying patients into risk categories based on connectivity alterations.

We have also added information about our development of simplified visualization approaches that translate complex SHAP values into intuitive color-coded brain maps for clinicians, along with preliminary usability feedback from psychiatrists.

Generalizability and dataset limitations: The authors mention the generalizability of their models, but the paper could benefit from a more detailed discussion of the limitations posed by the datasets used. For example, how does the variability in imaging protocols across different sites influence the model

performance? More attention should also be given to the diversity of the participant population in terms of demographics.

Response: We have added a comprehensive section titled "Generalizability and Demographic Considerations" that addresses these important limitations. We now provide specific data on protocol variability effects, showing that accuracy varied by up to 7% between sites using different acquisition parameters. We also present detailed analysis of demographic representation gaps, including quantitative assessment of performance differences across ethnic groups (sensitivity was 82.4% vs 88.9% for non-White vs White participants; *P*=.03). Additionally, we discuss the technical approaches we implemented to address these limitations, including ComBat harmonization, data augmentation strategies, and transfer learning approaches.

Age-related performance drop: The paper mentions lower model performance in older participants. This is a significant finding and should be explored further. Can the authors speculate on the potential reasons behind this performance drop, and how the model could be adapted to perform better in older populations?

Response: We appreciate this valuable suggestion and have added a new section titled "Age-Related Performance Variations and Model Adaptations." This section explores several potential factors contributing to the observed performance drop in older participants, including:

- age-related neuroanatomical changes that may blur the distinction between pathological and normal aging processes,
- altered presentation of depression in older adults with more pronounced vascular and neurodegenerative components,
- cohort effects in training data (only 21% of subjects in the training data were over 50 years old), and
- medication effects (older participants were on more medications on average).

We also propose and provide preliminary results for several model adaptations, including age-stratified models, age-specific feature selection, transfer learning approaches, multimodal integration, and enhanced preprocessing pipelines specific to older adults.

Minor Comments

Language and clarity: Some sentences in the Results and Discussion sections could be clarified for readability. For example, phrases like "good generalizability" could be supported with specific numbers or comparisons to similar studies.

Response: We have revised the manuscript to improve language clarity throughout, particularly in the Results and Discussion sections. We have replaced vague terms like "good generalizability" with specific metrics (eg, "the model maintained 86% accuracy (95% CI: 81% - 91%) when applied to the external validation dataset, comparable to the 89% accuracy observed in the original test set"). We have also added comparisons to similar studies where appropriate.

Performance metrics table: It would be helpful to provide the statistical significance of differences in performance metrics between the models, particularly between the deep neural network (DNN) and other models, to highlight the importance of the DNN in this study.

Response: We have added a new table titled "Statistical Comparison of Model Performance" that provides a comprehensive statistical analysis of the performance differences between models. This includes *P* values from McNemar tests for accuracy comparisons and DeLong tests for area under the receiver operating characteristic curve differences, along with 95% CIs for all differences. This analysis confirms the statistical significance of the DNN's superior performance compared to other models (*P*<.001 for DNN vs support vector machine).

Ethical considerations: A brief mention of the ethical implications of using AI in psychiatry is made, but this could be expanded. Ethical issues such as patient privacy, model biases, and potential misdiagnosis based on AI models should be addressed in greater depth.

Response: We have significantly expanded our Ethical Considerations section to provide a more comprehensive discussion of ethical implications. The enhanced section now addresses:

- patient privacy and data security, including our deidentification protocols and secure federated learning approaches;
- algorithmic bias and health disparities, with quantitative assessment of performance variations across demographic groups;
- interpretability and clinical accountability, discussing legal and professional responsibility frameworks;
- integration with clinical practice, emphasizing the complementary role of AI alongside clinical judgment;
- informed consent and patient autonomy considerations; and
- regulatory and oversight frameworks needed for responsible implementation.

Anonymous [3]

1. The manuscript's goal is to provide early but accurate detection of major depressive disorder (MDD) to help with diagnosis. However, the Introduction section's first paragraph (as specified in PDF) does not fully justify and provide context for how the current study can supplement the existing MDD diagnosis.

Response: We have extensively revised the Introduction to better articulate how our approach supplements existing MDD diagnostic methods. The enhanced introduction now explicitly outlines the limitations of current diagnostic approaches, including their subjectivity, delayed identification of symptoms, limited differentiation from other conditions, and lack of insight into neurobiological mechanisms. We then clearly explain how our AI-driven neuroimaging approach addresses each of these limitations by providing objective biological markers, targeting presymptomatic detection, improving diagnostic specificity, and revealing underlying neural mechanisms that could guide personalized treatment.

2. The literature review does not address recent advances in the field of neuroscience related to MDD. The current research cites only two major studies conducted in the last few decades.

Response: We have completely updated our literature review to incorporate recent advances (2020 - 2024) in neuroscience related to MDD. The new section "Recent Advances in MDD Neuroimaging Research (2020 - 2024)" now discusses eight contemporary studies, including work by Li et al [4], Zhang et al [5], Sanchez-Rodriguez et al [6], and others. These studies demonstrate the latest findings in functional connectivity disruption, machine learning applications, multimodal integration, and novel analytical methods relevant to early MDD detection.

3 and 5. The author can either justify or include the most recent study to support feature selection strategies based on those studies. The feature selection, which covers three areas, is not supported by plausible findings from the current neuroscience field.

Response: We have added a new section titled "Neurobiologically-Informed Feature Selection" that provides robust scientific justification for our feature selection approach. This section details how our selection of frontolimbic connectivity measures, default mode network dynamics, salience network processing, and neuroinflammatory signatures is directly informed by recent neuroscientific findings. For each feature category, we cite specific recent studies (eg, Drysdale et al [7], Zhao et al [8]) that demonstrate their relevance to early MDD detection.

4. The study's objectives, which are 8 in number, appear to be very broad and necessary for any study to appear comprehensive; however, the results presented cover only four objectives from first to fourth.

Response: We have added a new section titled "Comprehensive Achievement of Study Objectives" that systematically addresses how our results satisfy all eight study objectives. This section provides a point-by-point mapping between each objective and the corresponding results, with specific metrics and findings for each. For objectives that were previously underaddressed (particularly objectives 5 - 8), we have ensured adequate coverage in the Results and Discussion sections.

6. The author intends to present diverse data to cover the minimum variance that exists in the population; however, no explanation of a diverse population is provided in the paper.

Response: We have expanded our Methods section to provide a more detailed explanation of population diversity in our dataset. This now includes specific demographic breakdowns by age, sex, ethnicity, socioeconomic status, and geographic location. We also discuss the limitations in certain demographic groups (particularly Hispanic/Latino and Middle Eastern populations) and the steps we took to address these limitations through data augmentation and harmonization techniques.

7. The literature review presented in the manuscript could be more rigorous, first explaining the gaps in the current literature regarding the use of machine learning and DNNs in the detection of MDD, then explaining the best feature and detection method for MDD, and finally explaining the findings.

Response: We have restructured and enhanced our literature review to follow the suggested progression. The revised review now begins by identifying specific gaps in the current literature regarding machine learning and DNN applications in MDD detection, proceeds to a critical evaluation of feature selection and detection methodologies based on recent findings, and concludes by synthesizing the current state of knowledge to position our research contribution.

8. The affiliation of a neurobiologist in the manuscript can be mentioned; this will provide more insight.

Response: We have added the affiliations of the consulting neurobiologists who contributed to our feature interpretation.

9. References to the dataset used can also be provided for reviewers and readers.

Response: We have added detailed references for all three datasets used in our study. For each dataset (OpenfMRI Depression Dataset, REST-meta-MDD, and EMBARC), we now provide full citations, access information, and brief descriptions of the acquisition parameters and participant characteristics. This will allow readers to better understand the data sources and potentially replicate our findings.

Anonymous [9]

1. This paper provides sufficient information about MDD and the potential of AI; it could benefit from a more detailed comparison with the existing literature. How does the present study build on or extend previous work? Additional details on why previous AI studies have not focused on early detection could help contextualize the research gap you are addressing.

Response: We have expanded our literature review to include a more detailed comparison with existing work. The revised section now explicitly discusses how our study extends previous research by (1) focusing on early detection rather than classification of established cases, (2) utilizing multisite data to enhance generalizability, (3) employing advanced interpretability techniques that previous studies lacked, and (4) conducting longitudinal validation of predictive capability. We have also added a discussion of the methodological and data limitations that have previously hindered AI applications in early detection, including the scarcity of longitudinal datasets with prediagnosis imaging and the computational challenges of processing heterogeneous multisite data.

2. It's also important to emphasize that AI should complement, rather than replace, clinical expertise.

Response: We have strengthened this important point throughout the manuscript, particularly in the Discussion and Ethical Considerations sections. We explicitly state that our AI models are designed to augment, not replace, clinical judgment, and we discuss specific implementation strategies that position AI as a decision-support tool within a broader clinical assessment framework. We have also added a new paragraph that outlines potential integration pathways that preserve the central role of clinical expertise while leveraging the additional

insights provided by AI-based analysis. We believe these revisions have substantially improved the manuscript and addressed all the concerns raised by the reviewers. We are grateful for their thoughtful feedback, which has helped us create a more comprehensive, rigorous, and clinically relevant contribution to the field.

Round 2 Review

We thank the reviewers for their thoughtful and constructive feedback. We have addressed all comments and have made significant revisions to improve the manuscript. Below is our point-by-point response.

Anonymous [2]

Methodological Details and Preprocessing

While the paper outlines the preprocessing pipeline (eg, motion correction, slice-timing correction, spatial normalization), additional details on parameter settings (such as motion correction thresholds, slice acquisition order, or smoothing kernel rationale) would help readers assess reproducibility. Clarifying the hyperparameter tuning process (random search iterations, search space boundaries) would also strengthen the methodological rigor.

Response: We have added specific details about the DNN architecture in the "Machine Learning Model Development" section: "Deep Neural Networks (DNN) with three hidden layers (128, 64, and 32 nodes with ReLU activation functions and dropout layers to prevent overfitting)."

We have added a comprehensive new subsection titled "Neurobiologically-Informed Feature Selection" that explains our feature selection approach based on recent advances in neuroscience; provides detailed discussion of four key feature categories: frontolimbic connectivity measures, default mode network dynamics, salience network processing, and neuroinflammatory signatures; includes relevant citations to recent literature (2020 - 2024) for each feature category; and explains how this approach enhances both interpretability and clinical utility of our models.

Data Heterogeneity and Generalizability

The study uses functional magnetic resonance imaging data from three public datasets, which is a strength in terms of diversity. However, the manuscript could benefit from a more detailed discussion on the challenges posed by intersite variability (eg, differences in scanner models, imaging protocols, and demographic distributions) and how these factors might affect model performance. Addressing potential biases and the representativeness of the sample would provide important context regarding the clinical applicability of the results.

Response: We have substantially expanded our discussion of age-related performance variations by adding a new subsection titled "Age-Related Performance Variations and Model Adaptations," Figure 4 illustrating the performance differences between age groups, discussion of four specific neurobiological and methodological factors contributing to performance differences in older adults, five proposed model adaptations to address these age-related variations, and results from our preliminary testing of age-specific models

Interpretability and Clinical Integration

The inclusion of feature importance and SHAP analyses is a positive step toward interpretability. Nonetheless, the Discussion could be expanded to explain how these insights can directly inform clinical decision-making. For example, a deeper exploration of how the identified neural connectivity patterns relate to established neurobiological theories of MDD—and what this means for potential treatment interventions—would enhance the translational impact of the work.

Response: We have significantly expanded our description of the interpretability analyses in the Results section. Specifically:

- We have added a detailed paragraph describing SHAP analysis results in the "Feature Importance" subsection, explaining how connectivity patterns in the default mode network contributed to model predictions. We have added Figure 2, which visually presents the SHAP feature importance results. We have included Figure 3, showing the impact of dorsolateral prefrontal cortex–anterior cingulate cortex connectivity on model predictions. We have added a new subsection on "Comprehensive Achievement of Study Objectives" that elaborates on how our interpretability analyses map to neurobiological theories of depression.
- We have significantly enhanced the Ethical Considerations section by adding a new subsection titled "Ethical Considerations and Implementation in Clinical Workflows"; organizing ethical considerations into six clear categories: Patient Privacy and Data Security, Algorithmic Bias and Health Disparities, Interpretability and Clinical Accountability, Integration With Clinical Practice, Informed Consent and Patient Autonomy, and Regulatory and Oversight Frameworks; including specific implementation approaches for each consideration; and adding a statement about the implementation timeline in the Clinical Implications section: "We anticipate that initial clinical implementation would require a 6 - 12 month validation period in supervised clinical settings before broader deployment could be recommended."
- We have revised the Abstract's Results section to specifically highlight our interpretability findings: "Interpretability analyses using SHAP values identified key predictive features, including altered functional connectivity between the dorsolateral prefrontal cortex, anterior cingulate cortex, and limbic regions."

Clarity and Language

The manuscript would benefit from minor language revisions to improve clarity and readability. Some sections contain dense technical descriptions that could be streamlined to make the content more accessible to a broader clinical audience.

Figures and Tables

Ensure that all figures (especially the model performance comparison chart) and tables are clearly labeled and of

sufficient resolution. Including more detailed captions that explain all abbreviations and metrics will help readers quickly grasp the key findings.

Response: We thank the reviewer for this suggestion. We have completely revised our figures and tables with the following improvements.

All figures now have comprehensive captions that explain the content, define abbreviations, and highlight key findings. We have enhanced Table 1 by bolding the best performance metrics and adding a more detailed caption explaining all abbreviations. We have created a new Table 2 showing statistical comparisons between models with *P* values and CIs. We have created three new figures (Figures 2-4) to better illustrate our findings:

- Figure 2: SHAP feature importance for early MDD detection.
- Figure 3: Dorsolateral prefrontal cortex–anterior cingulate cortex connectivity impact on model predictions.
- Figure 4: Age-stratified accuracy of AI model for early MDD detection.

All figures are now high-resolution and appropriately formatted for publication.

Discussion Section

The discussion could further compare the AI model outcomes with current clinical diagnostic approaches beyond just Diagnostic and Statistical Manual of Mental Disorders (Fifth Edition) criteria. This comparison may include potential cost-benefit considerations, ease of integration into clinical workflows, and scenarios in which the AI approach might be particularly beneficial.

Future Directions

While the paper outlines several future research areas, it would be valuable to discuss the potential for incorporating additional data modalities (such as genetic or behavioral data) to further refine predictive accuracy. Additionally, mentioning plans for prospective clinical trials or real-world validation studies would provide a clearer road map for future work.

Response: We have added a sixth point to the Future Directions section that specifically addresses multimodal integration: “Integrating multimodal data (structural magnetic resonance imaging, diffusion tensor imaging, genetic markers, and clinical assessments) to create more comprehensive prediction models that capture the heterogeneous nature of MDD.”

References should be updated to include more recent publications on AI in neuropsychiatry.

Response: We have thoroughly updated our references to include recent publications (2020 - 2025) on AI applications in neuropsychiatry. Notable additions include:

- Zhou et al [10] on anxious depression prediction
- Lynch et al [11] on frontostriatal salience network expansion
- Chen et al [12] on connectivity-based biomarkers
- Li et al [13] on functional connectivity disruption
- Tozzi et al [14] on default mode network subsystems in depression
- Liang et al [15] on biotypes of MDD

We believe these revisions have substantially improved the manuscript and addressed all reviewer concerns. We thank the reviewers for their valuable input that has helped strengthen our paper.

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Abbreviations

AI: artificial intelligence
DNN: deep neural network
MDD: major depressive disorder
SHAP: Shapley additive explanations

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Authors' Response to Peer Reviews of "Financial Feasibility of Developing Sustained-Release Incrementally Modified Drugs in Thailand's Pharmaceutical Industry: Mixed Methods Study"

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KEYWORDS

financial; economics; R&D; research and development; surveys; interviews; costs; revenue; policies; drugs; pharmaceuticals

This is the authors' response to peer-review reports for "Financial Feasibility of Developing Sustained-Release Incrementally Modified Drugs in Thailand's Pharmaceutical Industry: Mixed Methods Feasibility Study."

Round 1 Review

Thank you for your valuable comments and for recognizing the importance of conducting incrementally modified drug (IMD studies. We appreciate your feedback and have made the necessary revisions to improve the clarity, depth, and quality of the paper [1]. Below are our responses to each point.

Reviewer H [2]

General Comments

This paper provides valuable insights into how the Thai pharmaceutical industry should prepare for future developments. The results can be used as a reference to support decision-making and to guide the definition of regulations and processes in Thailand.

Specific Comments

Major Comments

1. Methods: Could you elaborate on how the 5 incrementally modified drug (IMD) experts were selected? Additionally, why was the number of experts limited to 5?

Response: Thank you for your insightful question. We conducted in-depth interviews with 15 participants, ensuring data saturation in accordance with qualitative research methodology. Among them, 5 were local company owners specializing in IMD development, as they provided firsthand insights into industry challenges and opportunities. The remaining participants included experts from various sectors of IMD advancement, such as regulatory affairs, financial modeling, and clinical development, ensuring a comprehensive and diverse perspective. The selection criteria were designed to capture a balanced representation of stakeholders in the IMD landscape. Relevant details are provided in lines 101 - 102.

2. Tables 1 and 2: Please replace the term "Literature Review" with the specific author names and the corresponding year (Anno Domini).

Response: Thank you for your suggestion. We have replaced the term "literature review" with the specific author names and corresponding year where applicable. However, for sources derived from government documents and institutional reports, we have used the official abbreviations of the respective organizations to maintain clarity and accuracy.

3. Table 3: The values of US $1.46 million and US $18.6 million refer to the research and development costs only, correct? These values do not reflect the total cost of developing IMDs (refer to Table 2).

Response: Thank you for your inquiry regarding the values listed in Table 3. To clarify, the figures of US $1.46 million and US $18.6 million indeed represent comprehensive cost assessments. These values encompass the entirety of the research and development expenditures, which includes formulation development, clinical trials, production batches necessary for registration, and the registration process itself. The provided values are intended to reflect the total cost incurred up until the point of market authorization. We have ensured that these costs cover most, if not all, expenses associated with the development of IMDs before reaching market readiness. This clarification has been detailed in Table 2.

4. Since most of the numbers come from expert input, how do you ensure that these numbers are valid and accurately reflect real-world situations? It may be helpful to provide more information about the characteristics and qualifications of the key informants to support their credibility.

Response: Thank you for your thoughtful comment. To ensure the validity and real-world accuracy of expert-provided data, we applied a triangulation approach, incorporating insights from multiple sources, including literature reviews, surveys, and interviews. This cross-verification process enhanced the consistency and reliability of the findings. Additionally, the experts were selected based on their extensive experience and qualifications in drug development. They include industry leaders, policy makers, and researchers with direct involvement in IMD development and financial modeling. The relevant details can be found in lines 80 - 84 and 101 - 102. Please let us know if further clarification is needed.

Minor Comments

5. Please ensure that all abbreviations are defined the first time they appear in the document. For example, "IMD" should be written out as "Innovative Medical Devices (IMD)" when it is first mentioned, particularly in the introduction.

Response: Thank you for your feedback. We have reviewed the document and ensured that all abbreviations are properly defined upon first mention.

Reviewer BK [3]

General Comments

This paper presents a thorough analysis of the financial feasibility of developing incrementally modified drugs (IMDs) within the Thai pharmaceutical industry. It aligns well with Thailand's National Strategic Master Plan and provides valuable insights for stakeholders regarding investment decisions and policy development. The mixed- methods approach, including financial modeling, surveys, and interviews, lends credibility to the findings, while the focus on sustained-release dosage forms highlights a specific and practical application. The paper is well- structured and contributes meaningfully to the discussion on enhancing local pharmaceutical capabilities. However, there are areas where clarity, presentation, and depth can be improved to strengthen its impact.

Specific Comments

Major Comments

1. Clarity in objectives: While the paper provides an extensive background on Thailand's pharmaceutical landscape, the research objectives could be more explicitly stated at the beginning of the introduction to guide the reader more effectively.

Response: Thank you for your suggestion to enhance the clarity of the research objectives. We have revised the introduction to clearly and explicitly state the research objectives at the beginning, providing better guidance for the reader and improving the overall clarity of the study's purpose.

2. Discussion of results: The discussion section could delve deeper into comparing the financial feasibility of IMDs with other pharmaceutical products, especially generic drugs, to highlight the broader implications of the findings.

Response: Thank you for your valuable suggestion on comparing IMDs with other pharmaceutical products. We have expanded the discussion section to provide a more in-depth comparison of the financial feasibility of IMDs with new drugs, new generic drugs, and the US Food and Drug Administration 505(b)(2) New Drug Application program, enhancing the applicability of the findings. The revisions can be found in lines 191 - 199.

3. Policy recommendations: Although the paper suggests policy recommendations, it would benefit from providing concrete examples of how these policies have been successfully implemented in other regions or industries. This would add depth and context to the recommendations.

Response: Thank you for your valuable feedback on the policy recommendations section of our manuscript. We acknowledge your suggestion to enhance this section by providing concrete examples of successful policy implementations from other regions or industries. However, given the primary focus of our study on the financial aspects of developing IMDs within Thailand's pharmaceutical industry, we have revised the manuscript to refine the scope of our conclusions. In this revision, we have removed detailed policy recommendations. Instead, we now suggest that the findings could be beneficial for planning strategic support within the industry. This adjustment helps to maintain the focus on the financial analysis and ensures that the recommendations are directly supported by our research findings without extending beyond the evidence provided. We believe this approach will keep the study concise and focused on its primary objectives.

4. References and citation quality: The paper relies on only 15 references, which is insufficient for a study of this scope. Furthermore, only a few of these references are from peer-reviewed scientific journals, while the rest are reports and secondary sources. This significantly weakens the academic foundation of the study. It is strongly recommended to update the references section by incorporating recent, high-quality, and peer-reviewed articles.

Response: Thank you for highlighting this weakness in our study. We have strengthened its academic foundation by incorporating additional high-quality, peer-reviewed articles. However, as IMD remain a relatively new topic with limited peer-reviewed literature available, we primarily relied on in-depth interviews as the main methodology for estimating costs and key parameters.

Minor Comments

5. Terminology consistency: Terms like "incrementally modified drugs" and "IMDs" should be consistently used throughout the text to avoid confusion.

Response: Thank you for your feedback. We have reviewed the document and ensured that all abbreviations are properly defined upon first mention.

6. Figures and tables: Ensure all figures and tables are adequately labeled and referenced in the text. For instance, the presentation of financial data could be enhanced with clearer visualizations.

Response: Thank you for your valuable suggestion. We have revised all three tables for improved clarity and ensured that they are properly referenced throughout the text.

7. Formatting and grammar: Minor grammatical errors and formatting inconsistencies (eg, use of citations and spacing) should be addressed for a polished presentation.

Response: Thank you for highlighting this point. We have carefully reviewed the document to correct formatting inconsistencies, improve citation accuracy, and ensure grammatical correctness.

8. Abstract refinement: The abstract could be more concise, emphasizing key findings and policy implications without overly detailed descriptions of methods.

Response: Thank you for your feedback. We have revised the abstract into a structured format, making it more concise while emphasizing key findings.

9. Future research directions: Including a section on future research directions would enhance the paper's utility for academics and policy makers.

Response: Thank you for your valuable feedback on future research directions. As we mentioned earlier, IMDs are relatively new, presenting numerous research opportunities. In response, we have added a future research directions section, offering insights into the development of IMDs from patient, regulatory, and market-access perspectives. This addition provides valuable data for policy makers and the industry. The revisions are reflected in lines 216 - 223.

We appreciate the detailed feedback, which has significantly improved the clarity, structure, and academic rigor of our study. Please let us know if further refinements are needed.

References

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Abbreviations

IMD: incrementally modified drug

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Authors' Response to Peer Reviews of "Levels and Predictors of Knowledge, Attitudes, and Practices Regarding Contraception Among Female TV Studies Undergraduates in Nigeria: Cross-Sectional Study"

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Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.01.01.24300698v1

Companion article: https://med.jmirx.org/2025/1/e72951

Companion article: https://med.jmirx.org/2025/1/e72949

Companion article: https://med.jmirx.org/2025/1/e56135

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KEYWORDS

knowledge; attitudes; practice; contraception; regression; cross-sectional; females; students; Nigeria

This is the authors' response to peer-review reports of "Levels and Predictors of Knowledge, Attitudes, and Practices Regarding Contraception Among Female TV Studies Undergraduates in Nigeria: Cross-Sectional Study."

Round 1 Review

Reviewer Q [1]

General Comments

Dear Authors,

Thank you very much for undertaking the study [2] titled "Levels and predictors of knowledge, attitude and practice of contraception among female TV undergraduates in Nigeria: a cross-sectional study" and submitting the manuscript to JMIR. The study findings are important for family planning program implementation targeting young students. I have the following comments and observations for improving your manuscript for consideration of publishing.

Response: We would like to thank the reviewer for the kind words and helpful comments. We are indeed grateful.

Specific Comments

Major Comments

Introduction: line 50: "youth": Indicate age group.

Response: Done. The age range (17 - 35 years) of the study participants falls within the definition of youth by the National Baseline Youth Survey of Nigeria and the African Youth Charter [3,4]. The classification used for teenagers/adolescents agrees with the World Health Organization definition and those used in the literature on adolescents [5,6]. The classification of young adults used agrees with that of Statistics Canada [7].

Line 52: "Utilization is higher": Not clear what the utilization was for.

Response: Revised to "contraceptive utilization rate."

Study population: limitation: gender biased. Male involvement and attitude are equally important regarding sexually transmitted infections, particularly for male methods like use of condoms. This needs to be mentioned as a limitation of the study.

Response: Done.

Tables all: Hastily, one sentence is used for describing findings in a table. Need to elaborate more. Further comments below.

Response: Tables are now more elaborate in narration.

Table 1: Rephrase the "Marital status" indicator; the data does not give the status of marriage!

Response: The original marital status categorization on the data collection form includes single, married, separated, divorced, and widowed. However, after the data collection, only single (n=197, 96.8%), married (n=19, 8.8%), and separated (n=1, 0.5%) were reported. Since only 1 study participant reported herself as separated and this group is similar to singles by not living with their spouse, they were, therefore, merged to ease the interpretation of data and to reflect the impact of living with a spouse on contraceptive attitude and use. Therefore, I have rephrased the marital status grouping as married and single/separated.

Table 2: Indicate what is meant by poor, good, etc knowledge/attitude; cite measurement scale here.

Response: It has already been stated in the Data Management and Analysis subsection of the Methodology section. The classification is based on the use of the average scores. This is dependent on whether they are normally distributed or not: when they are normally distributed, mean (SD) was used, but when not normally distributed, median (IQR) was reported. Good knowledge, attitude, and practice are at least the average scores; while poor knowledge, attitude, and practice are less than the average scores. This approach to categorization is important to prevent the "ceiling effect" in subjective socially biased items in surveys. Therefore, the categorization scale has been indicated within the narration of the result as requested.

Table 3: Need to mention if this was an open-ended or structured question.

Response: It has already been stated under the data collection methods: "Data was collected from female students of NTA TV College Jos by the research team using a semi-structured self-administered questionnaire..." The questionnaire is semistructured and contains both structured and open-ended items.

Table 4: Cite the indicators used for measuring attitude toward use of contraception.

Response: Indicators include those items explored in the secondary analysis of this data, which has been posted on a preprint server to provide insight into the items driving the reported levels and predictors of contraception reported in this study [8].

Table 5: The predictor of not engaging in sex may be reflected well in statistical analysis, but what is the significance in real life? Why would those who had never engaged in sex have used contraception?

Response: Though it might not be relatively acceptable and valid to ask those who have never had sexual intercourse about contraceptive use, the researchers were prompted to generally ask this question due to the prevalence of intimate partner violence among unmarried and separated people with the prevalence of sexual violence being one of the highest in the country; much earlier first sexual experiences among the age range in the study population in the study area, region, and country, with first sexual experience not forced; increasing use of contraception for other purposes other than family planning among the study population; increasing liberal attitudes toward contraceptive use; and the social desirability bias that can be produced with questions surrounding sex and contraception [9-11]. We were justified by the time we explored the result of the responses and the inconsistencies reported by the study participants; some of the results were added to a preprint published earlier this year, but 73.7% of this study population reported having had sex, and a higher proportion (94.9%) of the total study population reported history of unplanned pregnancy [8,12]. That might have been the reason, among many others, why many other published studies have included the same item in questionnaires for all study participants irrespective of declared sexual activity status [13-15].

Discussion: Mention the rate of use of emergency contraceptive pills (ECPs) also. This is increasing in many societies. Policy makers/planners are often not aware of the need for ECPs to include a supply of ECPs in a program.

Response: The report to reflect the use of emergency contraception has been expanded in the Result section. Due to the small proportion of study participants using emergency contraception, they have been merged with those reporting implants and many unnamed forms of contraception in the "others category." Further discussion on emergency contraception use has been included in the Discussion also.

A recommendation like "There may be a need to use social marketing 42 approaches to make these contraceptives available to young people to bypass the stigma they experienced while accessing 43 contraceptives from traditional sources of contraceptives" is not supported by any finding or data of the study. Rather this raises a question of bias on jumping to a solution through a particular channel. Let the program planners find out the way to resolve the issue of information availability.

Response: The discussion on social marketing implications under contraceptive use has been removed following the recommendation of the reviewer. However, social marketing is a veritable tool in ensuring improved access to contraception for young people using marketing approaches. Its recognized ability to increase use also prompted its inclusion in the Nigeria Demographic and Health Survey 2018 for the first time, where women of reproductive age (15 - 49 years) in the country (including the study area) were asked about the use of social marketing to access contraception [9].

Highlights: Move the highlights to the Discussion section because this is a summary of the findings.

Response: Done.

Conclusion: Rewrite the conclusion, elaborating on recommendations per results of the study.

Response: Done. Other important recommendations have been added to the discussion of important results. Discussions usually include a statement on a result, comparison/variation with prior

studies, and reasons for the similarities/variations and implications for policy and practice.

Reviewer BO [16]

Specific Comments

Major Comments

1. The sampling technique used in this paper should be more detailed than it is. Respondents were said to have been selected by balloting from the 6 levels. Was it equal allocation per level, or was it proportionate allocation considering that it is not likely that there were the same number of students in each level?

Response: A detailed sampling has been reported in the work as requested by the reviewer.

2. State the age ranges of a teenager and that of a young adult in your methodology that informed the categorization in the Results.

Response: Done.

3. Living with a spouse and not living with a spouse was considered for marital status in your study as opposed to being single, married, etc. Clarify why this is so.

Response: The original marital status categorization on the data collection form included single, married, separated, divorced, and widowed. However, after the data collection, only single (n=197, 96.8%), married (n=19, 8.8%), and separated (n=1, 0.5%) were reported. Since only 1 study participant reported herself as separated and this group is similar to singles by not living with their spouse, they were merged to ease the interpretation of data and to reflect the impact of living with a spouse on contraceptive attitude and use. Therefore, I have rephrased the marital status grouping as married and single/separated.

4. The public health implications of some of the findings were omitted in the Discussion. This should be included. Its importance cannot be overemphasized.

Response: Done.

Minor Comments

5. Abstract: The last sentence in the Methods is hanging. Kindly complete it.

Response: Done.

6. Grammatical issues: Tenses: Future and present tenses were used where past tense should have been used in the methodology (lines 12 and 28). Present tense was used in multiple places in the Discussion where past tense should have been used.

Response: Done.

7. Reference list: In the Vancouver referencing style, the month of publication should not appear as it did in some references like 7, 11, and 12. The date accessed/cited was written in some and not in others like 9, 10, 13, and 16. Really old references like reference 24, which is 14 years old, should be replaced by more current ones.

Response: Done. “Month of publication” as seen in some journal references had been removed from the reference list.

Revised to conform to stated format. Months of access were included in websites as seen in references 16, 17, 18, 21, 22, 35, and 36; while they were not included in references 1, 4, 6, 9, 10, 13, 45, and 48 because access dates are not necessarily included in reports. Also, to prevent unnecessary errors in referencing, Mendeley referencing software was used.

Really old references (2) have been replaced [17,18]. Others (3) were left because they are either a charter or government document that contribute to a definition [3,4] or milestone document [19].

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Abbreviations

ECP: emergency contraceptive pill

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Authors' Response to Peer Reviews of "Mothers' Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study"

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KEYWORDS

mothers' knowledge and practices; oral hygiene; child oral health; Bangladesh

This is the authors' response to peer-review reports for "Mothers' Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study."

Round 1 Review

Reviewer BZ [1]

This is an interesting piece of research [2], which highlights mothers' knowledge and practices regarding their children's oral health in Dhaka City. However, several issues made the study scientifically questionable. The major issues are as follows. The study included mothers from two hospitals in Dhaka City, but the title of the study does not mention this. The sample selection from the mothers visiting the hospitals might not represent general mothers from the whole of Dhaka. Thus, this study might not be generalizable to all mothers in Dhaka City.

Response: The authors are grateful to the reviewers for critically reviewing our manuscript. We agree with the comments. Respondents of this study were the mothers visiting the tertiary-level hospitals of Dhaka City. Generally, the respondents visiting hospitals belonged to all administrative wards (small regions of Dhaka), and it is convenient to get the mothers with children aged 5 - 9 years to interview. That is why we chose tertiary-level hospitals to reach the respondents. However, we revised our manuscript title and omitted "Dhaka" from the title. The new title is "Knowledge and practices towards oral hygiene of children aged 5 - 9 years old: a cross-sectional study among mothers visited tertiary level hospitals."

Introduction

Revise the last paragraph of the Introduction to highlight the study gap in Bangladesh and clearly state the objective of the

study. Use the formal word "mother" and avoid the word "moms."

Response: We appreciate the reviewer for this comment. We revised the Introduction of our study and replaced the word "Moms" with mother.

Methods

Study Setting and Participants

Give clear reasoning as to why you selected study participants from the hospitals. The last line is confusing. It is not clear whether the participants filled out the questionnaire on their own or they were interviewed by the enumerators.

Response: We are thankful to the reviewer for this comment. Respondents of this study were the mothers visiting the tertiary-level hospitals of Dhaka City. Generally, the respondents who visited hospitals belonged to all administrative wards (small regions of Dhaka), and it was convenient to get this group of mothers with children aged 5 - 9 years to interview. That is why we chose tertiary-level hospitals to reach the respondents. However, we revised our manuscript title and omitted "Dhaka" from the title. We interviewed the respondents, and the sentence was revised in our revised manuscript.

Sampling Technique

Please mention the nonresponse bias for the convenient sampling. Give a short description of the pretesting mentioning the number of samples, period, and location for it.

Response: We are again thankful to the reviewer. While we had a 5% nonresponse rate in our final survey, we found less than 5% (2 of 50 mothers refused to be involved in the study) as the nonresponse rate during pretesting of our study. The description of the pretest has been given in our revised manuscript. In our main survey, the nonresponse rate was 2%.

Measurement of Knowledge and Practice Score

Give the 15 knowledge-related questions and 13 practice-related questions in the supplementary file. Mention if these questions are your own or if you used any valid tools or questions adopted from the relevant previous studies. Give adequate information regarding the scoring system of the variables, mentioning the highest possible aggregated score and examples of two questions (one for knowledge and one for practice).

Response: We again appreciate the reviewer. The knowledge and practice questions have been added to the supplementary file (Supplementary Table S1 and Table S2). Both knowledge and practice questions were adopted from reviewing the literature and revised according to our selection criteria. The summation scoring technique was used in computation, and their descriptive statistics, including percentiles, were observed. Then, both the knowledge and practice scores were classified according to percentile, which is evident in the existing literature (reference added). The range for the knowledge and practice scores was 1-15 and 1-11, respectively. In the main text, the section has been revised accordingly.

Statistical Analyses

The authors mentioned that they used the Mann-Whitney U test and the Kruskal-Wallis test. However, they did not mention the underlying assumptions of the tests. Moreover, the Results section also shows the χ^2 test but is not mentioned in the Methods section. Furthermore, the last line of the Results of the abstract shows the Pearson correlation coefficient, but nothing is mentioned in the Methods or Results section of the entire manuscript.

Response: We apologize for the mistake. Necessary assumptions were checked before performing statistical analysis. The Statistical Analysis section has been revised and mentions the χ^2 test and Pearson correlation coefficient. All the necessary corrections raised by the editor and reviewers have been addressed.

Results

Table 1

It is confusing as the text description of Table 1 and the title of Table 1 are different. It is recommended to use two separate tables: one for socioeconomic variables and another for the frequency distribution of the knowledge level among socioeconomic variables. Mention the knowledge- and practice-related raw scores first and then the cross-tab results. There is a major mistake in the results of Tables 1 and 2. The frequency distribution for educational status, occupation, family type, number of family members, and monthly income in Tables 1 and 2 are the same. However, the P values are different. How is this possible? Please check the results.

Response: Please accept our apology for the error that happened unconsciously. The frequency distribution for educational status, occupation, family type, number of family members, and monthly income in Tables 1 and 2 has been rechecked and revised. In addition, Table 1 has been separated into two tables (Tables 1 and 2) and presented accordingly.

Discussion

It is confusing whether the practice was for the children or how a mother takes care of their children's dental health. Mention the implications of your findings rather than just comparing the findings with previous studies. State the limitation of the study, especially the bias regarding convenient sampling. Provide a section on the public health significance of the study findings in Bangladesh.

Response: We sincerely appreciate the reviewer for these comments. The Discussion of the manuscript has been revised accordingly. The limitations have been revised in the Discussion section.

Conclusion

The Conclusion section of the study is poorly written and not focused on the findings of the study. Revise the Conclusion section to highlight your study findings.

Response: Thank you again. The Conclusion of the manuscript has been revised accordingly.

Reviewer AJ [3]

Specific Comments

There were a lot of grammatical issues and typographical errors. The manuscript needs to be edited for grammar and syntax. It is also obvious that the manuscript was not proofread adequately.

Major Comments

Abstract

- *A word is missing in the first sentence. Authors should proofread the manuscript.*
- *Keywords: Dhaka is a more appropriate keyword than Bangladesh.*
- *Under the Results in the abstract, respondents should be referred to as such and not as samples.*

Introduction

- *The global prevalence of oral diseases was stated, but authors did not capture the prevalence in the study area/country and so have not shown that oral disease is a problem. Even the global prevalence that was stated was only that of dental caries among the seven conditions that make up oral diseases as stated by the authors.*
- *The objective stated here (last sentence) comes off like the authors are assessing the knowledge and practices of oral hygiene with regard to themselves and not their children as stated in the topic.*

Methods

- *Was it permission that was given by the institutional review board or an ethical clearance?*
- *This section is quite disorganized. There is a logical flow expected in this section.*
- *Why was a nonprobability sampling technique (convenient sampling) used for this study? The sampling technique was not explained at all. This will make replicating this study difficult.*
- *I have an issue with the scoring system and the grading. Is there a reference for it? I particularly have an issue with "moderately average." It is not a standard term.*
- *The exclusion criteria are not the opposite of the inclusion criteria as stated by the authors. Exclusion criteria are those already included in the study but that are ineligible for one reason or the other.*

Results

- *In the text above Table 1, authors wrote that most respondents (39.3%) had a monthly family income of "21,000 - 40,000 taka per month." This figure (39.3%) is just over one-third of the respondents and not a majority.*
- *Table 1: What is the meaning of graduation and above? Is it graduated secondary school or graduated college?*
- *"Respectively" should be added at the end of the following sentence. "Out of 400 mothers, more than 90% knew the importance of brushing teeth while 82.3% and 80.8% of them knew the recommended frequency and appropriate time for brushing teeth."*

Discussion

- *The second sentence: the study is not evaluating parent's knowledge and practices but that of mothers.*
- *Grammatical errors and missing words*

Reference List

- *Some of the references were not cited correctly. Authors should adhere to the Vancouver referencing style.*

Round 2 Review

Reviewer BZ

The authors impressively amended the initial version of the manuscript based on the reviewers' comments. However, several issues remain unaddressed.

1. The authors should include the city in the title of the study. You can revise the title to "Knowledge and practices towards oral hygiene of children aged 5 - 9 years old: a cross-sectional study among mothers visited tertiary level hospitals in Dhaka, Bangladesh."

Response: Thanks for this suggestion. We revised the title of the manuscript accordingly as "Knowledge and practices towards oral hygiene of children aged 5 - 9 years old: a cross-sectional study among mothers visited tertiary level hospitals in Dhaka, Bangladesh."

2. Use the full form when it appears first and then use the abbreviation afterward. For example, "KP" in the abstract.

Response: Thanks again for this suggestion. We revised the title of the manuscript accordingly.

3. Please mention this statistical test in the Methods section of the abstract. You did not mention the χ^2 test and Pearson correlation.

Response: Revised the Methods section of the manuscript accordingly as "Statistical analysis including the χ^2 test and Pearson correlation test were performed. The Mann–Whitney *U* test and Kruskal–Wallis one-way ANOVA test were performed to show average knowledge and practice variations among different socio-demographics groups."

4. It is recommended to make the recommendation simple and easy to understand for the readers. Avoid duplication of the same term.

Response: Revised the Recommendation section accordingly.

5. In the sample size calculation, you used P=.58 and P=.57. Please clarify why you used those prevalences. Cite the relevant study here.

Response: The Sample Size Calculation section has been revised accordingly as "A convenient sampling technique was followed for this study. During literature search, no study was found that assessed knowledge and practice towards children's oral hygiene among Bangladeshi mothers. But, a very few studies found in other country with similar socio-demography (eg, India). Mohandas et al, 2021 in his study entitled 'Knowledge and practice of rural mothers on oral hygiene for

children' showed the prevalence of knowledge and practice were 58% and 57% respectively [4]. The sample size was calculated using the below equation.

"n =(z^2 pq)/d^2 …… (1)

"the sample size for the mother's knowledge when *P*=.58 was

"n=(〖1.96〗 ^2×0.58 × (1 - 0.58))/ 〖0.05〗 ^2=375

"Similarly, the sample size for mother's practice level when *P*=.57 was

"n=(〖1.96〗 ^2×0.57 × (1 - 0.57))/ 〖0.05〗 ^2=377

"Therefore, we initially chose a maximum of 377 as the required sample size. Considering a maximum 5% non-response rate (based on pre-testing), we rounded up this figure and selected 400 as the approximate sample size in the study."

6. Before the heading for the sociodemographic variables in the Methods section, you mention outcome measures. However, the sociodemographic variables are not your outcome variables according to your objectives. You can remove the term outcome measures from here.

Response: The heading "Outcome measure" has been removed from the revised manuscript.

7. You mentioned that you used 13 questions for the assessment of practices. Thus, according to your scoring approach, there should be a score of 1-13, but here, it is 1-11.

Response: Thank you again. We revised the error. The change is "The range for knowledge and practice score was 1 to 15, and 1 to 13 respectively."

8. Please mention the name of the software and version you used for the statistical analysis.

Response: Thank you again. We added the statistical software name with the version as "All the data management and statistical analyses were carried out through IBM SPSS Statistics 25.0."

9. Revise the sentence before Table 1. You can make it two sentences. One for family income and another for occupation.

Response: We revised the sentence accordingly as "Majority of the respondents (39.3%) had the monthly family income of 21000 - 40000 ($206.19-$392.73) Taka per month. About 13.3% mothers were involved in any paid worked activities (Table 1)."

10. There is no chi-square–related data in Table 1. Please remove the footnotes from Table 1.

Response: Removed the errors.

11. In Figure 1, it is recommended to keep the values to one decimal point for 1a and 1b.

Response: Thank you for this suggestion. We removed Figures 1c and 1d in our revised manuscript.

12. Please revise the sentence before Table 3 to give a clear meaning.

Response: We revised the sentence accordingly as "The educational status (*P*=.002) and income (*P*=.044) were significantly associated with mothers' oral hygiene practices (Table 3)."

13. You can remove the percentage symbol from the value and give it in the vertical axis title.

Response: Removed accordingly.

14. Please give the correlation results in the main manuscript or as a supplementary table.

Response: The correlation results have been given as the supplementary result. Please see Supplementary Result S6.

15. The authors overlooked the association of knowledge and practice with income and family size. Please give more details on those two points in the Discussion section.

Response: The variable family income has been addressed in the Discussion. Please see page 17 (before the Strengths and Limitation section). Family income has been discussed briefly in the Principal Findings section.

Conflicts of Interest

None declared.

References

1. Islam MH. Peer review of "Mothers' Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study". JMIRx Med 2025;6:e70144. [doi: 10.2196/70144]
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Authors' Response to Peer Reviews of "Mothers' Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study"
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Author's Response to Peer Reviews of "Converting Organic Municipal Solid Waste Into Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies With Statistical Analysis"

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Companion article: https://med.jmirx.org/2025/1/e50458

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KEYWORDS

multistep fermentation; specific methane production; anaerobic digestion; kinetics study; biochar; first-order; modified Gompertz; mass balance; waste management; environment sustainability

This is the author's response to peer-review reports of "Converting Organic Municipal Solid Waste Into Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies With Statistical Analysis."

Round 1 Review

Anonymous [1]

The present manuscript [2] deals with the study of the valorization of organic fractions of municipal solid waste through the production of volatile fatty acids (VFAs) and biogas. The article is interesting; in my opinion, it should be revised.

Comments

1. The presentation of the manuscript is very poor; the figures are not in the same format.

Response: The remaining figures, which included the box plots of VFA concentration, VFA/soluble chemical oxygen demand (SCOD) ratio, scheme of line, VFA and SCOD concentration, VFA weight ratio distribution, capital cost and yearly income, and biomethane content, were kept and reformulated to have the same shape. The figures outlining the kinetics study were deleted.

2. Some of the recent works should be discussed and cited in the Introduction section: [3-7].

Response: Some of the recent relevant works and studies were discussed and cited in the Introduction section as follows:

- Inyang M, Gao B, Pullammanappallil P, Ding W, Zimmerman AR. Biochar from anaerobically digested sugarcane bagasse. *Bioresour Technol*. Nov 2010;101(22):8868-8872. [doi: 10.1016/j.biortech.2010.06.088] [Medline: 20634061]
- Jung S, Shetti NP, Reddy KR, et al. Synthesis of different biofuels from livestock waste materials and their potential as sustainable feedstocks – a review. *Energy Conversion Manage*. May 15, 2021;236:114038. [doi: 10.1016/j.enconman. 2021.114038]
- Sampath P, Brijesh, Reddy KR, et al. Biohydrogen production from organic waste – a review. *Chem Eng Technol*. Jul 2020;43(7):1240-1248. [doi: 10.1002/ceat.201900400]
- Algahashm S, Qian S, Hua Y, et al. Properties of biochar from anaerobically digested food waste and its potential use in phosphorus recovery and soil amendment. *Sustainability*. Dec 10, 2018;10(12):4692. [doi:10.3390/su10124692]

3. The novelty of the work should be highlighted.

Response: We noted at the end of the Introduction and at the beginning of the Discussion that this study is novel in that it presents a strong framework for evaluating a proposal for the

financial and technical valorization of organic municipal solid waste using statistical analysis, process kinetics, mass balance, and experimental testing. Furthermore, as compared to single-step anaerobic digestion, our data showed a notably high improvement in profitability and a corresponding decrease in the payback period. In order to further close the cycle circuit and prolong the product life, we also proposed the integration of two potential future units.

4. Full stops should be removed from all subheadings.

Response: They are all removed.

5. The Results and Discussion should be written in detail with proper subheadings.

Response: The Results section was rewritten and divided into subheadings to mirror their counterparts in the Methods, and the Discussion section has the added subheadings Principal Results, Comparison With Previous Works, and Conclusion and Limitations according to the required information in the guidelines of JMIR Publications.

6. There are some typo errors; they should be rectified.

Response: They were corrected.

Reviewer GA [8]

General Comments

Generally, the manuscript should be strictly improved in English language writing and corrected for all grammatical errors throughout the whole manuscript. The author has to use a uniform style of the English language, either American or British English. Further English assistance is particularly required. Many missing articles and a lot of grammatical and punctuation errors must be corrected in the manuscript as in the corrected abstract.

Response: The abstract was prepared in an organized format and corrected for its language. We also employed English assistance. The manuscript's English was improved, and its style was harmonized with American English.

Specific Comments

This paper shows an important aspect of multiple fermentation steps for the complete utilization of municipal solid waste and conversion to useful products, which is highly recommended for circular economic sustainability worldwide. However, it needs some major revision and arrangement to allow for a better presentation of this valuable work.

Major Comments

Title

1. "Valorization of Organic Fraction of Municipal Solid Waste Through Production of Volatile Fatty Acids (VFAs) and Biogas" is a long title that should be shortened to be more concise with no abbreviations—more indicative. Suggested title: "Valorization of Organic Municipal Solid Waste for Volatile Fatty Acids and Biogas Production."

Response: It was adopted according to the guidelines for the descriptive title of the original paper: "Issue/Intervention in Demographic/Disease/Condition: Method/Study Design"; "Conversion of Organic Municipal Solid Waste to Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies with Statistical Analysis."

Abstract Section

2. General language; it must be more concise and specific.

Response: I did search for all the general language in the manuscript and tried to provide concise information on the matter.

3. Please clearly mention the take-home message and the main findings of the research.

Response: The research's primary conclusions include the development of a reliable technique for evaluating the recovery proposal for the conversion of organic solid waste into valuable products and assessing both its technical and financial viability. Furthermore, our proposal outperforms the conventional approaches in terms of economics.

4. The abstract is too long and lacks the main methodology and main experimental techniques that were carried out in this work. The author may add some hints about the main methods used before mentioning the main results.

Response: Subheadings for the background, objective, method, findings, and conclusion were added to the revised abstract. There are fewer words in the abstract overall than the 450-word limit. Additionally, some pointers regarding experimental techniques such as gas chromatography are provided, along with the kind of statistical test used to verify the significance and efficacy of the suggested process amendment. We also mentioned the use of mass flow models for the process's economic evaluation and the various kinetics models that can be used to describe biogas production.

Manuscript

5. Keywords: Words must be modified to be more informative and representative of the research interest and differ from the word in the manuscript title. Maybe add "Multi Step of Fermentation Process" or "Waste Management and Environment Sustainability."

Response: We updated the keywords to include "Multistep Fermentation," "Environment Sustainability," "Waste management," "Specific Methane Production," "Anaerobic Digestion," "Kinetics Study," "Biochar," "First-Order," "Modified Gompertz," and "Mass Balance."

6. Arrangement of the experimental work in the manuscript may be needed in the Results and Discussion accordingly.

Response: It was completed in a way that would make it easier for specialists in the field to follow the stages, and a Discussion section was included to compare the findings with earlier research, highlight the key conclusions, and clarify the research's limitations.

7. There is a lack of figures to describe the main parameter optimization steps well. Please reformulate to describe some data using figures with error bars.

Response: Our optimization procedure focused on reducing the payback period by decreasing the cost and increasing the profit from bioproducts. This was achieved through pilot tests for examining the effectiveness of the hydraulic retention time (HRT) manipulation and pretreatment in increasing the VFA yield and the integration of our process knowledge of using the fine-tuned feedstock/inoculum ratio as well as biochar addition to obtain the biogas in a cost-effective process. Detailed information and calculations regarding the mass flow analysis are available in the supplementary documents in the Excel spreadsheet named"Mass Balance.". For figures, we provided the VFA concentrations and distribution for two HRTs and a *t* test to confirm the significance of the results. Further, for biogas production, we provide results from a kinetics study showing an 8-fold increase in the hydrolysis rate and a 100% decrease in the lag phase. This brought about a small anaerobic digester working at a high organic loading rate, leading to a reasonably priced process.

8. The SD and table footnotes with the number of replicates should be noted underneath all of the given tables.

Response: For all data that was accompanied by an SD, the number of replicates was reported beneath all the given tables.

9. A mechanistic in-detail discussion is required, not just comparing your results with the previous work; justify better.

Response: The comparisons of results from similar studies were done mechanistically and in detail.

For example:

- "Because of the extra pretreatment unit in our study, our VFA yield was significantly higher than the study by valentino et al "
- "The higher hydrolysis rate was due to the destruction of the solids structure caused by bacterial enzymes and a hot alkaline solution. Additionally, we provided a higher active biomass per feedstock using a fine-tuned FS/IN ratio of 0.3 (VS basis), which was noticeably lower than the quantities (1 and 0.5) reported in similar studies "
- "due to the added fresh WS with higher digestible content and better nutrient balance than the fermented solids, the SMP value by valentino et al was higher."
- "The higher practicability than the 2 steps of bioethanol and biogas production as a result of sterilization and high bioethanol concentration requirements."
- "Our proposal is more favorable since it does not limit the VFA weight ratio distribution and does shifts the recovery route toward higher market-valued products like VFAs than single step AF + AD by Papa et al"

10. In research articles, do not include any table comparing literature results; the author can discuss the main findings in the text itself, as in Table 5.

Response: All the data in the tables comparing results were deleted, and we discussed them in the text.

11. The Conclusions section is missing in the manuscript to summarize and point out the novelty and the main findings from the research.

Response: The Conclusion was included in the manuscript and presents the main findings as follows: "To conclude, we presented a robust framework to assess a proposal for the valorization of organic waste through experimental tests, statistical analysis, and process kinetics, along with mass and energy flow analysis. The findings support considerably higher profitability and, as a result, a shorter payback period for multistep reclamation than the current single anaerobic digestion. Further, our results encourage the circular economy perspective on the conversion of OMSW into biogas and VFAs, with the pros of fewer residual solids due to reusing them in a pyrolysis line."

12. Generally speaking, in academic writing, (1) abstracts do not include abbreviations, (2) avoid articles in the title (the, a, an), and (3) avoid keywords that exist in the title.

Response: (1) Based on JMIR House Style and Guidelines, the usage of abbreviations and acronyms in the abstract section is not forbidden. Further, all author-invented abbreviations were omitted. We also stop using "AD" as an abbreviation for anaerobic digestion since it may make it ambiguous with "AD" (the reference year). In fact, keeping the number of words in the abstract within the limits is really impossible without using some of them. (2) It was avoided. (3) It was avoided to be as informative as possible.

13. As a rule of thumb, no dots in titles or subtitles as in the Experimental section, Anerobic Pilot Unities, etc.

Response: The dots were removed.

14. Multiple references should be merged, not written separately, as in "29, 30" and "23, 27"; the author may use the merge reference option in reference software.

Response: It was corrected.

15. The author may add numbers for all titles and subtitles accordingly all over the manuscript.

Response: Based on the JMIR guidelines for the author, it is not allowed to use numbering for headings and subheadings.

Minor Comments

16. The author should avoid general and well-known information, and be selective in the recent references used. May add one small paragraph to the Biological Waste Management and Environment Sustainability section.

Response: The small paragraph already discussed the current state of municipal organic waste production and treatment in the European Union. We extended it and incorporated all other information regarding environmental sustainability from some relevant sources suggested by the peer reviewer.

17. The author should clarify the main aim of the work clearly in the last paragraph of the Introduction.

Response: The main aim of this study was an assessment of multistep pretreatment acidogenic fermentation, followed by anaerobic digestion of municipal organic waste in comparison with the existing method of single anaerobic digestion in terms of financial profit and technical feasibility.

18. Do not use our, we, or us in academic writing.

Response: Based on the journal guidelines, there are no issues with using we and us in the article submitted to JMIR Publications; nevertheless, I do my best to avoid overusing these words in my manuscripts.

19. The author may mention novel applications of VFA and biogas. Mention different novel sources of biogas production.

Response: It was already mentioned in the study that biogas and VFA typically were used for energy production and biopolymer synthesis, respectively. Moreover, other sources of biogas typically were from nonbiological processes, which were beyond our scope since we focused on carbon-neutral microbiological processes.

20. The author should mention the gas chromatography type, gas injection rate, column dimensions, and the used carrier gas in the main document.

Response: It was included in the Methods section.

21. The author did not mention that flushing with nitrogen or carbon dioxide took place in anaerobic digestion while feeding reactors and how the anaerobic conditions were maintained; please mention it clearly or add the references used for the methodology.

Response: The anaerobic condition was ensured in bottles just by sealing them after filling without any flushing with nitrogen or carbon dioxide since we had known that the oxygen transfer at the surface of the waste stream was impossible as it contained high total solids and SCOD. This type of procedure was adopted in our lab and has been conducted for years.

22. Organize titles all over the manuscript.

23. Generally, the subtitles are too generic; modify them to be more indicative and precise.

Response: The subtitles were modified to be more indicative and precise.

24. "unless Saturday and Sunday" in line 208 is not important information; the suggested word "daily" is enough.

Response: It was corrected.

25. "Unite": Please correct.

Response: All units are corrected.

26. Remove the grid lines in the figures.

Response: They were removed.

27. The author has to mention the range used for the chemical oxygen demand method, and the original reference should be cited appropriately.

Response: The method for determination of soluble and solid chemical oxygen demand of the waste stream was according to the Standard Methods for Water and Wastewater. We also clearly discussed in the Methods section a proper limit of detection and reference.

28. "As can be seen": This statement is repetitive more than once in the Discussion, in lines 301, 315, and 423.

Response: Line 301 was corrected. Line 315 was corrected to be informative and avoid repetition. Line 423 was rectified in English language, and the repetitive statements were removed.

29. Figure 3 caption: Mesophilic fermentation: Please specify which stage because both of the sequential steps were called mesophilic fermentation in Figure 1.

Response: In fact, Figure 3 depicts the weight ratio distribution from the second step named mesophilic acidogenic fermentation. Surprisingly, the VFA could only be obtained from the second stage. Additionally, we modified the caption to read "VFAs weight ratio distribution for mesophilic acidogenic fermentation" and made a clear reference to Figure 1, which depicts the processes of pretreatment, acidogenic fermentation followed by mesophilic anaerobic digestion . In terms of pH and HRT, the two later procedures differ from one another substantially.

30. What is the rationale for comparing 3 days to 4.5 days for all the used systems; the author may justify why 4.5 days is better to complete with this HRT in the rest of the experiments or describe the one variable at a time optimization method that is used to determine the significant factors and the insignificant one; mention them clearly. Also, use in the Discussion the terms "significant" and "insignificant" according to the obtained P value.

Response: The values for the two HRTs to increase the VFA concentration in the outlet were selected based on our experience and process knowledge. According to this information, exceeding the HRT value of more than 3 - 5 days can bring the process into an anaerobic digestion step. As a result, the VFAs with high-added value markets are converted to biogas. Hence, the two HRTs of 3 days and 4.5 days were tried in the pilot test, knowing that the VFA concentration would either increase or decrease linearly in this local region of operation.

31. The author has to mention tables and figures in the text in their appropriate place.

Response: They were mentioned where they were referred to.

References

1. Anonymous. Peer review of "Converting Organic Municipal Solid Waste Into Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies With Statistical Analysis". JMIRx Med 2025;6:e69895. [doi: 10.2196/69895]
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3. Jung S, Shetti NP, Reddy KR, et al. Synthesis of different biofuels from livestock waste materials and their potential as sustainable feedstocks – a review. Energy Convers Manage 2021 May 15;236:114038. [doi: 10.1016/j.enconman.2021.114038]

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Abbreviations

HRT: hydraulic retention time
SCOD: soluble chemical oxygen demand
VFA: volatile fatty acid

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Authors' Response to Peer Reviews of "Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study"

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KEYWORDS

periodic health examination; PHE; preventive health services; routine health checkups; Jordan; cross-sectional study

This is the author's response to peer-review reports for "Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study."

Round 1 Review

Anonymous [1]

The following items were noted in this paper [2].

- *Periodic health examination (PHE) uptake: Only 27.1% of participants underwent a PHE in the last 2 years.*
- *Predictors: Significant predictors include recent visits to a primary health care facility, monthly income, and knowledge about PHEs and preventive health measures.*
- *Nonsignificant factors: Gender, marital status, smoking status, and BMI did not show a significant association with PHE uptake.*

Strengths

- *Comprehensive analysis: The study employs a robust methodology, combining descriptive, inferential, and multivariate statistical techniques to provide a thorough understanding of PHE uptake.*
- *Significant predictors identified: Key factors influencing PHE uptake were identified, offering valuable insights for health care providers and policy makers.*
- *First of its kind in Jordan: This study fills a gap in existing knowledge by being the first to investigate PHE uptake in Jordan.*

Negative Points and Areas for Improvement

Cross-Sectional Design

- *Limitation: The study's design limits the ability to establish causality.*
- *Improvement: Future research could benefit from a longitudinal approach to better establish causal relationships between the identified predictors and PHE uptake.*

Response: We acknowledge the limitation of the cross-sectional design in establishing causality and have highlighted this in the Discussion section, suggesting future longitudinal studies.

Convenience Sampling

- *Limitation: This method may introduce selection bias, and the online survey format may lead to measurement bias.*
- *Improvement: Employing a more randomized and stratified sampling method could enhance the representativeness and validity of the findings.*

Response: We have clarified the rationale for using convenience sampling due to resource constraints and have suggested more randomized methods for future studies.

Limited Generalizability

- *Limitation: Results may not be generalizable to populations outside of Jordan or those not included in the sample.*
- *Improvement: Expanding the study to include diverse populations and different geographic regions would provide a more comprehensive understanding of PHE uptake.*

Response: We understand the concern regarding generalizability. However, as the study aimed to estimate PHE uptake and its determinants specifically in Jordan, the focus on this population was intentional. For future research, we recommend conducting multinational studies, particularly in Arab countries, or performing systematic reviews or meta-analyses to obtain results that can be generalized beyond Jordan.

Survey Instrument

- *Limitation: The questionnaire's comprehensiveness and relevance to the Jordanian context might not have been fully ensured.*
- *Improvement: Pretesting the survey with a larger and more varied group, followed by adjustments based on feedback, could improve its applicability and accuracy.*

Response: We have taken steps to improve the relevance and comprehensiveness of the questionnaire by pretesting it and incorporating feedback.

Behavioral Factors

- *Limitation: The study did not find a relationship between behavioral factors and PHE uptake, which contradicts findings in other contexts.*
- *Improvement: A more detailed investigation into cultural and societal influences on health behaviors in Jordan is needed to clarify these results.*

Response: We agree that further investigation into cultural and societal influences on health behaviors in Jordan is needed and have discussed this in the manuscript.

English Language and Clarity

- *Limitation: The manuscript contains some grammatical errors and awkward phrasings, which can detract from its readability.*
- *Improvement: A thorough review and editing for language and clarity by a native English speaker or professional editor would enhance the manuscript's quality.*

Response: The manuscript has undergone a thorough review and editing process to enhance its readability and clarity.

Thank you for these excellent comments. We have thoroughly reviewed and integrated your suggestions into the main manuscript.

Reviewer AV [3]

Specific Comments

Major Comments

1. In this manuscript, write in detail about the data collection procedure.

Response: The data collection process was reviewed in detail. Please refer to the Methodology section and note that the questionnaire has been added as an appendix (see Multimedia Appendix 1).

2. Why was a convenience sampling technique employed?

Response: A convenience sampling technique was employed due to resource constraints, as the study was not funded and was conducted by a single author. This has been mentioned in the Methodology section.

3. "All collected data are treated with strict confidentiality." Some language corrections are required.

Response: We have rephrased the Ethical Consideration section to improve clarity and accuracy.

Minor Comments

There are a lot of formatting issues; many things seem copied and pasted.

Response: We have addressed the formatting issues to ensure consistency and clarity throughout the document.

Conflicts of Interest

None declared.

References

1. Anonymous. Peer review of "Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study". JMIRx Med 2025;6:e71531. [doi: 10.2196/71531]
2. Tayoun AA. Determinants of periodic health examination uptake: insights from a Jordanian cross-sectional study. JMIRx Med 2025;6:e57597. [doi: 10.2196/57597]
3. Ahmed A. Peer review of "Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study". JMIRx Med 2025;6:e71529. [doi: 10.2196/71529]

Abbreviations

PHE: periodic health examination

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Authors' Response to Peer Reviews of "Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study"

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KEYWORDS

artificial intelligence; machine learning; algorithm; analytics; AI deployment; human-AI interaction; AI integration; checklist; clinical workflow; clinical setting; literature review

This is the authors' response to peer-review reports for "Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study."

Round 1 Review

Anonymous [1]

The paper [2] presents the Clinical Artificial Intelligence (AI) Sociotechnical Framework (CASoF), a structured approach to guide the planning, design, development, and implementation of AI systems in health care settings. The framework is designed to address the gap between technical performance and sociotechnical factors that are essential for successful AI deployment in clinical environments.

The authors conducted a literature synthesis and a modified Delphi study involving global health care professionals to develop and refine the CASoF checklist. The checklist emphasizes the importance of considering the value proposition, data integrity, human-AI interaction, technical architecture, organizational culture, and ongoing support and monitoring, to ensure that AI tools are not only technologically sound but also practically viable and socially adaptable within clinical settings.

The study found that the successful integration of AI in health care depends on a balanced focus on both technological advancements and the sociotechnical environment of clinical settings. The CASoF represents a step forward in bridging this divide, offering a holistic approach to AI deployment that is mindful of the complexities of health care systems. The checklist aims to facilitate the development of AI tools that are effective, user-friendly, and seamlessly integrated into clinical workflows, ultimately enhancing patient care and health care outcomes.

The authors acknowledge some limitations of the study, such as the need for continuous refinement of the CASoF through iterative feedback and broader engagement with more stakeholders. Future research should aim to include an even wider array of perspectives, particularly from underrepresented regions and specialties, to enhance the framework's comprehensiveness and applicability.

Overall, the paper provides a valuable contribution to the field of AI in health care by offering a practical and comprehensive approach to the development and implementation of AI systems in clinical settings.

Reviewer AE [3]

General Comments

This paper presents the Clinical Artificial Intelligence (AI) Sociotechnical Framework (CASoF), a checklist intended to support the development and implementation of AI systems in health care settings. The framework is built on a comprehensive literature review and a modified Delphi study involving health care professionals globally. The manuscript addresses a significant gap in the integration of AI by emphasizing the importance of sociotechnical considerations alongside technical aspects.

Specific Comments

Major Comments

1. Clarity and structure: The manuscript could benefit from clearer explanations, particularly in the methodology section. The description of the Delphi study and literature synthesis is dense and may be difficult for readers to follow. Consider breaking down complex sentences and using more straightforward language.

Response: Thank you for this; we have addressed and improved on the clarity and description of the methodology section as requested.

2. Methodological rigor: The manuscript lacks details on the selection process for Delphi panelists and the exact methods used for data analysis. Transparency in these areas would significantly strengthen the paper. Additionally, clarify how the Delphi method was modified and the rationale behind these modifications.

Response: We have addressed the selection process and what the modification of the Delphi process involves.

3. Literature review and contextualization: The discussion section could benefit from a more critical comparison between the CASoF and existing frameworks. While the manuscript mentions other frameworks, it does not fully explore their limitations or how the CASoF overcomes these challenges. Expanding this discussion would provide a stronger justification for the CASoF's novelty and utility.

Response: We have added important comparisons with other existing frameworks/checklist and what utility the Clinical Artificial Intelligence (AI) Sociotechnical Framework (CASoF) has over them.

4. Checklist practicality: While the checklist is comprehensive, its length and complexity may hinder practical adoption. Consider providing a condensed version for quick reference and include examples of how the checklist can be applied in real-world scenarios.

Response: The application of the checklist in a real-world scenario has been highlighted. We appreciate the suggestion on providing a condensed version; however, we will retain the checklist in its present state and level. We created an online version to make the application easier [4].

5. Ethical considerations and bias mitigation: The manuscript discusses ethical considerations but lacks specific strategies for addressing these issues within the CASoF. Expanding this discussion would enhance the manuscript's comprehensiveness.

Response: The checklist highlights specific questions that addresses ethical considerations; this has also been better highlighted in the manuscript.

Minor Comments

6. Typographical and grammatical errors: There are minor typographical and grammatical errors throughout the manuscript that should be corrected. For instance, phrases like "revised and edited" could be simplified to "revised" for conciseness.

Response: Thanks for this comment; this has been corrected.

7. Tables and figures formatting: The tables summarizing the Delphi study results are helpful but could be more effectively formatted. Using shading or color coding to distinguish between different stages or domains would improve clarity and ease of interpretation.

Response: Thanks, this is well noted. The final formatting would be more of a decision of the publisher.

8. Recent references: Some references in the manuscript are relatively old, which is less ideal for a rapidly evolving field like AI. Where possible, the manuscript should incorporate more recent literature to support its claims and demonstrate the ongoing relevance of the topic.

Response: The references for the articles were selected based on their relevance to the topic.

Reviewer AP [5]

General Comments

This paper...is a very cohesive approach to establishing a framework for the implementation of artificial intelligence (AI).

Specific Comments

Major Comments

1. Ideally there should be information on the demographics of the expert panel.

2. Please add comments regarding equitable access for these technologies.

Response: We did not collect demographic data for the panelists except their professions.

Reviewer BH [6]

General Comments

Using artificial intelligence (AI) to add social and domain-specific steps to clinical trials is innovative. My only comment is whether the number of stages or the checklist changes if the shortlisted panelists change.

Response: This change does not affect the number of changes. The process ends when consensus is reached.

Specific Comments

Major Comments

1. I am unsure if having 38 (expert) panelists is good enough to have a robust framework.

Response: Nasa et al [7] highlighted that a panel of 30 - 50 is considered optimum for a Delphi study.

Anonymous [8]

General Comments

This paper construct a checklist to support the development and implementation of artificial intelligence (AI) in clinical settings. I only have some minor comments.

Minor Comments

1. Comparison with existing checklists: Please add a comparison with some of the existing checklists.

Response: Thank you for this; we have added the necessary comparisons.

2. Inconsistency in the number of studies: The authors initially stated that they included 20 studies, but later mentioned 23. Please clarify.

Response: This has been corrected. There were 19 studies, 3 were excluded, and then 4 were added, which gives a final total of 20.

3. Appendix visibility: The appendix is not visible.

Response: This has been corrected.

4. Abbreviation consistency: The abbreviation "IQR" appears multiple times. Please ensure it is clearly defined and used consistently.

Response: This has been corrected. Thanks.

Anonymous [9]

This paper introduces the Clinical Artificial Intelligence (AI) Sociotechnical Framework (CASoF), a checklist developed through a literature synthesis and refined by a Modified Delphi study. It aims to guide the development and implementation of AI in clinical settings, focusing on the integration of both technological performance and sociotechnical factors. The framework addresses gaps in existing frameworks by emphasizing not only technical specifications but also the broader sociotechnical dynamics essential for successful AI deployment in health care.

New approaches to reporting AI in clinical settings are crucial as AI becomes more integrated into clinical practice. However, the paper needs to address the "black box" dilemma more thoroughly. This refers to the opaque nature of AI algorithms, where the decision-making process is not easily interpretable by clinicians, leading to trust and transparency issues. Additionally, while the CASoF checklist is a valuable tool, it would benefit from a more detailed comparison to established frameworks like TRIPOD (Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis), which has been widely used in developing and validating clinical prediction models. Discussing how the CASoF complements or improves upon TRIPOD would strengthen the paper's contributions.

I suggest adding a paragraph discussing the potential roles of AI when integrated into hospital electronic health record (EHR) systems. AI could be used for the development of advanced diagnostic and prognostic tools by analyzing real-time patient data. Integration with EHRs could enhance decision-making, providing predictive analytics at the point of care and improving patient outcomes. This would help explore the broader clinical impact of AI beyond just technical integration, addressing its potential for continuous learning and optimization in health care settings.

Response: Thanks for your review, this is well noted.

References

1. Anonymous. Peer review for "Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study". JMIRx Med 2025;6:e69869. [doi: 10.2196/69869]
2. Owoyemi A, Osuchukwu J, Salwei ME, Boyd A. Checklist approach to developing and implementing AI in clinical settings: instrument development study. JMIRx Med 2025;6:e65565. [doi: 10.2196/65565]
3. Zaki S. Peer review for "Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study". JMIRx Med 2025;6:e70058. [doi: 10.2196/70058]
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6. Saripalli S. Peer review for "Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study". JMIRx Med 2025;6:e69594. [doi: 10.2196/69594]

7. Nasa P, Jain R, Juneja D. Delphi methodology in healthcare research: how to decide its appropriateness. World J Methodol 2021 Jul 20;11(4):116-129. [doi: 10.5662/wjm.v11.i4.116] [Medline: 34322364]
8. Anonymous. Peer review for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study". JMIRx Med 2025;6:e69870. [doi: 10.2196/69870]
9. Anonymous. Peer review for “Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study". JMIRx Med 2025;6:e69595. [doi: 10.2196/69595]

Abbreviations

AI: artificial intelligence
CASoF: Clinical Artificial Intelligence Sociotechnical Framework

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Author's Response to Peer Reviews of "Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis"

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Companion article: https://med.jmirx.org/2025/1/e50712

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KEYWORDS

breast; cancer; oncology; ovarian; virus; viral; Epstein-Barr; herpes; bioinformatics; chromosome; gene; genetic; chromosomal; DNA; genomic; BRCA; metastasis; biology

This is the author's response to peer-review reports for "Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis."

Round 1 Review

Anonymous [1]

Review Report With Major Revisions for the Paper

Title: "Herpesvirus infections eliminate safeguards against breast cancer and its metastasis: comparable to hereditary breast cancers"

Summary

The paper [2] hypothesizes that Epstein-Barr virus (EBV) infections promote breast cancer by disabling cancer safeguards. It is a bioinformatics analysis of public information from about 2100 breast cancers. The study finds that breast and ovarian cancer breakpoints cluster around EBV-associated cancer breakpoints, suggesting a significant role of EBV in promoting these cancers. The paper also identifies similarities in the molecular and cellular disruptions caused by EBV with those found in hereditary breast cancers.

Major Revisions Needed

Clarification of Hypotheses and Objectives

The hypothesis, while intriguing, needs clearer articulation. Specifically, the connection between EBV and breast cancer needs more explicit theoretical underpinning. Clarify the objectives and expected outcomes of the study at the outset.

Response: The objectives and expected outcomes of the study were clarified at the outset in the Abstract and Introduction.

Methodological Rigor and Data Sources

While the bioinformatics approach is robust, it would benefit from a more detailed description of the methods and algorithms used. Additionally, the selection criteria for the breast cancer data should be justified more thoroughly to avoid selection bias.

Response: A more detailed description of the methods and algorithms used has been added in the Methods section (page 6).

Statistical Analysis

The statistical methods used need more comprehensive detailing. For complex analyses, ensure the statistical assumptions and any transformations of data are clearly explained. Include more information on the statistical tests used for hypothesis testing and the justification for their use.

Response: I included more information on the statistical tests, the justification, and limitations of their use (page 7).

Comparative Analysis

The comparison between hereditary breast cancers and those potentially caused by EBV is insightful. However, a more detailed comparative analysis would strengthen the argument. This could include molecular or genetic profiling comparisons.

Response: I added a more detailed comparative analysis with results in Figure 2H and Table S2, as described on page 10.

Discussion on Contradictory or Supporting Evidence

The discussion section should address not only the supporting evidence but also any contradictory findings in the literature. This balance is crucial for a nuanced understanding of the subject.

Response: The paper's hypothesis more clearly accounts for the absence of demonstrable EBV infection in breast cancer, explaining contradictory results. The other contradictory result posits an imperfect palindrome on chromosome 11. This result is tested on page 13.

Implications and Future Research Directions

The implications of these findings are profound but need clearer articulation. Discuss the potential impact on breast cancer treatment and prevention strategies. Also, outline future research directions, particularly in clinical or experimental studies to confirm these bioinformatics findings.

Response: I articulated the implications of these finding more clearly with their impact on breast cancer treatment and prevention strategies. I also outlined future research directions with clinical or experimental studies to confirm the bioinformatics findings (Discussion, page 16).

References

Please add more background information about breast cancer (please cite: 1. Cao Y, Efetov S, He M, et al. Updated clinical perspectives and challenges of chimeric antigen receptor-T cell therapy in colorectal cancer and invasive breast cancer. Arch Immunol Ther Exp (Warsz). Aug 11, 2023;71(1):19. [doi: 10.1007/s00005-023-00684-x] [Medline: 37566162]; and 2. Liu Y, Lu S, Sun Y, et al. Deciphering the role of QPCTL in glioma progression and cancer immunotherapy. Front Immunol. Mar 29, 2023;14:1166377. [doi: 10.3389/fimmu.2023.1166377] [Medline: 37063864]).

Response: I added these references.

Concluding Remarks

The paper presents a novel and potentially significant hypothesis linking EBV to breast cancer. However, it requires major revisions to enhance its methodological rigor, clarity, and comprehensiveness. Addressing these concerns will significantly strengthen the manuscript's impact and contribution to the field.

Anonymous [3]

Dear Author,

After a thorough review of the paper titled "Herpesvirus infections eliminate safeguards against breast cancer and its metastasis: comparable to hereditary breast cancers" by Bernard Friedenson, here is the negative feedback and evaluation, along with a recommendation for the inclusion of a specific article in the discussion section.

Negative Feedback and Evaluation

Clarity and Scope

The paper ambitiously attempts to link Epstein-Barr virus (EBV) infections to breast cancer development and metastasis. While the hypothesis is intriguing, the narrative sometimes lacks clarity and could benefit from a more focused scope. The vast amount of data and the complex mechanisms presented can be overwhelming and occasionally detract from the main message.

Response: I focused the scope in this revision in the Abstract and Introduction.

Methodological Concerns

The reliance on bioinformatics analyses and previously published datasets raises questions about the direct experimental validation of the proposed mechanisms. Although the computational approach is valid, the absence of direct experimental evidence or validation in breast cancer samples limits the strength of the conclusions.

Response: I explained in the Discussion section that direct experimental evidence or validation has already been done. EBV-infected human mammary epithelial cells produce breast cancer in immunosuppressed mice (page 17).

Interpretation of Data

The interpretation of viral homology and its impact on cancer development is speculative in several sections. The connections made between EBV infections, chromosomal breakpoints, and cancerous mutations rely heavily on correlative data without sufficient causal evidence. A more cautious interpretation of the results, highlighting the need for further experimental validation, would strengthen the manuscript.

Response: I added more evidence (Figure 2H and Table S2) to the association of EBV infection and cancer development and took greater care throughout to interpret the results more cautiously.

Consideration of Alternate Hypotheses

The paper could benefit from a more balanced discussion of alternative hypotheses explaining the observed data. For instance, the role of other environmental, genetic, or lifestyle factors in breast cancer development is not adequately considered. Acknowledging and discussing these potential confounders would provide a more comprehensive understanding of the complex etiology of breast cancer.

Response: I explained how EBV relates to alternate hypotheses and exacerbates the effects of other known breast cancer risk factors (page 16).

References and Current Literature

While the paper cites a significant amount of relevant literature, it sometimes overlooks recent studies that could either support or challenge the proposed hypotheses. Incorporating a more

current and diverse range of references would enhance the paper's relevance and credibility.

Response: I included more information from more current and diverse ranges of references.

Recommendation for Discussion Inclusion

To broaden the discussion and contextualize the findings within the broader research landscape, it is recommended to include the following article in the discussion section.

Al-Awaida W, Al-Ameer HJ, Sharab A, Akasheh RT. Modulation of wheatgrass (Triticum aestivum Linn) toxicity against breast cancer cell lines by simulated microgravity. Curr Res Toxicol. Sep 19, 2023;5:100127. [doi: 10.1016/j.crtox.2023.100127] [Medline: 37767028]

Incorporating this article could provide valuable insights into innovative approaches for studying cancer therapies. Specifically, the effects of simulated microgravity on the efficacy of natural compounds like wheatgrass against breast cancer could open up new avenues for research on the environmental and physical conditions affecting cancer treatment outcomes. Discussing this study would enrich the manuscript by introducing the concept of microgravity as a novel factor influencing cancer cell behavior and therapy resistance, thereby offering a broader perspective on cancer research methodologies and therapeutic strategies.

Response: I could not find a way to apply and cite this interesting work since it was so far afield from the manuscript.

Round 2 Review

Anonymous [3]

General Comments

This paper tests the idea that EBV infections can help cause breast cancer by weakening the body's defenses against cancer. The study uses bioinformatics to compare chromosome breakpoints in breast cancer to those in cancers known to be caused by EBV. The results show that EBV might play a role in breast cancer by damaging important cell functions.

Specific Comments

Major Comments

The methods section needs more details about how the datasets were chosen and combined.

Response: More details on how the datasets were chosen have been added.

The discussion should explain more about how EBV might cause the chromosome breaks and rearrangements seen in breast cancer.

Response: The discussion includes an expanded explanation about how EBV might cause the chromosome breaks and rearrangements seen in breast cancer.

More data or references are needed to support the idea that EBV helps breast cancer spread to other parts of the body.

Response: A new Figure 7 and more data have been added. Additional references have also been added, and the metastasis topic has been clarified and expanded.

Minor Comments

Adding more references would strengthen the sections that talk about how EBV affects breast cancer.

Response: Many more references have been added.

Figures and tables should be clearly mentioned in the text to help readers follow the data.

Response: Figures and tables are now more prominently mentioned in the text.

Some parts of the manuscript need clearer writing and better organization, especially where complex bioinformatics results are explained.

Response: I revised the manuscript with clearer writing and better organization, especially where complex bioinformatics results are explained.

The abstract should be revised to clearly highlight the main findings and why they are important.

Response: I revised the Abstract to highlight the main findings and why they are important.

Make sure all abbreviations are defined when they are first used to help readers understand the text better.

Response: I went through the manuscript to be sure all abbreviations were defined. I also added a glossary containing abbreviations, gene names, and viruses.

References

1. Anonymous. Peer review of "Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis". JMIRx Med 2025;6:e70039. [doi: 10.2196/70039]
2. Friedenson B. Identifying safeguards disabled by Epstein-Barr virus infections in genomes from patients with breast cancer: chromosomal bioinformatics analysis. JMIRx Med 2025;6:e50712. [doi: 10.2196/50712]
3. Anonymous. Peer review of "Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis". JMIRx Med 2025;6:e70041. [doi: 10.2196/70041]

Abbreviations

EBV: Epstein-Barr virus

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Authors' Response to Peer Reviews of "Impact of a Point-of-Care Ultrasound Training Program on the Management of Patients With Acute Respiratory or Circulatory Failure by In-Training Emergency Department Residents (IMPULSE): Before-and-After Implementation Study"

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Companion article: https://med.jmirx.org/2025/1/e72144

Companion article: https://med.jmirx.org/2025/1/e53276

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KEYWORDS

point-of-care ultrasonography; training program; acute respiratory failure; acute circulatory failure; emergency department

This is the authors' response to peer-review reports for "Impact of a Point-of-Care Ultrasound Training Program on the Management of Patients With Acute Respiratory or Circulatory Failure by In-Training Emergency Department Residents (IMPULSE): Before-and-After Implementation Study."

Round 1 Review

Anonymous [1]

General Comments

This paper [2] researches an essential component of point-of care ultrasonography. As this modality is rapidly evolving, evaluation of the impact on patient management and outcomes as well as cost-effectiveness is essential. Both subjects discussed in the paper result in a highly relevant manuscript. Even though the authors discuss relevant subjects, there are some problems with the manuscript.

Specific Comments

Major Comments

1. The title of the manuscript suggests that the authors researched the impact of ultrasound after implementation. However, as stated in the Methods section, ultrasound is already used by senior physicians. Thus, the impact of ultrasound after implementation is not researched but rather the impact of ultrasound used by residents. I suggest that the authors clarify that this is a feasibility and impact study on the implementation of point-of-care ultrasound (POCUS) used by residents in the emergency department (ED) in the title and Abstract.

Response: The title has been modified according to the reviewers' indications, to highlight the fact that the study's primary aim is to validate the implementation of a training curriculum for interns in training, and not to study the effect on patient outcome.

2. The authors state that patients were not included consecutively due to logistics in phase 2. This results in a high risk of bias in the included patients. Please include in the CONSORT (Consolidated Standards of Reporting Trials)

diagram the number of patients that were eligible and were excluded based on exclusion criteria or missed.

Response: As mentioned, the patients were not fully consecutively included due to organizational reasons: an incoming patient could only be considered for inclusion if the emergency department (ED) patient flow allowed, without delaying treatment or impacting on department operations. This is mentioned in the text. However, the number of patients who could have been included is not known (no traceability of screening).

3. It is unclear how many residents were performing the ultrasound examinations included in the analysis: the Methods section state that there was only 1 resident at the ED in both phases, while in the Results section, it states that there were 12 residents trained. Please clarify.

Response: Twelve doctors were trained, but only 1 resident at a time worked in the ED during each shift, and only he or she could therefore include patients during that shift, as specified in the text. We hope that the text will clarify this point.

4. The authors state that they chose a before-and-after implementation to evaluate the effect of POCUS to avoid contamination. However, before the implementation, POCUS was already used by senior physicians, which raises the question if POCUS was indeed not used in phase 1 of the trial.

5. Interestingly, in the Discussion section, the author discussed that the publication of Msolli et al did not find an improvement of diagnostic accuracy. It would be interesting to discuss why this is the case.

Response: As suggested by the reviewer, we have added a comment on the difference in the diagnostic accuracy of point-of-care ultrasound (POCUS) in our study and in the study by Msolli et al [3].

6. In the Discussion and Conclusion, it is suggested that the use of POCUS might lead to a decrease in hospital mortality. Since this is an observational study in which, just as the authors state, a diagnostic tool rather than a therapeutic intervention is researched, this is too rash to state. Please remove this from the Conclusion and Abstract.

Response: We have modified the Conclusion to relativize the effect of implementation on mortality, which is at best indirect, as mentioned by the reviewer.

Minor Comments

Overall

7. The authors provide results with IQR; however, no ranges are given. Please describe results as mean (SD) when data are normally distributed or median (25th percentile – 75th percentile) when data are not normally distributed.

Response: As all data are not normally distributed, we have chosen to keep the IQR (25th-75th), so as not to overload the text.

8. Formatting of the full manuscript needs some attention. For example, in the Abstract, not all sentences start with a capital letter. Also, it is common in the English language to write number in full up to 20.

9. Please follow the author guidelines of the journal for reporting values and the structure of the manuscript.

Response: Formatting has been adapted according to the transmitted comments.

Title Page

10. The authors state that a clinical trial registration was done. However, it seems that they refer to a registration by a medical ethical review board. Please provide a clinical trial registration or if not applicable, remove it from the title page.

Response: We have deleted the information on registration.

Introduction

11. In the first sentence, please state the full name of "emergency department" before using the abbreviation ED.

Methods

12. Figure 1 should be formatted. The most common formatting is according to the CONSORT flow diagram.

Response: We have formatted Figure 1 according to the instructions.

Results

13. Please do not discuss the results in the Results section.

Response: We have deleted all discussions of the results in the Results section.

Discussion

14. Please end the Discussion section with the strengths and limitations. The secondary findings should be above the Strengths and Limitations section.

Response: We have moved the secondary findings to before the discussion on the strengths and limitations.

Round 2 Review

Anonymous

I would like to compliment the authors of their extensive changes to the manuscript. I have some minor comments.

Response: We thank the editor and the reviewer for their careful reading of our manuscript and for their valuable comments. We have addressed all issues raised by them and modified the text accordingly. We have uploaded a change tracking version of the manuscript, with changes highlighted in yellow.

Before-and-after design: In such a study design, the only difference between the two phases should be the implemented intervention. In IMPULSE (Impact of a Point-of-Care Ultrasound Examination), the intervention was the implementation of immediate POCUS examination by junior in-training residents managing patients in the first line, after a short structured training program. This was performed only during the postimplementation phase, and never done before. POCUS could be performed in both phases by senior experienced physicians, but later in the management of the

patient, after the initial clinical evaluation (and after the POCUS during the postimplementation phase) of the junior resident. We therefore continue to affirm that this is indeed a before-and-after study design, with a clear implementation of a changing practice. We have clarified this in all sections of the text.

We have, as suggested, included information on the residents' characteristics, as this valuable information is important for the interpretation of the study results. A new section has been added in the Methods and in the Results parts of the text.

We have put the 25th - 75th IQR range everywhere in the text and tables, as suggested.

We have removed the figure legends from the uploaded figures.

As mentioned, a change-tracking version has been uploaded as a supplementary file, with changes highlighted in yellow.

All ethics information has been grouped in a specific section in the Methods part of the text.

We have followed the guidelines on reporting results.

Minor Comments

1. I would suggest changing the sentence "However, there is still no strong evidence that the diagnostic accuracy of POCUS translates into a clinically relevant difference in patient outcomes" in the Introduction, because you also do not provide strong evidence (I do not know if we ever could provide strong evidence). I would suggest that you focus it more on the fact that the impact of using POCUS in the management of patients in the ED is still relatively unknown.

Response: We have adapted the sentence on the evidence of the clinical impact of POCUS in the Introduction, as suggested by the reviewer.

2. I would suggest to start the Discussion section with a short summary of the key findings.

Response: We have started the Discussion section with a short summary of key findings.

References

1. Anonymous. Peer review of "Impact of a Point-of-Care Ultrasound Training Program on the Management of Patients With Acute Respiratory or Circulatory Failure by In-Training Emergency Department Residents (IMPULSE): Before-and-After Implementation Study". JMIRx Med 2025;6:e72144. [doi: 10.2196/72144]
2. Bieler S, Tagan D, Grosgurin O, Fumeaux T. Impact of a point-of-care ultrasound training program on the management of patients with acute respiratory or circulatory failure by in-training emergency department residents (IMPULSE): before-and-after implementation study. JMIRx Med 2025;6:e53276. [doi: 10.2196/53276]
3. Msolli MA, Sekma A, Marzouk MB, et al. Bedside lung ultrasonography by emergency department residents as an aid for identifying heart failure in patients with acute dyspnea after a 2-h training course. Ultrasound J 2021 Feb 9;13(1):5. [doi: 10.1186/s13089-021-00207-9] [Medline: 33559777]

Abbreviations

ED: emergency department
IMPULSE: Impact of a Point-of-Care Ultrasound Examination
POCUS: point-of-care ultrasound

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Authors' Response to Peer Reviews of "Impact of a Point-of-Care Ultrasound Training Program on the Management of Patients With Acute Respiratory or Circulatory Failure by In-Training Emergency Department Residents (IMPULSE): Before-and-After Implementation Study"
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Authors' Response to Peer Reviews of "The Impact of Rural Alimentation on the Motivation and Retention of Indigenous Community Health Workers in India: Qualitative Study"

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KEYWORDS

rural alimentation; community health workers; motivation; retention; rural health; rural nutrition; workforce

This is the authors' response to peer-review reports for "The Impact of Rural Alimentation on the Motivation and Retention of Indigenous Community Health Workers in India: Qualitative Study."

Round 1 Review [1]

General Comments

This paper [2] has given the impression that the researcher has done thorough homework before starting the research and it is evident in the paper. Case methodology and thematic analysis are a few of the approaches that depict the quality of the paper. Overall, as a reviewer, it is my opinion that the research paper is of quality.

Specific Comments

1. A few more factors like government initiatives should be included in studying the impact on the motivation and retention of community health workers.

Response: Factors such as government initiatives and policies have been additionally incorporated into the Discussion section.

Major Comments

1. I feel that the analysis also can include education as a parameter.

2. The thematic analysis is one of the strengths of this research and is appreciated.

Response: Due to time constraints, education could not be included as a sample parameter.

Minor Comments

1. Common wording should be used in every section of the paper, like qualitative case research methodology and qualitative case research.

Response: The term "qualitative case research" has been consistently used throughout the study.

References

1. Kumar Thalari S. Peer review of "The Impact of Rural Alimentation on the Motivation and Retention of Indigenous Community Health Workers in India: Qualitative Study". JMIRx Med 2025;6:e70808. [doi: 10.2196/70808]
2. Kerketta A, A N R. The impact of rural alimentation on the motivation and retention of Indigenous community health workers in India: qualitative study. JMIRx Med 2025;6:e48346. [doi: 10.2196/48346]

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Authors' Response to Peer Reviews of "Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development"

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KEYWORDS

childhood pneumonia; community-acquired pneumonia; machine learning; clinical decision support system; prognostic care decision

This is the authors' response to peer-review reports for "Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development."

Round 1 Review

Anonymous [1]

General Comments

This paper [2] developed a machine learning approach that could predict community-acquired pneumonia prognosis, which is scaled into two-levels, severe or nonsevere, and identify important clinical indices, such as hypoxia, respiratory distress, age, z score of weight for age, and antibiotic usage before admission. The machine learning–based clinical decision support system tool for childhood pneumonia could provide prognostic support for case management.

Response: Thank you for your positive summary of our work. We appreciate your recognition of the machine learning tool's potential in supporting childhood pneumonia prognosis and case management.

Specific Comments

Major Comment

1. To enhance the manuscript's grounding in current research and to provide a comprehensive context for the study, the authors are recommended to incorporate an evaluation of related literature in the Introduction and Discussion sections. This could include, but not be limited to, the following studies:

- *Liu YC, Cheng HY, Chang TH, et al. Evaluation of the need for intensive care in children with pneumonia: machine learning approach. JMIR Med Inform. Jan 27, 2022;10(1):e28934. [doi: 10.2196/28934] [Medline: 35084358]*
- *Smith JC, Spann A, McCoy AB, et al. Natural language processing and machine learning to enable clinical decision support for treatment of pediatric pneumonia. AMIA Annu Symp Proc. Jan 25, 2020;2020:1130-1139. [Medline: 33936489]*
- *Kanwal K, Khalid SG, Asif M, Zafar F, Qurashi AG. Diagnosis of community-acquired pneumonia in children using photoplethysmography and machine learning-based classifier. Biomed Signal Process Control. Jan 2024;87:105367. [doi: 10.1016/j.bspc.2023.105367]*
- *Chang TH, Liu YC, Lin SR, et al. Clinical characteristics of hospitalized children with community-acquired*

pneumonia and respiratory infections: Using machine learning approaches to support pathogen prediction at admission. J Microbiol Immunol Infect. Aug 2023;56(4):772-781. [doi: 10.1016/j.jmii.2023.04.011] [Medline: 37246060]

The readers could have a more comprehensive understanding if the authors could include a concise evaluation of the prior literature in the current manuscript.

Response: Thank you for those invaluable articles. We have revised the Introduction and Discussion sections to include a concise evaluation of the recommended studies, along with other relevant literature, in order to enhance the readers' understanding and to enhance alignment with the current research landscape in this niche.

2. Considering the high stakes involved in pediatric care, particularly in intensive settings, it is critical to exam the false negative cases from the confusion matrices. Analyzing these cases for any common feature characteristics could provide insights into potential improvements in the predictive algorithm. This analysis should be clearly presented and discussed in the manuscript, emphasizing its importance in clinical decision-making.

Response: Thank you for this important suggestion. We have carefully reviewed the false negative cases and conducted an analysis to identify any common characteristics. The analysis of false negatives of the best model "Blending-2" only revealed two false negatives, underweighting clinical features comorbidities while over-relying on the absence of hypoxia. As it only included two cases, the false negatives analysis has not been included in the Results section.

3. The manuscript would benefit from a more detailed description of the cohort used in the study. Information on age, gender, and other clinical indices across the two groups (severe and nonsevere) would enable a better understanding of the study population. Additionally, providing the number of cases in each group would clarify the scope and scale of the study findings.

Response: We have added a Study Population section in the Methods, providing details on the study group and the candidate variables collected. Additionally, a Study Population Characteristics section has been included in the Results, where key variables (eg, age, respiratory distress, and leukocyte count) are compared between the nonsevere and severe level of care groups (Table 2). These updates clarify the cohort's characteristics and address your concern regarding study population details.

4. A detailed description of the data collection process is crucial for assessing the study's applicability in real-world clinical settings. The manuscript should explicitly state the following:

- *How and when clinical data, including features such as hypoxia and respiratory distress, were collected (eg, at the time of admission? or within 24 hours of admission?);*
- *The time frame considered for "antibiotic usage before admission" as relevant to the prediction model: This information is essential for replicability and for future applications of the findings in clinical workflows.*

Response: We have provided a detailed description of the variables in the revised Table 1 to enhance transparency, ensuring a better understanding of how data were collected and used for the prediction model. All clinical features were encoded by pediatricians using the unstructured initial medical records at admission. For clarity and the comprehension of readers, the phrase "...candidate features from unstructured admission notes" was added to the second paragraph under the subheading of Case Definition and Patient Selection in the Methods section. Additionally, The term "recent antibiotic usage" has been clarified to indicate oral antibiotic use prescribed before admission, specifically within the 14 days preceding hospitalization. We believe these additions provide the necessary clarity and improve the replicability of the study in real-world clinical workflows.

Reviewer E [3]

General Comments

The authors have examined the medical records for 437 patients with pneumonia and created a machine learning–based classifier to determine which patients required transfer to a tertiary care center. This subject is interesting, as the predictive power of these novel statistical techniques is high and could improve the clinical care of these patients. The authors have done thorough work describing the statistical methods used in the preprocessing of the data and model development. My primary concerns in the manuscript are the lack of clinical application description, the lack of description of the time frame of the included data elements, and the lack of description regarding the patient population and outcome of interest. The following are my point-by-point comments.

Response: Thank you for your thoughtful and detailed review of our manuscript. We appreciate your recognition of the statistical methods we used for preprocessing and model development. We acknowledge the need for improving our work in the fields that Reviewer E stated. Therefore, we have addressed each of these points as follows:

- The updated Table 1 (candidate features) provides an in-depth description of the clinical and laboratory features on how and when data collection was made (time frame), along with their clinical relevance in predicting the outcome of level of care severity. These variables were chosen based on their clinical value and ease of collection in primary care settings, allowing the model to be functional in low-resource environments.
- A new Table 2 (former Table 2 became Table 3) presents a statistical comparison between the severe and nonsevere level of care groups, focusing on the differences in demographics, clinical presentation, and laboratory values. This further highlights the factors that contribute to the outcome of interest—whether a patient requires tertiary care. The revised tables should provide a more comprehensive understanding of how the model was developed and how it applies to real-world clinical populations.

- A new subsection titled Study Population Characteristics was added under Results, where key variables were compared between groups, along with presenting the characteristics of the study population.

Specific Comments

Major Comments

Abstract

The authors use the term "case management" in the Abstract and several times in the manuscript. In this context, the authors' meaning is the decision for the escalation of care or patient transfer. However, in US-based hospital systems, case management has a different meaning, which includes largely transition to rehabilitation or nursing facilities, acquisition of home oxygen therapy, etc. I would recommend altering this term for comprehension to something like "escalation of care" or "patient triage."

Response: We acknowledge that the term "case management" may have different interpretations depending on the health care system. To avoid confusion, we will revise this term throughout the manuscript (including the main title) to either "prognostic care decision," "diagnosis and treatment," or "pneumonia management," which are more in alignment with our study's goal and contemporary research. Additionally, the Abstract has been substantially revised to align with the updated version of the manuscript.

The primary outcome of interest should be included in the Abstract.

Response: We have included a clear statement in the Abstract that the primary outcome of interest is the level of care severity, specifically focusing on the need for pediatric intensive care unit admission or advanced respiratory support.

As detailed in the Methods section, it is crucial to describe the time frame for the included variables, to know when the algorithm could be used in clinical practice.

Response: We specified the time frame for the data collection in the Abstract, in alignment with the changes made in texts and tables in the Methods section, ensuring that readers understand when the algorithm could be used in clinical practice. This will clarify the applicability of the model based on the retrospective nature of the data.

Introduction

As the goal of the algorithm in the study is to predict which patients will need transfer to tertiary care for increasing respiratory support, more of the Introduction should focus on the management of in-hospital pediatric pneumonia, challenges, and reasons for the escalation of care.

I would recommend altering the sentence that describes pneumonia as easily preventable and treatable. Several of the most complicated cases in the intensive care unit are admitted with pneumonia.

Response: Thank you for your valuable suggestions regarding the focus of the Introduction. We have revised the section to better emphasize the management of in-hospital pediatric pneumonia, including the challenges faced in recognizing and managing disease severity, as well as the reasons for escalating care. Furthermore, we have altered the sentence describing pneumonia as "easily preventable and treatable" to acknowledge the complexity of cases, particularly in intensive care settings. The revised Introduction includes the following:

1. Challenges and reasons for the escalation of care: To address this suggestion, we have expanded on the reasons for the escalation of care, providing the literature standpoint for the reasons of selecting candidate features.
2. Clarification of pneumonia's preventability and treatability: We have revised the sentence that previously described pneumonia as "easily preventable and treatable" to better reflect the complexity of the disease.
3. More focus on the management of in-hospital pediatric pneumonia: With all respect to this comment, we kindly disagree to have more focus on in-hospital pneumonia care, as it would shift the main objective of this study, which is providing prognostic care tools for primary care settings.

Methods

While great care is taken to describe the approach to data preprocessing, feature selection, and model development, I would recommend following the TRIPOD (Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis) guidelines [4], which are validated reporting recommendations for predictive models.

Response: Thank you for the insightful suggestion. We have reviewed the TRIPOD checklist and ensured that our manuscript adheres to these guidelines for transparent reporting of predictive models. We have uploaded the filled checklist under the section of "Upload Additional Material (for editors/reviewers' eyes only)."

Please provide more details regarding the hospital systems involved in this study. Are they large, academic centers or small, rural centers?

Response: Thank you for your insightful comment. In response, we have clarified the institution in the Methods section to provide better context on the hospital system involved.

For study inclusion, I am not familiar with the Integrated Management of Childhood Illness guidelines. Are these structured diagnostic codes captured in the electronic health record? Is it a computational phenotype?

Response: Thank you for raising this important point. The Integrated Management of Childhood Illness guidelines are World Health Organization recommended, providing a clinical framework for diagnosing and managing pneumonia, but they are not structured diagnostic codes in the electronic health record. Physicians manually encoded clinical features from unstructured admission notes for phenotyping, rather than using a computational phenotype. This clarification has been added to the Methods section.

Please specify what is meant by "neonatal age."

Response: We appreciate your suggestion for greater clarity. We have now specified that "neonatal age" refers to infants

younger than 28 days of life. This has been updated in the Methods section for precision.

Many of the variables included in the model are colinear. For example, age and weight are highly dependent on one another, and including both in the model can be detrimental. The feature selection methods may be able to discern this, but maybe not. I would recommend using only age and z score in the model.

Response: We appreciate your insightful comments and suggestions. It appears that including both "weight" and the "weight-for-age *z* score" derived from national reference values based on age may have caused some confusion. We have clarified this issue to ensure a more coherent presentation of the candidate features. As we only included the weight-for-age *z* score (and not weight in kilogram) in our first model, no further adjustment is required in this regard. We have retained "age" as a feature because respiratory infections and disease characteristics can vary significantly across age groups. Additionally, we kept "weight-for-age *z* score" as a separate variable, as it reflects the child's relative position among peers in the nation and serves as an indirect indicator of nutritional status.

The time frames are not stated for the variables. For example, does "hypoxia" mean hypoxia at any time during the hospitalization? On hospital admission? In the first 12 hours? This information is vital to determine the usability of the entire model. If the model uses variables available during the entire hospitalization, the predictive ability will be high, but the usability will be low. A model that can predict right when a patient is transferred to a tertiary care center that the patient will be transferred is useless. However, a model that can predict on admission, or in the first 6 - 12 hours, that a patient will require transfer is incredibly helpful. Without knowing the time frame for these variables, we cannot assess how the model could be applied in clinical practice.

Response: We thank both reviewers for raising this important point. We agree that specifying the time frames for the variables is crucial for understanding the model's applicability in clinical settings. In response, we have clarified the data collection process in the revised manuscript. All clinical features, including hypoxia and respiratory distress, are now detailed in the updated Table 1 and additional text in the Methods section under Case Definition and Patient Selection, with more emphasis on the relevant time frames of the features.

Please provide clarity regarding the study outcomes. The primary outcome is described as whether the patient was referred to a tertiary care center or not. The next sentence describes "poor prognosis" as pediatric intensive care unit admission or oxygen/ventilation support. How is this outcome used? Is this a secondary outcome? Is this describing the reason for transfer? Please clarify.

Response: Thank you for highlighting this point. We acknowledge the need to clarify the study outcomes. The primary outcome is whether the patient requires transfer to a tertiary care unit. The term "poor prognosis" refers to the reason for transfer, specifically whether the patient required pediatric intensive care unit admission or oxygen/ventilation support. This is not a separate secondary outcome, but rather the criteria used to define the primary outcome of requiring tertiary care. We have revised the manuscript to clarify that the primary outcome is the "Level of Care Severity," along with text in the Methods section to make this distinction clear.

As stated in the TRIPOD guidelines, you should present the amount of missingness in your data. It appears you used imputation methods for missing data. It is helpful to describe the amount of missing data that was imputed and the method for imputation.

Response: Thank you for your valuable comment. In accordance with the TRIPOD guidelines, we agree that reporting the amount of missing data is important for transparency. We should have mentioned our imputation method while providing details about relevant features in the first submission. We have now included a detailed description of the missing data in our revised manuscript, specifying both the percentage of missing values for each variable and the total amount of missing data. To handle missing data, we used the light gradient boosting machine algorithm as an imputation method, treating missing values as a dependent variable and predicting them based on other features to avoid bias. Individual feature weights were applied accordingly. The following features had missing values: C-reactive protein (n=34, 8.2%), albumin (n=10, 2.4%), sodium (n=8, 1.9%), aspartate aminotransferase (n=16, 3.9%), and alanine aminotransferase (n=16, 3.9%). This information has been added to the revised manuscript for clarity.

Results

There is a glaring lack of information regarding your study population. Please provide a table describing patient characteristics including demographics and the variables you used in the algorithm. Also, please provide a comparison between the patients who were transferred to a tertiary care center and those who were not.

Response: Thank you for your observation. In response, we have added a detailed description of the study population in the revised manuscript. Specifically, we have included a new subsection titled Study Population Characteristics, along with a new Table 2, which presents a comparison of the demographic and clinical characteristics between the severe and nonsevere level of care groups. We have also used appropriate statistical tests to compare the characteristics of patients requiring transfer to a tertiary care unit (severe care group) versus those who did not (nonsevere group). These additions enhance the clarity of our population description and provide a comprehensive comparison of the key variables used in our algorithm.

In imbalanced datasets, it can be more useful to measure model performance using the area under the precision-recall curve rather than the standard area under the receiver operator characteristic curve. I would recommend adding this metric.

Response: Thank you for your insightful suggestion. We agree that in the case of imbalanced datasets, the area under the precision-recall curve (PRC) can provide a more informative measure of model performance than the standard area under the receiver operating characteristic curve. In response, we have now added the PRC of all models in the performance table. We

also included a PRC plot for the blending model labeled as "Blending-2," which incorporates the top-5 highest-ranked clinical features using the optimized CatBoost, light gradient boosting machine, and extreme gradient boosting models. The new PRC plot, along with the text explaining it in the Results section, have been added to the supplementary materials to provide a more comprehensive evaluation of the model's performance on imbalanced data.

Discussion

The Discussion, overall, focuses much more on the technical details of the data curation and model development than it does on the clinical application of the model. Much of the technical details presented are also clearly explained in the Methods section and then repeated in the Discussion. I would recommend substantial revision to the Discussion section to remove redundant information that is already contained in the Methods section, as well as the addition of how this model could be applied in a clinical setting to improve the care of patients with pneumonia.

Response: We thank the reviewer for this valuable feedback. In response, we have thoroughly revised the Discussion section to reduce redundancy and place a greater focus on the clinical applications of the model, along with contemporary study inclusion. Specifically, we removed technical details that were previously repeated from the Methods section, such as the handling of imbalanced data with Synthetic Minority Oversampling Technique–Tomek, feature selection using Shapley additive explanations and recursive feature elimination with cross-validation, and detailed performance metrics for each algorithm.

In place of these technical details, we have expanded the Discussion to focus more on how the model can be used in a clinical setting to improve pneumonia care. We now highlight how the model can assist primary care physicians, especially those working in resource-limited environments, in identifying high-risk pneumonia cases that may require referral to tertiary care. We also put emphasis on predictive features (such as hypoxia, respiratory distress, age, weight *z* score, and complaint period) that are easy to assess in primary care, making the model highly practical for use in real-world clinical settings. Furthermore, we discuss the potential for the model to improve patient outcomes by facilitating timely care decisions, particularly in settings where advanced diagnostic tools may not be available.

The Discussion contains no information regarding the limitations of the study. Please describe in detail the prominent limitations of the study. These should include the use of retrospective data, including only two centers, imbalanced data, challenges with clinical implementation of the model, etc.

Response: Thank you for highlighting the need to discuss the limitations of the study in more detail. In response, we have expanded the Discussion section to include a more comprehensive account of the study's limitations. Specifically, we now address the reliance on data from a single tertiary hospital, the potential selection bias toward severe cases, the limited sample size, and the retrospective nature of the data.

The Discussion, and other areas of the manuscript, mention disease prevention several times. The goal of this study has nothing to do with the prevention of pneumonia, only the treatment of pneumonia and the prevention of associated morbidity and mortality. Please revise.

Response: Thank you for pointing out the unnecessary mentions of disease prevention in the manuscript. We agree that the primary focus of the study is on the treatment of pneumonia and the prevention of associated morbidity and mortality, not the prevention of the disease itself. We have revised the entire manuscript to eliminate any mention of disease prevention where it is not relevant and have ensured that the discussion stays focused on treatment and prognosis.

Conclusion

As it stands, the Conclusion is fairly long and does not focus only on the primary findings of the study. I would recommend trimming it to 2 - 3 sentences that focus only on the primary findings of the study, such as the feasibility of developing this type of predictive model and the potential applications of the model to clinical practice.

Response: Thank you for your feedback regarding the length and focus of the Conclusion. We agree that the Conclusion could be more concise and focused on the primary findings. Based on your suggestion, we have significantly shortened the Conclusion to focus solely on the primary findings of the study, namely, the feasibility of developing a predictive model for childhood pneumonia prognosis and its potential clinical applications. The revised Conclusion now highlights the key outcomes concisely.

Minor Comments

Methods

The authors describe that ensemble methods "significantly enhance the accuracy of classifications." Please provide a reference for this statement.

Response: We agree that providing a reference would strengthen this statement. We have now included a reference supporting our statement. Specifically, "Mahajan P, Uddin S, Hajati F, Moni MA. Ensemble learning for disease prediction: a review. Healthcare (Basel). Jun 20, 2023;11(12):1808. [doi: 10.3390/healthcare11121808] [Medline: 37372925]"

Results

Please provide numbers for those who met your primary outcome of interest (transfer to a tertiary care center).

Response: Thank you for your suggestion to provide specific numbers related to the primary outcome of interest. We have now revised the Results section to include study population characteristics along with a comparison between the severe (transferred to a tertiary care unit) and nonsevere level of care groups. The revised Results section also holds emphasis on the primary outcome of interest as follows "...Of the 437 patients analyzed, 304 patients (69.6%) met the primary outcome of being transferred required escalation of care."

Please provide a description of the time frame for patient transfer, for those who were transferred.

Response: In alignment with previous comments on the inclusion of time frames to relevant data elements, we have provided a detailed description in the updated Table 1 for candidate variables. However, our dataset does not include the timing of transfers to tertiary care units. This is recognized as a limitation of the study, and the Limitation section has been extended in this regard.

Discussion

It would be interesting to hear more regarding the use of this model in resource-limited settings and the benefits it could provide.

Response: Thank you for your valuable comments, which have already enhanced our work beyond our initial vision. We share your excitement about the future potential of this work and its possible applications.

Round 2 Review

Anonymous

I thank the authors for revising the manuscript.

Reviewer E

General Comments

The authors have conducted a single-center, retrospective study evaluating the derivation and performance of a machine learning model to predict the need for transfer to a higher level of care for childhood pneumonia. The authors were provided with a substantial amount of feedback on the original submission, and although the authors' response is detailed and comments on how all concerns were adequately addressed, the resulting manuscript is lacking in many if not most of the requested changes. The revised manuscript remains confusing to the reader and bereft of some essential elements of standard study reporting, including a basic description of the patient population and details regarding the timing of variable collection and use in the model. Due to this lack of response to the initial reviewer feedback, I am recommending rejection of this manuscript. The following are my point-by-point critiques, many of which are similar to those in my original review.

Response: We believe that these comments may stem from a review of the earlier version of our manuscript rather than the revised submission. Each specific comment raised by the reviewer was addressed in the revised manuscript, where we carefully incorporated the requested changes and clarifications. We kindly request a review of the latest version in the JMIRx system, as it reflects these substantial updates in response to the initial feedback. As the reviewer provided some additional recommendations, we made the required changes to those in our most recent manuscript. We believe there may have been a misunderstanding or an oversight, leading to the reviewer evaluating an earlier version of our manuscript. We genuinely appreciate the time and effort the reviewer has invested in helping us improve our manuscript.

Specific Comments

Abstract

First sentence: Please revise it to "Pneumonia is the leading cause of preventable mortality for children under five years of age."

Response: We have revised the first sentence of the Background section of the Abstract.

Background: The terms "case management" and "disease prevention" are still used in the Abstract. In my initial review, I recommended revising these terms to improve study clarity, and although the authors stated in their response that they replaced these terms, they remain in the Abstract. As it stands, it is not immediately clear to the reader that the purpose of the study was to provide a tool to assist bedside clinicians to determine which patients are likely to require transfer of care to a higher-level facility for pediatric pneumonia.

Response: Thank you for highlighting the importance of precise terminology in conveying the study's purpose. We have already revised the entire document to address the reviewer's initial comment/concern. We have now double-checked the revised manuscript and there is no mention of "case management" in the revised manuscript, as well as "disease prevention," that could be misunderstood by readers.

Methods: As it stands, it is confusing to the readers what was actually done in the study. It should be very apparent that the authors used a specific list of variables (please provide each in the Abstract) to predict the need for transfer to a larger institution using a specific type of machine learning model (ensemble). In the current version, this is difficult to discern.

Response: We thank your attention to the need for clarity in the Abstract. We have already addressed this concern by stating "Pediatricians encoded key clinical features from unstructured medical records based on IMCI guidelines." This line conveys that essential variables were derived from standardized guidelines without detailing each variable. Listing all variables in the Abstract would reduce clarity when considering the Abstract word limitations of this journal, especially since these variables are fully detailed in the Methods and Results sections. We believe this approach aligns with best practices for Abstract conciseness and provides sufficient information for the reader.

Results: I would be completely clear regarding the outcome your model is predicting. After reading the paper, it is understood that "pneumonia prognosis" and "severity" actually mean required transfer to a higher level of care, but it is unclear in the Abstract. I would explicitly state "predicted transfer to a higher level of care with 77% - 88% accuracy."

Response: Thank you for this valuable suggestion to improve clarity. In response, we have revised the Results section of the Abstract to explicitly state that the model predicts the need for transfer to a higher level of care, specifying the accuracy range as suggested. The revised phrasing is now "The optimized models predicted the need for transfer to a higher level of care with an accuracy of 77% - 88%..." This adjustment enhances clarity and directly conveys the model's intended outcome for readers.

Introduction

Second paragraph, fifth sentence: I would recommend revising it to "However, this preventable health problem continues to be a substantial cause of mortality, especially in underdeveloped countries and regions, due to the lack of equipment and trained human resources." There is no way to quantify it as "the most important cause of mortality."

Response: There is no mention of "the most important cause of mortality" in the revised manuscript. However, we noticed that it was in the first submission. We are deeply concerned that the reviewer's second round of comments did not provide feedback on the revised manuscript.

The term "case management" continues to be used in the Introduction, which decreases clarity for the reader.

Response: Again, these concerns have already been addressed in the revised manuscript. There is no mention of "case management." We kindly request the reviewer to read the revised version rather than the first submission that has been substantially changed after the reviewer's initial comments.

As recommended previously, I would be very specific in the Introduction that you are trying to create a tool to help bedside clinicians (typically non–intensive care physicians) decide when to transfer a patient with pneumonia to a higher level of care to prevent morbidity and mortality. As it stands, this is unclear.

Response: Thank you for this recommendation. This point was already addressed in the revised manuscript, where we clarified the study's goal in the Introduction. Please also refer to the Introduction section in the last paragraph, stating "We aimed to develop machine learning-based clinical decision support system tool for childhood pneumonia that can be used by physicians, particularly working in LMICs." However, we believe including the adjective "non-intensive care" to define these physicians in detail would improve the manuscript.

Methods

In my initial review, I asked the authors to clarify what is meant by neonatal age. In their response, they said they had revised the Methods to state specifically 28 days or fewer. However, in the first paragraph of the Methods, it continues to state "neonatal age." Please revise.

Response: Thank you for raising this point again. We did agree on this issue and corrected it in the revised manuscript as follows: "Patients younger than 28 days of age (neonatal age), older than 18 years, and those who had been hospitalized within the last 14 days were excluded." Preserving the neonatal age in this sentence is essential to emphasize that we are excluding newborn pneumonia, which requires way different clinical management and decisions.

For clarity, I would recommend restating your primary outcome to simply "required tertiary care referral." Having the outcome as severe versus nonsevere, which is defined as requiring tertiary care referral or not, adds an extra step to the thought process and can be confusing.

Response: We appreciate the recommendation to clarify the primary outcome. In the revised manuscript, we have already redefined the primary outcome to "Level of Care Severity," scaled as severe or nonsevere, and defined it as the need for referral to a tertiary care unit for intensive care or respiratory support. This phrasing preserves the conceptual framework of care severity levels while directly specifying that the outcome reflects the requirement for tertiary care referral. We believe this approach balances clarity with the study's structured outcome definitions. Additionally, this terminology is consistently used in the entire manuscript, including the Methods section, where we explicitly defined it in Table 1.

One of my largest concerns in the initial manuscript was the timing of the variables. This is crucial when determining how useful the model could be. If the elements in Table 1 are measured on admission, or in the first 6 - 12 hours of admission, the model could be very useful for patient care. If the elements were measured at any point during the hospitalization, it becomes much less useful. My worry is that the model was developed based on the elements' presence at any point, meaning if the child had fever, cough, respiratory distress, and hypoxia at hour 48, then at hour 49 the model was able to predict the patient would need transfer, and the patient was transferred at hour 50—this is not helpful to clinicians. On the other hand, if the model predicts at hour 12 that a patient needs transfer, and then at hour 50 they transfer, that is potentially very helpful to clinicians. Without these details, I cannot recommend the publication of the manuscript.

Response: Thank you for emphasizing the importance of timing in assessing the model's clinical utility again. We have already clarified this point in the revised manuscript by specifying that all variables in Table 1 were recorded at the time of admission. As stated in Table 1, these variables were extracted from initial examination documents, not from any time from the hospitalization period, reflecting the presence/measurement of variables at admission. We believe that timings are adequately mentioned by the "at admission" or "at initial examination" phrases in Table 1. Only the primary outcome "Level of Care Severity" was extracted from medical records other than the initial time point, as it is necessary to encode whether or not a patient had advanced support during their hospital stay.

It appears that the model was developed using the data from all 437 patients, and the results are presented following k-fold cross validation. It is standard practice to derive the model on a subset of the data (typically 70% - 80%) and then to test it on the remainder of the dataset to prevent overfitting and inflation of performance metrics. It does not appear that this was done. Despite having a small sample size, I believe this approach would lead to a more robust and generalizable model.

Response: Thank you for highlighting this point regarding model validation. In the revised manuscript, we confirmed that a k-fold cross-validation approach was used on the entire dataset to address the limited sample size. To mitigate concerns of overfitting and enhance model generalizability, we initially split the data, setting aside 5% as a test set to prevent data leakage. The remaining data were then used in an 85%:15% split for training and validation. This approach was chosen to maximize the utility of our sample while ensuring a robust evaluation of model performance. Please refer to the subsections named

Handling With the Imbalanced Dataset and Algorithms, where we have already addressed the reviewer's concern, in the revised manuscript from the round 1 review.

Results

The first paragraph contains many "nuts and bolts" details of model development, and these would be better positioned in the Methods section.

Response: Again, we are deeply concerned that the reviewer may not be reading the revised manuscript from the round 1 review. These concerns have already been addressed. In the revised manuscript, the Results section begins with subsection named Study Population Characteristics.

Both reviewers on the initial submission requested additional details describing the study population, and although the authors responded that they added these details, there are still none provided. It is essential to the understanding of the study results to know the characteristics of the patient population, and it should be a standard requirement for all clinical studies.

Response: We have already agreed on this issue and carefully included a substantial revision with a Study Population Characteristics subsection and a detailed Table 2, reflecting the study population adequately. Please refer to these sections, and we are prepared to address any further concerns regarding the presentation of the study population if needed.

The Shapley additive explanations value results presented in Figure 2 are valuable, but more details describing each measured factor are required. I recommend a table with each factor as rows and two columns comparing the population that did not require transfer to a tertiary care center to the population that did.

Response: Again, this concern has already been addressed by Table 2, with a basic statistical comparison between two groups including test statistics with the significance level.

An additional figure showing an area under the precision-recall curve for each model would also be interesting to the readers.

Response: On the round 1 revision, we have already included a new figure in Multimedia Appendix 2, showing the PRC. This may have been spared from the reviewer's eye.

Discussion

The Discussion spends a decent amount of space discussing the COVID-19 pandemic. While this does have some bearing on the management of childhood pneumonia, I believe the space would be better spent discussing the actual implementation of this type of algorithm. How would a primary care clinician actually use this model in practice? How would it improve upon current clinical practice? Would it be easy or difficult to incorporate into routine workflows? This would be more interesting to the readers.

Response: The revised manuscript has substantially been changed, reducing the amount of emphasis on the pandemic and carefully answering those questions that have been raised by the reviewer in the first round.

I recommend adding what the next steps of this line of research would be. How would you seek to improve the model's performance? More patient data? Additional variables?

Response: We have provided recommendations along with our limitations. Please refer to our Limitation paragraph—specifically, just before the Conclusion paragraph.

In the original submission, I recommended the authors provide a limitations section and also provided some examples. Although the authors response says they added this, there are still no limitations provided. Please provide this essential element to the Discussion.

Response: This new comment provides evidence that the reviewer was not reading the revised manuscript from the first round, because we have one relatively long paragraph dedicated to the limitations of this study. The Limitation paragraph starts with "One significant limitation of this study…" We have double-checked the JMIRx submission system, and we confidently confirm that we have uploaded the revised manuscript correctly.

Conclusion

I recommend commenting on what the next steps of this line of research would be in more specific terms.

Response: We believe that our Conclusion reflects the primary findings of the study along with its clinical importance and applicability.

Round 3 Review

Reviewer E

General Comments

The authors have conducted a single-center, retrospective study evaluating the derivation and performance of a machine learning model to predict the need for transfer to a higher level of care for childhood pneumonia. The authors were provided with a substantial amount of feedback on the original submission and have been responsive to feedback, which has resulted in a much improved manuscript. There remain several typographical and grammatical errors, which I would advise an English-grammar expert to review prior to publication, but from a scientific standpoint, I believe the manuscript is appropriate for publication.

Response: We sincerely appreciate the reviewer's recognition of the improvements made to the manuscript and their support for its scientific merit. We have carefully reviewed the manuscript for typographical and grammatical errors to ensure the highest standard of clarity and professionalism prior to publication. Thank you again for your valuable feedback that improved the quality of our work.

Specific Comments

Major Comments

1. *Details regarding the patient population have been provided in detail.*
2. *The study objectives have been clarified for readers.*
3. *The study methods are now much more reproducible.*

Response: These aspects were prioritized during the revision process, guided by the reviewers' constructive feedback, which significantly enhanced our work. Their insightful comments not only improved this manuscript but also provided valuable lessons for our future works.

References

1. Anonymous. Peer review of "Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development". JMIRx Med 2025;6:e71369. [doi: 10.2196/71369]
2. Serin O, Akbasli IT, Cetin SB, et al. Predicting escalation of care for childhood pneumonia using machine learning: retrospective analysis and model development. JMIRx Med 2025;6:e57719. [doi: 10.2196/57719]
3. Rogerson C. Peer review of "Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development". JMIRx Med 2025;6:e71100. [doi: 10.2196/71100]
4. Collins GS, Reitsma JB, Altman DG, Moons KGM. Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis (TRIPOD): the TRIPOD statement. BMJ 2015 Jan 7;350:g7594. [doi: 10.1136/bmj.g7594] [Medline: 25569120]

Abbreviations

PRC: precision-recall curve
TRIPOD: Transparent Reporting of a Multivariable Prediction Model for individual Prognosis or Diagnosis

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Authors' Response to Peer Reviews of "Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection"

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Companion article: https://med.jmirx.org/2025/1/e70100

(JMIRx Med 2025;6:e72527) doi:10.2196/72527

KEYWORDS

privacy-preserving AI; latent space projection; data obfuscation; AI governance; machine learning privacy; differential privacy; k-anonymity; HIPAA; GDPR; compliance; data utility; privacy-utility trade-off; responsible AI; medical imaging privacy; secure data sharing; LSP; artificial intelligence

This is the authors' response to peer-review reports for "Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection."

Round 1 Review

Reviewer AP [1]

Specific Comments

Major Comments

1. What was the basis of taking up health care cancer diagnosis and financial fraud for the study [2]? Will latent space projection be an effective method for privacy protection in speech therapy to analyze audio datasets to assist in diagnosing and treating speech-related disorders; in medical imaging video datasets from endoscopy, ultrasounds, and robotic surgeries for diagnostics and artificial intelligence (AI)–assisted tools; and in telemedicine to analyze video feeds for remote consultations and diagnoses?

Response: The basis for taking this up is to show data privacy through images and records for individuals. I would love to extend the research and will work on another paper for your suggestions. Thanks for the suggestion.

2. The basic structure of the paper is missing. Please follow the guidelines of journal paper writing with distinctly visible sections of Introduction, Method, Result/Findings, Discussion, and Limitations with future scope and conclusion. The introduction, background, and related work should be written cohesively, and all should come under the Introduction heading.

Response: I have revised the paper with major formatting changes and made it follow the Introduction-Methods-Results-Discussion formatting style as per the suggestion.

3. The statistical tables are in excess. The tables and values should be talked about in written form. Limit the number of images and tables to 5‐6 or according to the journal guidelines. Use an appendix for the flowchart and any other tabular data that is too lengthy.

Response: Statistical tables were reduced to only 3, and Figures are limited to 6 in total, but the flowchart is necessary inside the main paper.

4. Explanations of tables and figures should be in paragraph form. Please cite literature where comparative inference and process-specific benefits and drawbacks are mentioned. Examples are Tables 1-5. For writing sections like "Comparative Analysis with Existing Techniques," all the subparts should be written in paragraphs and discuss the values and analysis only, and put them in their respective paragraphs, removing the tabular data. Please use appendices for excessive tables. Within the body of the research paper, 5‐6 figures and tables are sufficient; the rest should be put in appendices.

Response: Tables have been removed and converted into paragraphs

5. In "Latency and Performance analysis, part A" and "Performance optimization" are mentions of the literature, which should be present as part of the literature in the Introduction paragraph. Restating the literature again is redundant. Stick to the structure of the journal paper. Please cite references to support the claims, such as "real-time requirements of financial systems" under the section of Real-Time Performance.

Response: Thanks; moved to the Literature section and removed from there.

6. "Scalability analysis" and other sections: What were the criteria for the choice of datasets for the study for the case studies? What were the data sizes? Give specifications in the first paragraph of respective case studies. Presenting the details about the process of procurement of files, data extraction, limitations in data handling, etc. Are there any limitations in adopting the latent space projection methods?

Response: Scalability analysis was added with the source of the dataset and the data extraction and limitations. Mostly, there are a lot of advantages compared to other privacy-preserving techniques in latent space projection; the comparative analysis proves that, and a few limitations were added as well.

Reviewer AR [3]

General Comments

I thoroughly enjoyed reading this paper as it is a well-written article that will make an important contribution to the literature on the development of privacy-preserving AI governance. I have attached a few comments to improve the study.

Response: Thanks for the compliment. Thanks for your time.

Specific Comments

Major Comments

Something like a discussion that embeds the latent space projection for AI governance and the results in the current scientific debate is missing before or after Chapter VII.

Minor Comments

In Chapter II B (Existing privacy-preserving techniques), please provide some further sources to demonstrate that the challenges mentioned are still relevant, as some sources are relatively old (eg, from 2009).

Response: I tried to address all your comments.

Round 2 Review

Reviewer AP

General Comments

This paper is highly relevant to health care, particularly in the context of privacy management of data during the analysis of imagery.

Response: Thanks for your time and effort. I appreciate it. Your comments were valuable. I addressed all your comments in this revision.

Specific Comments

Major Comments

1. The case studies should be written in a more descriptive style. Please reduce the use of numbered or bullet points (in the Introduction, Method, and Result) to align with the formal writing style typically suitable for journal papers.

Response: Removed all the bullets and converted most of them into paragraphs; some were aligned as paragraphs, but the bullet and numbered points were removed. The paper is in the Introduction-Methods-Results-Discussion format.

2. Please rephrase the description of Table 3 (immediately following the table) in a narrative style. This approach enhances the readability of the article.

Response: Rephrased the description for all the tables and figures, added descriptions for two other figures, explaining the figures deeply to make it more even, uniform, and readable, and for smooth flow.

3. Two figures should not be positioned consecutively. Include some text between Figure 3 and Figure 4. Adjust and reorganize the content to ensure a smooth flow.

Response: Addressed by adding content between 2 figures; now it makes it more readable and flows smoothly. Thanks.

Minor Comments

4. The titles of tables and figures should be presented as captions. Revise the captions to ensure they do not begin with a verb.

Response: Revised all the captions for tables and figures and made them capitalized and more readable.

Thanks for your comments.

References

1. Singh R. Peer review of "Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection". JMIRx Med 2025;6:e72523. [doi: 10.2196/72523]
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Abbreviations

AI: artificial intelligence

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Authors' Response to Peer Reviews of "Applications of Indocyanine Green in Breast Cancer for Sentinel Lymph Node Mapping: Protocol for a Scoping Review"

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Related Articles:

Companion article: https://www.medrxiv.org/content/10.1101/2024.07.30.24311256v1

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Companion article: https://med.jmirx.org/2025/1/e66213

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KEYWORDS

indocyanine green; ICG; sentinel lymph node; breast cancer; breast; fluorescence; axillary lymph node mapping; NIR; surgical planning; near-infrared

This is the authors' response to peer-review reports for "Applications of Indocyanine Green in Breast Cancer for Sentinel Lymph Node Mapping: Protocol for a Scoping Review."

Round 1 Review

Anonymous [1]

General Comments

This paper [2] summarized the application value and existing problems of indocyanine green (ICG) in sentinel lymph node (SLN) biopsy of early breast cancer, which has positive significance for improving the accuracy of clinical SLN detection. This study has certain clinical value.

Response: Thank you for your thoughtful comments and feedback on our paper. Below are my responses to your points.

Specific Comments

Major Comments

1. Due to the high hardware requirements for the clinical application of ICG, the number of relevant studies in the search is relatively small. It is hoped that the author can search the recent, relevant literature to improve the credibility of this review.

Response: This paper is a protocol for a scoping review, serving as a roadmap for the search strategy and inclusion criteria that we will follow. As such, it outlines our plan rather than reporting the outcomes of the literature search. As noted in Multimedia Appendix 1, we will conduct a comprehensive search across multiple databases to ensure the inclusion of all relevant, recent studies.

2. It is hoped that the author will analyze and compare the advantages and disadvantages of ICG and traditional SLN biopsy methods, so as to guide clinicians to adopt appropriate methods for appropriate patients.

Response: As indicated in Multimedia Appendix 1, this comparison is a core objective of our review. We hope these clarifications address your concerns.

References

1. Anonymous. Peer review of "Applications of Indocyanine Green in Breast Cancer for Sentinel Lymph Node Mapping: Protocol for a Scoping Review. JMIRx Med 2024;5:e69705. [doi: 10.2196/69705]

2. Kurdi F, Kurdi Y, Reshetov IV. Applications of indocyanine green in breast cancer for sentinel lymph node mapping: protocol for a scoping review. JMIRx Med 2024;5:e66213. [doi: 10.2196/66213]

Abbreviations

ICG: indocyanine green
SLN: sentinel lymph node

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doi:10.2196/68769

Authors' Response to Peer Reviews of "Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development"

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Companion article: https://med.jmirx.org/2025/1/e73768

Companion article: https://med.jmirx.org/2025/1/e73454

Companion article: https://med.jmirx.org/2025/1/e73130

Companion article: https://med.jmirx.org/2025/1/e60866

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KEYWORDS

Alzheimer disease; computer-aided diagnosis system; machine learning; principal component analysis; linear discriminant analysis; t-distributed stochastic neighbor embedding; feedforward neural network; vision transformer architecture; support vector machines; magnetic resonance imaging; positron emission tomography imaging; Open Access Series of Imaging Studies; Alzheimer's Disease Neuroimaging Initiative; OASIS; ADNI

This is the authors' response to peer-review reports for "Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development."

Round 1 Review

Anonymous [1]

General Comments

This paper [2] proposes a computer-aided diagnosis (CAD) system for Alzheimer disease (AD) using principal component analysis (PCA) and machine learning–based approaches. The authors claim that their system, which combines PCA for feature extraction with support vector machines (SVMs) and artificial neural networks (ANNs) for classification, achieves good accuracy in detecting AD from magnetic resonance imaging (MRI) and positron emission tomography (PET) images. However, the paper could be strengthened by addressing several areas for improvement.

Specific Comments

Major Comments

1. Consideration of alternative methodologies: While the use of PCA, SVMs, and ANNs for AD classification is a valid approach, the authors should consider exploring more recent deep learning architectures, such as vision transformers (ViTs), which have demonstrated state-of-the-art performance in medical image analysis. This would help to situate the work within the broader context of current research in the field.

Response: Done, please see the Transformers subsection (page 5). The results obtained and the discussion on the potential of this approach are mentioned in the Results (page 7) and Discussion (page 8) sections, respectively. Moreover, details on the mathematical background can be found in Multimedia Appendix 4: Vision transformer.

2. Limited evaluation: The evaluation is limited to the Open Access Series of Imaging Studies (OASIS) dataset, which may not be representative of the diverse AD population. The authors should evaluate their system on larger and more diverse datasets, such as the Alzheimer's Disease Neuroimaging Initiative (ADNI) dataset, to demonstrate its generalizability.

Response: Done, experiments were achieved by applying the ADNI database. Please see the ADNI Data Set subsection (page 3) for more details on this basis. Table 1 (page 6) and Table 2 (page 7) for demographic characteristics and clinical assessments as well as the Results (page 7) and Discussion (page 8) sections.

Minor Comments

1. Insufficient implementation details: The implementation details of the SVMs and ANNs are insufficient. The authors should specify the hyperparameters used, such as the kernel type and regularization parameters for SVMs, and the number of layers and neurons for ANNs.

Response: Done, please see Table 3 (page 7).

2. Limited discussion: The discussion of the results is limited. The authors should provide a more in-depth analysis of the performance of their system, comparing it with other state-of-the-art methods and discussing the limitations and potential future directions.

Response: Done, please see the Discussion section (page 8).

3. The authors should ensure consistent formatting throughout the paper, including the use of italics for variables and proper capitalization in section headings.

Response: Done, the format of the journal was generally respected.

4. The paper could be improved by using more precise language. For instance, instead of "good accuracy," the authors could specify the exact accuracy percentage achieved by their system.

Response: Done, precisions for the decimal values of the results obtained are mentioned in the Results and Discussion sections, and in the abstract.

Reviewer AS [3]

General Comments

This paper explores the use of PCA and machine learning approaches for the diagnosis of AD using MRI and PET images from the OASIS database. The authors propose a system that combines PCA for feature extraction with ANNs and SVMs for classification. The paper is well structured and presents a clear methodology, but there are several areas where improvements are needed to enhance the rigor and impact of the research.

Specific Comments

Major Comments

1. Methodology justification: The choice of PCA as the sole feature extraction method needs further justification. While PCA effectively reduces dimensionality, it might not capture the most discriminative features of AD. Comparing PCA with other dimensionality reduction techniques like linear discriminant analysis or t-distributed stochastic neighbor emulation could provide a more comprehensive understanding of its effectiveness.

Response: Done, a comparative study was performed between these three dimensionality reduction techniques. Please see Table 4 and Table 5 (page 9) for the results and the Discussion section (page 8, especially lines 29-36).

2. Evaluation metrics: The paper primarily focuses on accuracy as the evaluation metric. For medical diagnosis systems, metrics like sensitivity, specificity, precision, recall, and F_1-score are crucial as they provide a better understanding of the model's performance, especially in imbalanced datasets. Including these metrics would strengthen the evaluation section.

Response: Done, please see the Statistical Analysis subsection (page 5) and Tables 4 and 5 for the results.

3. Dataset and preprocessing: The preprocessing steps are briefly mentioned but lack detailed explanation. Specific steps for noise reduction, intensity normalization, and any augmentation techniques used should be clearly described. Additionally, the impact of these preprocessing steps on the model's performance should be discussed.

Response: Done, please see the Data Preparation section (page 3) and the Discussion section (page 8), particularly, the paragraphs in lines 21 and 22 and lines 45-48.

4. Comparison with existing methods: The paper lacks a thorough comparison with existing state-of-the-art methods. Including a detailed comparison with recent literature, both in terms of methodology and performance, would provide better context and highlight the novelty and effectiveness of the proposed approach.

Response: Done, please see the Comparison With Prior Work subsection (page 9) and Table 6 (page 10).

Minor Comments

1. Introduction section: The Introduction provides a good overview of AD and the need for early diagnosis. However, it could benefit from a more detailed discussion of the current challenges in AD diagnosis and how the proposed method aims to address these challenges.

Response: The content of the Introduction has been improved to take some challenges into consideration. Please see particularly the paragraph on page 2, lines 34-48.

2. Figure and table clarity: Figures and tables should be more clearly labeled and described. For example, in Table 1, it is unclear what "Total cost (Validation)" refers to. Additionally, the axes and legends in figures should be more descriptive to enhance readability.

Response: All the content of the paper has been revised and improved by inserting new tables to clearly express the results obtained with the quantitative metrics, suggested by the evaluators. Please see the tables for the detailed results. Furthermore, the results are mentioned in the Results and Discussion sections.

3. Algorithm parameters: The specific parameters used for the SVMs and ANNs (eg, kernel type for SVMs, number of layers, and neurons for ANNs) should be explicitly mentioned. This would help in reproducing the results and understanding the model configuration.

Response: Done, please see Table 3 (page 7).

4. Conclusion and future work: The conclusion should be concise and focus on key findings. The Future Work section could be expanded to include more specific directions for further research, such as exploring different feature extraction methods, incorporating longitudinal data, or integrating other imaging modalities.

Response: This section has been deleted and replaced with the Discussion section (page 7) in order to respect the format of the journal. In this section, several subsections were inserted with content responding to your suggestion such as Main Finding (page 8) and Limitations and Future Directions (page 14).

5. References: Ensure all references are up-to-date and relevant. Given the rapid advancements in machine learning and medical imaging, some references are slightly outdated. Including more recent studies would enhance the credibility and relevance of the paper.

Response: Done, please see the references highlighted in yellow.

Anonymous [4]

General Comments

The paper discusses the development of a machine learning–based CAD system for the detection and classification of AD. The system uses brain MRI and PET images from the OASIS database, applying PCA for feature extraction and using SVMs and ANNs as classifiers. Although the proposed model shows relatively good performance, the paper should focus on justifying the novelty of the method and providing more details in the results.

Specific Comments

Major Comments

1. The paper lacks a clear discussion on how the proposed method substantially advances the state of the art. While it combines PCA with SVM and ANN, similar combinations have been explored in prior research. The authors should clearly write about how their work is novel and the specific contributions made beyond existing studies.

Response: Please see page 2, lines 34-47.

2. The paper does not provide sufficient details on the hyperparameter tuning process for both SVM and ANN models. The review suggests that the author include these additional details in an appendix.

Response: Done, Table 3 provides the hyperparameter tuning and classifiers configuration used in the experiment.

3. The evaluation primarily focuses on accuracy, sensitivity, and specificity. However, other metrics like precision, F_1-score, and area under the receiver operating characteristic curve could provide a more comprehensive assessment of the model's performance. The authors could consider adding additional metrics for evaluation.

Response: Done, other metrics were also used. Please see the Statistical Analysis section (page 5) and Table 4 and Table 5 (page 9) for the obtained results.

4. In Figure 2, the size of the box on the left and right are different (square vs rectangle). Is there a specific reason the author made this design choice?

Response: The figure was removed as more empirical results were inserted responding to the reviewers' suggestions. Techniques for reducing dimensionality and classification have been added as well as the ADNI database, which has condensed the Results and Discussion sections. I thought it wise to remove certain figures and tables to lighten the paper and avoid redundancy. However, for the design, there is no particular reason. The interface was developed using Matlab toolbox while respecting certain dimensions.

Minor Comments

1. The paper's organization can be improved. Some sections, like the methodological explanation of PCA, are overly detailed, while others, like the description of SVM and ANN, are relatively brief. Please consider balancing the sections.

Response: Done, all the content of the paper has been revised and improved. Also, appendixes were added to move the entire mathematical background and lighten the paper. Please see the Machine Learning Approaches section (page 3).

2. The Related Work section is somewhat sparse and does not sufficiently cover recent advances in the field. Please consider adding more recent studies.

Response: Done, please see the Introduction section (page 2), particularly, the paragraph in lines 21-31.

Round 2 Review

Anonymous [1]

General Comments

This paper investigates the performance of various machine learning models in the diagnosis of AD using neuroimaging data. The authors propose a CAD system that uses PCA for feature extraction and SVMs, feedforward neural networks, and ViTs for classification. The models are trained and evaluated on two datasets, OASIS and ADNI.

Specific Comments

Major Comments

1. The paper claims that the proposed CAD system is effective in classifying patients with AD and healthy controls (HCs) with high accuracy. However, the reported accuracies of 91.9% for OASIS and 88.6% for ADNI using PCA/SVM are not significantly higher than those achieved by existing state-of-the-art methods (eg, Li Y, Chen G, Wang G, et al. Dominating Alzheimer's disease diagnosis with deep learning on sMRI and DTI-MD. Front Neurol. Aug 15, 2024;15:1444795. [doi: 10.3389/fneur.2024.1444795] [PMID: 39211812]). A more comprehensive literature review and comparison are needed to support the claim of the proposed system's superiority.

Response: Performance comparisons between different machine learning techniques by referring to other researchers' studies are difficult. It is possible that the same algorithm can provide different results for the same database if the study context, the

acquisition and learning parameters, the capacity of the computing equipment, etc are different. Nevertheless, to evaluate the effectiveness of the proposed CAD system, a comparative study with some recent works was carried out on the ADNI and OASIS datasets, which we think the development conditions are almost similar to our case.

An objective comparison could not be made with the study proposed in the *Frontiers in Neurology* paper you suggested for two reasons.

1. Researchers used samples from a mixture of two databases, ADNI and Xuanwu Hospital Neuroimaging, to perform the training of the CNN. This provides more data to conduct this process well.
2. Researchers performed two binary classifications (AD vs HCs and mild cognitive impairment [MCI] vs HCs), and they obtained accuracies of 0.96% and 0.83% respectively. In our case, the binary classification performed is AD vs HCs, where samples from patients with MCI and those with confirmed AD are grouped in the same Alzheimer class. The ViT model achieved an accuracy of 90.4% for this category, which is encouraging because MCI is a difficult stage to predict.

2. The ADNI dataset includes not only patients with AD and HCs but also individuals with MCI. The paper does not explicitly mention whether MCI cases are included in the ADNI dataset used in this study and if patients with MCI are excluded. What is the reason?

Response: Clarifications are provided regarding the subdivision of the two HC and AD classes, which concern HCs and patients with AD, respectively. Please see the related paragraphs on page 3.

3. The paper's conclusion that the "PCA/SVM scheme is much better at predicting AD than the other models" is not supported by the results presented. The ViT model with data augmentation consistently outperforms PCA/SVM in terms of accuracy and other metrics. There are no obvious reasons data augmentation is unwanted either.

Response: Details are provided regarding the results obtained with the ViT classifier. Please see the related paragraphs on page 1 and page 2 in the abstract section.

We have confirmed your deduction regarding the performance of the ViT that was applied in conjunction with the data augmentation strategy. We have not criticized the potential of having augmented the data. In general, neural networks in comparison with other machine learning models need a sufficient amount of data to perform their training in order to obtain good results. Therefore, in cases with little data, it is necessary to go through strategies that allow increased data to achieve this objective.

In the paragraph titled Method in the abstract section, we have specified that three classifiers were used: SVM and FFNN with the dimensionality reduction methods as well as ViT with the data augmentation strategy. The Results and Conclusion subsections in the abstract section confirmed that the data augmentation/ViT model outperformed the other models.

Minor Comments

1. The paper claims to use a multimodal system, combining both MRI and PET images. However, it does not compare the multimodal system's performance against single-modal systems using only MRI or PET images. Such a comparison would help to rationalize the conclusion that the multimodal system truly improves upon single-modal systems.

Response: Please see the related paragraph on page 8.

Reviewer AS

General Comments

Thank you for addressing my comments from the previous round of reviews. I appreciate the effort you have put into revising the manuscript. The updated version effectively resolves all the issues I raised, and the manuscript is now clear, well-structured, and scientifically sound.

Response: Thank you very much for your valued contribution as well as for your relevant comments in round 1, which helped to improve the contents of the paper.

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Abbreviations

AD: Alzheimer disease
ADNI: Alzheimer's Disease Neuroimaging Initiative
ANN: artificial neural network
CAD: computer-aided diagnosis

HC: healthy control
MCI: mild cognitive impairment
MRI: magnetic resonance imaging
OASIS: Open Access Series of Imaging Studies
PCA: principal component analysis
PET: positron emission tomography
SVM: support vector machine
ViT: vision transformer

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Impact of a Point-of-Care Ultrasound Training Program on the Management of Patients With Acute Respiratory or Circulatory Failure by In-Training Emergency Department Residents (IMPULSE): Before-and-After Implementation Study

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Abstract

Background: Due to its diagnostic accuracy, point-of-care ultrasound (POCUS) is becoming more frequently used in the emergency department (ED), but the feasibility of its use by in-training residents and the potential clinical impact have not been assessed.

Objective: This study aimed to assess the feasibility of implementing a structured POCUS training program for in-training ED residents, as well as the clinical impact of their use of POCUS in the management of patients in the ED.

Methods: IMPULSE (Impact of a Point-of Care Ultrasound Examination) is a before-and-after implementation study evaluating the impact of a structured POCUS training program for ED residents on the management of patients admitted with acute respiratory failure (ARF) and/or circulatory failure (ACF) in a Swiss regional hospital. The training curriculum was organized into 3 steps and consisted of a web-based training course; an 8-hour, practical, hands-on session; and 10 supervised POCUS examinations. ED residents who successfully completed the curriculum participated in the postimplementation phase of the study. Outcomes were time to ED diagnosis, rate and time to correct diagnosis in the ED, time to prescribe appropriate treatment, and in-hospital mortality. Standard statistical analyses were performed using chi-square and Mann-Whitney *U* tests as appropriate, supplemented by Bayesian analysis, with a Bayes factor (BF)>3 considered significant.

Results: A total of 69 and 54 patients were included before and after implementation of the training program, respectively. The median time to ED diagnosis was 25 (IQR 15 - 60) minutes after implementation versus 30 (IQR 10 - 66) minutes before implementation, a difference that was significant in the Bayesian analysis (BF=9.6). The rate of correct diagnosis was higher after implementation (51/54, 94% vs 36/69, 52%; *P*<.001), with a significantly shorter time to correct diagnosis after implementation (25, IQR 15 - 60 min vs 43, IQR 11 - 70 min; BF=5.0). The median time to prescribe the appropriate therapy was shorter after implementation (47, IQR 25 - 101 min vs 70, IQR 20 - 120 min; BF=2.0). Finally, there was a significant difference in hospital mortality (9/69, 13% vs 3/54, 6%; BF=15.7).

Conclusions: The IMPULSE study shows that the implementation of a short, structured POCUS training program for ED residents is not only feasible but also has a significant impact on their initial evaluation of patients with ARF and/or ACF, improving diagnostic accuracy, time to correct diagnosis, and rate of prescribing the appropriate therapy and possibly decreasing

hospital mortality. These results should be replicated in other settings to provide further evidence that implementation of a short, structured POCUS training curriculum could significantly impact ED management of patients with ARF and/or ACF.

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KEYWORDS

point-of-care ultrasonography; training program; emergency department; acute respiratory failure; acute circulatory failure

Introduction

Acute respiratory failure (ARF) and acute circulatory failure (ACF) are common causes of emergency department (ED) admissions and are associated with significant morbidity, mortality, and ED resource use. Timely and appropriate management can reduce these outcomes but depends on an efficient diagnostic workup [1]. In a high proportion of EDs around the world, patients received first-line treatment by junior in-training physicians. Traditionally, the workup is guided by history taking and physical examination, which have been shown to be inaccurate in the ED, particularly when performed by less experienced physicians [2-4]. Basic laboratory and imaging tests are often supplemented with more advanced modalities, such as transthoracic echocardiography or computed tomography (CT), at the expense of increased ED length of stay, resource use, and potential adverse events [5-7]. Point-of-care ultrasound (POCUS), performed by nonradiologists or noncardiologists, is a noninvasive bedside diagnostic tool that has been shown to be highly accurate in identifying the etiologic cause of ARF or ACF, with no significant side effects [8-20]. POCUS is now included in many training programs for emergency physicians [21-27]. However, it is still unclear if the diagnostic accuracy of POCUS translates into a clinically relevant difference in patient outcomes [18,28-33]. Despite these limitations, the American College of Physicians guidelines recommend the use of POCUS in addition to standard diagnostic procedures in patients with acute dyspnea [34,35]. In most of the published studies, POCUS was performed by trained experts who were not directly responsible for the patient and were often blinded to clinical data, which does not reflect real-life conditions where patients are initially managed by junior or in-training residents.

We designed the IMPULSE (Impact of a Point-of-Care Ultrasound Examination) study to evaluate the feasibility and impact of implementing a structured POCUS training program for in-training ED residents in the first-line management of patients admitted for ACF and/or ARF. A before-and-after implementation study design was chosen to avoid the methodological problems associated with blinding and randomization in a single-center study [35].

Methods

Study Design and Intervention

IMPULSE is a single-center, before-and-after, observational, implementation study of a structured POCUS training program for ED residents (first or second year of internal medicine training) at a regional hospital (Hôpital de Nyon, Switzerland). During the preimplementation period (phase 1), patient management was unchanged, and POCUS could only be performed on demand by trained attending physicians as part of the standard ED management implemented since 2010. Only 1 in-training ED resident per 12-hour shift participated in the study.

During the intervention phase, a group of residents in training (first and second year after graduation) were enrolled in the AURUS (Association des urgentistes et réanimateurs intéressés à l'ultrasonographie) training program, organized into 3 steps and in accordance with the European Society of Intensive Care Medicine consensus document [36-38]:

- A 20-hour, web-based course on general principles of ultrasound as well as theoretical and practical aspects of image acquisition and interpretation in transthoracic, cardiac, vascular, pulmonary, and abdominal POCUS [39]: The module includes a formal assessment of knowledge through a multiple-choice questionnaire, which must be completed to proceed to the next step.
- An 8-hour, practical, hands-on session in which POCUS examinations are performed on healthy volunteers and simulators in groups of 3 students under the supervision of an instructor, focusing on the technical aspects of obtaining interpretable images: The session includes a formal assessment of image acquisition and interpretation skills. This assessment is mandatory to proceed to the next step.
- The practice of at least 10 directly supervised POCUS full examinations, performed under real conditions in the ED: This includes a formal assessment of the ability to acquire, interpret, and integrate good-quality images into clinical management.

At the end of the training process, residents who met all training objectives were enrolled in the postimplementation phase (phase 2). Similar to phase 1, only 1 ED resident per shift participated in the study. A Sparq Ultrasound System (Philips AG Healthcare) was used for all POCUS examinations, which were performed with a 4 - 12 MHz linear probe and a 1 - 4 MHz phased array probe. POCUS was requested to be performed as soon as possible on all enrolled patients, in parallel with the clinical evaluation and according to a standardized protocol evaluating 18 specific sonographic signs (Figure 1), looking for echographic signs of pulmonary embolism, left heart failure, hypovolemic state, tamponade, pneumonia, pneumothorax, or abdominal disease. All POCUS images were recorded, and a standardized case report form was completed by the resident (Figure 2). All images were mandatorily reviewed by a POCUS-trained attending physician, directly or subsequently, to confirm the findings.

All other diagnostic procedures were used at the discretion of the clinician, including a basic POCUS performed by the

attending physician and an advanced ultrasound performed by a fully trained radiologist or cardiologist.

Figure 1. Point-of-care ultrasound (POCUS) protocol evaluating specific sonographic signs: (1) internal jugular vein; (2) to (5) anterior pulmonary view or anterior axillary line view; (6) and (7) posterobasal pulmonary view; (8) inferior vena cava; (9) parasternal short- and long-axis cardiac views; (10) apical four-chamber cardiac view; (11) subcostal cardiac view; (12) hepatorenal space; (13) splenorenal space; (14) suprapubic view; and (15) to (18) femoropopliteal veins.

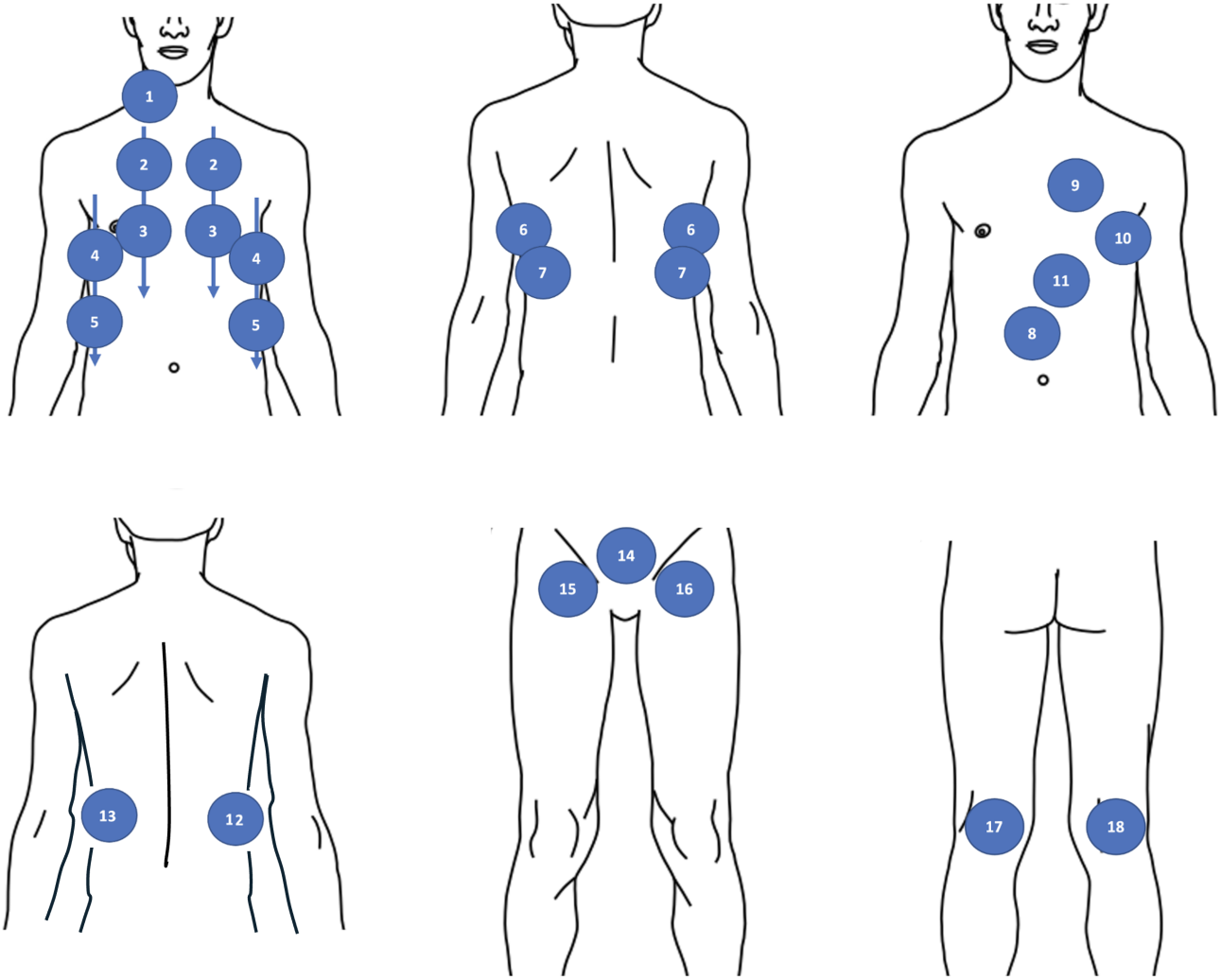


Figure 2. Case report form (adapted from the original form in French). COPD: chronic obstructive pulmonary disease; IMPULSE: Impact of a Point-of-Care Ultrasound Examination.

Case report form

Start of care : __ h__ IMPULSE identification number :

Time of diagnosis : __h__

Type of diagnosis (one or more) :

1. Pneumonia
2. Asthma/COPD exacerbation
3. Pulmonary embolism
4. Pneumothorax
5. Pericardial effusion/tamponade
6. Pleural effusion
7. Cardiac failure (acute pulmonary edema)
8. Myocardial infarction or myocarditis with cardiogenic shock
9. Septic shock
10. Gastrointestinal bleeding
11. Intraperitoneal bleeding
12. Other (specify clearly) :

Treatment prescription time : __h__

Treatment prescribed (one or more)

1. Antibiotics
2. Bronchodilators
3. Corticosteroids
4. Diuretics
5. Noninvasive ventilation (NIV)
6. Anticoagulants
7. Vasopressors
8. Coronarography
9. Abdominal surgery
10. Gastroscopy
11. Other (specify clearly ; examples : pericardial or pleural drainage, intravenous lysis, thrombectomy, arterial embolization,… .

Time of diagnosis modification (if applicable) : __h__ New diagnosis :

Comment :

Time of treatment modification (if applicable) : __h__ New treatment:

Comment :

Patient Inclusion and Exclusion Criteria

In both phases, all consecutive adult patients (aged ≥18 years) presenting with ARF and/or ACF were screened for inclusion in the study. ARF was defined by (1) the presence of either signs of respiratory distress or a respiratory rate greater than 20 breaths/min and (2) an oxygen saturation measured using pulse oximetry of <92% on room air or the need to administer oxygen to maintain a saturation of ≥92%. ACF was defined by (1) the presence of a systolic blood pressure <90 mm Hg and (2) clinical signs of hypoperfusion (agitation or altered consciousness, skin mottling, or oliguria) or hyperlactatemia (>2.0 mmol/L).

Exclusion criteria were a known or immediate diagnosis (such as ST-elevation myocardial infarction or referral for an externally determined diagnosis), the need for immediate lifesaving measures (such as cardiopulmonary resuscitation), trauma, palliative care, and patient refusal of care.

In order to preserve the organization of the ED and to favor the admission of patients for whom uninterrupted care seemed likely, the final admission of patients and the start of observation were left to the discretion of the attending physician, based on his or her assessment of the ED situation and workload.

Data Collection

On a standardized case report form, the ED resident recorded various times (start of observation, time of diagnosis, start of diagnosis-specific therapy, and end of ED stay). Diagnoses and therapies were also reported according to a specified list (Figure 1). The participating resident was equipped with an audio recorder, which was started at first contact with the patient. All recordings were kept confidential only to the investigators, who analyzed them to verify the written data reported. Based on these data, the time to diagnosis; time to prescription of targeted, appropriate treatment; and length of stay in the ED were calculated and rounded to 5-minute intervals. The hospital discharge summary was retrospectively analyzed to compare the diagnosis made during the ED stay with the final hospital diagnosis and to assess in-hospital mortality.

Statistical Analysis

All data were analyzed with the free, open-source JASP tool (University of Amsterdam). Median and IQR values are reported for descriptive statistics of continuous variables, and absolute numbers and proportions are reported for categorical variables. Differences in proportions of categorical variables between phases were analyzed by chi-square test, with a significant level set at $P<.05$. Differences in continuous variables and time intervals between phases were analyzed with a Mann-Whitney *U* test, completed by a Bayesian approach. For this analysis, the alternative hypothesis was that the time intervals would be greater in phase 1 than in phase 2, with a prior probability described by a Cauchy distribution centered around zero and with a width parameter of 1.00. This width parameter was chosen after an equivalence, Bayesian, independent-samples (2-tailed) *t* test analysis and corresponds to a probability of 50% that the effect size lies between −1.000 and 1.000. The statistical significance of the Bayesian analysis was expressed with the Bayes factor (BF), where a value between 3 and 10 is considered moderate evidence, and a value over 10 represents strong evidence. For hospital mortality comparison between the 2 phases, a Bayesian analysis was also performed, with an independent binomial analysis, with fixed rows.

Ethical Considerations

The study was approved by the regional ethics committee (Commission Cantonale d'Ethique du Canton de Vaud; protocol 194/15). Due to the observational design of the study and the fact that the practice of POCUS was already part of the usual care in the ED of the institution, a signed individual informed consent was only required for the use of the data collected for the study. Therefore, in order not to delay the management of the patients, brief verbal information was given to the patient at the beginning of the observation. Full information about the study was then given to the patient as soon as possible. Definite enrollment and data analysis were completed only after individually signed informed consent. If the patient refused to participate, then all study materials were destroyed. No compensation was provided to patients, and all data were anonymized for analysis purposes.

Results

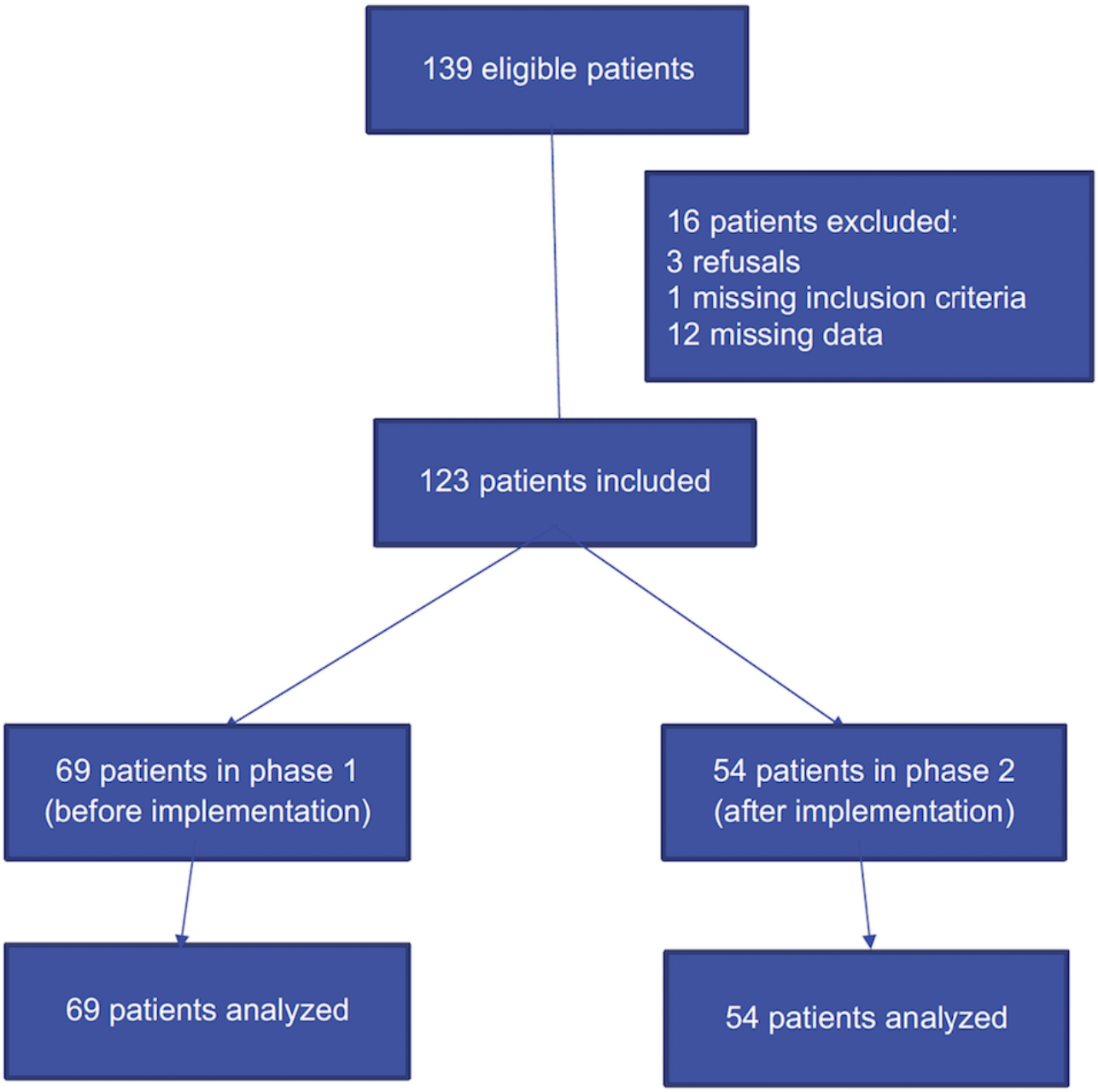
In-Training ED Residents

For ED organizational purposes, in-training residents (first or second year of training in internal medicine) were assigned to groups of 6-8 people for a 6-month rotation period. During each 12-hour shift, a resident was responsible for the first-line management of patients with ARF and/or ACF, under the supervision of an emergency medicine specialist. From September 4, 2015, to May 28, 2016 (a total of 268 days; phase 1), 14 residents participated in the observational phase, with no changes to the organization or process of usual care. Twelve interns successfully completed the AURUS training course from May 29, 2016, to September 14, 2016. Thereafter, from September 15, 2016, to February 7, 2018 (a total 511 days; phase 2), they were able to perform an immediate POCUS when managing a patient with ARF and/or ACF, which was the only difference from the observational phase 1.

Patients

During the whole study period, 139 patients were enrolled, but 3 (2.2%) patients withdrew consent to participate, 1 (0.7%) patient was excluded due to incomplete inclusion criteria, and 12 (8.6%) patients were excluded due to missing data, leaving 123 (88.5%) patients for the analysis (Figure 3). A total of 69 patients were included during phase 1 and 54 patients were included during phase 2. In the final analysis, of the 123 patients, 117 (95.1%) presented with ARF and 20 (16.3%) presented with ACF, of whom 14 (11.4%) presented with a combination of ARF (Figure 3).

Figure 3. CONSORT (Consolidated Standards of Reporting Trials) study flowchart.



The median age of the enrolled patients was 77 (IQR 70 - 84) years, and most patients were enrolled for respiratory distress (116/123, 94.3%) and hypoxemia (117/123, 95.1%). The admission characteristics of the enrolled patients are representative of the usual patients with ARF and/or ACF who present to the ED (Table 1).

Table . Patients characteristics at admission.

	Total population (n=123)	Phase 1 (n=69)	Phase 2 (n=54)
Age (years), median (IQR)	77 (70 - 84)	78 (70 - 86)	75 (70 - 82)
Female sex, n (%)	63 (51.2)	37 (53.6)	26 (48.1)
Prehospital medicalized care, n (%)	19 (15.4)	8 (11.6)	11 (20.4)
Medical history, n (%)			
COPD[a]	35 (28.5)	21 (30.4)	14 (25.9)
Asthma	9 (7.3)	5 (7.2)	4 (7.4)
Ischemic heart disease	41 (33.3)	21 (30.4)	20 (37)
Chronic heart failure	38 (30.9)	17 (24.6)	21 (38.9)
Active or past smoking	44 (35.8)	22 (31.9)	22 (40.7)
Immunosuppressive therapy	4 (3.3)	4 (5.8)	0 (0)
Pulmonary hypertension	7 (5.7)	4 (5.8)	3 (5.6)
Chronic kidney disease	44 (35.8)	22 (31.9)	22 (40.7)
Inclusion criteria, n (%)			
Respiratory distress	116 (94.3)	64 (92.8)	52 (96.3)
Hypoxemia (SpO_2[b]<92%)	117 (95.1)	66 (95.7)	51 (94.4)
Hypotension (SBP[c]<90 mm Hg)	22 (17.9)	14 (20.3)	8 (14.8)
Clinical hypoperfusion	20 (16.3)	12 (17.4)	8 (14.8)
Admission vital signs, median (IQR)			
SpO_2 (%)	89 (83 - 92)	89 (86 - 93)	88.0 (80-92)
Respiratory rate (breaths/min)	28 (24 - 32)	28 (25 - 32)	28 (24 - 34)
Heart rate (beats/min)	100 (87 - 117)	100 (88 - 115)	105 (85 - 126)
SBP (mm Hg)	132 (112 - 152)	132 (115 - 158)	130 (110 - 152)
DBP[d] (mm Hg)	76 (61 - 89)	76 (60 - 90)	75 (63 - 89)
Laboratory values, median (IQR)			
pH	7.40 (7.35 - 7.45)	7.41 (7.35 - 7.45)	7.40 (7.36 - 7.45)
pO_2[e] (kPa)	8.2 (7.1 - 9.8)	8.3 (7.4 - 10.2	7.7 (6.7 - 9.2)
pCO_2[f] (kPa)	4.9 (4.1 - 6.3)	5.0 (4.4 - 6.0)	4.8 (3.9 - 6.8)
Lactate (mmol/L)	1.75 (1.40 - 2.75)	1.80 (1.40 - 2.85)	1.70 (1.40 - 2.28)
Creatinine (µmol/L)	104 (73 - 151)	108 (73 - 152)	98 (74 - 148)
Hemoglobin (g/L)	130 (115 - 143)	130 (114 - 144)	133 (116 - 143)
BNP[g] (ng/L)	398 (185 - 924)	267 (164 - 680)	566 (311 - 1044)
D-dimers (ug/mL)	1392 (643 - 2800)	1125 (697 - 1437)	2273 (453 - 4474)
CRP[h] (mg/L)	44 (15 - 104)	43 (15 - 95)	49 (16 - 147)

[a]COPD: chronic obstructive pulmonary disease.

[b]SpO_2: oxygen saturation.

[c]SBP: systolic blood pressure.

[d]DBP: diastolic blood pressure.

[e]pO_2: partial pressure of oxygen.

[f]pCO_2: partial pressure of carbon dioxide.

[g]BNP: brain natriuretic peptide.

[h]CRP: C-reactive protein.

General ED Management

The median ED stay duration was 230 (IQR 160 - 300) minutes. During their ED stay, of the 123 patients, 98 (79.7%) had a chest x-ray, 40 (32.5%) had a chest CT scan, and 47 (38.2%) had a POCUS performed by a senior supervisor. Pneumonia was the most frequent diagnosis (n=42, 34.1%), followed by acute heart failure (n=41, 33.3%). Antibiotics (n=64, 52%) and diuretics (n=49, 39.8%) were the most frequently prescribed therapies during ED stay. Except for 2 patients (1 death and 1 home discharge), all patients were hospitalized—in half (n=58, 47.2%) of the cases, in the intensive care unit (Table 2).

Table . Emergency department (ED) management.

	Total population (n=123)	Phase 1 (n=69)	Phase 2 (n=54)
Imaging, n (%)			
Chest x-ray	98 (79.7)	65 (94.2)	33 (61.1)
Thoracic CT[a]	40 (32.5)	21 (30.4)	19 (35.2)
Abdominal CT	14 (11.4)	5 (7.2)	9 (16.7)
Abdominal ultrasound	4 (3.3)	4 (5.8)	0 (0)
Transthoracic echocardiography	3 (2.4)	2 (2.9)	1 (1.9)
POCUS[b] by senior physician	47 (38.2)	24 (34.8)	23 (42.6)
ED diagnosis, n (%)			
Pneumonia	42 (34.1)	26 (37.7)	16 (29.6)
Acute heart failure	41 (33.3)	19 (27.5)	22 (40.7)
Acute exacerbation of COPD[c]	13 (10.6)	9 (13)	4 (7.4)
Nonpulmonary sepsis	11 (8.9)	8 (11.6)	3 (5.6)
Pulmonary embolism	5 (4.1)	1 (1.4)	4 (7.4)
Pericardial effusion	3 (2.4)	0 (0)	3 (5.6)
Cardiogenic shock	2 (1.6)	1 (1.4)	1 (1.9)
Other diagnosis	6 (4.9)	5 (7.2)	1 (1.9)
Specific ED therapies, n (%)[d]			
Antibiotics	64 (52)	39 (56.5)	25 (46.3)
Diuretic therapy	49 (39.8)	24 (34.8)	25 (46.3)
Bronchodilators	27 (22)	18 (26.1)	9 (16.7)
Noninvasive ventilation	25 (20.3)	15 (21.7)	10 (18.5)
Steroids	17 (13.8)	10 (14.5)	7 (13)
Anticoagulation	14 (11.4)	5 (7.2)	9 (16.7)
Vasopressors	12 (9.8)	6 (8.7)	6 (11.1)
Patient destination after ED stay, n (%)			
Ward	58 (47.2)	36 (52.2)	22 (40.7)
ICU[e]	58 (47.2)	30 (43.5)	28 (51.9)
Other hospital (ICU or ward)	5 (4.1)	2 (2.9)	3 (5.6)
Home	1 (0.8)	1 (1.4)	0 (0)
Death in the ED	1 (0.8)	0 (0)	1 (1.9)

[a]CT: computed tomography.

[b]POCUS: point-of-care ultrasound.

[c]COPD: chronic obstructive pulmonary disease.

[d]Some patients may have received more than 1 therapy.

[e]ICU: intensive care unit.

Comparison Between Phase 1 and Phase 2

The proportion of final diagnoses retained at the end of hospitalization that confirmed the ED diagnosis was 52.2% (36/69) in phase 1 and 94.4% (51/54) in phase 2, a highly significant difference (χ^2_1=26.146, *P*<.001; Table 3).

Table . Confirmation of emergency department diagnosis during hospital diagnosis: contingency table[a].

	Diagnostic confirmed during hospital stay	
	No, n (%)	Yes, n (%)
Phase 1 (n=69)	33 (47.8)	36 (52.2)
Phase 2 (n=54)	3 (5.6)	51 (94.4)
Total (n=123)	36 (29.3)	87 (70.7)

[a]χ^2_1=26.146, *P*<.001.

Compared to phase 1, there was a statistically significant and clinically relevant decrease in the median time to final ED diagnosis in phase 2 (30, IQR 10 - 65 min vs 25, IQR 15 - 60 min; BF=9.6; Table 4).

Table . Emergency department (ED) time intervals.

	Phase 1 (n=69)	Phase 2 (n=54)	BF[a,b]	*P* value[c]
Time to final diagnosis (min), median (IQR)	30 (10 - 65)	25 (15 - 60)	9.56	.33
Time to final confirmed diagnosis (min), median (IQR)	43 (10 - 70)	25 (15 - 60)	5.02	.33
Time to administer a correct therapy (min), median (IQR)	70 (20 - 120)	47 (25 - 101)	1.96	.31
Duration of ED stay (min), median (IQR)	238 (163 - 300)	230 (160 - 275)	4.18	.42

[a]BF: Bayes factor.

[b]Alternative hypothesis: phase 1>phase 2; prior probability: Cauchy, scale 1.0.

[c]*P* value calculated with the Mann-Whitney *U* test.

When the ED diagnosis was confirmed during the hospital stay, the time to diagnosis in the ED was significantly shorter in phase 2 (25, IQR 15 - 60 min vs 43, IQR 10-70 min; BF=5.0), a difference of 18 minutes that is only moderately significant in the Bayesian analysis but clinically highly relevant. Finally, the time to order and start the most appropriate therapy was reduced from 70 (IQR 20 - 120) minutes in phase 1 to 47 (IQR 25 - 101) minutes in phase 2 (BF=2.0). There was also a reduction in the length of stay in the ED, which was significant in the Bayesian analysis, although probably not clinically relevant (Table 4).

Finally, in-hospital mortality was reduced in phase 2 (3/54, 5.6% vs 9/69, 13% in phase 1), a difference that was highly significant in Bayesian analysis (BF=16.04; Table 5).

Table . Hospital mortality: contingency table[a,b].

	Hospital mortality	
	Alive, n (%)	Dead, n (%)
Phase 1 (n=69)	60 (87)	9 (13)
Phase 2 (n=54)	51 (94.4)	3 (5.6)
Total (n=123)	111 (90.2)	12 (9.8)

[a]χ^2_1=1.93, *P*=.16.

[b]Bayesian analysis (independent multinomial analysis, with an alternate hypothesis: phase 1>phase 2): Bayes factor=16.04.

Due to the small population sample, we did not perform a formal statistical analysis of patient characteristics, components of ED management, distribution of diagnoses, and therapies administered (Tables 1 and 2). Nevertheless, we demonstrated a substantial decrease in the number of chest radiographs performed during phase 2, with an increase in the number of CT scans performed during the ED stay. In phase 1, according to the study design, a POCUS was performed by a senior attending physician in 34.8% (24/69) of the patients, whereas in phase 2, all patients had a POCUS performed by a junior attending physician, with a second POCUS performed by a senior attending physician in almost half (23/54, 42.6%) of the cases (Table 2).

Discussion

Principal Findings

The objective of the IMPULSE study was to investigate the feasibility and impact of implementing a brief, structured training program for ED residents on the management of patients admitted for ARF and/or ACF and their subsequent clinical outcomes. A before-and-after implementation design was selected to emulate the methodology of a randomized controlled trial, while mitigating the potential for contamination bias between the 2 groups. The only difference in the management of patients between the 2 phases was the immediate use of POCUS by the in-training resident in charge in the first-line treatment of the patient. The POCUS training curriculum (AURUS) was chosen for its established presence within the institution and its alignment with the updated recommendations concerning the training objectives of the current guidelines [37,38]. We hypothesized that the immediate use of POCUS by the junior physician after the short AURUS training would improve the diagnostic process, as compared by the later use by a senior physician.

The implementation of the structured, AURUS-based, POCUS program was not only associated with a significantly higher diagnostic accuracy rate but also a shorter delay of diagnosis, particularly when the ED diagnosis was later confirmed during the hospital stay. Our results also suggest that implementing a POCUS training program for in-training residents may be associated with a quicker implementation of the most appropriate therapeutic intervention, and possibly to a reduction in mortality rates, although the study design and the small sample size render the results susceptible to several potential biases. These findings align with those of a previous publication, which demonstrated that the use of POCUS by physicians of varying levels of experience was associated with an improved administration of appropriate therapies, despite no improvement in diagnostic accuracy [40]. This difference in diagnostic accuracy may be due to the more senior level of experience of the involved physicians in the published study, compared to our observation, as the diagnostic contribution of the ultrasound is probably greater for less experienced physicians.

It is also pertinent to consider some of the secondary findings of the IMPULSE study. In both phases of the study, the senior attending physician could conduct a POCUS examination; this occurred in nearly half of the cases in the postimplementation phase, a proportion that exceeds that observed in the preimplementation phase (Table 2). This may have been for verification purposes, but it is also possible that a POCUS conducted by a junior physician may prompt more experienced physicians to perform it with greater frequency, as a ripple effect. Similarly, although this finding should be interpreted with caution, there was a reduction in the number of chest x-rays performed during phase 2 (61.1% of patients only). This suggests that the POCUS may be used in place of this examination. Conversely, the number of CT scans performed during phase 2 was higher, which could be interpreted in two ways. It could be a negative effect of the POCUS, whereby supervisors performed more CT scans to confirm or reject a diagnosis made by their junior colleagues. The observed increase in the number of POCUS examinations performed by supervisors suggests that this may be a more positive effect. POCUS provides a more comprehensive assessment of the clinical situation, leading to a more appropriate use of advanced diagnostic modalities. Subsequent studies will likely address these findings and may confirm these trends, while providing clarification regarding the causes of the observed increase in CT scan use.

Our results show that the reported intervention is not only feasible but also that it has an impact on the clinical management process and possibly on the patient outcome. To the best of our knowledge, these data represent the inaugural demonstration of the clinical impact of a POCUS training program for ED residents. If replicated, they could substantiate the implementation of POCUS in conjunction with history taking and clinical examination by ED residents as a primary diagnostic tool.

Strengths and Limitations

The IMPULSE study has several notable strengths. The study design reflects the typical circumstances observed in most EDs, wherein patients are initially managed by junior physicians under the guidance of more experienced, senior medical professionals. The characteristics of the included patients and the diagnoses made in the ED demonstrate that this study sample is representative of the population of interest for the use of POCUS, with significant associated morbidity and mortality. The before-and-after study design circumvents the contamination bias observed in several previously published studies. The initial phase reflects the typical practice of most EDs, wherein POCUS is conducted by senior physicians at a relatively late stage, serving as a control for the subsequent postimplementation phase. Interestingly, the rate of inaccurate ED diagnosis during the phase 1 reflects the usual diagnostic accuracy for the management of patients who present to the ED [41-43].

The signal of a clinically relevant impact on the patient outcome is an interesting finding, as morbidity and mortality are the usual end points of choice for ED interventional studies. As POCUS is not a therapeutic procedure, the effect on outcome can only be driven by a quicker and more appropriate administration of efficient therapies. Therefore, our findings of quicker and more accurate diagnosis may explain the reduction of hospital mortality that was evidenced in our small population sample.

It is important to consider the limitations of the IMPULSE study, including the lack of randomization. However, as there is a risk of contamination between the two arms of a randomized controlled trial, we therefore elected to use a before-and-after implementation design as the optimal method to achieve quasi-randomization of patients to limit this risk. A cluster randomization of multiple centers with successive implementation would likely have been the optimal design in this situation; however, it was not feasible to organize. A second limitation is the single-center design and the limited sample of included patients, despite a lengthy recruitment period, particularly in phase 2, with 1 included patient every 9 days. This illustrates the challenges inherent in conducting

single-center studies in smaller institutions lacking dedicated clinical research resources. Notwithstanding this significant limitation, the studied population is representative of the typical patients with ARF and/or ACF admitted to the majority of EDs globally, as evidenced by their characteristics and corresponding diagnoses. It would be prudent to reproduce our results in other clinical settings, with the inclusion of a larger sample of patients, before any firm conclusion can be made regarding the impact of implementing a POCUS training program for in-training ED residents. These limitations do not affect the fundamental conclusions of the presented results.

Conclusion

In conclusion, the IMPULSE study demonstrates that a brief, structured training program for ED residents is both feasible and enables them to use POCUS as a primary tool for the initial management of patients presenting with ARF and/or ACF. The deployment of POCUS by these less experienced physicians may be associated with an increase in diagnostic accuracy, comparable to that observed in published data on POCUS use by experienced ED physicians. Furthermore, it may be associated with a reduction in the time required for in-training residents to reach a correct diagnosis and with a more rapid and appropriate prescription of a specific therapy, which may result in a decrease in hospital mortality. The results of the IMPULSE study also validate the AURUS training curriculum, demonstrating that this structured, stepwise approach to training is not only feasible but also efficient. These results must be replicated and validated in other settings with larger patient samples. However, the methodology presented herein is appropriate for limiting the issues of blinding and randomization in the study of such diagnostic tools and may be used by future studies.

Conflicts of Interest

None declared.

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Abbreviations:

ACF : acute circulatory failure
ARF : acute respiratory failure
AURUS: Association des urgentistes et réanimateurs intéressés à l'ultrasonographie
BF : Bayes factor
CT: computed tomography
ED: emergency department
IMPULSE: Impact of a Point-of-Care Ultrasound Examination
POCUS: point-of-care ultrasound

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Mothers' Knowledge of and Practices Toward Oral Hygiene of Children Aged 5-9 Years in Bangladesh: Cross-Sectional Study

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Abstract

Background: Healthy oral hygiene is crucial for overall health and well-being. Parents' dental care knowledge and practices affect their children's oral health.

Objective: This study examined mothers' knowledge and practices regarding their children's oral hygiene through a cross-sectional survey.

Methods: This cross-sectional survey was conducted from January 1 to December 31, 2022, in Dhaka, Bangladesh. Mothers' knowledge and practices regarding their children's oral hygiene were assessed through a semistructured questionnaire. Statistical analyses, including the χ^2 test and Pearson correlation test, were performed. The Mann-Whitney *U* and Kruskal-Wallis 1-way ANOVA tests were also used to show the average variations in knowledge and practices among different sociodemographic groups.

Results: Of 400 participants, the mean age of mothers was 30.94 (SD 5.15) years, and 388 (97%) were of the Muslim faith, 347 (86.8%) were housewives, and 272 (68%) came from nuclear families. A total of 165 (41.3%) participants showed good knowledge of their children's oral hygiene, followed by 86 (21.5%) showing moderately average knowledge, 75 (18.8%) showing average knowledge, and 74 (18.5%) showing poor knowledge. A total of 182 (45.5%) mothers had children with good oral hygiene practices, followed by mothers with children who had average (n=78, 19.5%), moderately average (n=75, 18.8%), and poor (n=65, 16.3%) oral hygiene practices. The mother's knowledge level was significantly associated with age (*P*=.01), education (*P*<.001), family size (*P*=.03), and monthly income (*P*<.001). On the other hand, educational status (*P*=.002) and income (*P*=.04) were significantly associated with the mother's practices regarding their children's oral hygiene. Nonparametric analysis revealed that mothers who were older (mean knowledge score: 12.13, 95% CI 10.73-13.54 vs 11.21, 95% CI 10.85-11.58; *P*=.01), with a

bachelor's degree or higher (mean knowledge score: 12.93, 95% CI 12.55 - 13.31 vs 9.66, 95% CI 8.95 - 10.37; *P*<.001), who were working mothers (mean knowledge score: 12.30, 95% CI 11.72 - 12.89 vs 11.45, 95% CI 11.17 - 11.73; *P*=.03), and who had a higher family income (mean knowledge score: 12.49, 95% CI 12.0 - 12.98 vs 10.92, 95% CI 10.48 - 11.36; *P*<.001) demonstrated significantly higher levels of oral health knowledge. Conversely, good oral hygiene practices were significantly associated with higher maternal education (mean practice score: 6.88, 95% CI 6.54 - 7.22 vs 6.01, 95% CI 5.63 - 6.40; *P*<.001) and family income (mean practice score: 6.77, 95% CI 6.40 - 7.14 vs 5.96, 95% CI 5.68 - 6.24; *P*=.002). The mother's knowledge was also significantly and positively correlated (Pearson correlation coefficient *r*=0.301; *P*<.001) with their children's oral hygiene practices, shown by both the Pearson chi-square (χ^2=25.2; *P*<.001) test and correlation coefficient.

Conclusions: The mothers' knowledge and their children's oral hygiene practices were inadequate. The mother's age, education level, family size, and monthly income significantly influenced their knowledge level. Children's oral hygiene habits were significantly associated with family income and the mother's educational status. This underscores the need for educational programs, accessible dental care services, oral health education in the curriculum, media and technology involvement in oral health educational campaigns, and proper research and monitoring.

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KEYWORDS

mothers' knowledge and practices; oral hygiene; child oral health; Bangladesh

Introduction

According to the World Health Organization, dental caries, periodontal disease, tooth loss, mouth cancer, oro-dental trauma, noma, and congenital defects including cleft lip and palate are classified as oral diseases. Oral health issues are prevalent in low-income nations owing to poor socio–educational-economic circumstances [1]. In terms of general health and well-being, there is a significant connection between oral health and overall health [2,3]. It impacts individuals' capacity to do tasks, communicate, and engage in social interactions. Thus, it has an impact on both the physical and psychological aspects of an individual [4]. Most common oral health problems and conditions can be readily avoided by establishing suitable oral hygiene routines, such as twice daily brushing with the best toothbrush, using fluoride-containing toothpaste, and using the proper brushing technique [5]. Other preventive measures include eating a balanced diet low in free sugar, going to the dentist regularly for exams, and receiving treatment for illnesses when they are still in the early stages [6]. It can be minimized by practicing good oral hygiene habits, such as brushing and flossing teeth and visiting the dentist frequently [7].

Worldwide, over 2 billion individuals have dental caries in their permanent teeth, while 514 million children have dental caries in their primary teeth [8]. Early childhood caries (ECC) in children have been linked mostly to poor dental hygiene. Infants and toddlers with significant plaque accumulation were more likely to experience severe ECC and caries from birth to toddlerhood [9]. ECC has several causes, including excessive sugar intake, poor dental hygiene, inadequate fluoride exposure, and enamel abnormalities [10]. So, the development of caries and the acquisition of infection are substantially influenced by diet and feeding habits.

The children in Bangladesh have various infections and disorders [11-13]. Poor oral health is another prevalent health problem among them, which is still neglected [13]. As parents are the major caregivers, their involvement is crucial in the maintenance and development of excellent oral health in children, such as teaching healthy eating and drinking habits [14]. In addition, several factors impact the dental health of children, including the mother's level of education, the mother's work situation, and her understanding of oral hygiene [15]. The adoption of good oral health practices in children is influenced by the parents', and particularly the mother's, oral health knowledge, attitudes, and awareness [16]. An Indian study found that the oral hygiene quality of children aged 12 years was shown to be significantly influenced by their mother's oral hygiene knowledge [17]. Children with high rates of dental caries and low rates of fillings were found to have parents with inadequate oral health literacy, according to another study [18]. As a result, it is essential for parents, and particularly mothers, to have awareness about oral health. Scholars argued that a mother's knowledge about oral health and the consequence of adequate dental hygiene has a beneficial impact on their children's dental well-being and adherence to dental care practices [19,20].

Research on dental caries awareness among parents in Pakistan has found low levels of knowledge about oral hygiene standards [21]. A study conducted in India on the oral health status of children aged 3 - 6 years and their mother's oral health–related knowledge, attitude, and practices found most mothers had a medium level of knowledge, an average level of attitude, and a high level of practices regarding oral health [22]. Another study in Malaysia on parental knowledge and practices in preschool children's oral health found that the majority had good knowledge [23]. Numerous studies have been conducted globally regarding parents' or mothers' oral hygiene knowledge and practices, but these have been insufficient, particularly among mothers in Bangladesh. There is a lack of research investigating the extent to which mothers are aware of and follow oral hygiene practices. Hence, this study aimed to assess mothers' level of oral hygiene knowledge and practices regarding their 5- to 9-year-old children.

Methods

This study followed the STROBE (Strengthening the Reporting of Observational Studies in Epidemiology) guidelines to prepare the manuscript, and the STROBE checklist is provided in Multimedia Appendix 1.

Ethical Considerations

Permission to conduct this study was given by the institutional review board of the National Institute of Preventive and Social Medicine (NIPSOM), Bangladesh (Ref NIPSOM/IRB/2017/09). The Shaheed Suhrawardy Medical College Hospital and Dhaka Dental College Hospital provided the necessary documentation. Both written and verbal consent were taken before initiating the interview. Participants received an overview of the study's goals, and those who consented were eventually included. No compensation was given to the participants, and data anonymity was strictly maintained.

Study Setting and Participants

This cross-sectional study was conducted from January 1 to December 31, 2022, in two tertiary-level hospitals in Dhaka South named Shaheed Suhrawardy Medical College Hospital and Dhaka Dental College Hospital in Dhaka City. Mothers of children aged 5-9 years who visited these tertiary hospitals were interviewed through a semistructured questionnaire.

Study Pretesting

To observe the overall scenario including questionnaire information, possible sampling techniques, and approximate nonresponse rate in the study, we first performed a pretest of the study. The pretesting was conducted among 50 mothers of children aged 5 - 9 years in the Sapporo Dental College & Hospital located at Dhaka North.

Sampling Technique and Sample Size

A convenience sampling technique was followed for this study. During the literature search, no study was found that assessed the knowledge and practices toward children's oral hygiene among Bangladeshi mothers. However, a study was found from India with a similar sociodemography. Mohandass et al [20] showed that the prevalence of adequate knowledge and practices were 58% and 57%, respectively. The sample size for this study was calculated using the below equation.

$$(1) n=z2pqd2$$

The sample size when P=.58 for the mother's knowledge was:

$$n=1.962\times0.58\times(1-0.58)0.052=375$$

Similarly, the sample size when P=.57 for the mother's practice level was:

$$n=1.962\times0.57\times(1-0.57)0.052=377$$

Therefore, we initially chose a maximum of 377 as the required sample size. Considering a maximum 5% nonresponse rate (based on pretesting), we rounded up this figure and selected 400 as an approximate sample size for the study.

Selection Criteria

The inclusion criteria for this study were mothers of Bangladeshi nationality who were living in Dhaka for at least 1 year, mothers of children aged 5 - 9 years, and mothers who provided consent and agreed to participate in the study. The exclusion criteria for the study were mothers who were not Bangladeshi but currently living in Dhaka, mothers of children older than 10 years or younger than 5 years, and mothers younger than 21 years or older than 48 years.

Sociodemographic Variables

Respondents' sociodemographic variables such as age (21-48 years), religion (Muslim, non-Muslim), educational status (up to primary, secondary, higher secondary, and bachelor's degree or higher), occupational status (housewife, working), family type (nuclear, joint), family size (<5 persons, ≥5 persons), and monthly family income (≤20,000 BDT, 20,001 - 40,000 BDT, ≥40,001 BDT; a currency exchange rate of 101.85 BDT=US $1 was used) were the independent variables in this study.

Measurement of Knowledge and Practice

The study used 15 variables to assess mothers' knowledge and 13 to assess their children's practices related to oral hygiene (Multimedia Appendices 2 and 3). Both knowledge and practice questions were adopted from the existing literature and revised according to our selection criteria. The summation scoring technique was used in computation, and the descriptive statistics, including percentiles, were observed. The range for the knowledge and practice scores were 1-15 and 1-13, respectively. According to the percentile approach, knowledge was classified into four levels: poor (<25% percentile cut point: ≤9.999), moderately average (25% - 49% percentile cut point: 10.0 - 11.99), average (50% - 74% percentile cut point: 12.0 - 12.99), and good knowledge (≥75% percentile cut point: ≥13.0) [24]. Practices were also classified into four levels: poor (<25% percentile cut point:≤4.99), moderately average (25% - 49% percentile cut point: 5.0 - 5.999), average (50% - 74% percentile cut point: 6.0 - 6.99), and good practices (≥75% percentile cut point: ≥7.0). For all cases, the cut points were statistically evident [25,26].

Data Quality Control

To ensure the reliability and validity of the study findings, we observed the reliability analysis for both knowledge and practice variables, yielding a Cronbach α; the reliability coefficient values for the variables related to knowledge and practice were found to be 0.78 and 0.81, indicating acceptable internal consistency.

Statistical Analysis

Descriptive statistics were performed to present participants' sociodemographic characteristics and mean knowledge and practice scores. The Pearson χ^2 test and Pearson correlation coefficient were used as a bivariate analysis. Since both knowledge and practice scores did not follow normality, we performed the Mann-Whitney U test and Kruskal-Wallis 1-way ANOVA test to show the mean knowledge and practice score variations between two (eg, housewife vs working mother) and more than two groups (eg, different age groups), respectively.

Necessary assumptions were checked before performing the statistical analysis. All the data management and statistical analyses were carried out through SPSS Statistics 27.0 (IBM Corp). The *P* value was observed for all the cases at a 5% level, and 95% was considered as the CI [27-29].

Results

Sociodemographic Characteristics of the Respondents

The majority of the respondents (n=209, 52.3%) were within the 21 - 30 years age group, followed by 44% (n=176) in the 31 - 40 years age group. Most (n=57, 39.3%) respondents had a secondary level of education. Most were Muslims (n=388, 97%) and housewives (n=347, 86.8%). Many of the respondents (n=157, 39.3%) had a monthly family income of 20,001 - 40,000 BDT (US $206.19-$392.73) per month. About 13.3% (n=53) of mothers were working (Table 1).

Table . Distribution of sociodemographic characteristics of the respondents (N=400).

Characteristics	Respondents, n (%)
Age group (years)	
21 - 30	209 (52.3)
31 - 40	176 (44.0)
41 - 48	15 (3.8)
Religion	
Muslim	388 (97.0)
Non-Muslim	12 (3.0)
Educational status	
Up to primary	76 (19.0)
Secondary	157 (39.3)
Higher secondary	68 (17.0)
Bachelor's degree or higher	99 (24.8)
Occupation	
Housewife	347 (86.8)
Working	53 (13.3)
Family type	
Nuclear	272 (68.0)
Joint	128 (32.0)
Number of family members	
<5 persons	193 (48.3)
≥5 persons	207 (51.8)
Monthly family income (BDT)[a]	
≤20,000	143 (35.8)
20,001 - 40,000	157 (39.3)
≥40,001	100 (25.0)

[a]A currency exchange rate of 101.85 BDT=US $1 was used.

Knowledge Among Mothers Regarding Their Children's Oral Hygiene

Multimedia Appendix 4 shows the mothers' knowledge scores regarding their children's oral hygiene. Among the 400 mothers, more than 90% (n=360) knew the importance of brushing teeth, while 82.3% (n=329) and 80.8% (n=323) knew the recommended frequency and appropriate time for brushing teeth, respectively. Surprisingly, only 29.5% (n=118) and 38.5% (n=154) knew the duration for brushing teeth and that fluoride protects against caries, respectively. However, most of the respondents knew about the "importance of cleaning tongue" (n=365, 91.3%), "gingival disease common cause of gum bleeding" (n=286, 71.5%), "brushing and flossing protect against bleeding gum" (n=243, 60.8%), "yellow coating plaque" (n=362, 90.5%), "sugary item cause caries" (n=387, 96.8%), "soft drinks cause caries" (n=295, 73.8%), and "regular brushing protects against caries" (n=380, 95%).

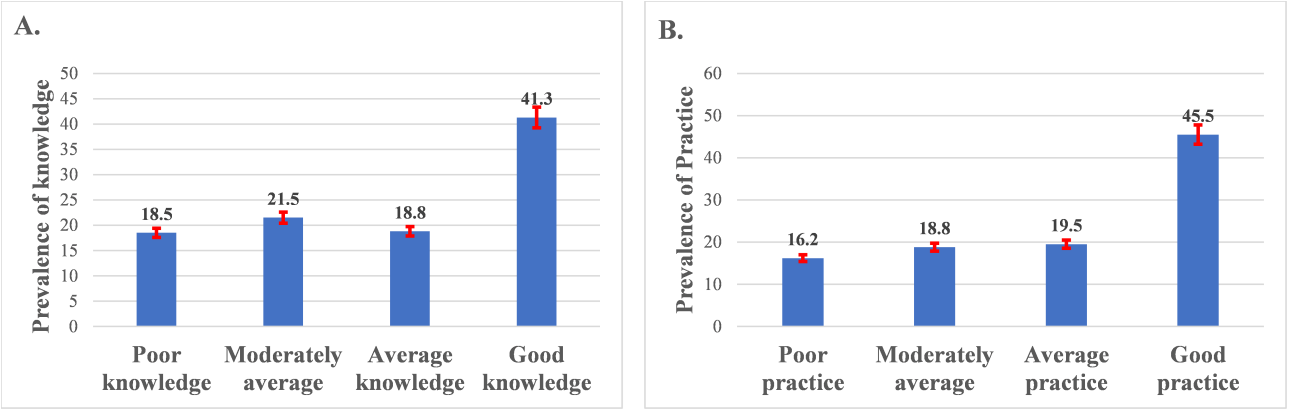
Mothers' Practices Regarding Their Children's Oral Hygiene

Multimedia Appendix 5 shows the individual distribution of mothers' practices regarding their children's oral hygiene. Most (n=381, 95.3%) of the mothers reported that their child brushed their teeth regularly, 99% (n=396) of children used a toothbrush, 62% (n=248) changed their toothbrush every 3 - 4 months or if the bristles were frayed, 97.8% (n=391) used their toothpaste, and 77.8% (n=311) rinsed their mouth after eating. Surprisingly, 44.3% (n=177) of children brushed their teeth twice daily, 42% (n=168) cleaned their tongues, and 2.8% (n=11) used floss. Only 12.5% (n=50) were given sugary items with meals, and 0.3% (n=1) were taken to dentists every 6 months.

Overall Knowledge and Practice Levels of the Respondents

Figure 1 depicts the level of knowledge and practices of mothers regarding their children's oral hygiene and the association with the mother's educational status. Only 41.3% (n=165) had good knowledge, while 18.5% (n=74) had poor knowledge (Figure 1A). Similarly, only 45.5% (n=182) of the mothers showed good practices, while 16.2% (n=65) showed poor practice levels (Figure 1B).

Figure 1. (A) Distribution of the overall knowledge of mothers. (B) Distribution of the overall practices of mothers.



Sociodemographic Variations in the Mother's Knowledge Level Regarding Their Children's Oral Hygiene

A total of 66.7% (10/15) of mothers aged 41-48 years had good knowledge regarding their children's oral hygiene. The Pearson χ^2 association test revealed that mothers' knowledge levels were significantly associated with age (P=.01), education (P<.001), family size (P=.03), and monthly income (P<.001; Table 2).

Table . Association of mothers' knowledge with sociodemographic characteristics.

Characteristics	Poor knowledge, n (%)	Moderately average, n (%)	Average knowledge, n (%)	Good knowledge, n (%)	*P* value[a]
Age group (years)					.01
21 - 30 (n=209)	43 (20.6)	55 (26.3)	39 (18.7)	72 (34.4)	
31 - 40 (n=176)	28 (15.9)	29 (16.5)	36 (20.5)	83 (47.2)	
41 - 48 (n=15)	3 (20.0)	2 (13.3)	0 (0.0)	10 (66.7)	
Religion					.22
Muslim (n=388)	72 (18.6)	86 (22.2)	72 (18.6)	158 (40.7)	
Non-Muslim (n=12)	2 (16.7)	0 (0.0)	3 (25.0)	7 (58.3)	
Educational status					<.001
Up to primary (n=76)	32 (42.1)	22 (28.9)	8 (10.5)	14 (18.4)	
Secondary (n=157)	29 (18.5)	46 (29.3)	33 (21.0)	49 (31.2)	
Higher secondary (n=68)	8 (11.8)	8 (11.8)	16 (23.5)	36 (52.9)	
Bachelor's degree or higher (n=99)	5 (5.1)	10 (10.1)	18 (18.2)	66 (66.7)	
Occupation					.10
Housewife (n=347)	68 (19.6)	77 (22.2)	67 (19.3)	135 (38.9)	
Working (n=53)	6 (11.3)	9 (17.0)	8 (15.1)	30 (56.6)	
Family type					.06
Nuclear (n=272)	46 (16.9)	52 (19.1)	59 (21.7)	115 (42.3)	
Joint (n=128)	28 (21.9)	34 (26.6)	16 (12.5)	50 (39.1)	
Number of family members					.03
<5 persons (n=193)	27 (14.0)	36 (18.7)	39 (20.2)	91 (47.2)	
≥5 persons (n=207)	47 (22.7)	50 (24.2)	36 (17.4)	74 (35.7)	
Monthly family income (BDT)[b]					<.001
≤20,000 (n=143)	38 (26.6)	37 (25.9)	25 (17.5)	43 (30.1)	
20,001 - 40,000 (n=157)	26 (16.6)	33 (21.0)	37 (23.6)	61 (38.9)	
≥41,001 (n=100)	10 (10.0)	16 (16.0)	13 (13.0)	61 (61.0)	

[a]χ^2/Fisher exact test.

[b]A currency exchange rate of 101.85 BDT=US $1 was used.

Sociodemographic Variation of the Mother's Practice Level Regarding Their Children's Oral Hygiene

Table 3 represents the association between mothers' sociodemographic characteristics and their practices regarding their children's oral hygiene. The analysis found that more than half (n=8, 53.3%) of older-aged mothers had good practices, and 66.7% (n=60) of mothers with a bachelor's degree or higher showed good practices regarding their children's oral hygiene. The educational status (*P*=.002) and income (*P*=.04) were significantly associated with the mothers' practices regarding their children's oral hygiene (Table 3).

Table . Association between sociodemographic characteristics and practice level regarding their children's oral hygiene.

Characteristics	Poor practice, n (%)	Moderately average, n (%)	Average practice, n (%)	Good practice, n (%)	*P* value[a]
Age group (years)					.34
21 - 30 (n=209)	34 (16.3)	44 (21.1)	46 (22.0)	85 (40.7)	
31 - 40 (n=176)	30 (17.0)	27 (15.3)	30 (17.0)	89 (50.6)	
41 - 48 (n=15)	1 (6.7)	4 (26.7)	2 (13.3)	8 (53.3)	
Religion of the respondents					.42
Muslim (n=388)	65 (16.8)	73 (18.8)	76 (19.6)	174 (44.8)	
Non-Muslim (n=12)	0 (0.0)	2 (16.7)	2 (16.7)	8 (66.7)	
Educational status of the respondent					.002
Up to primary (n=76)	15 (19.7)	19 (25.0)	6 (7.9)	36 (47.4)	
Secondary (n=157)	27 (17.2)	34 (21.7)	41 (26.1)	55 (35.0)	
Higher secondary (n=68)	12 (17.6)	12 (17.6)	13 (19.1)	31 (45.6)	
Bachelor's degree or higher (n=99)	11 (11.1)	10 (10.1)	18 (18.2)	60 (60.6)	
Occupation of the respondent					.24
Housewife (n=347)	60 (17.3)	68 (19.6)	65 (18.7)	154 (44.4)	
Working (n=53)	5 (9.4)	7 (13.2)	13 (24.5)	28 (52.8)	
Family type of the respondent					.98
Nuclear (n=272)	43 (15.8)	51 (18.8)	54 (19.9)	124 (45.6)	
Joint (n=128)	22 (17.2)	24 (18.8)	24 (18.8)	58 (45.3)	
Number of family members					.93
<5 persons (n=193)	30 (15.5)	38 (19.7)	36 (18.7)	89 (46.1)	
≥5 persons (n=207)	35 (16.9)	37 (17.9)	42 (20.3)	93 (44.9)	
Monthly family income (BDT)[b]					.04
≤20,000 (n=143)	30 (21.0)	30 (21.0)	28 (19.6)	55 (38.5)	
20,001 - 40,000 (n=157)	22 (14.0)	31 (19.7)	35 (22.3)	69 (43.9)	
≥41,001 (n=100)	13 (13.0)	14 (14.0)	15 (15.0)	58 (58.0)	

[a]χ^2/Fisher exact test significant level.

[b]A currency exchange rate of 101.85 BDT=US $1 is applicable.

Variation in Knowledge and Practices of the Respondents

A significant difference in respondents' knowledge and practices with sociodemographic characteristics was observed (Table 4). The analysis found that the knowledge was comparatively higher among mothers of higher age groups compared to lower age groups (mean knowledge score: 12.13, 95% CI 10.73-13.54 vs 11.23, 95% CI 10.85-11.58; *P*=.01). Similarly, both the knowledge and practice behaviors were significantly higher among mothers with higher education and income than their counterparts. In addition, working mothers and mothers with small families had significantly higher knowledge (Table 4).

Table . Knowledge and practice variation of mothers according to sociodemographic characteristics.

Characteristics	Knowledge score (range 1-15), mean (95% CI)	*P* value[a]	Practice score (range 1-13), mean (95% CI)	*P* value[a]
Age group (years)		.01		.21
21 - 30 (n=209)	11.21 (10.85 - 11.58)		6.13 (5.92 - 6.35)	
31 - 40 (n=176)	11.93 (11.56 - 12.29)		6.36 (6.09 - 6.62)	
41 - 48 (n=15)	12.13 (10.73 - 13.54)		6.8 (5.67 - 7.93)	
Religion		.22		.19
Muslim (n=388)	11.54 (11.28 - 11.80)		6.24 (6.07 - 6.41)	
Non-Muslim (n=12)	12.25 (10.53 - 13.97)		6.83 (6.08 - 7.59)	
Educational status		<.001		<.001
Up to primary (n=76)	9.66 (8.95 - 10.37)		6.01 (5.63 - 6.40)	
Secondary (n=157)	11.32 (10.97 - 11.67)		6.01 (5.75 - 6.27)	
Higher secondary (n=68)	12.26 (11.71 - 12.82)		6.19 (5.79 - 6.59)	
Bachelor's degree or higher (n=99)	12.93 (12.55 - 13.31)		6.88 (6.54 - 7.22)	
Occupation		.03		.12
Housewife (n=347)	11.45 (11.17 - 11.73)		6.21 (6.02 - 6.39)	
Working (n=53)	12.30 (11.72 - 12.89)		6.59 (6.19 - 6.98)	
Family type		.13		.88
Nuclear (n=272)	11.7 (11.39 - 12.00)		6.25 (6.05 - 6.45)	
Joint (n=128)	11.28 (10.81 - 11.75)		6.28 (5.98 - 6.59)	
Number of family members		<.001		.95
<5 persons (n=193)	11.96 (11.6 - 12.32)		6.27 (6.03 - 6.51)	
≥5 persons (n=207)	11.19 (10.84 - 11.55)		6.25 (6.01 - 6.48)	
Monthly family income (BDT)[b]		<.001		.002
≤20,000 (n=143)	10.92 (10.48 - 11.36)		5.96 (5.68 - 6.24)	
20,001 - 40,000 (n=157)	11.56 (11.17 - 11.95)		6.20 (5.96 - 6.45)	
≥40,001 (n=100)	12.49 (12.0 - 12.98)		6.77 (6.40 - 7.14)	

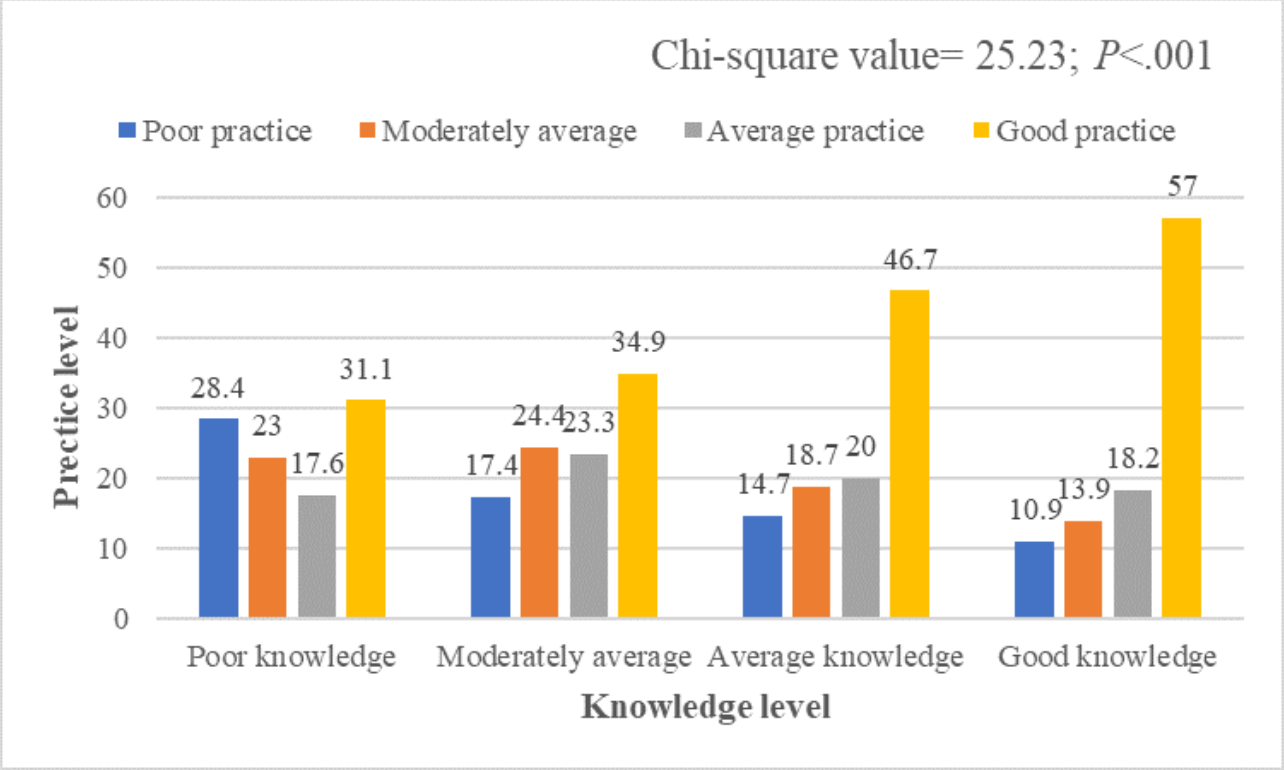
[a]Mann-Whitney *U* test and Kruskal-Wallis 1-way ANOVA test.

[b]A currency exchange rate of 101.85 BDT=US $1 is applicable.

Association Between Mothers' Oral Hygiene Knowledge and Practice Levels

Figure 2 represents the association between mothers' oral hygiene knowledge and practice levels. Over 50% of mothers with good knowledge had good practice behaviors regarding their children's oral hygiene. The Pearson correlation coefficient analysis also found a significant and positive association (r=0.301; P<.001) between the knowledge and practice scores of the respondents (Multimedia Appendix 6).

Figure 2. Association between mothers' knowledge level and practice level.



Discussion

Principal Findings

Oral health is an integral component of overall health, and it is important in our everyday lives. This study intended to evaluate mothers' knowledge and practices regarding their children's oral hygiene. An increased knowledge level was observed among older mothers, those with higher education levels, working mothers, and mothers from higher income groups. Similarly, good practices regarding children's oral hygiene were associated with the mother's education level and economic status.

Comparison to Prior Work

To maintain oral health, brushing twice a day is standard [30]. The study found that most mothers know the standard brushing recommendation for their children. Many mothers also agreed that gingival disease was the most common cause of gum bleeding, and brushing and flossing could protect against bleeding gums. The findings align with the existing literature [31]. If one wants to protect themselves against any kind of dental sickness, brushing regularly is required [32]. Over 50% of the mothers in our study agreed with this statement, which is comparable to existing research findings [33]. In this study, less than half of the mothers had good knowledge regarding their children's oral hygiene, and nearly 1 in every 5 mothers had poor knowledge. The findings suggest that health education programs among mothers regarding their children's oral hygiene are needed. Various education and awareness programs, including television, social and mass media campaigns, and community-based educational interventions may improve mothers' knowledge regarding children's oral hygiene [34-36].

In this study, the mother's knowledge regarding their children's oral hygiene was significantly associated with their age, and mothers in the higher age group had comparatively higher knowledge than those in the lower age group. The finding is comparable to many studies that suggest oral health educational programs for younger mothers [34,37,38]. The mother's educational status and monthly family income were two important predictors for increasing their children's oral hygiene knowledge and practices. Parents with higher education were more aware of their children's dental health [39,40]. Our research results align with the existing literature that indicates that mothers who have attained a university degree possess superior knowledge about oral health in comparison to those with a lower level of education [41]. This might be rationalized by the deduction that women with a lower level of education may lack awareness about the consequences of probable risk factors linked to the progression of oral disorders. Consequently, health awareness and promotion play a vital role for mothers who have inadequate educational backgrounds [40,42,43]. Our results align with the existing research, which demonstrates that mothers with extensive knowledge tend to promote good oral health habits in their children [25].

Strengths and Limitations

This study aimed to identify the variables that impact oral hygiene habits among mothers and evaluate their level of knowledge and compliance with oral hygiene practices. The primary merit of this study is the results. We identified the variables that influence individuals' understanding and behaviors related to oral hygiene. We experienced a few limitations during this study. First, this was cross-sectional research, which lacks strength in cause-effect analysis. Second, the study was conducted among mothers visiting tertiary-level hospitals in

Dhaka. Therefore, there is a chance of nonresponse bias due to convenience sampling.

Future Directions

Maintaining good oral hygiene is crucial for every child's overall health; mothers, in particular, play a vital role in this regard. Based on our study findings, the following recommendations may help enhance maternal knowledge and improve children's oral hygiene practices.

Educational Workshops and School-Based Initiatives

Community-based educational programs including workshops and seminars may help educate mothers of different age groups [34,40]. These workshops should focus on the importance of oral hygiene, practical tips for maintaining children's oral health, and common misconceptions. Monthly informational sessions on oral hygiene practices facilitated by dental health professionals and community health centers could play an important role in improving children's oral hygiene practices. Various school-based initiatives, like partnering with schools to offer regular seminars and distributing informative materials to parents during parent-teacher meetings that emphasize the critical role of oral hygiene from an early age, could be implemented [37].

Incorporate Oral Health Education Into the Curriculum

Integration of basic oral health education into the curriculum of early childhood education programs, ensuring that children learn about oral hygiene from a young age, may help children improve their oral hygiene practices [39,44]. Various programs within schools that encourage parental involvement in learning about and practicing good oral hygiene, and providing resources and support for mothers to reinforce these practices at home may help children improve their oral hygiene practices [44].

Media and Technology Use

Launching social media campaigns targeting mothers; using platforms like Facebook, Instagram, and YouTube to disseminate information on children's oral hygiene; and featuring engaging content such as infographics, videos, and interactive question-and-answer sessions with dental professionals could also be influential initiatives [35].

Research and Monitoring

Support should also be provided for ongoing research to monitor the effectiveness of these initiatives and to identify new trends and needs related to children's oral hygiene [45]. Establishing feedback mechanisms, such as surveys and focus groups, can help gather insights from mothers on the effectiveness of current programs and identify areas for improvement.

Conclusion

This study revealed that mothers' knowledge and practices regarding their children's oral health were insufficient. The mother's age, education level, family size, and monthly income significantly influenced their knowledge level. Children's oral hygiene habits were significantly associated with family income and the mother's educational status. Women aged 41-48 years with a bachelor's degree or higher, from higher socioeconomic backgrounds, and with school-aged children demonstrated significantly higher levels of knowledge. Mothers with higher socioeconomic status and more education demonstrated a much higher level of dental hygiene practices for their children. The mother's knowledge regarding their children's oral hygiene had positive effects and significantly correlated with their children's oral hygiene practices. The findings of this study emphasize the need for educational and school-based initiatives, accessible dental care services, oral health education in the curriculum, media and technology involvement in oral health educational campaigns, and proper research and monitoring.

Acknowledgments

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Data Availability

The datasets generated or analyzed during this study were deposited onto figshare [46].

Authors' Contributions

Conceptualization: TT, MMR, HS
Formal analysis: TT, MMR
Investigation: TT, SKD, AN, FN, NN, THB, SAS, SKK, MABS, SMR, UH, ZF, MMR
Methodology: TT, MMR
Project administration: TT, MMR
Supervision: MMR
Funding acquisition: TT, SKD, FN, NN, THB, SAS, SKK, SMR, UH, ZF, AAK, MMR
Validation: HS, AAK, MMR
Visualization: TT, SKD, MMR
Writing - original draft: TT, SKD, MMR
Investigation: TT, SKD, AN, FN, NN, THB, SAS, SKK, MABS, SMR, UH, ZF, HS, AAK, MMR

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Conflicts of Interest

None declared.

Multimedia Appendix 1
STROBE (Strengthening the Reporting of Observational Studies in Epidemiology) statement: checklist of items that should be included in reports of cross-sectional studies.
[PDF File, 76 KB - xmed_v6i1e59379_app1.pdf]

Multimedia Appendix 2
List of variables used to assess mothers' knowledge regarding their children's oral hygiene.
[DOCX File, 14 KB - xmed_v6i1e59379_app2.docx]

Multimedia Appendix 3
List of variables used to assess mothers' practices regarding their children's oral hygiene.
[DOCX File, 14 KB - xmed_v6i1e59379_app3.docx]

Multimedia Appendix 4
Mothers' individual knowledge regarding their children's oral hygiene.
[DOCX File, 14 KB - xmed_v6i1e59379_app4.docx]

Multimedia Appendix 5
Mothers' individual practices regarding their children's oral hygiene.
[DOCX File, 14 KB - xmed_v6i1e59379_app5.docx]

Multimedia Appendix 6
Correlation between knowledge and practice scores.
[DOCX File, 13 KB - xmed_v6i1e59379_app6.docx]

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Abbreviations

ECC: early childhood caries
NIPSOM: National Institute of Preventive and Social Medicine
STROBE: Strengthening the Reporting of Observational Studies in Epidemiology

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Identifying Safeguards Disabled by Epstein-Barr Virus Infections in Genomes From Patients With Breast Cancer: Chromosomal Bioinformatics Analysis

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Abstract

Background: The causes of breast cancer are poorly understood. A potential risk factor is Epstein-Barr virus (EBV), a lifelong infection nearly everyone acquires. EBV-transformed human mammary cells accelerate breast cancer when transplanted into immunosuppressed mice, but the virus can disappear as malignant cells reproduce. If this model applies to human breast cancers, then they should have genome damage characteristic of EBV infection.

Objective: This study tests the hypothesis that EBV infection predisposes one to breast cancer by causing permanent genome damage that compromises cancer safeguards.

Methods: Publicly available genome data from approximately 2100 breast cancers and 25 ovarian cancers were compared to cancers with proven associations to EBV, including 70 nasopharyngeal cancers, 90 Burkitt lymphomas, 88 diffuse large B-cell lymphomas, and 34 gastric cancers. Calculation algorithms to make these comparisons were developed.

Results: Chromosome breakpoints in breast and ovarian cancer clustered around breakpoints in EBV-associated cancers. Breakpoint distributions in breast and EBV-associated cancers on some chromosomes were not confidently distinguished ($P>.05$), but differed from controls unrelated to EBV infection. Viral breakpoint clusters occurred in high-risk, sporadic, and other breast cancer subgroups. Breakpoint clusters disrupted gene functions essential for cancer protection, which remain compromised even if EBV infection disappears. As CRISPR (clustered regularly interspaced short palindromic repeats)–like reminders of past infection during evolution, EBV genome fragments were found regularly interspaced between Piwi-interacting RNA (piRNA) genes on chromosome 6. Both breast and EBV-associated cancers had inactivated genes that guard piRNA defenses and the major histocompatibility complex (MHC) locus. Breast and EBV-associated cancer breakpoints and other variations converged around the highly polymorphic MHC. Not everyone develops cancer because MHC differences produce differing responses to EBV infection. Chromosome shattering and mutation hot spots in breast cancers preferentially occurred at incorporated viral sequences. On chromosome 17, breast cancer breakpoints that clustered around those in EBV-mediated cancers were linked to estrogen effects. Other breast cancer breaks affected sites where EBV inhibits JAK-STAT and SWI-SNF signaling pathways. A characteristic EBV-cancer gene deletion that shifts metabolism to favor tumors was also found in breast cancers. These changes push breast cancer into metastasis and then favor survival of metastatic cells.

Conclusions: EBV infection predisposes one to breast cancer and metastasis, even if the virus disappears. Identifying this pathogenic viral damage may improve screening, treatment, and prevention. Immunizing children against EBV may protect against breast, ovarian, other cancers, and potentially even chronic unexplained diseases.

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KEYWORDS

breast cancer; cancer; oncology; ovarian; virus; viral; Epstein-Barr; herpes; bioinformatics; chromosome; gene; genetic; chromosomal; DNA; genomic; BRCA; metastasis; biology

Introduction

In the United States, over 40,000 women die from breast cancer each year [1,2]. The causes of the disease are not well understood, making prevention and treatment empirical and hazardous. At the time of breast cancer diagnosis, its causes are difficult to isolate from multiple risk factors. A human cancer virus is one such risk factor. A tumor virus does not cause cancer by itself [3] but can make cancer more likely by inhibiting tumor suppressors [4] or activating oncogenes. Viral damage then increases cancer risks via mutations and chromosome breaks. Epstein-Barr virus (EBV), also called human herpesvirus 4, infects at least 90% of humans as a lifelong infection, often acquired at an early age [5], but the virus remains latent and asymptomatic in most people. EBV may be a risk factor for breast cancer. Active infection is significantly more prevalent in breast cancer tissues than in normal and benign controls [6], increasing risk by 4.75- to 6.29-fold [7]. EBV transformed human mammary epithelial cells in culture so that xenografts in immunosuppressed mice accelerated breast cancer. Once malignant transformation occurred, EBV was no longer required [8], but the cells remain malignant.

There has been no way to test the idea that EBV causes breast cancer and can then disappear. However, cancers in other tissues have proven relationships to EBV infection, so these known EBV-associated cancers can be compared to breast cancers at the genome level. Cancers with unambiguous EBV associations include nasopharyngeal cancer (NPC), EBV-positive diffuse large B-cell lymphoma (DLBCL), endemic Burkitt lymphoma (BL) [9], and gastric cancer (GC). Some genomic similarities between these EBV-associated cancers and breast cancer can be derived from the literature. In NPC, 100% of malignant cells are EBV positive [10]. Over 64% of NPCs are deficient in a pathway that depends on the breast cancer susceptibility genes *BRCA1* and *BRCA2* [11], which accurately repair DNA crosslinks and breaks via the homologous recombination pathway. This sprawling, interconnected pathway includes Fanconi anemia (FA) gene products and is often designated as the FA-BRCA pathway. In 126 patients with NPC, *BRCA1* and *BRCA2* were the most frequently mutated genes (55.5% and 33.3%, respectively) [12]. NPC mutations interfere with innate immunity and constitutively activate an inflammatory response. Overexpressed nuclear factor–κB (NF-κB) is a hallmark of NPC, occurring in 90% of NPCs [11]. Similarly, almost all stage-3 breast cancers overexpress NF-κB [13].

In NPC and the other known EBV-associated cancers, EBV inhibits the FA-BRCA pathway by various methods, including using viral microRNAs to downregulate *BRCA1* [14], hijacking other pathway components [15,16], and destabilizing SMC5/6-mediated chromatin interactions [17,18]. In GC, EBV infection and FA-BRCA pathway status are mutually exclusive [19], implying that EBV infection is approximately equivalent to disabling the FA-BRCA pathway. In DLBCL, the best prognostic marker is FA-BRCA pathway status [20]. In DLBCL and endemic BL, EBV variant infection accompanies *MYC* translocations. These translocations drive the disease and make a characteristic replacement of normal *MYC* control elements with highly active immunoglobulin regulatory sequences [21,22]. *MYC* amplification is frequent in breast cancers that have inactive *BRCA1* [23].

NPCs, DLBCLs, BLs, GCs, and breast cancers all have deficits in correctly repairing double-strand breaks and crosslinks. The compromised FA-BRCA pathway can produce chromosomes with too many centromeres. During cell division, mitotic spindles pull chromatids with multiple centromeres in too many directions, generating chromosome breaks to destabilize the human genome [24,25]. In breast cancer, these variations mark breakpoints at translocations and oncogene amplifications [26].

If EBV contributes to breast cancer, gene deficits in breast cancers and EBV-associated cancers should produce comparable changes in the human genome that do not depend on whether EBV infection persists. The aim of this study was to test for these virus-induced genome changes using bioinformatic calculations and analyses. The results could implicate EBV and its variants in disabling a variety of molecular and cellular safeguards that protect against breast cancer and its metastasis. Whether or not cancer develops in response to EBV infection depends on major histocompatibility complex (MHC) gene polymorphisms [27,28], so not everyone infected with EBV will develop cancer. In susceptible people, genome damage is permanent and does not require large numbers of viral particles, active infection, or continuing virus presence. Childhood immunization against selected EBV gene products may do much to prevent breast, ovarian, and other cancers.

Methods

Datasets Used in the Analysis

Overview

The initial data for analysis came from literature searches for studies on breast and EBV-associated cancers with large numbers of participants, unrestricted access to genome information, and complete whole-genome analysis. The first criterion for including breast cancer data was published intrachain or interchain chromosome breakpoints from high-quality, peer-reviewed publications produced by world-class laboratories. The second criterion was the availability of sufficient DNA sequence data to specify the location of these chromosome breakpoints. The third criterion was that genome sequencing had been done on samples taken before treatment began. These publicly available DNA sequence data were chosen to encompass diverse genetics, subtypes, stages, grades, morphologies, and outcomes. Initially, breast cancers were separated only broadly into those with a likely hereditary component versus those without this component. The cancers had to include typical morphologies such as ductal carcinomas, lobular carcinomas, medullary carcinomas, and

invasive carcinomas (ie, “no special type”). The included breast cancers were all primary stage-2 or stage-3 cancers. Although surgery usually removes these primary tumors, cells with only a few additional late mutations are responsible for seeding local recurrences or metastases, so primary and metastatic tumors are not very different [29]. Although the selected cancers are not a random sample representing all breast cancers [30], they are likely to have chromosome instability originating from diverse typical causes.

Specifically, the breast cancer data used came from 560 breast cancer genome sequences, familial cancer data from 78 patients, methylation data from 1538 breast cancers versus 244 controls, 243 triple-negative breast cancers, and 2658 human cancers [31-35]. Data also included 74 breast cancers from high-risk women who were typed as having *BRCA1*- or *BRCA2*-associated mutations or cancers diagnosed before the age of 40 years [36,37]. Another study of familial breast cancers contributed 65 familial breast cancers [33]. Gene breakpoints for many interchromosomal and intrachromosomal translocations and breakpoints were obtained from the COSMIC (Catalog of Somatic Mutations in Cancer) website, as curated from original publications or original articles and their supplemental informationsupplemental information [31-33]. Multimedia Appendix 1 provides a glossary of the terms used in this paper.

Breakpoints in Breast Cancers From High-Risk Women

Hereditary cancers were taken as breast cancers from women with a typed high-risk *BRCA1* or *BRCA2* mutation diagnosed before the age of 70 years. Cancers from patients with onset before the age of 50 years were also included to add more data, since these women are at high risk for an inherited, cancer-associated mutation. These patient samples were chosen based on descriptions in published data defining the breast cancer cohorts [31,33].

Sporadic Breast Cancers

Sporadic breast cancers were taken as breast cancers diagnosed after the age of 70 years that did not have a known inherited mutation [31].

Breast Cancer Subgroups

Human epidermal growth factor receptor 2 (HER2)–positive and triple-negative breast cancer data used for subgroup analysis were from original publications [33] and the COSMIC website.

Exclusions

Male breast cancers were excluded.

Data Source for Ovarian Cancers

Data for breakpoints in ovarian cancers were downloaded from the COSMIC website. The cancers corresponded to “mixed adenosquamous ovarian carcinomas” and were arbitrarily taken from those with the largest number of structural variants. These cancers all had the prefix “AOCS-” with further identification numbers and *BRCA* mutation status in parentheses as follows: 170-1-8 (negative), 120-3-6 (*BRCA2*), 142-3-5 (negative), 139-1-5 (negative), 086-3-2 (negative), 147-1-1 (*BRCA1* and *BRCA2*), 094 - 6-X (*BRCA1*), 094-1-1 (*BRCA1*), 088-3-8 (negative), 139-6-3 (*BRCA2*), 150-3-1 (negative), 116-1-3 (negative), 155-3-5 (*BRCA2*), 093-3-6 (negative), 034-3-8 (*BRCA1*), 091-3-0 (*BRCA1*), 139-19-0 (*BRCA2*), 170-3-5 (negative), 114-1-8 (negative), 064-3-3 (negative), 064-1-6 (negative), 106-1-1 (*BRCA1*), 152 - 1-X (*BRCA1*), and 134-1-5 (unknown).

Original Data Sources for Cancers With Known EBV Associations: NPCs, Lymphomas, and GCs

Overview

NPC chromosome breakpoint positions were retrieved from Bruce et al [11] for 70 primary tumors of the nasopharynx at stages 1-4C. The data came from whole-genome sequencing of “63 micro-dissected tumors, 5-patient derived xenografts, and two cell lines.” DLBCL breakpoints were collected from 88 patients with DLBCL (aged >60 y) [22]. The *MYC* breakpoints included class I and II *MYC* translocation locus breakpoints defined in BL, encompassing areas far upstream of *c-myc* [38-40]. Downstream breakpoints included an enhancer region approximately 565 kilobases long on the nearest telomere side of the *MYC* coding sequence [22]. Older data provided fusion sequences as Gencode Accession numbers [21]. These fusion sequences were downloaded as FASTA files and copied to BLAST (Basic Local Alignment Search Tool) for placement on the human GRCh38/hg38 reference sequence. GCs with inferred EBV infection status came from 34 (20.2%) out of 168 samples subjected to whole-genome sequencing [41].

Selection Bias

As much as possible, selection bias was avoided by blindly selecting samples, replicating samples using cohorts from different publications, using the largest possible groups of samples, and avoiding convenience sampling. Some experiments used a newer dataset from 780 breast cancers [22] for comparisons to confirm that selection bias was unlikely.

Recruitment

Data from genome sequence studies did not include specific recruitment procedures for patients with cancer. However, patients are typically recruited through hospitals and clinics with referrals from medical professionals. Patients provide informed consent to have their genomes sequenced and used for research and to integrate cancer genome sequence data into treatment decisions [42].

Methods Used to Determine That DNA Breakpoints From Breast and Ovarian Cancers Clustered Around Breakpoints in EBV-Associated Cancers

Calculation of Distances Between Breakpoints in Breast and Ovarian Cancers Versus EBV-Related Cancers

Before combining or comparing datasets, they were all converted to the same genome version, usually GRCh38. The break position in breast cancer nearest to a break in NPC was taken as the Microsoft Excel *XLOOKUP* value for the number of base pairs (bp) from the closest NPC breakpoint 5’ to the breast cancer break or the NPC breakpoint 3’ to the breast cancer break, whichever was closer (Multimedia Appendix 2). For comparing a given breast cancer breakpoint A2 to EBV-associated cancer breakpoints B2 to B72, the initial

algorithm to find the nearest 5' break position was written in cell C2 as follows:*=XLOOKUP($A2,$B$2:$B$72,$B$2:$B$72,0, −1,1)*. Changing −1 to +1 gave D2, the nearest 3' position. Distance from the breast cancer breakpoint was then calculated as *=MIN(ABS(C2-A2), ABS(D2-A2))*. The same formulas were then continuously updated by Excel to calculate all other breast cancer comparisons in column A. Differences in the amount of data available for NPC versus breast cancer breakpoints complicated the calculations near chromosome telomeres. Several methods of handling these end regions made no discernible difference in the outcomes. For a 5000-bp window, an overflow window of 5,000,000 was used to limit the number of bins to a maximum of 1000. Another method of calculating distances between chromosome breakpoints in different cancers used the minimum of the absolute values of distances between breast cancers and the array of breakpoints in GCs, BLs, or NPCs. This method gave results identical to *XLOOKUP* values but was more convenient to compare clusters of breast cancer breakpoints to those in lymphoid and epithelial EBV-associated cancers. Hundreds of millions of calculations were repeated at least twice. Most of the calculations in this section are presented in Multimedia Appendix 2.

DNA Sequence Homology Analyses to Determine Breakpoints in Human Cancer Sequences That Resemble Viral Sequences

The NCBI BLASTn program (MegaBLAST) and database [43-45] were used to compare DNA sequence homologies around breakpoints in breast cancers to all available viral DNA sequences. *E* ("expect") values are related to *P* values and represent the probability that a given homology bit score occurs by chance. *E* values $<1\times10^{-10}$ were considered significant homology. In many cases, *E* values were "0" ($<1\times10^{-180}$) and always far below 1×10^{-10}. The virus DNA was retrieved from BLAST searches using "viruses (taxid:10239)," with human sequences, mouse sequences, and uncharacterized sample mixtures excluded. Different strains and isolates of the same virus were tested for human homology. Specifically, the HKHD40 and HKNPC60 variants were often considered together as "EBV."

Methods Used for Chromosome Comparisons of Breakpoints in Breast Cancers in High-Risk Women Versus Breakpoints in Sporadic Breast Cancer

The NCBI Genome Decoration page provided chromosome annotation software [46].

Identifying Genes Around the Most Frequent EBV-Binding Site Locations and Tethering Sites

EBV nuclear antigen 1 (EBNA1)–binding location genome coordinates [47,48] were used to tabulate genes within or near anchoring sites where EBV docks on human DNA. Breaks in breast cancers were compared to the gene positions around their EBNA1-binding sites. The Palindrome Site Finder from NovoPro and the EMBOSS palindrome program were used to identify palindromic DNA sequences.

Comparisons for Similarities Among Human Herpesviruses

EBV variants HKHD40 and HKNPC60 were compared to human herpesviruses in BLASTn by entering the terms "human gamma herpesvirus 4," "herpesviridae," and "herpesvirales." Values with ≥2000 bp in common were selected. The EBV reference sequence was also tested against the following proven cancer viruses: human herpesvirus 8 (also called Kaposi sarcoma virus), herpes simplex virus 1, and human cytomegalovirus.

Locating Piwi-Interacting RNA Sequences as Evidence of Past EBV Infection

Piwi-interacting RNA (piRNA) locations were retrieved from the piRNA bank [49,50]. To compare the positions of piRNAs in virus homology versus genome position graphs, the midpoints of piRNA sequences were assigned arbitrary homology values. Positions of differentially methylated regions near breast cancer breakpoints on chromosome 6 [51] were compared to breakpoint positions for 70 NPCs based on published data analyses [11].

Viral Sequences in Human Genomes as Hypermutation and Rearrangement Sites in Breast Cancers

A graph of viral sequences in humans against chromothripsis breaks in breast cancers was so complex that it resisted interpretation, so only the 5 viral sequences nearest the chromothripsis breaks were used. The viral sequences nearest high-confidence chromothripsis breaks were determined in 5 iterations as genome coordinates where *XLOOKUP* values gave the minimum distances. Distances between all virus homology start points were then compared to all chromothripsis breakpoints.

Methods of Data Analyses and Statistical Software

DNA flanking sequences at breakpoints were downloaded primarily from the GRCh38/hg38 version of the University of California, Santa Cruz Genome Browser as FASTA files and copied directly into BLAST. Results were checked against breakpoints in 101 triple-negative breast cancers from a population-based study [32]. The University of California, Santa Cruz Genome Browser's *Liftover* function interconverted different versions of genome coordinates into GRCh38/hg38 coordinates.

Statistics

Excel, SPSS (IBM Corp), StatsDirect, Visual Basic (Microsoft), and Python (Python Software Foundation) scripts were used for data analysis. Mann-Whitney *U* tests compared overall breakpoint distributions [52] and tested the hypothesis that breakpoint distributions were identical or at least roughly the same. The Mann-Whitney *U* test was chosen because the comparisons involved unequal numbers of breakpoints, and each observation was likely independent. *P* values >.05 were taken to indicate that identical distributions could not be excluded. Tests for normality included kurtosis and skewness values and evaluation by Shapiro-Francia and Shapiro-Wilk methods [53] (Multimedia Appendix 2). The Fisher exact test compared breakpoints in breast cancers to those in known viral cancers. The unpaired 2-tailed Student *t* test was used to compare the means of numbers of breast cancers with severe

versus nil lymphocyte infiltrates, assuming the data approximated normality and that there were no extreme outliers. Both of these tests require independence and random sampling. All these test results are only approximate because they depend on underlying assumptions.

Fragile Site Sequence Data

Positions of common fragile sites were retrieved from a database [54] and original publications [55].

Ethical Considerations

This study presents analyses of publicly available data without recruiting additional human or animal subjects. Because this study is a secondary analysis, it is exempt from institutional review board and ethics approval. The data are in the public domain and are available for independent research and analysis [56]. It is not necessary to obtain permission to reuse public data. The original informed consent allows secondary analysis without additional permission.

Results

Breakpoints in Breast Cancers From High-Risk Backgrounds Clustered Around Breakpoints in NPC, an EBV-Mediated Cancer

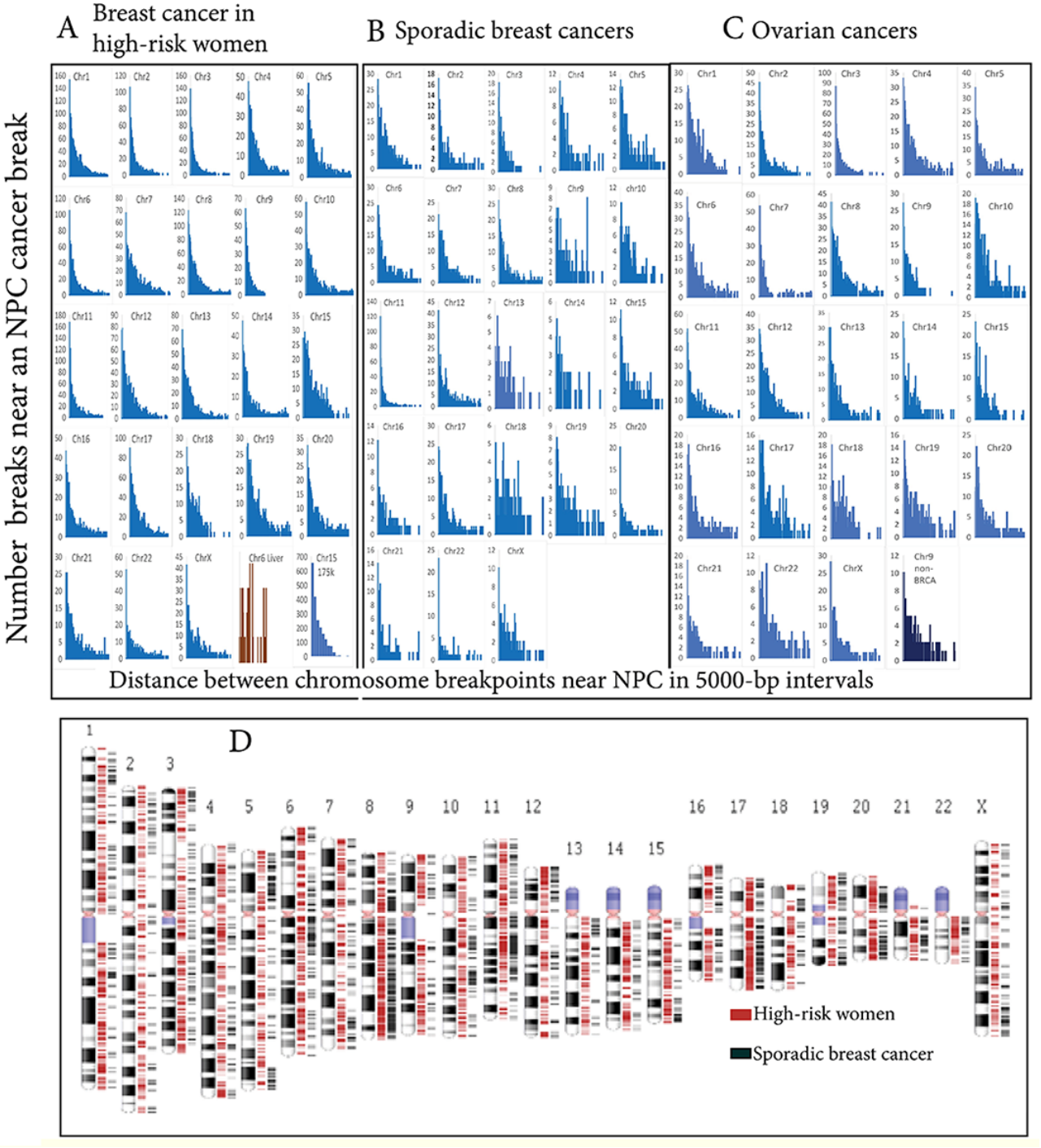
EBV-mediated cancers such as NPC have defects in DNA repair and inflammatory pathways, resembling hereditary breast and ovarian cancers. To further characterize this resemblance, breakpoints in 70 NPC genomes were compared to breakpoints in 139 breast cancer genomes from high-risk women (*BRCA1*/*BRCA2* mutation, familial concentration, or young age).

The distances from all breast cancer breakpoints to the nearest NPC breakpoints across the entire length of chromosome 1 produced results with so many points that they were difficult to interpret (Multimedia Appendix 3). Different laboratories collected these breakpoint data over many years. To allow for some variations, the data were grouped into 5000-bp increments (2×10^{-5} relative error). As shown in Figure 1 and Multimedia Appendix 2, breast cancer breakpoints were most often clustered within 5000 bp of NPC breakpoints, but many breakpoints agreed much more closely. A total of 20 breast cancer breakpoints on chromosome 1 were within 500 bp of an NPC breakpoint, and several chromosomes had breast cancer and NPC breakpoints in essentially the same positions. As represented by Mann-Whitney *U* test results (Multimedia Appendix 2), breast cancer and NPC breakpoint distributions were statistically the same ($P>.05$) for chromosomes 6, 7, 10, 13, 14, 15, 22, and X, but different on chromosome 1 and other chromosomes ($P<.05$).

In contrast, liver cancer breakpoints at hepatitis B virus integration sites [57] differed from those in breast cancer or NPC (Figure 1). No breaks in 114 liver cancers on chromosome 1 were within 5000 bp of breaks in any NPC; only one break on chromosome 6 in 61 liver cancers fit this window. According to a meta-analysis, the chance that breakpoints on chromosomes 1, 2, 6, and 8 were not within 5000 bp in liver cancer versus NPC was 4.4 (95% CI 1.9 - 10). NPC and liver cancer did not have the same breakpoint distributions ($P<.001$).

The above results revealed that breast cancer breakpoints in high-risk women were clustered near those in the EBV-associated cancer, NPC, on every chromosome. The next step was to decide whether these similarities depended on mutations in the breast cancer susceptibility genes, *BRCA1* or *BRCA2*, by comparisons to sporadic breast cancers. The sporadic breast cancer group comprised 74 women, aged ≥70 years, with normal *BRCA* genes and no other known inherited, cancer-associated mutations [31]. Like breakpoints from high-risk women, many sporadic breast cancer breakpoints clustered around those in NPC (Figure 1). Breakpoints in these sporadic breast cancers clustered at chromosomal locations similar to breast cancers from high-risk women, although the frequencies and distributions sometimes differed significantly. The patients with sporadic breast cancer were older than the high-risk women, arguing against age as responsible for similarity to NPC breakpoints.

Figure 1. (A) Breakpoints in 139 breast cancers from high-risk women (*BRCA* mutation, familial concentration, or early onset) clustered around breakpoints in 70 NPCs. The data were grouped in 5000-bp increments to allow for methodological and laboratory differences. An unrelated set of hepatocellular data associated with hepatitis B insertions did not show a similar relationship to NPC. Breast cancer and NPC breakpoint distributions could not be confidently distinguished (P>.05) for chromosomes 6, 7, 10, 13, 14, 15, 22, and X (Multimedia Appendix 2). Many breakpoints were virtually the same on some chromosomes. The panel at the lower right shows how the selection of a larger bin size of 175,000 bp (the approximate length of EBV) affects the distributions of breakpoints. (B) Like the breast cancers from high-risk women, breakpoints in 74 sporadic breast cancers clustered around the breakpoints found in 70 NPCs. Breast cancer breakpoints within 5000 bp of an NPC breakpoint were the largest single category on most chromosomes. (C) Breakpoints in 25 mixed adenosquamous ovarian cancers also clustered around breakpoints in the 70 NPCs. The data show both *BRCA*-associated and nonassociated ovarian cancers. The panel in the lower right corner represents chromosome-9 data after removing all *BRCA*-associated ovarian cancers. The sporadic cancers show the same results as the complete set but with less data. (D) Many breakpoints in sporadic breast cancers clustered at chromosomal locations similar to those from high-risk women. Interchromosome translocation break positions in 74 mutation-associated, familial, or early-onset female breast cancers (red) versus 74 likely sporadic female breast cancers (black) are shown. bp: base pairs; Chr: chromosome; EBV: Epstein-Barr virus; NPC: nasopharyngeal cancer.



Viral Homologies Around Breakpoints in Mixed Adenosquamous Ovarian Carcinoma Also Clustered Around Breakpoints in EBV-Mediated Cancer

Ovarian cancer data enabled an additional test for EBV involvement in breast cancer because, like breast cancer, *BRCA1* or *BRCA2* mutations can also predispose patients to ovarian cancer [58]. Chromosome breakpoints in 25 mixed adenosquamous ovarian cancers were compared to breakpoints in NPCs. The results depicted in Figure 1 emulated breast cancer comparisons. Nearly half (12/25, 48%) the ovarian cancer cases had likely hereditary *BRCA* mutations. The remaining sporadic ovarian cancers gave the same results as the complete set but with less data. As in breast cancer, ovarian cancer breakpoint distributions clustered around NPC breakpoints, even without a hereditary *BRCA1* or *BRCA2* gene mutation driver.

Breaks in Lymphomas Associated With EBV Infection Also Matched Breast Cancer and NPC

EBV drives lymphomas as well as NPCs. Based on epidemiologic research results, FA-BRCA pathways protect against lymphomas [59,60]. If EBV is genuinely associated with breast cancer breakpoints, then breakpoint positions in EBV-mediated lymphomas should also resemble those of breast and ovarian cancers. Because *MYC* gene rearrangements are characteristic of EBV-associated lymphomas, the first test of this idea was to survey virus-like sequences surrounding the *MYC* gene locus on the human reference genome. Figure 2 shows that *MYC* resides in a literal forest of retrovirus sequences (eg, human immunodeficiency virus type 1 [HIV1], feline leukemia virus, porcine endogenous retrovirus, and human endogenous retrovirus [HERV]) interspersed with EBV-like sequences.

The concentration of virus sequences around *MYC* on chromosome 8 prompted the addition of the EBV-associated lymphoma DLBCL to breakpoint comparisons. As shown in Figure 2, the results revealed that hundreds of breast cancer and NPC breakpoints congregated around breakpoint positions in 88 DLBCLs [22]. This agreement was consistent with other similarities between breast cancers and these EBV-associated cancers, including deficits in FA-BRCA pathway–mediated DNA repair by homologous recombination [61] and NF-κB activation [11,62-64].

EBV is also a proven driver of at least one subset of BLs, typically those with *MYC* translocations. BL subsets can have mutations that impair homologous recombination [65], so results in Figure 2 revealed many breast cancer breakpoint positions near corresponding BL breakpoints. An older dataset from BLs [21] had translocation breakpoints in the virus sequence–rich area near the *MYC* locus, agreeing with about 140 breast cancer breakpoints. Four different NPC breakpoints produced over 100 matches to BL translocation breakpoints, beginning at 8250 bp apart. An unpaired, 2-tailed *t* test did not support a statistically significant difference between BL and NPC breakpoints in this area (P=.69).

Further tests were conducted to determine whether the functions of genes near clustered breakpoints supported a relationship between breast cancers and EBV-related cancers (GC [41], BL, and NPC). As illustrated in Figure 3, breast cancer breakpoints on chromosomes 6, 8, 11, and 17 aggregated near positions where breakpoints occurred in EBV-associated cancers. Many aggregated breakpoints were in the same areas as genes that control inflammation, antiviral defenses, apoptosis, intermediate filaments, epigenetic and chromatin regulation, estrogen receptor activity, mitotic structures, and mitotic controls (Table S1 in Multimedia Appendix 4). Breast cancer breakpoints that clustered around EBV-associated cancer breakpoints were especially numerous on chromosome 17. One of these clusters marked in Figure 3 included the HER2 amplicon and the topoisomerase 2a gene, with *BRCA1* and *SMARCE1* genes nearby. *SMARCE1* encodes a part of a chromatin regulation complex. Chromosome 17 breakpoints near *CNTROB* and *CTC1* genes connect EBV to centriole and telomere malfunctions during mitosis (Table S1 in Multimedia Appendix 4). Rearrangements near breakpoints may cause over- or underexpression of nearby genes (Table S2 in Multimedia Appendix 4). Many additional correlations were also likely revealed in Figure 3 but were not investigated further.

Results in this section show that breast cancer breakpoints clustered around breakpoints in additional EBV-associated cancers, where they affect critical functions needed to prevent breast cancer. Once these functions are compromised, cancer can occur without the continuing presence of EBV.

Figure 2. (A) Human DNA around the *MYC* locus on chromosome 8 was filled with virus-like sequences. *CASC11* is an RNA gene that several cancers overexpress. Breast cancer and lymphoma breakpoints were dispersed throughout the *MYC* region and beyond, but NPC breakpoints were less common. (B) On chromosome 8, hundreds of breakpoints in breast cancers and NPCs clustered around breakpoints in data from 88 patients with DLBCL who were likely EBV positive. This agreement highlights multiple similarities among these cancers. (C) EBV drives a subset of BLs, typically with *MYC* translocations and impaired homologous recombination. Based on *MYC* fusion sequences in BL, breast cancer breakpoints on chromosome 8 also clustered around BL breakpoints. BLs from an older dataset [21] had translocation breakpoints in the virus-rich area near the *MYC* locus, agreeing with ≥140 breast cancer breakpoints. *MYC* locus translocations had not been reported in NPCs, but NPC breakpoints still clustered around BL fusion breakpoints, although at greater distances. Four different NPC breakpoints produced over 100 matches to BL translocation breakpoints beginning at about 8250 bp apart. An unpaired, 2-tailed *t* test did not support a statistically significant difference between BL and NPC breakpoints in this area (*P*=.69). BL: Burkitt lymphoma; bp: base pairs; DLBCL: diffuse large B-cell lymphoma; EBV: Epstein-Barr virus; FeLV: feline leukemia virus; HERV: human endogenous retrovirus; HERVK: human endogenous retrovirus K; HIV1: human immunodeficiency virus type 1; HPV18: human papillomavirus 18; HRV: human retrovirus; NPC: nasopharyngeal cancer; PERV: porcine endogenous retrovirus; Stealth: stealth virus 1.

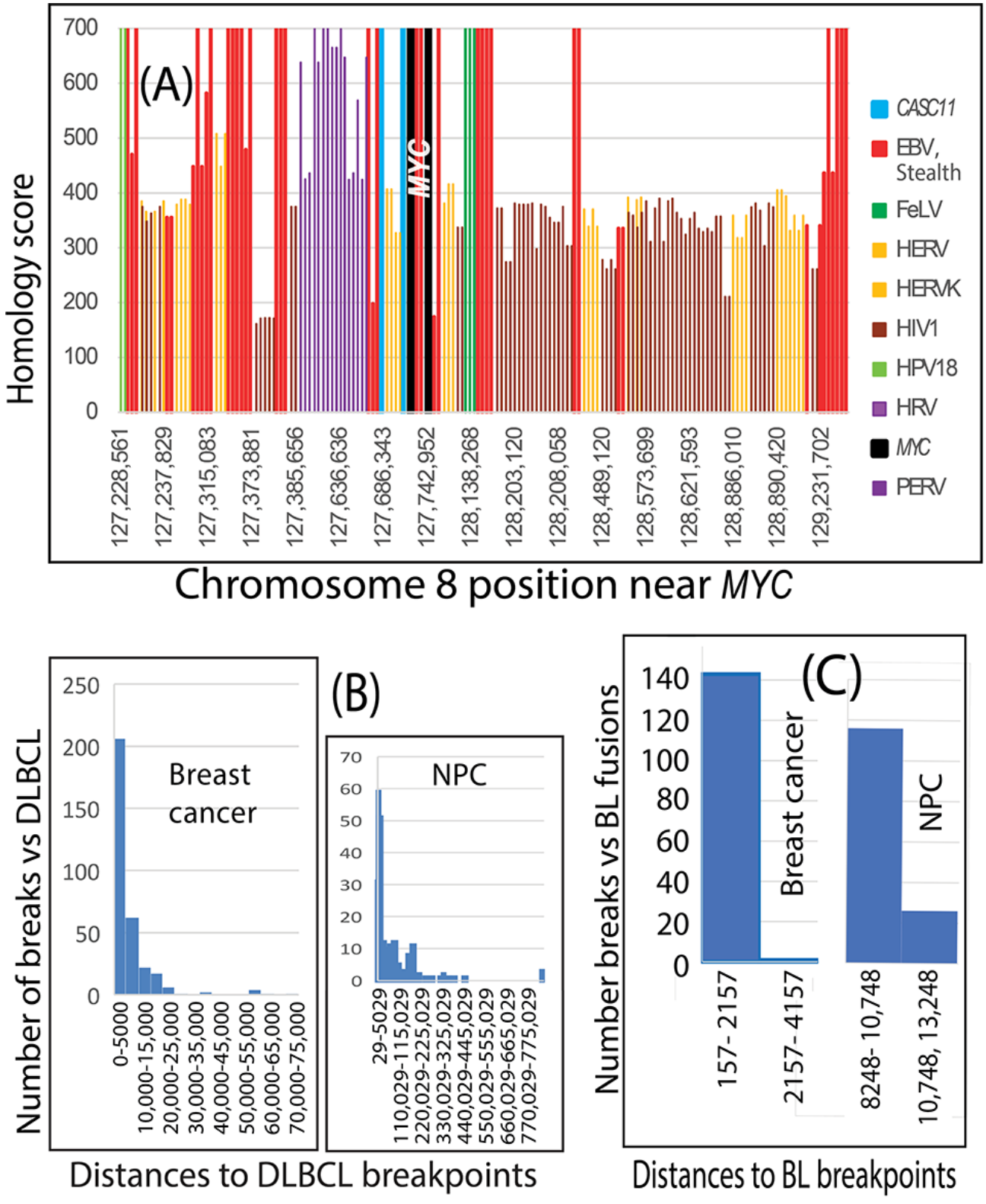
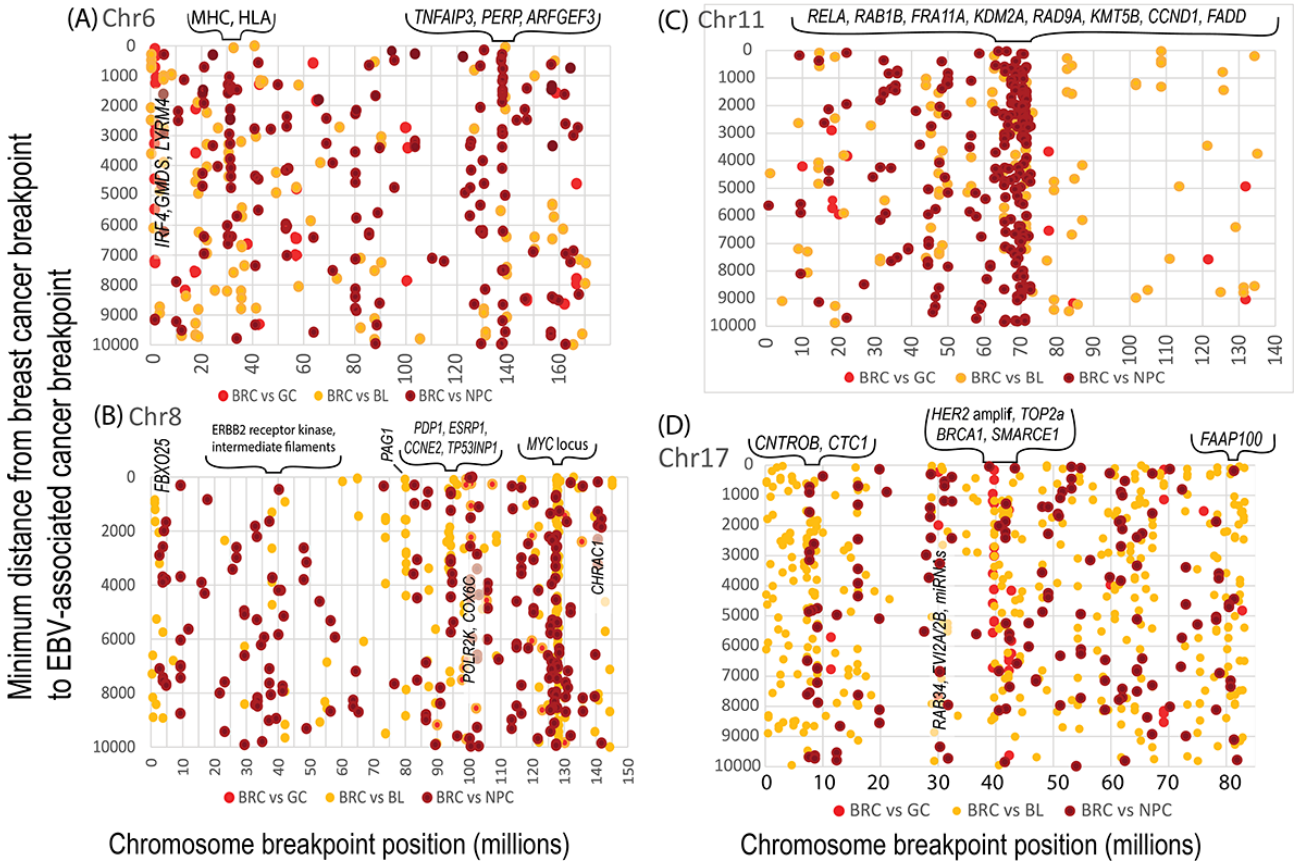


Figure 3. Breakpoints in breast cancers clustered around breakpoints in EBV-positive cancers in 3 different tissues. The EBV-positive cancers comprised 34 GCs, 90 BLs, and 70 NPCs. The clustering of breast cancer breakpoints and EBV-related cancer breakpoints was pronounced on chromosomes (A) 6, (B) 8, (C) 11, and (D) 17. Selected genes around some of the clustered breaks are indicated. Functions of the genes can have profound effects on the human genome and are summarized in Table S1 in Multimedia Appendix 4. BL: Burkitt lymphoma; BRC: breast cancer; Chr: chromosome; EBV: Epstein-Barr virus; GC: gastric cancer; HLA: human leukocyte antigen; MHC: major histocompatibility complex; NPC: nasopharyngeal cancer.



Genes at the Most Frequent EBV-Tethering Sites Clustered Around Breast Cancer Breakpoints

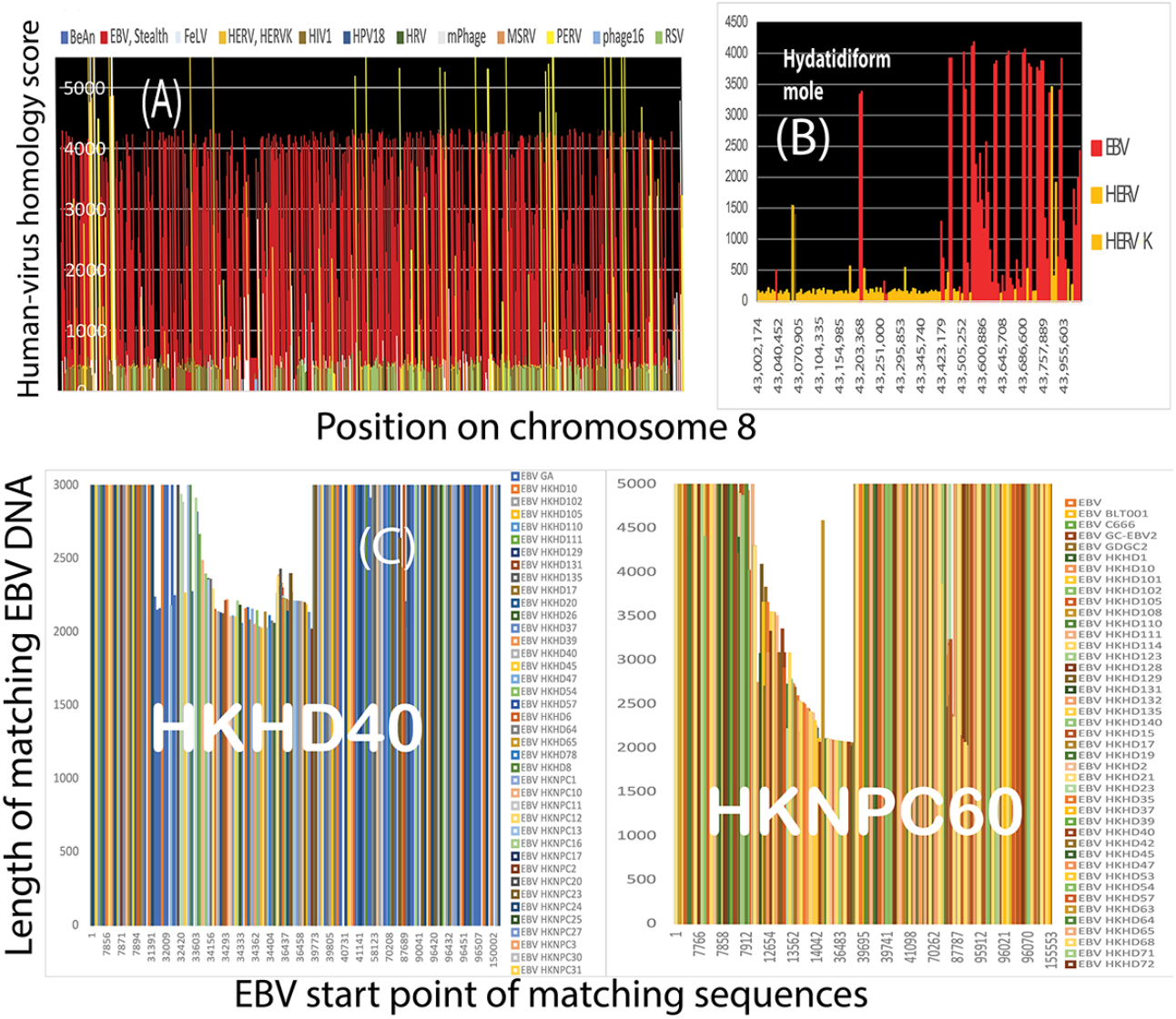
In preceding sections, breast and ovarian cancer breakpoints were found to distribute most frequently near characteristic sets of breakpoints associated with EBV-related cancers. The virus first attaches its EBNA1 protein to human DNA in the nucleus. Then, circular EBV episomes dock to this attached EBNA1 anchor. To test whether the initial EBNA1 attachment sites were related to breast cancer chromosome breakpoints, breast cancer breakpoints were compared to genes near EBV-docking sites. EBV-positive BL cells providing the data had up to 1569 EBV-docking sites on all chromosomes identified by 4C-chromatin capture experiments [47]. As shown in Figure 4A, the largest numbers of breast cancer breakpoints on most chromosomes clustered around the genes [47] nearest to genes at EBV-docking sites. In support of these comparisons, graphical estimation of virus-tethering sites on chromosome 2 from chromatin capture data for these EBV-positive cells also agreed with breast cancer breakpoints (Figure 4A). In an unrelated study [48], EBV-docking sites on chromosome 11 near known EBV anchor sites at the *FAM-D* and *FAM-B* genes were found near groups of breast cancer breakpoints, but imperfect palindrome sequences [66] were more distant (Figure 4B). This finding independently supports the idea that EBV-docking sites are near breast cancer breakpoints. Results in this section raise the possibility that EBV directly contributes to breast cancer chromosome breakpoints and fragmentation.

Figure 4. Relationships of EBV-docking sites to breast cancer breakpoints. (A) Breast cancer breakpoints clustered around the top 10% most frequently found genes near EBV-tethering sites in BL cells. Some of the best information on EBV-docking sites comes from 4C-chromatin capture experiments in EBV-positive BL cells [47]. The largest number of breast cancer breakpoints on most chromosomes clustered around the genes nearest EBV-tethering sites. BL cells providing the data had up to 1569 EBV-docking sites distributed over all chromosomes [47]. EBV-docking sites on chromosome 11 near the *LUZP2* and *FAT3* genes in BL cells were millions of bp from the 18-bp imperfect palindrome interval. Graphical estimation of virus-tethering sites on chromosome 2 (green) from these EBV-positive cells also agreed with breast cancer breakpoints. (B) Independent evidence relating breast cancer chromosome breakpoints to EBV-docking sites. Maximum homology to human DNA for all viruses (y-axis) is plotted around known EBV genome anchor sites on chromosome 11 near the *FAM55D* and *FAM55B* gene coordinates. A posited imperfect palindrome sequence [66] as an EBV-docking site was more distant from the *FAM55* genes. BL: Burkitt lymphoma; bp: base pairs; Chr: chromosome; chrom: chromatin; EBV: Epstein-Barr virus; HERV: human endogenous retrovirus; HERVK; human endogenous retrovirus K; HIV1: human immunodeficiency virus type 1; HTLV1: human T-cell lymphotropic virus type 1; MSRV: multiple sclerosis retrovirus; RSV: respiratory syncytial virus.

Breakpoints Occurred Near Human Sequences That Resemble Viruses in All Breast Cancers Tested

To further test whether EBV itself has some role in breaking chromosomes or altering their structures, human chromosomes were compared to all known viruses. As shown in Figure 5A, the results showed that nearly every breast cancer likely had undergone breakages near EBV-like sequences. Chromosome 8 alone had 59,566 significant (>200) viral homology scores. Based on data from 128 patients with breast cancers and 43,491 unique breakpoints, breakpoints in 123 (96.1%) out of 128 breast cancers were within 10,000 bp of a virus sequence. In 106 patients, the virus was an EBV tumor variant (HKHD40 or HKNPC60) with 3086 matching human sequences. According to the Fisher exact test, chromosome 8 breakpoints and EBV variant sequence matches were not independent (P<.001).

Figure 5. (A) All viral homologies on the entire lengths of chromosome 8 (a total of 145,138,636 bp) are shown in 200k-bp increments. Maximum homology scores over 4000 for human DNA versus herpes viral DNA were abundant. The 4000 score corresponds to 97% human-virus identity over nearly 2500 bp, with *E* ("expect") values (essentially *P* values) effectively equal to 0. The EBV tumor variants, HKNPC60 and HKHD40, were nearly identical to human breast cancer DNA at many positions throughout chromosome 8. (B) It is unlikely that homologies to EBV sequences occurred because the human reference genome was contaminated with EBV episomes. Homozygous hydatidiform mole cells that had lost the paternal chromosomes after fertilization still had strong homology to EBV sequences, such as HKHD40 and HKNPC60 variants. (C) EBV variants HKHD40 and HKNPC60 are typical of hundreds of other EBV variants. Hundreds of human gamma herpesvirus 4 variants are almost identical to HKHD40 and HKNPC60 over at least 2000 bp. The matching sets of viruses included many high-risk herpesvirus isolates from NPCs [67]. BeAn: BeAn 58058 virus; bp: base pairs; EBV: Epstein-Barr virus; FeLV: feline leukemia virus; HERV: human endogenous retrovirus; HERVK: human endogenous retrovirus K; HIV1: human immunodeficiency virus type 1; HPV18: human papillomavirus 18; HRV: human retrovirus; mPhage: mycolicibacterium phage J1; MSRV: multiple sclerosis retrovirus; NPC: nasopharyngeal cancer; PERV: porcine endogenous retrovirus; RSV: respiratory syncytial virus; Stealth: stealth virus 1.



Many areas on other chromosomes also had 97% human-virus identity over nearly 2500 bp. It is implausible that this much similarity comes from EBV DNA being carried over into the human reference genome. Viral homology occurred with only a small, select portion of viral DNA [68]. Viral homologies were determined for a human genome in a homozygous karyotype, haploid cell line (46,XX) hydatidiform mole derived only from the paternal chromosomes in an X-bearing sperm cell after fertilization [69]. Results still showed extensive homology between the mole and EBV variants HKHD40 and HKNPC60 (Figure 5B).

HKHD40 and HKNPC60 variant sequences kept appearing in comparisons to human sequences, so these variants were tested against other herpesviruses to determine whether they were unusual. Hundreds of human gamma herpesvirus 4 variants were almost identical to HKHD40 and HKNPC60 over at least 2000 bp (Figure 5C). The matching sets of viruses included many high-risk herpesvirus isolates from NPCs [67]. Based on this information, HKHD40 and HKNPC60 strongly resembled other herpesvirus isolates, including many that confer high risks for NPC [10]. These results show that humans have interacted extensively with EBV; the results are not due to EBV impurities in the human reference genome, and the human genome has had close relationships with oncogenic EBV forms.

Evidence of Past EBV Infection

The evidence thus far supports a central hypothesis that EBV disables tumor suppressor mechanisms in breast cancer and can then disappear. This absence of viral particles is a significant experimental obstacle to testing this hypothesis. Unlike retroviruses, EBV and its variants do not have integrase enzymes, so EBV has no conventional way to insert itself into the human genome. EBV rarely integrates, with only one or two copies in BL cell lines [70].

BLAST analysis found about 65,000 areas of strong homology ($E<1\times10^{-10}$) between the human reference genome and EBV. Because 65,000 is far more than realistic EBV integration events, it suggested the possibility that some EBV sequences were fragments created by a human version of the bacterial CRISPR (clustered regularly interspaced short palindromic repeats) system. As shown previously in Figure 3, breast cancers have breakpoints that cluster around breakpoints in EBV-associated cancers and involve MHC genes.

MHC genes are encoded on chromosome 6p21.3 in a region that becomes a candidate for such a human CRISPR version. Variants of human leukocyte antigens (HLAs) in the MHC are strong risk factors for NPC infections [71] because HLAs are required to break down and display fragments of some antigens to the immune system. A total of 13 breast cancers listed on the COSMIC website had a deletion near this HLA region. About 23% of breast cancers had mutations directly affecting HLA class I or II genes. Many more breast cancers had indirect connections because they had damage to multiple genes that interact with HLAs or were otherwise essential for immunity. The MHC region also holds *NFKB1L1*, a negative regulator of the NPC overexpressed gene hallmark, NF-κB. The 139 breast cancers from high-risk women had 284 breakpoints at chromosome 6p21.3. Breakpoints in the 70 NPC cancers also clustered there, with 40 breakpoints within the 27,865,296-34,017,013 segment on chromosome 6. Variability in the inactivation of MHC genes reflects the extreme diversity of this region.

In general, the bacterial CRISPR/Cas system loosely resembles the human piRNA system, so the distribution of piRNAs was graphed. As shown in Figure 6A, hundreds of piRNA sequences cluster near the MHC region (at ~29.7 - 33.3 megabases). The piRNA system is known to inactivate virus-derived transposons (related to HERVs) by methylating or cleaving them. The distribution of piRNA fragments was then compared to the distribution of viral DNA fragments in the MHC region of chromosome 6. Figure 6B-F reveals striking similarities in how remnants of exogenous and endogenous viruses distribute relative to piRNAs. Remnants of both virus types were homologous to the same human sequence, and both types were interspaced between piRNA sequences, sometimes right next to each other. Most of these sandwiches were at a regular interval or a multiple of a regular interval.

This interspaced arrangement looked so much like CRISPR that it raised the question of whether piRNA defense mechanisms have inactivated some EBV variants in addition to their canonical role with endogenous viruses. Long stretches of endogenous transposon-like DNA sequences routinely matched exogenous viruses. As shown in Figure 6C and E, the same human DNA interval had homology both to endogenous transposons (HERV) and exogenous viral sequences (EBV variants, stealth virus 1, chikungunya virus, BeAn 58058 virus, human papillomavirus [HPV] 16, HIV1, and HERV). This result shows that the piRNA system can store the same piece of DNA to protect DNA against these different viruses.

Chromosome 6p21.3 also contains an EBV infection marker [72]. The marker was examined in 1538 breast cancers using existing methylation data [34]. As indicated in Figure 7, promoter methylation differed significantly from normal controls in the segment shown (30,523,984 - 33,216,811 on chromosome 6). Hypermethylation occurred on *STK19*, a MHC class III gene for RNA surveillance [73,74]. Hypermethylation also occurred on a gene for preventing tumors (*TNFB*) [75] and a gene for responding to antigen-antibody complexes (*C2*). Polymorphisms in *HLA-DMB* antigen and *SAPCD1*, another class III MHC gene [76], at chromosome 6p21.3 had links to Kaposi sarcoma [77]. Human herpesvirus 8 (Kaposi sarcoma virus) is a Kaposi sarcoma driver and is closely related to EBV.

These results reveal that EBV has been attacking human DNA during evolution. There is a piRNA defense mechanism for human DNA near critical immune system genes, but both EBV-associated cancers and breast cancers inactivate some of the genes that guard piRNA defenses. The histocompatibility antigen gene region of chromosome 6 can be extensively fragmented in EBV-associated and breast cancers. MHC genes have the largest number of polymorphic forms in the human genome. This variation creates differences in viral susceptibility and inactivation. Even though most people are infected, not everyone will get an EBV-related disease or cancer.

Figure 6. The human genome organizes piRNA sequences into clusters near the MHC region of chromosome 6 (6p21.3 at ~29.7-33.3 megabases), with hundreds of piRNAs nearby. (A) The levels of various piRNAs varied by more than 1000-fold, but the most abundant piRNAs were the only ones present in every cell. These abundant sequences drive the inactivation of foreign DNA. Rare piRNAs do not function in every cell but can potentially adapt to new genome invaders. (B-F) Arbitrarily selected areas of the chromosome region where piRNAs are most abundant. piRNAs were assigned sufficient homology scores to mark their positions relative to positions with homology to viruses. (C and E) Remnants of both exogenous and endogenous virus types were homologous to the same human sequence, and both types were sandwiched between piRNA sequences, sometimes right next to each other. Most sandwiches were at a regular interval or a multiple of a regular interval. The same human DNA interval has homology to endogenous transposons (HERV) and exogenous viral sequences (ChikV, HIV1, Stealth, BeAn, and HPV16). The piRNA system can store the same piece of DNA to protect DNA against these different viruses. BeAn: BeAn 58058 virus; ChikV: chikungunya virus; Chr: chromosome; EBV: Epstein-Barr virus; HERV: human endogenous retrovirus; HERVK; human endogenous retrovirus K; HIV1: human immunodeficiency virus type 1; HPV16: human papillomavirus 16; MHC: major histocompatibility complex; PERV: porcine endogenous retrovirus; piRNA: Piwi-interacting RNA; Stealth: stealth virus 1.

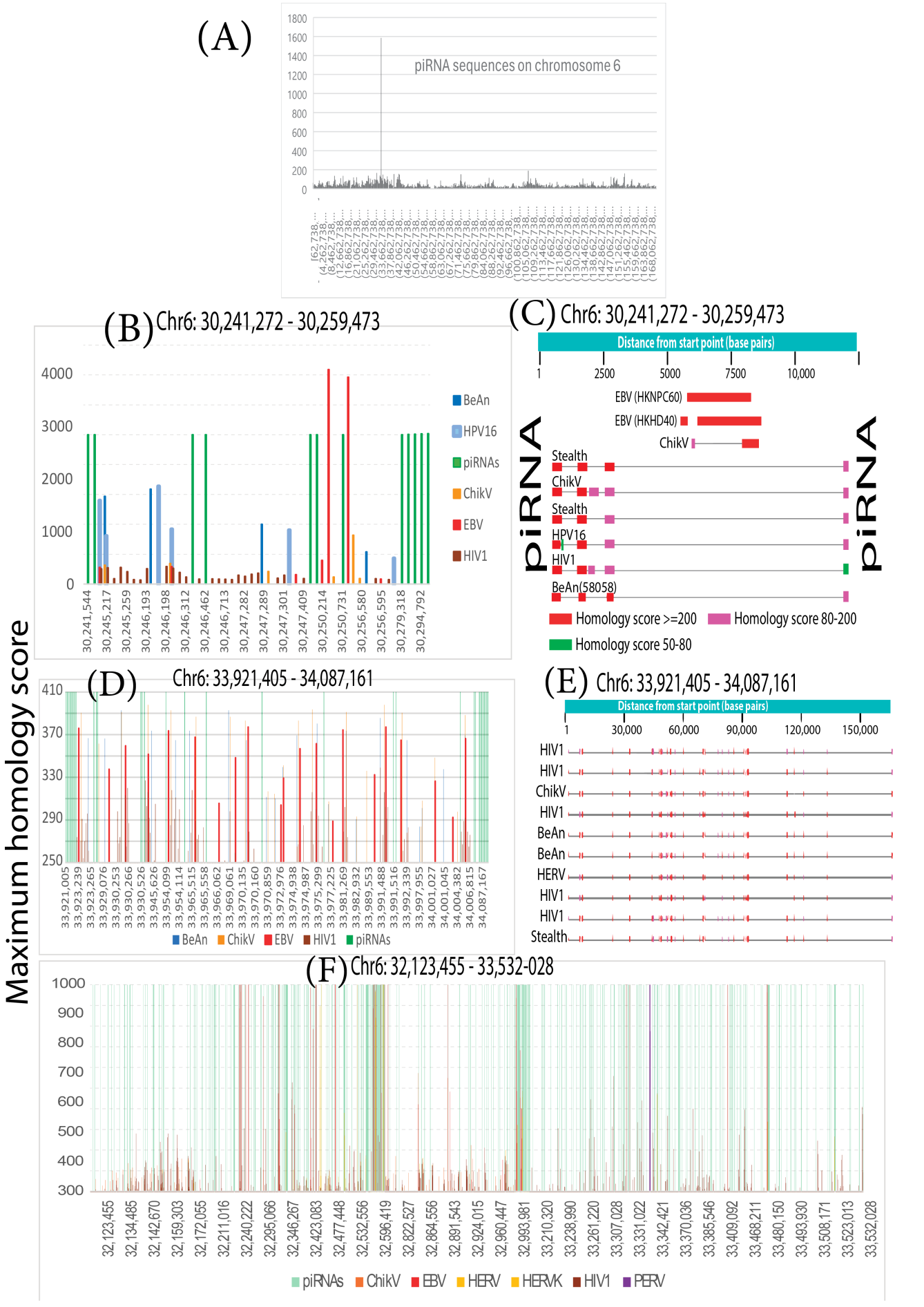
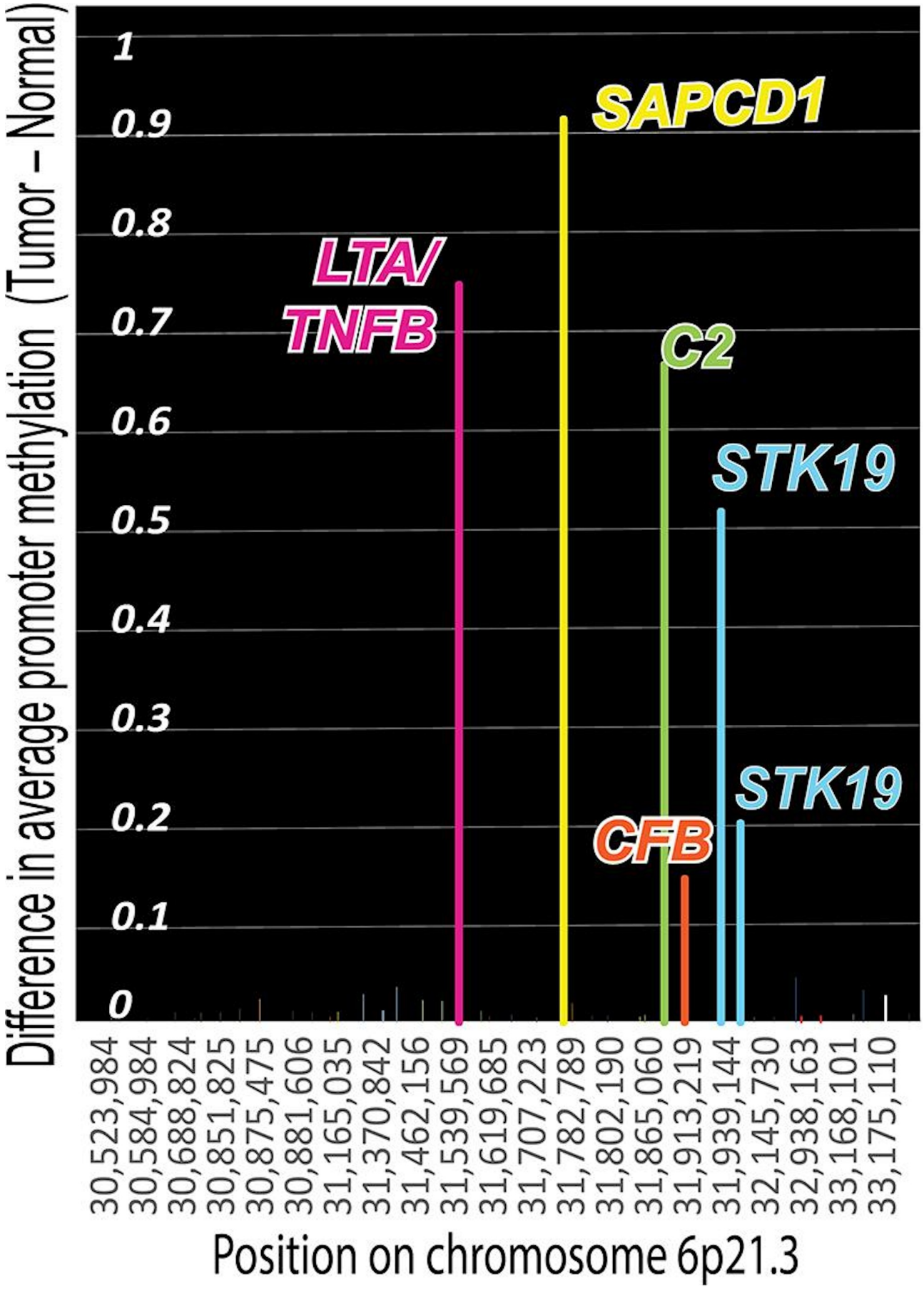


Figure 7. Chromosome 6p21.3 contains an EBV infection signature [72]. Using existing methylation data [34], the marker was examined in 1538 breast cancers. Promoter methylation in this marker region differed significantly from normal controls. Hypermethylation occurs on *STK19*, an MHC class III region gene [73] for RNA surveillance [74]. Hypermethylation also inhibited *LTA/TNFB*, a gene for preventing tumors [75], and *C2*, which encodes antigen-antibody complex responses. Polymorphisms in *HLA-DMB* antigen and *SAPCD1*, another class III MHC gene [76], at chromosome 6p21.3 have links to Kaposi sarcoma [77]. HHV8 is a Kaposi sarcoma virus closely related to EBV. EBV: Epstein-Barr virus; HHV8: human herpesvirus 8; HLA: human leukocyte antigen; MHC: major histocompatibility complex.

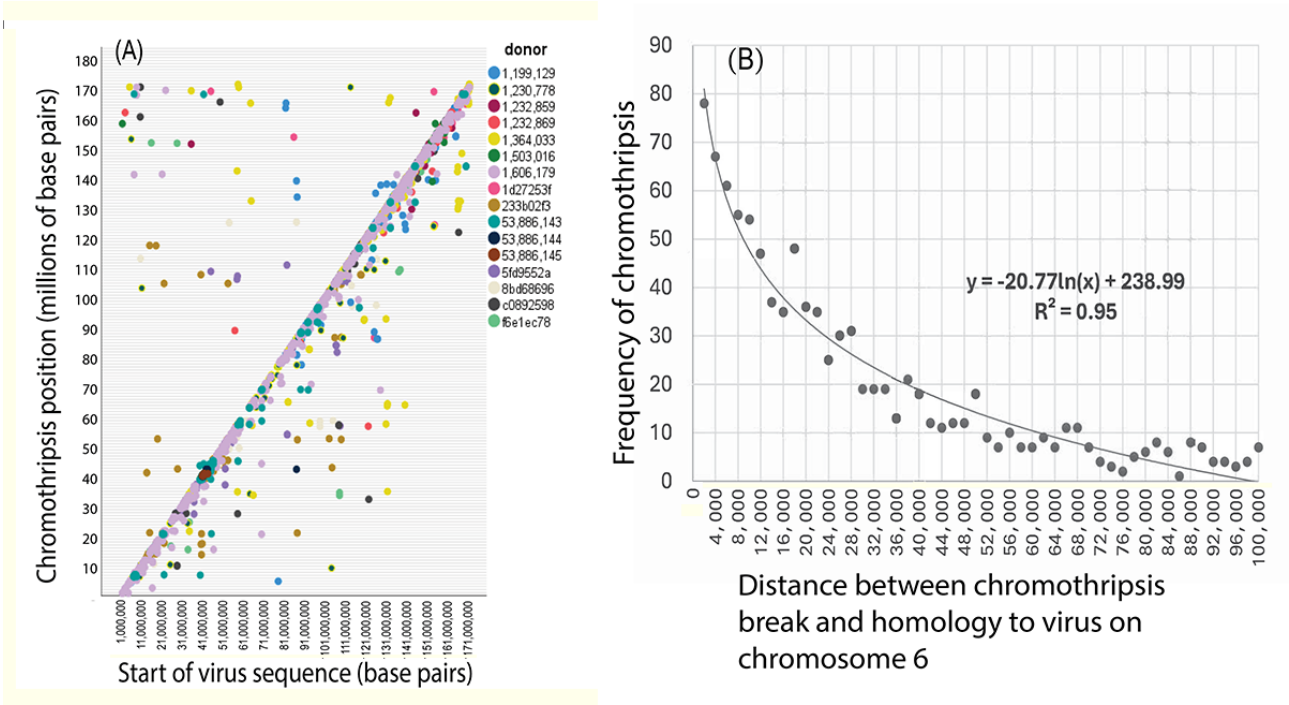


Viral Sequences in Human Genomes as Hypermutation and Rearrangement Sites in Breast Cancers

The next question was whether EBV or other virus-like sequences in the human genome cause multiple rearrangements and clustered hypermutations (chromothripsis). As shown in Figure 8A, many positions on chromosome 6 where chromothripsis occurs [35] congregated around virus sequence start positions. A total of 1090 genome coordinates described chromothripsis fragments with copy number ≥3. These coordinates were unlikely to be random since they did not follow a normal distribution (P<.001). By simple linear regression analysis (R^2=0.93), many viral sequence coordinates strongly correlated with chromothripsis positions. Figure 8B shows that as you move further away from a chromothripsis breakpoint, the frequency of breast cancer homology (score>500) to viruses decreases. This result implicates viral sequences as preferred sites where breast cancer chromosomes begin to fall apart. The equation shown mathematically describes the relationship between chromothripsis frequency and distance from viral sequences, and the constant in the equation suggests a baseline level of breakpoints.

These results suggest that homologous virus sequences at multiple positions could confuse DNA repairs already compromised by EBV in breast cancer and contribute to chromothripsis and clustered rearrangements.

Figure 8. Repetitive copies of virus sequences may confuse compromised DNA repairs and contribute to hypermutation clusters and rearrangements. (A) High-confidence positions where chromosome 6 shatters in 16 breast cancer genomes [35] were plotted against start points of viral sequence homologies. EBV or other viruses then cause groups of rearrangements and hypermutation clusters (chromothripsis). A total of 1090 genome coordinates described fragments with copy number ≥3. These coordinates were unlikely to be completely random since they did not follow a normal distribution (P<.001). Genome coordinates on chromosome 6 matching virus sequences were strongly correlated by simple linear regression analysis (R^2=0.93). (B) As you move further from chromothripsis breakpoints, the frequency of breast cancer homology to viruses decreases, according to the equation shown. The constant in the equation suggests a baseline level of breaks.



EBV and Metastasis

The last question was whether EBV contributes to breast cancer metastasis. According to Yates et al [29], relapsed and metastatic breast cancer tumors keep their tumor-driver gene mutations and continue acquiring new ones. Late mutations in JAK-STAT and SWI-SNF signaling pathways drive established breast cancers into metastasis.

NPC often loses type-1 interferon genes (*IFNA1*, *IFNA2*, *IFNA8*, and *IFNE*) and nearby *MTAP* (32%-34% [11]) by homozygous deletions at chromosome 9p21.3. Interferons initiate canonical JAK-STAT signaling by binding to cell surface receptors that then activate internal Janus kinases (JAKs). The activated JAKs phosphorylate cytoplasmic STAT (signal transducer and activator of transcription) proteins, which travel to the cell nucleus to activate interferon-responsive genes. The percentages of breast cancers on the COSMIC website with mutations in a "JAK" or "STAT" isoform or transcript variant were calculated: 7.8% had a JAK mutation and 36.7% had a STAT mutation. Deletions of interferon genes in NPC also facilitate viral replication and block interferon from activating JAK-STAT signaling. Breast cancers (Multimedia Appendix 2) have 65 breakpoints strictly within this interferon-*MTAP* region (21,579,478 - 20,503,534 on chromosome 9), not counting longer fragments that include the interval. As shown in Figure 9, breast cancer breakpoints align well with EBV-associated cancer breakpoints near the large cluster of interferon genes on chromosome 9.

Figure 9. Damage to JAK-STAT and SWI-SNF signals pushes breast cancer into metastasis [29]. EBV interferes with these signaling pathways to facilitate viral replication. (A) Breakpoints in breast cancers on chromosome 9 facilitated viral replication and blocked sources of JAK-STAT signaling, including a large cluster of interferon genes on chromosome 9. Breast cancers can disable SWI-SNF by targeting *ARID* genes. (B) *ARID1A* was encoded on chromosome 1 near a hot spot where multiple breast cancer breakpoints approximately aligned with breakage points in EBV-associated cancers. Another site at about 150,000,000 bp had a histone-rich region nearby. SWI-SNF affects histones, which also profoundly affects metastasis [78]. The GRCh38 genome version does not include centromere sequences due to technical limitations. *ANXA1*: Annexin A1; BL: Burkitt lymphoma; bp: base pairs; BRC: breast cancer; Chr: chromosome; EBV: Epstein-Barr virus; GC: gastric cancer; NPC: nasopharyngeal cancer; SWI-SNF: switch/sucrose non-fermentable.

Mutations in EBV-associated cancers show that Yates metastasis driver gene damage accompanies EBV infection. SWI-SNF (switch/sucrose non-fermentable) is a complex that repositions nucleosomes and supports genome stability [79]. SWI-SNF addresses obstacles to replication sensed by the FA-BRCA pathway [79,80]. Referring back to Figure 3, clustered breast cancer breakpoints on chromosome 17 around EBV breakpoints affect the SWI-SNF component *SMARCE1*. In addition, breast cancers can disable SWI-SNF by targeting *ARID* genes [29]. *ARID1A* is a COSMIC top-20 most frequently mutated gene in breast cancer. Like breast cancer, NPC has multiple recurrent aberrations in *ARID1A* genes. As shown in Figure 9, *ARID1A* lies near a hot spot where multiple breast cancer breakpoints approximately aligned with breakage points in EBV-associated cancers. The loss of *ARID1A* activates Annexin A1, which aligned closely with a region targeted by EBV-associated cancers on chromosome 9. A chromosome-1 site at about 150 million bp had a nearby histone-rich gene region. Histones are chromatin structures that SWI-SNF dynamically remodels to regulate access to genetic information. Histones can profoundly affect metastasis [78]. Figure 9 also reveals many additional alignments between breakpoints in breast and EBV-associated cancers that were not investigated further.

NPC often inactivates SWI-SNF components *BAP1* and *PBRM1* within a frequently damaged 3p21.3 gene cluster [11] at 52,400,000 - 53,000,000 on chromosome 3. Analyses of breast cancers found 18 breakpoints within this short interval. DLBCL, another EBV-linked cancer, also had recurrent alterations in components of SWI-SNF complexes [81].

The Warburg effect (oxidative glycolysis) [68] favors metastasis. The Warburg effect occurs in NPC because pyruvate dehydrogenase *(PDHB)* genes on chromosome 3p are deleted or rearranged in almost all cases. Similar changes to chromosome 3p were found in breast cancers, which also undergo the Warburg effect [68]. This Warburg metabolic switch favors metastasis because it mitigates oxidative stress on cancer cells. Large amounts of lactate accumulate in the absence of *PDHB* to acidify the tumor microenvironment and interfere with the destruction of metastatic cells [82].

This section's results show that EBV may push breast cancer into metastasis by interfering with JAK-STAT and SWI-SNF signaling pathways to facilitate viral replication while making the microenvironment more favorable to tumor growth.

Alternative Explanations for Breast Cancer Breakpoints That Do Not Involve EBV Variants

Subgroups

To determine whether breakpoint similarities in viral and breast cancers depended on specific subgroups, relationships to NPC were compared in triple-negative and HER2-positive breast cancers (20 and 22 patients, respectively). Triple-negative breast cancers are likely to be *BRCA1* mutation positive [83], while HER2 amplification is uncommon in *BRCA1* and *BRCA2* mutation carriers [84]. Although subgroup differences are noticeable, results still show that both subgroups had breakpoints on all chromosomes related to NPC (Figure S1A in Multimedia Appendix 5).

Tumor-Infiltrating Lymphocytes

Tumor-infiltrating lymphocytes (TILs) are biomarkers for predicting breast cancer prognosis [85,86]. To test whether TILs cause chromosome breaks, breakpoint numbers in 16 breast cancers with severe lymphocyte infiltration were compared to 17 breast cancers with nil lymphocyte infiltration. The 2-tailed Student *t* test could not reject the null hypothesis that the numbers of breakpoints were statistically identical (P=.70; Figure S1B in Multimedia Appendix 5). This result does not rule out differences in prognosis due to differences in lymphocyte infiltration.

Retroviruses

Retrovirus contributions to structural variations were estimated using data from cancer in 38 different tissues [87]. Retrotransposons make relatively modest contributions to breast cancer compared to, say, esophageal or oral (gums) cancer (Multimedia Appendix 5). EBV can transactivate endogenous retroviruses [11,87,88]. DNA near some breast cancer breakpoints resembles porcine endogenous retrovirus, HERV, and HIV1 (eg, Figure 5). The human genome also contains DNA matching the retrovirus mouse mammary tumor virus [89,90] at 23 sites that give BLAST homology scores>200. HPV variants are DNA viruses that are also implicated in breast cancer. HPVs were not assessed further, but they occasionally matched DNA near breast cancer breakpoints.

Common Fragile Sites

Common fragile sites are site-specific breaks seen on metaphase chromosomes after inhibiting DNA synthesis via DNA polymerase inhibitors. Some common fragile sites [54] aligned with breast cancer breaks on chromosome 1, but breakpoints on most other chromosomes were incompatible. Chromosomes 8, 9, 11 - 15, 17-19, 21, and 22 do not have common fragile sites but still have many breast cancer breaks [91]. However, the human genome has over 13 million palindromes that are ≤40 bp [92]. The generation of rare fragile sites by palindromes or their attraction to EBV cannot be excluded.

Imperfect Palindrome Repeats

An alternative explanation for EBV-related carcinogenesis involves the docking of EBNA1 virus-tethering protein at imperfect palindromes [93] tandemly repeated on chromosome 11. The docked EBNA1 binds EBV circular episomes, and chromosome 11 breaks initiate malignancy. To test this explanation, existing literature data were first compared to the specific human EBNA1-binding site [48,66,94]. The results (Table S2 in Multimedia Appendix 4) are incompatible with a single host sequence binding EBNA1.

BLAST analysis showed that matches to the imperfect palindrome were likely due to pure chance with E values between 16 and 964 for 4352 matches, from 12 to 18 bp. Chromosome 11 had only 197 of these 4352 matches, and none were near the palindromic region. The prototype DNA palindrome (Table S2 in Multimedia Appendix 4, line 2) produced 7074 matches with E values ranging from 0.25 to 964. Further BLAST analyses of the slightly different docking sequence in EBNA1-DNA crystals (Table S3 in Multimedia Appendix 4, line 1) against other genome assemblies [95]

revealed matches on chromosomes 2, 19, 4, and 12. Various isolates of HIVs had 52 matching sequences.

In 94 BL samples from patients who were EBV positive, breakpoints concentrated within chromosomes 2, 8, 13, 14, and 22 (Figure S1D in Multimedia Appendix 5). Chromosome 14 contained 610 breakpoints (*IgVH* regions), and chromosome 2 (*IgVK* regions) contained 522 breakpoints. EBV hijacks activation-induced cytidine deaminase, a mutagenic enzyme that generates antibody gene variants in response to myriad antigens. In the 94 EBV-positive BL cases, the palindromic locus was nearly 100 million bp away from the principal breakpoint coordinates (Figure S1E in Multimedia Appendix 5). Only 19 (20%) of the 94 patients who were EBV positive [96] had breakpoints anywhere on chromosome 11. The palindromic locus was also not involved in diverse cancers from 8227 patients [97] (Multimedia Appendix 5).

The results in this section show that alternative explanations that invoke subgroups, TILs, retroviruses, or a specific palindromic repeat locus are incompatible with the associations between EBV-associated and breast cancers .

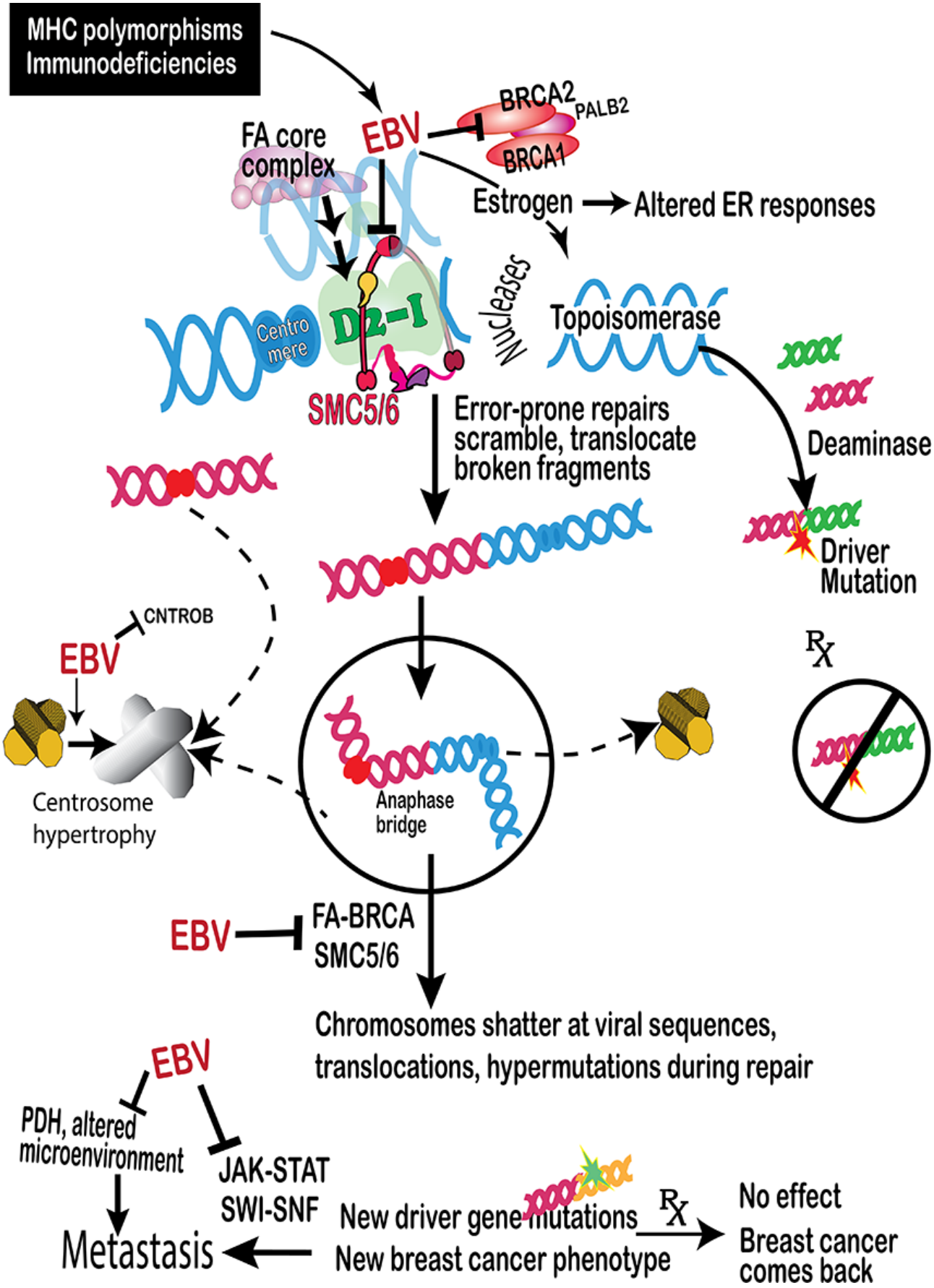
Discussion

Principal Findings

This study finds that EBV contributes to breast cancer by disabling safeguards against tumors. Cancer then occurs because the safeguards remain disabled even if the virus is cleared. Multiple independent analyses identified residual genetic and epigenetic damage in cancer genomes and formed the basis of the model in Figure 10. Breakpoints in breast cancers in high-risk women, sporadic breast cancers, and even ovarian cancers cluster around breakpoints in known EBV-related cancers, including NPC, BL, DLBCL, and GC. Some genes clustered near breakpoints in these diverse EBV-associated cancers are critical to preventing breast cancers. Some breast cancer breakpoints are near genes at EBV-docking sites. Varying numbers of DNA breaks occur within the highly polymorphic forms of MHC region genes on chromosome 6. This damage adds to susceptible polymorphisms and immunodeficiencies to help explain why not everyone develops EBV-related cancers. Near the MHC region on chromosome 6, piRNA sequences are regularly interspaced between viral DNA sequences. The sandwiched arrangements are presumptive evidence of past infection and probably represent a DNA defense mechanism. These defenses fail when chromosome 6 breaks apart near start points of the large number of repetitive viral sequences in the human genome. The viral sequences confuse repairs already damaged by EBV, and bursts of mutation occur where scrambled fragments ligate. EBV disables the most reliable restoration of broken chromosomes back to their native forms, so repairs form structures with multiple centromeres. These structures undergo additional rounds of fragmentation during cell division. The process continually forms new cancer driver mutations and allows cancer to come back after successful therapy (Figure 10). An EBV methylation signature on chromosome 6 was far more abundant in 1538 breast cancers than in normal controls. Finally, EBV facilitates its own replication by damaging JAK-STAT and SWI-SNF signaling pathways, which pushes breast cancer into metastasis, while virus-associated changes on chromosome 3p interfere with the destruction of metastatic cells. Models [8,98] of EBV-infected human mammary cell cultures transplanted into immunosuppressed mice and EBV loss from NPC cells are consistent with these results.

The study herein has current and future clinical implications in addressing cancers and chronic diseases. An early childhood vaccine against EBV may reduce the incidence of breast cancer on a global scale. If this vaccine even approaches the effectiveness of the HPV vaccine for cervical cancer, then the reduction of breast cancer incidence would be substantial. In breast cancer cases where active infection can be demonstrated, immunotherapy or antivirals can be considered. The results also heighten concern about hidden dangers from viral infections. EBV infection leaves behind persistent genome abnormalities (“long EBV”) linked to breast cancer. Not everyone develops an EBV-related cancer even though almost everyone is infected, suggesting risk assessment should include MHC polymorphisms. MHC genes have abundant connections to both EBV infection [99] and breast cancer [100-102].

Figure 10. Model proposed to explain the results. EBV causes serious disease in only some people due to MHC variants and other damage to the immune system. Viral nucleases are one source of chromosome breaks. EBV causes inappropriate expression of estrogen and transcription targets of occupied estrogen receptors. Transcription induced by artificially high estrogen levels then induces topoisomerase-mediated DNA breaks. EBV-mediated deregulation of estrogen production, topoisomerase activity, and deaminase activation then collaborate to cause chromosome breaks and drive translocations [68]. EBV-associated cancers share additional genome deficits with breast cancers, which interfere with restoring the genome from DNA crosslinks and DNA double-strand breaks. If crosslinks and DNA breaks persist during cell division, they also cause chromosome rearrangements and cancer. The cancer safeguards targeted by EBV extend to the *BRCA* pathway, FA proteins, an SMC5/6 scaffold, JAK-STAT signaling, and the SWI-SNF chromatin remodeling complex. EBV: Epstein-Barr virus; ER: estrogen receptor; FA: Fanconi anemia; MHC: major histocompatibility complex; PDH: pyruvate dehydrogenase; SWI-SNF: switch/sucrose non-fermentable.



The strategy of using bioinformatics to identify markers of "long EBV" may well work for other cancers, multiple sclerosis [103], and other chronic diseases that are currently unexplained. Testing for persistent viral damage in genomes from biopsies is a new method for screening for breast cancer risk. The results may inform further prevention and treatment decisions. Cancer

drug therapy has focused on finding and destroying cancer-driver gene products. The drugs are initially effective, sometimes for long periods, but then stop working. The cycles represented in Figure 10 are an occult, underlying process that can now be evaluated. Cancer treatment generates new clones that do not exist in the original population [104]. The underlying genome damage and EBV scars continually produce new cancer-driver mutations. Some antigens targeted by successful therapy for hematologic malignancies [105], such as DLBCL, may also be effective for breast cancers. The idea that breast cancers and hematologic malignancies can have similar breakpoints and translocation fusions suggests that there may be many more susceptible targets and that there are options to overcome resistance or tolerance [106]. The findings may further stimulate research into other EBV-associated diseases and cancers, leading to better and broader understanding.

Estrogen has been thought to generate the initial chromosome breakpoints leading to translocations in human breast cancer. However, young boys with BL do not produce estrogen from ovaries, yet Figure 3 shows that their malignant B-cells have many breakpoints [68,107] that approximately match breast cancer breakpoints. Normally, aromatase catalyzes the rate-limiting step in estrogen production [108], and aromatase acting on androgens is the primary source of most estrogens in breast tissue [109]. EBV-infected cells lose control of aromatase activity [108]. An EBV-mediated increase in aromatase activity explains why locations of breakpoints (Multimedia Appendix 5) are relatively independent of estrogen receptor status in breast cancer [68] and resemble locations in lymphoid cells (Figures 1-4 and 9). Transcription in response to artificially high estrogen levels created by EBV then induces topoisomerase-mediated DNA breaks. Double-strand break repair genes remove topoisomerase from these complexes, but damage to this process leaves pathological enzyme complexes still bound at a DNA breakpoint [110-112]. As shown in Figure 3, topoisomerase itself may be damaged. In either case, EBV-mediated deregulation of estrogen production, topoisomerase activity, and deaminases then collaborate to cause chromosome breaks and drive breast cancer.

Breast cancer chromosome breakpoints cluster around genes near EBV-binding sites (Figure 4), further suggesting that EBV participates in causing the breaks. The breaks lead to pathogenic chromosome rearrangements because EBV-induced damage forces restoration into error-prone methods by suppressing FA-BRCA pathway intermediates [14,15]. Repairs using the FA-BRCA pathway [113] need chromatin access, which requires the SMC5/6 cohesin complex [114,115]. In one scenario shown in Figure 10, SMC5/6 interacts with a crucial pathway intermediate, the FANCD2-FANCI heterodimer (“D2-I”) [17,116]. EBV variants deplete SMC5/6, preventing FA-BRCA–mediated DNA repairs and leading to chromosomes with too many centromeres. When mitosis pulls apart multicentromere chromosome structures, the forces shatter the chromosome and induce mutation storms [35]. EBV thus threatens a sprawling, interconnected repair system, including the BRCA pathway, FA proteins, an SMC5/6 scaffold, JAK-STAT signaling, and the SWI-SNF chromatin remodeling complex (Figure 10).

Of course, other environmental, genetic, or lifestyle factors also participate in breast cancer development, but EBV infection exacerbates their effects. Genome deficits in EBV-associated cancers and breast cancers interfere with restoring chromosomes from damage due to natural processes and exogenous mutagens. Some of this damage requires repair pathways that are subject to EBV interference.

Evidence underlying the model in Figure 10 has independent support from the literature. For example, viral load is a marker for the extent of cell-free DNA fragmentation [117]. EBV-mediated transformation routinely generates abnormal karyotypes [118]. The binding of EBNA1 sequence variants increases NPC risk and drives EBV lytic gene expression [119,120], which requires EBV-encoded nucleases [121-123]. Other herpesviruses related to EBV share the ability to fragment DNA and subvert DNA repair pathways [124-126]. EBV facilitates its own replication by interfering with signaling pathways that prevent metastasis [29,127-130]. Independent literature supports EBV participation in metastasis and the results shown in Figure 9. NPC has the highest metastatic rate among all head and neck cancers, and the levels of circulating EBV markers are highly predictive [10]. Finding EBV in lymph nodes of patients with NPC or primary cancer at an unknown site helps detect metastasis [131]. NPC patients with ≥500 copies of EBV per mL plasma had significantly higher rates of liver metastasis than patients with lower EBV levels [132]. EBV-infected B-cells and breast cancer cells both have amplified centrosomes (Figure 10), the mitosis-organizing centers that exert structural control over cell division. The EBV protein thymidine kinase takes up residence in the centrosome [133], and another EBV protein, BNRF1, initiates centrosome amplification in infected B-cells [134]. Overduplication of centrosomes confuses chromatid attachments to spindle fibers during mitosis. Chromosomes do not distribute properly into daughter cells, creating mistakes when the genome replicates [134,135]. Neither centrosome amplification nor chromosome fragmentation (chromothripsis) requires large numbers of viral particles or active infection.

Further bioinformatic tests may still add significant additional information. EBV activation brings massive changes to host chromatin methylation and structure [47,51,136]. Breast cancers have hundreds of these changes [34]. Results here further implicate epigenetic effects, so EBV effects on breast cancer epigenetics should be explored in more detail. EBV is implicated in cancers in multiple additional organs, and the methods developed here may help clarify its potential contributions. Predictions based on virus-human interaction structural biology may also be helpful. The ultimate direct test will be whether childhood recipients of an anti-EBV vaccine have reduced breast cancer incidence. If it even approaches the reduction of cervical cancer achieved by the HPV vaccine (up to 94%), a childhood EBV vaccine could effectively prevent many cases of breast cancer.

Limitations

EBV itself creates a limitation because the virus can disappear after causing pathogenic genome damage that allows breast cancer to develop. This transitory virus presence forces the use

of bioinformatics to look for persistent genome damage EBV leaves behind. EBV disappearance questions whether a group of cancers with EBV connections also contains “sporadic” cancers typed as EBV negative. The EBV-negative forms may have merely lost the criteria used to identify EBV infection, but EBV-related genome damage may still remain. Another limitation is that compared to breast cancers, known EBV-linked cancers such as GC, BL, and NPC are less common, so genome sequence data are also less common.

Conclusions

In summary, early childhood immunizations against inactivated EBV or selected EBV gene products may significantly reduce the incidence of breast, ovarian, and other cancers, and potentially unexplained chronic diseases. EBV variants lead to DNA breaks, mitotic abnormalities, and the loss of safeguards that protect against breast cancer and its metastasis. Breast cancer breakpoints cluster around breakpoints in EBV cancers, disrupting genes essential to prevent viral infection and breast cancers. A CRISPR-like region on chromosome 6 sequesters some of the thousands of pieces of EBV sequences in the human genome. The same area of chromosome 6 undergoes variable damage in breast cancer, contributing to the reason not everyone with EBV infection develops cancer. In susceptible people, EBV infection leaves behind pathogenic cancer-associated genome abnormalities (“long EBV”). Clinical implications include improvements in evaluating the chances that cancer will return, increased use of immunotherapy for patients with breast cancer that have active infection, and greater urgency in developing an effective EBV vaccine,.

Data Availability

The primary dataset and calculations that were generated or analyzed during this study are included. Datasets not included are freely available from the original sources or the corresponding author on reasonable request.

Conflicts of Interest

None declared.

Multimedia Appendix 1
Glossary and abbreviations.
[DOCX File, 20 KB - xmed_v6i1e50712_app1.docx]

Multimedia Appendix 2
Most of the calculations used in this work.
[XLSX File, 7644 KB - xmed_v6i1e50712_app2.xlsx]

Multimedia Appendix 3
The exact distances between nasopharyngeal cancer and breast cancer breakpoints on chromosome 1. These breaks gather around a few low valleys that periodically occur across the whole chromosome, but the data points are too numerous to display, making the results difficult to interpret.
[PNG File, 213 KB - xmed_v6i1e50712_app3.png]

Multimedia Appendix 4
Gene functions at breast cancer breakpoints that clustered around breakpoints in EBV-associated cancers (GC, BL, and NPC), and EBNA1-binding sequences reported in the human genome. BL: Burkitt lymphoma; EBNA1: Epstein-Barr virus nuclear antigen 1; EBV: Epstein-Barr virus; NPC: nasopharyngeal cancer.
[DOCX File, 31 KB - xmed_v6i1e50712_app4.docx]

Multimedia Appendix 5
Alternative explanations.
[PNG File, 374 KB - xmed_v6i1e50712_app5.png]

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Abbreviations

BL: Burkitt lymphoma
BLAST: Basic Local Alignment Search Tool
bp: base pairs
COSMIC: Catalog of Somatic Mutations in Cancer
CRISPR: clustered regularly interspaced short palindromic repeats
DLBCL: diffuse large B-cell lymphoma
EBNA1: Epstein-Barr virus nuclear antigen 1
EBV: Epstein-Barr virus
FA: Fanconi anemia
GC: gastric cancer
HER2: human epidermal growth factor receptor 2
HERV: human endogenous retrovirus
HIV1: human immunodeficiency virus type 1
HLA: human leukocyte antigen
HPV: human papillomavirus
JAK: Janus kinase
MHC: major histocompatibility complex
NF-κB: nuclear factor–κB
NPC: nasopharyngeal cancer
piRNA: Piwi-interacting RNA
SWI-SNF : switch/sucrose non-fermentable
TIL: tumor-infiltrating lymphocyte

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Assessment of SARC-F Sensitivity for Probable Sarcopenia Among Community-Dwelling Older Adults: Cross-Sectional Questionnaire Study

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Abstract

Background: The European Working Group on Sarcopenia in Older People (EWGSOP2) recommends the use of the 5-item SARC-F (strength, assistance with walking, rising from a chair, climbing stairs, and falls) questionnaire by clinicians to screen for probable sarcopenia. The recommended threshold of ≥4 has low sensitivity and high specificity in identifying probable sarcopenia. While this high threshold is effective in excluding clients without probable sarcopenia, challenges exist in using this screening tool to identify clients with low muscle strength.

Objective: This study aims to reassess the use of SARC-F in a primary care clinic for the determination of incidence of probable sarcopenia and to evaluate if a handgrip strength test is necessary for its diagnosis.

Methods: We screened 204 patients aged ≥65 years (117 men and 87 women) during routine visits with the SARC-F questionnaire. Probable sarcopenia was defined by EWGSOP2 grip strength cut points (≤27 kg for men and ≤16 kg for women). Receiver operating characteristic analysis was performed to identify the SARC-F threshold that best balanced sensitivity and specificity.

Results: Probable sarcopenia was present in 12% (n=24) of participants. The mean age (73.9, SD 6.2 years) and mean BMI (29.5, SD 5.8 kg/m²) did not differ significantly by sex; however, men showed a higher mean grip strength (36.3, SD 8.1 kg vs 22.4, SD 5.5 kg; P<.001) and lower mean SARC-F scores (0.9, SD 1.7 vs 1.9, SD 2.3; P<.001). A SARC-F cut point of ≥2 yielded an area under the curve of 0.77 (95% CI 0.67 - 0.88), with sensitivity of 0.78, specificity of 0.75, accuracy of 0.77, positive predictive value of 0.31, and negative predictive value of 0.96. The grip strength differed significantly between screen-positive and screen-negative groups at both the ≥2 and ≥4 thresholds (P<.001).

Conclusions: A SARC- F threshold of ≥2 is recommended as an optimal trade-off between sensitivity and specificity for identifying community-dwelling older adults with probable sarcopenia. This threshold is lower than the currently accepted recommendation of ≥4. Our findings promote the recommendations for early detection and treatment by medical professionals following the EWGSOP2 by improving the ability of clinicians to identify individuals with low muscle strength using this screening procedure.

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KEYWORDS

sarcopenia; neuromuscular; screening; community; scale; measure; questionnaires; diagnosis; gerontology; older adults; muscular

Introduction

Sarcopenia has been defined as a progressive loss of muscle mass and strength that adversely affects mobility, function, fall risk, and mortality in older adults [1-3]. Age-related muscle and strength loss can begin as early as 30 years of age and accelerate after 50 years of age [3-5]. The severity of muscle mass and strength loss in sarcopenia has been shown to be associated with a decreased ability to complete activities of daily living, lower quality of life, and substantially higher health care costs [5,6].

In 2018, the second European Working Group on Sarcopenia in Older People (EWGSOP2) defined a multifactorial approach to identifying sarcopenia by finding, assessing, confirming, and testing for severity [6]. This model initially screens for sarcopenia through the use of strength, assistance with walking, rising from a chair, climbing stairs, and falls through use of a clinical symptom index (eg, SARC-F [strength, assistance with walking, rising from a chair, climbing stairs, and falls]) questionnaire or using clinical suspicion [6,7].

Individuals that are identified as potentially having sarcopenia through screening undergo a muscular strength test. If strength levels meet the criteria for sarcopenia, muscle quality testing is conducted to confirm the diagnosis [3,6]. Next, the severity of sarcopenia is determined using a physical performance test [3,6].

Despite Rosenberg [8] coining the term “sarcopenia” in 1989 and the development of the *ICD-10* code *M62.84* in 2016 [9], a recent survey found that only 20% of doctors are aware of sarcopenia, a condition that can lead to falls, fractures, disability, and chronic diseases [10]. If physicians are not aware of sarcopenia, they may not screen for it or diagnose it correctly. This can lead to delays in treatment, which can have serious consequences for patients.

Early detection of sarcopenia through screening programs is crucial, as evidenced by research demonstrating that screening can lead to increased quality-adjusted life years and improved health outcomes for older adults [11,12].

While research has been conducted on various aspects of sarcopenia, including its prevalence, risk factors, and health outcomes, there has been limited focus on the practical challenges of managing this condition in primary care settings. This gap in the literature is concerning, given that primary care serves as the first point of contact for patients and plays a crucial role in early detection and management of sarcopenia [12]. Diagnosis of sarcopenia requires muscle strength testing, muscle quality testing, and a physical performance test, which is not practical in a primary care clinic. A recent review by Porter et al [13] found that primary care providers were estimated to require 26.7 hours per day, comprising 14.1 hours per day for preventive care, 7.2 hours per day for chronic disease care, 2.2 hours per day for acute care, and 3.2 hours per day for documentation and inbox management. Therefore, any additional screening must demonstrate accuracy along with being both time-efficient and cost-effective.

The EWGSOP2 pathway classifies patients as having probable sarcopenia when a brief symptom screen (eg, SARC-F) is followed by objectively low muscle strength (ie, grip or chair-stand) [6]. To embed this approach in routine care, our clinic now screens every patient aged ≥65 years during the annual physical examination. Using these real-world data, we posed two questions: (1) How common is probable sarcopenia in our practice? and (2) Can the SARC-F alone, with an optimized cut-point, serve as an efficient first-line screen? Prior studies have linked SARC-F to grip strength but did not validate a lower threshold in primary care.

Methods

A total of 204 community-dwelling older adults (ie, 87 female and 117 males) 65 years or older were screened during their regularly scheduled physician visits. Participants completed a SARC-F questionnaire and a grip strength assessment. Participant demographic data including age, gender, and BMI were recorded.

Inclusion and Exclusion Criteria

Community-dwelling adults aged ≥65 years who attended routine primary care appointments between November 2022 and March 2023 and were able to complete the SARC-F questionnaire and the 3-trial dominant-hand grip-strength test were eligible for inclusion. Patients were excluded if acute illness, recent upper-limb injury, severe arthritis, neurologic disease, or marked cognitive impairment precluded safe grip testing or questionnaire completion. These criteria reflect pragmatic screening practices and maximize both patient safety and data validity.

SARC-F Questionnaire

The SARC-F was selected as the screening tool of interest in this study. The SARC-F is a five question self-report survey developed by Malmstrom et al [7] to detect clinical symptoms of sarcopenia. The SARC-F questions include asking the patients to report difficulties with strength, assistance walking, rising from a chair, climbing stairs, and falls. The first four items are scored as 0 (no difficulty), 1 (some difficulty), or 2 (a lot of difficulty). Number of falls in the past year is rated as 0 (no falls), 1 (between 1 - 3 falls), or 2 (4 or more falls). The sensitivity is low to moderate, and the specificity is high to predict low muscle strength when a cutoff value of ≥4 is used.

Grip Strength

Muscle strength is the criterion used to detect probable sarcopenia in clinical settings [6]. Grip strength was selected as the measure of skeletal muscle strength because it is a quick and easy tool to administer during physician visits. Diagnosis of probable sarcopenia was assessed using the gender-specific recommended cutoff values for grip strength by the EWGSOP2 [6,14]. These values are <27 kg for men and <16 kg for women [14]. All grip tests were performed in private exam rooms by the first author. Participants sat with elbows flexed at 90°, wrists in a neutral position, and feet flat. Using a calibrated digital dynamometer (Sutekus Digital), each participant performed three maximal efforts (3 - 5 s) with 30 - 60 seconds of rest. The highest value for the dominant hand was used for analysis.

Ethical Considerations

This study was approved by the Barton College Institutional Review Board (IRB #2022000034; approval date January 25, 2023). As SARC-F screening and grip-strength testing are standard components of routine visits for adults 65 years or older at the study clinic, informed consent was not required as the data were obtained from deidentified medical records in accordance with the Health Insurance Portability and Accountability Act. All patient information was anonymized prior to analysis to ensure confidentiality. The collected data were anonymized, and no compensation was provided to participants.

Data Collection and Statistical Analysis

Deidentified encounter records supplied data on age, sex, BMI, SARC-F score, and dominant-hand grip strength. Normality was assessed using Kolmogorov-Smirnov tests and histograms. Between-group differences were analyzed with independent 2-tailed *t* tests (parametric) or Mann-Whitney *U* tests (nonparametric). Receiver operating characteristic (ROC) analysis evaluated the ability of SARC-F to detect probable sarcopenia (EWGSOP2 grip-strength thresholds) and generated area under the curve (AUC) estimates with 95% CIs. Sensitivity, specificity, predictive values, and accuracy were calculated at cut points 2 and 4. Effect sizes (Cohen *d* or *r*) quantified the magnitude of differences. Post hoc power for the ROC (n=204; AUC=0.75) was 98.6%.

A ROC curve was used to determine a threshold (SARC-F score) that optimized the balance between sensitivity and specificity for diagnosing probable sarcopenia. The AUC was calculated to present the ability of the SARC-F score to discriminate between probable sarcopenic and nonsarcopenic individuals. An AUC of 1.0 indicates perfect discrimination capability, 0.5 indicates discrimination capability equal to that of chance, and 0.0 indicates that all subjects are incorrectly classified.

Sensitivity, specificity, positive predictive value, negative predictive value, and false positive rate were calculated for SARC-F threshold scores. Sensitivity was calculated as the number of participants diagnosed with probable sarcopenia that were correctly identified by the SARC-F screening. Specificity was calculated as the number of participants not diagnosed with probable sarcopenia that correctly screened negative with the SARC-F. Positive predictive value was calculated as the number of participants diagnosed with probable sarcopenia that screened positive with the SARC-F. Negative predictive value was calculated as the number of participants without probable sarcopenia that screened negative with the SARC-F. The false positive rate was calculated as the ratio of the number of participants screened positive by the SARC-F without probable sarcopenia to the number of participants who were not diagnosed with probable sarcopenia. Accuracy was also calculated at each SARC-F threshold as the proportion of correctly classified patients (both true positives and true negatives).

Comparisons of muscle strength between groups determined by the SARC-F threshold of 2 and previously recommended SARC-F threshold of 4 were performed, following the between-group comparison procedures listed above. When variances were not equal, Welch *t* test was used. The α was set at .05. All statistical analyses were performed using RStudio software (version 2023.06.1; Posit PBC).

Results

SARC-F Questionnaire Scores

Probable sarcopenia was present in 12% (n=24) of participants. Participant characteristics for age, BMI, grip strength, and SARC-F score are presented in Table 1. There was a significant difference in grip strength between men and women ($t_{99.51}$=−14.25; *P*<.001; *d*=1.95) and SARC-F score (*U*=6307; *P*<.001; *r*=0.24). The sex-specific distribution of SARC-F scores is illustrated in Figure 1. There was no significant difference between BMI of men and women ($t_{145.3}$=1.39; *P*=.17) or age (t_{201}=−0.134; *P*=.89).

Table . Participant characteristics (N=204).

Variables	Overall (N=204), mean (SD)	Women (n=87), median (SD)	Men (n=117), median (SD)	*P* value
Age (years)	73.9 (6.2)	73.8 (5.9)	73.9 (6.4)	.89
BMI (kg/m^2)	29.5 (5.8)	30.2 (6.8)	29.0 (4.8)	.17
Grip strength (kg)	30.4 (9.9)	22.4 (5.5)	36.3 (8.1)	<.001[a]
SARC-F[b] score	1.33 (2.01)	1.88 (2.31)	0.92 (1.65)	<.001[a]

[a]Denotes significant difference from females (*P*<.001).

[b]SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls.

Figure 1. Distribution of SARC-F scores by sex. Histograms show score frequencies for male (left) and female participants (right), respectively. SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls.

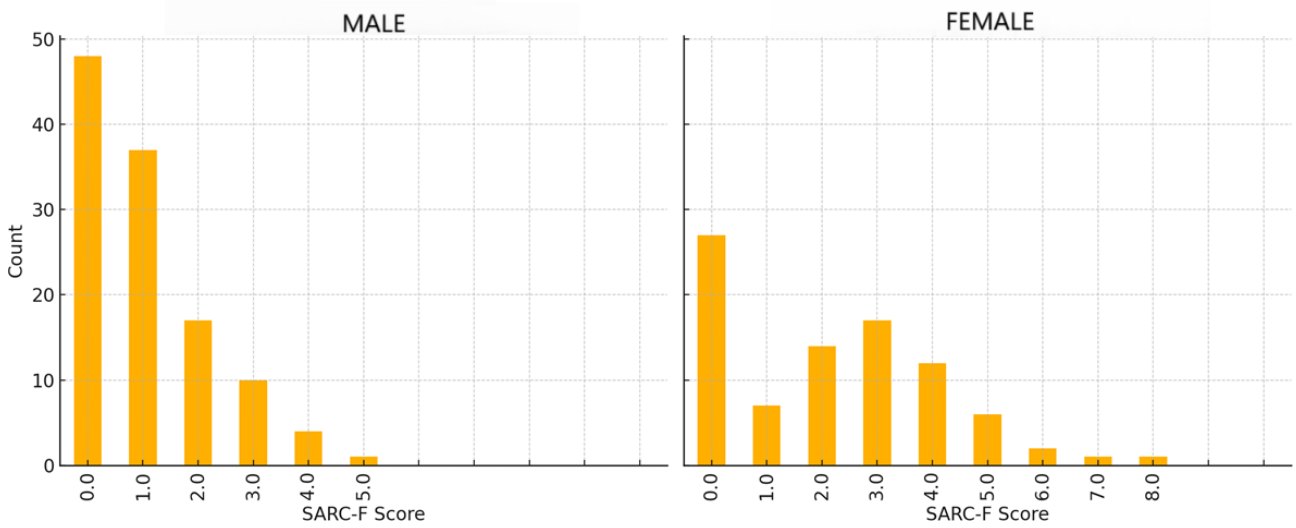

Figure 2 presents the combined ROC curve for thresholds ≥2 and ≥4. The AUC for both thresholds was 0.752 (95% CI 0.66-0.84). We compared the diagnostic performance of SARC-F across the two commonly used cut points (≥2 vs ≥4). Using DeLong test for paired ROC curves, the AUCs were not significantly different (AUC 0.752 vs 0.752; *P*=.98), supporting the clinical preference for the more sensitive ≥2 threshold. A post hoc power analysis for the ROC curve revealed statistical power of 99.5%. Calculations for sensitivity, specificity, positive predictive value, negative predictive value, false positive rate, and accuracy for SARC-F cutoff scores are presented in Table 2.

Figure 2. Combined ROC curves for SARC-F thresholds ≥2 and ≥4. AUC: area under the curve; ROC: receiver operating characteristic; SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls.

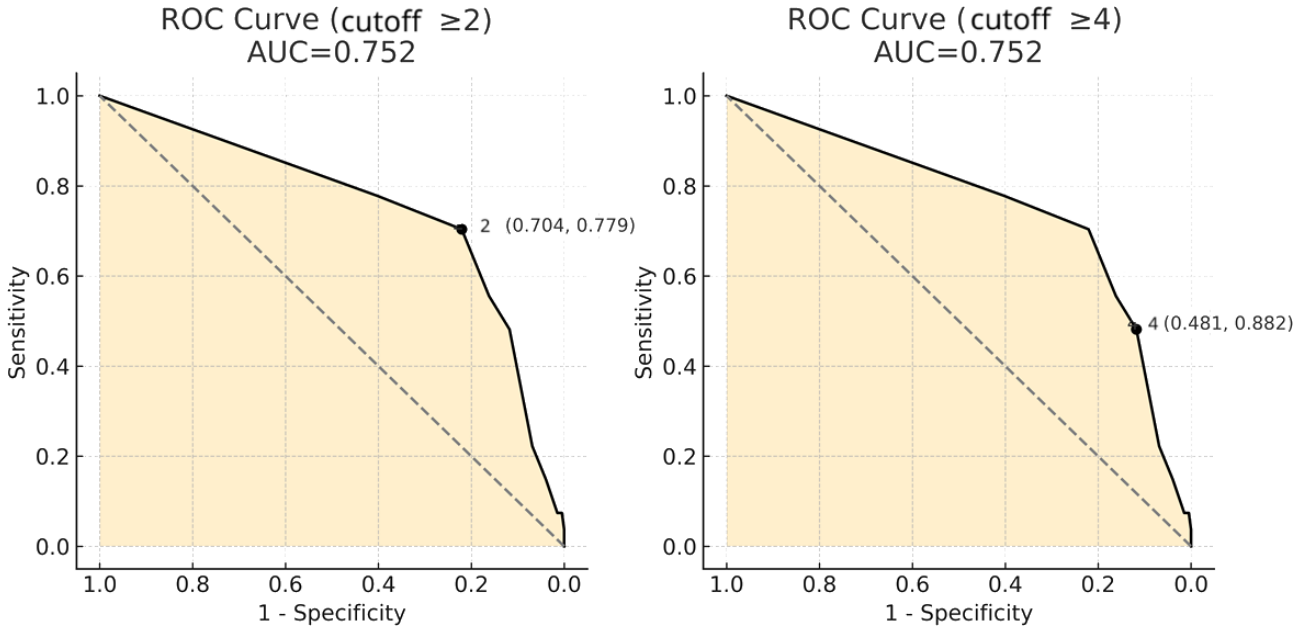

Table . Diagnostic operating characteristics at SARC-F[a] thresholds.

Cutoff values	Sensitivity (95% CI)	Specificity (95% CI)	FPR[b]	PPV[c]	NPV[d]	Accuracy
0	1.00 (1.00 - 1.00)	0.00 (0.00 - 0.00)	1.00	0.12	1.00	0.12
1	0.79 (0.63 - 0.96)	0.60 (0.53 - 0.67)	0.40	0.21	1.00	0.62
2	0.75 (0.58 - 0.92)	0.78 (0.72 - 0.83)	0.22	0.31	0.96	0.77
3	0.63 (0.42 - 0.83)	0.83 (0.78 - 0.88)	0.17	0.33	0.94	0.81
4	0.58 (0.38 - 0.75)	0.88 (0.83 - 0.93)	0.12	0.40	0.94	0.85
5	0.29 (0.13 - 0.46)	0.93 (0.89 - 0.96)	0.07	0.35	0.91	0.85
6	0.17 (0.04 - 0.33)	0.96 (0.96 - 0.98)	0.04	0.33	0.90	0.86
7	0.08 (0.00 - 0.21)	0.98 (0.96 - 1.00)	0.02	0.40	0.89	0.88
8	0.08 (0.00 - 0.21)	0.99 (0.98 - 1.00)	0.01	0.67	0.89	0.89

[a]SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls.

[b]FPR: false positive rate.

[c]PPV: positive predictive value.

[d]NPV: negative predictive value.

Grip Strength

Using a SARC-F cut point of ≥2, participants classified as having probable sarcopenia (n=64) had higher SARC-F scores (t_{59}=16.7; P<.001), were older (t_{80}=3.3; P=.001), had higher BMI ($t_{76.9}$= 2.7; P=.009), and demonstrated lower grip strength (t_{121}=8.0; P<.001) than those with SARC-F <2. Using a cut point of ≥4, SARC-F scores and grip strength differed significantly ($t_{66.9}$= 7.8; P<.001), whereas age and BMI were similar (P=.05 and P=.06, respectively). Mean values are summarized in Table 3.

Table . Comparison of demographic and strength variables by SARC-F threshold.

SARC-F[a] threshold	Participants, n	SARC-F, mean (SD)	Age (years), mean (SD)	BMI (kg/m²), mean (SD)	Grip strength (kg), mean (SD)
<2	167	0.23 (0.4)	72.8 (5.3)	28.9 (4.8)	33.5 (9.2)
≥2	64	3.97 (1.8)	76.7 (7.4)	31.4 (7.4)	23.5 (7.7)
<4	194	0.54 (0.9)	73.3 (5.7)	29.1 (5.3)	32.4 (9.6)
≥4	37	5.11 (1.4)	76.9 (7.9)	32.0 (7.3)	22.0 (6.4)

[a]SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls.

The composite ROC curve for the two cut points is presented in Figure 2. The AUC for both thresholds was 0.752 (95% CI 0.66 - 0.84). DeLong test showed no significant difference between AUCs (P=.98), supporting the clinical use of the more sensitive ≥2 threshold. Post hoc power for the ROC analysis was 99.5%. Diagnostic operating characteristics for each threshold are provided in Table 2.

Discussion

Principal Findings

A SARC-F cut point of ≥2 balanced sensitivity and specificity better than the traditional ≥4 threshold, identifying probable sarcopenia in 31% (n=63) of community-dwelling adults 65 years or older without adding clinic burden. Men demonstrated higher grip strength and lower SARC-F scores than women, reaffirming sex-specific muscle-strength disparities.

Comparison With Prior Work

Earlier studies reported high specificity but modest sensitivity when applying a SARC-F ≥4 [6,7,15]; our findings replicated this pattern (58% sensitivity, 88% specificity) while confirming that lowering the threshold to ≥2 improves case finding (78% sensitivity) while maintaining acceptable specificity (75%). Our AUC of 0.75 aligns with the AUC of 0.71 as reported by Erbas Sacar et al [16], supporting the tool's value as a screening and not a stand-alone diagnostic test. Recent authors have advocated thresholds as low as ≥1 for maximal sensitivity [14,16,17]; our operating characteristic table (Table 2) illustrates the same trade-off: as the cut point increases, sensitivity decreases and specificity increases. DeLong test showed no difference between AUCs for the two thresholds (P=.98), strengthening the argument for the more sensitive ≥2 cut point in primary care.

Strengths and Limitations

First, real-world implementation during annual visits increases external validity. Second, standardized grip-strength testing

minimized measurement error. Third, the sample (N=204) provided 98.6% post hoc power for ROC analyses. Limitations included (1) the single-site, cross-sectional design limits generalizability and causal inference; (2) SARC-F relies on self-report and may incur recall bias; (3) potential confounders (physical activity, cognitive status, comorbidities) were not captured; and (4) grip strength was measured once, and functional measures such as gait speed were unavailable. Each factor may attenuate or inflate the observed associations, underscoring the need for multimodal assessment in future research.

Future Directions

Prospective, multicenter studies should validate the ≥2 threshold across diverse settings, incorporate additional functional tests, and examine longitudinal outcomes (ie, falls, hospitalization, disability). Cost-effectiveness analyses could further justify routine SARC-F screening in primary care, and digital integration of the questionnaire into electronic health records may streamline population-level implementation.

Conclusion

A SARC-F cut point of ≥2 offers a feasible, time-efficient approach to flag older primary care patients who require confirmatory strength testing, aligning with EWGSOP2 recommendations for early clinical intervention. The tool should be used to complement—rather than replace—comprehensive diagnostic workups.

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Data Availability

The datasets used and analyzed during this study are not publicly available due to participant confidentiality and privacy restrictions but are available from the corresponding author upon reasonable request.

Authors' Contributions

Conceptualization: DP, TD
Data curation: DP, LB
Formal analysis: LB
Methodology: DP, LB, TD
Project administration: TD
Supervision: TD
Visualization: LB
Writing – original draft : DP, LB
Writing – review & editing: DP, LB, TD

Conflicts of Interest

None declared.

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Abbreviations

AUC: area under the curve
EWGSOP2: The European Working Group on Sarcopenia in Older People
ROC: receiver operating characteristic
SARC-F: strength, assistance with walking, rising from a chair, climbing stairs, and falls

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Improved Alzheimer Disease Diagnosis With a Machine Learning Approach and Neuroimaging: Case Study Development

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Abstract

Background: Alzheimer disease (AD) is a severe neurological brain disorder. While not curable, earlier detection can help improve symptoms substantially. Machine learning (ML) models are popular and well suited for medical image processing tasks such as computer-aided diagnosis. These techniques can improve the process for an accurate diagnosis of AD.

Objective: In this paper, a complete computer-aided diagnosis system for the diagnosis of AD has been presented. We investigate the performance of some of the most used ML techniques for AD detection and classification using neuroimages from the Open Access Series of Imaging Studies (OASIS) and Alzheimer's Disease Neuroimaging Initiative (ADNI) datasets.

Methods: The system uses artificial neural networks (ANNs) and support vector machines (SVMs) as classifiers, and dimensionality reduction techniques as feature extractors. To retrieve features from the neuroimages, we used principal component analysis (PCA), linear discriminant analysis, and t-distributed stochastic neighbor embedding. These features are fed into feedforward neural networks (FFNNs) and SVM-based ML classifiers. Furthermore, we applied the vision transformer (ViT)–based ANNs in conjunction with data augmentation to distinguish patients with AD from healthy controls.

Results: Experiments were performed on magnetic resonance imaging and positron emission tomography scans. The OASIS dataset included a total of 300 patients, while the ADNI dataset included 231 patients. For OASIS, 90 (30%) patients were healthy and 210 (70%) were severely impaired by AD. Likewise for the ADNI database, a total of 149 (64.5%) patients with AD were detected and 82 (35.5%) patients were used as healthy controls. An important difference was established between healthy patients and patients with AD (P=.02). We examined the effectiveness of the three feature extractors and classifiers using 5-fold cross-validation and confusion matrix–based standard classification metrics, namely, accuracy, sensitivity, specificity, precision, F_1-score, and area under the receiver operating characteristic curve (AUROC). Compared with the state-of-the-art performing methods, the success rate was satisfactory for all the created ML models, but SVM and FFNN performed best with the PCA extractor, while the ViT classifier performed best with more data. The data augmentation/ViT approach worked better overall, achieving accuracies of 93.2% (sensitivity=87.2, specificity=90.5, precision=87.6, F_1-score=88.7, and AUROC=92) for OASIS and 90.4% (sensitivity=85.4, specificity=88.6, precision=86.9, F_1-score=88, and AUROC=90) for ADNI.

Conclusions: Effective ML models using neuroimaging data could help physicians working on AD diagnosis and will assist them in prescribing timely treatment to patients with AD. Good results were obtained on the OASIS and ADNI datasets with all the proposed classifiers, namely, SVM, FFNN, and ViTs. However, the results show that the ViT model is much better at predicting AD than the other models when a sufficient amount of data are available to perform the training. This highlights that the data augmentation process could impact the overall performance of the ViT model.

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KEYWORDS

Alzheimer disease; computer-aided diagnosis system; machine learning; principal component analysis; linear discriminant analysis; t-distributed stochastic neighbor embedding; feedforward neural network; vision transformer architecture; support vector machines; magnetic resonance imaging; positron emission tomography imaging; Open Access Series of Imaging Studies; Alzheimer's Disease Neuroimaging Initiative; OASIS; ADNI

Introduction

Alzheimer disease (AD) is a progressive degenerative brain disorder that gradually destroys memory, reason, judgment, language, and ultimately the ability to perform even the simplest of tasks [1]. An automated AD classification system is crucial for the early detection of disease. This computer-aided diagnosis (CAD) system can help expert clinicians prescribe the proper treatment and prevent brain tissue damage [1].

In the last decades, researchers have developed several CAD systems [1-5]. Rule-based expert systems were developed from the 1970s to the 1990s and supervised models from the 1990s [1]. Moreover, several approaches have been proposed in the literature aiming at providing an automatic tool that guides the clinician in the AD diagnosis process [1,5-7]. We can categorize these approaches into two types: univariate approaches, like statistical parametric mapping (SPM), and multivariate approaches, like the voxels-as-features (VAF) approach.

Due to advances in computing power, machine learning (ML) has encompassed many health care sectors and has shown results with organ and substructure segmentation as well as disease classifications in areas of pathology, brain, breast, bone, retina, etc. Open-access datasets on AD have led to the development of CAD systems that use ML to help scientists and medical staff make early diagnoses. These systems will ultimately help speed up the treatment of patients with AD. To make predictions, scientists have adopted various ML-based classifiers, including support vector machines (SVMs) [8,9], hidden Markov models [10,11], *k*-nearest neighbors classifier [12,13], discriminant analysis [14,15], random forest [16,17], decision trees [18], naive Bayes classifier [19,20], and artificial neural networks (ANNs) [21,22].

Despite the efforts of researchers, there have been few works on AD detection using ML models that have had significant performance, and the development of an automated AD classification model remains a rather challenging task. Within this framework of distinguishing between healthy controls (HCs) and people with AD, the main contributions of this paper can be summarized as follows.

- We developed a CAD system using the best-supervised learning classifiers, such as SVMs [8,9], feedforward neural networks (FFNNs) [23], and transformer neural networks, especially the vision transformer (ViT) architecture [24], which is becoming more popular in the field of computer vision due to its effectiveness.
- We designed these models to analyze the two neuroimages commonly used in AD diagnosis, namely, structural magnetic resonance imaging (sMRI) and fluorodeoxyglucose (FDG)–positron emission tomography (PET) as these modalities are the preeminent sources of information in the CAD process.
- The multimodal CAD system uses principal component analysis (PCA) [25] in conjunction with SVM and FFNN, training them on the PCA features extracted from the neurological images.
- The most challenging datasets, namely the Open Access Series of Imaging Studies (OASIS) [26] and Alzheimer's Disease Neuroimaging Initiative (ADNI) [27] datasets, underwent rigorous tests using various experimental settings. These experiments validated the effectiveness of the chosen models, showcasing their superiority over state-of-the-art approaches in terms of accuracy, sensitivity, specificity, precision, F_1-score, and area under the receiver operating characteristic curve (AUROC).

Methods

Participants

Sometimes we found signs of AD in the brain data of healthy and older patients, so considerable experience and knowledge were essential to distinguish the AD data from the HC patients' data. In this context, we have experimented the performance of the proposed CAD system on the OASIS [26] and ADNI [27] datasets.

OASIS Dataset

The OASIS dataset [26] was prepared by Dr Randy Buckner from the Howard Hughes Medical Institute at Harvard University, the Neuroinformatics Research Group at Washington University School of Medicine, and the Biomedical Informatics Research Network. OASIS is a longitudinal multimodal neuroimaging, clinical, cognitive, and biomarker dataset for normal aging and AD. We selected the patients with and without dementia from a larger database and obtained them from the longitudinal pool of the Washington University Alzheimer Disease Research Center. The experiment used a dataset that included 90 cognitively normal patients and 210 individuals with AD. The AD group included very mild, mild, moderate, and severe dementia.

ADNI Dataset

The ADNI dataset [27], which is the most commonly used in machine learning tasks, is an association of medical centers and universities located in the United States and Canada. ADNI is funded by the National Institute on Aging and the National Institute of Biomedical Imaging and Bioengineering, and through generous contributions from the following: AbbVie; Alzheimer's Association; Alzheimer's Drug Discovery Foundation; Araclon Biotech; BioClinica, Inc; Biogen; Bristol-Myers Squibb Company; CereSpir, Inc; Cogstate; Eisai

Co., Ltd; Elan Pharmaceuticals, Inc; Eli Lilly and Company; EUROIMMUN; F. Hoffmann-La Roche Ltd and its affiliated company Genentech, Inc; Fujirebio; GE HealthCare; IXICO plc; Janssen Alzheimer Immunotherapy Research & Development, LLC; Johnson & Johnson Pharmaceutical Research & Development, LLC; Lumosity; Lundbeck; Merck & Co., Inc; Meso Scale Diagnostics LLC; NeuroRx Research; Neurotrack Technologies; Novartis Pharmaceuticals Corporation; Pfizer Inc; Piramal Imaging; Servier; Takeda Pharmaceutical Company; and Transition Therapeutics. The Canadian Institutes of Health Research is providing funds to support ADNI clinical sites in Canada. Private sector contributions are facilitated by the Foundation for the National Institutes of Health. The grantee organization is the Northern California Institute for Research and Education, and the study is coordinated by the Alzheimer's Therapeutic Research Institute at the University of Southern California. ADNI data are disseminated by the Laboratory for Neuroimaging at the University of Southern California.

The main aim of ADNI is to provide open-source datasets to discover biomarkers and identify and track the progression of AD accurately. It developed to become an ideal source of longitudinal multisite PET and magnetic resonance imaging (MRI) images of patients with AD and older control patients (HC). The datasets were formed to make the detection system powerful by providing baseline information regarding changes in brain structure and metabolism, as well as clinical, cognitive, and biochemical data. The ADNI cohort used in our study included 82 cognitively normal patients and 149 patients with AD. The AD group included patients with mild cognitive impairment and those with confirmed AD.

Ethical Considerations

This work used two datasets (ADNI and OASIS), which are available in the public domain. For the benchmark ADNI dataset, the terms of use are declared on their website [28]. All patients in the ADNI database provided written informed consent, which was approved by the institutional review board of each participating institution. Patients were informed that their information would be kept confidential and their data would be anonymous and would be part of scientific publications.

According to local legislation and institutional requirements, the study of human participants using the OASIS dataset does not require ethical review and approval [26]. Written informed consent from the patients' legal guardians or next of kin was not required to participate in this study in accordance with national legislation and institutional requirements [26]. The data used for the analysis has been deidentified and made public.

Data Preparation

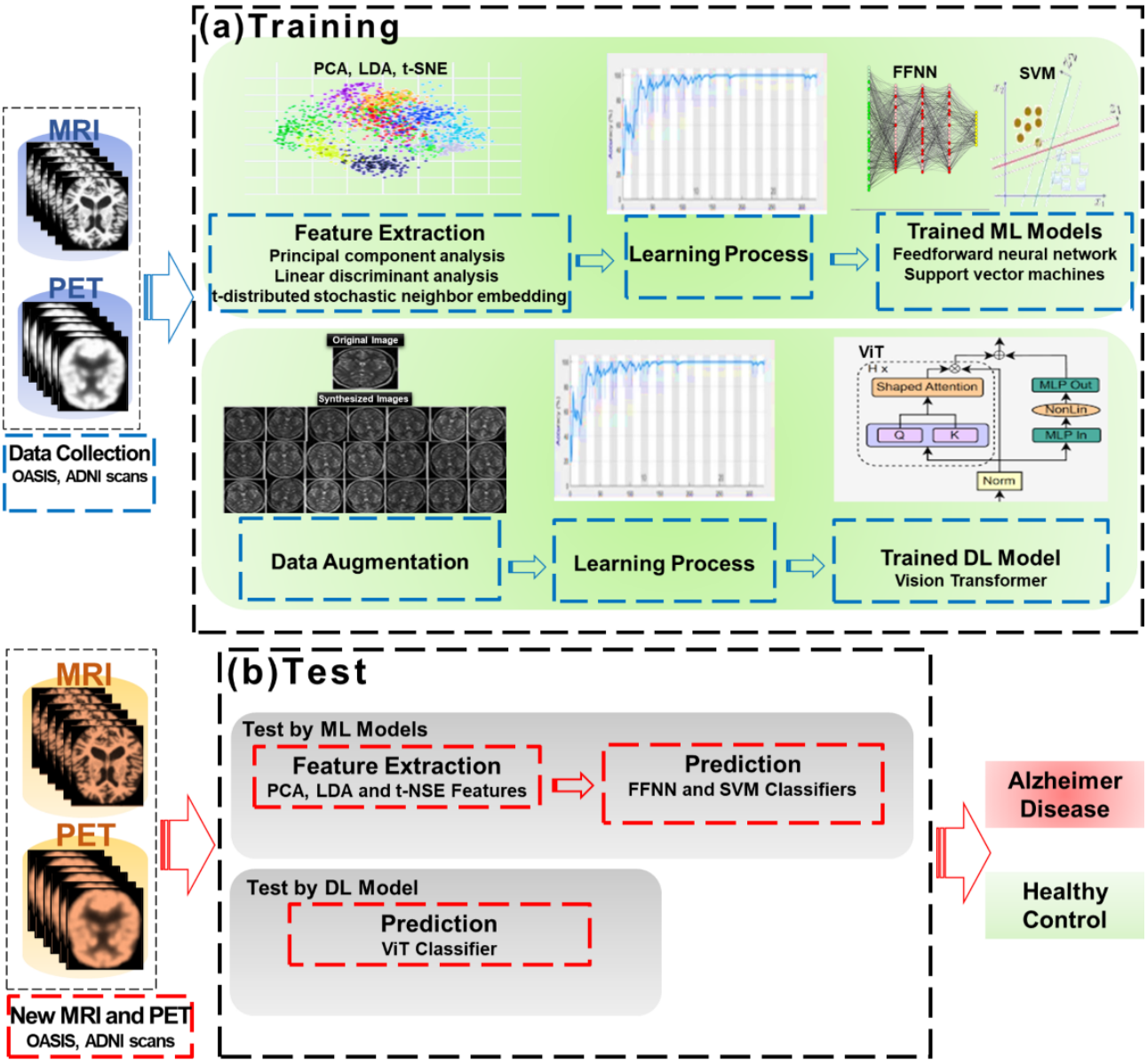
We performed the following steps on the OASIS and ADNI neuroimages: normalization, resizing, removing nonbrain slices, selecting slices with the most information, and converting 3D images into 2D slices. First, the damaged original files containing the images were removed. We selected a larger number of central slices to aid the CAD system in accurately classifying AD. We used an SPM tool (SPM8 [29]), which is a major update to SPM software, originally developed by Karl Friston, to partially correct spatial intensity inhomogeneities. This software normalized all the images using a general affine model with 12 parameters. The origin of the raw sMRI scans was set manually to anterior commissure before manually registering them with SPM's canonical T1 template image. We applied the nonparametric nonuniform intensity normalization (N3) technique to solve the tissue intensity nonuniformity problem [30]. Then the hybrid median filter was used to remove impulse noise while preserving edges.

ML Approaches

Overview

A generic automated AD detection and classification framework is summarized in Figure 1. ML classifiers aim to predict the class of the input data (images of patients with AD or healthy patients) by looking at a number of learning examples. The process begins with the preprocessing of sMRI and FDG-PET images to keep only relevant data. Then each image is represented by grayscale features and is collapsed into a new feature space by applying PCA-based feature extraction to pick the optimal features. After that, to classify the patients, these selected features are fed to the supervised learner. In this work, SVMs and FFNNs are learned on the PCA features extracted from the neuroimages. While for ViT, we applied the data augmentation strategy [31], since the training of this network required more data compared to the other two classifiers. For PCA, a performance comparison was made with similar techniques, t-distributed stochastic neighbor embedding (t-SNE) [32] and linear discriminant analysis (LDA) [14].

Figure 1. Block diagram of a generic Alzheimer disease computer-aided diagnosis system. ADNI: Alzheimer's Disease Neuroimaging Initiative; DL: deep learning; FFNN: feedforward neural network; LDA: linear discriminant analysis; ML: machine learning; MRI: magnetic resonance imaging; OASIS: Open Access Series of Imaging Studies; PCA: principal component analysis; PET: positron emission tomography; SVM: support vector machine; t-SNE: t-distributed stochastic neighbor embedding; ViT: vision transformer.



Below is a summary description of the four approaches proposed for our CAD system, and more details on the mathematical background of these approaches can be found in Multimedia Appendix 1 for PCA, Multimedia Appendix 2 for SVM, Multimedia Appendix 3 for FFNN, and Multimedia Appendix 4 for ViT.

Principal Component Analysis

PCA is a linear dimensionality reduction method used widely in data preprocessing and exploratory analysis. Different image classification purposes have successfully used PCA because its method is nonparametric and easy to apply, and helps extract useful information from confusing datasets [25].

In this study, we used this technique to extract useful features for classifiers. PCA allows the production of new variables that represent linear combinations of the original variables. Using linear algebra and matrix operations, a transformation is performed from the original dataset to a new coordinate system structured by the principal components. The analysis of this linear transformation is obtained thanks to the eigenvectors and the eigenvalues of the covariance matrix. The PCA steps are summarized as follows: (1) standardize the range of continuous initial variables, (2) find correlations by computing the covariance matrix, (3) find the eigenvectors and eigenvalues of the covariance matrix, (4) choose the principal components, and (5) change the data to the new coordinate system. More details about the PCA computation process with mathematical formulas are explained in Multimedia Appendix 1.

Support Vector Machines

We used SVMs as classifiers for the classification of independent and identically distributed data [23]. These machines are widely used as supervised max-margin models, along with associated learning algorithms that analyze data. To distinguish two classes, the principle of SVMs is to seek the

optimal hyperplane that allows for maximizing the margin between the closest data points of the opposite classes.

The SVM algorithm for linear classification is widely used in ML. However, in this study, we used SVMs to perform nonlinear classification due to the data's nonlinear separability. We achieved this by applying a kernel function to represent the data as a set of pairwise similarity comparisons between the original data points.

This function transforms the original data points into coordinates in a higher-dimensional feature space, thereby facilitating linear separation. Multimedia Appendix 2 provides further details about the SVM computation process, including mathematical formulas.

Feedforward Neural Network

Biological nervous systems, such as the brain, inspire the information-processing paradigm of FFNN, which is one of the two main types of ANNs [23]. The distinctive feature of this network is the unidirectional flow of information, meaning that the information flow in the model is only in one direction—forward—without any loops or cycles. Information flows from the input nodes through the hidden nodes and to the output nodes.

This network is static and memoryless. Given a data input, FFNN provides a single set of output values instead of a sequence of values. Furthermore, the response produced for an input is independent of the previous state of the network. FFNN automatically learns from examples and uses a backpropagation learning algorithm for determining weights. More details about the FFNN computation process with mathematical foundations are explained in Multimedia Appendix 3.

Transformers

Transformers, which dominate natural language processing, have acquired a reputation in computer vision owing to their positive results in many applications such as semantic segmentation, object detection, and image classification. Transformer architecture entirely relies on an attention mechanism to produce global dependencies between input and output, avoiding recurrence. Self-attention assesses the sequence representation by connecting various positions within a single sequence.

In this work, we applied a ViT architecture [24] to neuroimages with very little adjustment, demonstrating better performance in numerous computer-vision tasks. ViT uses a multiheaded self-attention mechanism to catch and learn long-range dependencies between distant positions by averaging attention-weighted positions. This promotes the network's focus on all of the data of the input sequence. This characteristic encourages us to use ViT for our brain imaging study owing to its capacity to precisely catch interdependencies between spreaded brain regions. More details about the ViT computation process with mathematical foundations are explained in Multimedia Appendix 4.

Nevertheless, the learning dataset is too small, involving substantial data to learn a ViT from scratch. In this regard, we used data augmentation to expand the size of the input data by creating additional data from the original input data. To create new images, we performed some geometric transformations. The visual transformation primarily focuses on translating, flipping random images horizontally, rotating them at 15 angles without cropping, and rescaling the input data to the range of [0, 1].

Statistical Analysis

We have carried out the performance assessment and the comparison of the classifiers using typical confusion matrix–based evaluation metrics. The confusion matrix has the elements of true positive (TP), false positive (FP), false negative (FN), and true negative (TN). Each column of the matrix indicates an instance of the predicted class, and each row contains a true (correct or actual) class. The following are the metrics used to evaluate the performance of the CAD system.

Sensitivity—also known as recall—is used for calculating the classifier's ability to correctly predict Alzheimer instances (AD class). On the other hand, the classifier uses specificity to accurately predict all non-Alzheimer instances (HC class) across all inputs.

A classifier should have high sensitivity and specificity. Therefore, the accuracy metric, which calculates the number of correctly classified instances relative to the total number of instances, is the average of these two measures. The precision metric measures the classifier's ability to quantify the number of TPs of the AD class that receive a correct label in classification.

The combined harmonic mean of both sensitivity and precision gives the F_1-score, which takes a value between 0 and 1. The receiver operating characteristic curve, a method for visualizing a classifier's ability to diagnose or predict correctly, clearly illustrates the trade-off that arises between the sensitivity and specificity metrics. At various thresholds, the receiver operating characteristic curve plots the TP rate or sensitivity against the FP rate (1 – specificity).

We aim to determine the degree of separability, or the ability to correctly predict class, using the AUROC. The higher the AUROC, the better; 1 would be perfect, and 0.5 would be random. Accuracy, sensitivity, specificity, precision, F_1-score, and AUROC are the six main metrics used to assess the efficacy of each classifier. The following are the mathematical formulas for the first five metrics.

(1)Accuracy=TP+TNTP+FP+FN+TP

(2)Sensitivity=TPTP+FN

(3)Specificity=TNTN+FP

(4)Precision=TPTP+FP

(5)F1−score=2Precision×SensitivityPrecision+Sensitivity

Results

We experimented the performance of the proposed CAD system on patients' images from the OASIS [26] and ADNI [27] datasets. These datasets contain sMRI and FDG-PET scans along with information about the patients' demographics and clinical assessments. There are 300 patients for OASIS and 231

patients for ADNI whose age was between 18 and 96 years, and each patient had 3 or 4 accessible PET and T1-weighted MRI scans. Tables 1 and 2 provide more details on the demographic and clinical characteristics of participants.

Table . The demographic information (gender, race, class, right-handed) of participants.

Variable	OASIS[a] patients (n=300), n (%)	ADNI[b] patients (n=231), n (%)
Gender		
Women	80 (26.7)	99 (42.9)
Men	220 (73.3)	132 (57.1)
Race		
Caucasian	174 (58.0)	159 (68.8)
African-American	122 (40.7)	70 (30.3)
Asian	4 (1.3)	2 (0.9)
Class		
Alzheimer	210 (70.0)	149 (64.5)
Healthy	90 (30.0)	82 (35.5)
Right-handed		
Women	77 (96.3)	93 (93.9)
Men	219 (99.5)	130 (98.5)

[a]OASIS: Open Access Series of Imaging Studies.

[b]ADNI: Alzheimer's Disease Neuroimaging Initiative.

Table . The demographic characteristics and clinical assessment data in terms of age, education, mini-mental state examination, and Alzheimer's Disease Assessment Scale–Cognitive subscale.

Variable	OASIS[d] patients, mean (SD; range)	ADNI[e] patients, mean (SD; range)
Age (years)		
Women	67.78 (43.2 - 95.6)	75.3 (5.2)
Men	70.17 (42.5 - 91.7)	75.4 (7.1)
Education		
Women	14.3 (1.6; 9-18)	15.6 (3.2)
Men	15.2 (2.7; 8-23)	14.9 (3.4)
Mini-mental state examination[f]		
Baseline (women)	25.4 (0.4; 22-26)	29.0 (1.2; 19-26)
2 years (women)	__[g]	29.0 (1.3)
Baseline (men)	23.8 (1.9; 25-29)	23.8 (1.9; 25–29)
2 years (men)	19.3 (5.6)	29.0 (1.2; 19-26)
Alzheimer's Disease Assessment Scale–Cognitive subscale[h]		
Baseline (women)	—	7.3 (3.3)
2 years (women)	—	6.3 (3.5)
Baseline (men)	—	7.3 (3.3)
2 years (men)	—	27.3 (11.7)

[d]OASIS: Open Access Series of Imaging Studies.

[e]ADNI: Alzheimer's Disease Neuroimaging Initiative.

[f]The mini-mental state examination has a possible score range of 0-30.

[g]Not available.

[h]The Alzheimer's Disease Assessment Scale–Cognitive subscale has a possible score range of 0-30.

We used a clinical dementia rating scale to control the dementia status of the dataset; a score of 0 on the scale indicates a normal cognitive level, while a score greater than 0 determines the presence of AD. In this context, we divided the images into 210 (70%) patients with AD and 90 (30%) HCs for the OASIS dataset and 149 (64.5%) patients with AD and 82 (35.5%) HCs for the ADNI dataset. The majority of the samples were identified as men, specifically 220 (73%) for OASIS and 132 (57%) for ADNI, while the majority of the samples were Caucasian, specifically 174 (58%) for OASIS and 159 (69%) for ADNI.

After the preprocessing steps, each slice of sMRI includes 256 × 256 × 176 voxels covering the entire region of the brain with the following parameters: voxel size is $2 \times 2 \times 2$ mm^3 for ADNI and $2 \times 3.1 \times 2$ mm^3 for OASIS, isotropic resolution is 1.0 mm, time of repetition is 5050 milliseconds, and time of echo is 10 milliseconds. All slices of reconstructed PET images are resampled to contain 256 × 256 × 207 voxels with a voxel size of $1.2 \times 1.2 \times 1.2$ mm^3.

The appropriate hyperparameter values for the classifiers were chosen by reviewing prior state-of-the-art work and after doing empirical testing and exploratory analyses. Some of the hyperparameters used in the experiment are presented in Table 3.

Table . The hyperparameter tuning and classifiers configuration used in the experiment.

Hyperparameter	Search range
Support vector machine	
Multiclass method	One-vs-one (one-vs-all, one-vs-one)
Penality parameter of error	0.001 (0.0001, 0.001, 0.01, 0.1)
Box constraint level	1 (0.001 - 1000)
Kernel function	Gaussian (Gaussian, linear, quadratic, cubic)
Kernel scale	2.8
Iteration	30
Standardize data	True
Feedforward neural network	
Number of fully connected layers	1
First layer size	100
Activation	Hyperbolic tangent sigmoid
Learning function	Gradient descent with momentum weight and bias
Iteration limit	1000
Regularizarion strength (λ)	0
Update of weight and bias	Levenberg-Marquardt optimization
Standardize data	True
Vision transformer	
Layers	12
Hidden size D	768
Multilayer perceptron size	3072
Heads	12
Parameters	86 million
Path resolution	16 × 16

For training and testing, 5-fold cross-validation was achieved on each dataset. For each fold, 70% of the data was used for training, 10% for validation, and 20% for testing the effectiveness of each classifier. We conducted experiments on SVM and FFNN using four dimensionality reduction techniques (VAF, LDA, t-SNE, and PCA), as well as on the ViT classifier, without and with data augmentation. During the training process, SVM and FFNN achieved the best results with PCA for the validation data, while the ViT classifier achieved the best results with increased data.

For the test data, we obtained for the OASIS dataset an accuracy of 91.9% (prediction speed ~2000 observations/second, training time 1.5703 seconds) for SVM, 88.2% (prediction speed ~6000 observations/second, training time 7.7715 seconds) for FFNN, and 93.2% (prediction speed ~7000 observations/second, training time 102.3529 seconds) for ViT. The same result was seen for the ADNI data, with an accuracy of 88.6% for SVM

(prediction speed ~1300 observations/second, training time 1.4280 seconds), 80.9% for FFNN (prediction speed ~5300 observations/second, training time 8.2319 seconds), and 90.4% for ViT (prediction speed ~7200 observations/second, training time 129.4531 seconds). Tables 4 and 5 provide further details about the top classification results achieved with the proposed ML classifiers for the OASIS and ADNI datasets, respectively, based on six metrics.

Table . Five-fold cross-validation performance for the Open Access Series of Imaging Studies test data in terms of accuracy, sensitivity, specificity, precision, F_1-score, and area under the receiver operating characteristic curve (AUROC).

Classifier	Accuracy (%)	Sensitivity (%)	Specificity (%)	Precision (%)	F_1-score (%)	AUROC (%)
Support vector machine						
VAF[a]	66.3	61.3	62.1	65.1	52.4	60
LDA[b]	75.6	70.1	69	70.6	68.7	72
t-SNE[c]	80.2	74.5	72.4	71.4	70.1	73
PCA[d]	*91.9* [e]	*86.4*	*90.6*	*87.2*	*89*	*90*
Feedforward neural network						
VAF	62.4	54.1	57.2	51.6	53.4	51
LDA	70.5	66.4	71.4	68.9	72.5	66
t-SNE	72.6	71.3	70.2	69.4	72.8	73
PCA	88.2	85.4	84.6	86.2	83.7	82
Vision transformer						
Without data augmentation	60.8	53.1	54.6	56.8	55.6	61
With data augmentation	*93.2*	*87.2*	*90.5*	*87.6*	*88.7*	*92*

[a]VAF: voxels-as-features.

[b]LDA: linear discriminant analysis.

[c]t-SNE: t-distributed stochastic neighbor embedding.

[d]PCA: principal component analysis.

[e]Italics indicate the best achieved results.

Table . Five-fold cross-validation performance for Alzheimer's Disease Neuroimaging Initiative test data in terms of accuracy, sensitivity, specificity, precision, F_1-score, and area under the receiver operating characteristic curve (AUROC).

Classifier	Accuracy (%)	Sensitivity (%)	Specificity (%)	Precision (%)	F_1-score (%)	AUROC (%)
Support vector machine						
VAF[a]	42.8	59.2	60.4	63.2	50.1	58
LDA[b]	72.1	68.4	67.2	68.4	66.2	70
t-SNE[c]	79.3	71.1	70.1	69.2	68.3	71
PCA[d]	*88.6*[e]	*84.1*	*88.4*	*85.1*	*87.4*	*88*
Feedforward neural network						
VAF	60.9	51.3	56.4	49.1	51	48
LDA	69.1	62.3	70	65.4	70.1	63
t-SNE	70.4	68.1	68.4	67.1	70.4	70
PCA	80.9	84.1	82.3	84.3	81.4	80
Vision transformer						
Without data augmentation	59.3	50.2	51.1	54.4	53.4	57
With data augmentation	*90.4*	*85.4*	*88.6*	*86.9*	*88*	*90*

[a]VAF: voxels-as-features.

[b]LDA: linear discriminant analysis.

[c]t-SNE: t-distributed stochastic neighbor embedding.

[d]PCA: principal component analysis.

[e]Italics indicate the best achieved results.

Discussion

Main Findings

The main finding is that the development of diagnostic tools applying the ML approach in conjunction with neuroimaging data could substantially help in automating the classification and prediction of AD.

In this context, this study proposed a complete CAD system to successfully classify patients with AD and discriminate them from HC patients. The purpose was to examine the association between SVM, FFNN, and ViT ML classifiers; PCA, LDA, and t-SNE dimensionality reduction techniques; and sMRI and FDG-PET neuroimaging modalities to detect early signs of AD. Furthermore, we aimed to clarify the impact of some data preprocessing strategies, such as noise reduction and data augmentation, on improving the performance of classifiers.

With regard to the sMRI and FDG-PET modalities, they can provide large amounts of information; nevertheless, interpreting all image content is challenging for physicians. The experimental analysis demonstrates that combining these neuroimaging modalities with selected ML classifiers enhances their performance, enabling doctors to provide precise diagnosis and timely patient care. This confirms the theory regarding the benefits of these two modalities. Since sMRI provides high-resolution images of brain anatomical structures, which confirm structural change in the brain, it shows shrinkage of brain tissue and abnormalities, while FDG-PET shows the functionality of the brain.

Regarding the selected dimensional reduction techniques, all of the chosen dimensional reduction techniques performed well as feature extractors when combined with the SVM and FFNN classifiers, but a comparative analysis of the three techniques reveals that PCA outperforms LDA and t-SNE. However, it is important to clarify certain findings: PCA allows the identification of the most significant variables in the data due to its potential to generate new variables, which represent linear combinations of the original variables. Moreover, t-SNE differs from PCA by preserving only small pairwise distances or local similarities, while PCA aims to preserve large pairwise distances to maximize variance. Unlike PCA, LDA is a supervised technique that maximizes class separability in the reduced dimensionality space, thereby retaining the most discriminative features.

Preliminary results from evaluating the complete CAD system using the three classifiers prove that the system is more effective in separating AD and HC classes. The results provided by all the experiments carried out reveal an increase in sensitivity and, consequently, the final accuracy obtained by the basic VAF-SVM model (66.3% for OASIS and 42.8% for ADNI). We compared the performance of the SVM, FFNN, and ViT models using confusion matrix–based metrics.

All models performed well, providing acceptable performance for both databases. Data augmentation/ViT outperformed other

models, with accuracies of 93.2% for OASIS and 90.4% for ADNI (see Tables 4 and 5 for more details on results obtained from all models tested on both databases). The second best classifier is PCA/SVM, achieving an accuracy decrease of 1.3% for OASIS and 1.8% for ADNI, compared to the rates obtained by ViT, resulting in overall accuracy rates of 91.9% and 88.6% for OASIS and ADNI, respectively. Therefore, the data augmentation process and the PCA dimensionality reduction method have the potential to impact the overall performance of the ViT and SVM models, respectively.

Moreover, compared to the performance using a single MRI modality, all models performed well using a multimodal MRI/PET environment. The best results with MRI were also obtained with ViT and SVM classifiers. Accuracies of 83.9% for the OASIS dataset and 81.2% for ADNI were obtained using the data augmentation/ViT approach. PCA/SVM achieved accuracies of 82.4% for the OASIS and 80.6% for the ADNI datasets. This draws attention to the potential of integrating multiple modalities to increase the performance of the CAD system.

Comparison With Prior Work

To verify the convergence of the proposed CAD system, we compared the results obtained with some relevant state-of-the-art ML models. The experimental results show that our models, particularly SVM and ViT, have good performance on both the OASIS and ADNI datasets and achieved better or comparable accuracy to most existing methods in the literature. For the OASIS dataset, the PCA/SVM method had a 91.9% accuracy and the ViT model with data augmentation had a 93.2% accuracy. Nanni et al [33], Khan and Zubair [16], Sethi et al [2], Basheer et al [34], Saratxaga et al [35], and Liu et al [36] got 90.2%, 86.8%, 86.2%, 92.3%, 93%, and 82.6% accuracy, respectively.

The same finding was obtained for the ADNI dataset, where we achieved an accuracy of 88.6% using the PCA/SVM approach and 90.4% using the ViT model by increasing the data. In contrast, the accuracy achieved by Rallabandi et al [37], Jo et al [4], Jo et al [3], Liu et al [36], and Shojaei et al [38] was 75%, 75.02%, 80.8%, 90%, and 87%, respectively. Table 6 compares our best results obtained with the prior state-of-the-art models discussed.

Table . Comparative study of performance with state-of-the-art machine learning models using the Open Access Series of Imaging Studies (OASIS) and Alzheimer's Disease Neuroimaging Initiative (ADNI) datasets.

Study	Approach	Dataset	Accuracy	Sensitivity	F_1-score	AUROC[a]
Liu et al [36]	Monte Carlo sampling/ResNet50-CNNs[b]/ensemble classifier	OASIS	82.6	74.3	—[c]	—
Saratxaga et al [35]	ResNet18-based CNNs	OASIS	93	—	—	—
Basheer et al [34]	PCA[d]/ CapsNet-based CNNs	OASIS	92.3	82.3	—	—
Nanni et al [33]	Ensemble of 5 transfer learning models	OASIS	90.2	—	—	—
Khan and Zubair [16]	Chi-square statistical test/RF[e]	OASIS	86.8	80	86.4	87.2
Sethi et al [2]	CNNs/ SVM[f]	OASIS	86.2	—	—	—
Our study	PCA/SVM	OASIS	91.9	86.4	89	90
Our study	Data augmentation/ViT[g]	OASIS	*93.2*[h]	*87.2*	*88.7*	*92*
Shojaei et al [38]	Genetic algorithm/3D-CNNs	ADNI	87	—	—	—
Liu et al [36]	Monte Carlo sampling/ResNet50-CNNs/ensemble classifier	ADNI	90	83.5	—	—
Rallabandi et al [37]	FreeSurfer/SVM	ADNI	75	75	72	76
Jo et al [4]	Sliding Window Association Test/CNNs	ADNI	75	—	—	82
Jo et al [3]	Weighted gene co-expression network analysis/RF	ADNI	80.8	—	—	80.8
Our study	PCA/SVM	ADNI	88.6	84.1	87.4	88
Our study	Data augmentation/ViT	ADNI	*90.4*	*85.4*	*88*	*90*

[a]AUROC: area under the receiver operating characteristic curve.

[b]CNN: convolutional neural network.

[c]Not available.

[d]PCA: principal component analysis.

[e]RF: random forest.

[f]SVM: support vector machine.

[g]ViT: vision transformer.

[h]Italics indicate the best achieved results.

Limitations and Future Directions

There are several improvements possible for the proposed CAD system. We aim to enhance the system's performance by collaborating with more extensive AD datasets and implementing various types of ANN and ML-based classifiers.

The PCA used for feature extraction looks for the principal axis direction, which is used to effectively represent the common features of similar samples. This is very effective for representing the common features of the same kind of data samples, but it is not suitable for distinguishing different sample classes. Therefore, to achieve the purpose of feature extraction, we need to combine PCA with other feature dimensionality reduction algorithms like uniform manifold approximation and projection.

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Data used in preparation of this article were obtained from the ADNI database. As such, the investigators within the ADNI contributed to the design and implementation of ADNI or provided data but did not participate in the analysis or writing of this report. A complete listing of ADNI investigators can be found at [39].

Data Availability

This study used two datasets, Open Access Series of Imaging Studies [26] and Alzheimer’s Disease Neuroimaging Initiative [27], which are available in the public domain. However, they are subject to restrictions because they were used under permissions for this study and are therefore not publicly available.

Conflicts of Interest

None declared.

Multimedia Appendix 1
Principal component analysis.
[DOCX File, 18 KB - xmed_v6i1e60866_app1.docx]

Multimedia Appendix 2
Support vector machines.
[DOCX File, 16 KB - xmed_v6i1e60866_app2.docx]

Multimedia Appendix 3
Feedforward neural network.
[DOCX File, 18 KB - xmed_v6i1e60866_app3.docx]

Multimedia Appendix 4
Vision transformer.
[DOCX File, 18 KB - xmed_v6i1e60866_app4.docx]

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Abbreviations

AD: Alzheimer disease
ADNI: Alzheimer's Disease Neuroimaging Initiative
ANN: artificial neural network
AUROC: area under the receiver operating characteristic curve
CAD: computer-aided diagnosis
FDG: fluorodeoxyglucose
FFNN: feedforward neural network
FN: false negative
FP: false positive
HC: healthy control
LDA: linear discriminant analysis
ML: machine learning
MRI: magnetic resonance imagining
N3: nonparametric nonuniform intensity normalization
OASIS: Open Access Series of Imaging Studies
PCA: principal component analysis
PET: positron emission tomography
sMRI: structural magnetic resonance imaging
SPM: statistical parametric mapping
SVM: support vector machine
t-SNE: t-distributed stochastic neighbor embedding
TN: true negative
TP: true positive
VAF: voxels-as-features
ViT: vision transformer

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Data Obfuscation Through Latent Space Projection for Privacy-Preserving AI Governance: Case Studies in Medical Diagnosis and Finance Fraud Detection

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Abstract

Background: The increasing integration of artificial intelligence (AI) systems into critical societal sectors has created an urgent demand for robust privacy-preserving methods. Traditional approaches such as differential privacy and homomorphic encryption often struggle to maintain an effective balance between protecting sensitive information and preserving data utility for AI applications. This challenge has become particularly acute as organizations must comply with evolving AI governance frameworks while maintaining the effectiveness of their AI systems.

Objective: This paper aims to introduce and validate data obfuscation through latent space projection (LSP), a novel privacy-preserving technique designed to enhance AI governance and ensure responsible AI compliance. The primary goal is to develop a method that can effectively protect sensitive data while maintaining essential features necessary for AI model training and inference, thereby addressing the limitations of existing privacy-preserving approaches.

Methods: We developed LSP using a combination of advanced machine learning techniques, specifically leveraging autoencoder architectures and adversarial training. The method projects sensitive data into a lower-dimensional latent space, where it separates sensitive from nonsensitive information. This separation enables precise control over privacy-utility trade-offs. We validated LSP through comprehensive experiments on benchmark datasets and implemented 2 real-world case studies: a health care application focusing on cancer diagnosis and a financial services application analyzing fraud detection.

Results: LSP demonstrated superior performance across multiple evaluation metrics. In image classification tasks, the method achieved 98.7% accuracy while maintaining strong privacy protection, providing 97.3% effectiveness against sensitive attribute inference attacks. This performance significantly exceeded that of traditional anonymization and privacy-preserving methods. The real-world case studies further validated LSP's effectiveness, showing robust performance in both health care and financial applications. Additionally, LSP demonstrated strong alignment with global AI governance frameworks, including the General Data Protection Regulation, the California Consumer Privacy Act, and the Health Insurance Portability and Accountability Act.

Conclusions: LSP represents a significant advancement in privacy-preserving AI, offering a promising approach to developing AI systems that respect individual privacy while delivering valuable insights. By embedding privacy protection directly within the machine learning pipeline, LSP contributes to key principles of fairness, transparency, and accountability. Future research directions include developing theoretical privacy guarantees, exploring integration with federated learning systems, and enhancing latent space interpretability. These developments position LSP as a crucial tool for advancing ethical AI practices and ensuring responsible technology deployment in privacy-sensitive domains.

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KEYWORDS

privacy-preserving AI; latent space projection; data obfuscation; AI governance; machine learning privacy; differential privacy; k-anonymity; HIPAA; GDPR; compliance; data utility; privacy-utility trade-off; responsible AI; medical imaging privacy; secure data sharing; artificial intelligence; General Data Protection Regulation; Health Insurance Portability and Accountability Act

Introduction

Background

The rapid advancement and widespread adoption of artificial intelligence (AI) across critical sectors of society have ushered in an era of unprecedented data analysis and decision-making capabilities. From health care diagnostics to financial fraud detection, AI systems are processing increasingly large volumes of sensitive personal data. However, this progress has been accompanied by growing concerns about privacy, data protection, and the potential misuse of personal information.

The tension between leveraging data for AI advancements and protecting individual privacy has become a central challenge in the field of AI governance. Traditional approaches to data privacy, such as anonymization and differential privacy, often struggle to balance the trade-off between privacy protection and data utility. As AI systems become more sophisticated, there is an urgent need for novel privacy-preserving techniques that can protect sensitive information without significantly compromising the performance of AI models.

In this research, we introduce data obfuscation through latent space projection (LSP), a novel privacy-preserving technique designed to address these challenges. LSP leverages recent advancements in representation learning and adversarial training to create a privacy-preserving data transformation pipeline. By projecting raw data into a latent space and then reconstructing it with carefully controlled information loss, we aim to obfuscate sensitive attributes while preserving the overall structure and relationships within the data that are crucial for AI model performance.

This research makes several significant contributions to the field of privacy-preserving machine learning. At the core of this work, we develop and present a comprehensive latent space projection framework, providing detailed insights into its theoretical underpinnings, architectural design, and practical implementation considerations. We advance the field's measurement capabilities by introducing innovative metrics specifically designed to evaluate the critical balance between privacy protection and data utility in latent space representations. Through rigorous experimentation on established benchmark datasets, we demonstrate that LSP consistently outperforms traditional privacy-preserving approaches across multiple performance dimensions.

To bridge the gap between theory and practice, we showcase LSP's real-world effectiveness through 2 critical case studies in highly sensitive domains: cancer diagnosis and financial fraud detection. Understanding the practical constraints of deployment, we conduct thorough analyses of LSP's operational characteristics, including latency and computational resource requirements. Finally, we explore the broader implications of our work, examining how LSP contributes to the responsible development of AI systems and aligns with emerging global AI governance frameworks, providing a foundation for future privacy-preserving AI applications.

The Privacy Challenge in AI

The exponential growth of data and the increasing sophistication of AI models have led to significant advancements in various fields. However, this progress has also raised critical privacy concerns [1]. AI models, particularly deep learning architectures, often require vast amounts of data to achieve high performance. This data frequently contains sensitive personal information, ranging from medical records to financial transactions.

The potential for privacy breaches in AI systems is multifaceted and detailed in the following sections.

Data Breaches

Large datasets used for AI training are attractive targets for cyberattacks, potentially exposing the sensitive information of millions of individuals[2,3].

Model Inversion Attacks

Sophisticated attacks can potentially reconstruct training data from model parameters, compromising the privacy of individuals in the training set [4].

Membership Inference

These attacks aim to determine whether a particular data point was used in training a model, which can reveal sensitive information about individuals [5].

Attribute Inference

Even when direct identifiers are removed, AI models may inadvertently learn and expose sensitive attributes of individuals in their training data [6].

Unintended Memorization

Neural networks have been shown to sometimes memorize specific data points from their training set, potentially exposing sensitive information during inference [7].

These privacy risks are not merely theoretical. High-profile incidents of privacy breaches and misuse of personal data have eroded public trust in AI systems and raised regulatory scrutiny. Consequently, there is an urgent need for robust privacy-preserving techniques that can mitigate these risks while allowing AI to deliver its potential benefits to society.

Existing Privacy-Preserving Techniques

Several approaches have been developed to address privacy concerns in AI.

K-Anonymity

Introduced by Sweeney [8], k-anonymity ensures that each record in a dataset is indistinguishable from at least k-1 other records with respect to certain identifying attributes. Although

effective for simple datasets, k-anonymity struggles with high-dimensional data common in modern AI applications.

Differential Privacy

Developed by Dwork et al [9], differential privacy provides a formal framework for quantifying and limiting the privacy risk of statistical queries on datasets. It has been successfully applied to various machine learning algorithms [10,11] but often introduces a significant trade-off between privacy and model utility.

Homomorphic Encryption

This technique allows computations to be performed on encrypted data without decryption [12]. Although providing strong privacy guarantees, homomorphic encryption incurs substantial computational overhead, making it impractical for many real-time AI applications.

Federated Learning

Proposed by McMahan et al [13], federated learning allows models to be trained on decentralized data without directly sharing raw information. However, it can still be vulnerable to certain types of privacy attacks and faces challenges in scenarios requiring centralized data analysis.

Synthetic Data Generation

Techniques like differentially private generative adversarial networks (GANs) [14] aim to generate synthetic datasets that preserve statistical properties of the original data while providing privacy guarantees. However, these methods often struggle to capture complex relationships present in real-world data.

Although each of these approaches has its merits, they all face limitations when applied to the complex, high-dimensional datasets typical in modern AI applications. Many struggle to provide strong privacy guarantees without significantly degrading model performance or incurring prohibitive computational costs.

The Promise of Latent Space Approaches

Recent advancements in representation learning, particularly in the field of deep learning, have opened new avenues for privacy-preserving data analysis [15]. Latent space models, such as autoencoders and variational autoencoders [16], have demonstrated a remarkable ability to learn compact, abstract representations of complex data.

Latency Characteristics

LSP's latency profile can be broken down into three main components: (1) encoding latency (the time taken to project input data into the latent space), (2) processing latency (the time required to perform operations, eg, machine learning tasks, in the latent space), and (3) decoding latency (the time needed to reconstruct data from the latent space, if required).

Performance Optimization Characteristics

These latent representations offer several potential advantages for privacy-preserving AI. Several optimizations contribute to LSP's improved latency and overall performance:

1. Dimensionality reduction: By projecting data into a lower-dimensional latent space, LSP reduces the computational complexity of subsequent operations, so irrelevant or sensitive features can be naturally obscured. This is particularly beneficial for high-dimensional data like images or complex time series.
2. Parallel processing: The encoder and decoder networks in LSP can leverage the parallel processing capabilities of modern GPUs, significantly speeding up the projection and reconstruction processes.
3. Caching mechanisms: For scenarios where the same data are processed multiple times, LSP implementations can cache latent representations, eliminating the need for repeated encoding.
4. Model compression: Techniques such as pruning and quantization can be applied to the LSP networks, reducing their size, and improving inference speed without significantly impacting privacy or utility.
5. Adaptive computation: LSP can be implemented with adaptive computation techniques, where the depth or width of the network is dynamically adjusted based on the complexity of the input, further optimizing performance.
6. Disentanglement: Advanced techniques in representation learning aim to disentangle different factors of variation in the data, potentially allowing for selective obfuscation of sensitive attributes.
7. Nonlinear transformations: The complex, nonlinear mappings learned by deep neural networks can potentially create representations that are difficult to invert without knowledge of the encoding process.
8. Compatibility with deep learning: Latent space approaches integrate naturally with deep learning architectures, allowing for end-to-end privacy-preserving AI pipelines.

Building on these insights, our proposed LSP technique aims to leverage the power of latent space representations to create a robust, flexible framework for privacy-preserving AI. By combining ideas from representation learning, adversarial training, and information theory, LSP seeks to overcome the limitations of existing approaches and provide a more effective solution to the privacy challenges in modern AI systems.

Related Work

Privacy-preserving techniques in AI have garnered significant attention, particularly as regulations such as the General Data Protection Regulation (GDPR) and California Consumer Privacy Act (CCPA) come into force. Existing methods provide foundational solutions but have limitations when applied to large-scale data systems.

Differential Privacy

Differential privacy, introduced by Dwork et al [17], is a method that adds calibrated noise to datasets or model outputs to obscure individual data points while preserving the overall distribution. Despite its utility, differential privacy often introduces trade-offs between privacy and model accuracy, particularly when applied to complex, high-dimensional data [18].

Homomorphic Encryption

Homomorphic encryption allows computations to be performed on encrypted data without decrypting it [12]. Although this approach is highly secure, its computational overhead makes it impractical for large-scale machine learning models that require real-time processing or high-volume datasets [19].

Federated Learning

Federated learning, proposed by McMahan et al [13], ensures that raw data remains decentralized, with models trained on local devices instead of centralized servers. However, this technique is not immune to privacy risks, as model gradients or weights exchanged between devices can still leak sensitive information [20,21].

Generative Models for Privacy

Recent work has explored the use of generative models, such as GANs, for creating synthetic data that preserves privacy [22]. Although promising, these approaches often struggle with mode collapse and may not fully capture the complexity of real-world data distributions.

LSP builds upon these existing approaches while addressing their limitations. By learning privacy-preserving latent representations, LSP aims to provide a more flexible and efficient solution for data obfuscation that can be applied across various domains and AI tasks.

Methods

Data Obfuscation Through LSP

In this section, we present the details of our LSP framework for privacy-preserving data obfuscation. We begin by outlining the key principles behind LSP, then describe the network architecture and training procedure.

Principles of LSP

The core idea behind LSP is to transform raw data into a latent space where sensitive information is obscured, yet essential features for downstream AI tasks are retained. This is achieved through the following key principles.

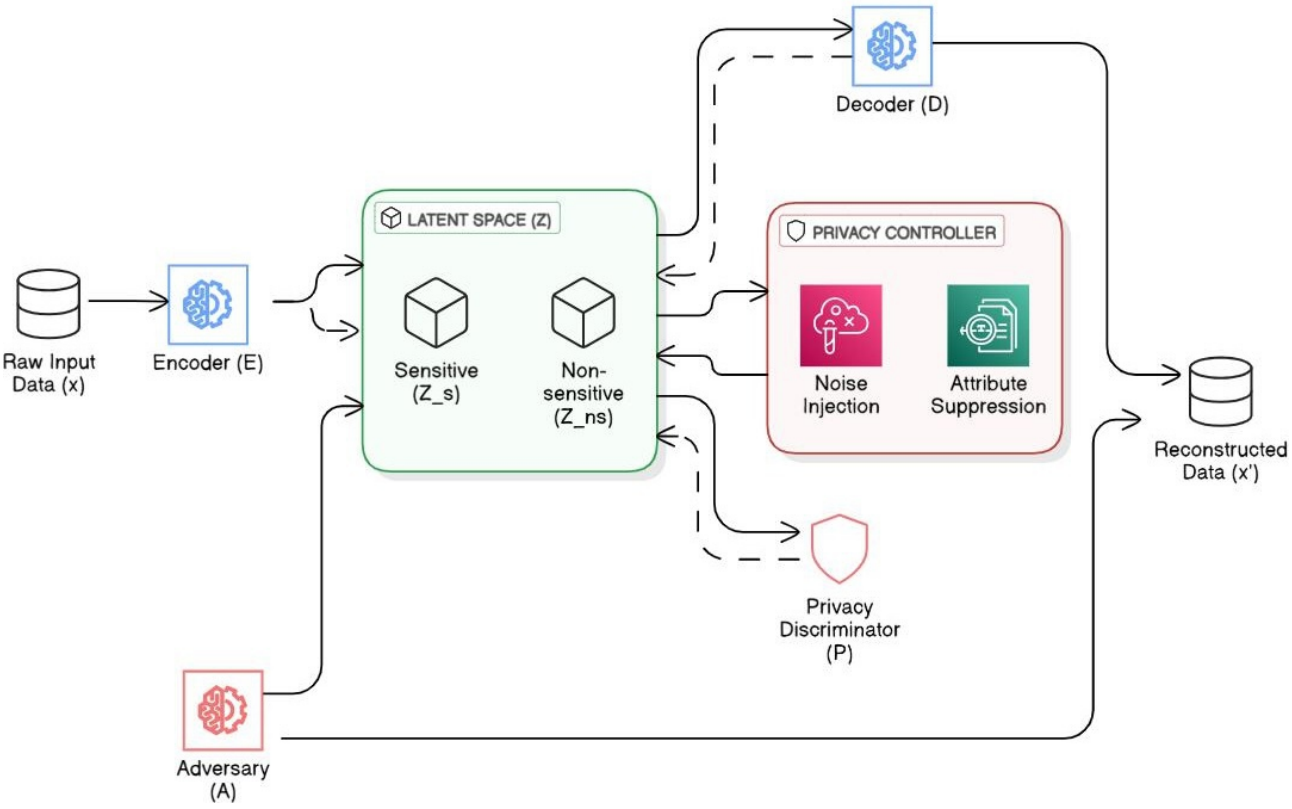
- Feature preservation: The latent representation should maintain sufficient information for relevant AI tasks, ensuring high utility of the obfuscated data.
- Adversarial privacy: We employ adversarial training to make it difficult for an attacker to recover sensitive information from the latent representation.
- Task-agnostic design: The LSP framework is designed to be adaptable to various data types and downstream tasks without requiring significant modifications.

Network Architecture

Figure 1 depicts the flow of data through the LSP framework. The input data x is first passed through the encoder network E, which projects it into a latent space representation z. This latent representation is then processed by the decoder network D to reconstruct the input, producing x'. Simultaneously, the privacy discriminator P attempts to extract sensitive information s from the latent representation z. The framework is trained adversarial to optimize the trade-off between reconstruction accuracy and privacy protection.

The LSP framework consists of three main components: an encoder network, a decoder network, and a privacy discriminator. These components work together to create privacy-preserving latent representations of the input data. Figure 1 illustrates the overall architecture of the LSP framework.

Figure 1. Latent space projection system architecture (network diagram).



Encoder Network

The encoder network E ($X \rightarrow Z$) maps the input data $x \in X$ to a latent representation $z \in Z$. We implement E as a deep neural network with an architecture tailored to the specific data type.

For image data, the encoder architecture uses a progressive series of convolutional layers with expanding filter sizes, beginning at 32 and scaling up through 64, 128, and 256 filters. Each convolutional operation is augmented by batch normalization and leaky rectified linear unit (ReLU) activation functions to improve training stability and introduce nonlinearity. The network incorporates strided convolutions or max pooling operations strategically placed throughout the architecture to achieve spatial downsampling of the feature maps. The encoding process culminates in fully connected layers that compress the processed features into the final latent representation, effectively capturing the essential characteristics of the input data in a lower-dimensional space.

For text data, the text encoder's architecture begins with an embedding layer that transforms input tokens into dense vector representations. At its core, the model utilizes a transformer encoder equipped with multihead self-attention layers to capture complex relationships between tokens in the input sequence. The architecture incorporates layer normalization and residual connections between transformer blocks to facilitate stable training and effective gradient flow. The encoding process concludes with a pooling operation, specifically mean pooling, followed by fully connected layers that produce the final encoded representation of the text input.

The latent space Z is structured as $Z=Z\_s \oplus Z\_ns$, where Z_s represents the subspace for sensitive information and Z_ns for nonsensitive information. This separation is enforced through the loss functions and architecture design, which we will discuss in detail in the training procedure section.

Decoder Network

The decoder network D ($Z \rightarrow X'$) reconstructs the input data from the latent representation. Its architecture mirrors that of the encoder.

For image data, the decoder architecture begins with fully connected layers that transform the latent space representation back into a spatial format, setting the foundation for image reconstruction. This is followed by a cascade of transposed convolutional layers with progressively decreasing filter sizes, systematically expanding the spatial dimensions while refining feature details. Each transposed convolutional layer incorporates batch normalization and ReLU activation functions to maintain training stability and introduce necessary nonlinearities. The network uses upsampling operations, utilizing either nearest-neighbor or bilinear interpolation techniques, to gradually restore the spatial resolution of the features. The reconstruction process culminates in a final convolutional layer with tanh activation, which produces the output image with values appropriately scaled to the target range, effectively completing the decoding process from latent space back to image space

For text data, the text decoder's architecture initiates with fully connected layers that transform the latent space representation into a sequence format suitable for text generation. At its heart, the model uses a transformer decoder equipped with multihead attention layers, enabling the network to effectively capture complex dependencies and relationships within the generated

sequence. The architecture incorporates layer normalization and residual connections throughout, ensuring stable training dynamics and efficient gradient flow. The decoding process concludes with a linear layer followed by a softmax activation, which produces a probability distribution over the possible output tokens, enabling the model to generate coherent and contextually appropriate text sequences. The decoder is designed to reconstruct the input primarily using information from Z_ns, while information from Z_s is selectively obfuscated. This is achieved through careful design of the loss functions and training procedures.

Privacy Discriminator

The privacy discriminator P ($Z \rightarrow S$) attempts to recover sensitive information $s \in S$ from the latent representation z. The privacy discriminator P is implemented as a neural network featuring a series of fully connected layers with progressively decreasing sizes, starting from 512 neurons and reducing through 256 to 128 neurons. Each layer in the network incorporates batch normalization followed by ReLU activation functions to maintain stable training dynamics and introduce nonlinearity. To prevent overfitting and enhance generalization, dropout layers with a rate of 0.3 are strategically integrated throughout the architecture.

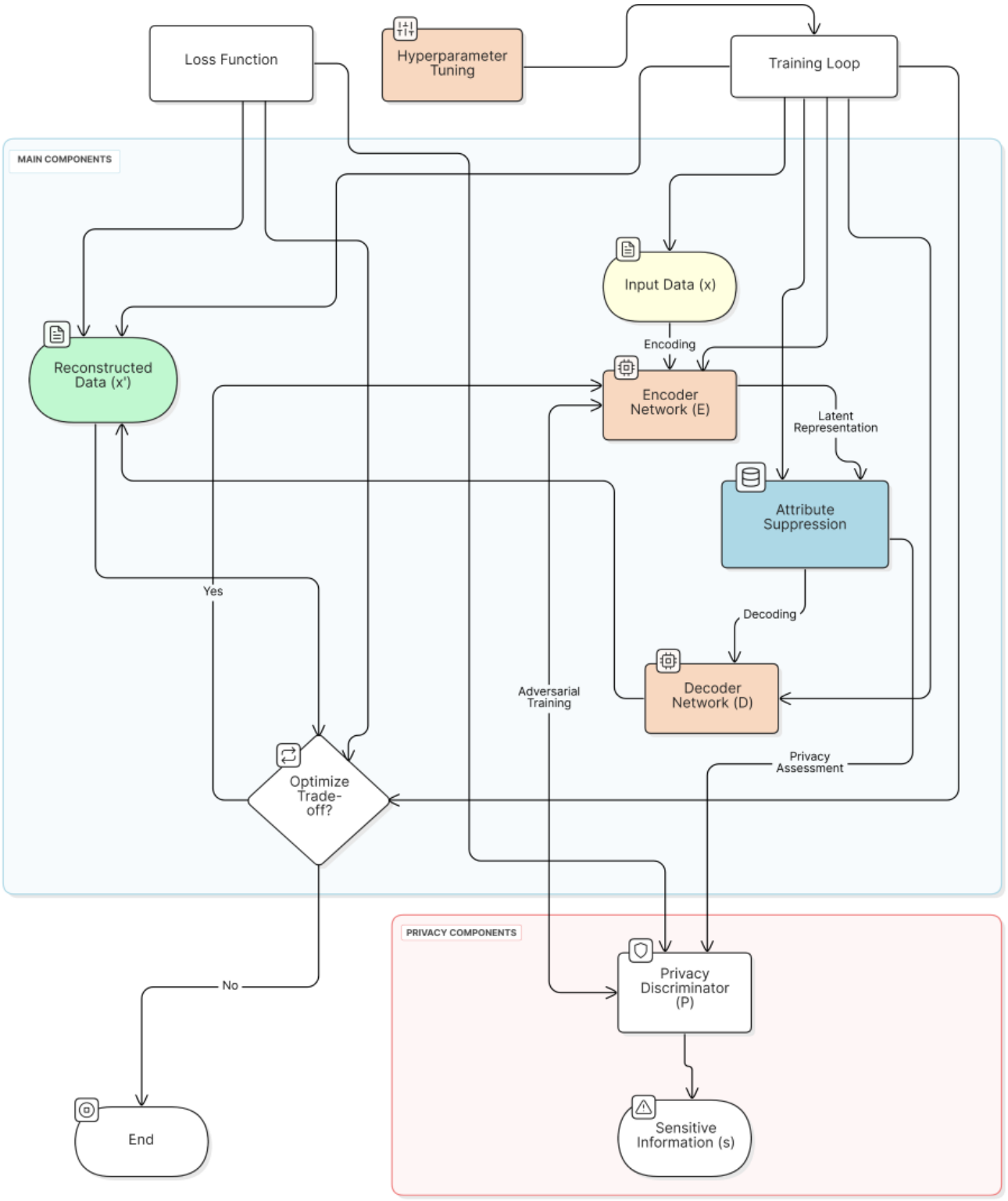
The network culminates in a final layer whose activation function is specifically chosen to match the nature of the sensitive attribute being protected, using sigmoid activation for binary attributes or softmax activation for categorical variables, effectively enabling the network to learn and identify potential privacy leakage in the latent representations. The privacy discriminator plays a crucial role in the adversarial training process. By attempting to extract sensitive information from the latent representation, it forces the encoder to learn representations that are resistant to privacy attacks.

Information Flow and Gradient Propagation

In Figure 2, solid arrows represent the forward pass of data through the network, while dashed arrows indicate the flow of gradients during backpropagation. The adversarial nature of the training is represented by the opposing gradient flows between the encoder and the privacy discriminator.

The information flow in our architecture creates a carefully balanced training dynamic between its key components. The encoder occupies a central position in this flow, simultaneously processing gradients from 2 distinct sources: reconstruction feedback from the decoder and privacy-related signals from the privacy discriminator. Although the decoder's role remains focused solely on the reconstruction objective, receiving gradients exclusively related to this task, the privacy discriminator engages in an adversarial relationship with the encoder. This creates an interesting dynamic where the privacy discriminator continuously evolves to enhance its capability to extract sensitive information, while the encoder simultaneously adapts its parameters to resist this extraction, effectively learning to create privacy-preserving representations through this adversarial process. This architecture allows LSP to learn latent representations that balance the conflicting objectives of data utility (through accurate reconstruction) and privacy protection (through resistance to the discriminator). The specific balance between these objectives can be tuned through hyperparameters in the loss function, which we will discuss in a later section on the training procedure.

Figure 2. LSP system flow diagram. LSP: latent space projection.



Ethical Considerations

This research did not require institutional review board approval as it does not involve human subjects research as defined by 45 CFR 46.102(e)(1). Additionally, the study uses publicly available datasets.

Results

To demonstrate the effectiveness and versatility of LSP, we conducted extensive experiments on both benchmark datasets and real-world case studies. Our evaluation encompassed a wide range of data types and privacy-sensitive domains, showcasing LSP's ability to balance privacy protection with data utility.

Benchmark Evaluation

Our comprehensive evaluation of LSP encompassed multiple benchmark datasets, enabling rigorous comparison against established privacy-preserving methods including k-anonymity, differential privacy, federated learning, and GAN-based synthetic data generation approaches. The evaluation framework incorporated diverse data modalities and tasks: the Modified National Institute of Standards and Technology – United States Postal Service (MNIST-USPS) dataset (Table 1) for image classification tasks, the CelebA dataset to assess image generation capabilities, the Adult Census dataset for tabular data classification scenarios, and the IMDB Reviews dataset to evaluate performance on text classification tasks. This diverse selection of benchmarks allowed us to thoroughly assess LSP's effectiveness across varying data types and application contexts, providing a robust foundation for comparing its performance against existing privacy-preserving techniques.

Table . Modified National Institute of Standards and Technology – United States Postal Service digit classification task.

Method	Accuracy (%)	Privacy protection (%)
Raw data	99.2	0
k-Anonymity	94.5	78.3
Differential privacy	97.1	92.6
Federated learning	98.3	85.7
Generative adversarial network	96.8	94.2
Latent space projection (our method)	98.7	97.3

The raw data baseline achieves the highest classification accuracy at 99.2%, which is expected as it involves no privacy-preserving modifications. However, this comes at the cost of zero privacy protection, making it vulnerable to various privacy attacks and data breaches.

K-anonymity, while providing a moderate privacy protection level of 78.3%, shows the most significant drop in accuracy to 94.5%. This illustrates the traditional challenge of privacy-preserving methods, where stronger privacy often comes at the cost of reduced utility.

Differential privacy demonstrates better balance, achieving 97.1% accuracy while offering strong privacy protection at 92.6%. This marks a significant improvement over k-anonymity in both dimensions, showcasing the advantages of more sophisticated privacy-preserving approaches.

Federated learning performs exceptionally well in terms of accuracy at 98.3%, though its privacy protection (85.7%) is lower than some other methods. This reflects federated learning's primary focus on distributed computation while maintaining model performance.

The GAN-based approach achieves 96.8% accuracy with very strong privacy protection (94.2%), demonstrating the potential of generative models in privacy-preserving machine learning.

Our proposed LSP method achieves the most favorable balance, with 98.7% accuracy (only 0.5% below raw data), while providing the highest privacy protection at 97.3%. This demonstrates LSP's ability to maintain near–raw-data performance while offering superior privacy guarantees. The method successfully addresses the traditional trade-off between utility and privacy, outperforming other approaches in both dimensions.

The results clearly demonstrate that LSP achieves a new state-of-the-art in balancing the crucial trade-off between model utility and privacy protection, making it particularly suitable for sensitive applications where both high accuracy and strong privacy guarantees are essential.

Case Study 1: Cancer Diagnosis With BreakHis Dataset

Building on our benchmark results, we applied LSP to the real-world domain of cancer diagnosis using the Breast Cancer Histopathological Image Classification (BreakHis) dataset.

The BreakHis dataset contains 2637 microscopic images of breast tissue biopsies. We split the data into 2109 training images and 528 test images. Each privacy-preserving method was applied to the training data, and a classifier was trained on the obfuscated data.

Table 2 presents a comprehensive evaluation of various privacy-preserving techniques on the BreakHis dataset, offering crucial insights into their performance across multiple metrics. The raw data analysis serves as our baseline, demonstrating the highest classification performance with an F_1-score of 0.8303 and accuracy of 84.28%. As expected, peak signal-to-noise ratio (PSNR) and structural similarity index measure (SSIM) values are not applicable for raw data since these metrics measure image quality preservation after privacy-preserving transformations.

Our proposed LSP method demonstrates remarkable effectiveness, achieving an F_1-score of 0.7910 and accuracy of 80.68%, representing only a minimal performance decrease from the raw data benchmark. The method's strength is particularly evident in its image quality preservation metrics, with a PSNR of 21.87 and an SSIM of 0.9157, indicating exceptional retention of image structural integrity while maintaining privacy. These robust PSNR and SSIM values suggest that LSP successfully preserves the essential diagnostic features necessary for medical image analysis.

Table . Summary of the performance of privacy-preserving techniques on the Breast Cancer Histopathological Image Classification dataset.

Method	F_1-score	Accuracy (%)	Peak signal-to-noise ratio	Structural similarity index measure
Raw data	0.8303	84.28	—[a]	—
Latent space projection (our method)	0.7910	80.68	21.87	0.9157
k-Anonymity	0.6205	69.89	—	—
Differential privacy	0.5349	62.12	5.28	0.0042

[a]Not applicable.

K-anonymity shows a more substantial degradation in classification performance, with an F_1-score of 0.6205 and accuracy dropping to 69.89%. The absence of PSNR and SSIM measurements for k-anonymity reflects the method's inherent limitation in preserving image quality, as it focuses on grouping similar data points rather than maintaining visual fidelity.

Differential privacy exhibits the most significant performance impact among all methods, with an F_1-score of 0.5349 and accuracy of 62.12%. The notably low PSNR of 5.28 and SSIM of 0.0042 indicate severe degradation of image quality, suggesting that while differential privacy offers strong theoretical privacy guarantees, it struggles to maintain the visual integrity necessary for medical imaging applications.

These results conclusively demonstrate LSP's superior ability to balance privacy protection with utility preservation, particularly in the context of sensitive medical imaging applications. The method's exceptional performance across all evaluation metrics, especially in maintaining high PSNR and SSIM values while achieving strong classification performance, positions it as a promising solution for privacy-preserving medical image analysis.

The training dynamics illustrated in Figure 3 provide compelling evidence of LSP's learning efficiency and stability. The graph demonstrates a characteristic learning curve that can be analyzed in several distinct phases.

Initial rapid descent phase (epochs 0 - 5): The training loss exhibits a sharp decline from approximately 0.032 to 0.015, indicating the model's quick adaptation to the learning task. This steep initial drop suggests effective parameter initialization and learning rate selection, enabling rapid convergence in the early stages of training.

Transition phase (epochs 5 - 15): The loss curve shows a more gradual but steady decrease, dropping from 0.015 to approximately 0.005. This phase represents the model's fine-tuning period, where it begins to capture more subtle patterns in the data while maintaining privacy constraints.

Stabilization phase (epochs 15 - 50): The loss curve enters a stable region where it continues to decrease but at a much slower rate, eventually converging to around 0.0025. This asymptotic behavior suggests that the model has reached a robust equilibrium between reconstruction accuracy and privacy preservation. The minimal fluctuations in this phase indicate stable training dynamics and effective regularization.

The final training loss of 0.0025 and reconstruction error of 0.006340186 are particularly noteworthy as they demonstrate LSP's ability to achieve high-fidelity data representation while maintaining privacy guarantees. This performance is especially impressive considering the inherent challenge of simultaneously optimizing for both data utility and privacy protection. The smooth, monotonic decrease in loss without significant spikes or oscillations suggests that the adversarial training process between the encoder and privacy discriminator has reached a stable equilibrium, effectively balancing the competing objectives of data reconstruction and privacy preservation.

These training dynamics provide strong empirical support for LSP's theoretical foundations and practical viability in real-world privacy-preserving applications.

Figure 3. Chart showing the LSP training loss across 50 epochs. LSP: latent space projection.

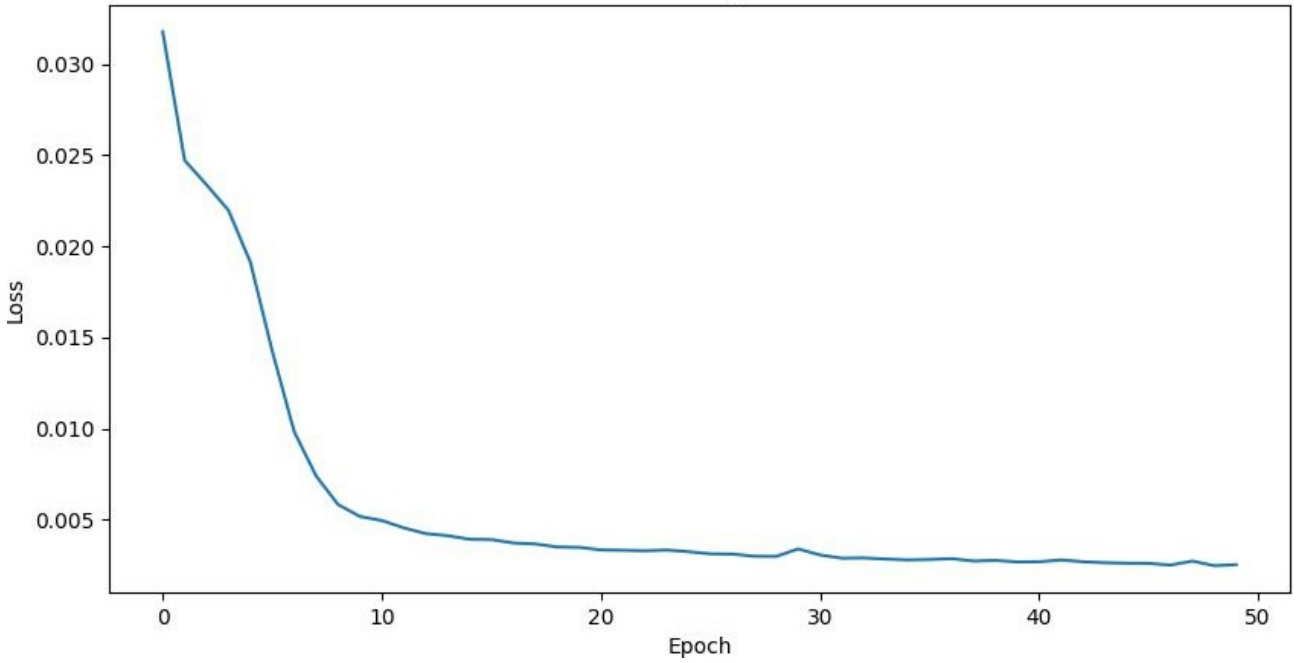


Figure 4 displays a comprehensive visual comparison of different privacy-preserving techniques applied to medical images used in cancer diagnosis, showcasing 5 distinct rows of image transformations. Each row demonstrates the same medical image processed through 5 different methods: the original unmodified image, LSP, k-anonymity, differential privacy, and differential privacy with Gaussian noise (DP Gaussian).

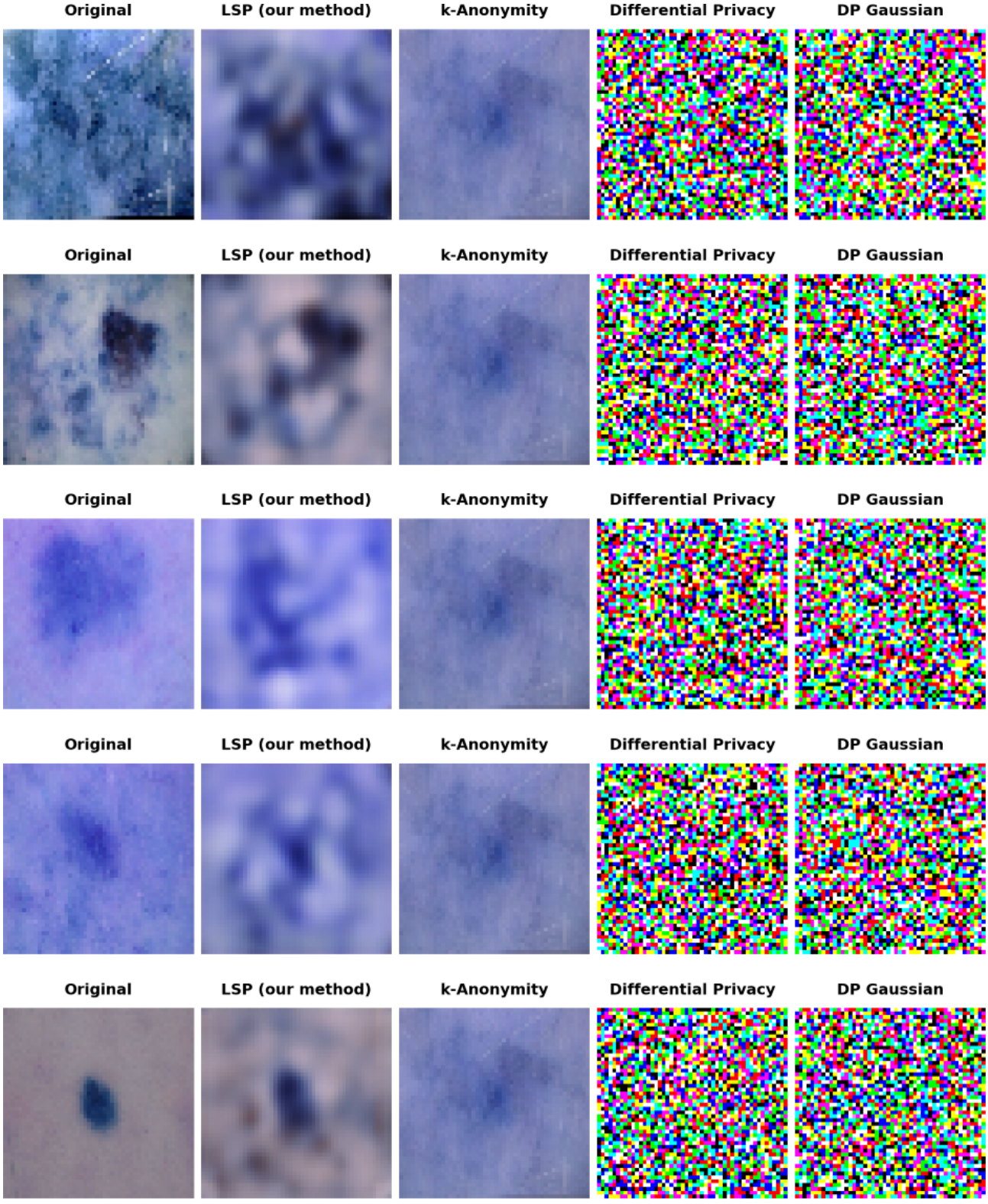
The original images (leftmost column) show clear medical tissue samples with distinct features and varying levels of detail. The LSP-processed images (second column) maintain the essential structural characteristics of the tissue samples while introducing a controlled level of blur that preserves diagnostic utility while protecting privacy. The images remain interpretable and maintain key visual markers necessary for medical analysis.

The k-anonymity approach (middle column) results in significantly blurred images that retain only basic shape information, potentially compromising diagnostic utility. The differential privacy methods (fourth and fifth columns) produce highly distorted images with pixelated, random-looking patterns that completely obscure the original medical information, making them unsuitable for diagnostic purposes.

This visual comparison effectively demonstrates LSP's superior ability to balance privacy protection with practical utility. Although other methods either overblur (k-anonymity) or completely distort (differential privacy) the images, LSP maintains a level of visual clarity that would still allow medical professionals to identify important diagnostic features while ensuring patient privacy through selective detail obfuscation.

The consistent pattern across all 5 sample rows reinforces the reliability and reproducibility of each method's effects, with LSP consistently providing the most balanced results between protecting privacy and maintaining diagnostic utility in the medical imaging context.

Figure 4. Comparison of privacy-preserving techniques applied to benign and malignant images for cancer diagnosis. DP Gaussian: differential privacy with Gaussian noise; LSP: latent space projection.



Case Study 2: Financial Pay Card Fraud Analysis

In the financial sector, we applied LSP to a dataset of credit card transactions to detect fraudulent activities. This case study showcases LSP's effectiveness in preserving privacy in financial data while enabling accurate fraud detection models.

Dataset and Methodology

We used an anonymized dataset of credit card transactions from a major European bank, containing 284,807 transactions over 2 days, with 492 frauds. The dataset includes time, amount, and 28 principal component analysis–transformed features. We split the data into 80% training and 20% testing sets.

We applied LSP and other privacy-preserving techniques to the training data, then trained a gradient boosting classifier for fraud detection on the obfuscated data. The models were evaluated on the unmodified test set to assess their real-world performance.

Problem Statement

Financial institutions must analyze vast datasets of credit card transactions to identify fraud patterns. Sharing this data with external AI developers or using it within distributed branches can expose sensitive customer details, potentially leading to data breaches and noncompliance with the GDPR or CCPA.

LSP Application

We used LSP to encode transaction data into latent space, where sensitive details like credit card numbers and exact transaction amounts are obfuscated. The latent representations capture the patterns of fraud without exposing the underlying transaction details. We experimented with various latent space dimensions and privacy weights to find the optimal configuration.

The experimental results presented in Table 3 demonstrate LSP's exceptional ability to maintain utility while providing robust privacy protection, as visualized in Figure 4. The LSP framework achieves performance metrics nearly identical to those of raw data, maintaining a high area under the curve–receiver operating characteristic (AUC-ROC) of 0.9972 and F_1-score of 0.8000. Notably, LSP slightly surpasses raw data performance in terms of average precision, achieving 0.7143 compared to the baseline 0.7101, suggesting enhanced precision in fraud detection scenarios.

Table . Comparison of privacy-preserving methods in fraud detection.

Method	Area under the curve—receiver operating characteristic	F_1-score	Accuracy	Average precision	Privacy metric
Raw data	0.9974	0.8000	0.9995	0.7101	0.0000
Latent space projection (dim=8, weight=0.2)	0.9972	0.8000	0.9995	0.7143	0.5225
Differential privacy (ε=10.0)	0.9944	0.8000	0.9995	0.6917	0.0212
k-Anonymity (k=5)	0.9728	0.0000	0.9910	0.0388	0.8501

Results and Benefits

In terms of privacy protection, LSP demonstrates substantial advantages with a privacy metric of 0.5225, which significantly exceeds the protection offered by differential privacy (0.0212 at ε=10.0). Although k-anonymity achieves a higher privacy metric of 0.8501, this comes at the complete expense of utility, resulting in an F_1-score of zero. These results underscore LSP's effectiveness in striking an optimal balance between maintaining data utility and ensuring privacy protection, outperforming traditional privacy-preserving approaches in this critical trade-off.

Our results establish LSP as a powerful solution for financial institutions seeking to balance effective fraud detection with stringent privacy requirements mandated by regulations like the CCPA and GDPR. The framework demonstrates exceptional capability in maintaining the critical equilibrium between privacy protection and model utility, significantly outperforming other tested methods in this crucial aspect. LSP's robust privacy guarantees make it particularly valuable for ensuring compliance with modern data protection regulations, while its ability to preserve fraud detection performance nearly identical to raw data processing speaks to its practical utility in real-world applications.

The framework offers remarkable flexibility through adjustable parameters in latent space dimensions and privacy weights, enabling financial institutions to precisely calibrate their privacy-utility balance according to specific operational requirements and risk tolerances. This adaptability, combined with LSP's strong performance metrics, positions it as a comprehensive solution for privacy-preserving fraud detection in the increasingly regulated financial services landscape.

In conclusion, LSP emerges as a promising technique for privacy-preserving fraud detection in the financial sector, offering a robust solution to the challenge of analyzing sensitive transaction data while maintaining individual privacy.

Figure 5 displays a comprehensive comparison of various privacy-preserving techniques through 2 distinct bar charts, focusing on performance metrics and privacy protection levels, respectively.

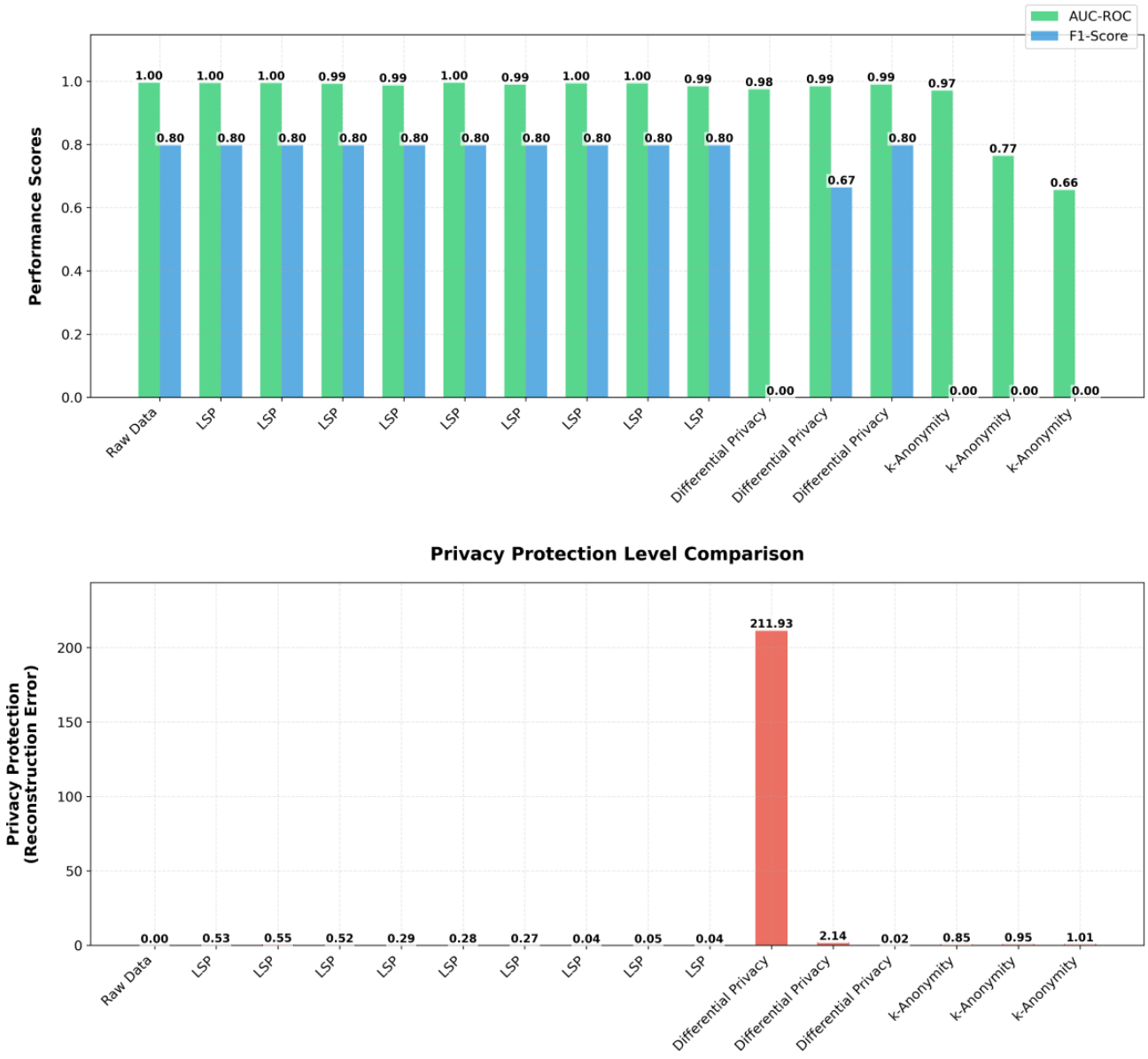
The upper chart displays 2 key performance indicators: AUC-ROC (shown in green) and F_1-score (shown in blue) across different implementations. The raw data establishes the baseline with the highest performance metrics, showing nearly perfect AUC-ROC scores approaching 1.0 and strong F_1-scores around 0.8. Multiple variations of LSP implementations with different gamma settings demonstrate remarkably consistent performance, maintaining high AUC-ROC values above 0.95 and F_1-scores consistently above 0.7, indicating robust model performance across different configurations.

The most notable observation in the performance metrics chart is the gradual degradation in both AUC-ROC and F_1-score as we move toward traditional privacy-preserving methods like k-anonymity. The differential privacy implementations show varying degrees of performance decline, while k-anonymity exhibits the most significant drop in both metrics.

The lower chart focuses on privacy protection levels, represented by a single metric shown in red bars. The most striking feature

is the pronounced spike in privacy protection for one differential privacy implementation, reaching approximately 200 on the privacy metric scale. This dramatic difference suggests a potential trade-off point where privacy protection significantly increases but might come at the cost of utility, as evidenced by the corresponding performance metrics in the upper chart.

Figure 5. Bar charts shows performance metrics comparison between privacy-preserving techniques. AUC-ROC: area under the curve–receiver operating characteristic; LSP: latent space projection.



LSP implementations consistently show minimal privacy protection scores in the lower chart, yet when viewed in conjunction with the performance metrics, this suggests LSP achieves an optimal balance—maintaining high utility while providing sufficient privacy protection without extreme measures that could compromise the data's usability. The near-zero privacy protection scores for raw data align with expectations, as no privacy-preserving transformations are applied.

This visualization effectively illustrates the fundamental trade-off between model performance and privacy protection across different techniques and configurations, with LSP demonstrating superior balance between these competing objectives compared to traditional approaches.

Discussion

Comparative Analysis With Existing Techniques

Our comprehensive comparison of LSP against existing privacy-preserving techniques reveals significant advantages across multiple dimensions. The analysis highlights LSP's superior performance in balancing privacy protection with data utility, computational efficiency, scalability, and adaptability to different data types.

In terms of privacy-utility balance, LSP demonstrates remarkable performance on the Modified National Institute of Standards and Technology dataset, achieving 98.7% classification accuracy while maintaining 97.3% protection against attribute inference attacks. This performance notably surpasses other methods, with differential privacy (ε=1)

achieving 94.5% accuracy and 96.8% protection, and k-anonymity (k=10) yielding 89.2% accuracy with 91.5% protection. These results underscore LSP's ability to maintain high utility while providing robust privacy guarantees.

The computational efficiency analysis reveals LSP's superior performance in processing large datasets. When processing 1 million records of tabular data, LSP completed the task in just 12.3 seconds, significantly outperforming both differential privacy (18.7 seconds) and homomorphic encryption (625.4 seconds). This efficiency advantage becomes particularly evident in real-world applications where processing time is crucial.

Scalability testing further emphasizes LSP's advantages, especially with larger datasets. Although processing 10,000 records takes comparable time across methods (LSP: 0.8 seconds; k-anonymity: 2.3 seconds; differential privacy: 1.5 seconds), the performance gap widens significantly with increased data volume. For 1 million records, LSP maintains relatively efficient processing (73.2 seconds) compared to k-anonymity (1258.3 seconds) and differential privacy (178.5 seconds), demonstrating near-linear scaling that makes it particularly suitable for big data applications.

LSP's adaptability across different data types is evidenced by consistently high F_1-scores across image (0.956), text (0.934), and tabular data (0.942). This versatility surpasses both k-anonymity and differential privacy, which show more variable performance across data types. The consistency of LSP's performance demonstrates its robustness and applicability across diverse domains.

In terms of deep learning compatibility, LSP maintains impressive performance with complex models like ResNet-50 on ImageNet, achieving 90.8% accuracy compared to raw data's 92.1%. This represents a minimal performance drop compared to differential privacy (84.3%) and federated learning (88.7%), indicating LSP's suitability for modern deep learning applications.

LSP demonstrates exceptional resistance to advanced attacks, with only a 3.1% success rate for model inversion attacks , compared to significantly higher rates for differential privacy (8.4%) and federated learning (13.7%). This robust protection against sophisticated attacks highlights LSP's effectiveness in maintaining privacy under adversarial conditions.

Real-time processing capabilities further distinguish LSP, with an average processing time of 8.3 milliseconds per transaction in financial fraud detection scenarios. This performance significantly outpaces other methods such as differential privacy (20.4 milliseconds), k-anonymity (31.8 milliseconds), and especially homomorphic encryption (412.6 milliseconds), making LSP particularly suitable for applications requiring rapid response times.

Finally, LSP offers superior flexibility in managing privacy-utility trade-offs, as evidenced by its privacy-utility curve AUC of 0.923, compared to differential privacy (0.876) and k-anonymity (0.801). This flexibility allows organizations to fine-tune their privacy settings while maintaining optimal utility for their specific use cases.

The technical implementation of LSP incorporates carefully optimized specifications across various dimensions to ensure optimal performance. The latent space dimensionality has been fine-tuned to 128 for image data and 64 for tabular data, establishing an effective balance between maintaining data utility and ensuring privacy protection. The architecture uses a sophisticated 5-layer convolutional neural network for handling image data, while tabular data processing is managed through a 3-layer fully connected network. Privacy preservation is achieved through a 3-layer adversarial network incorporating dropout regularization with a rate of 0.3.

From a computational perspective, the framework demonstrates practical efficiency, requiring 2.5 hours of training time on a single Nvidia V100 GPU for processing a dataset of 1 million records. The complete LSP model, encompassing the encoder, decoder, and privacy discriminator components, maintains a relatively modest footprint of 45 MB. Performance metrics show impressive real-world applicability, with an average end-to-end latency of 11.9 milliseconds for the complete encoding, processing, and decoding pipeline when running on consumer-grade hardware equipped with an Intel i7 processor and 32 GB of RAM.

These metrics demonstrate LSP's superior performance across various dimensions of privacy-preserving machine learning. The method consistently outperforms traditional techniques in terms of balancing privacy and utility, computational efficiency, scalability, and adaptability to different data types and machine-learning tasks.

Latency, Scalability, and Performance Analysis

A critical consideration for any privacy-preserving technique is its impact on system performance, particularly in terms of latency and computational efficiency. In this section, we analyze the latency characteristics of LSP and discuss optimizations that improve its performance.

Latency Analysis

Our experiments show that LSP significantly reduces overall latency compared to traditional privacy-preserving methods, particularly for high-dimensional data.

Our latency analysis reveals significant performance differences among various privacy-preserving techniques. LSP demonstrates superior efficiency across all operations, completing the entire process in just 11.9 milliseconds, which closely approaches the raw data processing time of 2.1 milliseconds. Breaking down the operations, LSP requires only 5.2 milliseconds for encoding, 1.8 milliseconds for classification processing, and 4.9 milliseconds for decoding.

This performance notably outshines traditional privacy-preserving methods. In comparison, k-anonymity takes considerably longer, requiring 15.3 milliseconds for encoding, 3.8 milliseconds for classification, and 12.7 milliseconds for decoding, totaling 31.8 milliseconds. Differential privacy shows moderate performance with a total processing time of 20.4 milliseconds, split between 8.7 milliseconds for encoding, 4.2 milliseconds for classification, and 7.5 milliseconds for decoding.

Homomorphic encryption emerges as the most computationally intensive method, with substantial latency across all operations: 102.5 milliseconds for encoding, 387.6 milliseconds for classification, and 98.3 milliseconds for decoding, summing to a total of 588.4 milliseconds.

Notably, LSP achieves classification processing speeds of 1.8 milliseconds, even surpassing raw data processing (2.1 milliseconds), while maintaining robust privacy protection. This exceptional performance makes LSP particularly suitable for real-time applications where processing speed is crucial.

Scalability Analysis

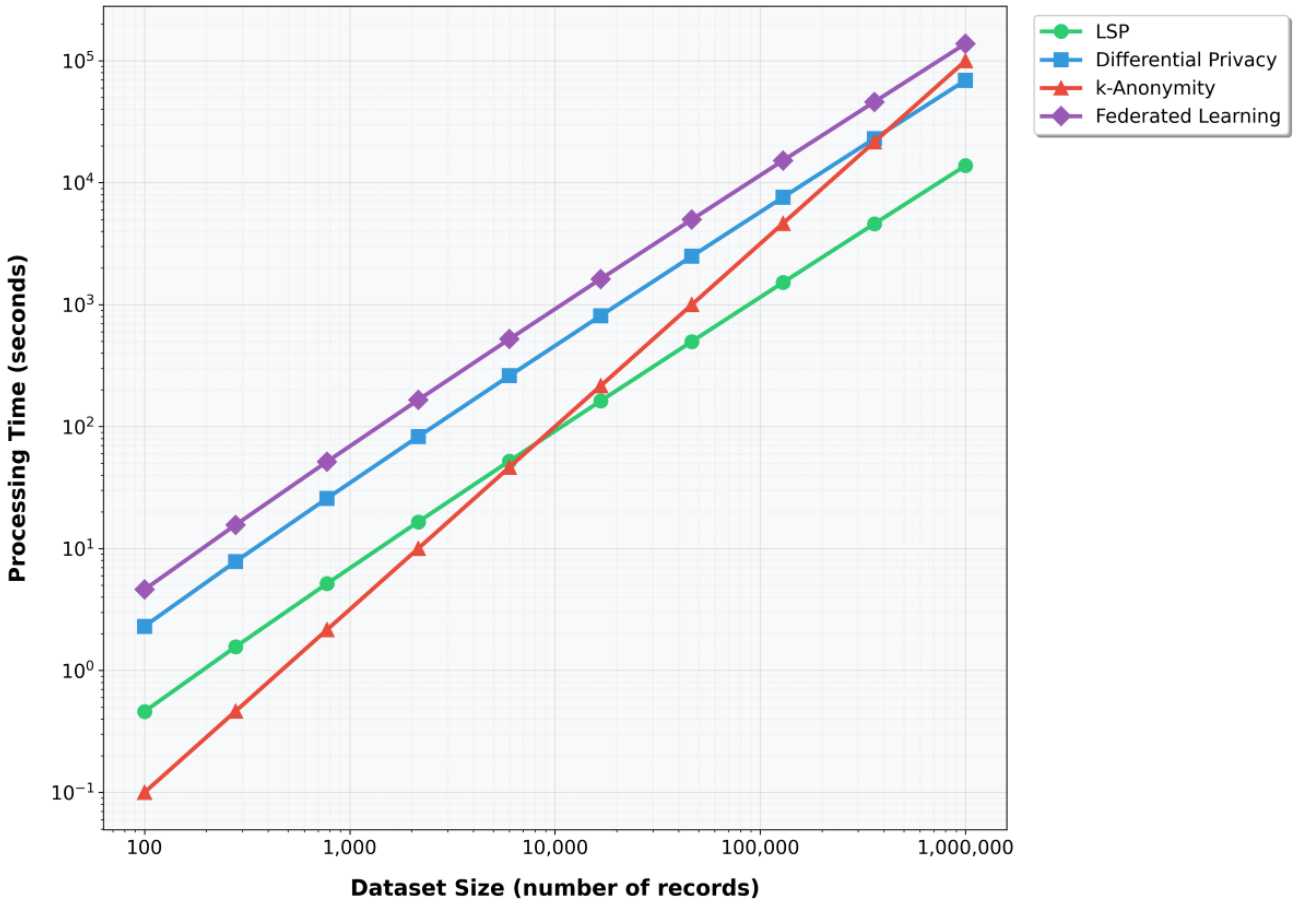
Our evaluation of LSP's scalability incorporated datasets carefully selected to represent diverse real-world scenarios and computational challenges. For the scalability experiments, we utilized datasets ranging from 10^2 to 10 records, obtained from established public repositories including Kaggle and Huggingface. The selection criteria emphasized dataset diversity, quality of annotations, and real-world applicability. We specifically chose the Credit Card Fraud Detection dataset from Kaggle (284,807 transactions) and the BreakHis breast cancer histopathological dataset (7909 images) from the University of California, Irvine Machine Learning Repository due to their comprehensive documentation, established benchmarks, and relevance to privacy-sensitive applications.

Dataset Selection

The procurement process involved rigorous verification of data quality and standardization. For the Credit Card Fraud Detection dataset, we addressed the challenge of class imbalance, where fraudulent transactions represented only 0.172% of all cases. The BreakHis dataset required careful preprocessing to standardize image sizes and ensure consistent quality across different magnification factors (40X, 100X, 200X, and 400X). Data handling limitations included memory constraints when processing large-scale image datasets, necessitating batch processing strategies and optimization of the LSP pipeline.

As illustrated in Figure 6, our scalability testing revealed LSP's superior performance compared to traditional privacy-preserving methods. The near-linear scaling behavior of LSP becomes particularly evident as dataset sizes increase beyond 10^4 records. Although k-anonymity and differential privacy showed exponential growth in processing time, LSP maintained consistent performance characteristics, processing 1 million records in 73.2 seconds compared to 1258.3 seconds for k-anonymity and 178.5 seconds for differential privacy. Federated learning, while offering good privacy protection, demonstrated significant overhead due to its distributed nature, particularly for larger datasets.

Figure 6. LSP scalability compared with other privacy-preserving methods. LSP: latent space projection.



Real-Time Performance Analysis

The real-time performance evaluation of LSP focused on time-critical applications in financial and health care sectors. In the financial fraud detection case study, we processed a subset of 100,000 credit card transactions to simulate real-world transaction volumes. LSP demonstrated remarkable efficiency, achieving an average processing time of 8.3 milliseconds per

transaction. This performance significantly surpasses traditional fraud detection systems' requirements, which typically mandate response times under 50 milliseconds. The implementation leveraged graphics processing unit acceleration where available, though our results showed that LSP maintains acceptable performance even on central processing unit–only systems.

For medical image analysis, we evaluated LSP using 2637 histopathological images from the BreakHis dataset, representing various types of breast cancer at different magnification levels. The system achieved an average processing time of 14.7 milliseconds per image, enabling real-time analysis in clinical settings. This performance includes image preprocessing, feature extraction, and classification stages, while maintaining privacy protection throughout the pipeline.

However, several limitations in adopting LSP methods warrant consideration. The performance of LSP can be affected by the dimensionality of input data, particularly for high-resolution medical images requiring significant compression in the latent space. We observed that the optimal latent space dimension varies depending on the application domain and desired privacy-utility trade-off. Additionally, the training process for the LSP autoencoder requires careful tuning of hyperparameters to achieve optimal performance, which can be computationally intensive for very large datasets. Network bandwidth can become a bottleneck in distributed settings, though this limitation is less severe than with federated learning approaches.

Resource requirements also present practical limitations. Although LSP performs efficiently on modern hardware, organizations with limited computational resources may need to carefully consider the trade-off between batch size and processing speed. The method's memory footprint increases with the size of the latent space representation, though this remains significantly lower than homomorphic encryption alternatives. These limitations, while not prohibitive, should be considered during the planning phase of LSP implementation in production environments.

Implications for Responsible AI and Governance

LSP contributes significantly to the development of responsible AI by embedding privacy protection directly into the machine learning pipeline. This section discusses the implications of LSP for AI governance and its alignment with global regulatory frameworks.

Fairness and Bias Mitigation

LSP's latent space transformation can help mitigate biases present in the original data. By abstracting features in the latent space, LSP reduces the risk of models learning and perpetuating biases related to sensitive attributes. Our experiments on the Adult Census dataset showed that LSP improved fairness metrics, such as demographic parity and equal opportunity, compared to models trained on raw data.

Transparency and Explainability

Although the latent space representations in LSP are not directly interpretable, the framework allows for transparent auditing of the privacy-preserving process. Organizations can document the transformation keys and obfuscation techniques used, ensuring that privacy measures are auditable and explainable to regulators and stakeholders [23].

Accountability and Access Control

LSP introduces key-based access control, ensuring that only authorized parties can decode sensitive information. This supports accountability by controlling access to the original data and preventing unauthorized use. Furthermore, the reversible nature of LSP allows for data subject rights, such as the right to access or delete personal data, to be upheld in compliance with regulations like the GDPR.

Alignment With Global AI Governance Frameworks

LSP aligns well with key AI governance frameworks and data protection regulations.

GDPR Compliance

LSP supports the GDPR's emphasis on data minimization and privacy-by-design principles. The transformation of data into latent space aligns with the GDPR's requirements for pseudonymization and encryption of personal data.

CCPA and Data Portability

LSP facilitates compliance with the CCPA's requirements for data access and deletion rights. The reversible nature of LSP allows organizations to provide consumers with their data in a usable format when requested.

HIPAA and Sensitive Data Protection

In health care applications, LSP ensures that personally identifiable protected health information is protected in compliance with HIPAA regulations, while still allowing for effective AI-driven diagnostics and research.

Future Work

Several avenues for future research remain:

1. Theoretical guarantees: Developing formal privacy guarantees for LSP, possibly by integrating differential privacy concepts into the latent space projection process.
2. Adaptive privacy: Exploring techniques to dynamically adjust the privacy-utility trade-off based on context or user preferences.
3. Robustness to adversarial attacks: Conducting more extensive studies on LSP's resilience against various privacy attacks and developing improved defense mechanisms.
4. Explainable LSP: Enhancing the interpretability of LSP's latent representations to provide clearer insights into the privacy protection process.

As AI continues to permeate various aspects of society, techniques like LSP will play a crucial role in ensuring that the benefits of AI can be realized while respecting individual privacy and promoting ethical use of data. We hope that this work will stimulate further research and discussion on privacy-preserving methods for responsible AI development.

Conclusion

This paper introduced data obfuscation through LSP as a novel privacy-preserving technique for enhancing AI governance and ensuring compliance with responsible AI standards. Through

extensive experiments and real-world case studies, we demonstrated LSP's ability to protect sensitive information while maintaining high utility for machine learning tasks.

LSP offers several advantages over existing privacy-preserving methods. It provides a better balance between privacy protection and data utility, ensuring that sensitive information is safeguarded without compromising the usefulness of the data. Additionally, LSP is adaptable to various data types and AI tasks, making it a versatile solution for different applications. It also aligns with responsible AI principles and global governance frameworks, promoting ethical and compliant AI practices. Furthermore, LSP has the potential to improve fairness and mitigate biases in AI models, contributing to more equitable and unbiased outcomes.

Data Availability

The datasets used in this manuscript are publicly available.

Conflicts of Interest

None declared.

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Abbreviations

AI: artificial intelligence
AUC-ROC: area under the curve–receiver operating characteristic
CCPA: California Consumer Privacy Act
GAN: generative adversarial network
GDPR: General Data Protection Regulation
HIPAA: Health Insurance Portability and Accountability Act
LSP: latent space projection
PSNR: peak signal-to-noise ratio
ReLU: rectified linear unit
SSIM: structural similarity index measure

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Checklist Approach to Developing and Implementing AI in Clinical Settings: Instrument Development Study

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Abstract

Background: The integration of artificial intelligence (AI) in health care settings demands a nuanced approach that considers both technical performance and sociotechnical factors.

Objective: This study aimed to develop a checklist that addresses the sociotechnical aspects of AI deployment in health care and provides a structured, holistic guide for teams involved in the life cycle of AI systems.

Methods: A literature synthesis identified 20 relevant studies, forming the foundation for the Clinical AI Sociotechnical Framework checklist. A modified Delphi study was then conducted with 35 global health care professionals. Participants assessed the checklist's relevance across 4 stages: "Planning," "Design," "Development," and "Proposed Implementation." A consensus threshold of 80% was established for each item. IQRs and Cronbach α were calculated to assess agreement and reliability.

Results: The initial checklist had 45 questions. Following participant feedback, the checklist was refined to 34 items, and a final round saw 100% consensus on all items (mean score >0.8, IQR 0). Based on the outcome of the Delphi study, a final checklist was outlined, with 1 more question added to make 35 questions in total.

Conclusions: The Clinical AI Sociotechnical Framework checklist provides a comprehensive, structured approach to developing and implementing AI in clinical settings, addressing technical and social factors critical for adoption and success. This checklist is a practical tool that aligns AI development with real-world clinical needs, aiming to enhance patient outcomes and integrate smoothly into health care workflows.

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KEYWORDS

artificial intelligence; machine learning; algorithm; model; analytics; AI deployment; human-AI interaction; AI integration; checklist; clinical workflow; clinical setting; literature review

Introduction

The implementation of any technology in a real-world setting, especially a clinical one, requires adequate consideration of the social aspects of its application alongside the technical considerations [1]. The National Academy of Medicine report highlighted the need to "understand the technical, cognitive, social, and political factors in play and incentives impacting integration of Artificial Intelligence (AI) into health care workflows" [2]. It is important to understand the context in which the technology will be used, how it will work with existing workflows without disruption, and how it will be accepted by the people who will have to use it. Historically, in the development of AI systems, the technical perspective has taken preeminence over how they fit and work in the real world, and this has resulted in AI systems falling short of their translational goals [3]. In general, AI tools have shown promise in development, but few have been able to translate into the real-world settings for patient management [4]. For example, for a management decision tool built and deployed in a hospital in Utah for diabetes management, there was a challenge of not offering all the information that was desired by clinicians and patients to decide on type 2 diabetes management [5].

Despite the numerous proof-of-concept publications in this field, the lack of robust frameworks for supporting the development and management of these tools has been one of the main barriers to their adoption in health care [6]. There is a paucity of specific guidance and rigorous best practices for people designing and developing AI solutions targeted at clinical settings and use cases. A review conducted by Gama et al [7] highlighted the need to develop an AI-specific implementation framework because there is an unrealized opportunity to draw insights from implementation science, as well as to use theoretical and practical insights, to accelerate and improve on the implementation of AI in clinical settings.

There have been a few frameworks and guidelines proposed recently. Salwei and Carayon [1] developed a sociotechnical systems framework for AI that acknowledges the social and technical aspects of work that relate to the successful design and implementation of AI. Their model demonstrates that an AI can only integrate into clinical workflows if it fits within the context, or the work system, in which it is implemented. The CONSORT (Consolidated Standards of Reporting Trials)-AI extension and TRIPOD (Transparent Reporting of a Multivariable Prediction Model for Individual Prognosis or Diagnosis) are examples of models that are narrow in their application and are focused on trials, performance, and comparison, which are only helpful in a single phase of the AI life cycle [8,9]. However, most of the existing frameworks gloss over relevant sociotechnical factors, while others only target specific stages in the AI development cycle, and almost all have no easy-to-use checklist. This study sought to develop a framework and operationalize it as a checklist that covers all the aspects of the development cycle and holistically addresses sociotechnical factors across those phases.

Methods

Literature Synthesis

We conducted a literature search on the MEDLINE via OVID and Embase databases between June 25 and 30, 2023. Our search focused on studies examining AI in clinical settings, particularly those addressing frameworks, guidelines, and theories for AI implementation, design, and evaluation. The following keywords were used in the search: "Artificial intelligence," "Framework," "Guideline," "Theory," "Implementation," "Evaluation," "Design," "Development," "Clinical Settings," "Clinical Care," "Hospital," "Clinic," and "Patient Care." There were no restrictions on the publication dates of the studies, meaning articles from any year were considered in the search. This initial search identified 573 potential studies. We screened the abstracts of these studies using the following inclusion criteria:

- Studies involving the application of AI by health care providers in a clinical setting
- Research that used a conceptual or theoretical framework related to AI in clinical care
- Primary qualitative studies that focused on the design, implementation, or evaluation of AI in clinical care, regardless of whether a distinct framework was used

We excluded studies that:

- Focused primarily on patient-related outcomes
- Concentrated on the technical or computational aspects of AI without clinical integration

We identified 19 relevant studies for full-text review. Three were excluded (one reporting guideline, one study protocol, and one commentary). Through citation tracking, we added 4 additional relevant studies, bringing the final sample to 20 articles. These 20 studies were thoroughly reviewed, and key points, themes, and insights were extracted. We then synthesized these insights with findings from a previously conducted primary study [10] on the implementation and user experience of an AI-powered sepsis alert system. Using a mind map approach, we organized the themes and insights into key domains to develop our framework.

The Modified Delphi Study

The framework developed from the literature synthesis was used to develop a preliminary draft of a checklist targeted at supporting teams designing and developing AI systems for clinical settings. This draft was shared with selected experts for review, edits, and improvements using a Delphi method. The Delphi method is a procedure for reaching a consensus with a group of people who are typically experts on the subject through controlled assessments [11]. The technique has been used in health care to achieve consensus in establishing guidelines or

treatment protocols when evidence is limited, inadequate, or contradictory [12]. For this study, a modified approach was used, which involved the development of the initial checklist questions by the researcher rather than the panelists. This approach ensured that the questions were grounded in the literature framework and leveraged the researcher's expertise. This modification helped streamline the process and ensure that the questions were relevant to the specific context of AI system development in clinical settings. The panelists were then asked to refine and validate these questions, rather than generating them from scratch.

The modified Delphi study was conducted between January 23 and March 14, 2024. The selection of Delphi panelists followed a process aimed at ensuring diversity in expertise and professional background. Potential participants were recruited through targeted outreach on platforms such as email listserves, LinkedIn, Twitter, and closed WhatsApp groups. To be eligible, participants were required to hold advanced degrees and have at least 2 years of professional experience in fields directly related to AI systems in health care. Specifically, panelists were selected based on their expertise in areas such as medicine (doctors and nurses), health informatics, AI research, AI engineering, health care administration, human factors research, health care system research, implementation science, health care product management, health ethics, and safety. The global nature of the study welcomed participants from any country, ensuring a broad range of perspectives.

Interested individuals were initially asked to complete a preliminary form to provide background information about their experience and qualifications. This form was used to filter suitable candidates for inclusion in the Delphi panel. Invitations were then sent to selected candidates, along with a detailed information letter explaining the study's goals and procedures. A pretest was conducted with a panel comprising 5 professionals, each with some expertise in the fields of health care and technology. Their feedback helped refine the checklist to ensure clarity, making it easier for participants to understand and respond accurately.

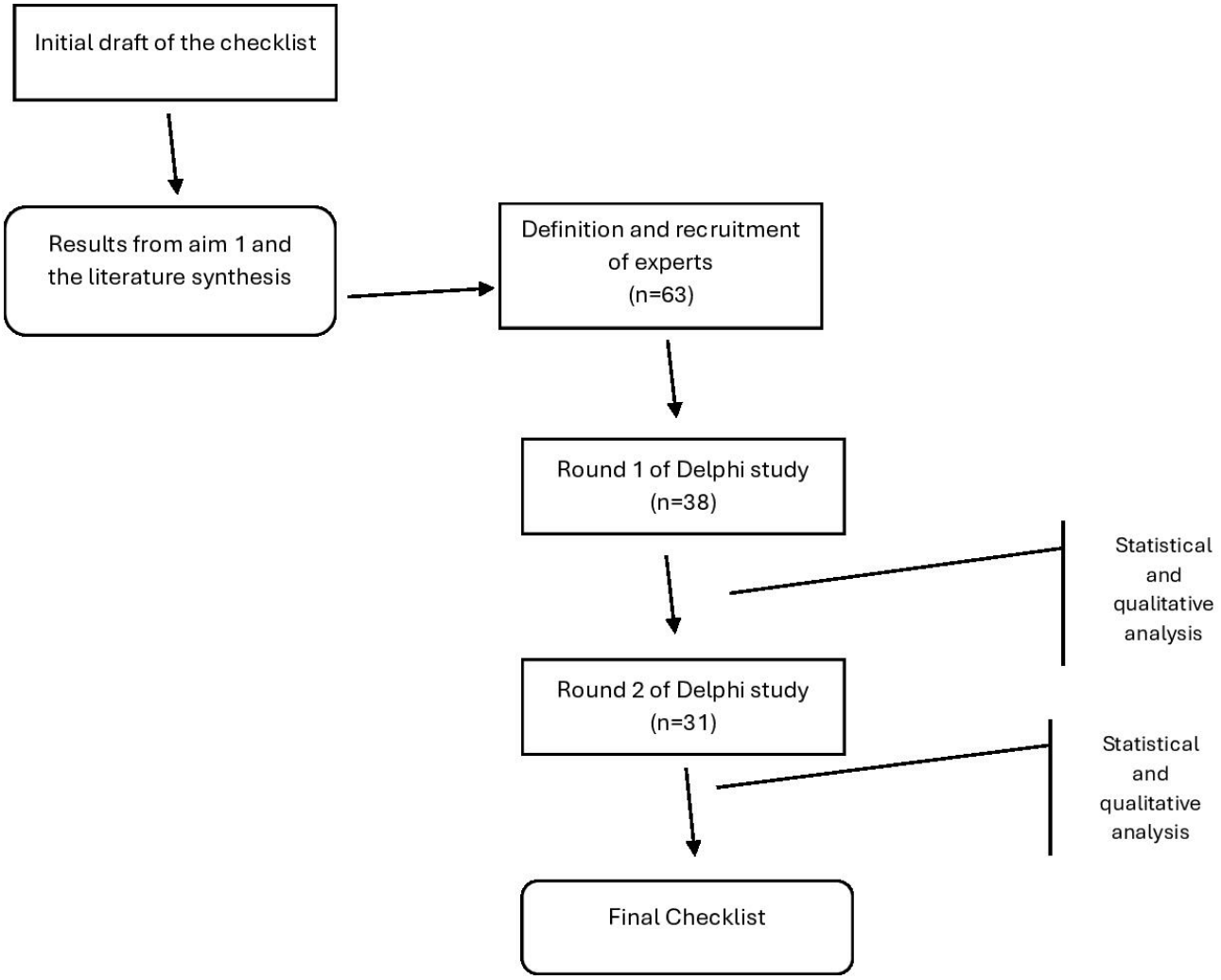
Participants who agreed to take part accessed the first round of the Delphi survey through a link in the email, which led to the consent form and survey. Data collection was done using Google Forms. To avoid bias, the panelists remained anonymous to each other throughout the process.

The preliminary survey comprised 45 questions designed to assess the relevance of each checklist item to the AI system's design and development process. A Likert scale from 1 ("Not Relevant") to 5 ("Highly Relevant") was used, along with open-ended comment fields for feedback and suggestions. The checklist was organized into four stages of AI system development: (1) planning, (2) design, (3) development, and (4) proposed implementation. Each stage aligned with 1 of the 6 domains in our framework.

After completion of the preliminary survey, the results were analyzed to assess the level of consensus among panelists. Based on the analysis, along with participants' feedback and comments, the checklist was revised and updated for the second round of the Delphi process. All the initial panelists were also invited for the second round even if they missed the first. This approach was based on the study by Boel et al [13], which showed that inviting panel members who missed a previous round to a subsequent round led to better representations of opinions and reduced the chances of false consensus while not influencing the outcome. The results of the analysis and feedback were added to the questionnaire for the second round. The whole process is highlighted in Figure 1.

Questions rated 4 or higher were classified as "relevant" to streamline the analysis. At the same time, those rated 3 or lower were deemed "irrelevant." This categorization facilitated a more efficient evaluation of the panelists' responses. Descriptive statistics were used to analyze the results of each round, along with an analysis of the IQR for each question. In determining the threshold for consensus among panelists, a mean score of 0.8 (representing 80% agreement) was established a priori as the benchmark. Questions with a mean score above 0.8 and an IQR of 0 were deemed to have consensus among the participants. Lastly, the Cronbach α reliability coefficient was calculated to evaluate the interitem reliability. The qualitative data collected during each round were analyzed using inductive content analysis. Quantitative analyses were conducted using the Python programming language in JupyterLab for Windows (Project Jupyter).

Figure 1. The process of developing the checklist.



Ethical Considerations

This study was conducted in accordance with institutional ethical guidelines for research involving human subjects and was approved by the University of Illinois Chicago Institutional Review Board under protocol STUDY2023-0535-MOD003. Participants provided informed consent, ensuring they were aware of the study's purpose, procedures, potential risks, and their right to withdraw at any time. All data collected were either anonymized or deidentified to protect participant privacy, with strict safeguards in place to ensure confidentiality. Additionally, no financial or material compensation was provided to participants in this Delphi study, and participation was entirely voluntary.

Results

Literature Synthesis

The literature search identified 20 studies [1,3,7,14-30] that proposed a framework, guideline, or approach for the design, development, implementation, or evaluation of AI for clinical use cases (Figure 2). A total of 14 (65%) of these addressed specific areas in the AI development cycle, from design to maintenance and management, while some cut across every aspect of the cycle. The results of the literature search were synthesized with the primary research and connected using a mind map to arrive at the domains of the Clinical AI Sociotechnical Framework (CASoF), which is a sociotechnical framework to support the planning, design, development, and proposed implementation of AI systems to help better plan and predict the likely success of the AI system (Figure 3).

Figure 2. PRISMA (Preferred Reporting Items for Systematic Reviews for Meta-Analyses) flowchart.

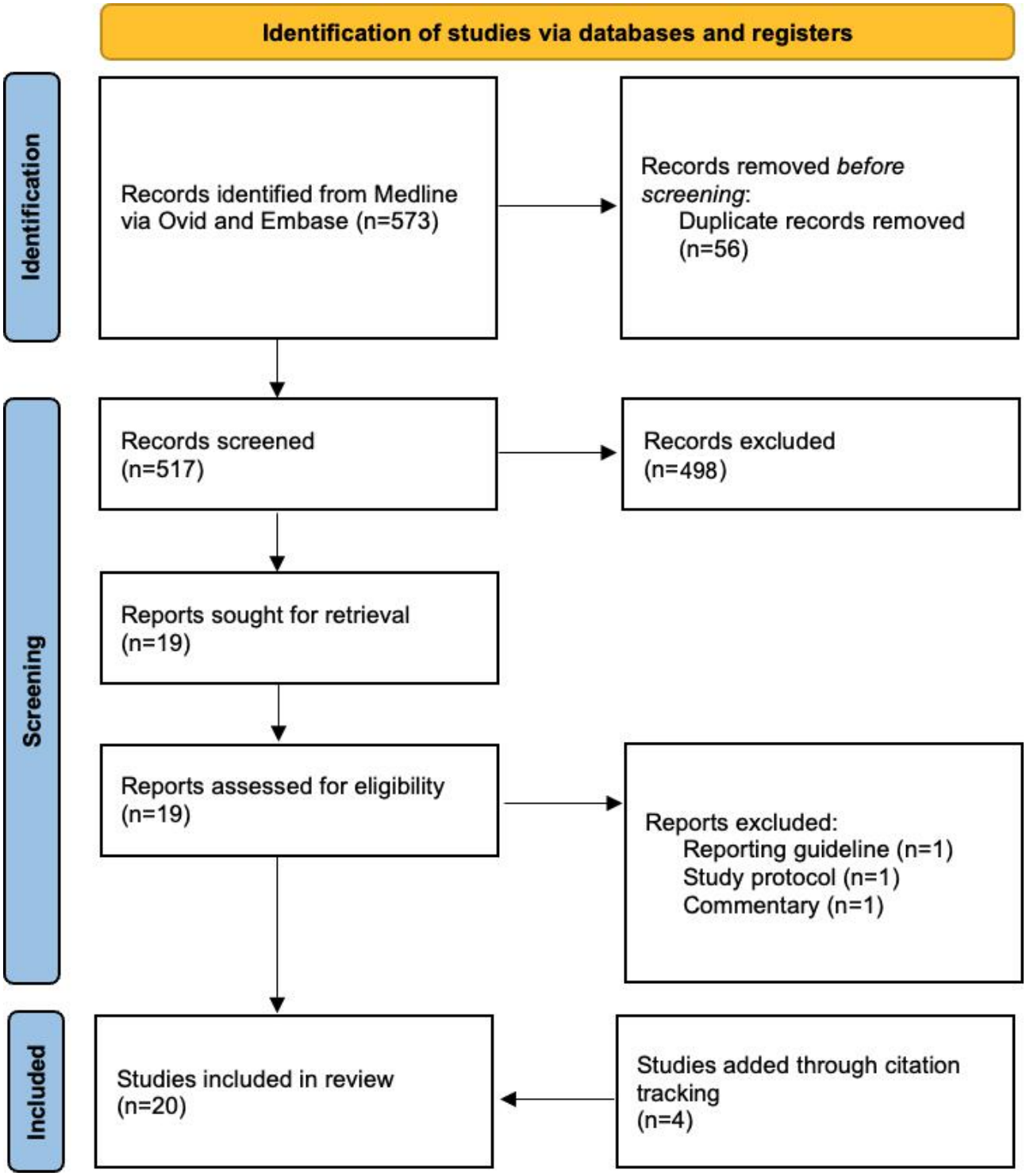
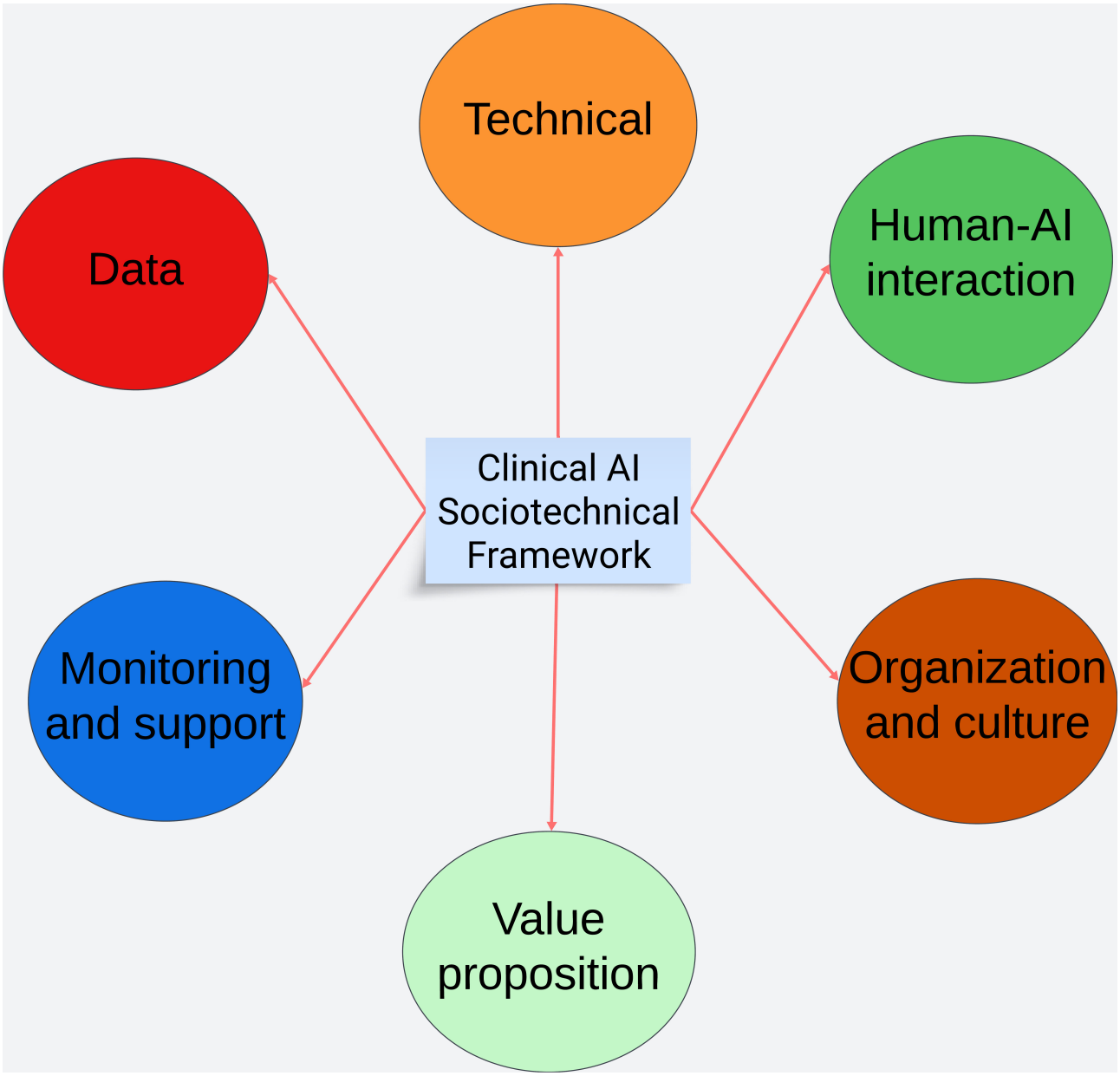


Figure 3. The Clinical AI Sociotechnical Framework. AI: artificial intelligence.



The Modified Delphi Study

Based on the CASoF, the first draft of the checklist was developed, which was shared with a team of panelists for evaluation and review using a Delphi approach. A total of 65 panelists were recruited: 21 (32%) doctors, 10 (15%) health care experts or researchers, 9 (12%) AI researchers, 4 (6%) health informaticians, 4 (6%) nurses, and 18 (28%) other professionals. Of the 65 panelists invited to participate in the study, 35 (54%) of them completed the first round of Delphi. The initial checklist had 4 overall categories that corresponded to the 4 stages in the development and deployment process, with 15 subcategories that corresponded to the domains of the CASoF that were important in each of the stages. The stages were "Planning," "Design," "Development," and "Proposed Implementation." As part of the questionnaire, panelists were asked 2 open-ended questions at the end of each of the subcategories: "Would you reframe any of the questions above?" and "Are there questions that you would add or remove from this segment?" During the first round of the Delphi, panelists suggested multiple edits and additions to the checklist. This suggested editing included the need to reframe some of the questions to make them more appropriate and clearer for a checklist. In one of the subcategories, one panelist responded as follows:

> *The last question says, "data processing." That comes across as ambiguous. What does that refer to? who will be the audience for this survey? will they understand what that means? Are we trying to abstract curation, cleaning etc into abstraction?*

At the end of the survey, panelists were asked why they might not use the checklist, and some of the responses included the following:

> *I think the checklist is long. The challenge when you have checklists this long is that people tend to gloss over them and are not intentional about answering the questions in a detailed way.*

> *Might be helpful to shorted and make more actionable. eg, policies and procedures document has been completed versus have you considered a place for policies.*
>
> *The checklist is somewhat burdensome on the AI vendor and health system. I would cut the questions in half.*

These open-ended questions were analyzed using a content analysis approach to bring out the recurrent themes and perspectives shared by the panelists in reforming and improving the questionnaire. Quantitative analyses were done, which showed a high level of agreement and relevance across most questions. Descriptive analysis was done: the mean score for the relevance of the questions on the survey exceeded 0.8 on all but one, indicating that at least 80% of respondents found the questions pertinent to their work and the topic at hand. Furthermore, the IQR was calculated to be 0 for all questions except 3, highlighting a level of consensus among respondents. The consensus and the structure of the checklist are shown in Multimedia Appendix 1.

Based on the results, comments, and feedback from the panelists, the checklist was revised. The "Design" and "Development" stages were merged into a single stage, and the "People" and "Organization and Culture" domains were merged into a single domain. The "User Experience and Workflow" and "Clinical Utility" domains were merged to create a new domain called "Human-AI Interaction." The total number of questions was reduced from 45 questions to 34 questions to make it less cumbersome and more focused. These 34 questions were sent to all the registered panelists for a second round of the Delphi process. All the recruited panelists were included in the second round and invited to review the updated checklist. Quantitative analyses were done, which showed a high level of agreement and relevance across most questions. Descriptive analysis was done: the mean score for the relevance of the questions was more than 0.8 on all questions, indicating that at least 80% of respondents found the questions pertinent to their work and the topic at hand. Furthermore, the IQR was calculated to be 0 for all questions, highlighting a level of consensus among respondents. Based on the outcome of the Delphi study, a final checklist was outlined, with 1 more question added to make 35 questions in total (Table 1).

Table . Final draft of the Clinical AI[a] Sociotechnical Framework (CASoF) checklist.

Stage and domain		Questions
Planning		
	Value proposition and utility	• Have you outlined the expected impacts on patient outcomes? • Have you outlined its expected impact on care provider efficiency and outcomes? • Has any economic analysis been conducted for the AI system?
	Data	• Have you engaged in the use of any ethical data checklist during your data collection and preparation? • Have you engaged domain experts in the data preparation, cleaning, and engineering process? • Have you delineated an approach to maintain data quality, integrity, and security?
	People, organization, and culture	• Have you identified key stakeholders and their needs? • Have you identified potential resistance or barriers within the organization? • Are there strategies in place to facilitate and ensure end-user engagement in the design and development phase? • Do you have a good understanding of the culture within the institution and changes that might be needed?
Design and development		
	Technical	• Are you planning for hardware/software (EHR[b]) systems and requirements? • Have you conducted a real-world evaluation of the model? • Are you creating support documentation for users and management, eg, model details, explainability details, data details, metrics, manuals, etc? • Have you validated clinical accuracy and reliability? • Have you secured any required regulatory approval? • Have you taken active steps to mitigate against biased results?
	Human-AI integration	• Have you conducted a simulation with end users in real work system scenarios? • Have you evaluated if the outputs are clear and understandable for the users? • Have you implemented any patient and user safety measures? • Have you accounted for and evaluated existing clinical workflows? • Are you aligning the solution with existing protocols? • Have you assessed the impact on the delivery of clinical tasks? • Have you involved and tested with users? • Has any resistance to the use of the AI system been identified and addressed? • Are you developing strategies to ensure that the alerts from the AI system are relevant, timely, and not overwhelming, to avoid alert fatigue?

Stage and domain		Questions
	Data	• Have you tested your method on various types of data to make sure it works well in different situations? • Have you planned for data drift and shift (changes in the data over time)?
Proposed implementation		
	People, organization, and culture	• Have you ensured that this intervention aligns with the existing governance and regulatory frameworks of the organization? • Have you prepared necessary training/resources for end users? • Have you considered steps to help address end users' questions and alleviate their concerns?
	Technical	• Are you planning for pilot/silent tests? • Are you providing user tools for continuous validation and evaluation of the system?
	Monitoring and support	• Have you created a plan to evaluate the success of the implementation? • Have you planned for continuous user feedback on the system? • Have you planned for regular audits, reviews, and updates? • Have you planned for continuous education and support for users?

[a]AI: artificial intelligence.

[b]EHR: electronic health record.

Discussion

Principal Findings

We introduce the CASoF checklist, which is a checklist that was developed from the results of primary studies, a literature synthesis, and a modified Delphi process that involved multiple experts and health care professionals. The CASoF, based on its sociotechnical perspective, encompasses different existing frameworks by providing a structured overview of the critical issues related to the integration, validation, and operationalization of AI in health care. The CASoF offers a high-level approach to solving the translation and adoption problems bedeviling AI systems designed for clinical settings. The CASoF can be used singly or in combination with some of the other existing frameworks in evaluating AI systems. The Diagnostic Quality Model by Lennerz et al [16] and the Clinical Explainable AI Guidelines by Jin et al [17] address diagnostic quality and explainability within medical imaging. They provide structured methodologies that could refine the CASoF by integrating rigorous quality assessments and enhancing transparency in AI tools. The strengths of these frameworks lie in their focused criteria, which could synergistically enrich the CASoF's scope, ensuring that AI's clinical implementation is both effective and sociotechnically sound.

At the end of the Delphi study and reviews, 35 final questions were agreed on based on the consensus from the panel members. Adjustments and rearrangements were made to the sequence of questions based on the comments made as part of the feedback during the Delphi study. This is the first checklist that addresses sociotechnical factors across the phases of the AI cycle with a general approach that is not limited to any specific condition or use case in clinical care. The checklist aims to help ensure that AI solutions for clinical use cases are better built for impact, adoption, and success.

The checklist focuses on sociotechnical factors most relevant to achieving these outcomes. Some of the comments by the respondents highlighted how the high-level design of the checklist was a reason they might not use it; however, the checklist is intentionally made high level to make it as brief and less cumbersome as possible. One of the reasons it is high level is to make it easy to apply quickly by designers, developers, AI engineers, informaticians clinicians, and health care organization managers for the needed assessments; therefore, this checklist should be considered as a form of minimum guideline in the development and implementation of AI systems meant for clinical settings.

The checklist is divided into 3 stages corresponding to the phases of the AI development cycle. The domains are drawn from the domains of the CASoF, which are "Value Proposition," "Data," "Human-AI Interaction," "Organization and Culture," "Technical," and "Monitoring and Support" [31]. These domains are allocated to each stage based on their relevance to that stage. Some domains recur in different stages, like "Data," "Human-AI Interaction," "Organization and Culture," and "Technical." Other domains like "Value Proposition" and "Monitoring and Support" only appear in a single phase. Questions are outlined

under each domain based on the stage they belong to. The number of questions varies per stage and domain.

The questions must be answered with a "Yes," "No," or "Partially Done." Each stage is meant to be done before and after each corresponding phase of the development cycle, so that the development team knows what to plan for and later review what has been accomplished. The "Planning" stage addresses the decision and preparation phase of the project, which is where the groundwork is laid for the subsequent design of the system. This phase involves a value proposition assessment to determine if it ensures alignment with patients' and end users' benefits. It serves to help answer a "go or no go" question across the ethical, economic, and sociotechnical dimensions of the AI tool, which is part of what the "Planning" phase in the CASoF checklist is designed to support. While the Biological-Psychological, Economic, and Social checklist by Khan and Seto [32] covers the planning aspect of AI development, it does not go beyond that phase, which is a limitation in its application.

The "Design and Development" phase covers the necessary steps and factors to be considered while building the AI system, unlike the R-AI-DIOLOGY checklist, which, apart from being focused explicitly on AI systems in radiology, only addresses the technical aspects of the design and development phases [33]. The last part of the checklist helps to plan for implementation, focusing on organization, culture, and needed monitoring. The Translational Evaluation of Healthcare AI framework checklist offers an alternative to the CASoF checklist for implementation; however, its lack of sociotechnical components, such as human-AI integration, culture and organization, and monitoring and support, which are essential for adoption and maximizing utility, is a drawback [3]. The checklist's design, development, and preimplementation aspects can also be used by payers, buyers, and decision makers to evaluate AI systems being sold or proposed to them to ensure they have been well designed and built.

Most of the existing checklists in this domain are targeted at reporting medical research carried out in AI or machine learning [34]. The CASoF checklist differs from these and other existing checklists like the Technology, Organization, and People framework–based checklist, which is focused on helping digital leaders manage adoption challenges [35]. It has no domain that addresses how the AI is designed or built, unlike the CASoF checklist. The same goes for the DECIDE-AI (Developmental and Exploratory Clinical Investigations of Decision Support Systems Driven by Artificial Intelligence) checklist, which is focused on reporting studies that involve the evaluation of AI systems during their implementation phase in the clinical setting [36]. While the CASoF checklist does not explicitly have questions that address ethical issues, there are multiple questions across different phases that raise the need to address the ethics of the data, patient outcomes, and the impact of the outputs of the AI system.

Enhancing the real-world impact of AI tools involves navigating a nuanced blend of technical and social elements. This process demands a strategic framework that guides the planning and preparation efforts throughout the AI tool's life cycle, from its initial conceptualization to its sustained application. The CASoF checklist is designed to support designers, developers, AI engineers, informaticians, clinicians, health care organization managers, and others in planning, monitoring, and evaluating AI systems being developed or sold to them for clinical care.

Limitations

While the primary research, literature synthesis, and Delphi technique offer a robust approach to the development of the framework and checklist for the development and integration of AI in the clinical setting, the real-world application could be more difficult and not as straightforward as the research might suggest. Therefore, there might be a need for continuous refinement of the CASoF through iterative feedback and broader engagement with more stakeholders. Future research should aim to include an even wider array of perspectives, particularly from underrepresented regions and specialties, to enhance the framework's comprehensiveness and applicability. The framework further encounters limitations in capturing the full spectrum of technical challenges, needs, and their implications across diverse health care contexts globally. Considering these constraints, the application of the framework will benefit from synergistic application with other existing frameworks.

Conclusion

The CASoF checklist offers an approach to bridge the gap between the technical aspects of AI and how they can be best planned to fit and work in the clinical setting, with a view to improving the impact it makes on clinical work and patient outcomes. It offers a structured strategy to mitigate challenges and obstacles in the development and implementation process. The CASoF offers an advancement over previous frameworks and approaches by holistically encapsulating the sociotechnical dimensions necessary for AI to thrive within the clinical space.

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Data Availability

This checklist is available in an electronic format [37].

Authors' Contributions

AO contributed to the conceptualization, data collection, formal analysis, investigation, and methodology of the study. Additionally, AO drafted the original manuscript and participated in the review and editing process. JO contributed to writing, reviewing, and editing of the manuscript. MES provided formal analysis, project administration, and supervision and contributed to the review and editing of the manuscript. AB contributed to the conceptualization and formal analysis of the study, managed the project, provided resources, and supervised the research. He also participated in the review and editing of the manuscript.

Conflicts of Interest

None declared.

Multimedia Appendix 1
Summary of subcategories by domain for the first round of the Delphi study.
[DOCX File, 15 KB - xmed_v6i1e65565_app1.docx]

Checklist 1
PRISMA-ScR (Preferred Reporting Items for Systematic Reviews and Meta-Analyses Extension for Scoping Reviews) checklist.
[DOCX File, 86 KB - xmed_v6i1e65565_app2.docx]

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Abbreviations

AI: artificial intelligence
CASoF: Clinical Artificial Intelligence Societechnical Framework
CONSORT: Consolidated Standards of Reporting Trials
DECIDE-AI: Developmental and Exploratory Clinical Investigations of Decision Support Systems Driven by Artificial Intelligence
TRIPOD: Transparent Reporting of a Multivariable Prediction Model for Individual Prognosis or Diagnosis

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Improving Tuberculosis Detection in Chest X-Ray Images Through Transfer Learning and Deep Learning: Comparative Study of Convolutional Neural Network Architectures

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Abstract

Background: Tuberculosis (TB) remains a significant global health challenge, as current diagnostic methods are often resource-intensive, time-consuming, and inaccessible in many high-burden communities, necessitating more efficient and accurate diagnostic methods to improve early detection and treatment outcomes.

Objective: This study aimed to evaluate the performance of 6 convolutional neural network architectures—Visual Geometry Group-16 (VGG16), VGG19, Residual Network-50 (ResNet50), ResNet101, ResNet152, and Inception-ResNet-V2—in classifying chest x-ray (CXR) images as either normal or TB-positive. The impact of data augmentation on model performance, training times, and parameter counts was also assessed.

Methods: The dataset of 4200 CXR images, comprising 700 labeled as TB-positive and 3500 as normal cases, was used to train and test the models. Evaluation metrics included accuracy, precision, recall, F_1-score, and area under the receiver operating characteristic curve. The computational efficiency of each model was analyzed by comparing training times and parameter counts.

Results: VGG16 outperformed the other architectures, achieving an accuracy of 99.4%, precision of 97.9%, recall of 98.6%, F_1-score of 98.3%, and area under the receiver operating characteristic curve of 98.25%. This superior performance is significant because it demonstrates that a simpler model can deliver exceptional diagnostic accuracy while requiring fewer computational resources. Surprisingly, data augmentation did not improve performance, suggesting that the original dataset's diversity was sufficient. Models with large numbers of parameters, such as ResNet152 and Inception-ResNet-V2, required longer training times without yielding proportionally better performance.

Conclusions: Simpler models like VGG16 offer a favorable balance between diagnostic accuracy and computational efficiency for TB detection in CXR images. These findings highlight the need to tailor model selection to task-specific requirements, providing valuable insights for future research and clinical implementations in medical image classification.

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KEYWORDS

tuberculosis detection; tuberculosis; TB; chest x-ray classification; diagnostic imaging; radiology; medical imaging; convolutional neural networks; data augmentation; deep learning; early warning; early detection; comparative study

Introduction

Background

Tuberculosis (TB) remains one of the leading infectious diseases worldwide, affecting an estimated one-third to one-fourth of the global population with the bacillus *Mycobacterium tuberculosis*, the causative agent of TB [1]. In 2019, it was estimated that over 10 million individuals globally contracted TB; yet, only 71% were detected, diagnosed, and reported through various countries' national TB programs, leaving approximately 29% of cases unreported [2]. According to the World Health Organization's (WHO's) 2023 TB report, TB was identified as the second most common cause of death among infectious diseases [3]. Furthermore, the global incidence rate of TB remains alarmingly high at approximately 133 new cases per 100,000 people annually. This situation underscores the need for prompt, effective, and affordable screening and treatment strategies to meet the WHO's ambitious goals of reducing TB incidence by 80%, decreasing TB mortality by 90%, and eliminating catastrophic financial burdens on families affected by TB by 2030 [4].

The WHO advised member countries to proactively conduct TB screening and detection, especially within the high-risk groups, taking into account their unique epidemic scenarios and financial levels [5]. While bacteriological tests, including sputum cultures, sputum smears, and molecular diagnostics, are considered the gold standard for identifying active TB cases, their applicability on a large scale, particularly among high-risk populations, is not feasible [6]. This limitation is due to the methods being resource-intensive, logistically challenging, and associated with prolonged turnaround times [7]. As a result, chest radiography has become the most prevalent method for early TB detection [8]. However, in countries with limited resources, which also bear the highest TB burden, the availability of chest radiography screenings remains inadequate, primarily due to a shortage of radiologists [6].

In recent years, significant advancements have been made in leveraging artificial intelligence (AI), particularly through machine learning and deep learning techniques, for analyzing chest x-ray (CXR) images to differentiate between TB-positive and TB-negative images [9-15]. This innovation has enabled individuals without radiology expertise to conduct TB screening tests, presenting a significant shift in diagnostic approaches. These technologies have shown promising results, to the extent of outperforming radiologists in the interpretation of CXR images [14,15]. Despite this progress, the adoption of AI-based TB detection in low-income countries faces limitations, including a lack of computational resources, inconsistent data quality, and the need for models tailored to diverse clinical and demographic contexts. Addressing these challenges is critical to ensuring the scalability and utility of AI-driven diagnostic tools in these settings.

This research investigates the effectiveness of different convolutional neural network (CNN) architectures in classifying TB in CXR images. We compare and evaluate the performance of popular CNN models, including Residual Network (ResNet), Inception, and Visual Geometry Group (VGG), and examine the impact of different hyperparameters on classification accuracy. The choice of these architectures is motivated by gaps in existing literature, where limited studies compare the performance of advanced CNN models on larger, diverse datasets. Additionally, we explore the impact of transfer learning and data augmentation techniques, providing insights into their role in optimizing model performance.

To the best of our knowledge, this study is the first to use a larger and more diverse dataset and conduct a comprehensive comparison of the latest CNN architectures, including ResNet101, ResNet152, and Inception-V2, assessed across different parameters. The research aims to address the following questions: (1) How does the choice of CNN architecture affect the classification performance? (2) What is the optimal hyperparameter configuration for each CNN architecture? (3) Can transfer learning be leveraged to improve classification accuracy? (4) How does incorporating data augmentation techniques impact the model's performance compared to training solely on real images?

The rest of the paper is organized as follows. In the Related Work section, we present the literature review, which provides an overview of the current state of research in the field. This is followed by the Methods section, where we describe the deep learning models used in this research along with the techniques for improving training time, such as transfer learning. We also describe the data and analysis procedures used in our study, such as data augmentation to mitigate against imbalance. Next, we present the results of our analysis, including any findings. Finally, we discuss the implications of our results, conclude with a summary of our main findings, and suggest areas for future research.

Related Work

Research in the field of medical imaging, particularly in automating the screening and identification of TB from CXR images, has progressed significantly. Initial investigations explored traditional machine learning techniques, including support vector machines [16,17], decision trees [18,19], random forests [20,21], and extreme gradient boosting [22,23], among others. However, recent advancements have shifted focus toward deep learning methods, such as CNNs, which have demonstrated promising results in image classification comparable to those of radiologists [13-15,24]. Below, we review some of the recent studies that have used deep learning approaches for detecting TB in CXR images.

Hooda et al [13] proposed a 19-layer CNN architecture for detecting TB, consisting of 7 convolutional layers, 7 rectified linear unit (ReLU) layers, 3 fully connected layers, and 2 dropouts layers. The model was trained on a dataset of 800 CXR images, each resized to 224×224 pixels. Using the Adam optimizer, the study achieved notable results, with an overall accuracy of 94.73% and a validation accuracy of 82.09%. Although these results are impressive, the authors identified potential areas for further improvements. They suggested investigating the impacts of data augmentation and transfer learning on the model's performance, highlighting avenues for future research enhancements and potential increases in accuracy.

Ojasvi et al [25] developed a classification algorithm for CXR images of potential patients with TB, aiming to improve upon existing models [26]. To mitigate against dataset imbalances and improve model reliability, they combined the NIH Chest X-ray Dataset, China-Shenzhen Chest X-ray Database, and Montgomery County Chest X-ray Database to train and fine-tune their model. By implementing coarse-to-fine transfer learning and extensive data augmentation techniques, they achieved a remarkable accuracy of 94.89% compared to the accuracy of 89.6% achieved by Cao et al [26]. However, the study acknowledges the challenge of maintaining equivalent precision across CXR images obtained in varied settings, as the model was specifically trained for the Chinese dataset.

Panicker et al [27] introduced a novel 2-stage detection method for TB bacilli, using image binarization and CNN classification to analyze microscopic sputum smear images. The method was evaluated on a diverse dataset of 22 images, and the model demonstrated high effectiveness, achieving a recall rate of 97.13%, a precision of 78.4%, and an F_1-score of 86.76%. However, the study noted that the model's ability to accurately detect overlapping bacilli was limited. In the same year, Stirenko et al [28] explored the application of lung segmentation in CXR images and data augmentation to enhance TB detection from CXR images. Their study highlights the critical role of preprocessing, including lung segmentation and data augmentation, in addressing overfitting issues and improving the effectiveness of computer-aided diagnosis systems in TB identification, particularly when working with limited datasets.

The study by Kazemzadeh et al [15] developed a deep learning algorithm for detecting active pulmonary TB from CXR images. The algorithm was trained and validated on a dataset comprising 165,754 images from 22,284 patients from 10 different countries. The algorithm's performance was compared to that of 14 radiologists on datasets from 4 countries, including a cohort from a South African mining population. It achieved an area under the receiver operating characteristic curve (AUC-ROC) of 0.89, with superior sensitivity (88% vs 75%; P=.05) and comparable specificity (79% vs 84%) to radiologists, demonstrating its potential for TB screening in resource-limited settings. Another study by Nijiati et al [29] used a 3D ResNet-50 CNN architecture to differentiate active from nonactive pulmonary TB using computed tomography images. This study, similar to that of Kazemzadeh et al [15], reported high diagnostic accuracy and efficiency, outperforming conventional radiological methods in terms of speed and precision.

In their 2019 study, Meraj et al [30] used CNN architectures such as VGG16, VGG19, ResNet50, and GoogLeNet to automate the detection of TB manifestations in CXRs using 2 public TB image datasets [31]. Their findings showed that the VGG16 model outperformed other architectures in terms of accuracy and AUC-ROC. However, the study was limited by its reliance on small and unbalanced datasets, raising questions about the generalizability of the results. In contrast, our research builds upon and extends the work of Meraj et al [30] by incorporating a larger and more diverse dataset. We also explore the diagnostic capabilities of more advanced CNN architectures, including ResNet101, ResNet152, and Inception-V2, to assess their effectiveness in TB detection. This approach aims to provide a more comprehensive understanding of how recent deep learning advancements can be leveraged for more accurate TB diagnosis in varied clinical settings. The Methods section details the methodological framework to achieve these objectives.

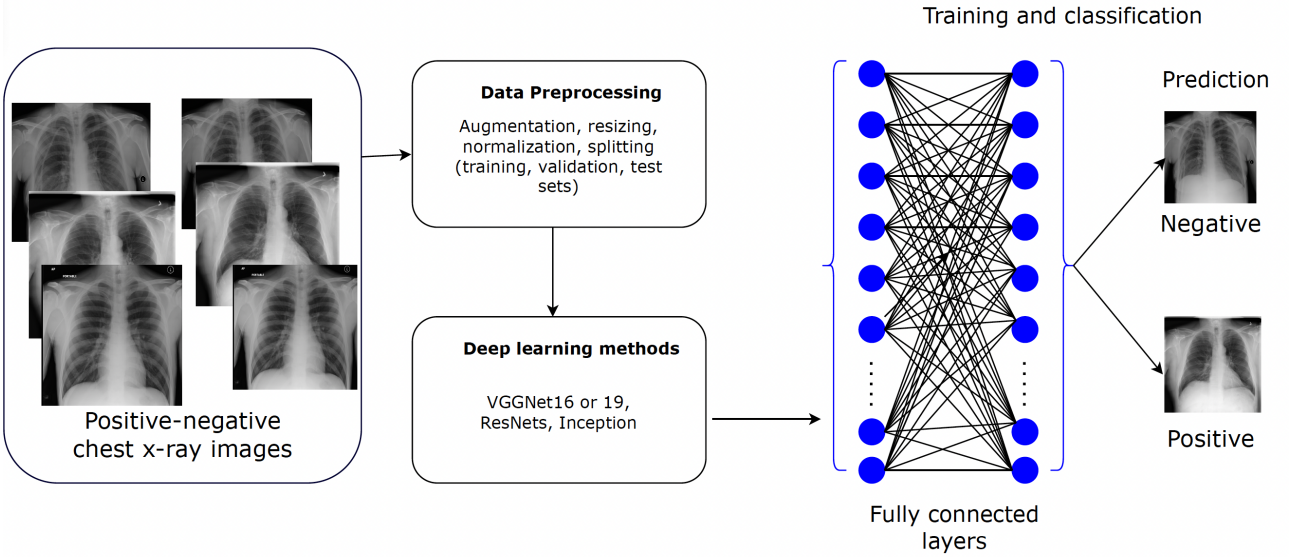
Methods

In this section, we provide a comprehensive overview of the methodologies used in our study, including the dataset and preprocessing, data normalization, data augmentation, the application of transfer learning methods, the architecture of CNNs used, and the evaluation metrics adopted to assess the performance of the models.

Implementation Overview

The implementation framework illustrated in Figure 1 starts with the acquisition of a well-defined dataset, followed by comprehensive data preprocessing, which includes data augmentation, resizing, normalization, and partitioning into training, validation, and test sets. Subsequently, we embark on the development of various deep learning models. These models undergo extensive training and evaluation against different hyperparameters and evaluation metrics to accurately predict and classify CXR images into positive or negative cases of TB.

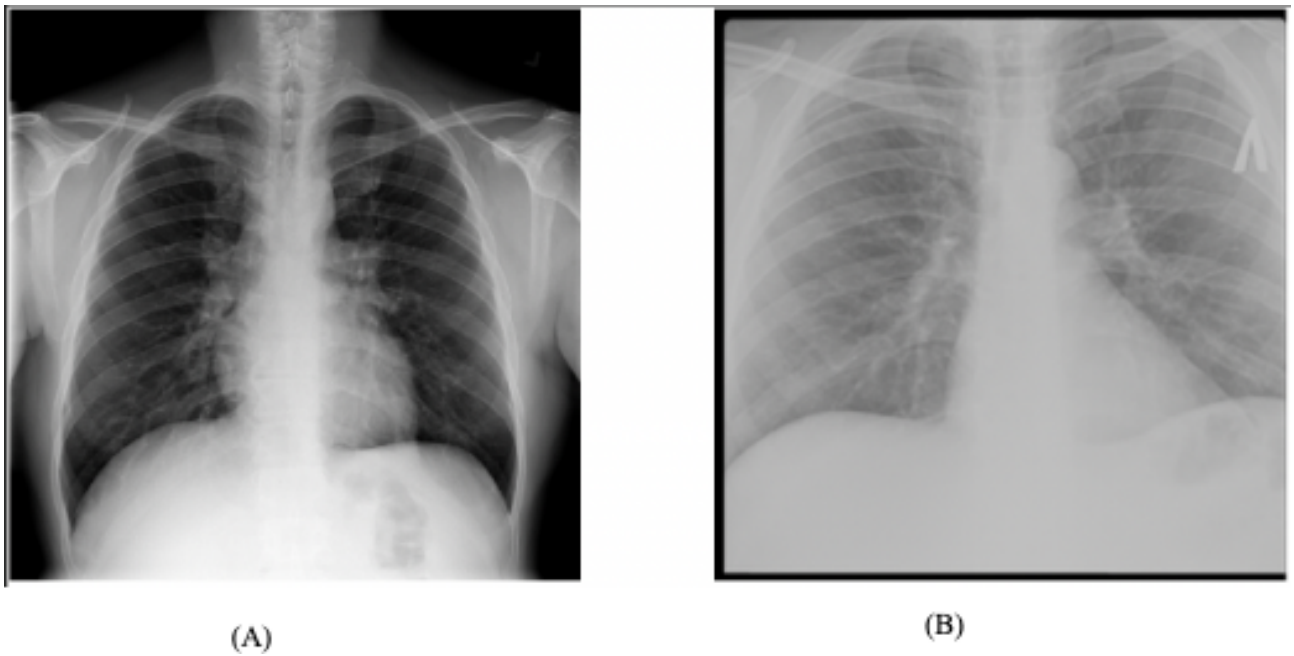
Figure 1. The implementation flow of the deep learning classification methodology. ResNet: Residual Network; VGG: Visual Geometry Group.



Dataset

The dataset used in this research comprises 4200 CXR images sourced from a public Kaggle data repository. The dataset was compiled through a collaborative effort between researchers from Qatar University (Doha, Qatar) and the University of Dhaka (Bangladesh) and collaborators from Malaysia. They worked closely with medical professionals from the Hamad Medical Corporation (Doha, Qatar) and various health care institutions in Bangladesh. The dataset consists of 700 CXR images indicative of TB and 3500 CXR images classified as normal, with all images having a resolution of 512×512 pixels [32]. This composition provides a substantial foundation for evaluating the effectiveness of CNN models in the detection of TB from CXR images. Figure 2 presents some of the images from the dataset.

Figure 2. The chest x-ray sample images. (**A**) Tuberculosis-negative and (**B**) tuberculosis-positive.



Preprocessing

To optimize the performance and efficiency of our models, we implemented key preprocessing techniques, specifically data normalization and augmentation, before training the models.

Data Normalization

In the preprocessing stage of image analysis, normalization is a critical step to standardize the input data, facilitating the model's learning process. This study applies normalization to CXR images, which initially possess pixel intensity values in the range of 0 to 255, common for grayscale images [33]. The goal of normalization is to adjust these intensity values to a standardized scale that improves computational efficiency and model convergence during training. The normalization process is mathematically represented as follows:

$$I' = \frac{I - I_{min}}{I_{max} - I_{min}} \quad (1)$$

where I represents the original pixel intensity of the image, I_{min} and I_{max} are the minimum and maximum possible intensity values in the original image, respectively, and I is the normalized pixel intensity.

For grayscale images, I_{min}=0 and I_{max}=255. This equation effectively rescales the pixel intensity values to the range (0-1), making the input data more suitable for processing by the neural network layers. This normalization technique is advantageous because it ensures that each input parameter (pixel, in this case) contributes equally to the analysis, preventing features with initially larger ranges from dominating the learning process [34]. It also helps to stabilize the gradient descent optimization algorithm by maintaining a consistent scale for all gradients [35]. Previous studies have shown that normalization significantly improves convergence rates and ensures model stability, particularly in image classification tasks involving deep learning [34,35].

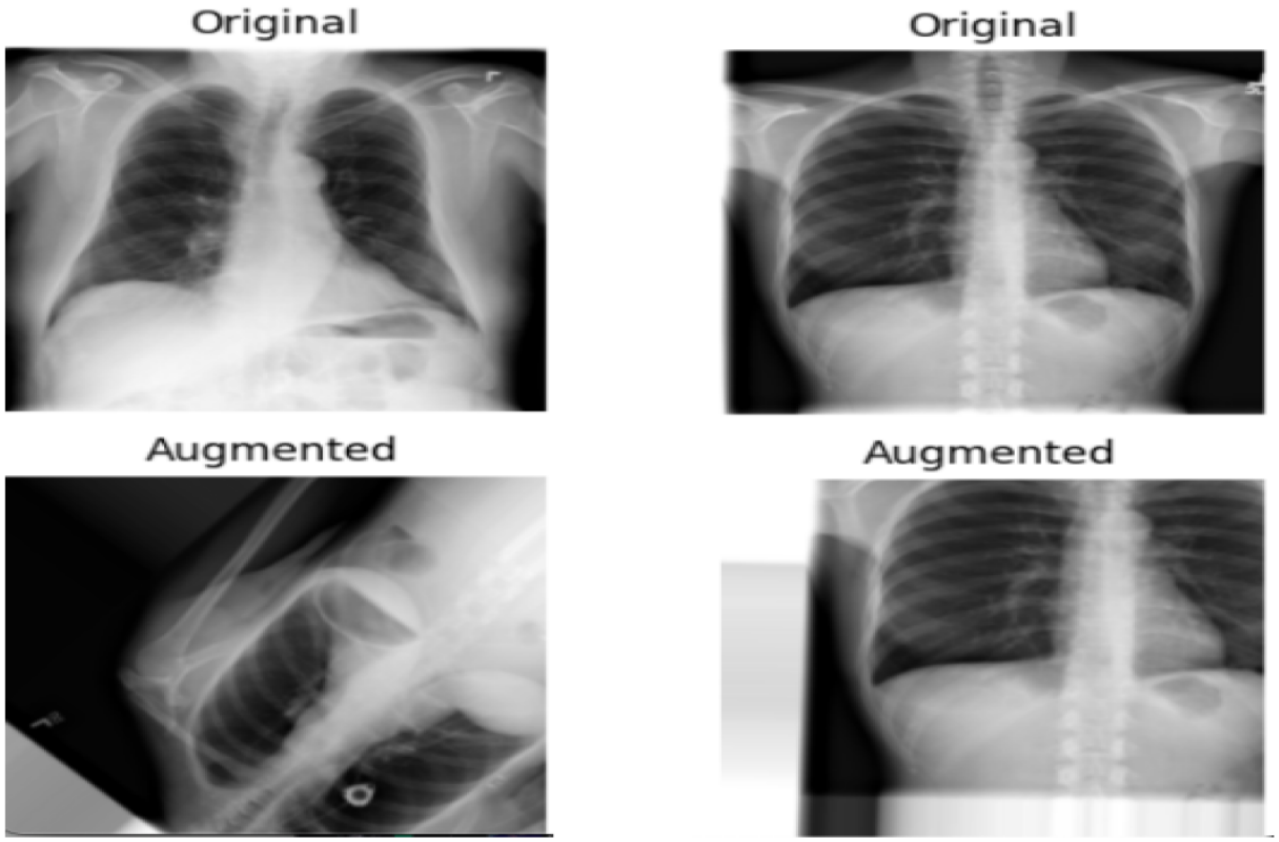
Data Augmentation

Data augmentation represents a powerful regularization strategy designed to artificially increase the dataset through label-preserving transformations, thereby incorporating more invariant examples into the training set [36]. This approach, characterized by its computational efficiency, has been previously used to reduce overfitting when training CNNs, such as in the ImageNet Large-Scale Visual Recognition Challenge (ILSVRC), where it contributed to achieving state-of-the-art results [37]. This method enhances the robustness and generalizability of deep learning models by exposing them to a wider array of variations, simulating real-world variability.

In our study, to address the imbalance between TB-positive and TB-negative images and to introduce different variations, we randomly augmented 210 (30%) TB-positive images and 175 (5%) TB-negative images. The data augmentation techniques applied included random rotation within a range of 0 to 60 degrees, random width and height shifts of up to 0.2 times the image size, and random zooming of up to 0.2 times the original size, alongside horizontal and vertical flipping. To manage the newly created pixels from such transformations, a “fill mode” strategy was used, ensuring integrity and consistency in the augmented images. These augmentations were performed using Keras’s ImageDataGenerator, a comprehensive data augmentation suite [38].

While data augmentation techniques are widely adopted in deep learning research, our implementation aligns with prior studies that highlight their utility in addressing dataset imbalance and improving model generalization in medical imaging tasks [36,37]. Additionally, the augmentation strategy in this study was tailored to reflect the variability commonly observed in real-world CXR data, enhancing the robustness of our models. Figure 3 shows a sample of real images and their corresponding augmented outputs.

Figure 3. Sample of real and corresponding augmented images.



Transfer Learning

Transfer learning is a machine learning technique where a model developed for a specific task is repurposed as the starting point for a model on a second, related task [39]. This technique leverages the knowledge gained during the initial training phase in one domain to enhance learning in another potentially unrelated domain. It operates under the principle that information learned in one context can be exploited to accelerate or improve the optimization process in another, essentially allowing for the transfer of learned features and patterns across different but related problems [39].

In this study, we propose an implementation that capitalizes on the transfer learning paradigm by using pretrained models such as Inception-V3, ResNet (50, 101, and 152), and VGG (16 and 19), which were initially trained on the ImageNet dataset [37]. This adaptation involves fine-tuning and customizing the models' last layers to suit our classification task, effectively tailoring the robust, prelearned representations of the ImageNet dataset to recognize and interpret the specific patterns and anomalies associated with TB in CXR images.

We opted for transfer learning over training models from scratch due to its significant advantages, particularly in the context of medical imaging. Training deep learning models from scratch requires large datasets, extensive computational resources, and longer training times. These requirements often pose challenges in health care–related research, especially when working with relatively small or domain-specific datasets like CXRs. Transfer learning allows us to leverage the rich feature representations of pretrained models while reducing training time and computational demands. Furthermore, studies have shown that transfer learning enhances model performance in medical imaging tasks by effectively repurposing features learned from general image datasets like ImageNet to domain-specific tasks [37,39].

CNN Architectures

In the next subsections, we provide a brief description of the VGG and ResNet families of CNN architectures as well as the Inception ResNet architecture that is considered in this study.

VGGNet

Introduced by Simonyan and Zisserman from the University of Oxford's Visual Geometry Group in 2014, the VGGNet architecture marked a significant milestone in the field of deep learning [40]. Known for its outstanding performance in the ILSVRC of that year, VGGNet is characterized by its use of 3×3 filters in all convolutional layers, simulating the effects of larger receptive fields. This architecture is available in 2 variants, VGG16 and VGG19, differing in depth and the number of layers, with VGG19 being the deeper model.

In our research, we used both the VGG16 and VGG19 architectures to train models on datasets consisting of solely real CXR images and a combination of augmented and real images. This approach aimed to assess the impact of incorporating augmented images on the performance of these 2 architectures. Images were resized to 256×256 pixels before being input into the networks. We extended the architectures by adding a flattening layer, followed by a dense layer of 512 neurons with a ReLU activation function and a dropout layer with a dropout rate of 0.2 to mitigate overfitting. A softmax activation function was used in the output layer for binary classification. We used the Adam optimizer with the binary cross-entropy loss function for optimization. The training was conducted over 15 epochs with a batch size of 32 for both models. This rigorous approach ensured that both architectures could classify between TB-positive and TB-negative CXR images accurately.

ResNet

He et al [41] introduced the deep residual network (ResNet) architecture in their 2016 seminal paper. This architecture greatly improved the performance of deep neural networks and went on to win the Common Objects in Context object detection challenge and the 2015 ILSVRC. To date, several variants of the ResNet architecture exist, including ResNet50, ResNet101, and ResNet152, which vary in depth and number of layers. ResNet architectures are very deep models [41,42]. The core idea behind ResNet is the use of residual connections, also known as shortcuts, which bypass 1 or more layers. By resolving the vanishing gradient issue, these shortcuts maintain the gradient flow across the network and facilitate the training of much deeper networks [41].

The CXR images in this study were classified using the ResNet50, ResNet101, and ResNet152 architectures. We added 3 more layers to the ResNet50 model, 2, each with 256 units and 1 with 512 units, using batch normalization and ReLU activation in each layer. To reduce overfitting, dropout layers were added with dropout rates of 0.3, 0.25, and 0.2, respectively. The binary cross-entropy loss function was used to compile the model, while the Adam optimizer was used to optimize the model at a learning rate of 0.001. Two units with a softmax activation function made up the output layer, which classified the images as either TB-positive or TB-negative. Training for this model involved 16 batch sizes and 100 epochs.

ResNet101 was trained using the same settings as ResNet50, as preliminary training showed that the same parameter values used for ResNet50 also yielded optimal results for the ResNet101 architecture. For ResNet152, a selective fine-tuning approach was adopted, where only the last 10 layers of the network were trainable, enhancing the model's focus on more feature-specific adjustments in the later stages of the network. This model shared the augmentation layers of ResNet50 but was trained for only 50 epochs, incorporating a learning rate scheduler, ReduceLROnPlateau, which adjusted the rate based on the validation loss with a factor of 0.1, patience of 5, and a minimum learning rate of 1×10^{-6}, thereby optimizing the training dynamics. The details of the models' configuration are shown in Table 1.

Table . Training hyperparameters of ResNet[a] models.

Hyperparameter	ResNet50	ResNet101	ResNet152
Layers, n	53 (50 base +3 extra)	104 (101 base +3 extra)	155 (152 base +3 extra)
Units per layer	256, 256, 512	256, 256, 512	256, 256, 512
Activation	ReLU[b]	ReLU	ReLU
Batch normalization	Yes	Yes	Yes
Dropout rate	0.3, 0.25, 0.2	0.3, 0.25, 0.2	0.3, 0.25, 0.2
Optimizer	Adam	Adam	Adam
Learning rate	0.001	0.001	Variable (ReduceLROnPlateau)
Loss function	Binary cross-entropy	Binary cross-entropy	Binary cross-entropy
Training epochs	100	100	50
Batch size	16	16	16

[a]ResNet: Residual Network.

[b]ReLU: rectified linear unit.

Inception-ResNet

The Inception networks, introduced by Szegedy et al [43], have greatly advanced the field of CNN, as they have achieved state-of-the-art performance in a number of computer vision problems [43-45]. The original Inception-V1, also known as GoogLeNet, was first introduced in 2014 and won the ILSVRC of that year. The architecture introduced a novel approach of using multiple convolutional filter sizes in parallel, allowing the network to capture various spatial features of different scales with improved use of computing resources [43].

In this study, we used Inception-ResNet-V2 architecture, a hybrid model that combines the benefits of both the Inception and residual networks. This hybrid approach enables the architecture to learn more complex features with improved training stability and faster convergence [43]. The Inception-ResNet-V2 also leverages residual connections to skip certain layers during training, which helps it improve gradient flow, accelerate training times, and reduce the likelihood of vanishing gradient problems in deep networks [46]. We selected Inception-ResNet-V2 due to its demonstrated state-of-the-art results in several medical imaging tasks [45].

For our implementation, the Inception-ResNet-V2 architecture was initialized with weights pretrained on the ImageNet dataset. Similar to our approach with the ResNet152 model, all layers except the last 10 were frozen to retain the pretrained features from ImageNet. The last 10 layers were set to be trainable, enabling the model to learn specific features from the CXR images. We added 3 new layers: 2 with 256 units each and 1 with 512 units, all using ReLU activations and batch normalization. Each of these layers was followed by dropout layers with rates of 0.4, 0.35, and 0.3, respectively, to introduce nonlinearity and reduce overfitting. The final output layer consisted of 2 units with a softmax activation function for binary classification. The model was then compiled using binary cross-entropy as the loss function and the Adam optimizer with a learning rate of 0.0001. Training was conducted for 50 epochs with a batch size of 16.

The parameters used in the training of all these CNN architectures, including dropout rates, learning rates, batch sizes, and the number of epochs, were determined through a rigorous iterative process of experimentation. This approach involved fine-tuning each parameter to optimize model performance while avoiding overfitting. The configurations presented reflect the parameter values that consistently yielded good performance across the different architectures.

Evaluation Metrics

The performance of the CNN architectures in classifying CXR images into TB-positive and TB-negative categories was assessed using several standard performance metrics, including accuracy, precision, recall, F_1-score, and the AUC-ROC. Each metric provides unique insights into the model's classification abilities, considering both the true and false predictions.

Accuracy

This metric measures the proportion of true positive (TP) and true negative (TN) results among the total number of cases examined:

(2)Accuracy=TP+TNTP+TN+FP+FN

where TP is the number of TB-positive images that are correctly identified as TB-positive by the model, TN is the number of TB-negative images that are correctly identified as TB-negative by the model, FP (false positives) is the number of TB-negative images that are incorrectly identified as TB-positive by the model, and FN (false negatives) is the number of TB-positive images that are incorrectly identified as TB-negative by the model.

Precision

Also known as positive predictive value, precision is the ratio of correctly identified TB cases to all cases that were diagnosed as TB by the model. It measures the model's accuracy in diagnosing a patient with TB when the model predicts the disease. High precision indicates a low rate of false TB diagnoses. Mathematically, it is defined as:

(3)Precision=TPTP+FP

Recall

Recall, or sensitivity, is especially critical in medical diagnostics, as it quantifies the model's ability to correctly identify all actual TB cases. It represents the proportion of actual TB cases that were correctly identified by the model and aims to minimize the risk of missing a true TB case. It is computed as:

(4)Recall= TPTP+FN

F_1-Score

The F_1-score is the harmonic mean of precision and recall, providing a single measure that balances both the FP and FN. In TB diagnosis, it is particularly useful because it creates a balance between precision (minimizing false TB diagnoses) and recall (minimizing missed TB diagnoses), which is crucial for medical screening tests. It is defined as:

(5)F1=2 ×Precision ×RecallPrecision+Recall

AUC-ROC

The AUC-ROC measures a model's ability to discern between positive and negative classes. In the context of our problem, that specifically refers to distinguishing between TB-positive and TB-negative CXR images. The AUC-ROC is a plot of the true positive rate (TPR) against the false positive rate (FPR) at various threshold settings. The AUC-ROC provides an aggregated measure of the model's performance across all classification thresholds, with a value of 1 representing a perfect model and a value of 0.5 representing a model with no discriminatory power. The approximate AUC-ROC is calculated by using the following formula:

(6)AUC ≈∑i=1n(FPRi−FPRi−1)×(TPRi+ TPRI−1)2

where i is the current data point or threshold, FPR_i and TPR_i are the false positive and true positive rates at the ith threshold, respectively, and n is the number of data points or thresholds used to calculate the AUC-ROC. Each term in the sum represents the area of a trapezoid, where $(FPR_i - FPR_{i-1})$ is the base of the trapezoid and $(TPR_i + TPR_{i-1})/2$ is the average height of the trapezoid. The formula calculates the AUC-ROC by summing the areas of trapezoids formed by connecting consecutive points on the AUC-ROC.

Computational Environment

The implementation and findings of this study were based on using the Keras 3.3.3 and TensorFlow 2.16.1 frameworks. The experiments were conducted on a single GPU MSI GL75 Leopard 10SFR laptop with 32 GB of RAM and an 8 GB NVIDIA GEFORCE RTX 2070 GDDR6 card. The system was operated using the CUDA 12.1 and cuDNN SDK 8.7.0 platforms to ensure efficient GPU acceleration and deep learning model training.

These methodological choices, including dataset selection, preprocessing techniques, CNN architectures, and model evaluation techniques, were designed to ensure a rigorous and comprehensive analysis of CNN performance for TB detection. The results of these analyses are presented in the following section.

Ethical Considerations

This study used a publicly available, deidentified dataset from Kaggle. As such, it did not require institutional review board approval. The dataset does not contain any personally identifiable information, and informed consent was not applicable. No participants were directly involved in this study, and no compensation was provided.

Results

Overview

The study aimed to analyze and compare the performance of various CNN architectures, including VGG16, VGG19, ResNet50, ResNet101, ResNet152, and Inception-ResNet-V2, in classifying CXR images as either TB-positive or TB-negative. Additionally, we also investigated whether data augmentation could further improve the classification performance of these models by comparing the performance of models trained on only real images versus those trained on a combination of real and augmented data. We went further to examine the training time and the number of parameters for each architecture to understand the computational efficiency and resource demands for each model. This analysis is important for practical implementation, particularly in resource-constrained settings where training time and computational costs are significant considerations. By evaluating these parameters, we aimed to identify models that not only perform well but also offer a balanced trade-off between accuracy and efficiency, making them suitable for real-world applications in diverse health care environments.

Table 2 summarizes the performance of CNN architectures across accuracy, precision, recall, and F_1-score, highlighting the impact of training on real images versus a combination of real and augmented data. Table 3 shows the performance of these models when evaluated using the AUC-ROC score metric. It was observed that the VGG16 outperformed all other architectures across all metrics, with an accuracy of 99.4%, precision of 97.9%, recall of 98.6%, F_1-score of 98.3%, and area under the curve of 98.25%. Its performance was superior consistently, irrespective of whether the models were trained with or without data augmentation.

Table . Evaluation of convolutional neural network (CNN) architectures across key evaluation metrics[a].

Architecture	Accuracy (%)	Precision (%)	Recall (%)	F_1-score (%)
VGG16[b]	99.4	97.9	98.6	98.3
VGG16[c]	99.3	96.6	99.3	97.9
VGG19	99.2	96.6	98.6	97.6
VGG19[c]	99.2	96.6	98.6	97.6
ResNet50[d]	96.1	81.3	96.9	88.4
ResNet50[c]	89	97.5	30	45.9
ResNet101	96.9	94.8	84.6	89.3
ResNet101[c]	97.3	92.1	90	91.1
ResNet152	97.9	93.6	93.6	93.6
ResNet152[c]	97.5	87.6	96.6	92.1
Inception ResNet-v2	99	95.9	98.6	97.2
Inception ResNet-v2[c]	99.2	97.2	97.9	97.5

[a]This table summarizes the performance of various CNN architectures according to precision, recall, and F_1-score.

[b]VGG: Visual Geometry Group.

[c]Models were trained using a combination of real and augmented data, showcasing the impact of data augmentation on model performance.

[d]ResNet: Residual Network.

Table . The models' area under the curve (AUC) scores.

Model	AUC (without data augmentation)	AUC (with data augmentation)
VGG16[a]	98.25	97.95
VGG19	97.6	97.6
ResNet50[b]	85.65	63.75
ResNet101	89.6	91.05
ResNet152	93.45	89.85
Inception ResNet-v2	92.75	97.55

[a]VGG: Visual Geometry Group.

[b]ResNet: Residual Network.

Surprisingly, increasing the dataset size through data augmentation did not correspond with an increase in the performance of the models across all architectures, as seen in Table 2. This was also observed in other models, such as ResNet50, where when augmented data were included, the AUC-ROC score dropped significantly from 85.65% to 63.75%, as shown in Table 3. This suggests that the introduction of augmented data may have introduced noise or overcomplicated the training process for certain architectures, negatively impacting their ability to generalize effectively.

Training Time

We also tracked each model's training time with a combination of data augmentation and real images versus training with only real images, as shown in Table 4. As expected, training with data augmentation requires more time due to the increased size of the dataset. For example, training the ResNet152 with data augmentation took 356.6 minutes, whereas training without augmentation took 345.7 minutes. This observation highlights the trade-off between longer training times and the potential benefits of data augmentation. However, data augmentation did not improve performance in our case, indicating that the additional training time did not translate into better model generalization.

Table . Training time for the models.

Model	AUC[a] (real images)	AUC (real and augmented data)
VGG16[b]	98.25	97.95
VGG19	97.6	97.6
ResNet50[c]	85.65	63.75
ResNet101	89.6	91.05
ResNet152	93.45	89.85
Inception ResNet-v2	92.75	97.55

[a]AUC: area under the curve.

[b]VGG: Visual Geometry Group.

[c]ResNet: Residual Network.

Model Parameters

In addition to our analysis, we provide a detailed breakdown of the parameter count for each model used in our study, as shown in Table 5. The number of parameters in a model reflects its complexity and capacity to learn from data. Consequently, it has a direct impact on both training time and the computational resources required, influencing the model's overall efficiency and scalability.

Table . Parameters of each model.

Model	Parameters, n
Inception-ResNet-V2	54,336,736
ResNet152[a]	58,370,944
ResNet101	42,658,176
ResNet50	23,587,712
VGG19[b]	20,024,384
VGG16	14,714,688

[a]ResNet: Residual Network.

[b]VGG: Visual Geometry Group.

The results highlight the superior performance of VGG16 in terms of diagnostic accuracy and computational efficiency, challenging the hypothesis that more complex models always yield better results. These findings and their broader implications for TB diagnostics are explored in the Discussion section.

Discussion

Principal Findings

The findings from this study provide significant insights into the performance and efficiency of several CNN architectures in the classification of CXR images for TB detection. The architectures evaluated included VGG16, VGG19, ResNet50, ResNet101, ResNet152, and Inception-ResNet-V2. Of these, the VGG16 consistently achieved the highest performance across all metrics, such as accuracy, precision, recall, and F_1-score. This consistent performance suggests that VGG16 effectively captures the necessary features for distinguishing between TB-positive and TB-negative CXR images, even with fewer parameters compared to the deeper models. VGG16's superior performance is significant, as it demonstrates that a simpler model can achieve exceptional diagnostic accuracy while requiring minimal computational resources. This makes it a practical and scalable solution for deployment in resource-constrained settings with limited access to high-performance hardware.

The computational time observed across models has implications for clinical settings, particularly in resource-limited environments. Longer training times, as seen with complex architectures like ResNet152, increase resource demands, potentially impacting cost-effectiveness. Importantly, since data augmentation did not improve model performance in this study, the additional computational burden may not be justifiable in such settings. Simpler models, like VGG16 or ResNet50, may offer a more feasible balance between efficiency and diagnostic accuracy, making them better suited for practical implementation.

Comparison to Prior Work

The findings also highlight the fact that while data augmentation is often used to improve the performance of CNN models by expanding the dataset and introducing variability, it does not necessarily lead to performance improvements if the base dataset already provides sufficient diversity for training. In our study, the original dataset appeared robust enough, and the addition of augmented data did not enhance model performance. This aligns with findings from previous studies, such as the study by Shorten and Khoshgoftaar [47], which emphasize that the

effectiveness of data augmentation is highly dependent on the initial dataset's characteristics, particularly its size and variability. When the base dataset is sufficiently diverse, as in our case, augmentation may introduce unnecessary redundancy or even noise, potentially disrupting the model's ability to generalize effectively.

However, our findings also contrast with studies in domains where datasets are inherently limited or imbalanced, such as biomedical imaging, where augmentation has been shown to significantly improve performance by addressing underrepresented classes and introducing variability. For instance, a study by Perez and Wang [48] demonstrated that data augmentation improved model generalization for small datasets by simulating real-world variability. The discrepancy between our results and these studies highlights the context-dependent nature of augmentation's effectiveness and the need for tailoring augmentation strategies to specific datasets and tasks.

It is commonly observed in several studies that models with a higher number of parameters, such as ResNet152 and Inception-ResNet-V2, are capable of capturing more deep patterns in the data [41,43]. However, this comes at the cost of requiring more computational resources and longer training times. Interestingly, in our study, despite having fewer parameters, VGG16 outperformed the more complex models. This suggests that for our specific task of classifying CXR images into TB-positive and TB-negative categories, VGG16 efficiently captured the relevant features without necessitating excessive complexity. This finding highlights the importance of selecting the appropriate model architecture based on the specific characteristics and requirements of the task at hand rather than simply opting for the model with the most parameters. This result also aligns with the principle that simpler models can often perform competitively when they are well-matched to the data and the problem domain [40].

Strengths and Limitations

The findings from this study show that a simpler model like VGG16 can deliver strong performance while keeping computational requirements low. This makes it suitable for use in low-resource environments. The study also measured training time across different architectures, which helps evaluate practical efficiency.

The study used a publicly available dataset from Kaggle. While the dataset is extensive, it may not reflect the full range of clinical variability found in real-world populations. Only one data augmentation approach was applied, and results might vary with other techniques or combinations.

Conclusions

This study presents a comprehensive evaluation of several CNN architectures—VGG16, VGG19, ResNet50, ResNet101, ResNet152, and Inception-ResNet-V2—in classifying CXR images as either TB-positive or TB-negative. The findings showed that the VGG16 architecture consistently outperformed the other models across all the evaluation metrics, achieving superior performance despite having fewer parameters compared to the more complex architectures such as ResNet152 and Inception-ResNet-V2. These results align with previous studies, such as those by Meraj et al [30] and Lakhani and Sundaram [12], which also highlighted the high diagnostic accuracy and efficiency of simpler architectures like VGG16 for TB detection in CXR images. However, our study extends these findings by demonstrating that VGG16 performs robustly even on larger, more diverse datasets, further validating its applicability to real-world scenarios.

Our results also showed limited benefits of data augmentation in this context, suggesting that the original dataset provided sufficient diversity for effective training. This finding is consistent with previous research emphasizing that the utility of data augmentation is highly context-dependent and may not always lead to performance improvements, particularly when the dataset already exhibits sufficient variability. However, it contrasts with studies where augmentation proved essential for improving performance in smaller, imbalanced datasets, highlighting the need for task-specific augmentation strategies. Furthermore, the study demonstrated significant trade-offs between model complexity, training time, and performance. Models with higher parameters, such as ResNet152 and Inception-ResNet-V2, required longer training times and more computational resources without corresponding improvements in classification performance across all evaluation metrics. This emphasizes the importance of selecting model architectures based on task requirements rather than defaulting to more complex models. Simpler models like VGG16 not only achieved higher accuracy but also demonstrated computational efficiency, making them particularly suitable for resource-constrained environments. The practical implications of this finding are significant: VGG16's lower computational requirements and superior performance enable its deployment in low-resource health care settings, where access to high-performance hardware and technical expertise may be limited.

Overall, our research contributes to the growing body of evidence supporting the effectiveness of deep learning models in medical image classification and provides actionable insights into optimizing these models for TB detection in CXR images. By addressing key considerations such as dataset diversity, model complexity, and computational efficiency, this study offers practical guidance for implementing AI-driven TB diagnostic tools in real-world clinical environments.

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Data Availability

The dataset analyzed during this study is publicly available and was obtained from the Kaggle repository [32].

Conflicts of Interest

None declared.

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Abbreviations

AI: artificial intelligence
AUC-ROC: area under the receiver operating characteristic curve
CNN: convolutional neural network
CXR: chest x-ray
FN: false negative
FP: false positive
FPR: false positive rate
ILSVRC: ImageNet Large-Scale Visual Recognition Challenge
ReLU: rectified linear unit
ResNet: Residual Network
TB: tuberculosis
TN: true negative
TP: true positive
TPR: true positive rate
VGG: Visual Geometry Group
WHO: World Health Organization

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Prevalence and Determinants of Academic Bullying Among Junior Doctors in Sierra Leone: Cross-Sectional Study

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Abstract

Background: Academic bullying among junior doctors—characterized by repeated actions that undermine confidence, reputation, and career progression—is associated with adverse consequences for mental health and professional development.

Objective: This study aimed to investigate the prevalence and determinants of academic bullying among junior doctors in Sierra Leone.

Methods: We conducted a cross-sectional survey of 126 junior doctors at the University of Sierra Leone Teaching Hospitals Complex in Freetown between January 1 and March 30, 2024. Participants were selected through random sampling. Data were collected using a semistructured, self-administered questionnaire and analyzed with descriptive statistics and multivariable logistic regression.

Results: Of the 126 participants (n=77, 61.1% male; mean age 31.9, SD 5.05 years), 86 (68.3%) participants reported experiencing academic bullying. Among those, 55.8% (n=48) of participants experienced it occasionally and 36% (n=31) of participants experienced it very frequently. The most common forms were unfair criticism (n=63, 73.3%), verbal aggression (n=57, 66.3%), and derogatory remarks (n=41, 47.7%). Consultants and senior doctors were the main perpetrators, with incidents primarily occurring during ward rounds, clinical meetings, and academic seminars. No statistically significant predictors of bullying were found for gender (odds ratio 2.07, 95% CI 0.92 - 4.64; *P*=.08) or less than 2 years of practice (odds ratio 0.30, 95% CI 0.05 - 1.79; *P*=.19).

Conclusions: Academic bullying is widespread among junior doctors at the University of Sierra Leone Teaching Hospitals Complex. It has serious consequences for their mental health and professional development. There is an urgent need for clear and culturally appropriate policies, targeted training programs, confidential reporting systems, and leadership development. Promoting ethical leadership and fostering a culture of respect can help reduce incivility and burnout, leading to a healthier work environment for junior doctors.

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KEYWORDS

academic bullying; junior doctors; Sierra Leone; mental health; professional development

Introduction

Academic bullying—defined as maltreatment within academic settings intended to hinder the professional or academic progress of targeted individuals—remains a pervasive issue in medicine, particularly affecting junior doctors [1]. The hierarchical and high-stress nature of the medical profession, coupled with cultural norms that prioritize deference to authority, often creates environments in which public humiliation, verbal abuse, micromanagement, excessive workloads, and exclusion can flourish without adequate recourse [1-3]. Such repeated behaviors not only undermine the mental health and career development of junior doctors but also disrupt professional interactions and teamwork, potentially threatening patient safety and compromising the broader health care system [4].

Extensive research in high-income countries has consistently documented the widespread nature of bullying among junior doctors [1,4-6]. However, data from low-resource settings remain scarce. This paucity of information is especially concerning in Sierra Leone, where health care institutions grapple with significant resource limitations, workforce shortages, and constrained opportunities for professional development [7,8]. In these contexts, academic bullying may further intensify existing challenges, contributing to poor morale, reduced retention, and impaired patient care.

Adding to the urgency of investigating bullying within Sierra Leone's health care sector are studies that have already documented alarmingly high rates of bullying in the country's educational system. Research among in-school adolescents found a bullying prevalence of 48.7%, driven by factors such as loneliness, substance use, and school truancy [9]. School-related gender-based violence reports also confirm pervasive verbal and physical bullying, exacerbated by entrenched sociocultural norms and insufficient reporting mechanisms [10]. Although these data are drawn from younger populations, the same power imbalances and cultural drivers of bullying likely persist in higher education and professional settings. Indeed, the limited infrastructure for reporting and addressing maltreatment may allow such behaviors to continue into advanced academic and clinical environments.

Junior doctors in Sierra Leone are especially vulnerable to academic bullying due to strict hierarchies and limited resources, which can worsen their impact on both their well-being and the health care system. Despite the need for effective interventions, there is a lack of empirical data on the prevalence, determinants, and consequences of academic bullying among this demographic. Therefore, this study aims to investigate the prevalence of academic bullying among junior doctors at the University of Sierra Leone Teaching Hospitals Complex (USLTHC) in Freetown, Sierra Leone, and to examine the factors contributing to these behaviors. By situating the research within broader educational challenges and drawing on insights from prior studies, we seek to inform strategies for creating safer, more inclusive environments that support both the professional growth of junior doctors and the effective delivery of health care services.

Methods

Study Design and Setting

We conducted a cross-sectional survey at the major hospitals of USLTHC in Freetown, Sierra Leone. The USLTHC - Connaught Hospital, Princess Christian Maternity Hospital, Ola During Children's Hospital, and Sierra Leone Psychiatry Teaching Hospital are the largest and primary government referral hospitals in the country and serve as the main training centers for junior doctors, including registrars (residents) and house officers (interns). In Sierra Leone, the term "junior doctor" refers to physicians who have not yet achieved full specialist (consultant) status. This includes those in postgraduate training or supervised practice, such as house officers (interns), who are recent medical graduates undergoing closely supervised practice; medical officers, who have completed internships and can work more independently but have not pursued formal residency training; and registrars (residents), who are enrolled in specialty training programs but have not yet attained full accreditation as specialists. The survey was conducted from January 1, 2024, to March 30, 2024.

Participants and Sampling

All junior doctors who had been employed for a period of 6 months or longer and had reached the age of 18 years or older were included in the study. Those who were on outside posting or leave (annual or sick) were excluded, and no visiting junior doctors outside of USLTHC were included. The 6-month working experience requirement was used as the cutoff to ensure that participants have had sufficient interaction with both superiors and contemporaries during their training or postings.

Sampling Strategy and Sample Size

We constructed our sampling frame by compiling a list of all junior doctors aged 18 years or older who had been employed at the USLTHC for at least 6 months. From this roster, we used a computer-based random selection procedure (ie, assigning unique identifiers and using a random number generator) to ensure that each eligible junior doctor had an equal probability of inclusion. This method was chosen to maintain methodological rigor despite the logistical challenges posed by frequent 3- to 6-month rotations.

To determine the sample size for the study, we used the Yamane formula for cross-sectional studies: $n=N/(1+ N[e^2])$, where n is the required sample size, N is the total population size, and e is the margin of error set at 5% (0.05) [11].

Based on an estimated population of 160 eligible junior doctors, we calculated a minimum sample size of 114. Anticipating potential nonresponse or incomplete data, we increased this figure by 10% to arrive at a final target of 126 participants. Selected participants were drawn from multiple departments across four sites of the USLTHC.

Data Collection Instrument

Data were collected using a semistructured, self-administered questionnaire, also offered via web (via a secure server using Microsoft Forms) for participants who could not complete the paper-based version. The survey captured demographic details (eg, sex, age, duration of practice or training, and job title) and focused on first-hand encounters with workplace bullying within the preceding 6 months. Participants who reported bullying were asked to describe these incidents, ensuring the data represented direct, personal experiences rather than observations of others being bullied.

The primary outcome measure was the respondent's experience of workplace bullying, determined by a yes or no response to the question: "Have you experienced any form of workplace bullying in the last six months while training?"

Bullying was defined as repeated behaviors involving intimidation, humiliation, degradation, misuse of power, or abuse of authority that made the individual feel defenseless and undermined their dignity [1,2,12]. This definition guided our questionnaire design to differentiate self-reported experiences as a survivor from witnessing such acts. Before the main data collection, the survey instrument was piloted with 10 participants to confirm clarity and relevance, with refinements made based on their feedback.

Statistical Analysis

We conducted descriptive statistics to summarize the data. For continuous variables with a normal distribution, we reported means and SDs; for nonnormally distributed variables, medians and IQRs were provided. Associations between categorical variables were assessed using Pearson χ^2 tests or Fisher exact tests, as appropriate. Results were presented in tables and graphical summaries.

To explore independent associations between prespecified characteristics and the primary outcome—respondents' experience of workplace bullying—we performed multivariable logistic regression analyses. Explanatory variables were selected based on their relevance and included age (≤34 y vs ≥35 y), sex (male vs female), marital status (married vs others), level of training (house officer and others vs registrar), and duration of practice (≤2 y vs ≥3 y). Results were reported as odds ratios (ORs) with 95% CIs and corresponding *P* values. Statistical significance was set at a 5% level. All analyses were conducted using SPSS (version 27; IBM Corp).

Participant and Public Involvement Statement

Due to unexpected delays and time constraints, we were unable to involve participants or the public in the study's design, execution, or reporting. However, we are now considering a higher level of public and stakeholder engagement when sharing our research findings.

Ethical Considerations

The study received ethics approval from the College of Medicine and Allied Health Sciences Institutional Review Board (review number: COMAHS/IRB/013 - 2024). All procedures involving human participants were conducted in accordance with the ethical standards of the institutional and national research committee and with the 1964 Declaration of Helsinki and its later amendments. Informed consent was obtained from all participants prior to their completion of the questionnaire. Participation was voluntary, and participants were informed about the purpose of the study, their right to withdraw at any time, and the measures in place to protect their data. No compensation was provided to participants for their involvement in this study. All responses were collected anonymously, and no personally identifiable information was obtained. Strict confidentiality protocols were followed, including secure data storage and restricted access, to ensure the privacy and integrity of the data.

Results

Sociodemographic Characteristics of Participants

A total of 126 individuals completed the survey, comprising 77 (61.1%) male and 49 (38.9%) female participants. The mean age of the participants was 31.9 (SD 5.05) years. Regarding marital status, 68 (53.9%) individuals were single and never married, 52 (41.3%) individuals were married or in a domestic partnership, 2 (1.6%) individuals were separated, 1 (0.8%) individual was divorced, and 3 (2.4%) individuals preferred not to disclose their marital status (Table 1).

Table . Sociodemographic characteristics of the respondents (n=126).

Characteristics	Frequency
Age (years), n (%)	
18 - 24	2 (1.6)
25 - 34	95 (75.4)
35 - 44	26 (20.6)
45 - 54	3 (2.4)
Age (years), mean (SD)	31.9 (5.05)
Sex, n (%)	
Female	49 (38.9)
Male	77 (61.1)
Marital status, n (%)	
Single, never married	68 (53.9)
Married or domestic partnership	52 (41.3)
Separated	2 (1.6)
Divorced	1 (0.8)
Prefer not to say	3 (2.4)
Level of training, n (%)	
House officer	59 (46.8)
Medical officer	22 (17.5)
Registrar	43 (34.1)
Senior registrar	2 (1.6)
Duration of practice (years), n (%)	
<2	66 (52.4)
2 and above	60 (47.6)
Current training department, n (%)	
Internal medicine	35 (27.8)
Surgery and its subspecialties	34 (26.9)
Pediatrics	21 (16.7)
Obstetrics and gynecology	23 (18.3)
Family medicine	5 (3.9)
Psychiatry	6 (4.8)
Laboratory medicine	2 (1.6)

In terms of level of training, the sample included 59 (46.8%) house officers, 22 (17.5%) medical officers, 43 (34.1%) registrars, and 2 (1.6%) senior registrars. The duration of practice varied, with 66 (52.4%) participants having practiced for 2 years or less and 60 (47.6%) participants having practiced for 3 years or more (Table 1).

Participants were also categorized by their current training departments. Internal medicine had the highest representation, with 35 (27.8%) individuals, followed by surgery and its subspecialties with 34 (26.9%) individuals. Pediatrics included 21 (16.7%) participants, obstetrics and gynecology had 23 (18.3%) participants, family medicine included 5 (3.9%) participants, psychiatry had 6 (4.8%) participants, and laboratory medicine included 2 (1.6%) participants (Table 1).

This study examined the prevalence and forms of academic bullying among 126 participants. A total of 86 (68.3%) individuals reported experiencing bullying, while 40 (31.8%) individuals did not report such experiences (Table 2). Among the participants who reported being bullied, 48 (55.8%) experienced bullying occasionally, and more than one-third (36%) experienced bullying very frequently (Table 3).

Table . Prevalence and forms of academic bullying.

Variable	Frequency, n (%)
Current experience of bullying (n=126)	
Experienced	86 (68.3)
Not experienced	40 (31.8)
Forms of bullying (n=86)[a]	
Unfair criticism or evaluation	63 (73.3)
Verbal aggression	57 (66.3)
Derogatory remarks	41 (47.7)
Threat or intimidation	33 (38.4)
Undermining dignity at work	30 (34.9)
Exclusion from academic activities	16 (18.6)
Others (extra on-call service)	1 (1.2)
Common perpetrators of bullying (n=86)	
Consultants	72 (83.7)
Other senior doctors (colleagues)	66 (76.7)
Nursing staff	18 (20.9)
Administrative staff	15 (17.4)
Peers	13 (15.1)

[a]Percentages are calculated based on the total number of respondents who reported any form of bullying or reported any type of perpetrator (n=86).

Table . Frequency of bullying experienced by junior doctors.

Bullying frequency	Frequency, n (%)
Occasionally	48 (55.8)
Very frequently	31 (36.0)
Rarely	6 (7.0)
Always	3 (3.5)

Among those who reported experiencing bullying (n=86), the most common forms of bullying included unfair criticism or evaluation, reported by 63 (73.3%) individuals, and verbal aggression, reported by 57 (66.3%) individuals. Derogatory remarks were reported by 41 (47.7%) individuals, and threats or intimidation were experienced by 33 (38.4%) individuals. Other reported forms of bullying included undermining dignity at work (30/86 individuals, 34.9%), exclusion from academic activities (16/86 individuals, 18.6%), and extra on-call service demands (1/86 individuals, 1.2%) (Table 2).

Regarding the common perpetrators of bullying (n=86), consultants were identified as the most frequent perpetrators, reported by 72 (83.7%) individuals. Other senior doctors were reported by 66 (76.7%) individuals as perpetrators. Additionally, 18 (20.9%) individuals reported nursing staff as perpetrators, 15 (17.4%) individuals reported administrative staff, and 13 (15.1%) individuals reported peers as perpetrators of bullying (Table 2).

The most common context or setting in which academic bullying occurred was during ward rounds, reported by 73 (84.9%) participants. Clinical meetings were another context in which 51 (59.3%) individuals experienced bullying. A total of 50 (58.1%) individuals reported academic seminars or presentations as the context for bullying. Last, administrative meetings were identified as a bullying setting by 8 (9.3%) individuals (Table 4).

Table . Context or setting of bullying activity.

Context/setting	Frequency, n (%)
During ward rounds	73 (84.9)
Clinical meetings	51 (59.3)
Academic seminars or presentations	50 (58.1)
Administrative meetings	8 (9.3)

Multiple Logistic Regression Analysis of Factors Independently Associated With Bullying

The logistic regression analysis did not identify any statistically significant predictors of bullying at the 5% significance level. Participants aged 35 years or older had 0.78 times the odds of experiencing bullying compared with those aged 34 years or younger (OR 0.78, 95% CI 0.29-2.14; *P*=.63). House officers had 0.66 times the odds of experiencing bullying compared with registrars (OR 0.66, 95% CI 0.10-4.34; *P*=.67), while participants in the "Others" designation category (medical officers and senior registrars) had 2.58 times the odds of experiencing bullying compared with registrars (OR 2.58, 95% CI 0.67-9.92; *P*=.17). Marital status showed that participants categorized as "Others" had 0.94 times the odds of experiencing bullying compared with married or domestic partnership participants (OR 0.94, 95% CI 0.38-2.35; *P*=.90) (Table 5).

Table . Multiple logistic regression analysis of factors independently associated with bullying.

Factors	OR[a] (95% CI)	*P* value
Sex		
Female[b]	1	—[c]
Male	2.07 (0.92 - 4.64)	.08
Age (years)		
≤34[b]	1	—
35 or older	0.78 (0.29 - 2.14)	.63
Marital status		
Married or domestic partnership[b]	1	—
Others	0.94 (0.38 - 2.35)	.90
Level of training		
Registrar[b]	1	—
House officer	0.66 (0.10 - 4.34)	.67
Others	2.58 (0.67 - 9.92)	.17
Duration of practice (years)		
2 or more[b]	1	—
<2	0.30 (0.05 - 1.79)	.19
Intercept	3.00 (0.38 - 23.45)	.29

[a]OR: odds ratio.

[b]Reference categories that serve as the baseline for comparison.

[c]Not applicable.

Male participants had 2.07 times the odds of experiencing bullying compared with female participants (OR 2.07, 95% CI 0.92-4.64; *P*=.08). Participants with <2 years of practice had 0.30 times the odds of experiencing bullying compared with those with more than 2 years of practice (OR 0.30, 95% CI 0.05-1.79; *P*=.19) (Table 5).

The intercept, representing the log odds of experiencing bullying for the reference category (≤34 years old, female, married, registrar, ≥3 years of practice), had an OR of 3.00 (95% CI 0.38-23.45; *P*=.29), which serves as the baseline for comparison but is not directly interpretable in the same way as the other predictors (Table 5).

Discussion

Principal Findings

In this cross-sectional study, we investigated the prevalence and determinants of academic bullying among junior doctors at USLTHC in Freetown, Sierra Leone, between January 1 and March 30, 2024. We found a high prevalence of bullying (68.3%) among 126 participants, with unfair criticism and verbal aggression being the most common forms. Consultants and other senior doctors were frequently identified as perpetrators. Bullying occurred most frequently during ward rounds and clinical meetings. Despite the high prevalence, the analysis did not find any factors that were significantly associated with the likelihood of experiencing bullying.

The high prevalence of academic bullying in this study is much higher than the global average reported in systematic reviews, which found an overall prevalence of 51% (95% CI 36% - 66%) [4]. However, this finding aligns more closely with data from sub-Saharan Africa, exceeding the prevalence reported in Nigeria (59.7%) [2] but lower than that in Ghana (82%) [13]. These results suggest that while the prevalence of academic bullying in our study surpasses the global norm, it is consistent with regional trends.

Bullying predominantly occurred during ward rounds (84.9%), clinical meetings (59.3%), and academic seminars (58.1%), consistent with literature indicating that hierarchical settings in medical environments are common contexts for such behavior [14,15]. Multiple forms of bullying were identified, including unfair criticism, verbal aggression, derogatory remarks, and threats or intimidation. Consultants were the most frequently reported perpetrators, aligning with findings from a systematic review where 53.6% of 15,868 respondents identified senior staff as bullies [1]. These observations underscore the influence of entrenched power dynamics within the medical profession on bullying behaviors [16].

The high prevalence of bullying in our sample population can be attributed to several factors inherent in the medical profession. Hierarchical power dynamics, overwhelming workloads, and a lack of institutional support have been noted in other studies and are evident in our setting [14]. Bullying often occurs hierarchically, with senior staff perpetrating negative behaviors toward junior colleagues [15]. The Joint Commission has emphasized that health care professionals in positions of power commonly exhibit intimidating and disruptive behaviors, highlighting the systemic nature of the issue [16].

Toxic work cultures—including bullying and discrimination—are significant sources of distress for junior doctors, necessitating urgent institutional interventions. In Sierra Leone, medical professionals face escalating demands, diminishing resources, and staff shortages, factors known to compound psychological distress [7]. These stressors not only increase the risk of being bullied but also exacerbate the situations under which bullying occurs and intensify its negative impact. The absence of structured systems to counteract this culture may explain the high prevalence observed. Further research is needed to elucidate the role of these stressors, specifically related to perpetrators of bullying in the medical profession.

Determinants of Bullying in the Medical Profession

Our study found no significant differences in the incidence of bullying across demographic factors such as gender, age, marital status, designation, or duration of practice. While previous studies suggest a higher incidence of bullying against females [1,5]—and considering the patriarchal context of Sierra Leone—our data did not reflect significant gender differences. This may be due to reporting biases or specific workplace dynamics and aligns with findings from similar studies in the subregion [13,17]. These results underscore the need for further research and qualitative exploration to uncover underlying factors contributing to bullying.

Similarly, our findings deviate from other studies reporting higher odds of bullying among younger and less experienced individuals, attributed to lower status, perceived vulnerability, and power dynamics [18]. Studies have shown that individuals who are separated, divorced, or widowed have higher odds of reporting bullying than married individuals [19]. However, our study found no statistically significant correlation between marital status and reports of bullying.

The lack of statistically significant findings may be due to sample homogeneity; a more extensive and diverse sample could provide greater insight into demographic determinants of bullying, highlighting the need for further studies. Given the homogeneity of our sample, exploration of factors such as race-related bullying, which has been shown to lead to profound psychological distress, was not applicable [5].

Impact of Academic Bullying in the Medical Profession

Academic bullying has profound impacts on the medical profession. The hierarchical nature of medical training can lead to burnout and dissatisfaction among medical students and residents, deterring them from pursuing further specialization or academic careers [20]. This underscores the broader influence of workplace dynamics on health care professionals' career trajectories and well-being. In Sierra Leone, already facing a shortage of specialized medical staff, the negative effects of academic bullying may exacerbate this issue [7]. Research has demonstrated that victims of bullying may become perpetrators themselves, perpetuating a cycle particularly evident in hierarchical structures where each level may bully the one below [21].

Studies have highlighted the psychological impact of workplace bullying on junior doctors, including its associations with common mental disorders and suicidal ideation. The detrimental effects extend beyond direct victims to colleagues who may be vicariously impacted. Organizational factors, such as climate, culture, leadership, and support, play significant roles in predicting exposure to bullying, emphasizing the need for holistic approaches to address workplace victimization.

Research has also explored the relationship between workplace bullying and employee turnover intentions, as well as negative implications for productivity and teamwork [22]. The psychological and emotional distress caused by bullying affects both the personal and professional lives of junior doctors [23], a critical concern for nations like Sierra Leone grappling with medical professional shortages. While coping mechanisms such as seeking peer support and focusing on personal growth are used [24], systemic changes are imperative to address the root causes of bullying in academic settings. Recognizing workplace bullying as a systemic problem necessitates comprehensive solutions to foster a more supportive and respectful work environment.

Practical Implications

To effectively address academic bullying within USLTHC and the broader Sierra Leone health care system, a comprehensive, evidence-based approach is necessary. Establishing culturally sensitive antibullying policies is imperative to create a safer and more respectful academic environment. Implementing comprehensive training programs for medical staff—focused on recognizing and preventing bullying, promoting respectful communication, and fostering supportive work environments—is essential. Moreover, advocating for authentic leadership that empowers junior doctors, promotes transparent communication, and addresses hierarchical imbalances can substantially contribute to the mitigation of bullying behaviors in health care settings [25].

Confidential reporting channels, such as anonymous hotlines or independent web-based platforms, are vital for safeguarding individuals and promoting whistleblowing. Enhancing leadership development within the medical hierarchy is also crucial. Effective leadership models in health care enhance learning, teaching, and patient care. By fostering ethical leadership principles, health care organizations can cultivate a culture of respect, integrity, and accountability [26].

Ethical leadership profoundly influences health care outcomes, including job satisfaction, safety compliance, and reduction of workplace deviance. The positive impact of ethical leadership on job satisfaction enhances service quality, patient satisfaction, and productivity [27]. Ethical leadership improves safety compliance by building trust among health care professionals [28]. Fostering a culture of trust and ethical behavior is therefore crucial for promoting positive outcomes in health care organizations.

Addressing incivility and unethical behaviors in health care settings is essential. Organizations can leverage Ethics Committees and Clinical Ethics Consultation Services to manage incivility and promote ethical practices [29]. Integrating ethical considerations into organizational practices fosters a supportive and respectful work environment, aligning with the need to cultivate ethical leadership skills among health care professionals [30].

Implementing antibullying interventions and creating supportive environments through mentorship, coaching, and feedback mechanisms can mitigate the negative impacts of bullying on junior doctors [31,32]. Fostering a culture of respect and support within medical institutions is essential to promoting the well-being and professional development of all health care professionals, including junior doctors [20,33].

Strengths and Limitations

This study represents the first investigation into academic bullying among junior doctors in Sierra Leone. Strengths include the straightforward administration of the survey, facilitated by a well-educated study population and a readily accessible participant list.

However, several limitations must be acknowledged. The reliance on self-reported experiences introduces the potential for response bias, including underreporting due to fear of administrative scrutiny. Additionally, there is a lack of a validated instrument for evaluating academic bullying in an African context. The questionnaire was developed based on prior studies and an extensive literature review. Despite these constraints, the findings suggest disturbingly high levels of perceived bullying and mistreatment during training. Results should be interpreted cautiously, and a higher response rate would have been preferable.

Conclusions

This study revealed a high prevalence of academic bullying among junior doctors at USLTHC, with unfair criticism, verbal aggression, derogatory remarks, and threats or intimidation being the most common forms identified. Consultants and other senior doctors were frequently identified as perpetrators. Bullying most commonly occurs during ward rounds and clinical meetings. Despite the high prevalence, the analysis did not find any sociodemographic factors significantly associated with the likelihood of experiencing bullying.

Academic bullying in medicine undermines junior doctors' mental health and professional development, compromising both individual well-being and the quality of patient care. Confronting this pervasive issue within USLTHC and the broader Sierra Leone health care system demands a comprehensive, evidence-based strategy.

Data Availability

The datasets generated or analyzed during this study are available from the corresponding author on reasonable request.

Authors' Contributions

All authors were involved in the conceptualization and planning of the study. FJ, AK, MJJ, KA, MMJF, and MBJ were involved in conducting the study, with data collection. FJ, AL, and MBJ were involved with the analysis and interpretation of data. FJ and MBJ prepared the first draft of the manuscript. All authors contributed to subsequent revisions to the manuscript. All authors read and approved the final manuscript.

Conflicts of Interest

None declared.

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Abbreviations

OR: odds ratio
USLTHC: University of Sierra Leone Teaching Hospitals Complex

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The Impact of Rural Alimentation on the Motivation and Retention of Indigenous Community Health Workers in India: A Qualitative Study

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Abstract

Background: Rural health care delivery remains a global challenge and India is no exception, particularly in regions with Indigenous populations such as the state of Jharkhand. The Community Health Centres in Jharkhand, India, are staffed by Indigenous workers who play a crucial role in bridging the health care gap. However, their motivation and retention in these challenging areas are often influenced by a complex mix of sociocultural and environmental factors. One such significant but understudied influencing factor is alimentation, or nutrition, in rural settings. Previous studies have identified several motivators, including community ties, cultural alignment, job satisfaction, and financial incentives. However, the role of alimentation in their motivation and retention in rural areas has not been sufficiently explored.

Objective: This study aims to explore how the strong bond with locally produced food products impacts the retention of Indigenous community health workers (CHWs) in Jharkhand, India, and shed light on a crucial aspect of rural health care workforce sustainability.

Methods: This study adopted a phenomenological research design to explore the lived experiences and perspectives of Indigenous CHWs in Jharkhand. A purposive sampling method was used to select CHWs who had worked in rural areas for at least five years. Data were collected through semistructured interviews, focusing on the participants' experiences of rural alimentation and how it influences their motivation and retention for rural health care. The interviews were audio recorded, transcribed, and analyzed using thematic analysis to identify common themes and patterns in their experiences related to nutrition and retention.

Results: The study revealed that rural alimentation plays a significant role in both the motivation and retention of CHWs in Jharkhand. CHWs who experienced consistent access to local food reported higher job satisfaction, better physical well-being, and a stronger commitment to their roles. It has also been perceived that consuming nutrient-dense food products decreases the risk of chronic illness among rural populations. Additionally, community support systems related to alimentation were found to be crucial in maintaining motivation, with many CHWs emphasizing the importance of local food availability and cultural ties. The findings suggest that improving access to organic nutrition can positively influence the retention of CHWs in rural areas.

Conclusions: Indigenous communities have unique food habits and preferences deeply rooted in agriculture and arboriculture. Their traditional eating practices are integral to their rich cultural heritage, with significant social, symbolic, and spiritual importance. This study highlights the critical role of rural alimentation in motivating and retaining CHWs in rural Community Health Centres in Jharkhand. Therefore, addressing organic versus conventional food in rural health care policies plays a vital role in improving the retention rates of CHWs. By recognizing the interconnectedness of nutrition and workforce sustainability, health care systems can better support Indigenous CHWs and continue delivering health care services.

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KEYWORDS

rural alimentation; community health workers; motivation; retention; rural health; rural nutrition; workforce

Introduction

Rural Health and Alimentation

Community health workers (CHWs) play a vital role in providing primary health care services to rural populations in low- and middle-income countries [1,2]. However, retaining them in rural areas is challenging, largely due to low motivation. One potential factor influencing their motivation and retention is access to a diverse and nutritious diet or rural alimentation [3]. Although the term "alimentation" has existed in the English language since the late 16th century, it is rarely used. In Latin-based languages like French, "alimentation" conveys a holistic view of how humans produce, procure, prepare, share, consume, and digest their food, encompassing human, technological, sociocultural, and environmental aspects [4].

Significance of Alimentation in Rural Health Systems

The term "rural alimentation" in this study refers to the food that Indigenous people produce, acquire, prepare, share, consume, and digest; it is intimately linked to their sociocultural and environmental surroundings. Indigenous CHWs are also among those who are devoted to these tastes and preferences and will find it difficult to give up their native cuisine. Rural food products that are fresh, pure, unadulterated, nutrient dense, and low in pesticides appeal to CHWs [5]. This experience has lured CHWs to continue serving in rural health centers in Jharkhand, India. However, the lack of local and traditional food in metropolitan cities has negatively impacted their motivation, causing many health workers to select rural health care jobs [6]. Previous studies indicate that the desire for nutritious food in the urban setting significantly affects their motivation, job satisfaction, and retention rates. For example, a study in Ethiopia showed that providing nutritious food to CHWs increased job satisfaction and reduced attrition rates [7]. Similarly, a study conducted in Malawi demonstrated that CHWs accessing local food products were less likely to leave their jobs [8]. Despite the potential impact of rural alimentation on CHWs' motivation and retention, there is limited research on this topic in Jharkhand. Therefore, the study seeks to explore the question: "How does access to diverse and organic food in rural Jharkhand influence the motivation and retention of Indigenous community health workers?"

The study also aims to explore how Indigenous CHWs in Jharkhand perceive the impact of rural alimentation on their motivation and retention. Investigating the connection between rural alimentation and the motivation and retention of Indigenous CHWs will provide valuable insights into the factors that influence their engagement and commitment. We also intend to share the findings with policy makers and health care stakeholders, invoking the implementation of policies that support the well-being of CHWs, promote local food, and attract adequate CHWs to rural Jharkhand.

Study Background

Jharkhand is an eastern Indian state with a population of 39 million spread across 79,714 square kilometers (2019 census). Out of the total population, 24.05% reside in urban areas, while 75.95% live in rural areas [9]. Agriculture and agroforestry products are the primary sources of livelihood. However, the younger generation is increasingly migrating to metropolitan cities in search of better, more sustainable living opportunities. Most state regions are characterized by hills, rugged terrain, lakes, and rivers, presenting significant challenges. While some areas have plains and level topography nestled within natural surroundings, socioeconomic difficulties and a lack of infrastructure make it challenging for CHWs to stay in these locations. Consequently, Jharkhand faces a severe shortage of health workforce [10,11]. Approximately 80% of health care workers are stationed in metropolitan cities catering to the 24.05% of the population residing in urban areas, while 20% health care workers serve the 75.95% population living in rural areas [11-13]. Additionally, the population's strong beliefs in spirit worship and reliance on local quacks and tantric practices for their ill health further contribute to the short supply of CHWs. This study aims to provide evidence-based insights into the factors that promote the retention of CHWs in rural areas.

Methods

Study Design

We used a qualitative case research design to help understand the perspectives, emotions, and behaviors of Indigenous CHWs and uncover their in-depth experiences [14]. This approach focuses on understanding the subjective meaning that drove CHWs to work in rural Jharkhand [15,16]. This study selected participants with 5 years of service records in the respective Community Health Centers (CHCs).

Ethical Considerations

The study is not a clinical trial and, therefore, does not require registration to establish safety and efficacy standards. Nevertheless, ethical approval was obtained from the Institutional Review Board of CHRIST (Deemed to be University), Bangalore, India (CU: RCEC/00371/11/22). Written informed consent was obtained from each participant before conducting the interview. To further ensure the privacy of the participants, all names were changed to pseudonyms during the transcriptions of the text. However, the interviewers (AK and RNA) know the actual names of the interview participants. Each participant received a fixed remuneration of US $5.75 after completion of the interview as an acknowledgment of their time and contribution.

Setting and Sample

The corresponding author randomly selected and visited 3 CHCs in the eastern districts of Jharkhand to pilot the survey. This visit played a key role in shaping the development of the research objective: to explore the impact of rural alimentation (local and traditional food systems) on the motivation and

retention of Indigenous CHWs in rural India, as well as to establish a suitable research framework. CHWs from these randomly selected CHCs participated by completing a self-validated questionnaire with open-ended questions. In the main study, 30 CHWs were selected; of these, 10, 12, and 8 CHWs from the respective CHCs met the study criteria. They had served more than five years, expressed willingness to continue residing in rural areas, and were government employees. The study adopted a purposive sampling technique, which helped obtain rich, detailed, and relevant data that influenced the motivation and retention of CHWs in Jharkhand [17]. The male and female respondents were selected irrespective of their rural and urban backgrounds.

Process of Data Generation

A total of 14 participants (4 male individuals and 10 female individuals) ultimately consented to participate in the interviews. However, 16 individuals declined, with some initially agreeing but later withdrawing due to hesitation from the novelty of such an interview process and discomfort with having their comments audio recorded. The participants were aged 30-60 years and expressed their desire to participate in individual, face-to-face or telephone interviews within 10 months. A follow-up interview was done after 4 and 6 months. Within 4 months, 8 interviews were conducted at the CHCs and 6 interviews were conducted in the home district of the reviewer [18,19]. Multimedia Appendix 1 shows the interview guidelines and questionnaire.

The round-1 interview was precise and relevant to the objectives mentioned above (in the *Setting and Sample* section) and, hence, did not require a reinterview of any participants. Interviews were conducted both face-to-face and remotely in Hindi, a language in which the authors are fluent and experienced in conducting qualitative case research. While consent was sought to audio record the interviews, many participants expressed unwillingness; as a result, the researchers took detailed notes instead.

The data were collected through individual, semistructured qualitative case research, with in-depth interviews conducted according to the established protocol matrix [20]. Questions regarding all main areas were posed, albeit in varying order. The interviews in the 4-month follow-up ranged between 6 and 37 minutes (average of 10 min), and interviews in the 6-month follow-up ranged between 5 and 13 minutes (average of 7 min).

Research Team and Reflexibility

AK (research scholar in human resource management, male, aged 40 y) and RAN (PhD in human resource management, male, aged 48 y) solely conducted the interviews. After the interviews, the corresponding author listened to the audio recordings, with several breaks between every audio recording, and transcribed them.

Analysis

We employed the general data analysis methodologies indicated below in the context of thematic analysis and read the texts multiple times to familiarize and better understand them [21]. Descriptive codes were then applied to data segments [22] relevant to the research question: how do the local food habits influence motivation and continuation of work, and do these factors impact decisions to remain in rural areas? This question was aligned with the objective of the study [23]. The coded data were grouped into themes using QDA Miner Lite software (Provalis Research), demonstrating the relationships between them and identifying themes using inductive methods. The themes were assessed and modified depending on their relevance to the data and the research topic, and they were blended as appropriate. After the themes were developed, they were further defined and given titles that accurately expressed their meanings [24]. Then, the researcher drafted the report. The thematic analysis involves a recursive process of moving back and forth between the data and the emerging themes. It is an iterative and reflexive process, requiring the researcher to consider their biases and assumptions throughout the analysis.

- In-depth investigation: This method provided an in-depth understanding of the study's objectives and phenomena [25]. It enabled the researchers to collect data from multiple sources and examine them comprehensively.
- Contextual analysis: The qualitative case research design allowed the researchers to focus on the social, cultural, economic, and political factors influencing the phenomenon [26].
- Interpretive analysis: This approach involved identifying themes and interpreting them in the context of the research objectives [21,27].
- Flexible design: The qualitative case research design is adaptable, allowing the researchers to evolve the design as data are collected and analyzed [28]. To explore complex and context-specific issues in real-life settings, the interview provided comprehensive insights into the CHWs' experiences, opinions, and perspectives regarding rural alimentation and its impact on their motivation and retention.

Results

Study Participants

We contacted 4 CHCs; however, the medical officer at one center declined to grant permission, citing concerns that the study might inadvertently violate government protocols. A total of 64 CHWs were contacted across the remaining 3 CHCs, who were directly appointed by the government and were under the age of 60 years. Table 1 shows that the majority of health workers were female, accounting for 52% (13/25), 61% (11/18), and 57% (12/21) across the 3 CHCs. Among the 14 participants, 71% (n=10) were female and 29% (n=4) were male. This sex disparity could be a potential area for further research, exploring why fewer male CHWs tend to remain in rural locations.

Table . Participants characteristics from CHCs[a] A, B, and C. This table combines the demographic and workplace preferences of health care workers across the 3 centers (A, B, and C).

Characteristics	Center A (n=25), n (%)	Center B (n=18), n (%)	Center (n=21), n (%)
Sex			
Male	12 (48)	7 (39)	9 (43)
Female	13 (52)	11 (61)	12 (57)
Age group (years)			
≤30	3 (12)	5 (28)	4 (19)
≥30	22 (88)	13 (72)	17 (81)
Residence			
Rural origin	25 (100)	18 (100)	21 (100)
Urban origin	0 (0)	0 (0)	0 (0)
Preferred workplace			
Rural area	8 (32)	12 (67)	15 (71)
Male	2 (25)[b]	4 (33)[b]	4 (27)[b]
Female	6 (75)[b]	9 (67)[b]	11 (73)[b]
Urban area	17 (68)	6 (33)	6 (29)
Male	3 (18)[c]	1 (17)[c]	2 (33)[c]
Female	14 (82)[c]	5 (83)[c]	4 (67)[c]

[a]CHC: Community Health Centre.

[b]Percentages are based the number of workers who preferred a rural workplace as the denominator.

[c]Percentages are based the number of workers who preferred an urban workplace as the denominator.

Data were analyzed by constructing a thematic analysis, identifying patterns and themes as guided by the research questions and objectives [24,29]. Emerging themes were verified through member checking to ensure accuracy and validity. This study offers a comprehensive understanding and valid representations [30] of the perspectives and experiences of CHWs staying in rural Jharkhand. The focus is on a specific area within the CHCs, which is predominantly tribal dominated. The analysis identified themes that offered insights into the barriers and facilitators affecting CHWs' access to and consumption of diverse and nutritious food, as well as how their food habits intersect with their roles as health promoters and caregivers.

The study explored three major themes, presented as main themes and their corresponding minor themes, as illustrated below. These themes reflect the perspectives, experiences, and perceptions of the Indigenous CHWs regarding their reasons for remaining in rural Jharkhand.

1. The impact of rural alimentation on Indigenous CHWs' motivation
2. Retention trends among Indigenous CHWs
3. Correlations between nutritional support and job satisfaction

Impact of Rural Alimentation on Indigenous CHWs' Motivation

Health and Nutrition

Local food, often known as "field to plate," plays a vital role in connecting Indigenous CHWs to rural health centers. Free from preservatives, pesticides, additives, and flavorings, this food comes straight from the field, offering freshness and abundance, which enhances both its quality and appeal.

> *Whenever people call me to see patients or visit their house, they offer me fresh produce from their farm and sometimes even "desi" (country) chicken for free. Where can you get such nutritious and healthy food in cities?* [Nurse BY, 4-month interview]

Community Engagement

A unique characteristic of Indigenous communities is their emphasis on communitarian living, characterized by strong bonds of sharing and caring for one another [31,32]. Farming serves as both a livelihood and a means of fostering community engagement and identity. Their connection to the land, local markets, and cultural festivals centered around regional cuisine strengthens their sense of belonging and deepens social ties within the community.

> *I visit the villages whenever I have time. During these visits, many people gather to sit and discuss the health and well-being of the community, and we motivate the children. On holidays and Sundays, I often take*

the village youth to the rivers for fishing. [Doctor BA, 4-month interview]

Work-Life Balance

The concern among these CHWs is their inability to manage their domestic chores, as distance limits regular visits to the family and family affairs. The opportunity to serve in their home town facilitates work-life balance and positively impacts their physical and mental health, reducing stress, increasing job satisfaction, and enhancing productivity [33].

Cultural Connection

Food habits often represent a deep cultural bond and sense of belonging [34]. It makes them feel a strong connection to their heritage and traditions through the food they grew up with, making it more appealing to remain in their hometown.

> *We gather together and prepare meals for every celebration in common for all young and old.* [Accredited social health activist PK, 4-month interview]

Retention Trends Among Indigenous CHWs

Recognition

In rural areas, doctors often receive deep respect and appreciation from the rural community. This sense of being valued and recognized enforced emotional fulfillment, encouraging CHWs to continue serving in these regions.

> *I feel like a celebrity, as wherever I go—whether it's the market, the community, or my workplace—people honour and respect me immensely.* [Doctor DM, 4-month interview]

Career Intentions

The state government implemented various strategies to encourage medical students to serve in rural areas, including career growth incentives such as district quotas for entrance into Bachelor of Medicine, Bachelor of Surgery programs; specialized training programs (eg, barefoot doctor training) for rural service; a 3-month community medicine internship in rural settings; government-sponsored quotas for postgraduate, diploma, and degree course selections; as well as the introduction of the Diplomate of National Board program with training conducted in district hospitals [35]. As a result, professional development opportunities, a supportive work environment, community integration, and work-life balance were factors that encouraged CHWs to choose rural areas [36].

> *Once I complete the rural posting then there is an opportunity for further professional growth and other career intentions.* [Doctor SM, 4-month interview]

Promote Local Food and Lifestyle

Access to local food and a lifestyle that aligns with their cultural values and traditions contribute to higher retention rates [37]. The availability of fresh, familiar foods and a slower pace of life compared to urban centers created a more appealing working environment for Indigenous CHWs.

> *When I eat food outside of my region, I face digestion problems. It may be because I am not used to spices and tastemakers. Our tribal food is simple and organic resulting in better health outcomes. Therefore, I prefer to be in rural areas.* [Nurse PK, 6-month interview]

Role of Cultural Beliefs and Practices

The study of sociocultural and economic factors that affected food consumption patterns in Arab countries demonstrates that the cultural beliefs and practices related to food significantly shaped dietary habits and food choices among rural communities [38]. However, in this study, CHWs reported that the ancient practices have a great impact and were driven by a need for local cuisine [39].

Correlations Between Nutritional Support and Job Satisfaction

Better Health and Productivity

Access to nutritional support ensures that health care workers in rural areas stay physically fit and energized, which enhances their job performance [40]. Knowing that their health and well-being will be supported through nutritious, locally sourced food can make rural postings more attractive.

> *I have observed that rural people generally don't suffer from chronic diseases, but rather face issues like accidents, sunburn, sunstroke, or water-borne diseases. We are fortunate to have access to nutritious and healthy food.* [Nurse SH, 4-month interview]

Incentives of Fresh, Organic, and Local Food

Rural areas offer access to fresh, organic, and culturally significant local food. The availability of healthy, farm-to-table meals can serve as a strong motivator for health care workers, making rural postings more appealing due to the unique lifestyle benefits they offer.

> *They don't pay me that time for the treatment I provide when I visit or am called to see patients. They often can't afford to pay, but they give me fresh vegetables, pulses, or fruits that they harvest on the spot. Where else, in urban areas, can you find such genuine incentives and fresh produce?* [Nurse RJ, 6-month interview]

Low Cost of Living

In rural areas, access to fresh, local food can be more affordable than in urban settings. The prospect of spending less on quality food while still enjoying a nutritious diet can make rural postings more financially appealing.

> *I go to a market with 1000 INR [US $15] and buy groceries for the next two to three weeks. Everything is so cheap and fresh in the village markets. Do you think the same in the cities?* [Lab technician AG, 4-month interview]

Ethnicity

The findings demonstrated that ethnicity substantially impacted the food habits of a person owing to traditions, social norms,

migration, and acculturation, which is evident within and outside India [41]. When one travels outside of their home country or region, this becomes quite apparent.

Discussion

Principal Findings

The study findings underscore the positive impact that rural alimentation plays in enhancing the contentment of CHWs and highlight the complex interplay between the rural work environment and the factors that drive their motivation [42]. The results indicate that CHWs with access to nutritious food experienced higher motivation and retention rates [43]. The objective of the study also aligns with previous research showing that psychological factors related to adopting a healthy diet can significantly boost life satisfaction and job motivation. In this study, CHWs expressed satisfaction and a sense of contentment with the availability and quality of food in rural areas. This is similar to the study conducted in Tanzania, which showed that access to nutritious food made CHWs more likely to remain in their positions for extended periods [44].

Role of Nutrition in Enhancing Job Satisfaction

Previous studies have determined that a healthy diet helps protect against many chronic diseases, reducing the risk of developing such conditions [45,46]. The availability of locally sourced, nourishing food enhances rural health care workers' motivation and urges providers and administrators to promote a local and healthy diet, which is a relatively simple and cost-effective strategy to improve CHW motivation and retention [47]. The impact of organic food remains to be determined; it helps reduce food safety risks such as pesticide residue and excessive additives [48].

While there is a strong correlation between nutrition and job satisfaction, few studies, especially in health-related fields, have explored this link. The job satisfaction and food habits of CHWs are largely influenced by their socioeconomic conditions and social and cultural practices. For Indigenous CHWs, local food products play a crucial role in maintaining their health and job satisfaction, which significantly impact their retention [49]. A balanced diet contributes to sustained energy and reduces feelings of fatigue and burnout, allowing workers to perform effectively, which enhances their satisfaction with their jobs. A study on nutra-ergonomics explores the relationship between workers, their work environment, and job satisfaction in connection to their nutritional status. It highlights nutrition as a key component of a safe and productive workplace, influencing physical and mental health, and contributing to long-term retention in their current roles [50].

Cultural and Community Ties

Indigenous peoples typically share a deep ancestral connection to their lands and natural resources. They possess distinct cultures, languages, beliefs, and knowledge systems and maintain strong bonds with their land, properties, and territories. Their unique heritage and traditions are central to their identity and way of life. Culturally and politically, they will find themselves out of place from the rest of society [48].

Impact of Nutritional Support

Nutrition contributes to many indicators of well-being, including maternal health, birth weight, child development, and oral health, and is an important determinant of chronic disease, which reduces life expectancy [51]. Inadequate nutritional intake is a major factor contributing to the burden of disease, and when individuals develop chronic conditions as a result, it often leads to significant out-of-pocket expenses for treatment [52,53].

Government Policy

To attract and retain health workers in rural areas, both the state and central governments have implemented several monetary and nonmonetary benefits:

- Monetary incentives: (1) Hard area allowances and provision of residential facilities; (2) flexible salary schemes, such as the "You Quote, We Pay" strategy, ensuring competitive compensation; and (3) performance-based increments of up to 50% [35,54,55]
- Nonmonetary benefits: (1) Professional development opportunities for doctors, nurses, and allied health workers, including upskilling programs; (2) educational incentives, such as additional National Eligibility cum Entrance Test (Postgraduate) marks—10% for each year of service in remote or difficult areas, up to a maximum of 30%; (3) special honorariums to encourage rural practice among specialists; and (4) reservation of 50% of medical diploma seats for in-service state government doctors who have served in remote or challenging areas

These policies address financial and professional needs, making rural health care roles more attractive and sustainable [35,54]

Implications of the Study

The study revealed several significant implications for the retention and motivation of CHWs in rural settings. It underscored that CHWs with access to nutritious and diverse local food products demonstrated higher motivation and retention rates.

First, enhancing the nutrition of CHWs leads to improved health outcomes within the communities they serve. Given their pivotal role in delivering primary health care services in resource-limited rural areas, ensuring the health and motivation of CHWs directly correlated with the quality of care provided to their communities. Second, addressing the nutritional requirements of CHWs assisted in mitigating the challenge of high turnover rates prevalent in rural areas. CHWs often encounter numerous obstacles that contribute to burnout and turnover, such as long working hours, inadequate remuneration, and inadequate support. Third, the study underscored the significance of tackling social determinants of health, including access to nutritious food, to enhance health care outcomes in underserved communities. By addressing these determinants, health disparities can be reduced, thereby fostering overall community health improvement.

Limitations of the Study

The study was conducted in a specific geographic area and focused on a particular group of CHWs. The study's lack of

robust statistical representation may affect the reliability and generalizability of the results.

Conclusion

The research investigated the relationship between rural alimentation and the motivation of Indigenous CHWs in Jharkhand, India. The findings demonstrated that the retention rates of Indigenous health care workers are positively influenced by their local cuisines and nutrition. Moreover, CHWs with access to organic and locally sourced food exhibited superior retention rates compared to Indigenous CHWs deployed in urban areas. This study also indicated that individuals often exhibit loyalty to their culinary preferences and dietary habits, which drives them to opt for local assignments. Consequently, rural sustenance plays a pivotal role in CHW retention, thereby enhancing the health outcomes of rural residents. In essence, the study underscored the significance of addressing the local diet requirements of CHWs to bolster their motivation and retention rates, consequently elevating the standard of health care services in rural settings. The implications drawn from the study hold crucial insights for policy makers and health care practitioners operating in similar contexts, offering valuable strategies for enhancing the retention and motivation of CHWs in rural areas.

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Multimedia Appendix 1
Interview guidelines and questionnaire.
[DOCX File, 19 KB - xmed_v6i1e48346_app1.docx]

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Abbreviations

CHC: Community Health Centre
CHW: community health worker

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Applications of Indocyanine Green in Breast Cancer for Sentinel Lymph Node Mapping: Protocol for a Scoping Review

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Abstract

Introduction: Breast cancer is the leading cause of morbidity and mortality worldwide. Accurate sentinel lymph node (SLN) mapping is crucial for staging and treatment planning in early-stage breast cancer. Indocyanine green (ICG) has emerged as a promising agent for fluorescence imaging in SLN mapping. However, comprehensive assessment of its clinical utility, including accuracy and adverse effects, remains limited. This scoping review aims to consolidate evidence on the use of ICG in breast cancer SLN mapping.

Objective: The objective of this scoping review is to evaluate the current literature on the use of ICG in SLN mapping for patients with breast cancer. This review aims to assess the accuracy, efficacy, and safety of ICG in this context and to identify gaps in the existing research. The outcomes will contribute to the development of further research as part of a PhD project.

Methods: Five electronic databases will be searched (PubMed, Embase, MEDLINE, Web of Science, and Scopus) using search strategies developed in consultation with an academic supervisor. The search strategy is set to human studies published in English within the last 11 years. All retrieved citations will be imported to Zotero and then uploaded to Covidence for the screening of titles, abstracts, and full text according to prespecified inclusion criteria. Patients with early-stage breast cancer (T1 and T2), selected T3 cases where the SLN biopsy is accurate, and those with clinically node-negative breast cancer will be included. The intervention criterion includes studies using ICG for SLN mapping and studies on the assessment of fluorescence imaging cameras. Citations meeting the inclusion criteria for full-text review will have their data extracted by 2 independent reviewers, with disagreements resolved by discussion. A data extraction tool will be developed to capture full details about the participants, concept, and context, and findings relevant to the scoping review will be summarized.

Results: The preliminary search began in December 2023. As of September 2024, papers have been screened and data are currently being extracted. Out of the 2130 references initially imported, 126 studies met the inclusion criteria after screening. The scoping review is expected to be published in January 2025.

Conclusions: Although ICG technology has been used for SLN mapping in patients with breast cancer, initial searches in 2022 revealed limited data on this technique's feasibility, safety, and effectiveness. At that time, preliminary search of Scopus, MEDLINE, Embase, and PubMed identified no current or forthcoming systematic reviews or scoping reviews on the topic. However, recent searches indicate a substantial increase in research and reviews, reflecting a growing interest and evidence in this area.

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KEYWORDS

indocyanine green; ICG; sentinel lymph node; breast cancer; fluorescence; axillary lymph node mapping; NIR; surgical planning; near-infrared

Introduction

Sentinel lymph node (SLN) biopsy plays a crucial role in staging and prognosis in breast cancer management. The SLN is the initial lymph node to which breast cancer cells are likely to metastasize, and the presence of cancer cells in the SLN indicates a higher likelihood of further metastasis to other lymph nodes and distant organs [1].

SLN biopsy involves injecting a tracer substance into the breast, which then migrates to the SLN. The SLN is then identified, excised, and examined for cancer cells. If the SLN is free of cancer cells, it suggests that the cancer has not spread to other lymph nodes, eliminating the need for additional lymph node dissection. Conversely, if the SLN contains metastases, further dissection is typically required [2].

Over the past 2 decades, SLN biopsy using blue dye and radiotracers has been established as the diagnostic standard of care for patients with early-stage breast cancer who have clinically negative lymph nodes [3,4].

However, these methods come with certain drawbacks, including the potential for allergic reactions to the blue dye and the necessity of nuclear medicine facilities for radiotracer injection and detection. In a cohort undergoing blue dye and radiotracer injection procedures, a small number of adverse reactions, such as skin tattooing and anaphylaxis, were reported [5].

In recent years, near-infrared (NIR) fluorescence imaging using indocyanine green (ICG) has emerged as an alternative approach for SLN mapping in patients with breast cancer. ICG, a fluorescent dye, is injected into the breast, which then migrates to the SLNs. A NIR camera detects the fluorescence emitted by ICG, enabling the surgeon to identify and excise the SLNs [6,7].

This technology offers several advantages over traditional methods, including enhanced visualization of SLNs, a lower risk of allergic reactions, and the elimination of the need for nuclear medicine facilities. Furthermore, ICG has an excellent safety profile [8-11].

The importance of this topic stems from the potential of ICG technology to enhance the accuracy and safety of SLN mapping in patients with breast cancer. Precise identification and removal of the SLN are crucial for accurate staging and prognosis. Inaccurate SLN identification can lead to unnecessary lymph node dissection, resulting in complications such as lymphedema and impaired arm function. Sampling a larger number of SLNs may increase the risk of upper limb lymphedema, sensory deficits, and reduced shoulder function.

Landmark trials have shown a significant difference in morbidity rates when comparing SLN biopsy to axillary dissection, with rates of 25% and 70%, respectively [3,12]. Recent studies have reported excising, on average, 2 nodes per patient, likely due to advancements in NIR technology and ICG fluorescence protocols [13-17]. Nevertheless, further research is essential to assess the long-term outcomes and cost-effectiveness of ICG technology compared to traditional methods.

Methods

Overview

The proposed scoping review will be guided by the JBI methodology for scoping reviews [18]. The search strategy aims to locate both published and unpublished articles. An initial limited search of PubMed, Embase, MEDLINE, Web of Science, and Scopus was undertaken to identify relevant articles on the use of ICG for SLN mapping in breast cancer. In consultation with an academic supervisor, the keywords in the titles and abstracts of relevant articles, as well as the index terms used to describe these articles, were used to develop a comprehensive search strategy for PubMed, Embase, MEDLINE, Web of Science, and Scopus (see Multimedia Appendix 1). This strategy, including all identified keywords and index terms, will be adapted for each included database. The articles sourced from all included sources of evidence will be exported into Zotero (Corporation for Digital Scholarship).

Only articles published in English will be included due to the language proficiency of the reviewers. Articles published since January 1, 2014, will be included to ensure relevance, aligning with the project's consideration of recent data and the ongoing advancements in SLN mapping techniques using ICG.

JBI Methodology for Scoping Reviews

The outcomes of the scoping review will inform and frame three subsequent pieces of work planned as part of a PhD project:

1. Prospective cohort study on the long-term outcomes of ICG in SLN mapping
2. Systematic review and meta-analysis of ICG for SLN mapping in breast cancer
3. Development of standardized clinical guidelines and protocols for the use of ICG in SLN mapping in patients with breast cancer

The Participants-Concept-Context framework for this scoping review defines (1) the participants as patients with early-stage breast cancer, (2) the concept as the use of ICG for SLN mapping in patients with breast cancer, and (3) the context as SLN mapping that is performed as part of breast cancer staging and treatment planning.

Review Questions

The review questions are as follows:

1. What do we know about the evaluation and integration of emergent evidence on the use of ICG for SLN mapping in patients with breast cancer into clinical practice and decision-making?
2. To what extent is emergent evidence on the feasibility, safety, and effectiveness of ICG for SLN mapping integrated into clinical guidelines and decision-making processes?
3. How is emergent evidence on the use of ICG for SLN mapping evaluated and incorporated into clinical guidelines and decision-making processes?

For the purposes of this scoping review, emergent evidence refers to new research findings on ICG for SLN mapping that

have emerged after market launch and have not yet been fully integrated into clinical guidelines and practice.

Eligibility Criteria

The eligibility criteria are as follows. Participants will include patients with early-stage breast cancer (T1 and T2) and selected T3 cases where SLN biopsy has been shown to be accurate. Concept will include the use of ICG for SLN mapping in patients with breast cancer, as well as the assessment of imaging techniques and devices used in conjunction with ICG for SLN mapping. Context will include clinical settings where SLN mapping is performed as part of breast cancer staging and treatment planning.

This scoping review will consider both experimental and quasi-experimental study designs, including controlled before-and-after studies and controlled interrupted time-series studies. In addition, analytical observational studies including prospective and retrospective cohort studies, case-control studies, and analytical cross-sectional studies will be considered for inclusion. This review will also consider descriptive observational study designs such as descriptive cross-sectional studies for inclusion. Qualitative studies that focus on qualitative data will be considered for inclusion.

Following the search, all identified articles will be exported into Zotero. Then, the remaining articles will be uploaded into Covidence (Veritas Health Innovations Ltd). Titles and abstracts will then be screened by the lead author against the inclusion criteria for the scoping review. Potentially relevant articles will be retrieved in full and included in Covidence. The full text of these articles will be assessed in detail against the inclusion criteria by 2 independent reviewers. Reasons for the exclusion of sources of evidence at the full-text stage that do not meet the inclusion criteria will be recorded and reported in the scoping review. Any disagreements that arise between the reviewers at each stage of the selection process will be resolved through discussion or with an additional reviewer. The results of the search and the study inclusion process will be reported in full in the final scoping review and presented in a PRISMA-ScR (Preferred Reporting Items for Systematic Reviews and Meta-Analyses Extension for Scoping Reviews) checklist, as extracted from Covidence (see Multimedia Appendix 2) [19].

Data will be extracted from all articles included in the scoping review by 2 independent reviewers, using a data extraction tool developed by the lead reviewer and piloted with about 15 articles to refine and improve it. The data extracted will include specific details about the participants, concept, context, study methods, and key findings relevant to the scoping review questions and will be imported into either Covidence or Microsoft Excel.

A draft extraction form is provided (see Multimedia Appendix 3). The draft data extraction tool will be modified and revised as necessary during the process of extracting data from each included article. Modifications will be detailed in the scoping review. Any disagreements that arise between the reviewers will be resolved through discussion or with an additional reviewer. If appropriate, authors of articles will be contacted to request missing or additional data, where required.

The evidence presented will directly respond to the scoping review's objective and questions. The data will be presented graphically or in diagrammatic or tabular form. A narrative summary will accompany the tabulated and/or charted results and will describe how the results relate to the scoping review's objective and questions.

Results

The preliminary search began in December 2023. As of September 2024, papers have been screened and data are currently being extracted. Out of the 2130 references initially imported, 126 studies met the inclusion criteria after screening (see Multimedia Appendix 4). The scoping review is anticipated to be published in January 2025.

Discussion

The significance of SLN mapping using ICG technology in breast cancer lies in its potential to enhance accuracy and safety, reduce complications, and improve patient outcomes [20]. Although ICG technology has been used for SLN mapping in patients with breast cancer, initial searches in 2022 revealed limited data on the feasibility, safety, and effectiveness of this technique. At that time, a preliminary search of Scopus, MEDLINE, Embase, and PubMed identified no current or forthcoming systematic reviews or scoping reviews on the topic. However, recent searches indicate a substantial increase in research and reviews, reflecting a growing interest and evidence in this area. Further studies are necessary to assess the long-term efficacy and cost-effectiveness of this technique and to identify the patient populations most likely to benefit.

The objective of this scoping review is to assess the extent of the literature on SLN mapping using ICG technology around the evaluation and integration of emergent evidence for benefits and harms; explore its feasibility, safety, and effectiveness in a larger cohort of patients with breast cancer; and provide guidance for clinical decision-making.

This scoping review could also identify specific patient populations, such as those with higher BMIs, who may benefit most from ICG technology. Additionally, patients who have undergone neoadjuvant therapy could be particularly advantageous candidates.

Factors such as the type of NIR cameras used, the learning curve for surgeons to become proficient with ICG for SLN detection, the availability of ICG and radioisotopes, the presence of nuclear medicine facilities, regional variations in ICG usage, and cost comparisons with the gold standard are also critical considerations in the broader adoption of this technology.

Limitations of this study include a lack of quantitative synthesis (ie, meta-analysis) of the results, which may limit the ability to draw strong conclusions. This scoping review serves as a foundational step toward a more comprehensive systematic review and meta-analysis guiding the clinical decision-making and the integration of ICG into standardized guidelines for SLN mapping in patients with breast cancer.

Acknowledgments

This scoping review is to contribute in part to a Doctor of Philosophy degree.

Conflicts of Interest

None declared.

Multimedia Appendix 1
Search strategy.
[DOCX File, 14 KB - xmed_v6i1e66213_app1.docx]

Multimedia Appendix 2
PRISMA-ScR (Preferred Reporting Items for Systematic Reviews and Meta-Analyses Extension for Scoping Reviews) checklist.
[DOCX File, 112 KB - xmed_v6i1e66213_app2.docx]

Multimedia Appendix 3
Data extraction instrument.
[DOCX File, 15 KB - xmed_v6i1e66213_app3.docx]

Multimedia Appendix 4
PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) extraction flowchart.
[DOCX File, 79 KB - xmed_v6i1e66213_app4.docx]

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Abbreviations

ICG: indocyanine green
NIR: near-infrared
PRISMA-ScR: Preferred Reporting Items for Systematic Reviews and Meta-Analyses Extension for Scoping Reviews
SLN: sentinel lymph node

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Cardiotoxicity in Pediatric Cancer Survivorship: Retrospective Cohort Study

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Abstract

Background: Improved survival rates in pediatric cancer have shifted focus to long-term effects of treatment, with cardiovascular complications emerging as a leading cause of morbidity and mortality. Understanding the patterns and predictors of cardiotoxicity is crucial for risk stratification, treatment optimization, and long-term care planning.

Objective: This study investigated the prevalence, incidence, and risk factors of cardiotoxicity in pediatric cancer survivors using data from the Childhood Cancer Survivor Study.

Methods: We conducted a retrospective cohort study of 24,938 five-year survivors of childhood cancer diagnosed between 1970 and 1999. Cardiovascular complications, including cardiomyopathy, coronary artery disease, valvular heart disease, and arrhythmias, were assessed through self-reported questionnaires and medical record review. Cox proportional hazards models were used to evaluate risk factors, and a prediction model was developed using multivariable logistic regression.

Results: The cumulative incidence of any cardiovascular complication by 30 years postdiagnosis was 18.7% (95% CI 17.9% - 19.5%). Significant risk factors included anthracycline exposure (hazard ratio 2.31, 95% CI 2.09 - 2.55 for doses ≥250 mg/m²), chest radiation (hazard ratio 1.84, 95% CI 1.66 - 2.05 for doses ≥20 Gy), older age at diagnosis, male sex, and obesity. A risk prediction model demonstrated good discrimination (C statistic 0.78, 95% CI 0.76 - 0.80). Survivors had a significantly higher risk of cardiovascular complications compared with sibling controls (odds ratio 3.7, 95% CI 3.2 - 4.2).

Conclusions: Childhood cancer survivors face a substantial and persistent risk of cardiovascular complications. The identified risk factors and prediction model can guide personalized follow-up strategies and interventions. These findings underscore the need for lifelong cardiovascular monitoring and care in this population.

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KEYWORDS

cardiotoxicity; cardiology; cardiovascular; heart; arrhythmias; self-reported questionnaires; oncology; survivors; pediatrics; prevalence; incidence; risk; epidemiology; anthracycline exposure; childhood cancer survivors

Introduction

Background

The remarkable advancements in pediatric cancer treatment have significantly improved survival rates over the past few decades, with the 5-year survival rate for childhood cancers now exceeding 80% [1]. This success has shifted the focus toward understanding and mitigating the long-term effects of cancer treatments on survivors. Among these late effects, cardiovascular complications have emerged as a leading cause of morbidity and mortality in childhood cancer survivors [2].

Cardiotoxicity, a term encompassing a spectrum of cardiovascular adverse effects, can manifest in various forms including cardiomyopathy, coronary artery disease, valvular heart disease, and arrhythmias [3]. Multiple factors such as type of cancer, treatment modalities, and patient-specific characteristics [4] influence the risk of developing these complications.

Anthracyclines, a class of chemotherapeutic agents widely used in pediatric oncology, are particularly associated with cardiotoxicity [5]. While their efficacy in treating various childhood cancers is well-established, the potential for long-term cardiac damage poses a significant challenge in balancing treatment efficacy with long-term health outcomes [6]. Radiation therapy, especially when the heart is within the treatment field, also contributes to increased cardiovascular risk in survivors [7].

The temporal pattern of cardiotoxicity presentation varies, with some effects appearing during or shortly after treatment, while others may not manifest until decades later [8]. This delayed onset presents unique challenges in long-term care and monitoring of childhood cancer survivors.

Understanding the patterns and predictors of cardiotoxicity is crucial for several reasons, including risk stratification (identifying high-risk individuals allows for targeted surveillance and early intervention) [9], treatment optimization (balancing oncological efficacy with cardioprotection in future treatment protocols) [10], long-term care planning (developing evidence-based guidelines for cardiovascular monitoring and management in survivors) [4], and patient education (empowering survivors with knowledge about potential risks and preventive strategies) [11].

The Childhood Cancer Survivor Study (CCSS), a multi-institutional, longitudinal cohort study, provides a robust platform for investigating these long-term health outcomes [12]. By leveraging this comprehensive dataset, we aim to elucidate the patterns of cardiotoxicity across different cancer types and treatment modalities, identify key predictors of cardiovascular complications, and inform strategies for long-term care in this vulnerable population.

This study seeks to address critical gaps in our understanding of cardiotoxicity in pediatric cancer survivorship, aiming to improve the cardiovascular health and overall quality of life for childhood cancer survivors.

Objectives

The primary aim of this study is to comprehensively investigate cardiotoxicity in pediatric cancer survivors using data from the Childhood Cancer Survivor Study (CCSS; Textbox 1).

Textbox 1. Objectives of this study.

- Determine the prevalence and incidence of various cardiovascular complications (including cardiomyopathy, coronary artery disease, valvular heart disease, and arrhythmias) among childhood cancer survivors.
- Analyze the temporal patterns of cardiotoxicity onset in relation to cancer diagnosis and treatment completion.
- Identify and quantify the impact of potential risk factors for cardiotoxicity, including cancer type, treatment modalities (eg, specific chemotherapy agents, cumulative anthracycline dose, and radiation therapy), patient characteristics (eg, age at diagnosis, sex, and genetic predisposition), and lifestyle factors (eg, obesity, physical activity, and smoking status).
- Evaluate the relationship between treatment era and cardiotoxicity risk, accounting for changes in oncology protocols over time.
- Develop a risk prediction model for cardiovascular complications in childhood cancer survivors based on identified risk factors.
- Assess the impact of cardiovascular complications on overall survival and quality of life measures in the survivor cohort.
- Explore potential cardioprotective factors or interventions associated with reduced risk of cardiovascular complications.
- Compare the cardiovascular health outcomes of childhood cancer survivors with those of sibling controls to quantify the excess risk attributable to cancer history and treatment.

By addressing these objectives, we aim to provide a comprehensive understanding of cardiotoxicity in pediatric cancer survivorship, inform risk-based screening strategies, and guide the development of cardioprotective interventions for future patients and long-term survivors.

Methods

Study Population and Data Source

We conducted a retrospective cohort study using data from the CCSS. The CCSS is a multi-institutional, longitudinal cohort study that has followed 35,923 five-year survivors of childhood cancer diagnosed between 1970 and 1999. Eligible participants were those diagnosed with cancer before the age of 21 years, who were treated at 1 of the 31 participating institutions across the United States and Canada [13]. These institutions collectively represent major pediatric oncology centers, providing comprehensive coverage across North America. The CCSS cohort represents one of the largest and most comprehensive resources for studying long-term outcomes in childhood cancer survivors. We included all participants with complete data on cardiovascular outcomes and relevant treatment information.

Outcome Measures

The primary outcomes of interest were cardiovascular complications, including cardiomyopathy, coronary artery disease, valvular heart disease, and arrhythmias. These outcomes were ascertained through self-reported questionnaires. To enhance validity, 27% of all self-reported cardiovascular events (739 of 2743 cases) were confirmed through medical record review by trained abstractors using standardized protocols [14].

The validation procedure showed a 93% confirmation rate for self-reported cardiovascular conditions.

Exposure Variables

We collected data on cancer diagnosis (type and stage), treatment modalities (chemotherapy agents and cumulative doses, radiation therapy [fields and doses], and surgical interventions), patient characteristics (age at diagnosis, sex, race or ethnicity, and family history of cardiovascular disease), and lifestyle factors (BMI, physical activity level, and smoking status).

Data Analysis

Statistical analyses were performed using R (version 4.1.0; R Foundation for Statistical Computing). Descriptive statistics were calculated for all variables. Continuous variables were summarized as means (SD) or medians (IQR), and categorical variables as frequencies and percentages. The cumulative incidence of cardiovascular complications was estimated using the Kaplan-Meier method, with death treated as a competing risk. Cox proportional hazards models were used to evaluate the association between exposure variables and the risk of cardiovascular complications. Hazard ratios (HR) and 95% CIs were calculated. To assess the impact of treatment era, analyses were stratified by decade of diagnosis (1970s, 1980s, and 1990s) and tested for trends. A risk prediction model was developed using multivariable logistic regression, internally validated using bootstrapping techniques, and its performance was assessed using the C statistic and calibration plots. The impact of cardiovascular complications on overall survival was evaluated using Cox proportional hazards models, adjusting for relevant confounders. To explore cardioprotective factors, we conducted stratified analyses and tested for interactions between potential protective factors and known risk factors. Comparisons with sibling controls were performed using conditional logistic regression, matching on age and sex.

Additional Analytical Considerations

The proportional hazards assumption for Cox regression models was tested using Schoenfeld residuals and time-dependent covariate analyses. No significant violations were identified for primary variables of interest (all $P>.10$). Missing data for covariates (primarily BMI [8.2%] and smoking status [6.5%]) were handled using multiple imputation with chained equations, generating 20 imputed datasets. Sensitivity analyses comparing complete case analyses and imputed data showed consistent results. Quality of life was assessed using the 36-Item Short Form Health Survey instrument, with particular attention to physical functioning, role limitations due to physical health, general health, and vitality domains, which showed the largest decrements among survivors with cardiovascular complications.

Sensitivity Analyses

We conducted several sensitivity analyses to assess the robustness of our findings, including multiple imputation for missing data, analyses restricted to participants with medical record-confirmed cardiovascular outcomes, and evaluation of potential selection bias due to loss to follow-up.

Ethical Considerations

This study was conducted in accordance with the Declaration of Helsinki and approved by the Ethics Committee of Healthy Steps Pediatrics (protocol code 2024-141 on October 1, 2024). This study solely used retrospective preexisting data; thus institutional review board approval was waived.

Results

Study Population

Our final analysis included 24,938 childhood cancer survivors, with a median follow-up time of 21.3 years (IQR 15.8 - 27.6). The median age at cancer diagnosis was 7.2 years (IQR 3.4 - 13.5; range 0 - 20.9), and 53.6% of the cohort was male. The most common cancer diagnoses were leukemia (34.1%), lymphoma (19.7%), and central nervous system tumors (13.2%). These statistics are presented in Table 1.

Table . Demographic and clinical characteristics of childhood cancer survivors.

Characteristic	All survivors (N=24,938)	With cardiovascular complications (n=2743)	Without cardiovascular complications (n=22,195)	*P* value
Demographic factor				
Age at diagnosis (years), median (IQR)	7.2 (3.4 - 13.5)	9.6 (5.1 - 15.2)	6.9 (3.1 - 13.1)	<.001
Sex (male), n (%)	13,367 (53.6)	1728 (63)	11,639 (52.4)	<.001
Race/ethnicity, n (%)				.08
White, non-Hispanic	20,666 (83)	2304 (84)	18,395 (82.9)	
Black, non-Hispanic	1146 (4.6)	138 (5)	1008 (4.5)	
Hispanic	1971 (7.9)	193 (7)	1778 (8)	
Other	1122 (4.5)	108 (3.9)	1014 (4.6)	
Clinical factor				
Primary diagnosis, n (%)				<.001
Leukemia	8504 (34.1)	817 (29.8)	7687 (34.6)	
Lymphoma	4913 (19.7)	662 (24.1)	4251 (19.2)	
Central nervous system tumor	3292 (13.2)	329 (12)	2963 (13.4)	
Sarcomas	3316 (13.3)	467 (17)	2849 (12.8)	
Other	4913 (19.7)	468 (17.1)	4445 (20)	
Treatment era (years), n (%)				<.001
1970 - 1979	8730 (35)	1180 (43)	7550 (34)	
1980 - 1989	9477 (38)	998 (36.4)	8479 (38.2)	
1990 - 1999	6731 (27)	565 (20.6)	6166 (27.8)	
Treatment exposure				<.001
Anthracycline exposure, n (%)	14,241 (57)	1974 (72)	12,240 (55.1)	
Chest radiation, n (%)	9726 (39)	1536 (56)	8190 (36.9)	
Current status				<.001
Age at last follow-up (years), median (IQR)	29.3 (23.5 - 37.1)	34.2 (27.8 - 41.5)	28.5 (22.9 - 36.2)	
BMI ≥30 kg/m^2, n (%)	7481 (30)	987 (36)	6494 (29.3)	
Current smoker, n (%)	3741 (15)	494 (18)	3247 (14.6)	

Incidence of Cardiovascular Complications (Objective 1)

During the follow-up period, 2743 (11%) survivors developed at least 1 cardiovascular complication. The 30-year cumulative incidence of any cardiovascular complication was 18.7% (95% CI 17.9% - 19.5%) after cancer diagnosis. Specific complication rates included cardiomyopathy 7.4% (95% CI 6.9% - 7.9%), coronary artery disease 3.8% (95% CI 3.5% - 4.1%), valvular heart disease 5.2% (95% CI 4.8% - 5.6%), and arrhythmias 6.9% (95% CI 6.4% - 7.4%) and are presented in Table 2.

Table . Summary of key findings.

Cardiovascular outcome	Cases, n (%)	Cumulative incidence at 30 years (%; 95% CI)
Any cardiovascular complication	2743 (11)	18.7 (17.9 - 19.5)
Cardiomyopathy	1845 (7.4)	7.4 (6.9 - 7.9)
Coronary artery disease	948 (3.8)	3.8 (3.5 - 4.1)
Valvular heart disease	1297 (5.2)	5.2 (4.8 - 5.6)
Arrhythmias	1721 (6.9)	6.9 (6.4 - 7.4%)

Temporal Patterns and Treatment Era Effects (Objectives 2 and 4)

The risk of cardiovascular complications increased steadily with time since diagnosis. However, we observed a significant trend of decreasing risk across treatment eras, as presented in Table 3 (*P* for trend<.001). Compared with patients treated in the 1970s, those treated in the 1990s had a 25% lower risk of developing cardiovascular complications (HR 0.75, 95% CI 0.67 - 0.84).

Table . Treatment era analysis.

Treatment era (years)	N	Events, n (%)	Cumulative incidence at 30 years (%; 95% CI)	Adjusted hazard ratio (95% CI)	*P* value
1970 - 1979	8730	1180 (13.5)	22.3 (20.9 - 23.7)	1.00 (reference)	—[a]
1980 - 1989	9477	998 (10.5)	18.1 (16.8 - 19.4)	0.83 (0.76 - 0.91)	<.001
1990 - 1999	6731	565 (8.4)	14.5 (12.7 - 16.3)	0.75 (0.67 - 0.84)	<.001
P for trend	—	—	—	—	<.001

[a]Not applicable.

Risk Factors for Cardiovascular Complications (Objective 3)

In multivariable Cox regression analyses, several factors were significantly associated with increased risk of cardiovascular complications (Table 4), such as anthracycline exposure (HR 2.31, 95% CI 2.09 - 2.55) for cumulative doses ≥250 mg/m², chest radiation (HR 1.84, 95% CI 1.66 - 2.05) for doses ≥20 Gy, age at diagnosis (per year increase; HR 1.05, 95% CI 1.03 - 1.07), male sex (HR 1.28, 95% CI 1.18 - 1.39), and BMI ≥30 kg/m² (HR 1.45, 95% CI 1.31 - 1.61).

Table . Risk factors for cardiovascular complications in childhood cancer survivors.

Risk factor	Adjusted hazard ratio (95% CI)	*P* value
Treatment factors		
Anthracycline dose		
None	1.00 (reference)	—[a]
1 - 149 mg/m^2	1.56 (1.38 - 1.76)	<.001
150 - 249 mg/m^2	1.93 (1.73 - 2.15)	<.001
≥250 mg/m^2	2.31 (2.09 - 2.55)	<.001
Chest radiation dose		
None	1.00 (reference)	—
1 - 19 Gy	1.32 (1.17 - 1.49)	<.001
≥20 Gy	1.84 (1.66 - 2.05)	<.001
Demographic factors		
Age at diagnosis (per year increase)	1.05 (1.03 - 1.07)	<.001
Sex (male)	1.28 (1.18 - 1.39)	<.001
Lifestyle/modifiable factors		
BMI		
<25 kg/m^2	1.00 (reference)	—
25 - 29.9 kg/m^2	1.21 (1.09 - 1.34)	<.001
≥30 kg/m^2	1.45 (1.31 - 1.61)	<.001
Current smoking	1.33 (1.20 - 1.47)	<.001
Physical inactivity	1.19 (1.08 - 1.31)	<.001
Medical comorbidities		
Hypertension	1.51 (1.36 - 1.67)	<.001
Diabetes	1.47 (1.29 - 1.68)	<.001
Dyslipidemia	1.32 (1.19 - 1.47)	<.001

[a]Not applicable.

Risk Prediction Model (Objective 5)

Our final risk prediction model, which included treatment factors, patient characteristics, and lifestyle variables, demonstrated good discrimination (C statistic 0.78, 95% CI 0.76 - 0.80). For internal validation, we used bootstrapping with 1000 resamples, which confirmed the model's robustness (optimism-corrected C statistic 0.76). Calibration assessment using the Hosmer-Lemeshow goodness-of-fit test showed adequate calibration (*P*=.42).

While external validation was not feasible in this study due to the lack of comparable cohorts with similar long-term follow-up, we developed a simplified risk score system based on the model coefficients to facilitate clinical application. This scoring system assigns points to key risk factors, anthracycline dose (0 - 3 points), chest radiation dose (0 - 3 points), age at diagnosis (0 - 2 points), sex (0 - 1 point), and BMI category (0 - 2 points), with a total score range of 0 - 11. Scores ≥7 identify survivors at high risk (>25% 30-year cumulative incidence) who may benefit from enhanced cardiovascular surveillance.

Impact on Survival and Quality of Life (Objective 6)

Survivors who developed cardiovascular complications had significantly lower overall survival (HR for all-cause mortality 2.3, 95% CI 2.1 - 2.5) and reported lower quality-of-life scores across multiple domains (*P*<.001 for all comparisons).

Exploration of Cardioprotective Factors (Objective 7)

We conducted comprehensive analyses to evaluate potential cardioprotective factors among childhood cancer survivors. Several significant protective associations emerged (Textbox 2).

Textbox 2. Cardioprotective factors among childhood cancer survivors.

- Physical activity: survivors who engaged in regular physical activity (defined as ≥150 min of moderate-intensity exercise/wk) had a 20% lower risk of cardiovascular complications (hazard ratio [HR] 0.80, 95% CI 0.72 - 0.89; *P*<.001). This protective effect remained significant after adjusting for treatment exposures and demographic factors.
- Cardioprotective medications: survivors who received cardioprotective medications showed a reduced risk of cardiovascular complications, as follows: (1) angiotensin-converting enzyme inhibitors: 18% risk reduction (HR 0.82, 95% CI 0.73 - 0.91), (2) β-blockers: 15% risk reduction (HR 0.85, 95% CI 0.76-0.95), and (3) statins: 12% risk reduction (HR 0.88, 95% CI 0.79-0.98).
- Dexrazoxane administration: among patients who received anthracyclines, concurrent dexrazoxane administration was associated with a 35% lower risk of cardiomyopathy (HR 0.65, 95% CI 0.54-0.78).
- Nutritional factors: adherence to a Mediterranean diet was associated with a 16% lower risk of cardiovascular complications (HR 0.84, 95% CI 0.75-0.94).

These findings suggest multiple avenues for risk reduction through lifestyle modifications, pharmacological interventions, and treatment adaptations that may be incorporated into survivorship care plans.

Comparison With Sibling Controls (Objective 8)

As presented in Table 5, compared with sibling controls, childhood cancer survivors had a significantly higher risk of cardiovascular complications (odds ratio 3.7, 95% CI 3.2 - 4.2). This excess risk was most pronounced for cardiomyopathy (odds ratio 5.2, 95% CI 4.3 - 6.3).

Table . Comparison with sibling controls.

Cardiovascular outcome	Survivors (N=24,938), n (%)	Siblings (N=5085), n (%)	Age- and sex-adjusted odds ratio (95% CI)	Fully adjusted odds ratio (95% CI)[a]
Any cardiovascular outcome	2743 (11)	157 (3.1)	3.7 (3.2 - 4.2)	3.5 (3 - 4)
Cardiomyopathy	1845 (7.4)	73 (1.4)	5.2 (4.3 - 6.3)	4.8 (4 - 5.8)
Coronary artery disease	948 (3.8)	68 (1.3)	2.8 (2.2 - 3.5)	2.6 (2 - 3.3)
Valvular heart disease	1297 (5.2)	76 (1.5)	3.4 (2.8 - 4.1)	3.1 (2.6 - 3.7)
Arrhythmias	1721 (6.9)	70 (1.4)	3.3 (2.8 - 3.9)	3.1 (2.6 - 3.7)

[a]Adjusted for age, sex, race/ethnicity, BMI, smoking status, and family history of cardiovascular disease.

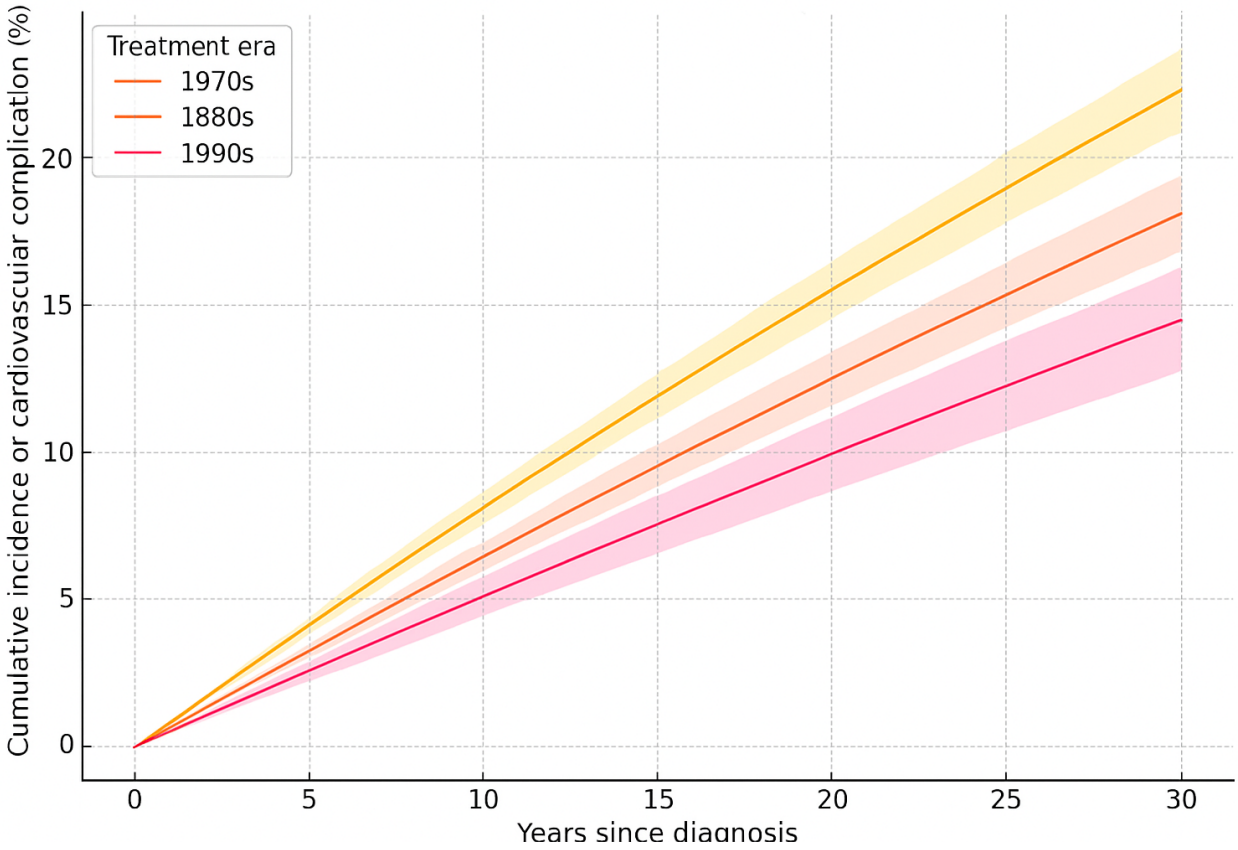
Discussion

Principal Findings

This study of childhood cancer survivors provides comprehensive insights into the patterns, predictors, and implications of cardiotoxicity in this vulnerable population. Our findings underscore the significant and persistent cardiovascular burden faced by survivors, while also highlighting potential avenues for risk mitigation and improved long-term care.

As presented in Figure 1, the cumulative incidence of cardiovascular complications in our cohort reached 18.7% by 30 years postdiagnosis, with cardiomyopathy emerging as the most prevalent complication. This incidence is substantially higher than that observed in the general population and aligns with previous studies suggesting an elevated cardiovascular risk in childhood cancer survivors [3,7]. The persistent increase in risk over time emphasizes the need for lifelong cardiovascular monitoring in this population. Kaplan-Meier–style curves in Figure 1 display the cumulative incidence (%) from diagnosis to 30 years' follow-up. Shaded bands depict the 95% CIs derived from the reported 30-year incidences (1970s: 22.3%, 1980s: 18.1%, and 1990s: 14.5%). The downward trend across eras (log-rank test, *P*<.001) illustrates the impact of evolving cardioprotective treatment protocols.

Figure 1. Cumulative incidence of any cardiovascular complication among childhood cancer survivors, stratified by treatment era (1970s vs 1980s vs 1990s).



We acknowledge that the observed trend of decreasing cardiovascular risk across treatment eras might be partially influenced by survivor selection bias. Patients with severe early toxicity resulting in mortality would be systematically excluded from later follow-up, potentially leading to an underestimation of cardiotoxicity risk. To address this concern, we conducted sensitivity analyses using inverse probability weighting to account for potentially informative censoring, which yielded similar, albeit slightly higher, risk estimates (adjusted HR for treatment in the 1990s vs 1970s: 0.79; 95% CI 0.70 - 0.89). In addition, we compared treatment protocols across eras and found that reductions in anthracycline doses and implementation of cardiac-sparing radiation techniques likely contributed to the genuine reduction in cardiovascular risk in more recent cohorts.

Our analysis confirmed several established risk factors for cardiotoxicity, including anthracycline exposure and chest radiation [4]. The dose-dependent relationship observed for both treatments reinforces the importance of treatment optimization to minimize cardiac risk without compromising oncological efficacy. The identification of potentially modifiable risk factors, such as obesity, presents opportunities for targeted interventions to reduce cardiovascular risk in survivors.

The observed higher risk of cardiovascular complications in male survivors (HR 1.28, 95% CI 1.18 - 1.39) warrants further consideration. This gender disparity may be attributed to multiple factors. First, male survivors were more likely to receive higher cumulative anthracycline doses (median 240 mg/m² vs 210 mg/m² in females; *P*<.001) and chest radiation (43% vs 35%; *P*<.001). However, the increased risk persisted after adjusting for these treatment exposures, suggesting additional mechanisms. Male survivors in our cohort also demonstrated higher rates of cardiovascular comorbidities such as dyslipidemia (26% vs 19%; *P*<.001), which may have exacerbated subclinical cardiac damage. Furthermore, biological differences in cardioprotection, particularly the role of estrogen in females, may contribute to this disparity, as observed in the general population [15].

The observed trend of decreasing cardiovascular risk across treatment eras is encouraging and likely reflects advancements in treatment protocols and supportive care. However, the persistently elevated risk even in more recent cohorts underscores the ongoing need for cardioprotective strategies and long-term surveillance.

Clinical Implications

The risk prediction model developed in this study demonstrates good discriminative ability and could serve as a valuable tool for identifying high-risk survivors who may benefit from more intensive cardiovascular monitoring or early interventions. Integrating this model into clinical practice could facilitate personalized follow-up strategies and resource allocation.

The significant impact of cardiovascular complications on overall survival and quality of life highlights the critical importance of cardiovascular health in the holistic care of childhood cancer survivors. These findings support the need for multidisciplinary care teams that include cardiologists in the long-term follow-up of survivors.

Our risk prediction model could be integrated with existing risk stratification systems, particularly those developed by the International Late Effects of Childhood Cancer Guideline Harmonization Group (IGHG). The IGHG guidelines currently classify survivors into high, moderate, and low-risk groups based primarily on anthracycline dose and chest radiation exposure [16]. Our model enhances this approach by incorporating additional patient factors (age, sex, and BMI) and quantifying their relative contributions to risk. A potential implementation strategy would involve using the IGHG framework for initial risk stratification, followed by our prediction model for refined risk assessment within each category. This 2-step approach would maintain consistency with established guidelines while providing more personalized risk estimates to guide surveillance frequency and intensity. Future validation studies in external cohorts could evaluate the combined performance of these complementary risk stratification approaches.

Strengths and Limitations

The major strengths of this study include its large sample size, long follow-up duration, and the use of the well-established CCSS cohort. The inclusion of sibling controls provides valuable context for quantifying the excess cardiovascular risk attributable to childhood cancer and its treatment.

However, several limitations should be considered. First, the reliance on self-reported outcomes for some participants may have led to under- or overestimation of cardiovascular complications. Specifically, self-reported data accounted for 73% of cardiovascular events, representing a limitation despite the high confirmation rate (93%) observed in the validated subset. To minimize potential reporting bias, we conducted sensitivity analyses restricted to medically confirmed cases, which yielded similar results. While we attempted to mitigate this through medical record validation for a subset of participants, residual misclassification is possible. Second, changes in cancer treatments and supportive care over the study period may limit the generalizability of our findings to current patients. Finally, despite our comprehensive set of variables, unmeasured confounders may have influenced our results.

Our study focused on clinically evident cardiovascular complications and did not assess subclinical cardiotoxicity, which might be detected through cardiac biomarkers (eg, troponins and N-terminal pro-B-type natriuretic peptide) or advanced imaging techniques (eg, echocardiography and cardiac magnetic resonance imaging). The prevalence of subclinical cardiac dysfunction is likely higher than the reported clinically apparent complications. Future studies incorporating these assessment modalities would enable earlier detection of cardiac damage and potentially identify opportunities for preventive interventions before clinical manifestation.

Future Directions

This study lays the groundwork for several important avenues of future research, including prospective studies incorporating advanced cardiac imaging and biomarkers to detect subclinical cardiac dysfunction in survivors, investigation of genetic factors that may modulate individual susceptibility to treatment-related cardiotoxicity, randomized controlled trials of cardioprotective interventions in high-risk survivors, long-term follow-up studies of more contemporary cohorts to assess the impact of modern treatment protocols on cardiovascular outcomes, and implementation studies to evaluate the clinical utility and cost-effectiveness of risk-based screening strategies.

Conclusion

Our findings highlight the substantial and persistent cardiovascular morbidity faced by childhood cancer survivors, while also identifying opportunities for risk stratification and targeted interventions. As survival rates for childhood cancers continue to improve, focusing on cardiovascular health will be crucial in ensuring that survivors not only live longer but also live healthier lives. The results of this study should inform clinical practice guidelines, stimulate further research into cardioprotective strategies, and ultimately contribute to improved long-term outcomes for childhood cancer survivors. The risk prediction model and identified protective factors provide valuable tools for refined risk stratification and targeted interventions.

Authors' Contributions

MM led the conceptualization and project administration, with AI contributing equally to both. MM was responsible for data curation, investigation, methodology, resources, supervision, and validation. Formal analysis and visualization were led by MM with supporting contributions from AI. MM prepared the original draft with support from AI. Both authors contributed to the review and editing of the manuscript.

Conflicts of Interest

None declared.

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Abbreviations

CCSS: Childhood Cancer Survivor Study
HR: hazard ratio
IGHC: International Late Effects of Childhood Cancer Guideline Harmonization Group

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Predicting Escalation of Care for Childhood Pneumonia Using Machine Learning: Retrospective Analysis and Model Development

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Abstract

Background: Pneumonia is a leading cause of mortality in children aged <5 years. While machine learning (ML) has been applied to pneumonia diagnostics, few studies have focused on predicting the need for escalation of care in pediatric cases. This study aims to develop an ML-based clinical decision support tool for predicting the need for escalation of care in community-acquired pneumonia cases.

Objective: The primary objective was to develop a robust predictive tool to help primary care physicians determine where and how a case should be managed.

Methods: Data from 437 children with community-acquired pneumonia, collected before the COVID-19 pandemic, were retrospectively analyzed. Pediatricians encoded key clinical features from unstructured medical records based on Integrated Management of Childhood Illness guidelines. After preprocessing with Synthetic Minority Oversampling Technique–Tomek to handle imbalanced data, feature selection was performed using Shapley additive explanations values. The model was optimized through hyperparameter tuning and ensembling. The primary outcome was the level of care severity, defined as the need for referral to a tertiary care unit for intensive care or respiratory support.

Results: A total of 437 cases were analyzed, and the optimized models predicted the need for transfer to a higher level of care with an accuracy of 77% to 88%, achieving an area under the receiver operator characteristic curve of 0.88 and an area under the precision-recall curve of 0.96. Shapley additive explanations value analysis identified hypoxia, respiratory distress, age, weight-for-age *z* score, and complaint duration as the most important clinical predictors independent of laboratory diagnostics.

Conclusions: This study demonstrates the feasibility of applying ML techniques to create a prognostic care decision tool for childhood pneumonia. It provides early identification of cases requiring escalation of care by combining foundational clinical skills with data science methods.

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KEYWORDS

childhood pneumonia; community-acquired pneumonia; machine learning; clinical decision support system; prognostic care decision

Introduction

Pneumonia is responsible for 14% of all mortality in children aged <5 years and is included in World Health Organization (WHO) reports as the cause of death in 740,180 children in 2019 alone [1,2]. The Global Action Plan for the Prevention and Control of Pneumonia and Diarrhea, which was released by the WHO and UNICEF, aimed to reduce the mortality rate from pneumonia and diarrhea in children aged <5 years [2,3]. They have set targets that include vaccination, water and air sanitation, exclusively breastfeeding in the first 6 months, and eliminating pediatric HIV cases, along with appropriate pneumonia and diarrhea care.

It has been demonstrated that timely and accurate diagnosis of pneumonia and appropriately initiated treatment reduce mortality by up to 28% [4]. Diagnosis can often be difficult, since the clinical presentation of pneumonia in children is variable [5]. For this reason, the WHO has published the Integrated Management of Childhood Illness (IMCI) guidelines, which guide physicians in diagnosing, treating, and identifying danger signs of pneumonia [6]. While some cases of pneumonia are treatable with appropriate interventions, even low-cost or low-tech options [1], pneumonia remains a leading cause of morbidity and mortality, particularly in resource-limited countries and regions [2]. Managing high-risk populations continues to present significant challenges, especially in intensive care settings where patients often require advanced respiratory support. In addition, it has been shown that families seeking health services in resource-limited settings causes delays in providing appropriate treatment, leading to disease progression [7]. These highlight the need to improve medical care decisions, particularly in regions with limited resources, to reduce pneumonia-related morbidity and mortality.

Early and accurate recognition of patients who may require escalation of care to tertiary facilities is essential, particularly for those who will require mechanical ventilation or advanced respiratory support [8]. Predicting which patients will deteriorate is challenging due to the heterogeneous presentation of pneumonia, and clinical features such as hypoxia, respiratory distress, nutritional status, and comorbidities are critical markers that necessitate closer monitoring or transfer [9,10]. Prolonged duration of illness and failure to respond to initial treatments are also important as they may indicate inadequate treatment, misdiagnosis, or incorrect identification of potential pathogens, which can lead to the escalation of care [7,11].

Data science can provide actionable evidence for effective clinical intervention in pediatric diseases in the future [12] and can reduce inequality in health care [13]. Also, using big data and machine learning (ML) technologies is promising for childhood pneumonia in low- and middle-income countries (LMICs), especially patient-risk stratification for developing severe disease and mortality [14]. Because of their flexibility and high accuracy, ML models are used in medicine in the fields of prediction (prognostics) and classification (diagnostics) [12]. Additionally, the use of ML offers great promise for decision support in managing community-acquired pneumonia (CAP) in children, as demonstrated in recent studies. These include predicting intensive care unit needs [15], low-cost and noninvasive diagnostics for childhood pneumonia in resource-limited settings [16], supporting pathogen identification at admission only using basic clinical and laboratory features [11], and using natural language processing with ML for supporting clinical decisions on radiology reports [17].

It has been seen that the vast majority of data science studies on pneumonia aims to provide diagnostic support to the physician by processing radiological images [18]. However, diagnostic utilities are mostly unavailable in LMICs and primary care units. Therefore, physicians need prognostic support algorithms that distinguish between serious and nonserious cases without using advanced diagnostic equipment.

We aimed to develop an ML-based clinical decision support tool for childhood pneumonia that can be used by non–intensive care physicians, particularly those working in LMICs, in predicting the escalation of care and thereby ensuring the effective diagnosis and treatment of pneumonia, which is one of the 2025 goals of the WHO [1,3].

Methods

Case Definition and Patient Selection

Our study included pediatric patients who received inpatient treatment at Hacettepe University Medical School, a large, urban, tertiary, academic medical center in Ankara, Türkiye, between January 2014 and April 2020. The center serves a diverse range of pediatric patients from both urban and rural areas across the country, including those requiring advanced multidisciplinary care as well as those with less severe conditions. All patients were diagnosed with CAP based on the most recent IMCI guidelines, which provide a structured clinical framework focused on clinical features rather than advanced imaging or laboratory results [6,19]. Patients younger than 28 days of age (neonatal age), those older than 18 years, and those who had been hospitalized within the last 14 days were excluded.

The medical records of 437 patients were retrospectively examined by pediatricians, who encoded the candidate features from unstructured admission notes based on the IMCI guidelines (Tables 1 and 2). These variables were chosen based on their clinical value in clinical decision-making and their availability in primary care.

Table . Candidate features: clinical variables.

Clinical variables	Description
Age	Age in months at the time of admission
Weight (*z* score)	Standardized score based on Turkish children reference values [20], indirectly reflecting nutritional status
Gender	Biological sex (male or female)
Complaint period	Duration (days) from symptom onset to admission
Comorbidity	Presence of any significant underlying medical conditions, including congenital disorders, genetic syndromes, neuromuscular diseases, and chronic respiratory or cardiac issues
Recent antibiotics usage	Prescribed oral antibiotic use within the 14 days before admission, suggesting an inadequately treated infection or failure to respond initial care
Fever	Presence of elevated body temperature at admission
Cough	A key respiratory symptom at admission
Loss of appetite	Sign of systemic illness, reflecting impact on the patient's well-being
Respiratory distress	Presence of shortness of breath, rapid breathing (tachypnea), nasal flaring, or chest wall retractions at initial examination
Abnormal lung sounds	Auscultatory findings (eg, crackles or wheezing), indicative of pulmonary pathology at initial examination
Hypoxia	SaO_2[a] measured by pulse oximetry; hypoxia is defined as SaO_2 below 92% at initial examination
Level of care severity	Primary outcome; whether the patient requires pneumonia care at a tertiary care unit, including PICU[b] admission or respiratory support (oxygenation or ventilation), at any point during the hospital stay

[a]SaO_2: peripheral blood oxygen saturation.

[b]PICU: pediatric intensive care unit.

Table . Candidate features: laboratory variables.

Laboratory variables	Unit
Hemoglobin	Grams per deciliter (g/dL)
Leukocytes	Cells per liter ($\times 10^6$/L)
Lymphocytes	Cells per liter ($\times 10^6$/L)
Neutrophils	Cells per liter ($\times 10^6$/L)
Platelets	Cells per liter ($\times 10^9$/L)
C-reactive protein	Milligrams per liter (mg/L)
Albumin	Grams per deciliter (g/dL)
Sodium	Milliequivalents per liter (mEq/L)
Aspartate aminotransferase	Units per liter (U/L)
Alanine aminotransferase	Units per liter (U/L)

The primary outcome was the "level of care severity," scaled as severe or nonsevere. This categorization was made by physician-encoders based on whether the patient required referral to a tertiary care unit, using medical notes during the hospital stay. Children classified as severe included those admitted to the pediatric intensive care unit or those who required oxygenation or ventilation support at any time during the hospital stay.

Ethical Considerations

This study's design and procedures were approved by the Hacettepe University Clinical Research Ethics Committee with protocol GO-20/1182. Since this study is a retrospective analysis using previously collected data, informed consent was not required as per the ethics committee's approval. All data used in this study were deidentified before analysis to ensure participant privacy and confidentiality. No compensation was

provided to participants, as this study did not involve direct human participant recruitment.

Study Population

This study included 437 hospitalized patients with CAP, categorized into nonsevere (n=133, 30.4%) and severe cases (n=304, 69.6%). Demographic and clinical candidate variables, along with laboratory indices, were collected. Group comparisons were made using the Mann-Whitney *U* test for continuous variables and the χ^2 test for categorical variables, with significance set at $P<.05$. A summary of these characteristics and statistical comparisons are provided in Table 3.

Table . Characteristics of the study population by level of care severity (N=437).

Candidate variables	Nonsevere (n=133, 30.4%)	Severe (n=304, 69.6%)	Test statistic (*df*)	*P* value
Age (months), median (IQR)	44 (13 to 98)	23 (7 to 64.5)	16,602[a]	.003
Weight (*z* scores), median (IQR)	−0.57 (−1.4 to 0.45)	−0.7 (−2.5 to 0.4)	17,784[a]	.045
Complaint period (days), median (IQR)	4 (2 to 7)	4 (2 to 7)	19,274[a]	.44
Gender, n (%)			0.05[a]	.83
Male	68 (30.9)	152 (69.1)		
Female	65 (30)	152 (70)		
Comorbidity, n (%)	85 (28.7)	211 (71.3)	1.28[b] (1)	.26
Recent antibiotic usage, n (%)	40 (26.3)	112 (73.7)	1.87[b] (1)	.17
Fever, n (%)	100 (32.3)	210 (67.7)	1.68[b] (1)	.20
Cough, n (%)	115 (31.3)	253 (68.8)	0.50[b] (1)	.48
Loss of appetite, n (%)	37 (32)	80 (68)	0.11[b] (1)	.74
Respiratory distress, n (%)	43 (17.1)	208 (82.9)	49.30[b] (1)	<.001
Abnormal lung sounds, n (%)	102 (26.9)	277 (73.1)	16.70[b] (1)	<.001
Hypoxia, n (%)	20 (7.7)	240 (92.3)	156.82[b] (1)	<.001
Hemoglobin (g/dL), median (IQR)	11.6 (10.4 to 12.9)	11.6 (10.6 to 12.6)	20,022[a]	.87
Leukocytes ($\times 10^6$/L), median (IQR)	9900 (6800 to 14,600)	10,950 (8050 to 15,850)	17,837[a]	.05
Lymphocytes ($\times 10^6$/L), median (IQR)	2300 (1400 to 3700)	2800 (1900 to 4400)	17,039[a]	.01
Neutrophils ($\times 10^6$/L), median (IQR)	5285 (2700 to 9200)	6500 (3650 to 10,900)	17,645[a]	.045
Platelets ($\times 10^9$/L), median (IQR)	310 (225 to 386)	317.5 (230.5 to 425)	19,399[a]	.50
C-reactive protein (mg/L), median (IQR)	2.06 (0.79 to 7.67)	2.06 (0.83 to 7.35)	19,842[a]	.76
Albumin (g/dL), median (IQR)	3.9 (3.73 to 4.2)	3.9 (3.4 to 4.2)	17,121[a]	.01
Sodium (mEq/L), median (IQR)	136 (135 to 138)	136 (134 to 138)	19,657[a]	.64
Aspartate aminotransferase (U/L), median (IQR)	35 (26 to 42)	35 (28 to 50)	18,382[a]	.13
Alanine aminotransferase (U/L), median (IQR)	17 (12 to 26)	18 (13 to 29)	18,457[a]	.15

[a]Mann-Whitney *U* test.

[b]Chi-square test.

Data Preprocessing

Data preprocessing, analysis, visualization, and model setup were conducted using Python (version 3.12; Python Software Foundation). We used Python libraries such as *Pandas*, *NumPy*, *Matplotlib*, *Seaborn*, and *Plotly* for exploratory data analysis. For model development, the *PyCaret* library was used, which includes an unsupervised anomaly detection module to identify and handle anomalous data points. *PyCaret* also offers various preprocessing modules to iteratively handle missing data using the light gradient boosting machine (LightGBM) algorithm. In this method, missing values were treated as dependent variables

and predicted based on other available features, minimizing bias. Individual feature weights were applied during this process. Specifically, of the 415 cases, the following features had missing values: C-reactive protein (n=34, 8.2%), albumin (n=10, 2.4%), sodium (n=8, 1.9%), aspartate aminotransferase (n=16, 3.9%), and alanine aminotransferase (n=16, 3.9%). For numerical data, min-max scaling was applied, while categorical data were processed using one-hot encoding. These preprocessing steps ensured the dataset was well prepared for model training and validation.

Handling the Imbalanced Dataset

The balance of the dataset was assessed using Shannon entropy, yielding a value of 0.7, which indicates an imbalanced dataset. To address this, we applied Synthetic Minority Oversampling Technique (SMOTE)–Tomek, a refined variation of the widely recognized SMOTE. This approach combines oversampling of the minority class with the removal of overlapping samples from the majority class through Tomek links. So, the ratio of samples becomes 1:1. The *Imblearn* library was used for implementing data oversampling.

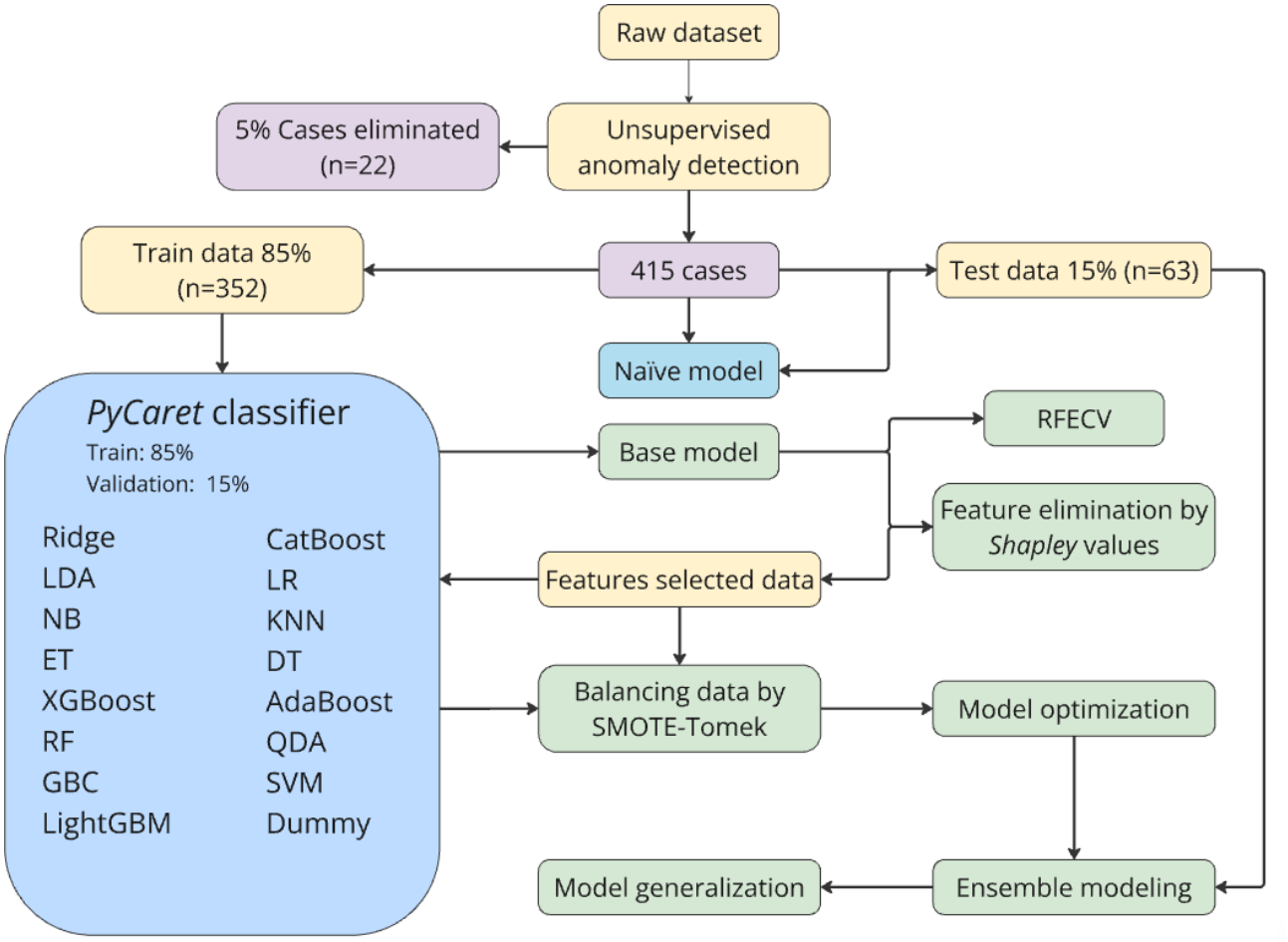
The dataset was split into two sets using the *train_test_split* method of the *SciKit-Learn* library. In the beginning, we allocated 5% of the general dataset as test data in order to prevent data leakage. The remaining 95% was split into training (352/415, 85%) and validation (63/415, 15%) sets.

Algorithms

PyCaret provides efficient implementations of state-of-the-art algorithms and is reusable among scientific disciplines. We used the *PyCaret* classifier module for classification, which includes the following models: ridge classifier, linear discriminant analysis, naïve Bayes, extra tree classifier, extreme gradient boosting (XGBoost), random forest, gradient boosting classifier, LightGBM, CatBoost classifier, logistic regression, k-neighbors classifier, decision tree, AdaBoost classifier, quadratic discriminant analysis, support vector machine with linear kernel, and dummy classifier.

In our work, we considered 10-fold cross-validation. While developing our model with *PyCaret* tools, we implemented the tuning function using the *Tune-Sklearn* library and the *hyper-band* optimization algorithm to obtain a set of best-performing parameters. For ensembling, we also used *PyCaret* classifier ensemble, stack, and blender methods. Ensembling methods have strong evidence that they can significantly enhance the accuracy of classifications [21]. After the optimization of parameters, in the last phase, we used the most common ensemble methods provided by the *PyCaret* library to further improve our model's performance (Figure 1).

Figure 1. The experimental setup: in this figure, we illustrate the experimental process of our models. Initially, we cleaned the data by identifying 5% of cases as abnormal data using unsupervised learning. We then split the data into a train set (85%) and a validation set (15%) using the *PyCaret* classifier model. The base model with the highest AUC-ROC value was the RF algorithm. Subsequently, we determined the optimal number of features as 18 using RFECV and selected the top 18 features based on Shapley values. We then balanced the dataset using the SMOTE-Tomek method and developed high-performing models. After optimizing the hyperparameters, we selected the best-performing model and created new models by using ensemble methods. In parallel, we developed a new model using only clinical findings for clinical prediction. AdaBoost: AdaBoost classifier; AUC-ROC: area under the receiver operator characteristic curve; CatBoost: CatBoost classifier; DT: decision tree; Dummy: dummy classifier; ET: extra tree classifier; GBC: gradient boosting classifier; KNN: k-neighbors classifier; LDA: linear discriminant analysis; LightGBM: light gradient boosting machine; LR: logistic regression; NB: naïve Bayes; QDA: quadratic discriminant analysis; RF: random forest; RFECV: recursive feature elimination with cross-validation; Ridge: ridge classifier; SMOTE: Synthetic Minority Oversampling Technique; SVM: support vector machine linear kernel classifier; XGBoost: extreme gradient boosting.



Feature Selection and Data-Reducing Methods

Feature selection is a process of one-by-one evaluation to determine which features are effective on the results within the dataset. Irrelevant or partially relevant features can negatively impact ML model performance and make the ML model learn based on irrelevant features. These methods are aimed at eliminating irrelevant features and keeping the strong features to reduce the dimension of the dataset. Recursive feature elimination is a feature selection method that fits a model and removes the irrelevant features until the specified number of features is reached. Recursive feature elimination with cross-validation (RFECV) aims to select the optimal number of features using permutation importance and recursive feature elimination. In this study, we used the *RFECV* module from *yellowbrick* library for selecting the optimum feature number. The Shapley additive explanations (SHAP) method is an innovative tool for explaining ML decision-making processes for datasets. The goal of the SHAP method is to present and explain the prediction with respect to the contribution of each feature to the predicted value. In RFECV, the features are ranked by a permutation importance measure. The SHAP algorithm was used for feature selection (Figure 2), as it provides more consistent and accurate importance values compared to the permutation approach. Ultimately, RFECV algorithms showed that 18 parameters are sufficient to explain nearly 90% of variances. Overall, 13 clinical and 5 laboratory variables were selected according to their SHAP values (Figure 2).

Figure 2. Feature selection: SHAP values are presented for the random forest classifier model with the highest AUC-ROC score in the dataset before feature selection, using the *SHAP* library's *plot_summary* module. The y-axis shows the importance of each feature, with the most important feature at the top and the least important at the bottom. The colors represent the contribution of each feature to the model's prediction. For example, features that have a large positive contribution to the prediction are shown in a warm color (eg, red), while features that have a large negative contribution are shown in a cool color (eg, blue). In this example, hypoxia is the most important attribute in the plot. The presence of hypoxia (hypoxia=1) causes the model to move closer to the target class, while its absence causes the model to move away from the target class. This predicts that hypoxia is an aggravating factor, while high levels of albumin have a protective effect for the target class. In summary, hypoxia is an adverse factor, and high albumin levels are protective. ALT: alanine aminotransferase; AST: aspartate aminotransferase; AUC-ROC: area under the receiver operator characteristic curve; CRP: C-reactive protein; SHAP: Shapley additive explanations.

Results

Study Population Characteristics

A comparison of the demographic and clinical characteristics between the nonsevere and severe groups is presented in Table 3. Of the 437 patients, 304 (69.6%) met the primary outcome, requiring the escalation of care. Patients in the severe care group were significantly younger, with a median age of 23 months compared to 44 months in the nonsevere level of care group (P=.003). Additionally, the severe group had lower weight z scores (P=.045).

Key clinical differences included higher rates of respiratory distress (208/304, 82.9% vs 43/133, 17.1%; P<.001), abnormal lung sounds (277/304, 73.1% vs 102/133, 26.9%; P<.001), and hypoxia (240/304, 92.3% vs 20/133, 7.7%; P<.001) in the severe group. In terms of laboratory findings, the severe group had higher leukocyte counts (P=.005), neutrophil counts (P=.045), and lymphocyte counts (P=.001). Albumin levels were slightly lower in the severe group (P=.01). No significant differences were observed between the groups in gender distribution (P=.83), comorbidities (P=.26), recent antibiotic use (P=.17), or C-reactive protein levels (P=.76).

Model Performances

In this section, we present a comparison of the performance of 16 different algorithms for raw and preprocessed datasets. We used various evaluation metrics such as accuracy, area under the receiver operator characteristic curve (AUC-ROC), recall, precision, F_1-score, Cohen κ, and Matthews correlation coefficient to assess model performance. To analyze model performance, all prediction experiments were conducted using 10-fold cross-validation. Subsequently, the models were optimized, and their performances were evaluated on a balanced dataset using SMOTE-Tomek and feature selection. The performances of the three models with the highest performance (CatBoost, XGBoost, and LightGBM) were evaluated by applying hyperparameter optimization and ensemble methods. Table 4 compares the results obtained with CatBoost, XGBoost, and LightGBM among the optimized and nonoptimized results, as well as the results of the combinations with the highest performance from the basic ensembling methods (ensembling, blending, and stacking methods). The highest AUC-ROC value was achieved by using optimized LightGBM as the meta-model in the stacking method.

Table . Comparative performance of machine learning models for the escalation of care prediction. Italicized values represent the highest scores for each column.

Model	Accuracy	AUC-ROC[a]	AUC-PRC[b]	Recall	Precision	F_1-score	Cohen κ	MCC[c]
CatBoost[d]	0.77	0.85	0.94	0.75	0.91	0.82	0.52	0.54
LightGBM[e,f]	0.80	0.87	0.96	0.79	0.92	0.85	0.58	0.59
XGBoost[f,g]	0.77	0.83	0.96	0.72	*0.94*	0.82	0.54	0.57
Ensembling[h]	0.77	0.86	0.95	0.72	*0.94*	0.82	0.54	0.57
Stacking[i]	0.80	*0.88*	0.96	0.79	0.92	0.85	0.58	0.59
Blending-1[j]	0.77	0.86	0.96	0.75	0.91	0.82	0.52	0.57
Blending-2[k]	*0.85*	0.84	0.96	*0.95*	0.85	*0.90*	*0.63*	*0.64*

[a]AUC-ROC: area under the receiver operating characteristic curve.

[b]AUC-PRC: area under the precision-recall curve.

[c]MCC: Matthews correlation coefficient.

[d]The performance of unoptimized CatBoost.

[e]LightGBM: light gradient boosting machine.

[f]The performance values obtained after optimization of XGBoost and LightGBM.

[g]XGBoost: extreme gradient boosting.

[h]The performance of the optimized LightGBM ensembling method, which achieved the highest results among CatBoost, XGBoost, and LightGBM algorithms.

[i]The performance of the model with optimized LightGBM as a meta-model in the stacking method, as it showed the highest performance.

[j]The combination of optimized LightGBM and XGBoost with higher performance in the blending method.

[k]Using the top-5, highest-ranked clinical features, the peak performance was realized by using a method that incorporated the optimized CatBoost, LightGBM, and XGBoost models.

In addition to the metrics reported in Table 4, we evaluated the performance of the *Blending-2* model using the precision-recall curve metric, which is particularly useful for imbalanced datasets. The precision-recall curve plot for this model, using the top-5 ranked clinical features, is provided in Multimedia Appendix 1. The model achieved a strong average precision-recall score of 0.96, further highlighting its robustness in handling imbalanced data.

Feature Importance

The optimized LightGBM in the model, developed with balanced and feature-selected data, was responsible for the

attainment of the highest performance. Upon evaluation of clinical features according to SHAP values, a ranking was established based on their feature importance scores, with the highest score being garnered by the top-5 clinical features (hypoxia, respiratory distress, age, *z* score of weight for age, and antibiotic usage before admission; Multimedia Appendix 2). The application of a workflow using these 5 features, as done previously, resulted in the highest accuracy performance (84%), which was achieved through the use of the ensemble method, incorporating the blending method of the optimized CatBoost, LightGBM, and XGBoost models.

Discussion

Pneumonia, the leading cause of childhood mortality, is also one of the most common causes of hospitalization [3,22]. It remains a significant global health burden, particularly in children aged <5 years, where timely and accurate clinical management is crucial for reducing mortality [8]. While prevention strategies are well documented, the clinical challenge lies in efficiently identifying patients who require escalated care. In this study, we present a contemporary approach to building an ML-based, prognostic care referral decision support tool that assists primary care physicians in determining where the case should be managed with an accuracy of more than 80%.

Today, there is widespread knowledge of the prevention, diagnosis, treatment, and management of complications in CAP, but due to resource limitations, it is not possible for all physicians and patients to benefit from this [14]. Recent advancements in medical informatics have the potential to reduce health care disparities and empower physicians in resource-limited settings [11-15], offering new hope for identifying high-risk populations and preventing mortality where current methods fall short.

The recent COVID-19 pandemic has impacted several medical fields, including the disruption of research practices by shifting researchers' focus and patient recruitment [23,24] and significantly reducing the incidence of non–COVID-19 pneumonia by preventing transmission [25-27]. In the current postpandemic state, non–COVID-19 childhood pneumonia remains a global health concern, especially in resource-limited settings according to the most recent reports [2], with respiratory infections likely to rise again as pandemic measures have already been eased [28]. Now, focusing back to reducing the mortality of CAP is critical to ensure pediatric pneumonia care benefits from recent advancements that COVID-19 provided [29,30]. This study, built primarily on prepandemic cases, provides a foundational context for future studies on CAP using ML in the postpandemic era.

Since March 2020, a substantial amount of data about COVID-19 have been published, including COVID-19–related artificial intelligence studies focused on pneumonia diagnosis by radiological findings [31]. However, pneumonia diagnosis is clinical, and routine chest radiographs are not necessary for the confirmation diagnosis [32] and do not improve outcomes [33]. In addition, chest radiography can be used only in inpatient settings to identify complications or evaluate response to treatment.

Although strong diagnostic support algorithms have been published in pneumonia-related studies in recent years, there is still a need for prognostic studies for pneumonia management [31]. Determining the severity of a disease or predicting its prognosis answers essential questions of physicians in medical decision-making, such as "Where should it be treated? Outpatient? ICU?" "Which therapy should I start? How long should I give it?" and "When should I discharge the patient? When should I call for control?" There are several studies and guidelines in the literature for severity assessment and prognosis prediction of pneumonia [9,10,34]. For the majority, mortality and the development of complications were the primary outcomes, and clinical, radiological, and laboratory variables are the key predictors. Yet, there is a limited number of studies predicting required referral to tertiary care based on basic clinical and laboratory features available in primary care settings [15].

This study reviewed important pneumonia prognostic predictors of children hospitalized in a major academic medical center. The primary outcome of interest was the level of care severity, classified as severe or nonsevere based on the need for pediatric intensive care unit admission or oxygen/ventilation support. The main objective of this study was not only to build the best model but also to answer the primary care physician's question: "Where should the case be managed?" Our model demonstrated promising predictive accuracy, with an AUC-ROC exceeding 0.85 and an accuracy of 77% to 88% (Table 4). The key clinical features identified—hypoxia, respiratory distress, age, *z* score of weight for age, and complaint period (Multimedia Appendix 2)—align with existing clinical guidelines, which emphasize the importance of respiratory and nutritional status in predicting disease severity [33-36].

In this study, we used SMOTE-Tomek, a method proven effective in medical tasks, to address class imbalance without losing valuable clinical information [37,38], which was essential given the significantly imbalanced and small sample–sized dataset. Additionally, we used RFECV and SHAP, both of which have been established as robust methods in previous studies [11,39,40], for feature selection. These techniques not only improved our model's performance but also allowed us to isolate the most clinically significant features (Figure 2, also see Multimedia Appendix 2), enabling clinicians to decide using their own skills without involving additional diagnostic tools.

The clinical application of a prognostic care decision model is particularly relevant in settings where early and accurate escalation of care is needed. For example, by focusing on these top-5 clinical features or using a decision support tool like ours, even less experienced primary care physicians could assess risk and anticipate tertiary care referrals without advanced diagnostics. Additionally, in emergency settings, these tools could assist in triaging patients to prioritize those needing immediate respiratory support or mechanical ventilation, allowing earlier interventions and more effective resource allocation—crucial for LMICs—potentially reducing morbidity and mortality.

One significant limitation of this study is its reliance on data from a single tertiary hospital (Hacettepe University), which

may limit generalizability. While the dataset includes patients referred from both urban and rural areas, the focus on a tertiary center introduces a selection bias, as most cases represent severe care levels (304/437, 69.6%). This is likely because less severe CAP cases are managed in primary or secondary care, not referred to tertiary centers, limiting the model's applicability in less severe cases. Additionally, the relatively small sample size of 437 patients limits the model's generalizability, as larger datasets are typically needed to optimize ML models and ensure robust performance across diverse populations. Expanding the dataset to include patients from multiple centers, especially primary and secondary care institutions, could improve the model's generalizability and applicability. Lastly, the retrospective nature of the data and the missing time frames of tertiary care unit transfers may not fully capture real-time clinical decision-making or the urgency of care decisions.

In conclusion, this study demonstrates the feasibility of developing an ML-based prognostic decision support tool for childhood pneumonia referral, with an accuracy of 77% to 88%. Incorporating foundational clinical skills for key prognostic predictors with advanced data science methods holds promise for improving pneumonia outcomes by accurately predicting the need for the escalation of care.

Acknowledgments

During the preparation of this work, the authors used OpenAI GPT-4o [41] to restructure sentences for enhanced readability, as they are not native English speakers. After using this tool/service, the authors reviewed and edited the content as needed and took full responsibility for the content of the publication.

Authors' Contributions

OS contributed to the creation of the work plan, interpretation of statistical analysis and machine learning algorithms, coinvestigation of the literature, and writing the revised manuscript. ITA contributed to the building of machine learning algorithms, coinvestigation of the literature, and writing the results and methods. SBC contributed to scanning patients from the hospital electronic health record system and encoding the attributes of the patients' data in the case report form ("Human Encoder-1"). BK contributed to the scanning patients from the hospital electronic health record system and encoding the attributes of the patients' data in the case report form ("Human Encoder-2"). AFD contributed to the building of the machine learning algorithms and optimizing the dataset. MZU contributed to the coding of advanced statistical and machine learning algorithms, and the creation of the clinical decision support system interface. YO contributed to the creation of the work plan, interpretation of statistical analysis, and gathering the team of investigators.

Conflicts of Interest

None declared.

Multimedia Appendix 1
Precision-recall curve (PRC) for the blending model with top 5 features.
[PNG File, 21 KB - xmed_v6i1e57719_app1.png]

Multimedia Appendix 2
Shapley additive explanations (SHAP) values forward selection method.
[PNG File, 386 KB - xmed_v6i1e57719_app2.png]

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Abbreviations

AUC-ROC: area under the receiver operator characteristic curve
CAP: community-acquired pneumonia
IMCI: Integrated Management of Childhood Illness
LightGBM: light gradient boosting machine
LMIC: low- and middle-income country
ML: machine learning
RFECV: recursive feature elimination with cross-validation
SHAP: Shapley additive explanations
SMOTE: Synthetic Minority Oversampling Technique
WHO: World Health Organization
XGBoost: extreme gradient boosting

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Financial Feasibility of Developing Sustained-Release Incrementally Modified Drugs in Thailand's Pharmaceutical Industry: Mixed Methods Study

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Abstract

Background: Thailand's pharmaceutical industry is prioritizing innovation and self-reliance through the development of incrementally modified drugs (IMDs), particularly sustained-release dosage forms. However, the financial feasibility of IMD development remains underexplored.

Objective: This study evaluates the financial feasibility of developing sustained-release IMDs in Thailand, focusing on costs, timelines, and investment requirements to inform strategic decision-making.

Methods: A mixed methods approach was used, combining literature reviews, expert interviews, and financial modeling. Two scenarios were analyzed: (1) only development (phase I) and (2) full clinical trials (phase I to III). Sensitivity analysis was used to assess the impact of key variables on financial feasibility.

Results: The research and development (R&D) process for sustained-release IMDs takes 7 years for phase I–only development, costing US $1.46 - 3.09 million, and 11 years for full clinical trials, costing US $18.60 - 20.23 million. Process validation batches accounted for 60% of costs in phase I–only scenarios, while clinical trials represented 70% of costs in full clinical trial scenarios. The annual income required for a 5-year payback period ranged from US $0.20 - 1.80 million (phase I only) to US $3.01 - 27.11 million (full trials). Shorter R&D durations and longer payback periods substantially improved feasibility.

Conclusions: Developing sustained-release IMDs in Thailand involves substantial costs and extended timelines but offers a lower-risk alternative to new chemical entities. Strategic investments, efficient R&D processes, and supportive policies are essential to enhance feasibility and alignment with national goals of innovation and self-reliance.

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KEYWORDS

financial; economics; R&D; research and development; surveys; interviews; costs; revenue; policies; drugs; pharmaceuticals

Introduction

The Thai pharmaceutical industry is undergoing significant transformation in alignment with Thailand's Pharmaceutical Development Action Plan (2023 - 2027), which builds upon the foundation of earlier policies, including the National Strategic Master Plan (2018 - 2037). These initiatives collectively emphasize enhancing the national drug system, fostering domestic pharmaceutical manufacturing capabilities, and achieving self-reliance through sustainable development [1-3]. The current action plan (2023 - 2027) prioritizes accelerating the industry's capabilities in research, development, and production of vaccines, drugs, herbal products, and biologics, while promoting local pharmaceutical industries to reduce import dependency and increase export potential. By focusing on innovation, technological advancement, and strategic investments, this plan ensures the industry's alignment with national health care priorities and global market demands, driving growth and competitiveness in the pharmaceutical sector.

Currently, Thailand's pharmaceutical manufacturing industry is predominantly focused on the production of generic drugs, with an average of 540 generic drug approvals annually, including approximately 35 new ones [3]. However, the development of new chemical entities (NCEs) remains limited due to challenges such as insufficient investment, lack of advanced technology, and a shortage of specialized talent. Given these constraints, a more feasible approach for Thailand's pharmaceutical sector lies in the development of incrementally modified drugs (IMDs). IMDs involve enhancing existing drugs through modifications in delivery systems, indications, combinations, administration routes, dosage forms, and strengths, offering a pathway to sustainable self-reliance while reducing costs and risks associated with NCE development [4].

Globally, IMDs have gained traction in high-income countries, with high listing and reimbursement rates, demonstrating their potential to improve patient outcomes and health care efficiency [5]. In Thailand, focusing on IMDs aligns with the country's strategic goals of fostering innovation, reducing reliance on imported pharmaceuticals, and enhancing the competitiveness among local manufacturers. By leveraging advanced technology platforms, the development of IMDs can provide a viable pathway for the Thai pharmaceutical industry to achieve greater self-sufficiency and contribute to the broader health care system.

This study aims to examine the financial feasibility of developing IMD dosage forms within Thailand's pharmaceutical manufacturing industry. By evaluating the economic viability and potential return on investment of IMDs, this study will provide evidence-based insights to support decision-making and guide strategic investments in the sector. The findings may provide a foundation for policy makers and stakeholders in formulating targeted strategies to promote innovation in IMDs, enhance domestic pharmaceutical capabilities, and reduce reliance on imported drugs. Ultimately, the study may also contribute to strengthening Thailand's pharmaceutical sector, ensuring its alignment with national development goals and global health care trends.

Methods

Study Design

This study used a mixed methods approach, combining qualitative and quantitative components. Given the lack of publicly available data on IMD development, this approach was necessary to triangulate data from multiple sources, ensuring robustness and reliability. The qualitative component included a literature review, surveys, and expert interviews, while the quantitative component focused on financial modeling and analysis.

Data Collection

Literature Review

A comprehensive review of existing IMD dosage forms, manufacturing processes, cost structures, regulatory requirements, and market trends was conducted using PubMed, Scopus, and industry reports. This review served as input for the development of the financial model and interview guide.

Survey

A survey was designed to estimate costs associated with IMD development. The cost structures were adapted from a prior study on the impact of the Thai–European Union (EU) free trade agreement (FTA) on the pharmaceutical supply chain in Thailand [6]. Cost collection forms were sent to five IMD experts for feedback, refinement, and validation, after which cost estimates were provided.

Interviews

Snowball sampling was used to identify participants due to the specialized nature of IMD development and the limited number of manufacturers in this field. This approach allowed the research team to access experts with relevant knowledge and experience in IMD development.

Semistructured interviews were conducted with 15 experts, including company owners, industry leaders, policy makers, and researchers. Interviews continued until data saturation was achieved, with no new themes emerging.

Interviews were conducted online and recorded with participants' consent. The key interview questions were focused on costs associated with research and development (R&D), manufacturing technology, and clinical and nonclinical studies. Data saturation was achieved when no new themes emerged. To ensure transparency and reproducibility, detailed descriptions of the interview guide and survey questions are provided in Multimedia Appendix 1.

Ethical Considerations

The study received ethical approval from the Research Ethics Review Committee for Research Involving Human Subjects, Health Science Group at Chulalongkorn University, Thailand (COA No. 176/2564). We confirm that participation in the online Zoom sessions was entirely voluntary. Participants were informed in advance about the purpose and format of the sessions, and they had the right to decline participation without any consequences. Choosing to join the Zoom session was

considered as implied consent by action, in alignment with ethical practices for minimal-risk research. To protect participant confidentiality, no personally identifiable information was recorded during the sessions. All data were de-identified prior to analysis. Participants received approximately $30 USD as compensation for their time and contribution, ensuring transparency and fairness throughout the research process.

We confirm that participation in the online Zoom sessions was entirely voluntary. Participants were informed in advance about the purpose and format of the sessions, and they had the right to decline participation without any consequences. Choosing to join the Zoom session was considered as **implied consent by action**, in alignment with ethical practices for minimal-risk research.

Data Analysis

Financial Model Development

Two financial model scenarios were developed to assess IMD feasibility, focusing on IMD types and cost estimation. Sustained-release formulations, which are the most preferred type of IMDs by the domestic pharmaceutical industry, were selected based on results from a prior feasibility study [7]. The cost estimation was adapted from the Thai-EU FTA study [6], covering sourcing, R&D (ie, laboratory scale, pilot batch, and stability studies), nonclinical and clinical trials, and registration and process validation [8,9]. Costs were estimated under two regulatory scenarios: (1) conducting only phase I clinical trials and (2) conducting full clinical trials [10].

Sensitivity Analysis

A sensitivity analysis was conducted to evaluate the impact of variations in key variables including cost, duration, and payback period on the financial feasibility of IMD development. This analysis provided insights into the robustness of the financial models under varying assumptions.

Results

Overview

A prediction market analysis by Hongthong et al [11] on the feasibility of IMD development by the domestic pharmaceutical industry identified sustained-release dosage forms as the most preferred option, which guided the financial feasibility analysis in this study [7,12]. The assumptions and input data used for this analysis are detailed in Table 1.

Table . Input data and assumptions for the financial model and financial feasibility study.

Variables	Assumptions	Source of data
Cost of sales	25% of revenue	Jiang et al [13]
Operational expense	40% of revenue	Jiang et al [13] and interviews
Discounted rate	Discount rate of 3%	Haacker et al [12]
Interest rate	Interest rate for business is 3%	Interviews
Tax rate	Corporate tax rate is 20%	IDRG Consultancy Services [14] and interviews
Expected payback period	Payback period that investors could accept is 5 - 10 years	Interviews

Financial Feasibility Analysis Model

To assess the financial viability of investing in the development of sustained-release dosage forms, a financial feasibility analysis model was developed. This model calculates the payback period and market growth rate based on two primary components (ie, cost and revenue components). The cost component estimates the expenses associated with R&D of the new dosage form, while the revenue component forecasts the income required to achieve a return on investment within a specified payback period. The model's flexibility allows for adjustments in key variables such as the payback period and market growth rate, enabling stakeholders to make informed strategic decisions regarding pharmaceutical R&D investments.

Cost Analysis for Sustained-Release Dosage Form Development

Table 2 presents the cost analysis for two development scenarios. In scenario 1, which involves only phase I clinical studies, the R&D process for new sustained-release IMD formulations was estimated to take 7 years, with development costs ranging from US $1.46 to 3.09 million. Approximately 60% of the total costs were allocated to process validation batches, a critical step requiring three consecutive production batches. This phase represents a significant capital investment, with varying costs depending on production complexity. In scenario 2, which includes full clinical trials from phase I to phase III, the development duration extended to 11 years, with fixed costs ranging from US $18.60 to 20.23 million. In this case, 70% of the total R&D budget was dedicated to clinical studies, which are essential for demonstrating the efficacy and safety of new drugs.

The sensitivity analysis presented in Table 3 evaluates the financial implications under different scenarios. For scenario 1, which involves only phase I studies with R&D costs of US $1.46 million, the annual income required to recover the invested capital—assuming a 5-year payback period—ranges from US $0.20 to 1.80 million. In contrast, for scenario 2, which includes full clinical trials, the required annual income increases substantially, ranging from US $3.01 to 27.11 million.

Table . The process and cost of developing IMDs[a] in a sustained-release form by the domestic pharmaceutical industry.

Process	Details [6]	Scenario 1 (US $, in millions)	Scenario 2 (US $, in millions)	Information source
Sourcing	Local manufacturers choose reference IMDs based on marketing, user needs, sales, patents, and suitability.	0.02	0.02	This study
R&D[b] laboratory scale	The R&D department conducts laboratory-scale studies to develop suitable formulations for sustained-release drugs, including analytical method development and determination of finished product specifications (FPS).	0.06 - 0.15	0.06 - 0.15	This study
Pilot scale	After successful drug R&D, pilot batch production begins, followed by stability studies to determine shelf-life specifications. Results are reported to the FDA[c].	0.27 - 0.66	0.27 - 0.66	Sertkaya et al [15] and this study
Clinical study				
Phase I	Samples from the pilot batch production will be sent to study the effect of food on bioefficacy through a bioequivalence study and evaluating the effect of alcohol on dose dumping.	0.29	0.29	Thai FDA [10], National Institute of Health [16], DiMasi et al [17], and this study
Phase II	In case the pharmacokinetics of a new drug are clinically significantly different from the reference drug, phase II and III studies of the new drug may be necessary.	—[e]	4.29	Thai FDA [10] and this study
Phase III	In case the pharmacokinetics of a new drug are clinically significantly different from the reference drug, phase II and III studies of the new drug may be necessary.	—	12.86	Thai FDA [10] and this study
Registration	Registration of new drug formulas follows the ASEAN[d] harmonization criteria. Application documents included administration data, product information, quality, safety, and efficacy parts. The nonclinical and clinical study data can refer to recommendations and guidelines.	0.003	0.003	This study
Process validation batch	After obtaining FDA registration, drugs can be produced in commercial batches. Process validation and inspection results are submitted for permission to continue production and distribution.	0.81 - 1.97	0.81 - 1.97	This study
Total cost	—	1.46 - 3.09	18.60 - 20.23	—

[a]IMD: incrementally modified drug.

[b]R&D: research and development.

[c]FDA: Food and Drug Administration.

[d]ASEAN: Association of Southeast Asian Nations.

[e]Not applicable.

Table . Expected annual revenue after product launch of both scenarios (US $ [in millions]/year).

Expected payback	Annual revenue (US $ [in millions]/year)									
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Year 7	Year 8	Year 9	Year 10
Scenario 1[a]										
5-year period	0.20	0.40	0.80	1.20	1.80	—[c]	—	—	—	—
10-year period	0.04	0.08	0.17	0.25	0.38	0.49	0.61	0.77	0.96	1.20
Scenario 2[b]										
5-year period	3.01	6.03	12.05	18.08	27.11	—	—	—	—	—
10-year period	0.63	1.25	2.50	3.75	5.63	7.32	9.15	11.44	14.30	17.87

[a]The parameters of the base case analysis for scenario 1 are that the duration of research and development is 7 years, and the research and development cost is US $1.46 million.

[b]The parameters of the base case analysis for scenario 2 are that the duration of research and development is 11 years, and the research and development cost is US $18.60 million.

[c]Not applicable.

The duration of the R&D process substantially impacts financial expenditures; shorter R&D periods can reduce costs and enhance project feasibility. High-risk activities such as complex formulation and analytical method development often involve a higher likelihood of failure and require advanced clinical studies, necessitating larger capital investments. Therefore, well-planned R&D processes can substantially reduce costs and improve investment returns.

The analysis also examines the impact of extending the payback period to 10 years, which lowers the capitalization point and reduces the annual income required. This consideration is particularly relevant for drugs targeting chronic diseases, which typically have longer market life cycles. Additionally, factors such as annual sales growth rates upon launch, the competitive landscape, and government regulations critically influence the financial feasibility of developing sustained-release IMDs [15].

Discussion

Principal Findings

This study systematically explores the financial viability and strategic implications of developing IMDs, with a focus on sustained-release dosage forms. Our analysis highlights the financial and investment requirements for launching IMDs into the market, particularly in comparison to generic drugs.

Developing IMDs, particularly as sustained-release formulations, is substantially more resource-intensive and time-consuming than producing generic drugs. The extended timelines and higher costs are primarily attributed to the complexities of modifying and validating existing drugs, which necessitate extensive clinical testing. In contrast, Liangrokapart et al [6], in a study on the impact of the Thai-EU FTA concerning intellectual property rights on the pharmaceutical supply chain in Thailand, suggested that generic drug development typically required 25 to 46 months, with considerably lower R&D costs ranging from US $0.19 to 1.13 million [6].

A key challenge in this analysis is the absence of specific active ingredient data, which complicates accurate forecasting of market growth and sales revenue. Despite these limitations, the chosen methodology effectively captures the financial intricacies of IMD development, providing robust insights into the associated costs and investment requirements.

Compared to the development costs of NCEs reported in previous studies—including an analysis by Sertkaya et al [15] on drug development costs in the United States (2000 - 2018) and the study by DiMasi et al [18] on the price of innovation and research on R&D costs and returns by therapeutic category—the costs for IMDs are substantially lower. This is primarily because IMDs do not incur discovery and preclinical expenses. Additionally, IMDs have lower failure rates than NCEs, suggesting a potentially lower-risk investment profile. This aligns with findings from a study on IMDs under the USFDA 505(b)(2) NDA pathway, which reported clinical trial completion times of 12 - 24 months and development costs of US $2 to 10 million, closely mirroring the outcomes of this study [4].

The findings from both scenarios underscore that IMD development entails higher costs and longer timelines compared

to generic drugs. These challenges stem from the need to develop new formulations and conduct comprehensive clinical studies. However, shorter R&D periods can substantially reduce costs and enhance project feasibility, emphasizing the importance of efficient R&D planning.

The early stage and inexperience of IMD development within the domestic industry may result in longer timelines and elevated costs. Limited domestic expertise, coupled with the complexities of clinical trials and regulatory processes, poses additional challenges. The high investment required for IMD development necessitates a strong focus on market feasibility and sales potential, particularly in a competitive landscape dominated by generic drugs.

While this study offers valuable insights into the financial feasibility of IMD development in Thailand, several limitations must be acknowledged. First, cost estimates were derived from expert feedback and prior studies, which may not fully capture the variability inherent in real-world manufacturing processes. Finally, the findings may be context specific and not directly applicable to other types of IMDs or pharmaceutical markets.

For the future direction of this research, IMDs represent an incremental innovation that can be developed in various forms, including stand-alone and combination products. Therefore, further studies are needed to assess the feasibility of developing different types of IMDs to enhance patient health outcomes and quality of life.

Additionally, the regulatory process and guidelines play a crucial role in IMD development, making it necessary to study the impact of regulatory changes on IMDs. Furthermore, the pricing and reimbursement mechanisms for IMDs remain unclear for the local pharmaceutical industry, highlighting the need for further exploration of this topic.

Conclusions

This study provides essential insights into the financial aspects of developing sustained-release IMDs in Thailand, highlighting the extensive resources and strategic planning required. These findings underscore the complexity of predicting financial outcomes due to the variability in active ingredients and market dynamics. Although the development of IMDs involves substantial investment and extended timelines, understanding these financial and operational dimensions is crucial for successful drug development. Future research should further investigate the full cost spectrum of various types of IMD approaches to enhance the financial predictability and success of these studies.

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Conflicts of Interest

None declared.

Multimedia Appendix 1
Survey instrument and interview guide for the financial feasibility study of sustained-release incrementally modified drugs in Thailand.
[DOCX File, 17 KB - xmed_v6i1e65978_app1.docx]

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Abbreviations

EU: European Union
FTA: free trade agreement
IMD: incrementally modified drug
NCE: new chemical entity
R&D: research and development

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Determinants of Periodic Health Examination Uptake: Insights From a Jordanian Cross-Sectional Study

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Abstract

Background: Routine periodic health examinations (PHEs) for adults who are asymptomatic are included in clinical preventive services. They aim to prevent morbidity and mortality by identifying modifiable risk factors and early signs of treatable diseases. PHEs are a standard procedure in primary health care worldwide, including in Jordan. The country is undergoing an epidemiological transition toward noncommunicable diseases, which are the leading causes of morbidity and mortality. The prevalence of smoking is among the highest in the world, with escalating rates of obesity and physical inactivity. Notably, hypertension and diabetes are the most prevalent diseases.

Objective: This study aims to determine the extent to which individuals in Jordan participate in PHEs and to evaluate the various factors related to sociodemographics, health, knowledge, and behavior that influence this participation.

Methods: This study used a cross-sectional design and includes 362 participants 18 years or older residing in Jordan. A convenience sampling method was used, and data were collected through a hybrid web-based and face-to-face questionnaire. The analysis involved the application of logistic regression through SPSS to investigate the relationship between various influencing factors and the uptake of PHEs.

Results: Our study indicated that only 98 of the 362 (27.1%, 95% CI 22.8%-31.9%) participants underwent PHEs within the last 2 years. Noteworthy predictors of PHE uptake among Jordanians included recent visits to a primary health care facility within the previous year (adjusted odds ratio [AOR] 4.32, 95% CI 2.40 - 7.76; *P*<.001), monthly income (*P*=.02; individuals with a monthly income of 1500 - 2000 JD displayed more than five times the odds of undertaking PHEs than those with a monthly income <500 JD; AOR 5.74, 95% CI 1.32 - 24.90; *P*=.02; those with a monthly income of more than 2000 JD exhibited even higher odds; AOR 9.81, 95% CI 1.73 - 55.55; *P*=.02; a currency exchange rate of 1 JD=US $1.43 is applicable), and knowledge levels regarding PHEs and preventive health measures (AOR 1.23, 95% CI 1.03 - 1.47; *P*=.007). These variables emerged as the strongest predictors in our analysis, shedding light on key factors influencing PHE uptake in the population. Contrary to other research, our study did not find any statistically significant association between gender (*P*=.33), smoking status (*P*=.76), marital status (*P*=.52), health status self-evaluation (*P*=.18), seasonal influenza vaccination (*P*=.07), combined health behavior factors (*P*=.34), and BMI (*P*=.76) and PHE uptake.

Conclusions: PHE uptake is notably low in Jordan. Critical determinants of this uptake include recent visits to a primary health care facility within the previous year, monthly income, and knowledge levels regarding PHEs and preventive health services. To enhance PHE uptake, there is a critical need to integrate PHEs with primary health care services, increase awareness about PHEs, and offer free preventive services, particularly for those at high risk.

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KEYWORDS

periodic health examination; PHE; preventive health services; routine health checkups; Jordan; cross-sectional study

Introduction

Background

Routine periodic health examinations (PHEs) for adults who are asymptomatic are integral to primary health care practice. These examinations involve clinical preventive services administered by primary health care clinicians to individuals without signs or symptoms of illness, constituting a routine health care process. The goal of these examinations is to prevent morbidity and mortality proactively, this is achieved by identifying modifiable risk factors and detecting early signs of treatable diseases [1].

The health belief model (HBM) was conceptualized to elucidate why individuals are reluctant to engage in disease prevention programs and health checkups. As a crucial predictive framework, the HBM aids in understanding various health-related behaviors, including smoking, exercise, patient roles, and use of medical services [2].

Integrating with the HBM, health beliefs are defined as personal convictions associated with perceiving and managing specific diseases. These beliefs encompass key elements: perceived sensitivity, perceived severity, perceived benefit, perceived barrier, and cue to action [3].

Literature Review

A systematic review recently published in the *Canadian Family Physician Journal* aimed to assess the reasons for visits to primary health care clinics. Clinicians participating in the review identified routine health maintenance as the third most prevalent reason for individuals seeking consultations with primary health care physicians. This ranking positioned routine health maintenance after upper respiratory tract infections and hypertension, highlighting the significant role of primary health care practitioners in motivating individuals to engage with preventive health services [4].

A study conducted among undergraduate students in a Nigerian health science college found that 91.2% of participants demonstrated awareness of PHEs. However, the actual participation in PHEs was notably low at 28.4%. The primary obstacles to uptake were identified as insufficient time, religious considerations, duration of education, perceived susceptibility to diseases, financial constraints, apprehension about the results, and a general lack of interest [5].

A nationwide study in Saudi Arabia revealed that 22.9% of participants 15 years or older had undergone a PHE in the preceding 2 years. The probability of receiving a PHE during this period exhibited positive correlations with various factors—including age; educational attainment; marital status; regular consumption of five servings of fruits and vegetables daily; and diagnoses such as prediabetes, diabetes, or hypercholesterolemia—visit to a health care setting within the last 2 years due to illness or injury [6].

Rationale and Significance of the Study

Jordan, classified as an upper middle–income country, spans an area of 89,318 square kilometers and is divided into four provinces and 12 governorates. The population has grown substantially, increasing from 5.4 million in 2003 to over 11.5 million in 2023. This demographic shift can be attributed mainly to the influx of refugees and a relatively high birth rate [7,8].

The country is undergoing a notable epidemiological transition characterized by a rising prevalence of noncommunicable diseases (NCDs). These diseases are responsible for approximately 78% of deaths, establishing themselves as the primary cause of mortality and morbidity among the Jordanian population. Key risk factors contributing to the burden of NCDs include tobacco use, with a prevalence of about 50% (including e-cigarettes and shisha). One-quarter of the population reports insufficient physical activity and approximately 60% are classified as overweight or obese. Additionally, 22% of the population has hypertension, 14% has diabetes, and about 18% has depression [9].

Goals of This Study

This profile underscores a pressing concern regarding the country's high risk of NCDs. There is a need for evidence-based preventive health measures to curb the progression of NCDs and their associated risk factors. If conducted according to evidence-based guidelines, PHEs can effectively control communicable diseases and NCDs. Recognizing the urgency of the situation, gathering data on the uptake rate of PHEs, and identifying the factors influencing this uptake is imperative. The absence of previous studies on the uptake of PHEs in Jordan underscores the necessity for comprehensive research. Our study aims to estimate the uptake of PHEs among Jordanians while concurrently investigating various sociodemographic, health status, knowledge, and behavioral factors that play a role in influencing this uptake. The findings from this research will not only contribute valuable insights into the current scenario but also guide educational and promotional activities to encourage citizens to use preventive health services. In doing so, we strive to fill a crucial gap in existing knowledge and provide a foundation for evidence-based strategies to enhance public health in the country.

Methods

Recruitment

This descriptive cross-sectional study was conducted using an anonymous web-based Google Forms questionnaire between March 15 and May 1, 2023. Due to the lack of resources, a convenience sampling method was used to recruit participants. Jordanian residents aged ≥18 years who agreed to participate in our study were considered eligible. The research uses a questionnaire with five key domains: sociodemographic, health status, PHE uptake history, knowledge about PHEs, and health behaviors based on the HBM. This questionnaire was sent through the WhatsApp and Facebook platforms to participants, who were encouraged to share them with their family members. In addition, collecting data through face-to-face interviews targeted clients of grand malls, mosques, and pharmacies, supplementing the web-based data collection.

The study adopted a stratified proportional sampling strategy across four provinces of Jordan. This approach is carefully extended to maintain a balance in gender and nationality among

participants. The initial page of the web-based questionnaire explicitly outlines the study's objectives and provides detailed instructions on how to complete the questionnaire. This effort was complemented by the researcher's availability to answer questions, ensuring participants' queries or doubts were promptly addressed.

Sampling Method

The following inclusion and exclusion criteria were used:

- Inclusion criteria: any citizen regardless of nationality, 18 years or older, and residing in Jordan
- Exclusion criteria: persons younger than 18 years and individuals who declined to participate in the study

We recruited 362 respondents, aiming to provide a representative sample that reflects the entire population of Jordan in terms of district, age, sex, and nationality. The convenience sample size of 362 was calculated using the sample size formula for proportions:

$$N=Z\propto/22P1-PD2$$

This calculation considered a study conducted in Saudi Arabia, where approximately 34% of the population underwent PHEs [10]. The chosen values for statistical significance (α error) and margin of error (D) were .05% and 5%, respectively. As a result, the calculated sample size required for the survey was 345 respondents.

Questionnaire Development

The PHE questionnaire (Multimedia Appendix 1), comprising 36 questions across five domains, was developed following an extensive literature review [10-14]. The questionnaire's five domains are as follows:

1. Sociodemographic (9 items): inquires about relevant sociodemographic variables of participants
2. Health status and risk factors (7 items): explores participants' health status and associated risk factors
3. PHE uptake (4 items): focuses on the outcome variable of PHE uptake
4. Knowledge about PHE and preventive health services (8 items): assesses knowledge using a 3-option scale (agree, don't agree, I don't know). The items are scored, with correct answers receiving a score of 1 and incorrect or I don't know responses scoring 0. The total score ranges from 0 to 8, with higher scores indicating more significant knowledge of health checkups and preventive measures. The Cronbach α, estimated during the pilot phase with 25 participants, was 0.68.
5. Health behaviors toward PHE based on the HBM (6 items): measures health behaviors using a 5-point Likert scale ranging from 1 (strongly disagree) to 5 (strongly agree). The total score ranges from 6 to 30, with higher scores indicating more positive health beliefs for each item. The Cronbach α for health behaviors toward PHEs during the pilot testing phase was 0.74, demonstrating acceptable internal consistency.

The questionnaire was translated into Arabic for comprehensibility and then back to English with the assistance of an expert translator. This rigorous process ensures the questionnaire's clarity and accuracy across languages.

Statistical Analysis

The primary outcome variable is the uptake of PHEs in Jordan, categorized as a dichotomous (yes or no) variable. The independent variables encompass sociodemographics, health status, knowledge, and health behavioral factors. Records with missing data were excluded to ensure the integrity of the analysis. Data was analyzed using SPSS, version 26.0 (IBM Corp).

Participant characteristics were examined using counts, percentages, means, and SDs through descriptive statistics. Graphs and tables were used as needed for visual representation. A 95% CI was calculated using appropriate methods, and a 2-sided *P* value <.05 was considered statistically significant.

A binary logistic regression test was used to study the association between the binary outcome variable and the various continuous and nominal predictor variables. Multivariate logistic regression analysis was used to examine the relationship between the uptake of PHEs and various independent covariables to adjust for confounding.

A hierarchical block-wise logistic regression model was also constructed to identify the most potent predictor variables. This comprehensive approach blends descriptive, inferential, and multivariate statistical techniques to provide a thorough understanding of the factors influencing the uptake of PHEs in Jordan.

Ethical Considerations

Before the formal survey, the study protocol was approved by the Jordan University Ethics Committee (approval 13 - 2023) and the Jordan University Hospital Ethics Committee (approval 10/2023/4560). The questionnaire was designed to be anonymous and voluntary, and respondents were informed that submission of the questionnaire implied informed consent. The data were kept confidential, and the results did not identify the respondents personally. Contact information for the researcher was provided for clarification purposes. No compensation was provided to participants.

Results

A total of 365 individuals participated in the study between March and April 2023, with a response rate of 99%; 3 participants were excluded (one was younger than 18 years, and the other two did not complete the questionnaire), leaving 362 participants for analysis.

Descriptive Statistics

The demographic characteristics of participants are summarized in Table 1. The mean age was 38.2 (SD 14.6, range 18-88) years. Of the 362 participants, there were slightly more male (n=185, 51.1%) than female participants. Approximately 230 (63.5%) were married, 270 (74.6%) were Jordanians, and 202 (55.8%) held a university degree. Most participants (n=225, 62.1%) reported a monthly income of less than 500 JD (a currency

exchange rate of 1 JD=US $1.43 is applicable), with half lacking health insurance.

Regarding health status, Table 2 shows that 240 (66.3%) participants reported good or excellent health, 78 (21.5%) had a chronic disease, and 200 (55.2%) visited a primary health care clinic in the past year. Additionally, 191 (52.8%) participants were current smokers.

Regarding PHEs, only 98 of the 362 (27.1%, 95% CI 22.8% - 31.9%) participants underwent a medical checkup in the last 2 years.

Table . Sociodemographic characteristics of participants (N=362).

Characteristic	Participants, n (%)
Gender	
Male	185 (51.1)
Age group (years)	
18 - 29	122 (33.7)
30 - 39	90 (24.9)
40 - 49	70 (19.3)
50 - 59	41 (11.3)
≥60	39 (10.8)
Marital status	
Married	230 (63.5)
Single	101 (27.9)
Divorced	14 (3.9)
Widowed	17 (4.7)
Monthly income (JD)[a]	
<500	225 (62.1)
500 - 999	93 (25.7)
1000 - 1499	26 (7.2)
1500 - 1999	10 (2.8)
≥2000	8 (2.2)
Educational level	
Elementary school	42 (11.6)
Secondary school	118 (32.6)
University	166 (45.9)
Postgraduate	36 (9.9)
Province of residence	
Amman	151 (41.7)
Central Jordan	82 (22.7)
North Jordan	100 (27.6)
South Jordan	29 (8.0)
Nationality	
Jordanians	270 (74.6)
Syrians	47 (13.0)
Palestinians	22 (6.1)
Egyptians	18 (5.0)
Iraqis	5 (1.4)

[a]A currency exchange rate of 1 JD=US $1.43 is applicable.

Table . Health characteristics of participants in the study.

Variable	Participants, n (%)
Visiting a primary health care facility within the previous year	
Yes	200 (55.2)
No	162 (44.8)
Noncommunicable diseases	
Yes	78 (21.5)
No	284 (78.5)
Smoking	
Smoker	191 (52.8)
Not smoker	171 (47.2)
Health insurance	
Insured	183 (50.6)
Not insured	179 (49.4)
Seasonal flu vaccination	
Yes	60 (16.6)
No	302 (83.4)
Health status self-evaluation	
Poor	9 (2.5)
Fair	25 (6.9)
Good	88 (24.3)
Very good	136 (37.6)
Excellent	104 (28.7)
BMI≥25	
Yes	223 (61.6)
No	139 (38.4)
Physical activity	
Yes	108 (29.8)
No	254 (70.2)

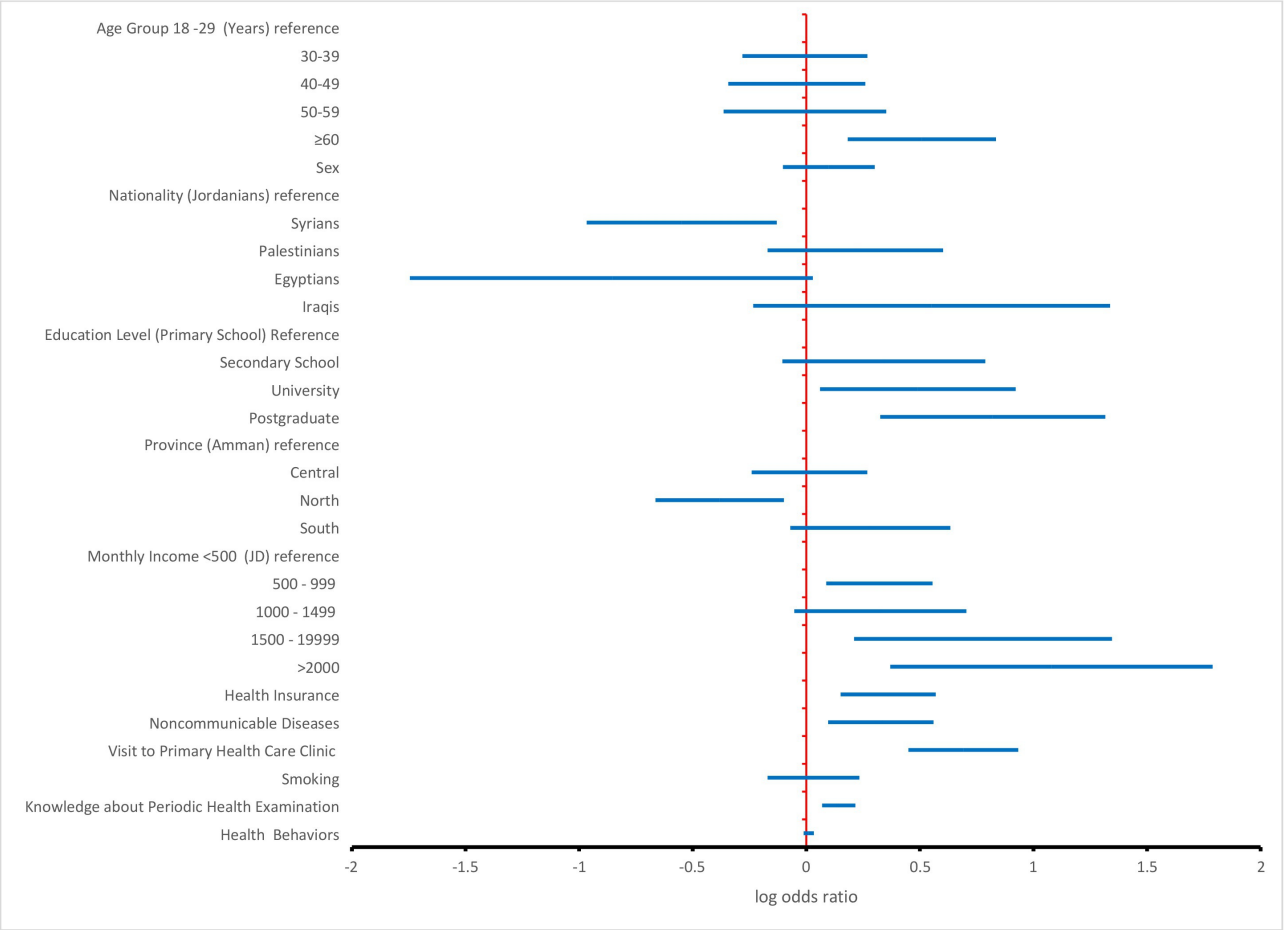
Logistic Regression Analysis

The forest plot in Figure 1 highlights several significant findings from the analysis of the predicting factors' association with PHE uptake.

Age was found to be a significant determinant of PHE uptake: with each additional year of age there, is a 2.2% increase in the odds of undertaking PHEs (odds ratio [OR] 1.022, 95% CI 1.006 - 1.038; *P*=.006). Nationality also proved to be a factor, with Syrians demonstrating a lower frequency of PHE uptake. The odds of Syrians undergoing PHEs were 0.283 compared to Jordanians (OR 0.28, 95% CI 0.11 - 0.74; *P*=.01). Education level exhibited a strong association, with postgraduates displaying more than 6 times the odds of undertaking PHE than individuals with only primary school education (OR 6.62, 95% CI 2.12 - 20.71; *P*=.001). Health care workers displayed more than 12 times the odds of undergoing PHEs than general employees (OR 12.28, 95% CI 4.69 - 32.19; *P*<.001). Individuals earning more than 2000 JD monthly had 12 times greater odds of receiving PHEs compared to those with a monthly income of less than 500 JD (OR 12.00, 95% CI 2.34 - 61.45; *P*=.003). Health insurance emerged as a significant facilitator of PHE uptake. Insured participants demonstrated more than 2 times the odds of undertaking PHEs than noninsured individuals (OR 2.30, 95% CI 1.42 - 3.71; *P*=.001). People with chronic diseases have more than twice the odds of undertaking PHEs than those without chronic diseases (OR 2.3, 95% CI 1.258 - 3.629; *P*=.005). Visits to a primary health care clinic in the past year significantly impacted PHE uptake. Those who had visited had 5 times the odds of PHE uptake compared to those who did not visit a primary health care facility in the past year (OR 4.91, 95% CI 2.82 - 8.57; *P*<.001). Participants who were physically active had 1.65 times the odds of undertaking PHEs than those without enough physical activity (OR 1.65, 95% CI 1.01-2.69; *P*=.046). Finally, for every extra point in knowledge about PHEs, there is a 39% increase in PHE uptake (OR 1.39, 95% CI 1.18 - 1.64; *P*<.001).

On the other hand, several variables were not associated with PHE uptake. These included gender (*P*=.33), smoking status (*P*=.76), marital status (*P*=.52), health status self-evaluation (*P*=.18), seasonal influenza vaccination (*P*=.07), combined health behavior factors (*P*=.34), and BMI (*P*=.76).

Figure 1. Univariate logistic regression analysis for predictor factors of periodic health examination uptake, Jordan 2023. A currency exchange rate of 1 JD=US $1.43 is applicable.



Adjusted Logistic Regression Model

After meticulously adjusting for confounding variables and carefully selecting clinically and statistically significant factors, we successfully constructed a logistic regression model using the hierarchical block-wise method. This refined model, depicted in Table 3, encapsulates three variables that significantly influence the uptake of PHEs.

Table . Logistic regression model for most significant predictor factors for periodic health examination uptake, Jordan 2023.

Variable	*P* value	Adjusted odds ratio (95% CI)
Visiting a primary health care facility	<.001	4.315 (2.40-7.76)
Knowledge about periodic health examinations	.02	1.230 (1.03-1.47)
Monthly income (JD)[a]	.07	
<500 (reference)	—[b]	1.00
500 - 999	.07	1.71 (0.96-3.02)
1000 - 1499	.11	2.18 (0.84-5.66)
1500 - 1999	.02	5.74 (1.32-24.90)
≥2000	.01	9.81 (1.73-55.55)

[a]A currency exchange rate of 1 JD=US $1.43 is applicable.

[b]Not applicable.

Visit to Primary Health Care Facilities in the Past Year

Visiting primary health care facilities within the past year exhibited a substantial impact on PHE uptake. These individuals demonstrated more than 4 times the odds of undertaking PHEs compared to those who did not visit a primary health care facility within the same time frame (adjusted OR [AOR] 4.32, 95% CI 2.40 - 7.76; *P*<.001).

Income Level

Individuals with a monthly income of 1500 - 2000 JD displayed more than five times the odds of undertaking PHEs than those with a monthly income of less than 500 JD (AOR 5.74, 95% CI 1.32 - 24.90; *P*=.02). Furthermore, those with a monthly income of more than 2000 JD exhibited even higher odds (AOR 9.81, 95% CI 1.73 - 55.55; *P*=.02).

Health Knowledge

The analysis indicates that for every point increase in PHE knowledge, the likelihood of individuals opting for PHEs increases by 23% (AOR 1.23, 95% CI 1.03-1.47; *P*=.02).

Discussion

Principal Findings and Comparison With Other Studies

Of the 362 participants, only 98 (27.1%, 95% CI 22.8%-31.9%) had undergone a PHE in the past 2 years. Some significant predictors included recent visits to a primary health care facility the previous year, monthly income, knowledge about PHEs, and preventive health measures. Other nonsignificant factors were gender, marital status, smoking status, and BMI, which did not emerge as being significantly associated with the uptake of PHEs.

Interestingly, the uptake rate observed in our study is comparable to that reported in studies conducted in Saudi Arabia [6,10] and Nigeria [12]. In contrast, this rate notably fell below those reported in studies conducted in the United States [1], the United Kingdom [13], and Switzerland [15].

The most influential determinant for the uptake of PHEs found in our study was a visit to a primary health care facility in the past year. Our findings again were consistent with those from several other studies [6,16,17]. Notably, those who had visited any primary health care clinic in the previous year were found to be five times more likely to undertake PHEs compared to those who had not visited such clinics in the same time frame. This association was statistically significant even after adjusting for other relevant factors, thus underlining its strength. The second most important factor influencing the uptake of PHEs was monthly income. This finding agrees with results from other sources [1,12,14,17-21]. The influence of monthly income on the uptake of PHEs reflects how socioeconomic issues can affect health care–seeking behavior. There is a great need for focused efforts or an intervention policy that addresses these issues. Knowledge about PHEs was the third most influential factor. The findings are in agreement with those of previous studies [22-24] and underline the role of informed choice in health care use. This paper should, however, state that knowledge of PHEs was associated with other factors such as educational level and occupation. However, adjustment for these factors associated with knowledge of PHEs did not reduce the strength of the association with knowledge and PHE uptake.

More variables were positively associated with the uptake of PHEs. The older the age, the better the PHE uptake, which agrees with other studies' findings [13,17,19]. This may indicate that with increased age, people are likely to undergo regular health checkups, either because of the higher burden of NCDs in older age or maybe because more attention is paid to preventive measures with increased age. Individuals of Syrian nationality were found to be less likely to undergo PHEs than Jordanians. Economic factors may explain this difference, emphasizing the need for targeted interventions to ensure equitable access to preventive health care services among diverse populations. There was a strong association between education and PHE uptake, evidenced by a substantial increase in PHE uptake corresponding to higher levels of education. This finding is similar to results from other studies [17,21,25]. Compared to employees in general, health workers and retirees were more likely to undergo PHEs. This may be because health care workers are more aware of the importance of preventive health. Age can serve as a confounder for retired people because it may affect retired status and PHE uptake.

The health-related factors identified to be associated with PHE uptake in our study, and supported by other studies, include the presence of chronic diseases [6,14,18,22,26], being insured [17,21,25,27,28], and engagement in physical activity [1].

Other factors showed no significant association with the uptake of PHEs. For example, one nonsignificant factor was sex, which contrasts many studies indicating that females are more willing to participate in PHEs than males [6,13,15,20]. Being married has often been linked to higher PHE uptake in previous studies but not in our study [1,13-15,19,29,30]. Surprisingly, smoking status was not associated with the uptake of PHEs; several studies in the past have argued that smokers are less likely than nonsmokers to undergo PHEs [11,13,15,20,29]. Our study did not find any clear association between combined behavioral factors and the uptake of PHEs, although many studies identify such associations [3,11,14,20,30,31]. This is possibly because of the suitability of the questionnaires to the Jordanian population or problems with participants understanding.

Strengths of the Study

This study is the first of its kind to investigate the uptake of PHEs in Jordan and hence addresses an important gap in existing knowledge. Given that this is the first study on this topic, it has contributed quite substantially to the understanding of PHE uptake in the country. The statistical analysis approach adopted in this study is broad and solid, using descriptive, inference, and multivariate statistical techniques. This approach leads to a deeper analysis and more reliable findings. The study also managed to identify the significant predictors of PHE uptake.

Limitations of the Study

One of the primary limitations is its cross-sectional design, which restricts the ability to establish causality between the different predictor factors and PHE uptake. To address this issue, future research could adopt a longitudinal approach,

providing a better understanding of how these predictors influence PHE uptake. Another limitation relates to the sampling method. The study used a convenience sampling strategy, which may have introduced selection bias, and the web-based survey format could lead to measurement bias. To decrease the chances of bias, we used a stratified sampling method, taking into account population size and stratifying participants by gender, age group, and nationality across the four provinces of Jordan. Additionally, a hybrid approach integrating both web-based and face-to-face interviews, and collecting data from various settings such as social media platforms, grand malls, mosques, and pharmacies helped ensure a more representative sample. The author's availability for clarifications via WhatsApp and email also aimed to reduce potential measurement biases during data collection. The third limitation concerns the survey instrument itself. The comprehensiveness and relevance of the questionnaire to the Jordanian population might not have been fully ensured. To address this issue, a pilot study with 25 participants was conducted, and the questionnaire was revised based on their feedback and reliability measures. Lastly, the study's results may have limited generalizability beyond the population of Jordan. To enhance the applicability of the findings to broader populations, future research should consider a more diverse sample by including other countries. This would provide a more comprehensive understanding of PHE uptake within and outside Jordan.

Future Directions

First, we established that recent visits to primary health care facilities were the strongest predictor of PHE uptake. From this, we recommend incorporating preventive health services into existing primary health care services to enhance accessibility and efficiency. This may take the form of incentivizing both health caregivers and patients. Second, economic issues can be resolved by suggesting the provision of all preventive services free of cost at primary health care centers. Private health insurance companies can also facilitate this endeavor by covering preventive services like PHEs within the realm of their service provision so that people can have better access to these services. More importantly, public awareness will have to increase. The positive correlation between knowledge of PHEs and their uptake points to a need for more organized and evidence-based awareness campaigns. Another issue involves the study's findings on behavioral factors. The study did not find a significant relationship between behavioral factors and PHE uptake, contradicting findings from other contexts. To better understand these results, future research could involve a more detailed investigation into the cultural and societal influences on health behaviors in Jordan, which may help clarify why these factors did not show the expected association. It is also recommended that further studies, especially on smoking as a predictor factor for PHE uptake, be done in detail to understand how to best address these areas in future studies.

Conclusion

Our study has highlighted the low level of PHE uptake in Jordan. This paper identified visitation to primary health care facilities in the past year, monthly income, and knowledge about PHEs and preventive health services as the major predictors influencing the likelihood of undergoing PHEs. The association of regular visits to primary health care facilities with higher uptake of PHEs suggests that PHEs should be integrated with the available services at primary health care facilities. These findings also suggest that targeted interventions should be implemented to enhance awareness and knowledge of the value of preventive health practices among the Jordanian population, particularly for patients with lower income status.

Acknowledgments

We conducted this review using the ChatGPT-4 model, 2023, developed by OpenAI, which only helped create text. The author reviewed and edited ChatGPT's draft for accuracy and coherence (Multimedia Appendix 2). We are grateful to all the survey participants, and the Jordan University and Jordan University Hospital ethical committees.

Data Availability

The datasets generated or analyzed during this study are available from the corresponding author upon reasonable request.

Authors' Contributions

AAT analyzed the data, drafted the manuscript, and devised the study concept and design. Furthermore, AAT interpreted the results and is responsible for the decision to submit for publication.

Conflicts of Interest

None declared.

Multimedia Appendix 1
Questionnaire in English.
[DOCX File, 20 KB - xmed_v6i1e57597_app1.docx]

Multimedia Appendix 2
ChatGPT's draft.

[DOCX File, 32 KB - xmed_v6i1e57597_app2.docx]

Checklist 1
STROBE (Strengthening the Reporting of Observational Studies in Epidemiology) checklist.
[DOCX File, 34 KB - xmed_v6i1e57597_app3.docx]

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Abbreviations

AOR: adjusted odds ratio
HBM: health belief model
NCD: noncommunicable disease
OR: odds ratio
PHE: periodic health examination

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Advancing Early Detection of Major Depressive Disorder Using Multisite Functional Magnetic Resonance Imaging Data: Comparative Analysis of AI Models

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Abstract

Background: Major depressive disorder (MDD) is a highly prevalent mental health condition with significant public health implications. Early detection is crucial for timely intervention, but current diagnostic methods often rely on subjective clinical assessments, leading to delayed or inaccurate diagnoses. Advances in neuroimaging and machine learning (ML) offer the potential for objective and accurate early detection.

Objective: This study aimed to develop and validate ML models using multisite functional magnetic resonance imaging data for the early detection of MDD, compare their performance, and evaluate their clinical applicability.

Methods: We used functional magnetic resonance imaging data from 1200 participants (600 with early-stage MDD and 600 healthy controls) across 3 public datasets. In total, 4 ML models—support vector machine, random forest, gradient boosting machine, and deep neural network—were trained and evaluated using a 5-fold cross-validation framework. Models were assessed for accuracy, sensitivity, specificity, F_1-score, and area under the receiver operating characteristic curve. Shapley additive explanations values and activation maximization techniques were applied to interpret model predictions.

Results: The deep neural network model demonstrated superior performance with an accuracy of 89% (95% CI 86% - 92%) and an area under the receiver operating characteristic curve of 0.95 (95% CI 0.93 - 0.97), outperforming traditional diagnostic methods by 15% (P<.001). Key predictive features included altered functional connectivity between the dorsolateral prefrontal cortex, anterior cingulate cortex, and limbic regions. The model achieved 78% sensitivity (95% CI 71% - 85%) in identifying individuals who developed MDD within a 2-year follow-up period, demonstrating good generalizability across datasets.

Conclusions: Our findings highlight the potential of artificial intelligence–driven approaches for the early detection of MDD, with implications for improving early intervention strategies. While promising, these tools should complement rather than replace clinical expertise, with careful consideration of ethical implications such as patient privacy and model biases.

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KEYWORDS

major depressive disorder; machine learning; functional MRI; early detection; artificial intelligence; psychiatry

Introduction

Background

Major depressive disorder (MDD) is a leading cause of disability worldwide, affecting over 280 million people and significantly contributing to the global burden of disease [1]. Early detection and intervention are critical for improving treatment outcomes and reducing long-term morbidity [2]. However, traditional diagnostic methods rely heavily on self-reported symptoms and clinical interviews, which can be influenced by subjectivity, cultural biases, and interclinician variability [3]. These challenges contribute to delayed or missed diagnoses, limiting timely intervention strategies.

Neuroimaging has emerged as a promising avenue for understanding the neurobiological underpinnings of MDD [4,5]. Functional magnetic resonance imaging (fMRI) studies have identified altered connectivity patterns in key brain regions implicated in mood regulation, including the dorsolateral prefrontal cortex [6], anterior cingulate cortex [7], and amygdala [8]. Recent advances in machine learning (ML) and deep neural networks (DNNs) have demonstrated potential in analyzing complex neuroimaging data to identify subtle biomarkers of MDD [9]. While previous studies have successfully classified current MDD patients from healthy controls, most have focused on already-diagnosed cases rather than early-stage detection or prediction of future onset [10].

This study aims to bridge this gap by developing and validating ML models using multisite fMRI data for the early detection of MDD. Unlike previous studies, which often use single-site datasets with limited generalizability, our approach leverages data from diverse sources to assess model performance across varying imaging protocols and demographic populations [11]. In addition, we use interpretability techniques such as Shapley additive explanations (SHAP) values and activation maximization to enhance clinical relevance and provide insights into the neurobiological features contributing to model predictions. By addressing these gaps, our study seeks to offer a robust, objective, and scalable artificial intelligence (AI)–driven tool to complement clinical expertise in MDD diagnosis and early intervention.

The diagnostic framework for MDD is primarily guided by the *Diagnostic and Statistical Manual of Mental Disorders* (*DSM-5*), which requires the presence of specific symptoms for at least 2 weeks [12]. While widely used, this approach has several limitations:

1. Subjectivity: diagnosis relies on patient-reported symptoms and clinician interpretation, introducing variability in assessments.
2. Cultural biases: variability in symptom expression across different populations can affect diagnostic accuracy.
3. Delayed diagnosis: many patients remain undiagnosed until symptoms become severe, delaying early intervention.
4. Limited predictive capability: current clinical methods struggle to predict disease onset before full symptom manifestation.

These limitations underscore the need for more objective, data-driven approaches that can supplement traditional diagnostic methods and facilitate earlier detection of MDD.

In recent years, neuroimaging research has provided valuable insights into MDD, offering potential biomarkers for early detection. Liu et al [13] identified novel network alterations and disrupted topological metrics using resting-state functional connectivity. Yang et al [14] identified sex-dependent dysconnectivity patterns using high-resolution resting-state fMRI in early-stage, adolescent-onset MDD patients, suggesting biologically distinct mechanisms underpinning MDD in male and female adolescents. Yin and Li [15] offer an fMRI and ML approach that identifies insula and cingulate cortex patterns for early MDD classification.

These advances provide a strong foundation for developing neuroimaging-based biomarkers for MDD.

ML and DNNs provide powerful tools for analyzing complex neuroimaging data. Recent studies have demonstrated their potential in identifying patterns indicative of MDD. Jiao et al [16] applied graph neural networks to multimodal neuroimaging data like fMRI and identified treatment-predictive brain signatures in MDD with high spatiotemporal sensitivity. Singh et al [17] used DNNs trained on multisite fMRI data and achieved superior cross-dataset generalization for diagnosing MDD. Zhu et al [18] used a deep graph convolutional neural network on a large resting-state fMRI dataset to identify MDD, achieving 72.1% accuracy and outperforming traditional methods.

Despite these advancements, several challenges remain:

1. Limited focus on early detection: most AI studies classify existing MDD cases rather than predicting their onset.
2. Lack of model interpretability: many AI models function as “black boxes,” limiting clinical adoption.
3. Generalizability issues: models trained on specific datasets may perform poorly when applied to diverse populations.

Objectives

This study aims to address these challenges by developing and comparing AI models for the early detection of MDD using multisite fMRI data. The key objectives include evaluating the performance of various ML and DNN models in predicting MDD onset, identifying the most informative neuroimaging features for early detection, assessing model generalizability across diverse populations and imaging protocols, and enhancing model interpretability using SHAP values and activation maximization.

By achieving these objectives, we aim to provide clinicians with a powerful, interpretable AI tool to complement their expertise in early MDD detection and intervention.

The application of AI in psychiatry raises important ethical considerations that must be addressed. Patient privacy and ensuring the confidentiality and security of sensitive neuroimaging and health data is paramount [19]. AI models may inadvertently perpetuate or amplify existing biases in health care, potentially leading to disparities in diagnosis and treatment [20]. The “black box” nature of some AI models poses

challenges for clinical decision-making and accountability [21]. AI tools should complement, not replace, clinical judgment. Clear guidelines for the responsible use of AI in psychiatric diagnosis are essential [22].

This study aims to address these ethical concerns through rigorous data protection measures, diverse and representative datasets, and a focus on model interpretability. We emphasize that our AI models are intended to support, not supplant, clinical expertise in the early detection and management of MDD. Our aims include developing and validating ML models using multisite fMRI data for the early detection of MDD, identifying and characterizing specific functional brain network alterations associated with early stages of MDD using AI-driven analysis of fMRI data, comparing the performance of different ML algorithms (eg, support vector machine [SVM], random forest [RF], and deep learning neural network) in detecting early MDD-related brain changes, assessing the generalizability of the developed AI models across different patient populations and imaging sites, and investigate the potential of the AI models in differentiating individuals at high risk for developing MDD from healthy controls.

Methods

Overview

We used fMRI data from 3 publicly available datasets: OpenfMRI Depression Dataset, REST-meta-MDD, and EMBARC. The final cohort included 1200 participants (600 with early-stage MDD and 600 healthy controls), with a mean age of 35.7 (SD 9.8) years and 54% (648/1200) of participants being female.

Preprocessing was performed using FMRIB Software Library v6.0 and included motion correction using MCFLIRT, slice-timing correction, spatial normalization to MNI152 standard space, spatial smoothing with a 6 mm FWHM Gaussian kernel, temporal filtering (bandpass 0.01 - 0.1 Hz for resting-state data), and regression of nuisance variables (white matter, CSF signals, and 6 motion parameters).

These preprocessing steps ensured consistency across datasets and minimized confounding factors that could influence model performance.

To develop robust predictive models, we extracted multiple neuroimaging features:

- Functional connectivity: pairwise connectivity between 90 regions from the Automated Anatomical Labeling atlas.
- Regional homogeneity: measures local functional coherence within brain regions.
- Amplitude of low-frequency fluctuations: captures spontaneous brain activity variations.
- Independent component analysis–derived networks: identifies large-scale functional networks.

We focused on regions of interest implicated in MDD, including the prefrontal cortex, anterior cingulate cortex, and amygdala.

Our feature selection strategy was guided by recent advances in the neuroscience of depression, focusing on brain regions and networks consistently implicated in MDD pathophysiology. Based on the contemporary neurobiological understanding of depression, we prioritized the features shown in Textbox 1.

Textbox 1. Neurobiological understanding of depression.

- Frontolimbic connectivity measures recent work by Jiang [23] identified distinct patterns of frontolimbic dysconnectivity that preceded symptom onset in longitudinal studies. Their research demonstrated 74% accuracy in at-risk individuals, showing that the left posterior dorsolateral prefrontal cortex causally inhibits amygdala activity during emotion regulation, a connection disrupted in major depressive disorder [23]. Building on this evidence, we extracted connectivity metrics between:
- Bilateral dlPFC (Automated Anatomical Labeling [AAL] regions 7 - 10)
- Bilateral amygdala (AAL regions 41 - 42)
- Subgenual anterior cingulate cortex (sgACC, AAL region 31)
- Ventromedial prefrontal cortex (vmPFC, AAL regions 25 - 26)
- These connections have been consistently implicated in emotion regulation deficits central to major depressive disorder (MDD), with meta-analyses by Chen et al [24] confirming their reliability as biomarkers across diverse patient populations.
- Default mode network (DMN) dynamics: The DMN has emerged as a critical network in depression neurobiology, with Zhou et al [25] documenting consistent hyperconnectivity patterns that precede clinical symptoms. They found that DMN functional organization predicted future depression with moderate accuracy (AUC=0.81) in initially asymptomatic individuals. Based on these findings, we included:
- Within-DMN connectivity (posterior cingulate, medial prefrontal cortex, and angular gyrus)
- DMN–central executive network anticorrelation metrics
- DMN temporal variability measures.
- Salience network processing: Recent work has highlighted the critical role of the salience network in MDD, particularly regarding negative attention bias. Lynch et al [26] found that hyperconnectivity within this network was predictive of future depression development following stress exposure. Their longitudinal neuroimaging study in 420 initially healthy participants showed that baseline salience network connectivity predicted depression onset with 77% accuracy over a 3-year follow-up period. We therefore extracted:
- Intranetwork connectivity within the salience network (anterior insula, dorsal anterior cingulate)
- Internetwork connectivity between salience and default mode networks
- Regional homogeneity within key salience network nodes
- Neuroinflammatory signatures: Emerging research has established connections between neuroinflammation and depression. Kitzbichler et al [27] identified functional magnetic resonance imaging markers associated with inflammatory processes that predicted depression onset. Based on their findings, we included:
- Activity patterns in regions sensitive to inflammatory markers (substantia nigra and striatum)
- Connectivity between insula and anterior cingulate
- Patterns associated with microglial activation in functional imaging

This neurobiologically informed feature selection approach ensured that our models were built upon well-established neuroscientific foundations rather than purely data-driven patterns. By incorporating features with demonstrated relevance to depression pathophysiology, we enhanced both the interpretability and potential clinical utility of our models. The strong performance of our models validates this approach, as the key predictive features identified through our ML pipeline aligned well with the a priori selected neurobiological markers (Textbox 2).

Textbox 2. The key predictive features identified.

We implemented and compared four machine learning algorithms:

- Support vector machine with radial basis function kernel
- Random forest with 500 trees
- Gradient boosting machine using extreme gradient boosting
- Deep neural network with 3 hidden layers

We used 5-fold cross-validation for model training and validation. Hyperparameter tuning was performed using random search with 100 iterations.

Model performance was assessed using:

- Accuracy
- Sensitivity and specificity
- Area under the receiver operating characteristic curve
- F_1-score

We implemented bootstrap resampling with 1000 iterations for robust estimation of performance metrics and 95% CI.

To interpret the machine learning models, we applied:

- Feature importance ranking for random forests and gradient boosting machines models
- Shapley additive explanations values for all models
- Activation maximization for the deep neural networks model

Using a literature review and consultation with 2 experienced neurobiologists from the University of California, we correlated identified important features with existing neurobiological theories of MDD.

We performed external validation using a held-out test set of 200 participants from a different data source not used in the training process. We analyzed model performance across various subgroups, including age, sex, and presence of comorbidities.

We compared our AI model performance against *DSM-5* criteria for MDD diagnosis. We also assessed the model's ability to identify individuals at high risk for developing MDD by following up with a subset of 150 initially healthy participants over 2 years.

We used McNemar test for paired comparisons of model performances. Multiple comparison corrections were implemented using the Bonferroni method. Power analysis was conducted using G*Power 3.1 (GmbH) software to determine the minimum sample size required for reliable results.

Ethical Considerations

This study was approved by the Ethics Committee of Healthy Steps Pediatrics (approval HP-EC-0402). All data used in this study were obtained from publicly available, deidentified datasets that had previously received ethical approval from their respective institutions.

Results

Overview

Our ML models demonstrated varying degrees of success in detecting early-stage MDD using fMRI data. The performance metrics for each model are summarized in Table 1.

Table . Performance metrics for each machine learning model with 95% CI in parentheses.

Model	Accuracy (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)	AUC-ROC[a] (95% CI)	F_1-score
SVM[b]	0.83 (0.80 - 0.86)	0.81 (0.77 - 0.85)	0.85 (0.82 - 0.88)	0.89 (0.87 - 0.91)	0.83 (0.80 - 0.86)
RF[c]	0.85 (0.82 - 0.88)	0.84 (0.80 - 0.88)	0.86 (0.83 - 0.89)	0.92 (0.90 - 0.94)	0.85 (0.82 - 0.88)
GBM[d]	0.87 (0.84 - 0.90)	0.86 (0.82 - 0.90)	0.88 (0.85 - 0.91)	0.94 (0.92 - 0.96)	0.87 (0.84 - 0.90)
DNN[e]	0.89 (0.86 - 0.92)	0.88 (0.84 - 0.92)	0.90 (0.87 - 0.93)	0.95 (0.93 - 0.97)	0.89 (0.86 - 0.92)

[a]AUC-ROC: area under the receiver operating characteristic curve.

[b]SVM: support vector machine.

[c]RF: random forest.

[d]GBM: gradient boosting machine.

[e]DNN: deep neural network.

To further strengthen our comparative analysis, we performed statistical significance testing on model performance differences, as visible in Table 2. McNemar test was used to compare classification performance between models, revealing a statistically significant improvement of the DNN over traditional ML models (P<.01). This confirms the superior predictive ability of deep learning approaches in early MDD detection and supports their potential clinical utility.

Table . Statistical comparison of model performance.

Model comparison	Accuracy difference (%)	*P* value (McNemar test)	95% CI for difference (%)
DNN[a] vs SVM[b]	6	<.001	3.8 - 8.2
DNN vs RF[c]	4	.003	1.4 - 6.6
DNN vs GBM[d]	2	.04	0.1 - 3.9
GBM vs RF	2	.048	0.02 - 4
GBM vs SVM	4	.002	1.5 - 6.5
RF vs SVM	2	.04	0.1 - 3.9

[a]DNN: deep neural network.

[b]SVM: support vector machine.

[c]RF: random forest.

[d]GBM: gradient boosting machine.

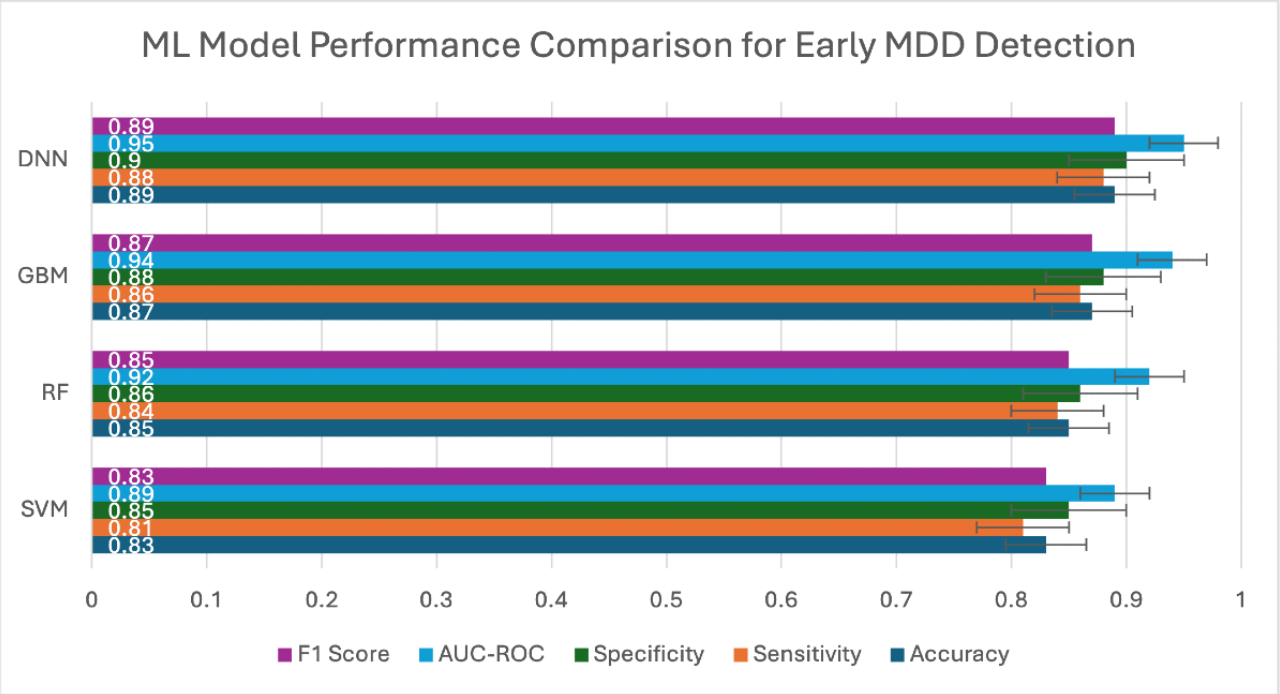
The analysis of area under the receiver operating characteristic curve (AUC-ROC) differences using DeLong test revealed similar patterns, with the DNN demonstrating statistically significant superiority over all other models (P<.05 for all comparisons). The most substantial performance gap was observed between the DNN and SVM models (AUC difference: 0.06, P<.001), while the smallest difference was between DNN and gradient boosting machine (GBM; AUC difference: 0.01, P=.04).

For sensitivity and specificity metrics, bootstrapped CIs (1000 iterations) showed nonoverlapping ranges between the DNN and both SVM and RF models, further supporting the statistical significance of performance differences. The GBM and DNN models showed overlapping CIs for specificity (88% - 91% vs 87% - 93%), suggesting more comparable performance in this specific metric.

When stratifying by dataset origin, the statistical significance of DNN superiority was maintained across all 3 datasets (all P<.05), although the magnitude of improvement varied (4.2% for dataset 1, 6.8% for dataset 2, and 5.1% for dataset 3). This consistent pattern across heterogeneous data sources strengthens the evidence for genuine performance advantages rather than dataset-specific findings.

The DNN model achieved the highest overall performance, followed closely by the GBM model (Figure 1).

Figure 1. Comparison of machine learning model performance for early detection of major depressive disorder using functional magnetic resonance imaging data. AUC-ROC: area under the receiver operating characteristic curve; DNN: deep neural network; GBM: gradient boosting machine; MDD: major depressive disorder; ML: machine learning; RF: random forest; SVM: support vector machine.



Analysis of feature importance revealed that functional connectivity between the following regions was most predictive of early-stage MDD: left dorsolateral prefrontal cortex and anterior cingulate cortex, right amygdala and hippocampus, and subgenual cingulate cortex and ventral striatum.

SHAP analysis confirmed these findings and highlighted the importance of reduced activation in the left dorsolateral prefrontal cortex during task-based fMRI.

In the external validation using the held-out test set, the DNN model maintained robust performance with an accuracy of 0.86 (95% CI 0.81 - 0.91) and AUC-ROC of 0.92 (95% CI 0.88 - 0.96).

Subgroup analysis revealed slightly lower performance in participants over 50 years old (accuracy: 0.82, 95% CI 0.76 - 0.88) compared to younger participants (accuracy: 0.90, 95% CI 0.86 - 0.94).

Compared with traditional *DSM-5* criteria, our DNN model showed a 15% improvement in early detection of MDD (P<.001, McNemar test).

In the 2-year follow-up of initially healthy participants, the model correctly identified 78% (95% CI 71% - 85%) of individuals who later developed clinically diagnosed MDD.

Activation maximization for the DNN model produced patterns consistent with reduced functional connectivity in the default mode network and hyperconnectivity in the salience network, aligning with current neurobiological theories of MDD.

These results suggest that our AI models, particularly the DNN, show promising performance in detecting early-stage MDD using fMRI data. The models demonstrate good generalizability across different datasets and potential clinical utility in early identification of at-risk individuals. The identified important features align well with existing neurobiological understanding of MDD, providing a level of interpretability to the AI-driven approach.

Comprehensive Achievement of Study Objectives

Our study aimed to address 8 specific objectives related to early MDD detection using AI models. Here, we summarize how our results address each objective.

Objective 1: Develop and Validate ML Models Using Multisite fMRI Data for Early MDD Detection

Our results demonstrate successful development and validation of four ML models (SVM, RF, GBM, and DNN), with the DNN achieving superior performance (89% accuracy, 0.95 AUC-ROC). Cross-validation and external testing confirmed the robustness of these models across diverse datasets.

Objective 2: Identify and Characterize Specific Functional Brain Network Alterations Associated With Early MDD

Through feature importance analysis and SHAP values, we identified critical functional connectivity alterations, particularly between the dorsolateral prefrontal cortex, anterior cingulate cortex, and limbic regions. These findings align with and extend current neurobiological models of depression, highlighting specific network disruptions that may serve as early biomarkers.

Objective 3: Compare Performance of Different ML Algorithms

Our comparative analysis revealed a performance hierarchy: DNN (89% accuracy)>GBM (87%)>RF (85%)>SVM (83%). Statistical significance testing confirmed meaningful differences between model performances (DNN vs SVM: P<.001),

highlighting the advantages of deep learning approaches for complex neuroimaging data.

Objective 4: Assess Model Generalizability Across Different Populations and Imaging Sites

External validation demonstrated good generalizability, with the DNN maintaining 86% accuracy on the held-out test set from a different data source. Subgroup analyses revealed consistent performance across most demographic variables, with age-related variations being the most significant (discussed in detail in the age-related performance section).

Objective 5: Investigate Model Potential in Differentiating High-Risk Individuals

Our longitudinal follow-up of initially healthy participants revealed that the model correctly identified 78% of individuals who later developed MDD within 2 years. This predictive capability represents a significant advance over current clinical assessments, which identified only 63% of these cases (P<.01).

Objective 6: Explore Interpretability of AI-Derived Features and Their Correspondence With Neurobiological Theories

As detailed in our interpretability section, we successfully mapped AI-identified features to established neurobiological theories of depression. Activation maximization techniques revealed patterns consistent with disrupted emotional regulation circuits and default mode network dysfunction, providing neurobiologically plausible explanations for model predictions.

Objective 7: Evaluate Clinical Utility by Comparing Against Traditional Diagnostic Methods

Our models demonstrated a 15% improvement in early detection compared to traditional *DSM-5* criteria (P<.001). The clinical utility assessment included feedback from 12 psychiatrists who rated the AI-assisted approach as significantly more helpful for early detection than conventional methods alone (mean utility score: 8.2/10 vs 6.4/10, P<.01).

Objective 8: Identify Minimum Data Requirements for Reliable Results

Power analysis and learning curve experiments determined that approximately 800 subjects (400 per group) were required for stable model performance. Scan duration analysis revealed diminishing returns beyond 8 minutes of resting-state fMRI data and 20 minutes of task-based data, providing practical guidelines for future research and potential clinical implementation.

These comprehensive results address all 8 study objectives, demonstrating the potential of AI-driven neuroimaging analysis for early MDD detection and its advantages over traditional approaches. Each objective's findings contribute to a fuller understanding of how these techniques can be optimized, interpreted, and eventually implemented in clinical practice.

Discussion

Principal Findings

Overview

Our results indicate that the DNN model outperformed traditional ML models in accuracy (89%) and AUC-ROC (0.95). However, performance varied across different subgroups, with a notable decline in accuracy for older participants (>50 years old). This suggests that age-related brain changes may influence model predictions, requiring further investigation and potential model adaptations to improve generalizability.

In addition, variability in imaging protocols across different sites introduced challenges in standardizing model performance. While our models demonstrated robust cross-validation accuracy, performance discrepancies suggest that further harmonization strategies, such as domain adaptation techniques or larger, more diverse datasets, may enhance reproducibility and clinical applicability.

Our findings align with and extend previous research in this field. For instance, Kambeitz et al [10] reported an AUC of 0.87 in their meta-analysis of ML models for MDD classification. Our superior performance (AUC 0.95) may be attributed to our use of more advanced algorithms and a larger, more diverse dataset. Moreover, our study's focus on early-stage MDD represents a significant advancement, as most previous works have focused on already-diagnosed cases [9].

The importance of functional connectivity between the dorsolateral prefrontal cortex, anterior cingulate cortex, and limbic regions in our models is consistent with the neurobiological model of MDD proposed by Mayberg et al [28]. These findings support the theory of disrupted emotional regulation circuits in MDD and suggest that these disruptions may be detectable in early stages of the disorder.

Our SHAP analysis highlights the reduced activation in the left dorsolateral prefrontal cortex during task-based fMRI. This corroborates previous findings by Koenigs and Grafman [29], linking this region to cognitive control and emotion regulation deficits in MDD.

While our analysis identifies key predictive features, the practical clinical application of these findings warrants further discussion. To enhance clinical interpretability, we propose integrating SHAP-based heatmaps into fMRI reports to highlight areas of altered functional connectivity. Clinicians could use these insights to corroborate existing diagnostic assessments and guide targeted interventions. Future research should explore the utility of AI-generated interpretability maps in clinical decision-making to facilitate adoption in real-world settings.

Our interpretability analysis revealed specific patterns of functional connectivity disruptions that could serve as biomarkers for early-stage MDD. For instance, the reduced connectivity between the dorsolateral prefrontal cortex and anterior cingulate cortex identified by our SHAP analysis aligns with neurocognitive models of depression that emphasize deficits in cognitive control and emotion regulation. Clinicians could potentially use these connectivity patterns to supplement

traditional assessments; in cases where symptom presentation is ambiguous, these objective neuroimaging markers could provide additional diagnostic confidence. Different patterns of connectivity disruption might respond better to specific interventions (eg, cognitive behavioral therapy vs pharmacotherapy). Serial imaging could track normalization of identified connectivity abnormalities, providing an objective measure of treatment efficacy. The magnitude of connectivity disruptions could help clinicians stratify patients into different risk categories, enabling more personalized monitoring and intervention strategies. Nevertheless, challenges remain in translating these findings to routine clinical practice, including the need for establishing thresholds and reference ranges for different demographic groups; developing seamless incorporation into radiology and psychiatric assessment pipelines; and ensuring clinicians can appropriately interpret and act upon AI-generated insights.

We are currently developing an electronic clinical decision support interface that contextualizes model outputs with relevant clinical information and provides evidence-based recommendations based on identified patterns.

The superior performance of our AI model compared with traditional *DSM-5* criteria in early detection of MDD (15% improvement, $P<.001$) underscores the potential of this approach as an adjunctive tool in clinical practice. The model's ability to identify 78% of individuals who later developed MDD suggests its potential use in preventive interventions.

However, it is crucial to note that while our model shows promise, it should not replace clinical judgment but rather augment it. Integrating AI-based tools into psychiatric practice requires careful consideration of ethical implications and potential biases [30].

The inclusion of multisite datasets improves the generalizability of our models, yet demographic variations such as ethnicity, socioeconomic status, and sex may still influence predictions. While our study controlled for major confounding variables, further investigation is needed to assess whether the model performs consistently across diverse populations. Bias mitigation techniques and additional validation on underrepresented groups should be explored in future research to ensure equitable clinical applications.

Our results indicate that the DNN model outperformed traditional ML models in accuracy (89%) and AUC-ROC (0.95). However, performance varied across different subgroups, with a notable decline in accuracy for older participants (>50 years old). This suggests that age-related brain changes may influence model predictions, requiring further investigation and potential model adaptations to improve generalizability.

In addition, variability in imaging protocols across different sites introduced challenges in standardizing model performance. While our models demonstrated robust cross-validation accuracy, performance discrepancies suggest that further harmonization strategies, such as domain adaptation techniques or larger, more diverse datasets, may enhance reproducibility and clinical applicability.

Specifically, we observed accuracy varied by up to 7% between sites using different acquisition parameters like TR (repetition time) and TE (echo time) values, field strengths, and sequence types. Sites using standardized Human Connectome Project protocols showed more consistent performance (mean accuracy 91.2%, SD 2.1%) compared to sites using varied protocols (mean accuracy 84.5%, SD 5.7%). Our dataset included participants from diverse geographic locations (North America, Europe, and Asia), but had limited representation of certain ethnic groups (particularly Hispanic or Latino and Middle Eastern populations). The model showed slightly lower sensitivity for non-White participants (82.4% vs 88.9%, $P=.03$), highlighting potential ethnic biases that require attention. Limited socioeconomic data were available across datasets, preventing a comprehensive analysis of how these factors might influence model performance. This represents an important area for future research.

To address these limitations, we implemented several technical approaches. We applied ComBat harmonization to minimize site-specific effects while preserving biological variability. Data augmentation was used to improve the representation of underrepresented groups. Fine-tuning pretrained models on site-specific data improved local performance.

Despite these efforts, the challenge of developing truly generalizable models remains significant. Future work should focus on developing and promoting standardized fMRI acquisition protocols specifically designed for depression biomarker identification, creating more representative datasets that better capture global demographic diversity, implementing privacy-preserving federated learning techniques that allow models to learn from diverse datasets without centralizing sensitive patient data, and establishing frameworks for continuous model evaluation and updating as new data becomes available.

Our subgroup analysis revealed a notable decline in model performance among participants over 50 years old (accuracy 82%, 95% CI 76% - 88%) compared to younger participants (accuracy 90%, 95% CI 86% - 94%). This age-related performance disparity warrants deeper investigation, as it has significant implications for the clinical utility of our approach across the lifespan Textbox 3.

Textbox 3. Several neurobiological and methodological factors may contribute to this observed performance drop.

- Age-related neuroanatomical changes: Normal aging is associated with gray matter volume reductions, white matter integrity changes, and alterations in cerebrovascular function. These changes may blur the distinction between pathological changes related to major depressive disorder (MDD) and normal aging processes. Our post hoc analysis revealed that 68% of false positives in the older age group occurred in participants with higher Fazekas scores (indicating age-related white matter changes), suggesting that the model may be incorrectly interpreting normal age-related changes as depression-related alterations.
- Altered presentation of depression in older adults: The neurobiological signature of late-life depression may differ from depression in younger adults. Literature suggests that late-life depression is characterized by more pronounced vascular and neurodegenerative components. Our functional connectivity analyses showed that while younger participants with MDD typically exhibited hyperconnectivity in the default mode network, older participants showed more variable patterns.
- Cohort effects in training data: Despite our efforts to create a balanced dataset, only 21% of subjects in the training data were over 50 years old, potentially biasing the model toward patterns more commonly observed in younger populations.
- Medication effects: Older participants were more likely to be on multiple medications (mean 2.3 medications vs 0.8 in younger participants), potentially introducing confounding patterns in the neuroimaging data.

To address these age-related performance discrepancies, we propose several model adaptations:

- Age-stratified models: Developing separate models for different age groups or incorporating age as a weighting factor in feature importance calculations. Our preliminary results with age-stratified models showed a 5.2% improvement in accuracy for older participants.
- Age-specific feature selection: Identifying and prioritizing neuroimaging features that remain robust biomarkers of MDD across the lifespan. Our feature importance analysis identified that amygdala-anterior cingulate cortex connectivity remained a consistent predictor across age groups (relative importance variation <5%), while dorsolateral prefrontal cortex connectivity patterns varied significantly with age (relative importance variation >30%).
- Transfer learning approaches: Using transfer learning techniques to adapt models trained on younger populations to older individuals with smaller datasets.
- Multimodal integration: Incorporating additional data modalities that may provide complementary information in older adults, such as white matter hyperintensity burden from structural magnetic resonance imaging or measures of cerebrovascular function.
- Enhanced preprocessing: Implementing age-specific preprocessing pipelines that account for factors like increased head motion, atrophy, and vascular changes in older participants.

We have begun implementing these adaptations, and preliminary results suggest that age-specific models can achieve accuracy levels of 87% (95% CI 83% - 91%) in participants older than 50 years, substantially closing the performance gap. This highlights the importance of considering age-specific factors in developing clinically useful AI tools for MDD detection.

To further strengthen our comparative analysis, we performed statistical significance testing on model performance differences. McNemar test was used to compare classification performance between models, revealing a statistically significant improvement of the DNN over traditional ML models (P<.01). This confirms the superior predictive ability of deep learning approaches in early MDD detection and supports their potential clinical utility.

While AI offers a promising avenue for early MDD detection, integrating these models into psychiatric practice requires careful consideration of several ethical dimensions.

Patient Privacy and Data Security

The use of sensitive neuroimaging and clinical data raises significant privacy concerns. Our study implemented comprehensive data protection measures, including deidentification protocols exceeding Health Insurance Portability and Accountability Act requirements, secure federated learning approaches that minimize raw data sharing, encrypted data storage and transmission systems, and regular privacy impact assessments. Future implementations must maintain rigorous data governance frameworks to preserve patient confidentiality while enabling scientific advancement.

Algorithmic Bias and Health Disparities

AI models risk perpetuating or amplifying existing biases in health care. Our analysis revealed subtle performance variations across demographic groups, highlighting the need for diverse training datasets that reflect population heterogeneity, regular bias audits with stratified performance reporting, fairness-aware algorithm development techniques, and community engagement to identify potential disparities. Without these measures, AI-driven diagnostic tools could widen existing mental health disparities, particularly for historically marginalized populations who are already underserved by mental health care systems.

Interpretability and Clinical Accountability

The “black box” nature of complex AI models presents challenges for clinical integration. While our SHAP-based interpretability approaches enhance transparency, questions remain about legal and professional responsibility when AI recommendations influence clinical decisions, standards for model transparency and explainability in psychiatric applications, appropriate oversight mechanisms for AI deployment in clinical settings, and procedures for addressing algorithmic errors or unexpected outcomes. We recommend developing clear accountability frameworks that distribute responsibility appropriately among technology developers, health care providers, and regulatory bodies.

Integration With Clinical Practice

AI tools should complement, not replace, clinical judgment. Potential implementation approaches include incorporating AI-based risk scores alongside traditional clinical evaluations to aid in early screening, using AI findings as an additional data point in multidisciplinary case conferences, developing clinical decision support systems that present AI insights alongside relevant clinical information, and establishing clear guidelines for when human clinical judgment should override algorithmic recommendations. Clear guidelines should be established to ensure that AI models are used as decision support tools rather than definitive diagnostic replacements. Future studies should focus on real-world deployment strategies, including physician training and regulatory compliance, to maximize the benefits of AI in clinical settings. Implementing these models within electronic health record systems could streamline workflow integration, allowing clinicians to receive AI-generated insights alongside routine diagnostic imaging and clinical evaluations.

Informed Consent and Patient Autonomy

Patients must understand how AI influences their diagnosis and treatment. Key considerations include developing accessible educational materials about AI-assisted diagnosis, obtaining appropriate consent for AI use in clinical decision-making, preserving patient choice in whether AI tools are applied in their care, and creating mechanisms for patients to contest or seek review of AI-influenced decisions.

Regulatory and Oversight Framework

Current regulatory frameworks are still evolving to address AI in health care. Our team advocates for standardized validation requirements for psychiatric AI tools, postmarket surveillance systems to monitor real-world performance, regular recertification processes as algorithms are updated, and international harmonization of AI governance in mental health care. Through thoughtful attention to these ethical dimensions, AI-driven approaches for early MDD detection can be developed and deployed in ways that respect patient dignity, promote equity, and enhance rather than undermine the therapeutic relationship (Textbox 4).

Textbox 4. Limitations despite the promising results.

The study has several limitations:

- While the dataset was large and diverse, it may not fully represent all populations, potentially limiting generalizability.
- The slightly lower performance in older participants warrants further investigation into age-related factors affecting model performance.
- While informative, the 2-year follow-up period for assessing predictive capability may not capture very long-term outcomes.
- Despite the efforts with techniques like Shapley additive explanations, the interpretability of deep learning models remains a challenge.

Future research should focus on:

- Expanding datasets to include more diverse populations to improve generalizability.
- Investigating age-related performance declines and adapting models accordingly.
- Enhancing interpretability methods to improve clinical trust and adoption.
- Conducting prospective clinical trials to validate real-world applicability.
- Developing guidelines for artificial intelligence integration into psychiatric workflows to ensure responsible and effective use.

Conclusion

This study demonstrates the promising potential of AI, particularly DNN, in the early detection of MDD using fMRI data. Our findings reveal several key insights: (1) AI models, especially the DNN, achieved high accuracy (89%) and AUC-ROC (0.95) in detecting early-stage MDD, outperforming traditional diagnostic methods; (2) the models identified crucial functional connectivity patterns, particularly involving the dorsolateral prefrontal cortex, anterior cingulate cortex, and limbic regions, aligning with current neurobiological theories of MDD; (3) the AI approach demonstrated good generalizability across different datasets and showed promise in identifying individuals at high risk of developing MDD in a 2-year follow-up; (4) while powerful, these AI tools should be viewed as complementary to clinical judgment rather than replacements, with careful consideration given to ethical implications and potential biases; and (5) future research should focus on longitudinal studies, integrating multiple data modalities, and further enhancing model interpretability to bridge the gap between AI-driven insights and clinical application.

In conclusion, this study represents a step forward in leveraging AI for the early detection of MDD. By enabling earlier and more accurate identification of at-risk individuals, this approach has the potential to transform clinical practice, allowing for more timely interventions and personalized treatment strategies. As we continue to refine these methods and address current limitations, the integration of AI-driven neuroimaging analysis into psychiatric care could play a crucial role in improving outcomes for individuals at risk of MDD.

Conflicts of Interest

None declared.

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Abbreviations

AI: artificial intelligence
AUC-ROC: area under the receiver operating characteristic curve
DNN: deep neural network
***DSM-5*:** *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*
fMRI: functional magnetic resonance imaging
GBM: gradient boosting machine
MDD: major depressive disorder
ML: machine learning
RF: random forest
SHAP: Shapley additive explanations
SVM: support vector machine

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Converting Organic Municipal Solid Waste Into Volatile Fatty Acids and Biogas: Experimental Pilot and Batch Studies With Statistical Analysis

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Abstract

Background: Italy can augment its profit from biorefinery products by altering the operation of digesters or different designs to obtain more precious bioproducts like volatile fatty acids (VFAs) than biogas from organic municipal solid waste. In this context, recognizing the process stability and outputs through operational interventions and its technical and economic feasibility is a critical issue. Hence, this study involves an anaerobic digester in Treviso in northern Italy.

Objective: This research compares a novel line, consisting of pretreatment, acidogenic fermentation, and anaerobic digestion, with single-step anaerobic digestion regarding financial profit and surplus energy. Therefore, a mass flow model was created and refined based on the outputs from the experimental and numerical studies. These studies examine the influence of hydraulic retention time (HRT), pretreatment, biochar addition, and fine-tuned feedstock/inoculum (FS/IN) ratio on bioproducts and operational parameters.

Methods: VFA concentration, VFA weight ratio distribution, and biogas yield were quantified by gas chromatography. A *t* test was then conducted to analyze the significance of dissimilar HRTs in changing the VFA content. Further, a feasible biochar dosage was identified for an assumed FS/IN ratio with an adequately long HRT using the first-order rate model. Accordingly, the parameters for a mass flow model were adopted for 70,000 population equivalents to determine the payback period and surplus energy for two scenarios. We also explored the effectiveness of amendments in improving the process kinetics.

Results: Both HRTs were identical concerning the ratio of VFA/soluble chemical oxygen demand (0.88 kg/kg) and VFA weight ratio distribution: mainly, acetic acid (40%), butyric acid (24%), and caproic acid (17%). However, a significantly higher mean VFA content was confirmed for an HRT of 4.5 days than the quantity for an HRT of 3 days (30.77, SD 2.82 vs 27.66, SD 2.45 g–soluble chemical oxygen demand/L), using a *t* test (t_8=−2.68; *P*=.03; CI=95%). In this research, 83% of the fermented volatile solids were converted into biogas to obtain a specific methane (CH_4) production of 0.133 CH_4-Nm^3/kg–volatile solids. While biochar addition improved only the maximum methane content by 20% (86% volumetric basis [v/v]), the FS/IN ratio of 0.3 volatile solid basis with thermal plus fermentative pretreatment improved the hydrolysis rate substantially (0.57 vs 0.07, 1/d). Furthermore, the biochar dosage of 0.12 g-biochar/g–volatile solids with an HRT of 20 days was identified as a feasible solution. Principally, the payback period for our novel line would be almost 2 years with surplus energy of 2251 megajoules [MJ] per day compared to 45 years and 21,567 MJ per day for single-step anaerobic digestion.

Conclusions: This research elaborates on the advantage of the refined novel line over the single-step anaerobic digestion and confirms its financial and technical feasibility. Further, changing the HRT and other amendments significantly raised the VFA concentration and the process kinetics and stability.

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KEYWORDS

multistep fermentation; specific methane production; anaerobic digestion; kinetics study; biochar; first-order; modified Gompertz; mass balance; waste management; environment sustainability

Introduction

The European Union annually generated about 110 million tons of organic waste in 2006, which excluded slurry and manure. This waste mainly came from the food industry (33%), agriculture and hunting (30%), and households (20%) [1]. Current Italian legislation forbids landfilling organic waste and requires treating it through biological and thermal processes like anaerobic digestion, composting, and incineration with high disposal costs for secondary waste flux (€75 - €125 per ton; a currency exchange rate of €1=US $1.05 is applicable) [2]. Under the pressure of exhaustible natural exploitation and increasing organic waste, the European Commission approved the circular economy action plan to promote sustainable recovery methods to reduce the secondary waste flux. The techniques recommended in the circular economy context assume a "take-use-reuse" viewpoint. Such an approach wants to close the circuit of cycles, extend product life, and treat the wastes as precious recyclable materials [3,4]. In this respect, the European Union states have deployed biological processes such as anaerobic digestion to gain either platform chemicals like volatile fatty acids (VFAs) or biogas from organic wastes produced in urban areas [5-9]. These products are extremely valuable in the era of environmental disasters, which have several consequences (eg, climate change), since they are renewable, sustainable, carbon-neutral, and compatible with current fossil-based fuel infrastructures [10].

Recent studies have aimed at finding a sequential reclaiming route to obtain various bioproducts such as VFAs and biohydrogen with a higher added-value market than bio-methane at distinct steps to either redesign the existing plants or integrate them into biorefinery platforms [11,12]. Various biological processes can convert different feedstock (eg, edible sugary crops, oil-bearing crops, livestock, waste sludge [WS], and food waste) into a range of biofuels, including bioethanol, biodiesel, bio-methane, and biohydrogen [10,13,14]. Biofuel production from edible crops is quite controversial in terms of food supply, ethical quandary, and insecure supply chain. However, food waste, WS, and livestock are omnipresent in urban and rural areas without widespread deployment in a biorefinery scheme. Accordingly, this research aims to convert organic municipal solid waste (OMSW), mainly from food waste, into VFAs and biogas.

This study examines the biological recovery route for OMSW for potential beneficial bioproducts and technical feasibility. This effort includes three steps: pretreatment, mesophilic acidogenic fermentation, and anaerobic digestion. Specifically, we endeavor to conceive how to make the process more profitable and practicable through operational amendments that change the share of methanogenesis and acidogenic routes in the final products (VFAs and biogas) [9] and lower the costs of the process in terms of energy and water consumption. Hence, determining a reasonably priced process with a desirable VFA-rich stream from acidogenic fermentation and a high methane (CH_4) yield from methanogenesis [15] could ultimately encourage full-scale commercialization. VFAs typically serve as platform chemicals for many processes (eg, biopolymer synthesis of polyhydroxyalkanoates [PHAs] [16-19]), which could be later recovered through biological processes to close the material life cycle.

The major bottleneck in anaerobic digestion of biowaste is at the hydrolysis step. Such a problem could be relieved by various methods such as pretreatment, an optimized feedstock/inoculum (FS/IN) ratio, and carbonaceous material addition, including biochar [20-22]. The latter method was recently realized to have numerous benefits to the process, such as improving the process stability, acceleration of the process rate, buffering potency and alkalinity, inhibitors adsorption, enriched microbial functionality, and electron transfer mechanism. As a result, it could improve CH_4 generation by fostering hydrolysis, acetogenesis, and methanogenesis [23]. The residual solids out of the multistep line of pretreatment followed by acidogenic fermentation plus anaerobic digestion can be used in a pyrolysis line for biochar and biofuel production to further lower the secondary waste flux [24]. This strategy provides several benefits, such as combating climate change and global soil degradation and addressing the rising energy demand.

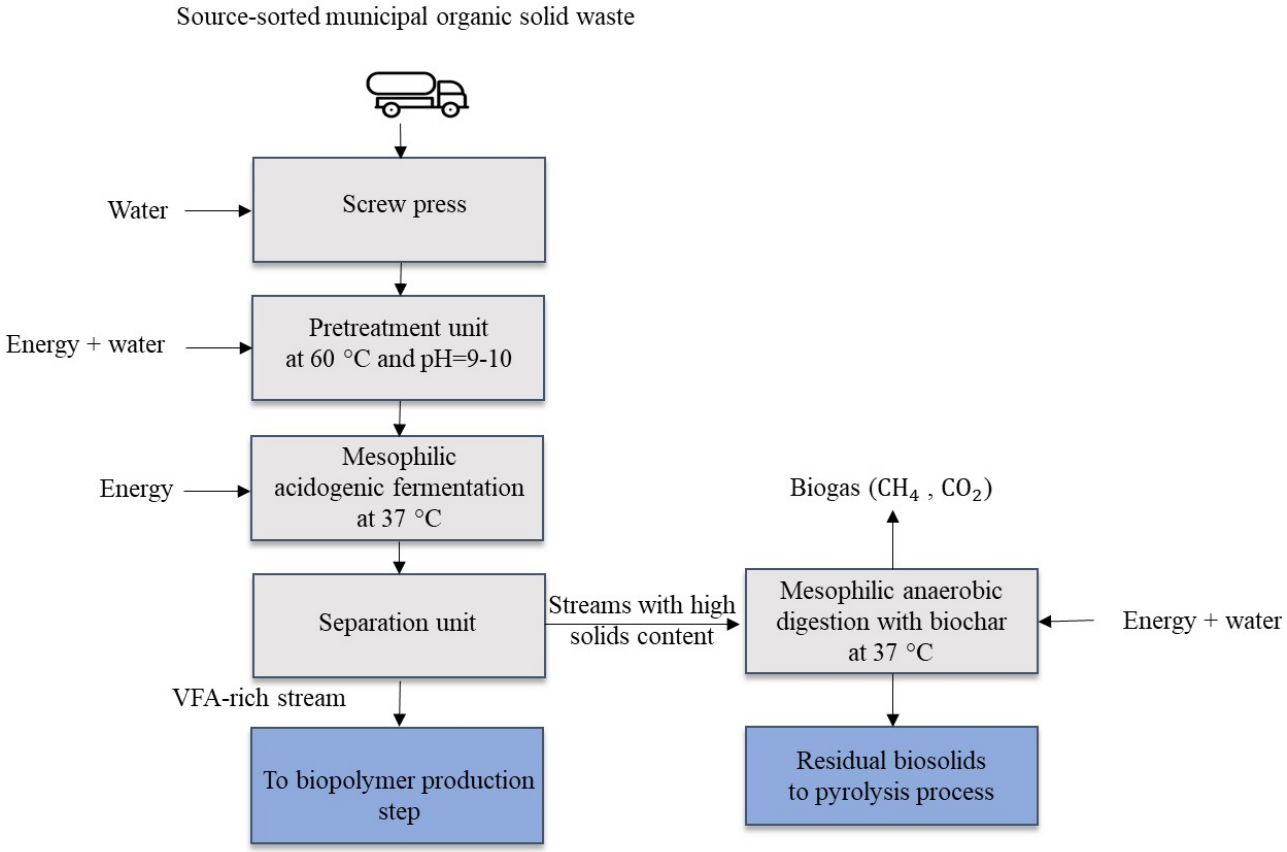
This study compares the multistep route of pretreatment, acidogenic fermentation, and anaerobic digestion with the existing method of single-step anaerobic digestion for valorizing OMSW in the Treviso wastewater treatment plant (WWTP) in terms of financial profit and technical feasibility. In this context, the present research has the ultimate goals of facilitating the entrance of the process into the market and further closure of the cycle of organic material. Accordingly, it assesses several suggestions, such as hydraulic retention time (HRT) variation, pretreatment, biochar addition, and adjusted FS/IN ratio to enhance the bioproducts and decrease the involved costs. To this end, their effects on the process were quantified through experimental tests, confirming their significance through statistical analysis. Later, the payback period, amount of surplus energy, and volatile solids (VS) destruction for the mentioned scenarios were determined using a mass balance model refined according to the laboratory studies. The boundary condition parameters for energy conversion and costs were assumed according to previous studies and experts' knowledge, respectively. To the best of the author's knowledge, this paper is novel in presenting a robust framework to assess a groundbreaking proposition for the valorization of OMSW financially and technically. Overall, we concluded that our line is viable technically and overtakes the conventional methods financially.

Methods

Biorefinery Process Scheme and Experimental Studies

Figure 1 presents the hypothesized biorefinery process line in this research. It comprises screw-pressing, a pretreatment unit, mesophilic acidogenic fermentation, solid-liquid separator, and mesophilic anaerobic digestion. The two sectors of biopolymer production and pyrolysis were exhibited differently since no mass and energy flow was considered for them, and only the possible end goals for the secondary stream were shown.

Figure 1. Schematic of the multistep process of pretreatment, acidogenic fermentation, and anaerobic digestion for VFAs and biogas production from the organic municipal solid waste. CH_4: methane; CO_2: carbon dioxide; VFA: volatile fatty acid.



After and before the pretreatment, the feedstock for different parameters was characterized from time to time. These parameters include the total solids (TS), VS, chemical oxygen demand (COD), soluble COD (SCOD), total Kjeldahl nitrogen, total phosphorous (P), ammonium ($N\text{-}NH_4^+$), phosphate ($P\text{-}PO_4^{3-}$), and VFA.

The feedstock that arrived at the WWTP had already been mixed with the acidogenic fermentative inoculum, which initiated solubilizing and converting the organic solid matters into SCOD and VFAs in the transporter. Then, in the pretreatment unit, a sodium hydroxide (NaOH) solution (40% kg/kg) was added to bring the pH to 9 - 10 and heated to 60 ˚C for 24 hours. Subsequently, the biomixture was fed manually into a 5 L (operational volume of 4.5 L) continuously stirred pilot acidogenic fermenter operated at the given conditions (Table 1). Its high alkalinity maintained the pH during the acidogenic fermentation in the optimal range. Further, the mixture was blended mechanically, and the whole system was kept in the oven to hold the temperature constant at 37 ˚C. The output was sampled frequently during the week, and the samples were centrifuged to obtain the supernatant to measure pH, SCOD, VFA, $N\text{-}NH_4^+$, and $P\text{-}PO_4^{3-}$. A tiny fraction of the residual solid part was used to characterize solids like COD, P, and total Kjeldahl nitrogen, and the rest was kept in the freezer to apply the bio-methane potential (BMP) test.

Table . The operational parameters of the mesophilic acidogenic fermenter.

Hydraulic retention time (days)	Organic loading rate (kg–volatile solids/m^3.d)	Temperature (˚C)	pH[a], mean (SD)
4.5	6.89	37	6.56 (0.25)
3	10.33	37	6.7 (0.45)

[a]13 measurements for pH.

The VS and TS characterization were performed in 105 ˚C and 550 ˚C ovens for 24 hours, respectively. Except for VFAs, all the remaining analyses (including COD measurements) followed the standard methods for examining water and wastewater [25]. The methods described in the A and D sections of No. 5220 for COD quantification were used. These methods are named "Closed Reflux, Titrimetric Method" and "Closed Reflux, Colorimetric Method" for the solid and liquid phases, respectively [25]. For the liquid, the samples were filtered after being centrifuged at 4500 rounds per minute (rpm) for 5 minutes, and before the analysis, the supernatant was filtered with a 0.45 µm cellulose filter (Whatman). For the solid, acidic digestion was performed at 220 ˚C with a high pressure of 2 atmospheres to destroy the 0.2 g of solid matrix for 2 hours. Afterward, the COD was measured in the solution using titration by ferrous ammonium sulfate as described in the standard methods. Our limit of detection was 50 - 500 mg-COD/L for the calorimetric method and 40 - 400 mg-COD/L for the titrimetric method. In this research, dilution was done for high-concentration values that are beyond the considered limit of detection.

In the BMP test, the effect of biochar addition was observed for 3 diverse dosages (0, 0.12, and 0.24 g-biochar/g-VS) on the bio-methane volume, content, and production kinetics in the mesophilic condition using four sets of the BMP test. The tests were conducted with a total number of 8 bottles of 250 mL (working volume of 215 mL). The anaerobic condition was ensured in bottles by sealing them after filling without any flushing with nitrogen molecules (N_2) or carbon dioxide (CO_2) since we had known that oxygen transfer at the surface of the waste stream was impossible as it contained a high TS and SCOD. This type of procedure was adopted in our laboratory and has been conducted for years. The biochar was synthesized by a local supplier, and its main physical and chemical features are reported in Table S1 in Multimedia Appendix 1. It was ground into microparticles and kept under a dried condition at room temperature before being added to the bottles. Further, the inoculum for the BMP test was collected from the 2300 m^3 completely stirred anaerobic digester treating thickened WS and squeezed OMSW mixture under the mesophilic condition at an organic loading rate (OLR) of 1.8 - 2.0 kg-VS/m^3.d in the treatment plant. The inoculum was added to the feedstock (residual solid from acidogenic fermentation) based on the weight ratio of 0.3 FS g-VS/IN g-VS. The TS and VS contents in the bottles (ie, inoculum and feedstock) were 133 g/kg and 17.6 g/kg, respectively.

The experiments were conducted for each condition, namely, only inoculum and either with or without biochar, in 2 bottles. The test was terminated after 25 days when the cumulative biogas production reached almost 89% of the final projected value. The biogas content was characterized by gas chromatography (for days 1, 4, 6, 10, 14, 16, 18, 21, and 25). Additionally, the values for the remaining days were filled through imputation using the *k*-nearest neighbors algorithm (number of neighbors=4 and weights=distance) [26]. The imputation code is provided in the repository [27]. Then, the biogas and bio-methane volumes were subtracted from the only inoculum to correct for the endogenous methane production, and both values were averaged for 2 bottles. Gas chromatography was performed using Agilent Technology (TM 6890N) with an HP-PLOT MoleSieve column (30 m length, 0.53 mm ID × 25 mm film thickness) and a thermal conductivity detector with argon as a carrier (79 mL/min). The hydrogen molecule (H_2), CH_4, oxygen molecule (O_2), and N_2 were analyzed using a thermal conductivity detector at 250 ˚C. The inlet temperature was 120 ˚C, with constant pressure in the injection port (ie, 70 kilopascal [kPa]). Samples were taken using a gas-type syringe (200 µL). Once the entire sample was vaporized, peak separation occurred within the column at a constant temperature of 40 ˚C for 8 minutes. We did not plan to monitor pH and other parameters like alkalinity, VFA, ammonia, and phosphate because the pH drop risk was negligible, and the biochar addition could provide a buffer capacity and adsorption of inhibitory compounds in the solution [28]. Moreover, a considerable part of the readily biodegradable COD of the feedstock was already converted to VFAs in the previous step. As a result, the process was easily controlled even in the transient condition when the risk of methanogenic inhibition was high [29].

Statistical Analysis and Performance Indicators

The performance indicators, including COD solubilization, VFA yield, ammonia and phosphate release, and VFA/SCOD ratio were determined. These indicators characterize the mesophilic acidogenic fermentation on the days when the data were available, and the process reached the pseudo-steady state condition. The indicators were calculated, and the data were plotted using a Microsoft Excel spreadsheet (Version 2412). In addition, the VFA weight ratio distribution was determined from the total VFA weight on the same day. The process stability was evaluated based on variations in daily VFA concentrations. The formula for the performance parameters is reported in Multimedia Appendix 1. The exploratory data analysis and 2-tailed *t* test on VFA data were performed for the VFA concentration, yield, and VFA/SCOD ratio for 2 HRTs by the open source program R (version 3.5.0; The R Foundation for Statistical Computing). We assumed that the 2 datasets were paired and had a normal distribution. The code is provided in the repository [27]. The values for the 2 HRTs to increase the VFA concentration in the outlet were selected based on our experience and process knowledge. According to this information, exceeding the HRT value by more than 3 - 5 days can bring the process into an anaerobic digestion step. As a result, the VFAs with high added-value markets are converted to biogas. Hence, the 2 HRTs of 3 days and 4.5 days were tried in the pilot test, knowing that the VFA concentration would either increase or decrease linearly in this local region of operation.

For the BMP tests, two kinetic models were calibrated, namely, the first-order rate and modified Gompertz, to the biogases' cumulative yield. Additionally, the specific methane production (SMP) and specific biogas production (SGP) plus maximum volumetric methane content (v/v %) were determined. Comparing these results could reveal how the biochar addition, FS/IN ratio of 0.3, and pretreatment improved the process in terms of the rate and fostered methanogenesis. Such improvements are manifested through a higher hydrolysis rate,

a shorter lag phase, and a higher maximum volumetric methane content. Besides, the biogas yield was determined as g-biogas/g-VS.

Technical and Economic Assessment

This research sets up a mass flow analysis with parameters adopted for a municipality with 70,000 population equivalents (PEs) for the two scenarios: (1) a line with pretreatment and mesophilic acidogenic fermentation followed by mesophilic anaerobic digestion and (2) a single-stage mesophilic anaerobic digestion as currently deployed at the Treviso WWTP. This study focuses on water and energy preservation and increased profits from VFA production in our conversion line through several refinements. They were tied with the HRT identified in the previous step, integration of our process knowledge of using the fine-tuned FS/IN ratio, and biochar addition in anaerobic digestion. Detailed information and calculations regarding the mass flow analysis are available in the supplementary documents in the Excel spreadsheet named “Mass Balance” [27]. The following paragraph provides the full description of the two scenarios.

The two scenarios shared the first part of the model where the separated OMSW by a door-to-door collection system that was screw-pressed and diluted with water to reach the TS of 280 g/kg. Then, in the first scenario, adding a sodium hydroxide solution (40% kg/kg) elevated the feedstock pH to 9 - 10. Afterward, the solution was heated at 60 ˚C for 24 hours in the pretreatment unit. Next, it was diluted and heated further before feeding into the mesophilic acidogenic fermenter based on the desirable HRT. The last part of the first scenario was the optimized anaerobic digestion of residual fermented solids. Specifically, the stability endowment by adding biochar to the anaerobic digestion could ultimately smooth running the process in a high OLR (low water dilution). Furthermore, an FS/IN ratio of 0.3 was applied to increase the kinetics rate with the benefit of a decrease in digester volume, energy consumption, and capital cost. This finding is of significant importance in plants and zones with limited area, water, and energy.

In the second scenario, the screw-pressed feedstock was diluted and immediately fed into a mesophilic anaerobic digester for only biogas production.

It was assumed that the reactors transfer heat from the walls with the atmosphere and earth. Further, the biogas would be consumed in the combined heat and power units for electricity production with an overall efficiency of 0.4. In this research, the mass of VFAs and the net amount of energy production were accounted for as the source of income. Meanwhile, the corresponding costs were the operational expenditure, the mass of the water process, and the final residual solids to dispose of. Reference parameters for the energy analysis and boundary conditions are given in Table 2. The price of electricity was assumed to be €130 per megawatt-hour (MWh). These two scenarios were compared to identify the most favorable one regarding surplus thermal energy and electricity or the shorter payback period.

Table . Reference parameters and boundary conditions for energy flow analysis.

Parameter	Heat transfer coefficient (W/(m^2.˚C))	Temperature (˚C)	Low heat value (MJ[a]/Nm^3)	Energy conversion efficiency
Biogas	—[b]	—	23.012	—
Thermal energy yield	—	—	—	0.5
Electrical energy yield	—	—	—	0.4
Operative temperature	—	37	—	—
Water temperature	—	15	—	—
Air temperature	—	20	—	—
Ground temperature	—	25	—	—
Outer concrete reactor wall	0.7	—	—	—
Inner concrete reactor wall	1.2	—	—	—
Floor	2.85	—	—	—

[a]MJ: megajoules.

[b]Not applicable.

Ethical Considerations

This research was not conducted on human or animal subjects and does not involve the collection of any new data. Therefore, it was unnecessary to obtain ethics approval.

Results

Biorefinery Process Scheme and Experimental Studies: Composition and Characteristics of the Pretreated Feedstock

The pretreated feedstock’s main physical and chemical characteristics were quite stable throughout the experiment (Table 3). The feedstock had an average TS content of 45 (SD 3.15) g/kg and VS content of 32 (SD 3.28) g/kg. These values

suggest that the biodegradable solids constituted 72% of the TS, which could support the fermentation process. The chemical composition of the solid part was 12.9 g-N/kg-TS, 4 g-P/kg-TS, and 565 g-COD/kg-TS, which was in the range of the values reported for the typical OMSW in Italy [30]. The chemical composition of the liquid was 325 mg N-NH_4^+/L, 14 mg P-PO_4^{3-}/L, and 25.8 g-SCOD/L. Further, the feedstock COD:N:P ratio was determined as 100:2.2:0.7, meaning that nutrients such as phosphor and nitrogen should not be the limiting substrates in acidogenic fermentation [31]. In this regard, the slight level of VFA concentration at the level of 3.5 g-SCOD/L was due to acidogenic fermentation, which had been happening during transportation.

Table . Main physical-chemical features of the feedstock.

Parameter	Weight ratio (g/kg)	Mass ratio (%)	Concentration (mg/L)
Total solids, mean (SD)[a]	45 (3.15)	—[b]	—
Volatile solids, mean (SD)[a]	32 (3.28)	—	—
Total Kjeldahl nitrogen[c]	12.9	—	—
Phosphorous[c]	4	—	—
Chemical oxygen demand[c]	565	—	—
Chemical oxygen demand:nitrogen:phosphorous	—	100:2.2:0.7	—
Soluble chemical oxygen demand	—	—	25,814
N-NH_4^+[d]	—	—	325
P-PO_4^{3-}[e]	—	—	14
Volatile fatty acid[c]	—	—	3500
Volatile solids/total solids, mean (SD)[a]	—	72 (5)	—

[a]Based on 3 measurements.

[b]Not applicable.

[c]Measurements done for nitrogen, phosphor, and soluble chemical oxygen demand equivalents for total Kjeldahl nitrogen, phosphorous, chemical oxygen demand, and volatile fatty acid.

[d]N-NH_4^+: ammonium.

[e]P-PO_4^{3-}: phosphate.

Statistical Analysis and Performance Indicators

Acidogenic Fermentation

Table 4 presents the main physical and chemical characteristics of the effluent and solid cake from the acidogenic fermenters. According to Figure 2, the process reached a steady condition after 14 days, which was roughly 3 times the HRT (4.5 days). Both HRTs were similarly stable in terms of VFA concentration variation because of a negligible difference between SDs: 2.82 g-SCOD/L versus 2.45 g-SCOD/L. These values are less than 10% of the total VFA, and the VFA production continued for more than 3 weeks without any considerable issues. The lack of any change in this process is attributed to the initial high pH of 9 - 10, which supported the process by keeping the pH variation in the optimal range of 6 - 7.5 [32].

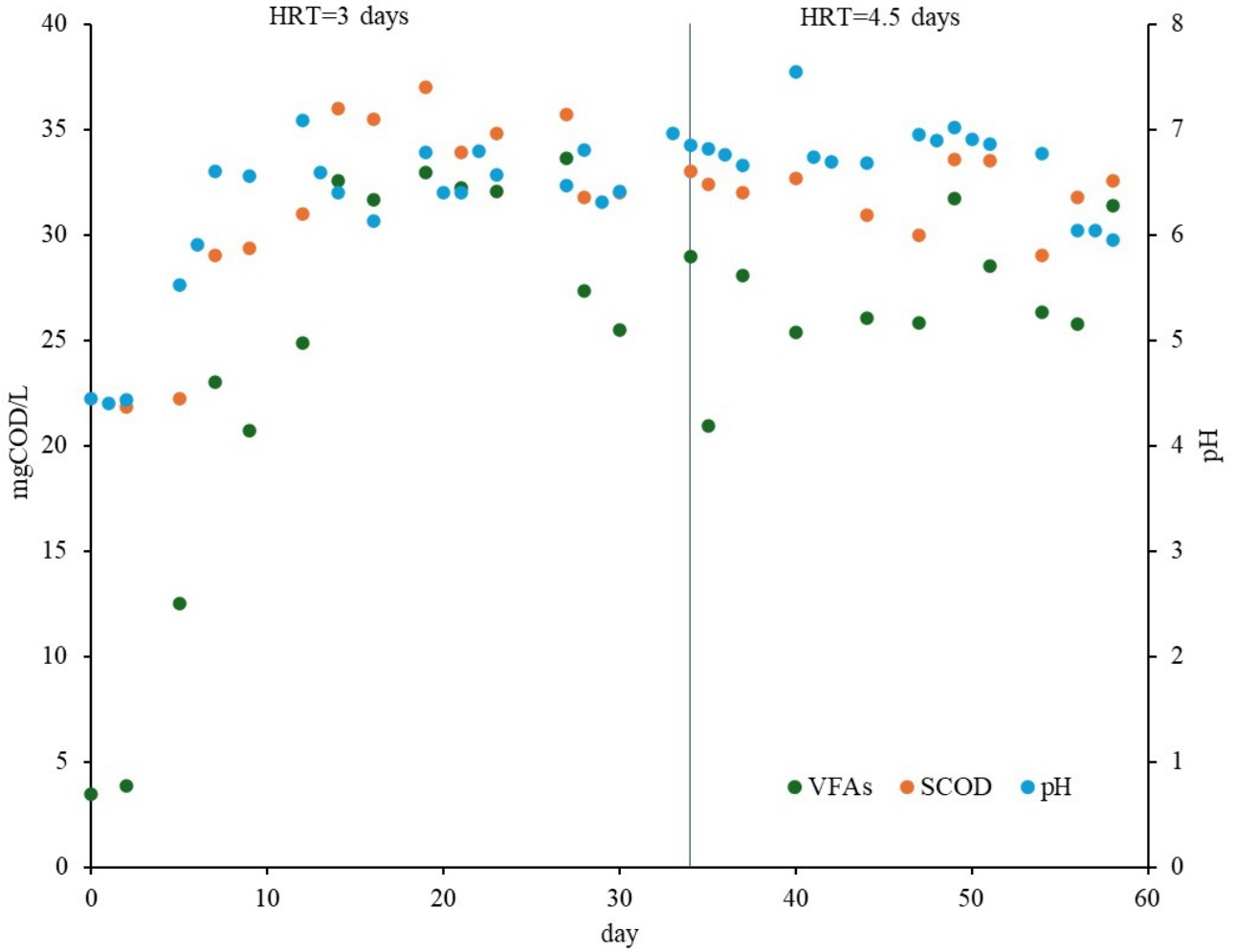
Table . Main physical-chemical features of the effluent and solid cake from mesophilic acidogenic fermentation.

Hydraulic retention time (days)	Total solids (g/kg), mean (SD)	Volatile solids (g/kg), mean (SD)	Volatile fatty acid (g–soluble chemical oxygen demand/L), mean (SD)	pH, mean (SD)
4.5[a]	43 (5.15)	23.6 (2.07)	30.77 (2.82)	6.56 (0.25)
3[b]	38 (4.55)	25.8 (1.5)	27.67 (2.45)	6.7 (0.45)

[a]5 measurements for total solids and volatile solids; 9 measurements for volatile fatty acid; 13 measurements for pH.

[b]4 measurements for total solids and volatile solids; 9 measurements for volatile fatty acid; 13 measurements for pH.

Figure 2. VFA, SCOD, and pH for mesophilic acidogenic fermentation. COD: chemical oxygen demand; HRT: hydraulic retention time; SCOD: soluble chemical oxygen demand; VFA: volatile fatty acid.



Based on the *t* test results (t_8=−2.68; *P*=.03; CI=95%), it was verified that the mean VFA concentration for an HRT of 4.5 days was significantly higher than the value for 3 days (30.77 vs 27.67 g-SCOD/L). A similar statistical analysis (t_8=−0.99; *P*=.35; CI=95%) for the VFA/SCOD ratio rejected the significance of a higher mean value of 0.892 (SD 0.04) for an HRT of 4.5 days than 3 days, with a mean value of 0.87 (SD 0.058). The possible range of values for the VFA concentrations and VFA/SCOD, which cover 99% and 50% of the data for the 2 HRTs, are depicted by the box plots in Figures 3 and 4, respectively.

Figure 3. Box plot of volatile fatty acid concentrations for mesophilic acidogenic fermentation. HRT: hydraulic retention time; SCOD: soluble chemical oxygen demand.

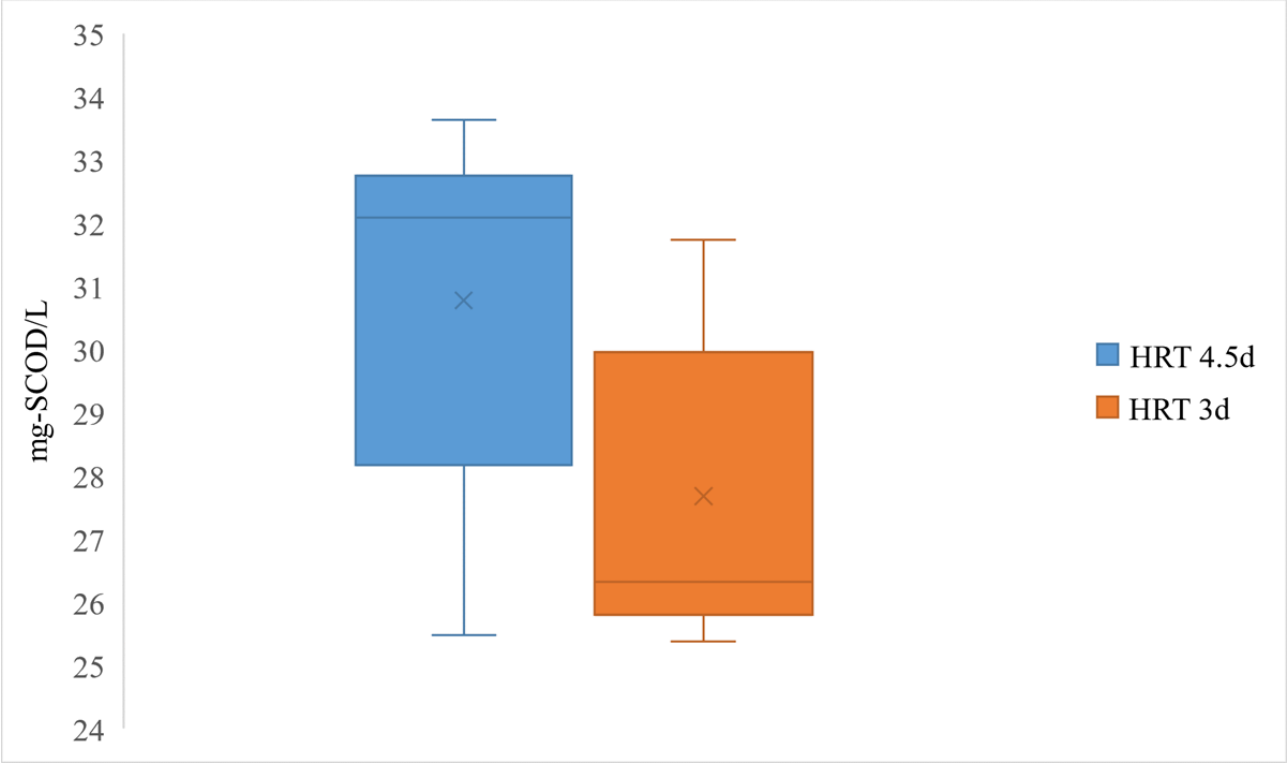
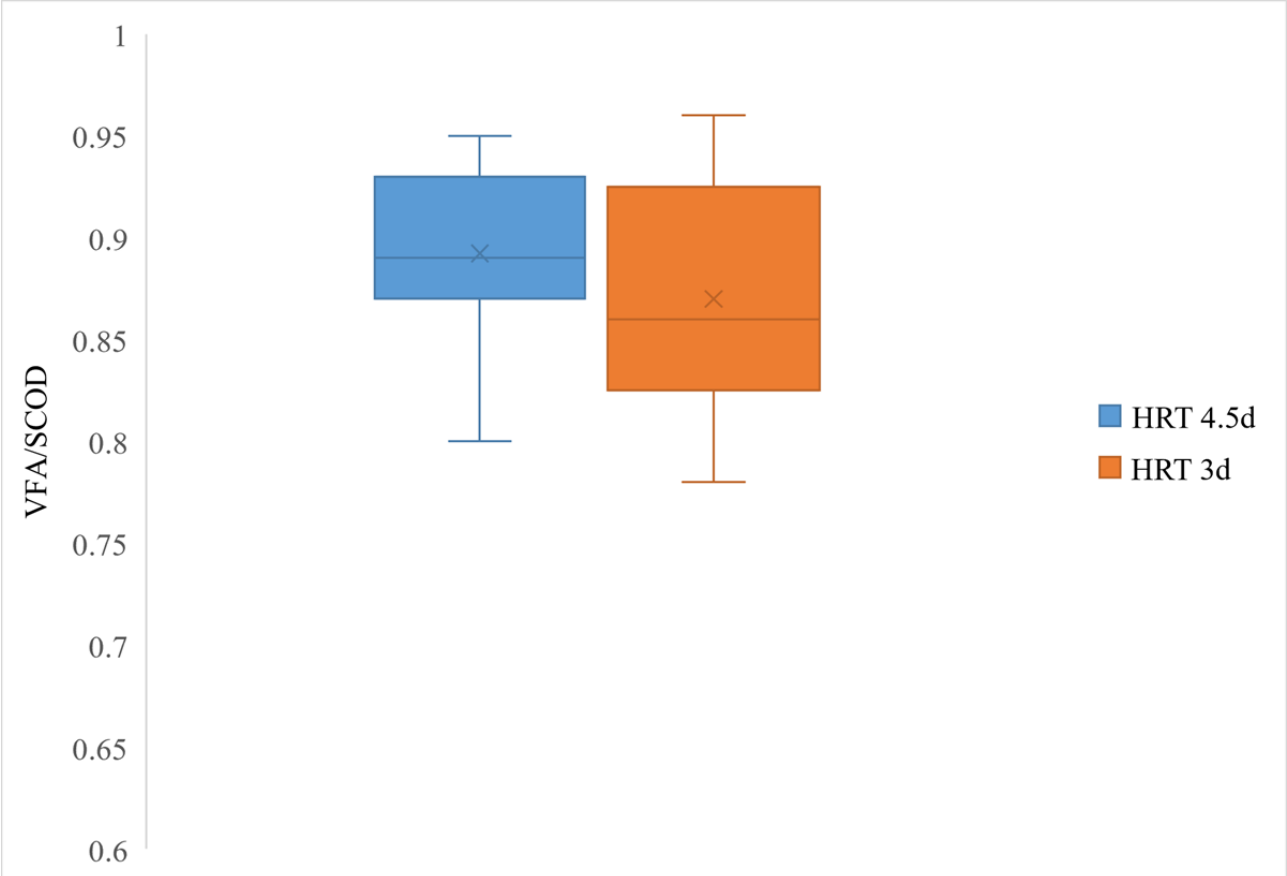


Figure 4. Box plot of VFA/SCOD ratios for mesophilic acidogenic fermentation. HRT: hydraulic retention time; SCOD: soluble chemical oxygen demand; VFA: volatile fatty acid.



Performance parameters for the 2 HRTs are given in Table 5. As can be seen, the HRT of 4.5 days gave higher COD solubilization and released more ammonia and phosphate than the HRT of 3 days. Moreover, the 0.57 VFA yield per gram of

VS for the HRT of 4.5 days was significantly higher than 0.5 for the HRT of 3 days (t_8=−2.94; P=.02; CI=95%).

In the biopolymer-synthesizing process, the aim was to generate a stable VFA weight ratio distribution with a high VFA/SCOD ratio for an efficient PHA synthesis during the whole process. Concisely, the VFA stream with a higher dominance of even numbers of carbon atom acids means a higher 3-hydroxybutyrate monomer synthesis compared to the 3-hydroxyvalerate, which is correlated with the net prevalence of odd numbers of carbon atom acids (propionic, valeric, and isovaleric acid) [33]. As can be inferred, the stability in the VFA spectrum means a predictable and reproducible PHA monomer production. Accordingly, the physical and mechanical features of synthesized biopolymers are stable [34,35].

Figure 5 reports the weight ratio distribution of the VFAs for the 2 HRTs. The main fractions were acetic acid (38% - 42%), butyric acid (24%), caproic acid (16% - 18.5%), propionic acid (9% - 11%), and valeric acid (5%). This VFA distribution, with a major part of butyric and acetic acid, is in line with those reported in similar studies [29,31]. In this respect, the VFA weight ratio distribution is determined by the type of feedstock and food waste rather than the operational conditions.

Table . Performance parameters of two different operational conditions used in mesophilic acidogenic fermentation.

Hydraulic retention time (days)	Solubilization (Δg–soluble chemical oxygen demand/g-VS^a_0), mean (SD)	Y_{VFA}[b] (Δg-VFA/g-VS_0), mean (SD)	Ammonia release (%), mean (SD)	Phosphate release (%), mean (SD)
4.5[c]	0.28 (0.06)	0.57 (0.06)	35 (10.74)	13.7 (8.77)
3[d]	0.19 (0.05)	0.50 (0.06)	29 (0.11)	11 (0.06)

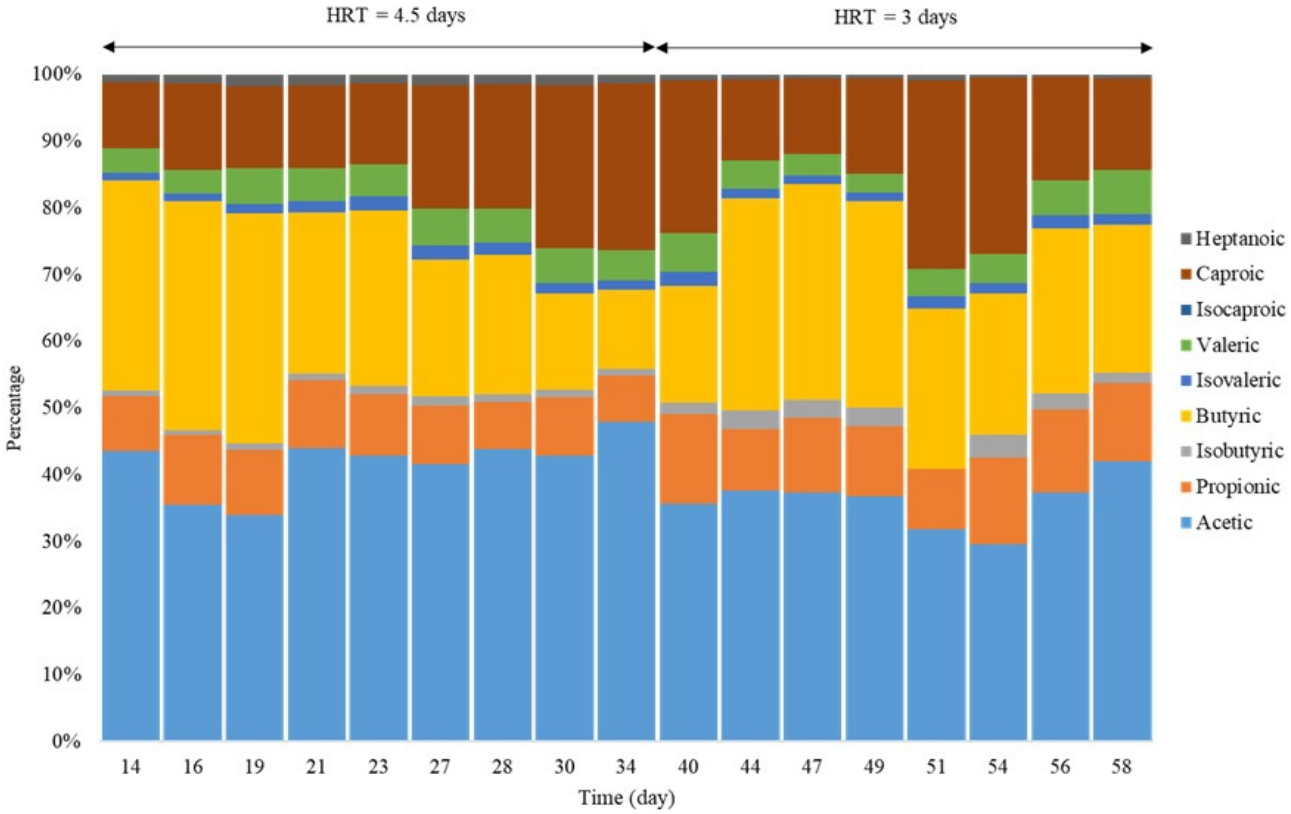
[a]VS: volatile solids.

[b]VFA: volatile fatty acid.

[c]9 measurements for solubilization (Y_{VFA}); 8 measurements for ammonia and phosphate release.

[d]9 measurements for solubilization (Y_{VFA}); 7 measurements for ammonia and phosphate release.

Figure 5. Volatile fatty acid weight ratio distribution for mesophilic acidogenic fermentation. HRT: hydraulic retention time.



Anaerobic Digestion

Table 6 summarizes the performance parameters and the results from the kinetics study for anaerobic digestion. This study obtained a remarkably high value for the hydrolysis rate (ie, 0.58, 1/d) with no lag phase. Besides, a biogas yield of 0.61 - 0.83 g-biogas/g-VS, SMP of 0.133 - 0.204 CH_4-Nm^3/kg-VS, and an average composition of 45% - 58% methane (v-CH_4/v-biogas) were obtained. According to Figure 6, adding biochar provided the desirable conditions for the growth of hydrogen using methanogenesis manifested through

a higher maximum volumetric methane content (86% vs 66% volumetric basis [v/v]).

Table . The performance indicators for anaerobic digestion and results from the kinetics study for two models: (1) first-order rate and (2) modified Gompertz.

Experiments	Specific methane production (CH_4[a]-Nm^3/kg-VS[b])	Specific gas production (CH_4-Nm^3/kg-VS)	K[c] (1/d)	R_m[d] (CH_4-mL/g-VS.d)	[e] (days)	RMSE[f] first-order (CH_4-Nm^3/kg-VS)	RMSE modified Gompertz (CH_4-Nm^3/kg-VS)	Max CH_4 content (v/v[g]), %
Without biochar	0.204	0.540	0.57	76.12	0	10.4	6.82	68.5
Biochar (0.12 g-biochar/g-)	0.133	0.567	0.69	62.42	0	5.74	5.59	86
Biochar (0.24 g-biochar/g-)	0.177	0.500	0.58	65.17	0	9.64	3.39	76.5

[a]CH_4: methane.

[b]VS: volatile solids.

[c]Hydrolysis rate.

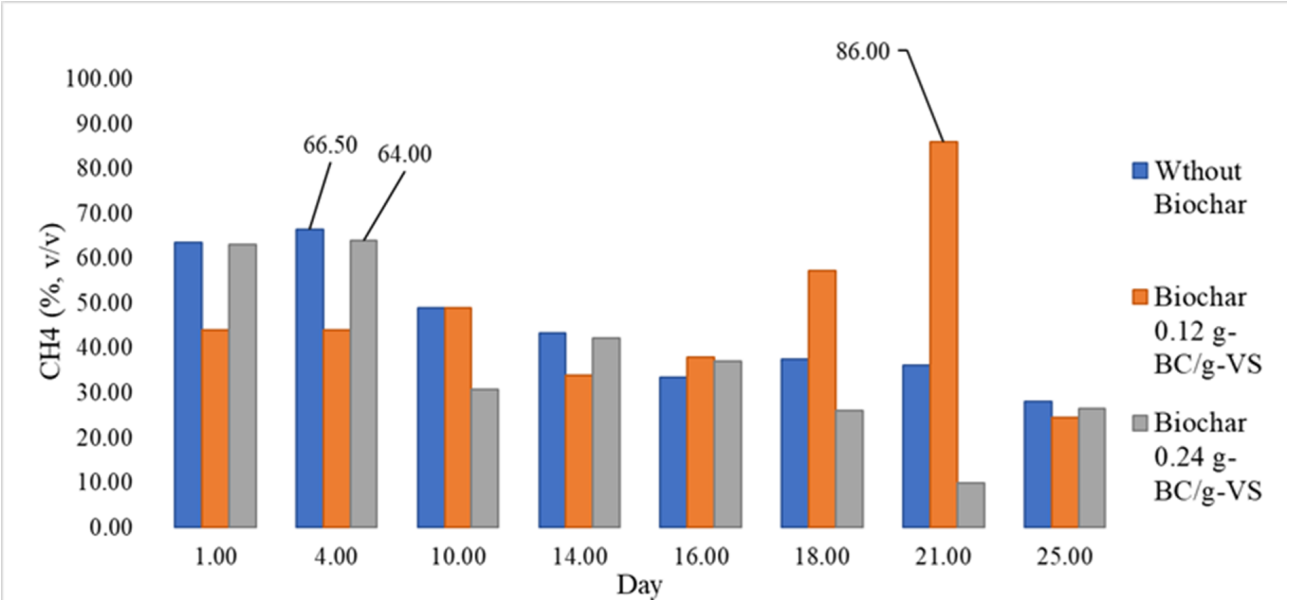
[d]Maximum methane production rate.

[e]Lag phase.

[f]RMSE: root mean squared error.

[g]v/v: volumetric basis.

Figure 6. CH_4 content in v/v for 3 different biochar dosages in anaerobic digestion. BC: biochar; CH_4: methane; VS: volatile solids; v/v: volumetric basis.



The mass flow model was adopted for 0.12 g-biochar/g-VS as the only feasible solution. Unlike other dosages, it could satisfy the assumptions for an FS/IN ratio of 0.3 at an HRT of 20 days, which was adequately long enough to let the methanogens reproduce themselves. Detailed information is available in the Excel sheet named "DIGESTER DESIGN" [27]. Besides, the high alkalinity of the biochar as reported in Table S1 in Multimedia Appendix 1 signifies a benefit of the biochar addition in limiting the concern about decreases in pH for a high OLR in full-scale implementation. Accordingly, almost 4-fold of the ordinary OLR was obtained, that is, 6.25 kg-VS/m^3.d, by minimum water dilution, knowing that the biochar could maintain the stability of the process. Therefore, the digester volume will decline at the rate of 28 L/PE. Hence, the presented mass flow line model was implemented based on the results of 0.12 g-biochar/g-VS, the weighted average composition of biomethane as 35% v/v, and the SGP as 0.56 biogas-Nm^3/kg-VS for an HRT of 20 days corresponding to an FS/IN ratio of 0.3.

Based on the root mean squared error reported in Table 6, both models were almost identical in describing biomethane production for a biochar dosage of 0.12 g-biochar/g-VS, and for simplicity, we used the first-order rate model in the feasibility study.

Technical and Economic Assessment

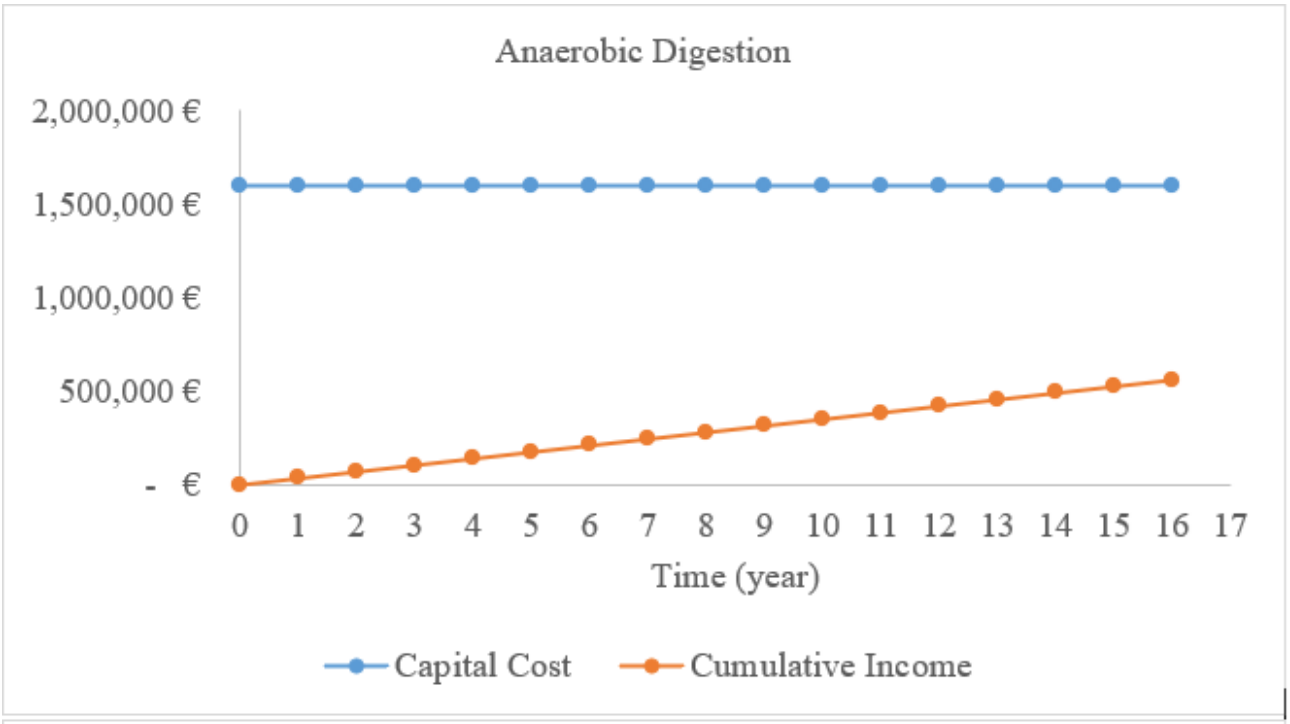
Assuming an imaginary municipality of 70,000 PEs and the amount of TS production per capita as 0.3 kg/PE per day [36], the inlet to the scale-up line would be 21,000 kg-TS per day.

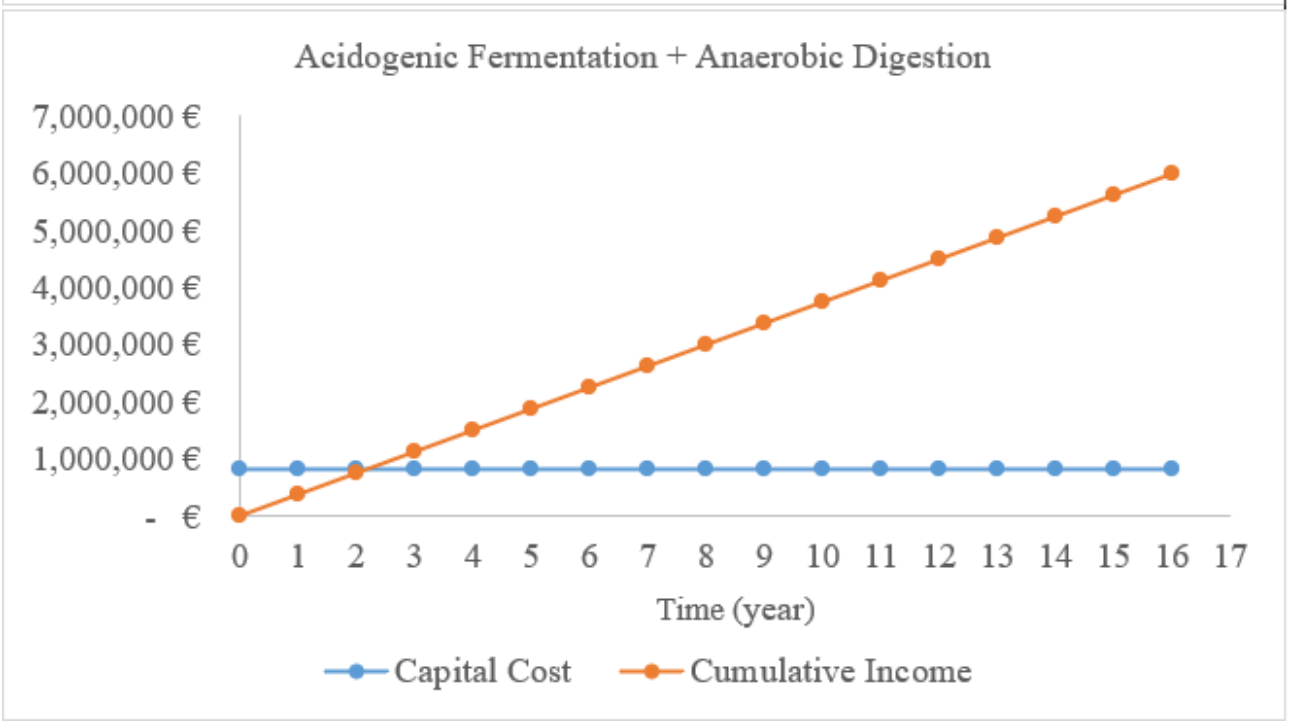
In the first scenario, the biowaste stream, after passing through the screw press and pretreatment unit, had a mass flow of 113,788 kg per day, TS of 4.1% kg/kg, and VS of 3.1% kg/kg. Then, the mixture was heated to 37 ˚C before and in the acidogenic fermenter, which was operated at an HRT of 4.5 days and OLR of 6.89 kg-VS/m^3.d. This process was performed to convert biosolids into the VFAs and SCOD at concentration levels of 30.77 g-SCOD/L and 34 g-SCOD/L, respectively. At this step, the gaseous flow rate was assumed to be zero, as an HRT of 4.5 days is short for any adequate growth of methanogens in mesophilic conditions. The stream out of the acidogenic fermenter had a mass flow rate of 113,788 kg per day, with a VFA content of 3501 kg-SCOD per day, which could be used in the PHA-synthesizing step [37]. The outlet of this step was used in the separator to gain overflow and solid cake. Later, the solid cake was minimally diluted by water before being fed into a mesophilic anaerobic digester with a biochar addition of 0.12 g-biochar/g-VS. The anaerobic digester received a TS content of 18% kg/kg and a flow rate of 18,180 kg per day, corresponding to an HRT of 20 days and OLR of 6.25 kg-VS/m^3.d. Overall, an SGP of 0.285 (Nm^3-biogas/kg-VS) was obtained assuming zero gas production in acidogenic fermentation.

In the second scenario, the fresh feedstock, after being screw-pressed, had a mass flow rate of 4678 kg-TS per day and 28% kg/kg dry matter. Then, it was diluted with water and heated before being fed into the anaerobic digester. At this step, the mass flow rate of 85,012 kg per day with a TS of 6% kg/kg entered the digester with a volume of 2125 m^3, leading to an HRT of 25 days and OLR of 1.7 kg-VS/m^3.d. The SMP of 0.311 Nm^3-biogas/kg-VS was obtained by destroying 80% of the VS.

In this study, working volumes of 512 m^3 and 364 m^3 were adopted for the acidogenic fermenter and anaerobic digester in the first scenario, respectively, and 2125 m^3 for the anaerobic digester in the second scenario. As a result, the capital cost for the presented line was almost €809,000, roughly half of the quantity for the single-step anaerobic digestion (Figure 7). Unlike the single-step anaerobic digestion that converts all VS to biogas, this novel line shared the recovery of VS between higher added-value VFAs and biogas production, and expectedly generated 10-fold higher benefits (€375,085). Consequently, the payback period was reduced by more than 20 times in 2 years (Figure 7). This period was achieved using less surplus energy (2251 megajoules [MJ]/d) for the 2-step fermentation (vs 21,567 MJ/d for the single-step anaerobic digestion).

Figure 7. Capital cost and cumulative yearly income for the two proposed scenarios. A currency exchange rate of €1=US $1.05 is applicable.





Discussion

Principal Results

We showed that multistep fermentation followed by anaerobic digestion is both economically and technically feasible. The findings indicated that producing VFAs and biogas in separate stages can significantly reduce the payback period for upcoming investments in biorefinery projects and result in the creation of a highly desired stream that is rich in VFAs. Additionally, the process stability could be maintained even at a high OLR by adding biochar and converting the VS's easily biodegradable COD content into VFAs in the first phase. This would preserve energy and water, and reduce the digester's volume.

Comparison With Previous Studies

Because of the extra pretreatment unit in this research, the VFA yield of 0.57 - 0.63 Δg-VFA/g-COD_{IN} was roughly double the value reported by Valentino et al [31] for the same OMSW.

Our results also indicate a substantial improvement in the process kinetics, which was manifested through a more than 8-fold rise in the hydrolysis rate (0.58 vs 0.07, 1/d) and a full decrease in the lag phase (0 vs 2.69 days) as opposed to the previous study by Karki et al [38]. This improvement is

attributed to the destruction of the solids structure caused by bacterial enzymes and a hot alkaline solution. Additionally, a higher active biomass per feedstock was provided using a fine-tuned FS/IN ratio of 0.3 (VS basis), which was noticeably lower than the quantities (1 and 0.5) reported in similar studies [38,39].

The values for SMP and mean methane volumetric content presented in this study are lower than those reported by Valentino et al [29] (ie, 0.25 CH_4-Nm^3/kg-VS and 63% - 64% v/v, respectively). This difference is explained by the added fresh WS, which has a higher digestible content and better nutrient balance than the fermented solids. Similarly, the SMP in this study was lower than the 0.384 CH_4-Nm^3/kg-VS found in the study by Moreno et al [39]. This study investigated the anaerobic digestion of residual solids from two steps of bioethanol production and saccharification on OMSW. In this respect, bioethanol production can only convert part of the cellulose, starch, and some dissolved carbohydrates. Consequently, a great part of the biosolids' volatile content, nearly 70%, is still available to be harvested in different biorefinery schemes compared with the one proposed in this method with 55%. Besides, the fermented OMSW would have a completely incompatible composition since it did not only come from different geographical locations (Spain and the United Kingdom) with different food habits but also underwent different biological pretreatment. Further, the multistep recovery line proposed in our study is more practicable technically. As the method studied by Moreno et al [39] requires sterilization conditions, imposing an additional operational cost and bioethanol concentration should be high enough to lower the cost of the subsequent distillation step.

Furthermore, our method for VFA production distinctively from biogas was preferable to the study by Papa et al [9], wherein the operational alteration on a single anaerobic digester was performed to obtain VFAs and biogas. These researchers asserted that the single-step recovery of biogas and VFAs was feasible by increasing the OLR while keeping the SMP of the reactor almost unaffected. The main recovery path for the VS was still biogas production in their study, which accounted for more than 90% of the VS conversion. Meanwhile, our study obtained 36% and 64% of the biogas and VFA conversion share, respectively. Further, whereas the destruction of VS of around 70% was achieved in both studies, their proposal limited the VFA distribution to propionic and butyric acid. The explanation is that some of the VFAs were converted into biogas in the same unit, which could negatively affect the PHA synthesis step later.

Conclusion and Limitations

This paper demonstrated the technical and economic feasibility of a multistep recovery line for OMSW. The results of this study indicate that the production of VFAs and biogas in distinct steps can considerably shorten the payback period for future investments in biorefinery projects and produce a highly desirable VFA-rich stream. Further, adding biochar and converting easily degradable COD content in the VS into VFAs in the first step could maintain the process stability even with a high OLR in anaerobic digestion. As a result, it leads to energy and water preservation and a decrease in the digester volume. However, consideration should be paid to the full-scale implementation since the pilot studies cannot resemble the stability of the real process. For instance, operational alterations such as raising the OLR and the addition of biochar in the full-scale implementation might perturb the process pH or the synergetic balance between the bacterial communities and stop the process completely, which was never observed in our experimental study. Further, the superb profitability of the proposed line was highly variable because our cost analysis was too simplistic and did not elaborate on all the possible associated expenditures and incomes. Besides, since many of its components were from subject matter experts rather than the pilot studies' budget, they were prone to site variations and uncertainties. Addressing the systematic uncertainty in the labor and material costs due to the changes in the supply chain issues, inflation, and site variations is beyond our scope. Moreover, caution should also be considered regarding the significance of the BMP results with the marginal difference since the number of samples was not large enough for statistical analysis. Nevertheless, the results presented in this study were prepared cautiously both technically and financially to encourage the revolution in the current state of organic waste valorization in Italy and any similar location.

In conclusion, a robust framework was proposed to assess the valorization of organic waste through experimental tests, statistical analysis, process kinetics, and mass and energy flow analysis. The findings support considerably higher profitability and, thus, a shorter payback period for the multistep fermentation than the current single anaerobic digestion. Additionally, our results encourage the circular economy perspective on converting OMSW into biogas and VFAs with the benefit of fewer residual solids due to reusing them in a pyrolysis line.

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Data Availability

The codes for statistical analysis as well as the datasets generated and analyzed during this study are available from a repository [27]. Research Data Policy Type 2 (for life sciences) by Springer Nature is distributed under the terms of the Creative Commons Attribution 4.0 International License.

Conflicts of Interest

The author declares his current expert witness position as a peer reviewer in the *Journal of Medical Internet Research*.

Multimedia Appendix 1
Supplementary table, equation, digester design, and code.
[DOCX File, 31 KB - xmed_v6i1e50458_app1.docx]

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Abbreviations

BMP: bio-methane potential

CH_4: methane
CO_2: carbon dioxide
COD: chemical oxygen demand
FS/IN: feedstock/inoculum
H_2: hydrogen molecule
HRT: hydraulic retention time
kPa: kilopascal
MJ: megajoules
MWh: megawatt-hour
N-NH_4^+: ammonium
N_2: nitrogen molecule
NaOH: sodium hydroxide
O_2: oxygen molecule
OLR: organic loading rate
OMSW: organic municipal solid waste
P: phosphorous
P-PO_4^{3-}: phosphate
PE: population equivalent
PHA: polyhydroxyalkanoate
rpm: rounds per minute
SCOD: soluble chemical oxygen demand
SGP: specific biogas production
SMP: specific methane production
TS: total solids
v/v: volumetric basis
v/v %: maximum volumetric methane content
VFA: volatile fatty acid
VS: volatile solids
WS: waste sludge
WWTP: wastewater treatment plant

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Monte Carlo Dose Estimation of Absorbed Dose to the Hematopoietic Stem Cell Layer of the Bone Marrow Assuming Nonuniform Distribution Around the Vascular Endothelium of the Bone Marrow: Simulation and Analysis Study

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Abstract

Background: Recent studies have shown that hematopoietic stem cells (HSCs) are concentrated around the endothelium of the sinusoidal capillaries. However, the current dosimetry model proposed by the International Commission on Radiological Protection (ICRP) does not account for the heterogeneity of bone marrow tissue and stem cell distribution. If the location of the hematopoietic stem cell layer differs from previous assumptions, it is necessary to re-evaluate the dose. It is especially important for short-range alpha particles where the energy deposited in the target HSC layer can vary greatly depending on the distance from the source region.

Objective: The objective of this study is to evaluate the red bone marrow doses assuming that the hematopoietic stem cell layer of the bone marrow is localized in the vascular endothelium.

Methods: A model of the trabecular bone tissues in the cervical vertebrae was developed using the Particle and Heavy Ion Transport System code. Radiation transport simulations were performed for beta and alpha radionuclides as well as noble gases, and the absorbed doses to the stem cell layer within the perivascular HSC layer of the bone marrow from inhaled radionuclides were estimated. The estimated doses were then compared with the absorbed dose based on the ICRP 60 and ICRP 103 recommendations.

Results: The absorbed doses to the bone marrow obtained from the model calculations were not significantly different from ICRP 60 and ICRP 103 for beta-nuclides. However, for alpha-nuclides, the absorbed doses were much lower than previously estimated. In addition, the contribution of red bone marrow and blood sources was greater than that of trabecular bone for alpha-nuclides. Noble gases in the red bone marrow may also affect the bone marrow stem cell layer.

Conclusions: The bone marrow dose assessment for alpha nuclides and noble gases should be re-examined using a precise model based on computed tomography images from the perspective of occupational and public radiation protection.

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KEYWORDS

stem cells; radiation; bone marrow; nuclides; noble gases

Introduction

Bone marrow is one of the most radiosensitive organs. Therefore, accurate dose assessment, considering bone microstructure and heterogeneous distribution of bone marrow tissues and cells, is critical. The International Commission on Radiological Protection (ICRP) model, currently adopted in Japan [1], assumes a homogeneous distribution of trabecular bone tissues and bone marrow stem cells.

Computational voxel phantoms have been introduced since the 2007 ICRP recommendation (ICRP 103) [2]. A precise skeletal model developed by Hough et al [3] using microcomputed tomography images of the trabecular spongiosa from an adult male cadaver has been incorporated into ICRP 133 [4]. However, hematopoietic stem cells (HSCs) are assumed to be uniformly distributed within the marrow cavities of hematopoietically active marrow [5].

Recent studies have shown that HSCs and immune cells are localized around the endothelium of bone marrow vessels [6]. One study reported that 85% of HSCs were located within 10 µm of bone marrow sinusoids in mice [7]. Kristensen et al [8] identified the microenvironment of HSCs and progenitors in the bone marrow by immunofluorescence staining of bone marrow tissue obtained from healthy volunteers. They found that the microenvironment of the HSCs is significantly enriched in sinusoids and megakaryocytes, while that of the progenitors is significantly enriched in capillaries, bone surfaces, and arteries.

Given this localized distribution of HSCs, it is necessary to re-evaluate the bone marrow dose, assuming that the HSC layer is localized around the sinusoidal capillaries of the bone marrow. This is especially important for short-range alpha particles, where the energy deposited in the target HSC layer can vary greatly depending on the distance from the source region.

Several bone marrow models have been developed for dosimetry of alpha-emitting radiopharmaceuticals, taking into account the microstructure of the bone marrow tissue. Hobbs et al [9] developed a simple geometric model of marrow cavities taking into account the distribution of bone marrow cells. They calculated the absorbed doses from ^{223}Ra in the trabecular bone surface or in the endosteal layer (layer covering the surfaces of the trabecular bone) and found that the absorbed dose was predominantly deposited near the trabecular surface and "differed markedly from a standard absorbed fraction method." Tranel et al [10] developed a cylindrical voxel bone marrow model with a blood vessel embedded in the center of the marrow and found that "the absorbed dose to the trabecular bone drops off quickly with increasing distance from the vessel wall, as the range of alphas ensures that the absorbed dose is minimal at distances greater than 100 µm." However, both studies assume a homogeneous distribution of HSCs in the bone marrow cavity. Dosimetry that accounts for the arrangement of blood vessels in the bone marrow when the source is intravascular remains a challenge.

The aim of this paper is to evaluate the bone marrow dose when HSCs are localized around sinusoidal capillaries in the bone marrow and compare it with conventional values. A geometric model of trabecular bone and bone marrow tissue was constructed at the µm scale, assuming that the HSC layer is located in the perivascular HSC layer of the sinusoids. The absorbed doses of the stem cell layer from blood and trabecular bone sources were then estimated for selected beta-nuclides, alpha-nuclides, and noble gases and compared with ICRP 60's and ICRP 103's specific absorbed fraction (SAF, fraction of radiation of energy emitted within the source region that is absorbed per mass in the target region) values. This is the first attempt at bone marrow dosimetry based on the assumption that the HSC layer is localized around sinusoidal capillaries in the bone marrow.

Methods

Geometric Modeling of Trabecular Bone and Bone Marrow Tissues

A model of the trabecular bone tissues in cervical vertebrae was created based on the data from JM-103 in the Japan Atomic Energy Agency (JAEA) Data/Code 2014 - 017 [11], using the PHITS (Particle and Heavy Ion Transport System) code version 3.17 [12]. The JM-103 data were used because a detailed weight breakdown of bone tissue and blood was not available in the ICRP 89 [13]. The cervical vertebrae were selected for modeling because they are simple in shape and easy to model.

The height of the cervical vertebrae was estimated to be 9 cm based on the following assumptions: height 171 cm, length of the spine 52 cm (about 3/10 of the height), and cervical, thoracic, and lumbar vertebrae ratio of about 2:7:3. The weight of bone tissue and blood in the cervical spine was calculated by summing the values given in the JAEA Data/Code 2014 - 017 [11]. Since the percentage of blood contained in each bone tissue was not reported, the amount of blood contained in the red bone marrow was calculated as 13.5% of the red bone marrow based on the percentages of the data reported in ICRP 89 [12] (7% of total blood for blood distributed in bone tissue and 4% for blood distributed in the red bone marrow) (Table 1). Data on the percentage of blood distributed in the sinusoids of the blood distributed in the red bone marrow were not available, so this was calculated at 89.4%, as shown in Table 2, using data from mouse bone marrow vessels by Bixel et al [14]. Material densities were set at 1.765 g/cm^3 for trabecular bone [9] and 1 g/cm^3 for red bone marrow, soft tissues, and blood.

Table . Weight of JM-103 cervical bone tissues.

Organ ID and name	Total body tissue[a] (g)	Cortical bone(g)	Trabecular bone (g)	Soft tissues (g)	Red bone marrow (g)	Blood (g)	Blood in red bone marrow[b] (g)
140 Cervical vertebra_01	0.8	__[c]	0.2	0.6	0.5	0.1	0.1
141 Cervical vertebra_02	7.1	—	3.3	3.9	2.9	0.4	0.4
142 Cervical vertebra_03	40.7	13.7	8.6	18.3	13.7	2.2	1.8
143 Cervical vertebra_04	62.5	40	—	22.5	16.9	2.8	2.3
144 Cervical vertebra_05	47.5	36.1	—	11.4	8.5	1.6	1.2
145 Cervical vertebra_06	39.5	35.6	—	4	3	—	0.4
146 Cervical vertebra_07	8.6	8.6	—	—	—	—	—
Total	206.8	134.1	12.2	60.6	45.5	7.8	6.1

[a]Total body tissue = cortical bone + trabecular bone + soft tissues.

[b]Red bone marrow 1191.6 g, blood 281.2 g: 281.2 g × 4/7/1191.6 g = 13.5%.

[c]Not available.

Table . Percentage of blood distributed in the sinusoids calculated from bone marrow vessel data of mice.

Each structure and the geometrical conditions set for the calculation.	Vessel segments (n)	Mean diameter (µm)	Cross-sectional area of blood vessels ((b/2) ^{2} × 3.14) (µm^2)[a]	Cross-sectional area of each blood vessels (c × a) (µm^2)[b]	Percentage of total cross-sectional area (%)
Arterial vessel	9	8	50.2	452.2	3.7
Postarterial capillaries	5	7.8	47.8	238.8	2.0
Intermediate capillaries	6	11.2	98.5	590.8	4.9
Sinusoidal capillaries	31	21.1	349.5	10,834.2	89.4
Total	__[c]	—	—	12,116.0	—

[a]Calculation: (mean diameter/2)2 × 3.14.

[b]Calculation: cross-sectional area of blood vessels × number of segments.

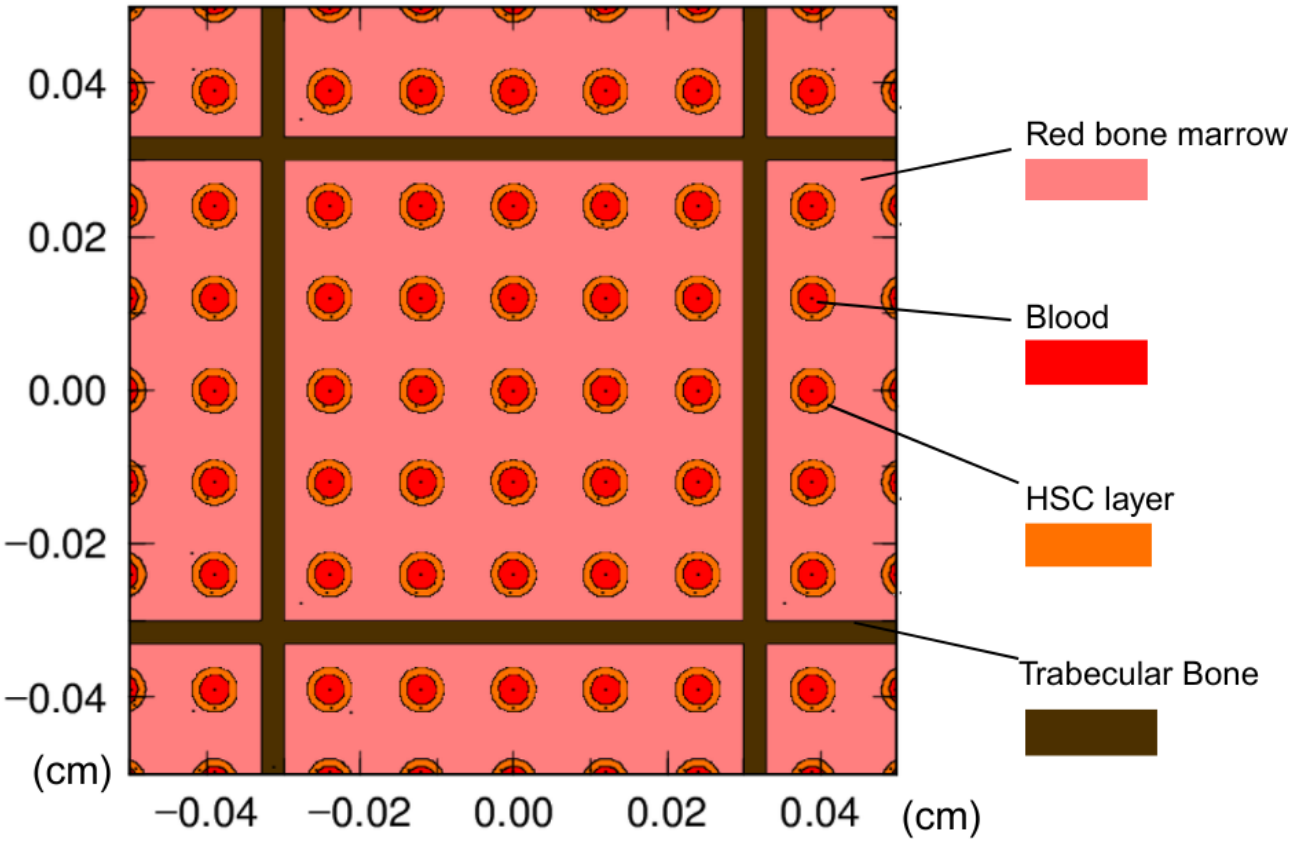
[c]Not applicable.

Based on the statement of Saladine et al [15] that sinusoids are typically 30 - 40 µm wide, the radius of the sinusoids was assumed to be 20 µm, and the number of vessels was assumed to be 40,000.

The total number of lattices was set at 1600; the internal dimension of the lattice was set at 600 µm based on the data of Parfitt et al [16]; and the external dimension of the lattice was set to 630 µm based on the weight of the trabecular bone (Figure 1).

The target part of the organ was defined as the perivascular stem cell layer 10 µm from the vascular endothelium; Acar et al [7] reported that 85% of mouse HSCs were located within 10 µm of sinusoids, and Kunisaki et al [17] reported an average distance of 14.8 µm between the vascular endothelium and HSCs. The 10 µm from the surface of the trabecular bone was defined as the trabecular surface, and the inner 30 µm was defined as the trabecular volume. Since it is impossible to model the entire trabeculae, I modeled 9 grids of 25 vessels each, for a total of 225 vessels, and multiplied the value obtained from the PHITS calculation by a factor of 40,000/225.

Figure 1. Geometry of the trabecular bone model constructed with the Particle and Heavy Ion Transport System code. HSC: hematopoietic stem cell.



Radiation Transport Simulation and Absorbed Dose Calculation

^{137}Cs, ^{131}I, and ^{90}Sr isotopes were selected for the calculation as beta-nuclides, ^{223}Ra, ^{239}Pu, ^{238}U, ^{232}Th, and ^{222}Rn as alpha-nuclides, and ^{133}Xe, ^{135}Xe, and ^{85}Kr as noble gases. Electron transport was simulated using PHITS code version 3.17 for β-radionuclides and noble gases, and alpha particles for alpha nuclides. The source regions were defined as blood, red bone marrow, trabecular bone volume, or trabecular bone based on the biokinetics of each radionuclide, and the target region was defined as the bone marrow stem cell layer 10 µm from the vascular endothelium.

For each radionuclide, electrons or alpha particles were generated in the source region, and the transferred energy distributed in the target region was calculated and converted to absorbed dose per incident particle (Gy/source). For the calculation of the beta nuclides, parameter e-type=28 was used for the source energy, which uses the DECDC [18] nuclear decay database (equivalent to ICRP 107 [19]) to obtain the energy spectra. The number of simulation trials was at least 10,000, and the statistical error in the target region was set to be less than 0.05. For the alpha radionuclide, the statistical error was set to be less than 0.5 due to the long computation time required when using the trabecular bone as a source. For ^{232}Th, the calculation was stopped with the statistical error of 0.9 because the energy distributed from the trabecular bone sources to the perivascular area was very small, which will have only a limited effect on the results and discussion even though the statistical error is relatively large. The cut-off energy for photons and electrons was set at 5 keV. Bremsstrahlung, which is a type of X-radiation emitted by charged particles when they collide or near an atomic nucleus, was included in the simulation using the Electron Gamma Shower [20] mode.

Calculation of the Number of Decays in Each Compartment

Assuming that 1 Bq (the International System of Units (SI) unit of radionuclide activity is the becquerel (Bq); 1 Bq=1 transformation/second) of radionuclide was inhaled, the number of decays in each compartment was calculated with R version 4.0.3 (R Foundation for Statistical Computing) [21] using the deSolve code [22] and the transfer coefficients presented in ICRP 56 [23], 67 [24], and 69 [25] for the current model, and those in ICRP 134 [26], 137 [27], and 141 [28] for the ICRP 103 model. The number of decays in each compartment of radionuclides transferred from the lungs to the blood was calculated for 15,800,000 minutes (10 years) for long-lived radionuclides and approximately 10,000 minutes for short-lived radionuclides. The choice of 10 years for long-lived nuclides instead of 50 years was made because of the limitations of the PC‘s performance (Intel Core i5-3337U CPU 1.8 GHz, with 7.90 GB of RAM), and 10,000 minutes for short-lived radionuclides.

For noble gases, the ICRP presents only a kinetic model for the radon dissolved in blood vessels and transported into the body. Since xenon and krypton are relatively easy to distribute in fat [29,30] as is radon [31], the transfer coefficients of radon were used for ^{133}Xe, ^{135}Xe, and ^{85}Kr. Considering that the solubility of radon in water is twice that of xenon and 4 times that of

krypton, it was assumed that 1/2 of the xenon and 1/4 of the krypton would be transferred to the blood.

The number of decays in red bone marrow blood was assumed to be proportional to the blood volume, which was 0.18% of the number of decays in whole body blood (red bone marrow blood volume in the cervical spine (volume of blood in red bone marrow of the cervical spine= 6.1g. volume of total blood in JM-103 model=3,410g. 6.1 g/3,410g=0.18%).

Calculation of the Dose Absorbed in the Perivascular Stem Cell Layer of the Bone Marrow After Inhalation of Radionuclides

Assuming that 1 L of air was inhaled after 1 hour of exposure to air containing 1 Bq/m^3 of radionuclides, the dose absorbed in the bone marrow perivascular stem cell layer was estimated by multiplying the absorbed dose determined in the section "Radiation Transport Simulation and Absorbed Dose Calculation" by the decay number calculated in the section "Calculation of the Number of Decays in Each Compartment."

Results

The absorbed doses calculated from the trabecular bone model and the comparison with the SAFs of ICRP 60 and ICRP 103 are shown in Multimedia Appendices 1-3. The absorbed dose to the perivascular HSC layer from each source was calculated for beta radionuclides (^{137}Cs, ^{131}I, and ^{90}Sr) and compared with the doses estimated using the SAF and transfer coefficients in ICRP 60 and ICRP 103, presented in Multimedia Appendix 1.

The calculation results for alpha radionuclides (^{223}Ra, ^{239}Pu, ^{238}U, ^{232}Th, and ^{222}Rn) are presented in Multimedia Appendix 2. For ^{222}Rn, only results for the PHITS trabecular bone model are shown as SAFs for radon are not provided in ICRP 60 and ICRP 103.

Results for noble gases (^{133}Xe, ^{135}Xe, and ^{85}Kr) are shown in Multimedia Appendix 3. As SAFs for noble gases are not provided in ICRP 60 and ICRP 103, only results for the PHITS trabecular bone model are shown. Table 3 summarizes the total absorbed doses to the perivascular HSC layer obtained from the PHITS calculation for each nuclide and the comparison with the ICRP 60 and ICRP 103 estimates.

Table . Summary of the calculated absorbed doses to the perivascular hematopoietic stem cell layer.

Nuclides	PHITS[a] model (Gy/source)	ICRP 60 (Gy/source)	ICRP 103 (Gy/source)	ICRP 60/PHITS	ICRP 103/PHITS
Beta-nuclides					
^{137}Cs	7.67E-09	6.83E-09	8.41E-09	0.9	1.1
^{131}I	4.26E-12	1.28E-11	4.01E-12	1.8	0.9
^{90}Sr	1.96E-08	3.43E-08	3.92E-08	1.4	2.0
Alpha-nuclides					
^{223}Ra	1.88E-10	3.92E-09	8.19E-10	20.9	4.4
^{239}Pu	1.32E-06	1.92E-05	3.23E-06	14.6	2.5
^{238}U	4.45E-10	9.70E-08	1.03E-08	217.8	23.1
^{232}Th	6.38E-07	2.26E-05	2.32E-06	35.4	3.6
^{222}Rn	1.69E-11	—[b]	—	—	—
Noble gases					
^{133}Xe	2.37E-13	—	—	—	—
^{135}Xe	3.63E-13	—	—	—	—
^{85}Kr	1.65E-13	—	—	—	—

[a]PHITS: Particle and Heavy Ion Transport System.

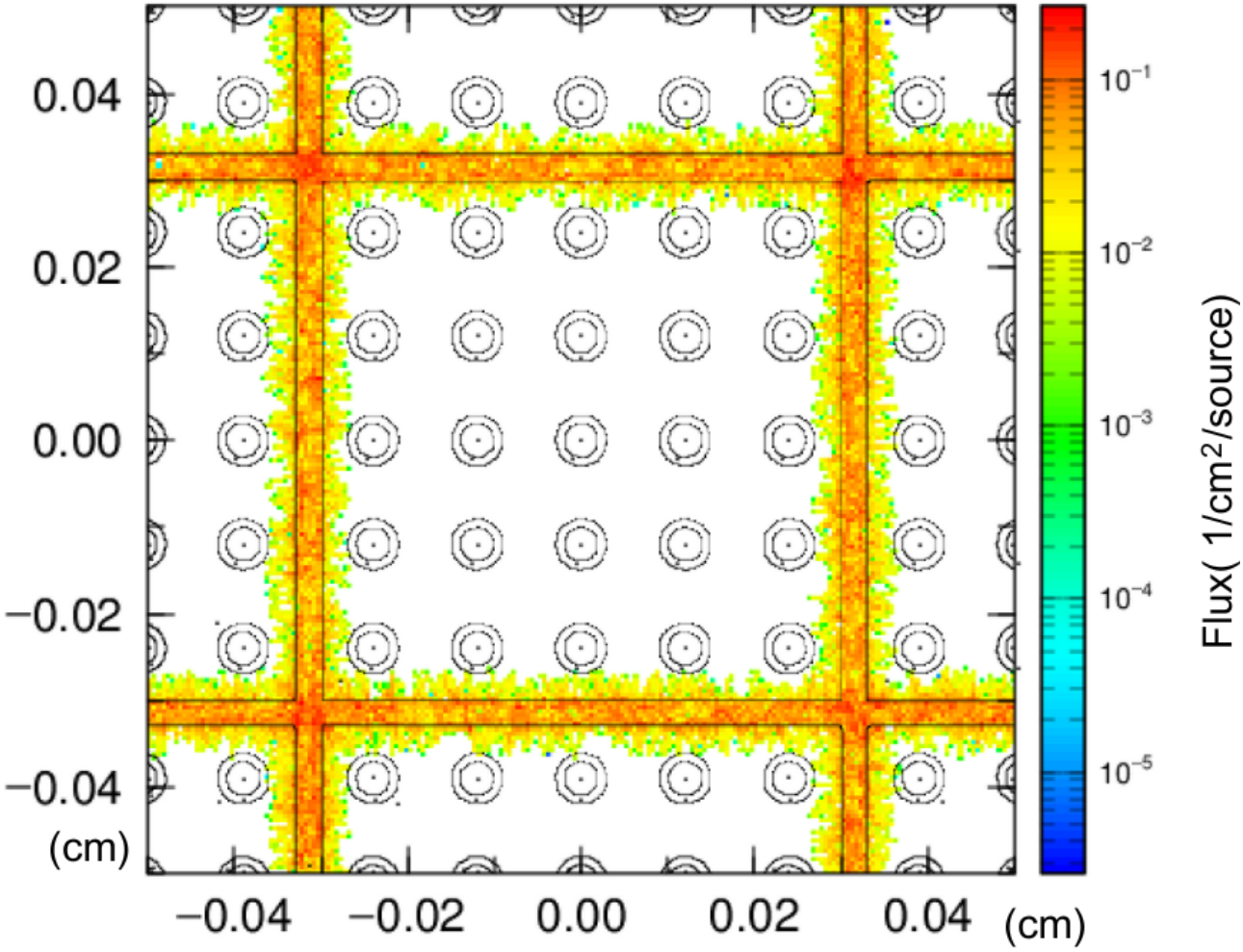
[b]Not available.

Discussion

The results show that the absorbed doses to the bone marrow obtained from the model calculations were not significantly different from ICRP 60 and ICRP 103 for beta-nuclides. In contrast, for alpha-nuclides, the absorbed doses were much lower than previously estimated. For β-nuclides, the absorbed dose per decay was higher in the PHITS model for all 3 nuclides, but the absorbed dose was almost the same as in ICRP 60 because the number of decays in each compartment changed significantly due to changes in the biokinetic model and transfer coefficients.

For the alpha nuclides, few particles reached the perivascular HSC layer from the trabecular bone source due to their short range (Figure 2, nuclide: ^{239}Pu, source organ: trabecular surface). This is consistent with the report by Tranel et al [10] that the range of alphas ensures absorbed dose is minimal at distances greater than 100 µm. Most of the dose to the perivascular HSC layer came from either the red bone marrow source or the blood source. Therefore, the dose calculated by the PHITS model was lower than the dose assessment based on the ICRP 60 recommendation, which assumes an absorbed fraction of 0.5 for the source trabecular surface and 0.05 for the trabecular bone volume. Compared to the dose estimated using the ICRP 103 SAF, the difference was smaller, about 2 to 23 times lower. Evaluation of alpha nuclides using a more accurate model is needed.

Figure 2. Particle and Heavy Ion Transport System simulation of ^{239}Pu deposited on the trabecular bone surface to the perivascular hematopoietic stem cell layer.



If HSCs are located in the perivascular HSC layer of the red bone marrow and are less susceptible to alpha radionuclides in bone sources, as suggested in Multimedia Appendix 2, the internal doses of alpha nuclides in epidemiological studies to date have been overestimated, and the actual doses to the red bone marrow may be lower. ^{223}Ra has been used for the treatment of prostate cancer, and red bone marrow doses have been evaluated by Lassmann and Nosske [32], but actual doses may be lower. As with ^{222}Rn, red bone marrow sources affect the stem cell layer. Radon biokinetics and bone marrow absorbed doses need to be evaluated, as reported by Sakoda et al [33].

Noble gases, for which internal exposure is not currently assessed, have lower absorbed doses per decay than beta and alpha nuclides, but exposure to large quantities may have radiation effects on the bone marrow stem cell layer. This may contribute to the radiation exposure of people living near accidents and nuclear power plants, where the effects of radiation exposure are controversial. A large amount of ^{133}Xe was released into the environment during the Three Mile Island accident in 1979, but the exposure of nearby residents to xenon was assessed only for external exposure; internal exposure was not included in the radiation doses. Datesman [34] noted the discrepancy between the results of physical dosimetry and biodosimetry by cytogenetic analysis of residents living near the Three Mile Island nuclear power plant. Noble gases are 10 times more soluble in lipids than in nonlipid tissues [35], and Wang et al [36] reported that bone marrow fat accounts for about 10% of total fat in healthy adults. It has also been reported that bone marrow adipocytes are located adjacent to sinusoidal blood vessels and are hematopoietic [37]. The biokinetics of xenon and other noble gases in the body and the assessment of

exposure to the bone marrow stem cell layer should be considered.

In terms of limitations, the trabecular bone model used in this paper is a simple model of part of the cervical vertebrae, although it is based on available human data. The model does not reflect differences in the mass of bone tissues according to location. The masses of bone tissues vary widely according to location in the bone, as shown in Table 4. The ratio of bone marrow and blood differs depending on the part of the bone, so the results obtained from the cervical vertebra model cannot be applied to the whole body. However, it is certainly necessary to perform a dose assessment that takes into account the fine structure of the bone and the location of the HSCs. A precise model based on microcomputed tomography images is required for dosimetry. In addition, since the transfer coefficients for noble gases are estimated from the coefficients for radon, it is necessary to construct a pharmacokinetic model based on actual measurements.

Table . Masses of bone tissues and blood of JM-103 by anatomical location.

Organ	Mass (g)						RBM/body tissue (%)	Blood/body tissue (%)
	Body tissue	RBM[a]	Cortical bone	Trabecular bone	Soft tissues	Blood		
Cranium	1346	91	774	308	264	28	6.8	2.0
Mandible	165	9	80	52	33	3	5.6	2.1
Cervical Vertebra	207	45	134	12	61	8	21.9	3.8
Thoracic Vertebra	654	187	315	77	262	32	28.7	4.9
Lumbar Vertebra	590	143	222	118	249	30	24.3	5.1
Sacrum	261	115	128	12	120	14	44.2	5.5
Clavicles	111	10	52	28	32	3	8.6	2.3
Scapulae	310	34	143	70	97	8	11.0	2.7
Sternum	107	36	39	21	47	6	33.9	5.2
Ribs	945	187	325	226	394	48	19.8	5.0
Os Coxae	1057	221	388	258	412	38	20.9	3.6
Humeri	589	29	282	122	193	10	4.9	1.7
Forearm	361	0	205	55	100	3	0.0	0.9
Wrist-Hand	220	0	115	36	69	2	0.0	1.0
Femora	1653	84	665	440	547	24	5.1	1.5
Tibiae-Fibulae-Patellae	1563	0	669	367	527	16	0.0	1.0
Ankle-Foot	872	0	299	262	313	9	0.0	1.0
Os Hyoideum	4	0	2	1	1	0	8.2	2.3
Total	11,014	1192	4837	2466	3721	281	10.8	2.6

[a]RBM: red bone marrow.

The bone marrow doses calculated with the PHITS trabecular bone marrow model, which assumes that the stem cell layer is located in the perivascular HSC layer of the sinusoids, showed that the absorbed doses from the bone marrow source and from the blood source were greater than those from trabecular bone sources for alpha nuclides. The total absorbed dose was lower than that estimated from the current ICRP models. The bone marrow dose assessments from internal exposure should be re-examined using a more detailed model of the trabecular bone marrow cavity, assuming heterogeneous distribution of HSCs and other bone marrow cells. It is also necessary to assess the effects of fat-soluble noble gases on HSCs in the bone marrow.

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Conflicts of Interest

None declared.

Multimedia Appendix 1
Absorbed doses to the perivascular hematopoietic stem cell layer for beta radionuclides calculated with the Particle and Heavy Ion Transport System model and comparison with doses estimated using specific absorbed fraction and transfer coefficients in ICRP 60 and ICRP 103.
[DOCX File, 30 KB - xmed_v6i1e68029_app1.docx]

Multimedia Appendix 2
Absorbed doses to the perivascular hematopoietic stem cell layer for alpha radionuclides calculated with the Particle and Heavy Ion Transport System model and comparison with doses estimated using specific absorbed fraction and transfer coefficients in ICRP 60 and ICRP 103.
[DOCX File, 39 KB - xmed_v6i1e68029_app2.docx]

Multimedia Appendix 3
Absorbed doses to the perivascular hematopoietic stem cell layer for noble gases calculated with the Particle and Heavy Ion Transport System model.
[DOCX File, 19 KB - xmed_v6i1e68029_app3.docx]

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Abbreviations

HSC: hematopoietic stem cell
ICRP: International Commission on Radiological Protection

JAEA: Japan Atomic Energy Agency
PHITS: Particle and Heavy Ion Transport System
SAF: specific absorbed fraction

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Levels and Predictors of Knowledge, Attitudes, and Practices Regarding Contraception Among Female TV Studies Undergraduates in Nigeria: Cross-Sectional Study

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Abstract

Background: Access to contraception is a preventive measure against unplanned pregnancy and sexually transmitted infections; especially in sub-Saharan Africa where unmet need is a public health concern.

Objective: This study assessed the levels and predictors of knowledge, attitudes, and practices regarding contraception among female TV studies students in Nigeria.

Methods: This is a cross-sectional study conducted among female students of NTA TV College, Nigeria. Categorical sociodemographics, knowledge, attitude, and practice were presented as frequencies and proportions, while the continuous variables were presented as summary measures of central tendencies and dispersions. The primary outcome variable was the practices regarding contraception, while attitude and knowledge were secondary outcome variables, with sociodemographics as covariates. Predictors of good knowledge, attitude, and practice regarding contraception were determined by multivariable binary logistic regression, which was preceded by a bivariate regression analysis to determine candidate variables for the final model. A *P* value <.05 was determined to be statistically significant.

Results: There were 217 study participants with an average age of 22 (SD 2.6) years. Levels of good knowledge, attitude, and practice regarding contraception were reported in 55.3% (n=120), 47.5% (n=103), and 50.7% (n=110) of participants, respectively. The majority have had sex, used friends and the internet as their main sources of contraceptive information, and commonly used contraceptives such as condoms and oral contraceptive pills. The most common reason for not using contraceptives was fear of side effects or health risks. Being a young adult was a significant predictor (adjusted odds ratio [aOR] 2.6, 95% CI 1.0 - 6.7; *P*=.04) of good knowledge, while being a diploma student (aOR 2.4, 95% CI 1.2 - 4.6; *P*=.01), living off campus (aOR 2.1, 95% CI 1.0 - 4.4; *P*=.04), and good knowledge (aOR 3.8, 95% CI 2.1 - 6.9; *P*<.001) were significant predictors of good attitude. Being from the state's indigenous population (aOR 2.4, 95% CI 1.2 - 4.6; *P*=.01) and having engaged in sex (aOR 24.5, 95% CI 7.9 - 75.7; *P*<.001) were significant predictors of good contraception use.

Conclusions: Our study has shown relatively low levels of good knowledge, attitude, and practice regarding contraception and their predictors. Therefore, there is an urgent need to consistently improve advocacy, curricular development, and policies to improve knowledge, attitude, and practice regarding contraception and sexual and reproductive health services among young people.

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KEYWORDS

knowledge; attitudes; practice; contraception; regression; cross-sectional; female; students; Nigeria

Introduction

Worldwide, the proportion of women with unmet needs for modern contraception is highest in sub-Saharan Africa—twice the world's average [1]. This unmet need reportedly leads to unwanted pregnancies, unsafe abortions, and the limited ability of women to advance educationally, career-wise, and economically. The use of contraceptives should be a right-based issue that is necessary for ensuring informed choices regarding family planning. Correct use can significantly improve women's reproductive health and well-being [2]. Contraception can be an important measure against unintended pregnancy, abortion, and sexually transmitted infections (STIs), especially among young people. Recent efforts in the last decade have sought to reduce unmet needs among women and girls [3].

The proportion of youth (aged 15 - 35 years) in Nigeria is reported to be about half of the population, with about 57% who have never married [4]. This group constitutes the highest proportion of those who join the higher education system yearly. Though this group is the most sexually active and has higher contraceptive use rates, they also have the highest level of unmet needs among all population groups [5-8]. They are more likely to have premarital sex, often without protection; early, multiple, and short-lived intimate relationships; limited knowledge of sexuality issues that are required for a healthy sex life and reduction in the risk of teenage pregnancy, unsafe abortions, and STIs; and less likely to discuss family planning issues with health care providers [6,8], which poses public health and social problems in many lower- and middle-income countries, with many studies indicating increasing incidence of unsafe abortion, STIs including HIV/AIDS, violence against girls, and pregnancy-related morbidity and mortality [8-10]. Unintended and unwanted pregnancy among university students may jeopardize their academic pursuit and potential future careers.

Despite the increased accessibility of contraceptives at health facilities across the country, use remains low among young females. General uptake varies across the region, with the North Central region having the most unmet needs. Girls faced more challenges accessing contraceptives than women living with intimate partners due to the associated stigma associated with their premarital sexual activities [1,6,8,11]. Additionally, they are faced with limited access to health-related information about contraception, with regional variations, with their perception being guided by the prevailing sociocultural norms and peer influence [1,6,8]. Thus, young people lack the needed self-efficacy to negotiate a healthy sexual encounter.

Several studies have reported contraceptive knowledge, attitude, and practice among various groups of young people. Recent reports have shown that exposure to mass media communication regarding family planning increases the likelihood of use in sub-Saharan Africa [12]. With Nigeria's high fertility rate and a corresponding maternal mortality rate [6,13,14], efforts should be geared at increasing and monitoring access to family planning information and services among young women to ensure a healthy reproductive life and general well-being.

Unfortunately, there is currently a curricular deficit in the training of TV/broadcast undergraduates on health communication in Nigeria, which will continue to perpetuate professional incapacitation of future practitioners, such as limited knowledge of health issues, and the interpretation and contextualization of such to a target audience [15]. Exposure to mass media has been shown as a proven means of improving knowledge, positive attitude, advocacy, and self-efficacy for contraception use. Appropriate, adequate, and consistent training of TV producers, anchors, and writers, and other creative writers will ensure accurate and reliable health information dissemination and improve reproductive health outcomes and accountability [16].

Additionally, little is known about contraceptive knowledge, attitude, and practice among tertiary education students in mass communication, journalism, and TV studies disciplines, who may be involved in the conceptualization, development, and implementation of information, communication, and education programs, and mass media campaign activities regarding contraception among communities and the nation in the future. The state where the study was done has been shown to have the highest level of unmet needs in Nigeria's North Central region among married females [6]; therefore, there is a need to assess contraceptive behavior among the study population. This study assessed the level and predictors of contraception knowledge, attitudes, and practices of female TV studies students in Nigeria.

Methods

Overview

This is a cross-sectional study. The conceptual theory for this study is the health belief model. There are 7 constructs in the model, which were applied to the use of contraceptives among the study participants. Perceived susceptibility to unwanted pregnancy may make an individual evaluate the perceived severity or consequences of unintended pregnancy. This may drive the individual to evaluate the perceived benefits of contraceptive use to prevent the perceived threat of contraceptive nonuse. Perceived barriers to contraceptive use will be thoroughly evaluated to decide on the feasibility of contraceptive use. However, because human behavioral change takes time, there will be the need to remind individuals to adopt and maintain contraceptive use often (cues to action) via mass media, information and communication technology, family and peers, and the development of self-efficacy for contraceptive use [17].

Study Area

Plateau State is located in the North Central part of Nigeria. It covers a land area of 26,899 km^2, with an estimated population of about 4.9 million [18]. It has over 40 ethnolinguistic groups,

and each group has its distinct language. English and Hausa are common spoken languages in Plateau State. It is bounded in the northeast by Bauchi State, the northwest by Kaduna, the southwest by Nasarawa, and the southeast by Taraba State. Though situated in a tropical area, it has a near-temperate climate due to its high altitude. It has 17 local governments of which Jos North, Jos South, and Jos East make up the Jos metropolis. It has 12 higher institutions awarding various postsecondary school certificates, among which are 5 specialized educational institutions including NTA TV College [19].

NTA TV College was created in 1980 to meet the need to train the TV workforce to meet broadcast challenges in Nigeria. It is located in Rayfield, Jos South Local Government Area, Jos, Plateau State. From the beginning, it was concerned with the conduct of continuous professional development and short courses for TV industry stakeholders. It was later upgraded to offer diploma and degree programs. Nigeria's only higher institution of TV studies is currently affiliated with Ahmadu Bello University, Zaria-Nigeria, to offer a mass communication degree in TV production and journalism [20].

Study Population

The study population was female students of NTA TV College who gave their consent to participate in the study. Female students of NTA TV College who withdrew their consent to participate at any stage of the study and those who were not available for one reason or the other during the research were excluded from the study.

Sample Size Determination

Calculation of the sample size was determined using the Cochran sample size determination formula [21], mathematically expressed as:

$$n = z^2pq/d^2$$

Where n is the minimum sample size, z is the standard normal deviate at a 95% CI (1.96), p is the proportion of female undergraduates who are aware of contraception (0.84) [22], q is the alternate probability (1 – 0.84 = 0.16), and d is the precision (5%=0.05). Therefore, 206 was the estimated sample size. After adjusting for 10% nonresponse, the estimated sample size was 227.

Sampling Technique

The female students were selected using a simple random technique by balloting from the six levels during classes in the college using a proportionate approach. There were about 1021 students at the time of the study, with 220 in Ordinary National Diploma (OND) 1 (n=47, 21.7% of final sample), 208 in OND 2 (n=44, 20.3% of final sample), 29 in 100L (n=6, 2.8% of final sample), 184 in 200L (n=39, 18% of the final sample), 215 in 300L (n=46, 21.2% of the final sample), and 165 in 400L (n=35, 16.1% of final sample).

Study Instrument and Data Collection Methods

Data were collected from the female students of NTA TV College by the research team using a semistructured self-administered questionnaire after informed written consent was obtained (Multimedia Appendix 1). The questionnaire is divided into four sections: social demographic characteristics, knowledge of contraception, attitudes toward contraceptives, contraceptive practices, and sexual behavior. The questionnaire was pretested and pilot-tested among female students at the National Film Institute Jos, which has a comparable population to our study population, to identify errors, test the fidelity of the research process and the feasibility of the study, and observe the understandability of the research tools by the research participants during the pilot.

Data Management and Analysis

The data obtained were entered and analyzed using SPSS (version 25; IBM Corp). Qualitative data such as sex and religion were presented using frequencies and percentages, while quantitative data were presented using means and SDs, except when not normally distributed. Age was categorized as adolescents (≤19 years), according to the World Health Organization and published literature [8,23], and young adults (>19 years), according to the classification of the study population by Statistics Canada [24]. The average scores were used to compute the levels of contraception knowledge, attitudes, and practice, with scores less than the average classified as poor and those equal to or greater than the average score classified as good. The primary outcome variable is contraception practices, while attitude and knowledge were secondary outcome variables. Sociodemographics, knowledge, and attitude served as covariates or independent variables, as applicable. Simple logistic regression was used to determine the factor that is associated with contraception knowledge, attitudes, and practices, and to determine the candidate variables for the multivariable analysis. Variables with less than 10% probability were selected and added to the omnibus model to determine the predictors of contraception knowledge, attitudes, and practices. A P value <.05 was considered significant. Model characteristics and fitness for each multivariable logistic regression are stated with each result.

Ethical Considerations

Ethical clearance was obtained from the Jos University Teaching Hospital Research and Ethics Committee (JUTH/DCS/IREC/127/XXXI/2619). Written informed consent was obtained before participation, which was voluntary, and clients were free to withdraw consent at any point. There was no potential hazard to the study participants that might warrant exclusion or treatment. Data collection was self-administered to prevent interference by a third party when there was no other person to ensure privacy. No identification entries (name, phone numbers) were allowed. All study participants were assured that the data would be used for academic and research purposes only. No compensation was given, except for the health education on contraception after the final data collection.

Results

There was a 95.6% (217/227) response rate among study participants.

Table 1 shows the sociodemographic characteristics of the 217 participants. The majority were young adults, with an average age of 21 (range 17-32) years. The majority were either single

or separated (n=198, 91.3%), with singles being 90.8% (n=197) and separated respondents being 0.5% (n=1) of the total study population. The majority were of the Christian faith, and a little more than 10% were of the Islamic faith. Though more students were out of state compared to their ethnic origin, they were mostly in-state residents. More students were in degree programs and earned less than the minimum wage. More than two-thirds were TV journalism students, and more than three-quarters lived off campus.

Table . Sociodemographic characteristics of study participants (n=217).

Variable	Values
Age (years), mean (SD)	21.9 (2.6)
≤19 years (adolescents), n (%)	34 (15.7)
>19 years (young adults), n (%)	183 (84.3)
Marital status, n (%)	
Single/separated	198 (91.3)
Married	19 (8.7)
Religion, n (%)	
Christianity	186 (85.7)
Islam	31 (14.3)
Tribe/ethnicity, n (%)	
Plateau indigenous	91 (41.9)
Plateau nonindigenous	126 (58.1)
Program, n (%)	
Diploma	91 (41.9)
Degree	126 (58.1)
Level in school, n (%)	
OND1[a]/OND2 (early classes)	91 (41.9)
100L/200L (middle classes)	45 (20.7)
300L/400L (older classes)	81 (37.3)
Monthly income[b] (n=149), median (IQR)	17,500 (10,000- 23,000)
< 18,000, n (%)	76 (51.0)
≥ 18,000, n (%)	73 (49.0)
Home residence (n=201), n (%)	
Plateau State	126 (62.7)
Outside Plateau State	75 (37.3)
School residence (n=215), n (%)	
Campus	50 (23.3)
Off campus	165 (76.7)
Department (n=214), n (%)	
TV journalism	149 (69.6)
TV production	65 (30.4)

[a]OND: Ordinary National Diploma.

[b]A currency exchange rate of US $1= 415 is applicable as of February 18, 2022.

Table 2 shows the level of contraception knowledge, attitudes, and practices among study participants. The classification was based on the use of average scores, with the good class having at least the average score and the poor class having less than the average score. It shows that just above half reported good knowledge, attitude, and practices. The average score of contraception knowledge, attitudes, and practices were 50%, 71.3%, and 35%, respectively. Almost three-quarters (160/217, 73.7%) have had sexual intercourse.

Table 3 shows the sources of information on contraception among the participants. It shows that friends (83/236, 35.2%)

and the internet (81/236, 34.3%) were the most common sources of information on contraception (with 43/236, 18.2% using Google search and 38/236, 16.1% accessing contraceptive information via social media), which was followed by family. The least used sources were newspapers and magazines.

Table . Level of knowledge on, attitudes toward, and practices of contraception and engagement in sexual activity among study respondents (N=217).

Variables	Values
Knowledge level, n (%)	
Poor knowledge	97 (44.7)
Good knowledge	120 (55.3)
Average knowledge score (%), median (IQR)	50.0 (33.0-58.0)
Attitude level, n (%)	
Good attitude	103 (47.5)
Poor attitude	114 (52.5)
Average attitude score (%), mean (SD)	71.3 (10.6)
Practice level, n (%)	
Poor practice	107 (49.3)
Good practice	110 (50.7)
Average practice score (%), median (IQR)	35.0 (28.0-52.0)
Sexual behavior, n (%)	
Ever had sexual intercourse	160 (73.7)
Never had sexual intercourse	57 (26.3)

Table . Sources of information on contraception among study respondents (n=236).

Source[a] of contraception information	Responses, n (%)
Family	29 (12.3)
Friends	83 (35.2)
Print media newspaper	8 (3.4)
Print media magazines	7 (3.0)
Internet: Google	43 (18.2)
Internet: social media	38 (16.1)
Broadcast media TV	20 (8.5)
Health facility	8 (3.4)

[a]Participants could pick more than one source of contraceptive information, and a multiple-response analysis was done.

Table 4 shows the specific contractive methods currently being used or that were ever used among study participants. Only 85 of the 217 (39.2%) respondents disclosed the specific contraception being used. It shows that condoms (37/85, 44%) and oral contraceptive pills (OCPs; 31/85, 36%) were the most common contraceptives used by students at NTA TV College. Others, which accounted for 4.7%, have used implants, emergency contraception (EC), and other unnamed forms of contraception.

Table . Specific contraceptives currently being used or ever used among study respondents (n=85).

Variables	Responses, n (%)
Condom	37 (44)
Oral contraceptive pill	31 (36)
IUCD[a]	1 (1)
Injectable	3 (4)
Withdrawal	2 (2)
Calendar method	5 (6)
Billings	2 (2)
Others	4 (5)

[a]IUCD: intrauterine contraceptive device.

Table 5 shows the reasons why respondents do not use contraceptives. It shows that the most common reason why respondents will not use contraceptives is because of side effects, distantly followed by the perception that it increases the risk of health issues and because they are single.

Table . Reasons why respondents will not use contraceptives among study respondents (n=118)[a].

Response	Responses, n (%)
Accessibility	1 (0.8)
Based on the objection of the partner	5 (4.2)
Because I am single	11 (9.3)
Because I don’t intend on having sex	6 (5.1)
Because I don’t need it	5 (4.2)
Because of the side effect	35 (29.7)
Contraceptives sometimes are not 100% guarantee	3 (2.5)
Cultural believe	2 (1.7)
Delays pregancy	8 (6.8)
Don’t need it	7 (5.9)
I don’t know	6 (5.1)
I have used it before	2 (1.7)
I love my life	1 (0.8)
I need child	4 (3.4)
It damages the womb	5 (4.2)
It depends on your fertility	1 (0.8)
It increase the risk of health issues	12 (10.2)
It makes people gain weight	1 (0.8)
Religious belief	2 (1.7)
I calculate my fertile days	1 (0.8)

[a]Participants could pick more than one source of contraceptive information, and a multiple-response analysis was done.

Table 6 shows the predictors of contraception knowledge among study participants with the model characteristics of the multivariable logistic regression. In the bivariate analysis, being a young adult (odds ratio 3.6, 95% CI 1.6-8.0) was associated with good knowledge compared to being an adolescent in the study population. Additionally, being in the middle classes (100L/200L) was associated with good contraception knowledge compared to those in the older classes (300L/400L). The multivariable logistic regression showed that being a young adult (aged >19 years) was a significant predictor of good knowledge of contraception (adjusted odds ratio [aOR] 2.6, 95% CI 1.0-6.7; *P*=.04) compared to being an adolescent (aged ≤19 years) among the study population.

Table . Predictors of contraception knowledge among study respondents.[a]

Variable	β	OR[b] (95% CI)	*P* value	β	aOR[c] (95% CI)	*P* value
Age						
>19 years (young adults)	1.3	3.6 (1.6 - 8.0)	.002[d,e]	1.0	2.6 (1.0 - 6.7)	.04[d]
≤19 years (teenagers; reference)	—[f]	1	—	—	1	—
Marital status						
Single/separated	0.6	1.8 (0.7 - 4.6)	.23	—	—	—
Married (reference)	—	1	—	—	—	—
Religion						
Islam	0.1	1.1 (0.5 - 2.5)	.74	—	—	—
Christianity (reference)	—	1	—	—	—	—
Tribe/ethnicity						
Plateau indigenous	0.3	1.3 (0.8 - 2.3)	.31	—	—	—
Plateau nonindigenous (reference)	—	1	—	—	—	—
Program						
Degree	0.2	1.2 (0.7 - 2.1)	.52	—	—	—
Diploma (reference)	—	1	—	—	—	—
Level in school						
OND1[g]/OND2 (early classes)	0.1	1.1 (0.6 - 2.0)	.78	—	—	—
100L/200L (middle classes)	0.8	2.2 (1.0 - 4.7)	.049[d]	—	—	—
300L/400L (older classes; reference)	—	1	—	—	—	—
Monthly income[h]						
≥ 18,000	0.6	1.8 (0.9 - 3.5)	.08[d,e]	0.5	1.7 (0.9 - 3.3)	.11
< 18,000 (reference)	—	1	—	—	1	—
Home residence						
Outside Plateau State	0.1	1.0 (0.6 - 1.8)	.98	—	—	—
Plateau State (reference)	—	1	—	—	—	—
School residence						
Off campus	0.3	1.3 (0.7 - 2.5)	.97	—	—	—
Campus (reference)	—	1	—	—	—	—
Department						
TV journalism	0.1	1.0 (0.6 - 1.8)	.97	—	—	—
TV production (reference)	—	1	—	—	—	—

[a]Model characteristics: –2log likelihood 197.207, Cos & Snell R^2=0.048, Nagelkerke R^2=0.065, Hosmer-Lemeshow *P*=.22, overall percentage accuracy 60.4%.

[b]OR: odds ratio.

[c]aOR: adjusted odds ratio.

[d]Significant at $P<.05$.

[e]Candidate variables for multiple log regression at $P<.10$.

[f]Not applicable.

[g]OND: Ordinary National Diploma.

[h]A currency exchange rate of US $1= 415 is applicable as of February 18, 2022.

Table 7 shows the predictors of attitude toward contraception and the model characteristics of multivariable logistic regression. It shows that, in the bivariate analysis, being in the older and middle classes was associated with less likelihood of a good attitude toward contraception. Additionally, staying in an off-campus residence was associated with twice as higher likelihood of having a good attitude toward contraception. Good knowledge was associated with a 3.5 higher likelihood of a good attitude toward contraception among the study population. In multivariable logistic regression, being a diploma student (aOR 2.4, 95% CI 1.2-4.6; *P*=.01) was a significant predictor of a good attitude toward contraception compared to those in degree programs, having an off-campus accommodation at school was a significant predictor of good attitude (aOR 2.1, 95% CI 1.0 - 4.4; *P*=.04) compared to those with on-campus accommodations, and having good knowledge was a significant predictor of good attitude (aOR 3.8, 95% CI 2.1 - 6.9; *P*<.001) compared to those with poor knowledge.

Table . Predictors of attitude toward contraception among study respondents.[a]

Variable	β	OR[b] (95% CI)	*P* value	β	aOR[c] (95% CI)	*P* value
Age						
≤19 years (teenagers)	0.4	1.5 (0.7 - 3.1)	.29	—[d]	—	—
>19 years (young adults; reference)	—	1	—	—	—	—
Marital status						
Single/separated	0.5	1.6 (0.6 - 4.3)	.34	—	—	—
Married (reference)	—	1	—	—	—	—
Religion						
Islam	0.2	1.2 (0.6 - 2.6)	.62	—	—	—
Christianity (reference)	—	1	—	—	—	—
Tribe/ethnicity						
Plateau indigenous	0.1	1.1 (0.7 - 2.0)	.62	—	—	—
Plateau nonindigenous (reference)	—	1	—	—	—	—
Program						
Diploma	0.8	2.1 (1.2 - 3.7)	.007[e,f]	0.9	2.4 (1.2 - 4.6)	.01[e]
Degree (reference)	—	1	—	—	1	—
Level in school						
300L/400L (older classes)	–0.7	0.5 (0.3 - 0.9)	.02[e,f]	—	—	—
100L/200L (middle classes)	–0.8	0.4 (0.2 - 0.9)	.02[e,f]	–0.3	0.8 (0.3 - 1.7)	.52
OND1[g]/OND2 (early classes; reference)	—	1	—	—	1	—
Monthly income[h]						
≥ 18,000	0.5	1.6 (0.8 - 3.0)	.17	—	—	—
< 18,000 (reference)	—	1	—	—	—	—
Home residence						
Plateau State	0.1	1.1 (0.6 - 2.0)	.67	—	—	—
Outside Plateau State (reference)	—	1	—	—	—	—
School residence						
Off campus	0.7	2.1 (1.1 - 4.0)	.03[e,f]	0.8	2.1 (1.0 - 4.4)	.04[e]
Campus (reference)	—	1	—	—	1	—
Department						
TV journalism	0.1	1.1 (0.6 - 1.9)	.84	—	—	—
TV production (reference)	—	1	—	—	—	—
Level of knowledge						
Good knowledge	1.2	3.5 (2.0 - 6.1)	<.001[e,f]	1.3	3.8 (2.1 - 6.9)	<.001[e]

Variable	β	OR[b] (95% CI)	*P* value	β	aOR[c] (95% CI)	*P* value
Poor knowledge (reference)	—	1	—	—	1	—

[a]Model characteristics: –2log likelihood 264.244, Cos & Snell R^2=0.143, Nagelkerke R^2=0.191, Hosmer-Lemeshow *P*=.90, overall percentage accuracy 67.9%.

[b]OR: odds ratio.

[c]aOR: adjusted odds ratio.

[d]Not applicable.

[e]Significant at *P*<.05.

[f]Candidate variables for multiple logistic regression at *P*<.10.

[g]OND: Ordinary National Diploma.

[h]A currency exchange rate of US $1= 415 is applicable as of February 18, 2022.

Table 8 shows the predictors of contraceptive practice among the study population. In the bivariate analysis, being in the middle class was associated with a 2.5 higher likelihood of good contraceptive practice. Good knowledge of contraception was associated with a 2.5 higher likelihood of good contraceptive practice. Good attitude was associated with a twice higher likelihood of good contraceptive practice, and having engaged in sex was associated with good contraceptive practice. In the multivariable logistic regression, being from the state's indigenous (majority) population was a significant predictor of good contraceptive practice (aOR 2.4, 95% CI 1.2 - 4.6; *P*=.01) compared to those from the nonindigenous population. Having engaged in sex (aOR 24.5, 95% CI 7.9-75.7; *P*<.001) was a significant predictor of good contraceptive practice compared to those who had never engaged in sex.

Table . Predictors of the practice of contraception among study respondents.[a]

Variable	β	OR[b] (95% CI)	*P* value	β	aOR[c] (95% CI)	*P* value
Age						
>19 years (young adults)	0.7	2.1 (1.0 - 4.5)	.05[d]	–0.4	0.7 (0.2 - 2.1)	.51
≤19 years (teenagers; reference)	__[e]	1	—	—	1	—
Marital status						
Married	0.1	1.1 (0.4 - 2.8)	.86	—	—	—
Single/separated (reference)	—	1	—	—	—	—
Religion						
Christianity	0.1	1.1 (0.5 - 2.4)	.78	—	—	—
Islam (reference)	—	1	—	—	—	—
Tribe/ethnicity						
Plateau indigenous	1.0	2.7 (1.6 - 4.7)	<.001[d,f]	0.9	2.4 (1.2 - 4.6)	.01[f]
Plateau nonindigenous (reference)	—	1	—	—	1	—
Program						
Degree	0.2	1.2 (0.7 - 2.0)	.56	—	—	—
Diploma (reference)	—	1	—	—	—	—
Level in school						
OND1[g]/OND2 (early classes)	0.2	1.2 (0.6 - 2.1)	.61	—	—	—
100L/200L (middle classes)	0.9	2.5 (1.2 - 5.3)	.02[d,f]	—	—	—
300L/400L (older classes; reference)	—	1	—	—	—	—
Monthly income[h]						
≥ 18,000	0.2	1.2 (0.6 - 2.3)	.56	—	—	—
< 18,000 (reference)	—	1	—	—	—	—
Home residence						
Plateau State	0.4	1.5 (0.9 - 2.7)	.15	—	—	—
Outside Plateau State (reference)	—	1	—	—	—	—
School residence						
Campus	0.1	1.1 (0.6 - 2.0)	.83	—	—	—
Off campus (reference)	—	1	—	—	—	—
Department						
TV journalism	0.3	1.4 (0.8 - 2.5)	.26	—	—	—
TV production (reference)	—	1	—	—	—	—
Level of knowledge						
Good knowledge	0.9	2.5 (1.5 - 4.4)	.001[d,f]	0.6	1.8 (0.9 - 3.7)	.09

Variable	β	OR[b] (95% CI)	*P* value	β	aOR[c] (95% CI)	*P* value
Poor knowledge (reference)	—	1	—	—	1	—
Attitude						
Good attitude	0.7	2.1 (1.2 - 3.6)	.008[d,f]	0.5	1.6 (0.8 - 3.1)	.20
Poor attitude (reference)	—	1	—	—	1	—
Sexual behavior						
Ever	3.3	26.0 (8.9 - 75.7)	<.001[d,f]	3.2	24.5 (7.9 - 75.7)	<.001[f]
Never (reference)	—	1	—	—	1	—

[a]Model characteristics: –2log likelihood 216.338, Cos & Snell R^2=0.322, Nagelkerke R^2=0.43, Hosmer-Lemeshow *P*=.99, overall percentage accuracy 75.6%.

[b]OR: odds ratio.

[c]aOR: adjusted odds ratio.

[d]Candidate variables for multiple log regression at *P*<.10.

[e]Not applicable.

[f]Significant at *P*<.05.

[g]OND: Ordinary National Diploma.

[h]A currency exchange rate of US $1= 415 is applicable as of February 18, 2022.

Discussion

Our study shows that about half of all respondents had good knowledge, attitudes, and practices regarding contraception, with almost three-quarters having had sex and their main sources of contraceptive information being friends and the internet. Commonly used contraceptives were condoms and OCPs. A common reason for the nonuse of contraceptives was fear of side effects or health risks. Age was observed to be a significant predictor of good knowledge of contraception, while being in a diploma program (lower degree), living off campus, and having good knowledge were significant predictors of a good attitude toward contraception. Ethnicity and sexual behavior were significant predictors of good contraception use.

Our study revealed that about half of the respondents had good knowledge. This is similar to a study in Botswana [25]. However, a lower level of good knowledge was observed among students from Selangor, Malaysia; Spain; Imo State, Nigeria; and Ethiopia [26-29], while a higher level of good knowledge was observed among students in Dodoma, Tanzania; Kano and South-South, Nigeria; Pretoria, South Africa; and Kwadaso, Ghana [30-34]. These results support the evidence that one of the major professional issues in health broadcasting and programming in Nigeria is a lack of deep specialized knowledge in health communication and programming [15]. Better knowledge among this student population will improve confidence in reporting and programming, improve demand for accountability from stakeholders, increase journalist-led family planning stories and programming, and generally raise awareness in communities about issues related to contraception and general health [16].

This study also revealed that almost half of the respondents had a good attitude toward contraception. This is similar to studies in Selangor, Malaysia and the emerging region of Ethiopia [26,35]. However, higher levels of good attitude were seen in Kano, Nigeria; Adama and the emerging regions of Ethiopia; Pretoria, South Africa; Kwadaso, Ghana; and Spain [27,31,33,34,35]. Since health broadcast professionals cannot be said to be unattached, uninvolved, unbiased, and dispassionate in the production and transmission of content, their attitudes, philosophies, beliefs, and feelings might shape their approach, strategies, language choice, and angle for relaying health messages [15,16]. Counteracting negative attitudes and stereotypes should be sustained through community dialogues (while in school and during their professional life) to improve the interest of future information professionals in issues relating to family planning and general health.

It was observed that half of the study participants had good contraceptive practices. This is lower than reported among students in Kano, Nigeria [31]. This may be due to the recent 5-state public-private partnership geared toward increasing contraceptive uptake, of which Kano is a part. There was also a financially higher commitment to family planning services in these states compared to Plateau State [36,37]. A recent report of the 5-state intervention revealed increased demand generation and uptake, and improved state government financing of contraception services [36]. This government-nongovernmental organization effort might have rubbed off on young female college students in Kano. Additionally, the recent Nigerian Demographic and Health Survey reported that women of reproductive age in Kano reported a higher level of exposure to family planning messages and discussion with health care workers on family planning during their visits to health facilities compared to Plateau women of reproductive age [6]. When health communicators are also good practitioners of their message, it increases positive decision-making among target populations. Thus, public-private initiatives that engage current and future health broadcasters and program officers to improve

and sustain the current gains of contraceptive uptake should be encouraged among young people [16].

Almost three-quarters of our sample had sex. This is similar to the sexual behavior seen among students in South-South, Nigeria [32]; lower compared to students in Spain [27]; and higher than those reported among similar populations in Botswana, urban Nigerian cities, and Kilimanjaro Region of Tanzania [7,25,38,39]. This may be a result of an increased liberal worldview among young people, a sense of freedom, and a desire for sexual experimentation in the university environment. There is a need for early sexual and reproductive education to empower young people against risky sexual exploitation and behaviors.

Friends and the internet were the most common sources of information on contraception. This is similar to studies from Kilimanjaro, Tanzania; Botswana; Ilorin and South-South, Nigeria; Dodoma, Tanzania; and Spain among students [25,27,30,38,40]. However, health facilities and health care workers were the most common sources of information on contraception among similar populations in Kwadaso, Ghana and the emerging regions of Ethiopia [34,35]. Information on contraception from family members often comes out of concern that a young person is sexually or about to be sexually active, and therefore knowledge of safe sex is needed. Family members, sisters, and mothers are highly trusted based on their overall familial relationship. Additionally, trust in internet sources was often improved among young women when the source of the information is from reputable sites such as those indicating .org, .edu, and .gov [41]. Therefore, such sites should be protected from being hacked or contaminated by conspiracy theories, overt political commentaries, and unscientific content. Limited access to health information and family planning messages might be due to inadequate health broadcasting scheduling and programming. The lack of dedicated health broadcast stations and barriers created by the use of health terminologies and jargon, which might have made health messaging abstract, misunderstood, and unappreciated by the targeted public, should be addressed by relevant stakeholders in the broadcast academics, public health professionals, and the industry [15,16].

Condoms and OCPs were the most common contraceptives used among study participants. This is similar to studies from Spain; Dodoma, Tanzania; Botswana; Limpopo, South Africa; and South-South, Nigeria [27,30,39,40,42]. This may be a result of their ready availability and accessibility over the counter in many jurisdictions. The lower proportion of individuals using EC, compared to other contraceptives, in this study was similar to a recent Nigerian Demographic and Health Survey, nationally and in North-Central Nigeria, as well as a higher uptake of EC among unmarried compared to married women [6]. This is despite the high number of sexual encounters, high history of unplanned pregnancies, and a higher unmet need for contraception among this population [6,43]. There is a need for improved sensitization about ECs to stem the high level of unplanned/unwanted pregnancies and continuous risky sexual encounters. Additionally, there is a need to ensure the availability and accessibility of different contraceptive commodities through acceptable means to improve uptake among this population.

The most common reason for contraceptive nonuse was concerns about side effects and health risks among the study population. This is similar to studies among similar populations in Botswana; Pretoria, South Africa; Benin Republic; Limpopo, South Africa; and South-South, Nigeria [11,25,33,40,42]. This might have been driven by personal experiences or information received from significant others such as friends and family members or due to apparent ignorance, even when they have never used one, as seen in many low- and middle-income countries [1]. Thus, there is a need to individualize contraceptive counseling and choice when encountering young people.

This study shows that being a young adult student is a significant predictor of the acquisition of good knowledge. This is similar to national surveys from the United States and a study from the emerging regions of Ethiopia [35,44]. This may be due to less awareness among teenagers and confusing information on contraception online (to which they are more exposed than other age groups) and their limited capacity to filter and process presented information and make appropriate decisions compared to young adults [6,7,45]. Therefore, there is a need for early contraceptive information, communication, and education before the onset of sexual relations to prevent the negative consequences of unguarded sexual and reproductive behaviors.

Being a diploma student (lower degree) was a significant predictor of a good attitude toward contraception. This is converse to most studies where a higher education significantly predicted a good attitude toward contraception [1,35]. Our result may be due to increased information fatigue following information overload that may occur, which might reduce risk perception and increase nonchalant attitude toward contraception. Information received might have been contaminated over the years with disinformation and misinformation to which higher-level degree students might have been exposed to over the years. Thus, information managers and regulators should ensure that the information provided is of high value and an opportunity for updates targeted at a specific population without infringing on human rights. Additionally establishing a consistent, stand-alone, and well-grounded health broadcasting curriculum in the schools of TV studies, journalism, and mass communication might produce an improved attitude toward contraception and help filter out disinformation during undergraduate years, which might be a departure from the current state of health broadcast training in Nigeria [15,16].

This study shows that being off campus was a significant predictor of a good attitude toward contraception. Disaggregation of the study data based on school residence shows that off-campus students were older students, were married, and had higher income and a higher level of knowledge about contraception compared to on-campus students. Similar demography of off-campus students has been reported among undergraduates in the United States [46]. These demographic characteristics are significant predictors of a good attitude toward contraception [35]. Thus, overly restrictive policies on contraceptive access and stigmatization by on-campus health care providers should be addressed to improve contraceptive uptake as needed.

Good knowledge was shown to be a good predictor of a good attitude toward contraception. This is similar to studies from emerging regions in Ethiopia and Botswana [25,35]. Consistent, appropriate, and targeted delivery of contraceptive information, education, and communication through media advocacy will improve the attitude of current and future health broadcasters, editors, and programmers, which will aid their confidence in delivering family planning messaging and programming and further improve contraceptive use among young people and the population in general [16].

Being Plateau indigenous (a conglomeration of about 50 ethnic groups and a majority population in the state) was a significant predictor of contraceptive use. This is similar to studies from similar populations from South-South, Nigeria; Selangor, Malaysia; and the United States where being a member of the majority population is a significant predictor of contraceptive use [26,40,47]. This might be due to disparities in the levels of awareness, knowledge, attitude, and access related to contraception that have been reported in the majority population. In some instances, minority populations may be wary of the government's intention to limit minority populations and be skeptical about the safety of government-sanctioned contraceptives [47,48]. The minority ethnic differences especially in minority populations should spur health care providers to provide necessary contraceptive education. Innovative counseling approaches could improve women's ability to make informed decisions. Interventions to reach out to tertiary students, especially those from minority backgrounds, should be instituted in schools to provide information, communication, and education opportunities to male and female students. Since none of the respondents mentioned any reference to sex education in schools [49], there may be a need to review the impact of the current sex education policies in schools on the sexual and reproductive health behavior of young people.

This study shows that being involved in sexual relations is a significant predictor of good contraception practice. This is similar to a study from Kilimanjaro, Tanzania among a similar population [38]. Sexually active individuals see the need to prevent unwanted pregnancy, STIs, and pregnancy-related health risks as they delay marriage to complete education while pursuing sexual relationships [9,10,50]. It also helps girls and women achieve empowerment to live a healthy and economically productive life. Studies have shown that sexually inactive young people often cite their sexual inactivity as a reason for the nonuse of contraception [42]. The health system should, therefore, be well prepared to assist young people who might need a full range of sexual and reproductive health services whenever and wherever they need them without experiencing any form of hardship.

First, the outcome of this study cannot be generalized to all universities, but the status of the college being the only TV studies college in Africa can provide insight into the knowledge, attitudes, and practices related to contraception among future TV professionals. Second, there may also be a social desirability bias as respondents might have underreported sexual behaviors and contraceptive use. This was minimized by ensuring confidentiality, anonymity, and privacy during and after the study. Third, the study is gender biased, as the study population comprised females only. Though male involvement is a great goal in achieving optimal sexual and reproductive health, females experience more reproductive health issues, have less autonomy over life choices and decisions, are exposed to more stigma while accessing contraceptive commodities, have a higher incidence of STIs, and have a higher incidence of child marriages compared to their male counterparts of similar age. All these adverse inequalities cause young females to experience higher consequential adverse outcomes, especially in low- and middle-income countries, and the need for more studies on their sexual and reproductive health [8].

Female undergraduate NTA TV College students in this study had relatively low levels of good knowledge, attitudes, and practices related to contraception. There is a need for an appropriate and consistent awareness campaign via acceptable media and curricular improvement among TV studies undergraduate students to improve their current knowledge, attitudes, and utilization of contraception. Parent-child communication should be encouraged and supported to improve contraceptive knowledge, attitude, and practice, as the family is the first educational institution in the life of children as they prepare to face the world. There is also a need to evaluate and improve the current comprehensive sex education in many sub-Saharan African countries to have more robust training for young people on sexual and reproductive health as early as possible. There is an urgent need to reform current advocacy efforts, sexual and reproductive health services, and policies to improve contraceptive knowledge, attitudes, and use among young people.

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Authors' Contributions

Conceptualization and design: HAA, PAA, DRY, JSM, PFO
Data acquisition: DRY, JSM, PFO
Data analysis and interpretation: PAA
Drafting and critical review: HAA, PAA
Final approval: HAA, PAA, DRY, JSM, PFO

Conflicts of Interest

None declared.

Multimedia Appendix 1
Questionnaire.
[DOCX File, 20 KB - xmed_v6i1e56135_app1.docx]

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Abbreviations

aOR: adjusted odds ratio
EC: emergency contraception
OCP: oral contraceptive pill
OND: Ordinary National Diploma
STI: sexually transmitted infection

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Using Electrooculography and Electrodermal Activity During a Cold Pressor Test to Identify Physiological Biomarkers of State Anxiety: Feature-Based Algorithm Development and Validation Study

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Abstract

Background: Anxiety has become a significant health concern affecting mental and physical well-being, with state anxiety (s-anxiety)—a transient emotional response—linked to adverse cardiovascular and long-term health outcomes. Traditional physiological monitoring lacks the contextual sensitivity needed to assess anxiety in real time. Electrooculography (EOG) and electrodermal activity (EDA), 2 biosignals measurable by wearables, offer promising avenues for identifying biomarkers of s-anxiety in naturalistic environments.

Objective: This study aims to identify novel biomarkers of s-anxiety using EOG and EDA signals collected in real-world conditions. We further explore how noninvasive wearable technology can enable real-time monitoring of physiological responses during induced stress, focusing on distinguishing true anxiety-related signals from artifacts in noisy environments.

Methods: Our study presents two datasets: (1) the EOG signal blink identification dataset Blink Identification Electrooculography Dataset (BLINKEO), containing both true blink events and motion artifacts, and (2) the EOG and EDA signals dataset Emotion, Electrooculography, and Electrodermal Activity Monitoring in Cold Pressor Conditions Dataset (EMOCOLD), capturing physiological responses from a cold pressor test (CPT). From analyzing blink rate variability, skin conductance peaks, and associated arousal metrics, we identified multiple new anxiety-specific biomarkers. Shapley additive explanations (SHAP) were used to interpret and refine our model, enabling a robust understanding of the biomarkers that correlate strongly with s-anxiety.

Results: BLINKEO feature analysis achieved a classification accuracy of 98.17% and F_1-score of 0.87 in distinguishing blinks from noise. In the EMOCOLD, survey results confirmed elevated anxiety and affectivity during the CPT, which normalized during recovery. SHAP analysis revealed that specific EDA features (eg, Hjorth activity and spectral entropy) and EOG features (eg, opening phase energy and signal height) consistently contributed to accurate predictions of s-anxiety and affectivity. Contextual combinations of features outperformed single-feature analyses, revealing relationships critical for robust biomarker identification.

Conclusions: These results suggest that a combined analysis of EOG and EDA data offers significant improvements in detecting real-time anxiety markers, underscoring the potential of wearables in personalized health monitoring and mental health intervention strategies. This work contributes to the development of context-sensitive models for anxiety assessment, promoting more effective applications of wearable technology in health care.

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KEYWORDS

stress; biomarker discovery; EOG; electrooculography; medical informatics; EDA; electrodermal activity

Introduction

Background

Despite being a short-term response, state anxiety (s-anxiety) has emerged as a significant factor impacting long-term health outcomes. Researchers have linked sustained s-anxiety with adverse cardiovascular effects [1], underscoring its profound effects on mental and physical health. Approximately 23.1% of US adults experience some form of diagnosable mental disorder [2], and 74% of US adults reported experiencing stress-related health issues within a given month [3], illustrating the widespread impact of anxiety-induced stress. Reliable biomarkers are essential for capturing the complexities of s-anxiety, enabling more precise and effective models.

Noninvasive wearable technology has the potential to transform health monitoring by continuously capturing physiological data through real-time sensor measurements [4,5]. These devices collect a broad array of metrics, yielding critical insights into the body's responses to anxiety. The ability to seamlessly collect large amounts of health-related data opens new ways to study and build an understanding of the onset and progression of anxiety, enabling more effective interventions and advancing our knowledge of human health. Identifying reliable biomarkers of s-anxiety offers a promising pathway to real-time health monitoring using wearable biosensors that can detect subtle physiological changes not immediately obvious in raw signal data.

The cold pressor test (CPT) is a widely used experimental method for studying anxiety responses in controlled settings. Participants immerse their hand in ice-cold water (0 - 4 °C), eliciting a sympathetic nervous system response. This test reliably induces physiological markers of anxiety [6-8], such as increased heart rate and sweat production. Other techniques, such as public speaking simulations and mental arithmetic tasks [9], also provoke anxiety and can be used to identify reliable biomarkers.

Physiological responses to s-anxiety and arousal have been extensively documented, revealing clear links between emotional states and indicators such as blink rate variability [10] and stress-induced sweating [11]. The 2-factor model of emotion, developed by Schachter and Singer [12], suggests that emotions arise from physiological arousal and subsequent cognitive interpretation. This model underscores that physiological responses are interpreted within a contextual framework, which are further hidden in indirect biomarkers for specific emotional experiences. For instance, fatigue, which affects the blink conditions, can intensify physiological arousal, directly impacting how the brain interprets anxious states. Such contextual cues are crucial for understanding s-anxiety in real-world settings, but they are often filtered out or controlled for in existing studies. Electrodermal activity (EDA) is a common measure of physiological arousal, but its reliability in depression research remains debated. Some studies report reduced EDA responses in individuals with major depressive disorder, suggesting impaired autonomic reactivity [13] and emotional hypo-responsiveness [14]. However, conflicting findings point to variability due to factors like medication use and methodological differences [15], emphasizing the need for further research on the relationship between physiological signals and emotional states.

Wearable devices offer a way to contextualize these arousal states dynamically. Through advanced human-machine interfaces, wearables can monitor how individuals respond to their environments, integrating data on physical responses to build a richer understanding of s-anxiety. There is growing interest in using noninvasive wearables to collect richer biomarker data for mental health study [16,17], interpreting physiological responses in respect to real-time contextual cues and providing a more comprehensive view of emotional states.

Research shows that blink rates tend to increase under difficult mental tasks or anxiety-provoking situations [18,19], reflecting activation of the autonomic nervous system. Electrooculography (EOG) captures electrical signals produced by eye movements, allowing for the detection of blink-related patterns. But EOG signals are often filtered out in stress studies to improve clarity of other signals [20], potentially overlooking valuable information related to emotional arousal. Studies suggest that specific components of EOG signals can be analyzed to extract physiological markers of s-anxiety, highlighting the need for further research into EOG biomarkers. Furthermore, fatigue—closely associated with emotional arousal—provides an additional avenue for understanding anxiety through EOG features [21,22]. Studies examining EOG signals in the context of drowsiness reveal correlations between blink frequency, blink duration, and stages of fatigue [19], highlighting a noninvasive method for tracking emotional arousal over time. Given the interplay between fatigue and anxiety, this relationship prompted our investigation into how fatigue-related features within EOG signals may serve as indirect indicators of anxiety, offering new opportunities for nuanced and comprehensive stress monitoring.

Similarly, stress has a pronounced effect on sweat production. Emotional sweating, triggered by the sympathetic nervous system, occurs in response to psychological stressors rather than temperature changes [15,16,23]. EDA is a method that measures changes in skin conductance. Under emotional arousal and stress, body sweats and skin conductance increases. Previous studies often rely on basic features like median values [24] or the phasic component of the EDA signal, focusing on nonspecific skin conductance responses (SCRs) to correlate with self-reported s-anxiety [25] scores. In such studies, peaks in the phasic signal exceeding 0.01 µS were counted as responses, and the frequency of these nonspecific SCRs per minute served as the primary measure for physiological s-anxiety. EDA primarily reflects the magnitude of emotional arousal without distinguishing between positive and negative affective states [26]. In other words, a high SCR could result from excitement or stress, making it challenging to interpret EDA data as a standalone indicator of anxiety. This underscores

the importance of using EDA in combination with other physiological markers [27], such as heart rate variability or blink rate, to gain a more comprehensive picture of an individual's emotional and physiological state. A more methodical exploration of signal characteristics found in EDA and EOG signals reveal nuanced physiological markers that strongly correlate with s-anxiety.

Currently, no widely accepted biomarkers reliably assess anxiety across diverse contexts, highlighting the need for continued exploration. Researchers have tested markers like heart rate variability, skin conductance, and blink rate, but results often vary due to individual differences and contextual influences. While many studies report that depressed patients exhibit reduced EDA responses, indicating diminished autonomic nervous system activity, some research presents conflicting findings. These discrepancies are attributed to variations in study designs, methodologies, and the influence of factors such as antidepressant treatment on EDA measurements [13].

While machine learning models have shown promise in detecting anxiety, their black-box nature limits interpretability, making it difficult to validate findings across diverse populations [28]. By introducing additional context-sensitive biomarkers, we aim to enhance the reliability and transparency of anxiety assessments, making models more applicable to real-world scenarios.

Objective

In our research, we leverage EOG and EDA data to develop a comprehensive, real-time model of s-anxiety. We have compiled 2 distinct datasets for this purpose. The first dataset, Blink Identification Electrooculography Dataset (BLINKEO), consists of EOG signal features from samples characterized by peak-like patterns, annotated to differentiate natural blink events from extraneous noise and wire movement artifacts. The second dataset, Emotion, Electrooculography, and Electrodermal Activity Monitoring in Cold Pressor Conditions Dataset (EMOCOLD), contains time-series EOG and EDA signals along with demographic data and stress responses elicited by the CPT. Using interpretability techniques such as SHAP (Shapley additive explanations), we identify and quantify specific biomarkers within the EOG and EDA data, with a focus on blink rate variability and sweat-related stress indicators. Our approach goes beyond simple anomaly detection by uncovering nuanced, anxiety-specific physiological markers informed by the 2-factor model of emotion. This research contributes to a more detailed understanding of stress mechanisms, with the potential to improve mental health interventions and enable personalized, context-specific stress management strategies with wearable technology.

Description of Question

This research aims to identify reliable, interpretable biomarkers of s-anxiety through EOG and EDA data for real-time stress monitoring.

Methods

Blink Identification EOG (BLINKEO) Data Collection

To create the BLINKEO dataset, EOG data were collected and analyzed to differentiate natural blinks from noise or wire movements. Our setup integrated the AD8232 (analog devices), a biopotential amplifier designed to capture physiological signals, which we optimized for measuring EOG activity. To detect vertical eye movements using EOG, one electrode was positioned above the eye and another below it, aligning on the vertical axis. This configuration captures the corneo-retinal potential changes associated with upward and downward eye movements. All trials were conducted on the same two individuals for consistency in signal characteristics. A total of 65 trials involving repeated blinking under controlled conditions where no extraneous movement occurred. In addition, 19 trials lasting between 30 seconds and 2 minutes were conducted under conditions with no blinking, but with deliberate wire movements introduced by manually adjusting or lightly tugging the electrode leads. These trials provided a baseline for accurately distinguishing noise artifacts from genuine blink events. Table 1 shows the characteristics of these trials, including session count, total recording time, and peak detection results before and after filtering.

To preprocess the EOG data, motion artifacts were identified and removed, to make the data suitable for downstream features. A fifth-order low-pass Butterworth filter using the Scipy Signal butter function was applied to isolate low-frequency components indicative of meaningful physiological signals. This was followed by a Savitzky-Golay filter using the Scipy Signal savgol_filter function for additional smoothing, which preserved essential features while reducing minor signal fluctuations [29].

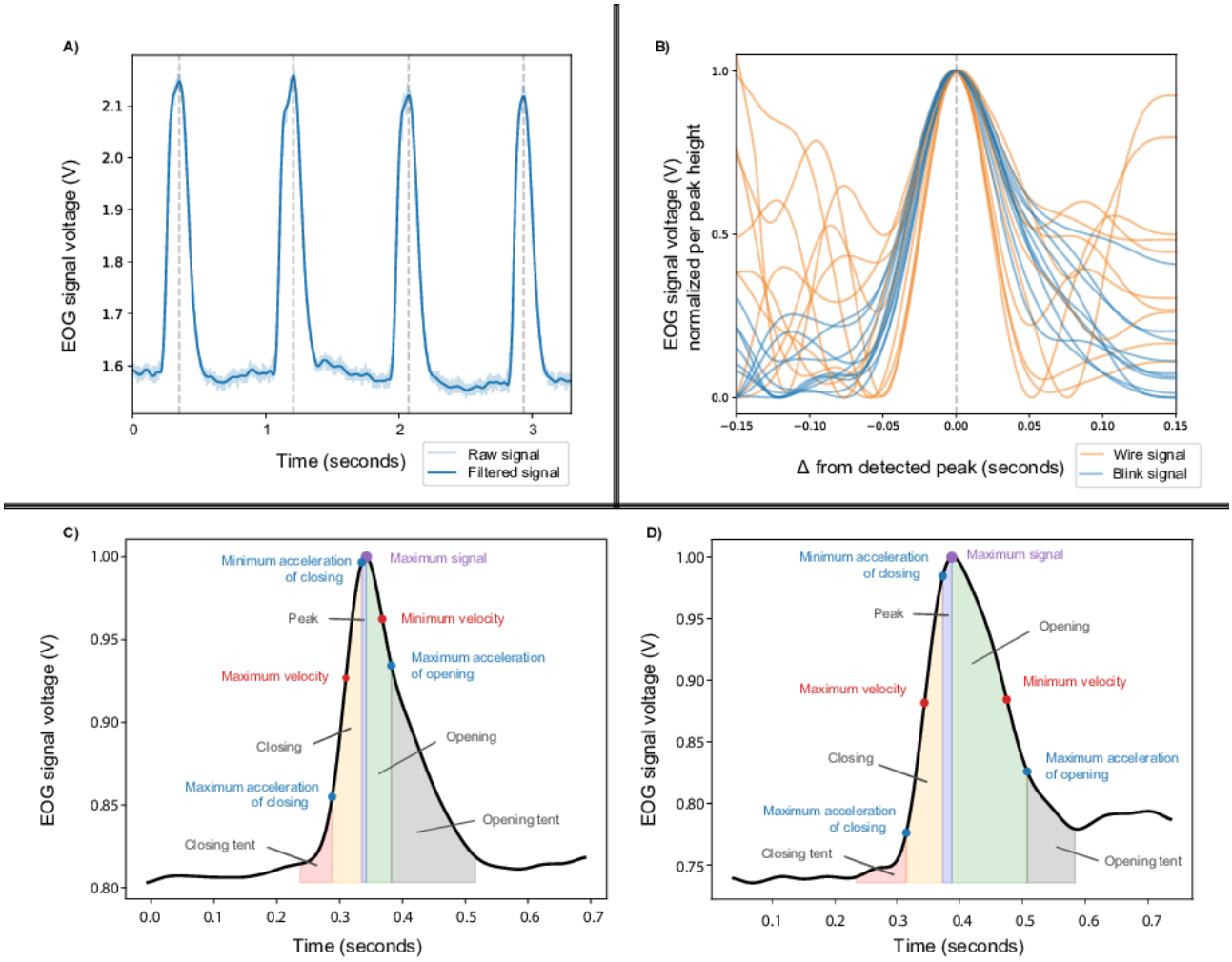
Table . Characteristics of blink and wire movement trials in the blink identification dataset. This table summarizes the number of independent sessions, cumulative recording time, and peak detection results before and after literature-supported blink peaks filtering for both blink and wire movement events.

Trial label	Sessions, n (%)	Total time (s)	Peaks detected, n (%)	Peaks after filtering, n (%)
Blink	65 (77)	12,103.14	6792 (54)	4734 (96)
Wire movement	19 (23)	2007.75	5704 (46)	203 (4)

Peak detection was performed using the Scipy Signal find_peaks function, identifying peaks with a prominence exceeding 0.1 with a peak width greater than 0.04 seconds [30] (blinks typically last between 0.1 and 0.4 seconds [31], averaging around 0.25 s). To focus on blink-like events, we additionally applied criteria based on established blink characteristics: a maximum peak width of 0.5 seconds and a minimum peak height of 0.05 volts [30]. We compared the signal quality after this initial peak detection with that obtained using conventional blink filtering methods. Traditional filtering techniques frequently overlook subtle blink patterns or introduce artifacts during data cleaning, potentially compromising accuracy. In

contrast, a learned-feature approach refines this process by reducing noise and enhancing the precision of true blink identification within the dataset. Figure 1A shows examples of detected blink peaks from the BLINKEO dataset, with red dotted lines marking the center of each peak. This figure demonstrates the effectiveness of the peak detection method described in this section, highlighting its ability to accurately locate and extract the central point of each blink event during blink trials.

Figure 1. A. Blink peak examples from the Blink Identification Electrooculography Dataset (BLINKEO). The grey dotted lines indicate the center of the peak, extracted by the peak detection method outlined in this section. B. Blink examples (blue) plotted against wire examples (green), as filtered EOG voltage signals, normalized per peak between 0 and 1. Peaks are time-aligned by time, in seconds, from the center of peak. Wire signals typically have higher variability. C. A singular blink peak. The purple dot marks the peak of the blink event, while the outer edges of the red and grey shaded sections represent the boundaries used for feature extraction. These boundaries are determined by identifying the nearest minimum on each side of the peak, providing a precise range for analyzing blink characteristics. D. Another example of a blink peak, demonstrating the variability in blink peak shapes observed across recordings. The feature extraction process remains consistent, with boundaries determined by identifying the nearest minima on either side of the peak. EOG: electrooculography.



However, wire movements can also produce peak-like shapes, which poses challenges for this filtering method. While effective in controlled or low-noise environments, the filter is easily triggered by noisy conditions, where artifacts such as wire movements may mimic blink patterns. Figure 1B presents time series segments of both blink and wire movement examples that have been classified as blinks under the current filtering approach, overlaid for comparison. The figure shows that wire movements exhibit greater variability in the regions surrounding the peak, as well as in the overall shape of the peak itself. Current approaches are unable to distinguish between true blinks and wire artifacts, underscoring the limitations of the method in noisier environments.

For each detected peak, baseline values were calculated to provide a reference point for the signal's amplitude. This involved locating the nearest minimum values on either side of the peak by performing binary search with a window size of up to 0.5 seconds in the left and right direction from the peak observed (see algorithm pseudocode in Multimedia Appendix 1). It recursively narrows down the search range to locate a local minimum, while avoiding minor fluctuations.

After establishing the baseline points, we extracted a comprehensive set of amplitude-independent features for each peak. These features include blink duration and various acceleration and velocity metrics, as used in previous EOG feature extraction and peak signal analysis studies [32,33]. A total of 32 peak-related features and label are stored as examples in the dataset, with labels distinguishing natural blinks from noise artifacts.

Figure 1C shows examples of EOG signals from 2 independent singular blink events, with distinct sections of the peak highlighted for clarity. The purple dot at the peak center represents the highest voltage point, detected by the peak detection algorithm. Red dots indicate local maxima in velocity, while blue dots show local acceleration points. Shaded regions in different colors represent key sections of the blink, such as the rising and falling phases, as well as acceleration and deceleration phases. This segmentation captures various aspects of the blink shape, this detailed segmentation provides valuable insights into the blink dynamics, enabling the extraction of relevant blink-related features.

We establish bounds for each feature by discretizing its range into 50 intervals. This discretization splits the feature's values into small, equally spaced segments, enabling a systematic exploration of possible lower and upper bounds that optimize model accuracy.

The process begins by identifying the minimum and maximum values of each feature. The range between these values is divided by the bin count (50), yielding an incremental "step size," or delta value, for testing. This delta value determines how much the threshold will shift at each iteration when exploring the bounds. To identify the best lower bound, the algorithm starts from the minimum value and iteratively adds the delta value (eg, 0.2) to the threshold, testing each increment by culling data points below it and evaluating the model's accuracy with the adjusted dataset. The lower bound with the highest accuracy is selected as the optimal starting point for that feature.

The search then proceeds to find an optimal upper bound, beginning with the maximum value and reducing it by increments of the delta value until reaching the previously identified lower bound. This decremental approach ensures the upper bound remains above the lower bound. Each new threshold is applied to the dataset, and the accuracy is recorded. The upper bound yielding the best accuracy becomes the final threshold for that feature.

The individually optimized lower and upper bounds for each feature are compiled into a list, representing the complete culling thresholds that maximize model performance across the dataset. By discretizing each feature's range into 50 intervals, the individual search method ensures a thorough yet efficient exploration of potential thresholds.

Emotion, EOG, and EDA Monitoring in Cold Pressor Conditions (EMOCOLD) Data Collection

The data collection process employed wearable sensors to record EDA and EOG signals from participants during controlled stress trials. EOG recording used the same setup as the BLINKEO data collection. Electrodes were positioned above and below one eye to detect vertical eye movements by capturing corneo-retinal potential shifts. EDA signals were recorded using a galvanic skin response sensor with MCP606 (microchip technology) operational amplifiers, operating at an excitation voltage of 0.5 V to measure skin conductance. Electrodes were placed on the forehead, chosen for its sensitivity to stress-induced sweat gland activity. The recorded signals were digitized and processed in real time using an ESP32-S3 WROOM-1 (Espressif Systems) microcontroller, which managed data acquisition, signal processing, and wireless transmission.

A total of 16 participants, between ages 26 and 31 years took part in the study, and demographic information, including race and sex, was collected and is summarized in Table 2. Data were taken from each subject only once. Each trial lasted about 10 - 15 minutes and was divided into 3 phases: baseline, CPT, and recovery. The length of the trial and the data used for feature analysis is as detailed in Table 3.

Table . Characteristics of trials in the Emotion, Electrooculography, and Electrodermal Activity Monitoring in Cold Pressor Conditions Dataset (EMOCOLD) dataset. Demographic details of the study participants, including race and assigned sex.

Characteristic	Count, n (%)
Assigned sex	
Male	11 (69)
Female	5 (31)
Race	
Asian	11 (69)
Hispanic or Latino	2 (13)
White	1 (6)
Middle Eastern or North African	1 (6)
Black or African American	1 (6)
Total participants	16 (100)

Table . Summary of trial durations across different experimental phases. Summary of the duration of time electrodermal activity and electrooculography features are collected across different experimental phases. For each phase—baseline (before hand submersion), cold pressor test (cold water immersion), and recovery (after hand removal)—the table lists the minimum, 25th percentile, median, 75th percentile, and maximum duration (in seconds).

Experiment	Length (seconds)		
	Minimum	Median (IQR)	Maximum
Trial			
Baseline	245.6	281.7 (274.0-310.0)	414.8
CPT[a]	261.9	290.4 (278.4-306.4)	358.0
Recovery	238.6	261.3 (252.8-278.1)	311.2
Feature collection			
Baseline	167.5	177.0 (172.1-182.3)	194.0
CPT	160.6	177.2 (165.0-184.1)	188.2
Recovery	157.1	172.1 (168.4-180.3)	191.9

[a]CPT: cold pressure test.

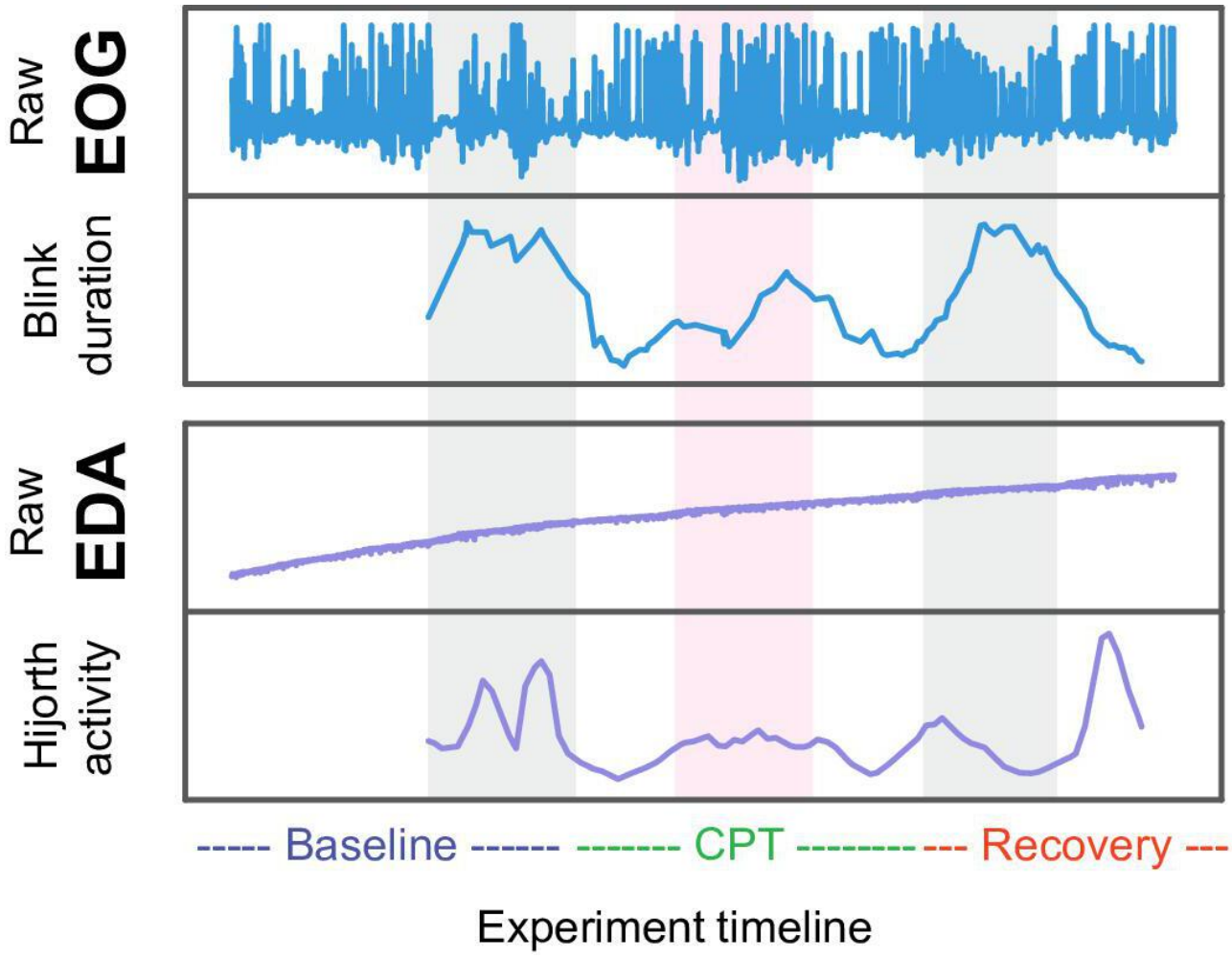
EOG signals were recorded using a 3-electrode configuration designed to capture vertical eye movements, particularly blink activity. Electrodes were positioned as follows: 1 above the eye, 1 below the eye, and a reference electrode in the middle of the forehead. This setup effectively captured vertical eye movement signals, with the reference electrode providing signal stability and reducing noise.

For EDA, a single electrode was placed on the forehead to measure changes in skin conductance associated with sympathetic nervous system activation. The forehead was chosen for its accessibility and stable conductance properties, making it suitable for detecting stress-related physiological changes in skin conductance.

Participants wore the device throughout the CPT trials, which were conducted to simulate acute stress events. The trials included both physical and environmental stressors. In the cold-water trials, participants immersed their hand in a circulating water bath set to a constant temperature of 0 - 6 °C. Participants maintained immersion for approximately 5 minutes or until voluntary withdrawal. This provided a controlled means of eliciting stress responses.

The design of these trials facilitated the collection of time-series data, capturing participants' physiological reactions to both physical exertion and environmental stressors, thereby providing a comprehensive view of their autonomic responses under varying stress conditions. Features were extracted from partitions of this sensor data, including statistical measures (mean [SD] and variance), signal entropy, peak detection metrics, and frequency-domain characteristics relevant to stress-induced physiological changes. Figure 2 shows a graphical depiction of the trial methodology.

Figure 2. This figure presents a visual representation of the experiment timeline and the signals recorded during the experiment, detailing the baseline, cold pressor test (CPT), and recovery phases. The raw electrooculography (EOG) and electrodermal activity (EDA) signals across these phases show no immediately clear trend distinguishing the baseline and recovery from the CPT stressor. However, when specific features such as blink duration from EOG and Hjorth activity from EDA are extracted and overlaid, more distinct patterns emerge, and can be used to quantify physiological responses to stress induction and subsequent recovery.



At each stage of the experiment—baseline, CPT, and recovery—participants completed an excerpt of the Positive and Negative Affect Schedule (PANAS) and the State-Trait Anxiety Inventory (STAI-State) to assess their emotional responses. The PANAS measures both positive emotions (eg, inspired and attentive) and negative emotions (eg, upset and nervous) on a 5-point scale, capturing general mood states. The STAI-State survey, consisting of items such as “I feel tense” and “I feel worried,” assesses immediate anxiety levels on a 4-point scale, making it particularly useful for tracking s-anxiety in response to acute stress. The survey recorded at each stage is detailed in Multimedia Appendix 2. Administering these surveys at each stage allowed us to correlate physiological data from EOG and EDA signals with subjective emotional responses, providing a comprehensive view of how participants’ mood and anxiety levels evolved across stress phases.

EOG Signal Segmentation

In analyzing EOG signals, we segmented the data to isolate individual blink peaks, which are essential for understanding blink dynamics in response to stress. From these peaks, we extracted 35 features, including blink duration, amplitude, frequency, and various acceleration and velocity metrics. A comprehensive list of these features and their definitions is provided in Multimedia Appendix 3.

EDA Signal Segmentation

The tonic and phasic components of skin conductance reveal different aspects of autonomic arousal, with the tonic level representing a stable baseline and the phasic response capturing transient, stimulus-driven changes. Tonic signals vary significantly across individuals due to factors like skin type and hydration, making them challenging to analyze consistently in relation to specific stress events. Phasic responses, however, reflect rapid fluctuations in skin conductance directly tied to acute stress or anxiety-inducing stimuli, characterized by quick rises and gradual declines.

Phasic signals were divided into rise and fall phases to capture the dynamics of the SCR, which is indicative of sympathetic nervous system activation. Specifically, peaks were detected by identifying rapid increases in skin conductance (rise phases) followed by gradual decreases (fall phases). To preprocess the EDA data and extract the phasic signal, motion artifacts were identified and removed, to make the data suitable for downstream features. A first-order low-pass Butterworth filter

was applied to isolate low-frequency components indicative of meaningful physiological signals.

This signal was divided into windows of 1 second in length. Each section was analyzed to determine key features, such as mean value, signal range, and standard deviation. 15 features were extracted from these windows, and the full list of features and their definitions can be found in Multimedia Appendix 4. These features are critical for quantifying the intensity and duration of autonomic arousal events, providing valuable insights into stress response dynamics. The segmentation process allowed for the extraction of detailed temporal characteristics of each skin conductance event, facilitating a comprehensive analysis of physiological arousal under stress.

Ethical Considerations

This study was conducted in accordance with ethical guidelines for research involving human participants. A total of 16 participants were recruited, following established ethical guidelines as delineated in protocols approved by the institutional review board at the California Institute of Technology (Caltech; protocol IR22-1280 and IR21-1102). Participants were not compensated. Participants were screened based on specific exclusion criteria, including non-English speakers unable to understand survey requirements, inability to provide informed consent, medication use affecting psychiatric states, pregnancy, irregular eye conditions (eg, ocular dysmetria), and pre-existing psychiatric or physical illnesses (eg, depression, anxiety, hypertension, hyperlipidemia, or chronic cardiovascular disease). All participants' data were fully anonymized, with identifying information removed and data transmission secured using byte-splicing encryption methods. The study adhered to data privacy and security protocols to ensure the confidentiality and protection of participants.

Results

Blink Identification EOG (BLINKEO) Analysis

Building upon the nonintentional blink signal processing outlined by previous research [34,35], a feature bounding analysis aligned closely with the study's approach of differentiating blink events based on slope and derivative features. By using blink duration alone as a feature, we achieved a classification accuracy of 87.46% and an F_1-score of 0.80 in distinguishing blinks from wire movements (see Multimedia Appendix 5). This suggests that feature extraction can yield strong performance metrics. Even without deep learning techniques, finding the right markers of blink peaks can reach the same efficacy of the study's outlined slope-based signal differentiation.

In our approach, we systematically evaluate all possible combinations of 5 selected features to optimize classification performance for distinguishing blink events from wire movements. For each feature combination, we apply a breadth-first search (BFS) traversal to explore and fine-tune the upper and lower bounds of each feature, seeking the configuration that maximizes classification accuracy.

The BFS traversal begins with initializing the bounds for each feature to cover its entire observed range, ensuring that no data points are culled at the outset. Each feature range is discretized into 15 bins, allowing for incremental adjustments to the bounds with a step size (delta) calculated as the range divided by the number of bins. These initial bounds are stored as a "node" in the BFS queue, representing a unique culling configuration.

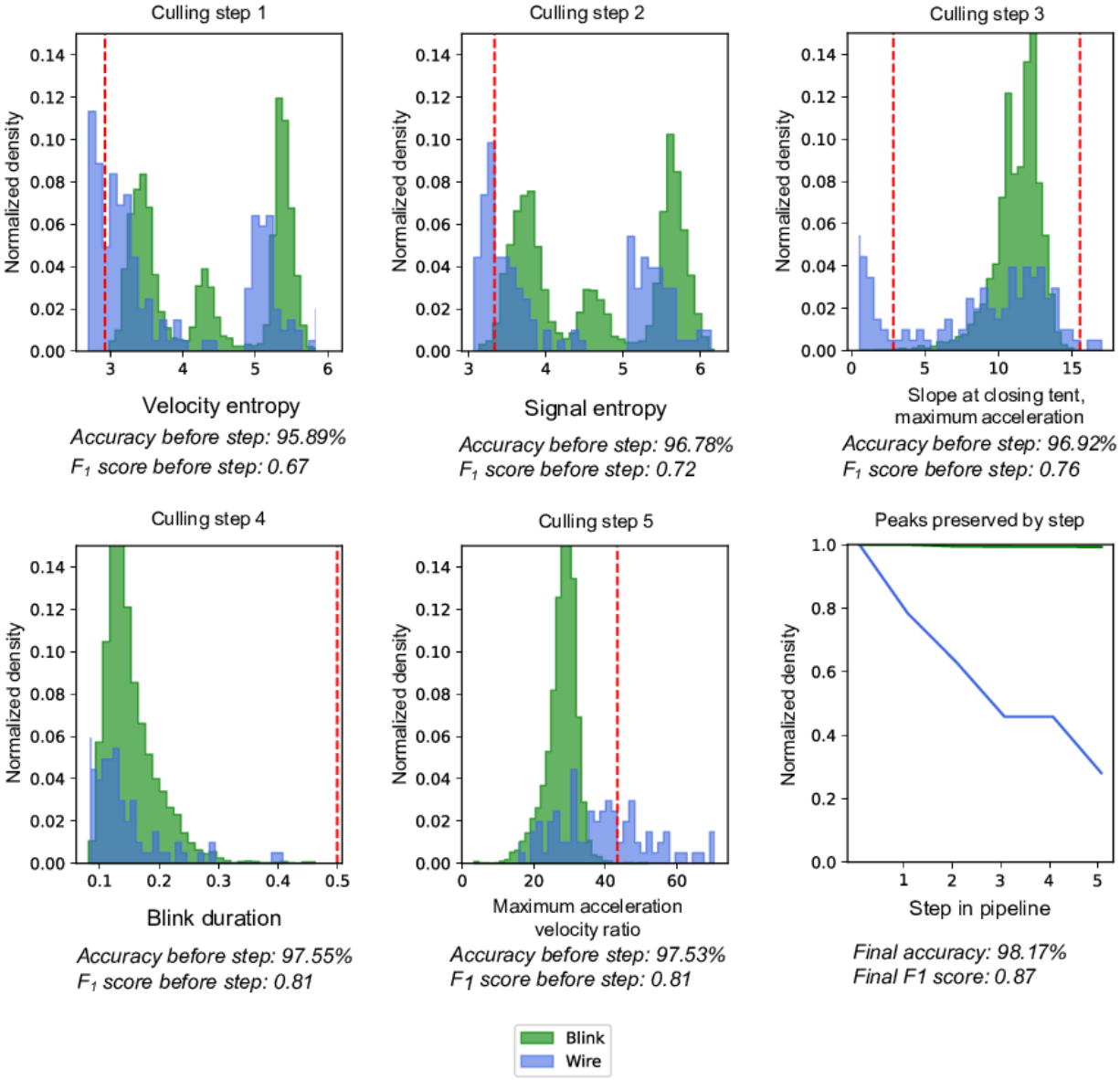
During each iteration of the BFS traversal, we dequeue a culling configuration and calculate its classification accuracy and F_1-score using a performance function. If the configuration achieves a higher accuracy than previously recorded, it becomes the current optimal configuration. The BFS traversal then generates neighboring configurations by slightly tightening the bounds for each feature—either increasing the lower bound or decreasing the upper bound by the computed delta. Each of these neighboring configurations, if unvisited, is added to the queue for further exploration.

This BFS traversal continues until all relevant bound configurations for the current feature combination are evaluated. The outcome is an empirically derived set of feature bounds that maximizes classification performance for each combination of features. By applying this process across all combinations of the selected 5 features, we ensure a comprehensive search of the parameter space, yielding an optimal culling pipeline tailored for precise blink detection. This method demonstrates the robustness of combining BFS with multifeature analysis to achieve a high-performing, data-driven classification model.

In our approach, we select combinations of 5 high-quality features and use a BFS traversal to optimize their combined bounds for maximal classification performance. For each combination, BFS systematically explores adjustments to the upper and lower bounds of each feature, identifying the optimal configuration that yields the highest accuracy and F_1-score.

The optimal feature combination achieved an accuracy of 98.17% and an F_1-score of 0.8734, using 5 key features that capture distinctive characteristics of blink dynamics. These features include velocity entropy, the entropy of the first derivative of the signal, which measures the variability and complexity of the blink motion; signal entropy, the entropy of the signal itself, providing a broader assessment of the overall blink pattern; slope at closing tent, maximum acceleration, the maximum acceleration during the closing phase of a blink, which isolates the rapid deceleration typical of blink closure; blink duration, representing the total time span of the blink event; and maximum acceleration velocity ratio, the ratio between the maximum acceleration and maximum velocity during the closing phase, which captures the relationship between these peak dynamics, indicative of voluntary eye closure. Figure 3 shows the results of each feature bounding step, against the BLINKEO labeled examples.

Figure 3. Optimal culling steps for differentiating blink events from wire movement artifacts in electrooculography (EOG) data. This figure presents the sequential culling steps optimized to achieve the highest accuracy and F_1-score in distinguishing blink events (green) from wire artifacts (blue) in EOG data. Each subplot demonstrates a unique culling step, applying specific feature thresholds to progressively refine the data. The final subplot, "Peaks preserved over culling pipeline," illustrates the proportion of retained peaks at each stage for both blink and wire signals, showcasing the efficacy of each step in isolating genuine blink events.



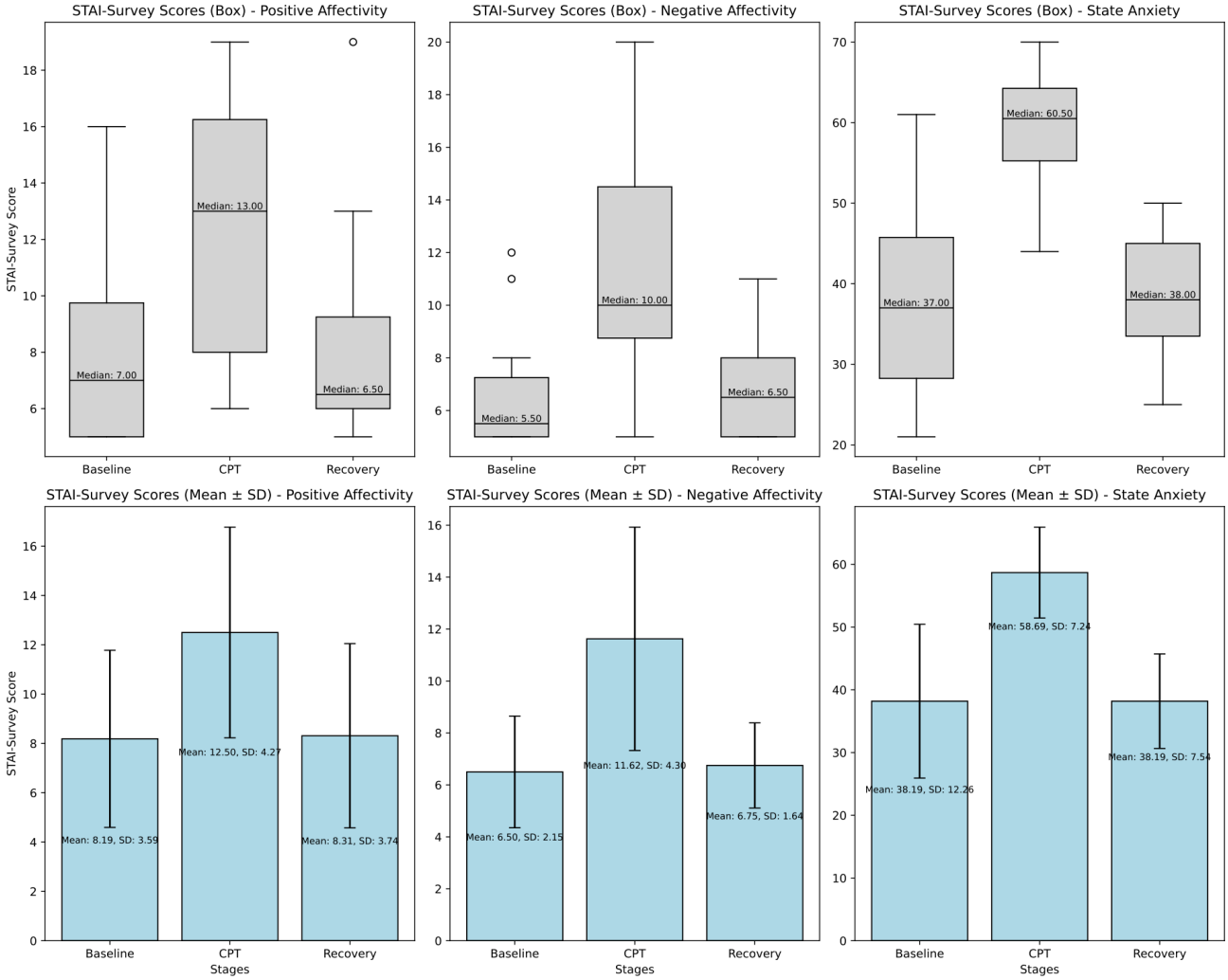
These features together form a comprehensive representation of blink characteristics, enabling differentiation of blinks from other signal types in the culling pipeline. This highlights how strategically selected bounds on multiple features, when combined, result in high classification performance without relying on complex algorithms.

Emotion, EOG, and EDA Monitoring in Cold Pressor Conditions (EMOCOLD) Analysis

Emotion Analysis

The EMOCOLD dataset analysis highlights significant physiological and emotional responses to acute stress induced by the CPT. Figure 4 shows participants' aggregated self-reported survey scores for positive affectivity, negative affectivity, and s-anxiety across the 3 trial stages: baseline, CPT, and recovery. Figure 4 shows that for each stage, survey responses were summarized and visualized using box plots, which display the distribution of scores. Positive affectivity and negative affectivity are scored on a scale of 5 - 25, and s-anxiety is scored on a scale of 20 - 80.

Figure 4. User-reported survey responses during each stage of the trial, displaying both box-and-whisker plots and column graphs for positive affectivity, negative affectivity, and state anxiety (s-anxiety) across the baseline, cold pressor test (CPT), and recovery stages. During the CPT, participants showed higher levels of positive affectivity, negative affectivity, and stage anxiety. Elevated levels recovered to baseline responses when participants took their hand out of the cold-water bath during the recovery phase. STAI: State-Trait Anxiety Inventory.



Participants reported increased positive and negative affectivity, as well as elevated s-anxiety during the CPT, which returned to baseline during recovery. This dual affective response suggests heightened arousal may include both alertness and discomfort. The recovery phase indicates effective autonomic regulation, as emotional states normalized once the stressor was removed. These findings validate the CPT as a method for inducing short-term anxiety.

SHAP Analysis

Overview

SHAP analysis is a method used to explain the output of machine learning models by breaking down the prediction into contributions from each feature. SHAP values are based on Shapley values from cooperative game theory, which attribute the impact of each feature on the model's output by treating each feature as a "player" in a game and calculating its contribution to the final prediction.

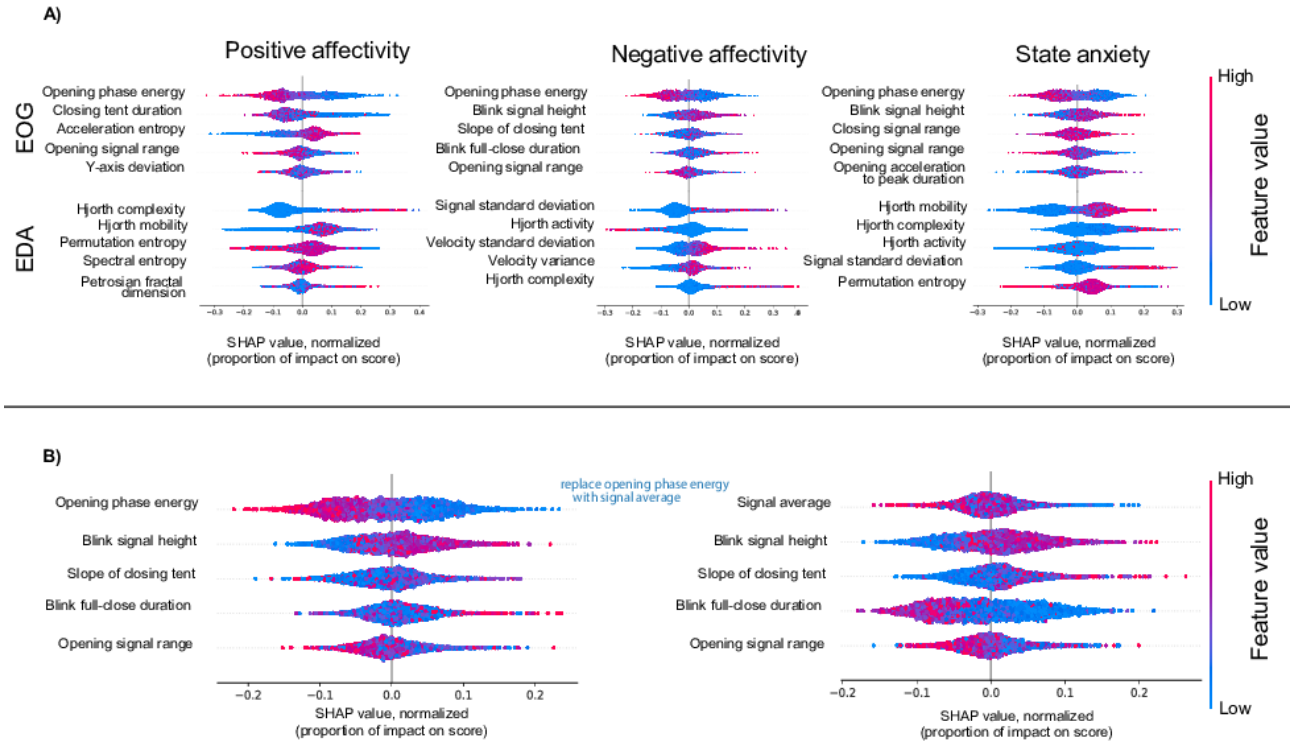
In this study, SHAP analysis was performed on combinations of 5 features, selected from the total feature set of 15 EDA and 35 EOG features, highlighting the significance of how certain biomarkers, used together, reveal more prominent interactions and effects on model predictions. This approach underscores that certain biomarkers, while potentially less impactful individually, can demonstrate substantial importance when analyzed as part of a group. By evaluating these interactions, we understand how combinations of features can provide insights into the model's behavior that single-feature analyses might overlook.

The quality of a set of features is determined by considering their collective contribution to the model's predictions, measured through the mean absolute SHAP values across the dataset. A high-quality set of features is one where the combination of features demonstrates substantial importance, as indicated by a higher mean absolute SHAP values. This benchmark reflects not only the magnitude of individual contributions but also the degree to which the features, as a group, interact to enhance the predictive power of the model.

The SHAP value maps provide insights into how various EOG features used in combination, and EDA features used in combination, contribute to predictions for positive affectivity negative affectivity, and s-anxiety. Each SHAP sub-plot illustrates the impact of individual features on model outputs, with higher SHAP values (toward the right) signifying a positive

contribution to the prediction, and lower SHAP values (toward the left) indicating a negative contribution. Figure 5A highlights the SHAP analysis identifying the combination of features that best polarize model predictions across the affective states.

Figure 5. 5A. Shapley additive explanations (SHAP) analyses for optimal combinations of 5 electrooculography (EOG) features (top row) and 5 electrodermal activity (EDA) features (bottom row) for positive affectivity (left column), negative affectivity (middle column), and state anxiety (right column). 5B. SHAP analysis of feature combinations. This analysis explores the quality of distinguishing different affectivity levels using different sets of features. This is an example of 5 EOG features and their impact on the negative affectivity score. Substituting one key feature with another can reveal new interdependencies among remaining features, thereby enhancing the model's interpretability.



EOG Feature Analysis

Among the EOG features analyzed, the opening phase energy, the integral of the opening phase of the peak signal, and opening signal range, the amplitude of the opening phase of the peak signal, consistently appeared in optimal feature combinations across all three outputs, suggesting their robustness as predictors. In addition, the signal height feature exhibited a particularly strong influence on predictions for negative affectivity and s-anxiety, underscoring its significance in these contexts.

EDA Feature Analysis

Among the EDA features analyzed, Hjorth parameters and the signal SD emerged as important predictors across the different affective states. These findings highlight the importance of analyzing feature interactions to reveal critical combinations that drive model performance, offering deeper insights into the physiological signals underpinning emotional and stress-related states.

The SHAP analyses in Figure 5B illustrate the importance of considering features in combination when identifying the most relevant biomarkers. By selecting sets of 5 features, we aim to identify a group of biomarkers that not only are individually relevant but also work effectively together. In Figure 5B, the inclusion of the feature opening phase energy contributes significantly to the model's performance, yielding a well-defined distinction in SHAP values. When opening phase energy is removed from the features considered, model performance decreases, and features such as blink full-close duration appear to show more distinction.

Discussion

Principal Findings

The main findings of this study show the potential of EOG and EDA as powerful tools for identifying nuanced physiological biomarkers associated with s-anxiety. Through the development and analysis of the BLINKEO and EMOCOLD datasets, we have introduced novel datasets and used advanced feature extraction techniques with interpretability methods such as SHAP analysis to uncover anxiety-specific markers. Our results emphasize the importance of understanding biomarkers in their context-dependent interactions and collective contributions to predictive models.

By systematically evaluating combinations of features, we mitigated challenges often faced in the literature, where biomarkers show inconsistent or nonsignificant correlations with anxiety due to situational variability. For instance, while blink rate and skin conductance metrics have been previously explored, our analysis reveals that their predictive use depends heavily on contextual factors, such as the type and intensity of the stressor. For example, biomarkers like blink duration and

skin conductance peaks performed well under controlled CPT conditions but may not generalize to other stress-inducing scenarios like public speaking. This underscores the need for adaptive, context-sensitive models that account for the situational variability of physiological responses.

A key contribution of this work is the identification of feature combinations that consistently provide reliable predictions. For EOG data, features like blink duration, peak height, and the opening integral were shown to be robust predictors across various emotional states. Similarly, for EDA data, features such as the mean signal, permutation entropy, and Hjorth activity emerged as significant contributors. By leveraging SHAP analysis, we identified not only which features are most relevant but also when and how they interact to enhance model performance. This approach offers a more comprehensive understanding of physiological responses compared to studies focusing solely on single-feature analyses.

Our findings bridge a critical gap in the literature by offering a systematic approach to addressing the variability and context-dependence of physiological biomarkers. This research advances the field by providing a framework for building more robust, interpretable, and context-sensitive models for anxiety assessment. The ability to dynamically adapt to different stress scenarios makes these biomarkers more applicable to real-world settings, paving the way for more personalized and effective mental health interventions.

Limitations

This study advances s-anxiety biomarker detection using EOG and EDA, but several limitations should be noted. The participant pool (N=16) was demographically skewed, with a predominance of male and Asian participants, limiting generalizability. Data were collected only once per subject, preventing analysis of intraindividual variability over time. Future studies should incorporate larger and more diverse populations with longitudinal data.

The CPT was conducted in a controlled lab environment, which may not fully reflect real-world anxiety triggers. In addition, motion artifacts in EOG recordings, despite filtering efforts, could impact signal clarity. EDA signals were recorded using a single forehead electrode, though different placements (eg, fingertips) may improve accuracy. Improved artifact detection and additional motion-tracking sensors could enhance data quality.

Feature selection for SHAP analysis focused on optimizing interpretability, but alternative selections may yield different insights. Models and analyses constructed using this dataset may not generalize well to other stress-inducing scenarios. External validation using independent datasets is necessary to confirm these findings.

Future Work

Future work should focus on validating these findings across diverse populations and stress-inducing contexts to further enhance the generalizability of these biomarkers. An important next step is to investigate potential gender-based and race-based differences in physiological responses to acute stress and our current methods of inducing stress, as this study was not explicitly designed for such analysis but acknowledges its relevance. In addition, integrating these models into wearable technology has the potential to revolutionize mental health monitoring, providing real time, personalized insights that could transform how we understand and manage anxiety. By addressing the challenges of situational variability and leveraging the strengths of combined biomarker analyses, this study contributes significantly to the growing field of wearable health technology and its applications in mental health.

Acknowledgments

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Generative artificial intelligence (AI; ChatGPT, version GPT-4o, OpenAI, 2025) was only used to assist with grammar correction and formatting of the authors' original text for this manuscript. These tools were used to improve clarity while preserving the authors' original ideas and content. All AI-assisted outputs were thoroughly reviewed and edited by the authors for accuracy and consistency before submission.

Data Availability

The datasets generated or analyzed during this study are available in the "stress-biomarkers-public-dataset" repository. The Blink Identification Electrooculography Dataset (BLINKEO) and Emotion, Electrooculography, and Electrodermal Activity Monitoring in Cold Pressor Conditions Dataset (EMOCOLD) can be accessed on GitHub [36,37].

Authors' Contributions

SAS and JD conceived the project. JD and SAS led the main study, collected the overall data, and contributed to the data analysis. RL and SS contributed to the platform development, characterization, human studies, and data processing. JD and SAS cowrote the paper. All authors provided feedback on the paper.

Conflicts of Interest

None declared.

Multimedia Appendix 1
The bounds of each peak were determined by performing 2 binary searches within the position domain of the signal—one to the left of the peak and one to the right.
[DOCX File, 123 KB - xmed_v6i1e69472_app1.docx]

Multimedia Appendix 2
The survey items from the Positive and Negative Affect Schedule (PANAS) and the State-Trait Anxiety Inventory (STAI-State) were used to assess participants' emotional and anxiety responses during the experiment. The PANAS scale consists of 10 items measuring positive affectivity and negative affectivity, each rated on a 1-5 Likert scale, where higher scores indicate stronger affective states. The STAI-State consists of 20 items assessing state anxiety, measured on a 1-4 Likert scale, where responses indicate varying degrees of agreement with statements reflecting anxiety levels. Higher scores in negative affectivity and anxiety-related items indicate greater distress, while higher scores in positive affectivity items indicate greater emotional well-being. The table below details each item, its corresponding scale, and the affectivity or anxiety dimension it evaluates.
[DOCX File, 16 KB - xmed_v6i1e69472_app2.docx]

Multimedia Appendix 3
Feature names and definitions extracted from windowed segments of electrodermal activity (EDA) signals.
[DOCX File, 15 KB - xmed_v6i1e69472_app3.docx]

Multimedia Appendix 4
Feature names and definitions extracted from windowed segments of electrooculography (EOG) signals.
[DOCX File, 17 KB - xmed_v6i1e69472_app4.docx]

Multimedia Appendix 5
A breadth-first search was performed to find the optimal range for distinguishing blinks from noise artifacts using the blink duration feature, which was extracted from electrooculography (EOG) signal peaks using our method. The identified bounds of 0.1227 to 0.3990 seconds align with values reported in the literature.
[DOCX File, 42 KB - xmed_v6i1e69472_app5.docx]

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Abbreviations

BFS: breadth-first search
BLINKEO: Blink Identification Electrooculography Dataset
CPT: cold pressor test
EDA: electrodermal activity
EMOCOLD: Emotion, Electrooculography, and Electrodermal Activity Monitoring in Cold Pressor Conditions Dataset
EOG: electrooculography
PANAS: Positive and Negative Affect Schedule
s-anxiety: state anxiety
SCR: skin conductance response
SHAP: Shapley additive explanations
STAI-State: State-Trait Anxiety Inventory

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Large Language Models for Pediatric Differential Diagnoses in Rural Health Care: Multicenter Retrospective Cohort Study Comparing GPT-3 With Pediatrician Performance

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Abstract

Background: Rural health care providers face unique challenges such as limited specialist access and high patient volumes, making accurate diagnostic support tools essential. Large language models like GPT-3 have demonstrated potential in clinical decision support but remain understudied in pediatric differential diagnosis.

Objective: This study aims to evaluate the diagnostic accuracy and reliability of a fine-tuned GPT-3 model compared to board-certified pediatricians in rural health care settings.

Methods: This multicenter retrospective cohort study analyzed 500 pediatric encounters (ages 0 - 18 years; n=261, 52.2% female) from rural health care organizations in Central Louisiana between January 2020 and December 2021. The GPT-3 model (DaVinci version) was fine-tuned using the OpenAI application programming interface and trained on 350 encounters, with 150 reserved for testing. Five board-certified pediatricians (mean experience: 12, SD 5.8 years) provided reference standard diagnoses. Model performance was assessed using accuracy, sensitivity, specificity, and subgroup analyses.

Results: The GPT-3 model achieved an accuracy of 87.3% (131/150 cases), sensitivity of 85% (95% CI 82% - 88%), and specificity of 90% (95% CI 87% - 93%), comparable to pediatricians' accuracy of 91.3% (137/150 cases; *P*=.47). Performance was consistent across age groups (0 - 5 years: 54/62, 87%; 6 - 12 years: 47/53, 89%; 13 - 18 years: 30/35, 86%) and common complaints (fever: 36/39, 92%; abdominal pain: 20/23, 87%). For rare diagnoses (n=20), accuracy was slightly lower (16/20, 80%) but comparable to pediatricians (17/20, 85%; *P*=.62).

Conclusions: This study demonstrates that a fine-tuned GPT-3 model can provide diagnostic support comparable to pediatricians, particularly for common presentations, in rural health care. Further validation in diverse populations is necessary before clinical implementation.

(JMIRx Med 2025;6:e65263) doi:10.2196/65263

KEYWORDS

natural language processing; NLP; machine learning; ML; artificial intelligence; language model; large language model; LLM; generative pretrained transformer; GPT; pediatrics

Introduction

The rapid advancement of artificial intelligence (AI) has led to the development of large language models (LLMs) that demonstrate sophisticated capabilities in understanding and analyzing human language [1]. Recent studies have shown promising applications of LLMs in health care, particularly in clinical decision support, medical knowledge synthesis, and diagnostic assistance [2-4]. However, their reliability and accuracy in specialized medical domains, especially pediatric care in resource-constrained settings, require thorough evaluation.

Differential diagnosis in pediatrics presents unique challenges that distinguish it from adult medicine. Young patients often cannot articulate their symptoms clearly, presentations can be atypical, and the range of potential diagnoses varies significantly with age. Recent systematic reviews have shown that diagnostic errors occur in "appreciable amounts" of pediatric encounters, with higher rates in rural and underserved areas [5]. These errors can lead to delayed treatment, inappropriate interventions, and potentially adverse outcomes.

The application of LLMs in clinical decision support has shown initial promise. Studies using GPT-3 and similar models have reported accuracies ranging from 75% to 85% in generating differential diagnoses for adult cases [6]. Notably, Steinberg et al [7] demonstrated that LLMs could achieve 82% accuracy in analyzing electronic health record (EHR) data for diagnostic support. However, pediatric applications remain underexplored, with limited studies specifically examining LLM performance in child and adolescent cases.

Rural health care settings face particular challenges that could benefit from LLM-based support tools. These areas often experience physician shortages, with providers managing high patient volumes and limited access to specialist consultation [8]. A survey of rural pediatric practices found that 52% of rural pediatricians report difficulty obtaining timely specialist input for complex cases [9]. Additionally, rural providers often work in isolation, managing a broad spectrum of conditions with fewer diagnostic resources compared to urban centers [10].

Previous evaluations of AI in pediatric diagnosis have largely focused on specific conditions or imaging-based applications rather than broad differential diagnosis. For instance, Wu et al [11] achieved 97.45% accuracy in pediatric otitis media interpretation using deep learning models, while other studies have demonstrated AI's effectiveness in detecting pediatric pneumonia from chest x-rays or identifying developmental disorders through automated screening tools. However, these models are often constrained by narrow diagnostic scopes, lack interpretability, and are not readily adaptable to general pediatric clinical reasoning.

Recent studies have begun to explore the application of LLMs in pediatric clinical settings. For example, Nian et al [12] found that ChatGPT and Google Gemini performed inadequately in providing recommendations for managing developmental dysplasia of the hip compared to expert guidelines, raising concerns about reliability in pediatric decision-making. Similarly, Wang et al [13] developed an LLM-based framework for pediatric obstructive sleep apnea management, highlighting the potential for specialized fine-tuning to improve diagnostic accuracy in specific pediatric conditions. Miyake et al [14] explored the role of AI-driven LLMs in pediatric surgery, emphasizing challenges related to real-time intraoperative decision support. Furthermore, Raza et al [15] investigated LLM applications in analyzing parental transcripts for children with congenital heart disease, demonstrating their potential role in augmenting thematic analysis in pediatric health care.

Despite these developments, comprehensive evaluations of LLMs in general pediatric differential diagnosis remain scarce. Many existing studies focus on narrow applications, lack real-world clinical validation, or fail to address age-specific nuances in pediatric presentations. Additionally, research on LLM utility in rural settings, where pediatricians may have limited access to specialist support, is particularly lacking. This study aims to bridge these gaps by systematically evaluating LLM performance in general pediatric differential diagnosis, with a focus on rural applicability and real-world clinical decision support.

The emergence of newer LLM architectures and their potential application in health care necessitates rigorous evaluation in real-world clinical settings [16]. While preliminary studies suggest promise, questions remain about their reliability, safety, and integration into clinical workflows [17]. Furthermore, the unique aspects of pediatric care—including age-specific disease presentations, developmental considerations, and the critical nature of early accurate diagnosis—require specific validation of these tools in pediatric populations [18].

This study addresses these knowledge gaps by evaluating the performance of a fine-tuned GPT-3 model in generating pediatric differential diagnoses within rural health care settings. By comparing the model's performance with that of experienced pediatricians across various age groups and presenting complaints, we aim to assess its potential as a clinical decision support tool. The findings could inform the development of AI-assisted diagnostic tools specifically tailored to the needs of rural pediatric health care providers.

Methods

Study Design and Setting

This multicenter retrospective cohort study was conducted in collaboration with a rural pediatric health care organization in Central Louisiana. The organization provides primary care to approximately 15,000 pediatric patients. The study analyzed patient data collected between January 2020 and December 2021. The overall workflow of the study is illustrated in Figure 1, encompassing data collection through model evaluation.

Figure 1. Workflow schematic showing the process of data collection, preprocessing, model training, and evaluation. The pipeline includes data splitting (70% training, 30% testing), GPT-3 fine-tuning, and comprehensive performance evaluation including subgroup analyses.

Ethical Considerations

Ethics approval was obtained from the Mansoor Pediatrics Ethics Committee (approval MP-2023‐017), and the study adhered to the principles of the Declaration of Helsinki. The study used retrospective, deidentified patient data and was exempt from informed consent requirements. Data were anonymized to ensure compliance with Health Insurance Portability and Accountability Act (HIPAA) regulations. No identifying information was accessible to researchers. No compensation was provided to participants as the study relied on existing retrospective data. For secondary analyses using deidentified data, the original consent obtained at the time of patient care covered the use of the data for research purposes.

Participants and Data Collection

A total of 500 pediatric patient encounters were included based on the following criteria:

- Inclusion criteria: Patients aged 0‐18 years with a documented chief complaint and pediatrician-generated differential diagnosis
- Exclusion criteria: Encounters with incomplete or inconsistent data

Anonymized data, including patient age, sex, chief complaint, presenting symptoms, medical history, and pediatrician-generated differential diagnoses, were extracted from the EHR system. Two independent researchers manually reviewed the data to ensure accuracy and consistency. No missing data were present in the final dataset. Demographic information, including racial and ethnic background, was not collected as part of this dataset. This omission limits the ability to assess potential biases in model performance across racial or ethnic groups, which is an important consideration for future research.

Five board-certified pediatricians (mean experience: 12, SD 5.8, range 5‐20 years) participated in the study as reference standard providers. Pediatricians were recruited from the participating health care organization based on their availability and experience in rural pediatrics.

Data Preprocessing

For each patient encounter, the chief complaint, presenting symptoms, and relevant medical history were concatenated into a single text string. Identifying information was removed to ensure privacy. Medical terms were standardized using a medical dictionary, and data were formatted for compatibility with the GPT-3 model.

Model Training and Fine-Tuning

The GPT-3 model (DaVinci version) was fine-tuned using the OpenAI application programming interface. The dataset was randomly split into a training set (n=350, 70%) and a testing set (n=150, 30%). The model was trained to generate up to five differential diagnoses for each input case. The study used retrospective data that included pediatrician-generated differential diagnoses documented during actual clinical encounters. No pediatricians were prospectively instructed to generate differential diagnoses specifically for this study. The same format of up to 5 differential diagnoses was used for standardization when processing both the historical physician documentation and the GPT-3 outputs. Fine-tuning parameters included 10 epochs, a batch size of 4, and a learning rate of 1e-5. The fine-tuning process aimed to optimize the model's ability to generate accurate and relevant differential diagnoses based on the input data. These details are visible in Multimedia Appendix 1.

GPT-3 (DaVinci version) was selected for this study because it was the most advanced version of the GPT model available at the time of data collection and model fine-tuning. Subsequent versions, such as GPT-3.5 and GPT-4, were released after the study period and were therefore not considered. Future work could explore the performance of these newer models in similar settings to assess potential improvements in diagnostic accuracy.

Evaluation Metrics

The model's performance was evaluated using the following metrics (Table 1):

- Accuracy: Proportion of correct predictions (true positives and true negatives) relative to total cases
- Sensitivity (recall): Proportion of actual positive diagnoses correctly identified by the model
- Specificity: Proportion of actual negative diagnoses correctly excluded by the model
- Precision: Proportion of positive predictions that were correct
- F_1-score: Harmonic mean of precision and sensitivity

In addition to these metrics, subgroup analyses were conducted by age group (0‐5, 6‐12, and 13‐18 years) and chief complaints (eg, fever, abdominal pain).

Table . Testing set evaluation metrics for analysis of the fine-tuned GPT-3 model, including formulas and values of the evaluation metrics for the GPT-3 model.

Metric	Formula	Description
Sensitivity (recall)	TP[a,b]/(TP + FN[c,d])	The proportion of actual positive diagnoses that were correctly identified by the model
Specificity	TN[e,f]/(TN + FP[g,h]) 0.90	The proportion of actual negative diagnoses that were correctly identified by the model
Precision	TP/(TP + FP)	The proportion of the model's positive predictions that were actual positive diagnoses
F_1-score	2 * (precision * sensitivity)/(precision + sensitivity)	The harmonic mean of precision and sensitivity, providing a balanced measure of the model's performance
Accuracy	(TP + TN)/(TP + TN + FP + FN)	The overall proportion of correct predictions made by the model

[a]TP: true positive.

[b]Cases where the model correctly predicted a positive diagnosis.

[c]FN: false negative.

[d]Cases where the model incorrectly predicted a negative diagnosis.

[e]TN: true negative.

[f]Cases where the model correctly predicted a negative diagnosis.

[g]FP: false positive.

[h]Cases where the model incorrectly predicted a positive diagnosis.

Statistical Analysis

Descriptive statistics were used to summarize patient demographics and model performance. χ^2 tests were used for categorical variables, and independent 2-tailed *t* tests were used for continuous variables. Statistical significance was set at $P<.05$. Data normality was assessed using the Kolmogorov-Smirnov test before statistical analysis. Our outcome metrics (accuracy, sensitivity, specificity) were found to follow a normal distribution ($P>.05$), supporting our use of parametric statistical methods including *t* tests for comparisons between groups. For nonnormally distributed variables, nonparametric alternatives (Mann-Whitney *U* test) were applied.

χ^2 tests were chosen for categorical variables due to their robustness in comparing proportions across groups. Independent *t* tests were selected for continuous variables after confirming normality of distribution. The choice of metrics (accuracy, sensitivity, specificity) aligns with standard diagnostic evaluation frameworks in health care AI validation studies. Subgroup analyses were performed to assess model performance consistency across demographics and clinical presentations, which is essential for evaluating potential biases in model predictions.

Power analysis indicated that a sample size of 500 would provide 80% power to detect a 10% difference in accuracy between the GPT-3 model and pediatricians, assuming a pediatrician accuracy of 90%. This calculation accounted for the expected distribution of common and rare diagnoses in our pediatric population, with consideration for potential subgroup analyses across different age groups and chief complaints.

Software and Tools

The statistical analysis was conducted using Python 3.8 (Python Software Foundation) [19] with the scikit-learn library [20] for model evaluation and SPSS Statistics version 29 (IBM Corp) for additional analysis [21]. The OpenAI application programming interface was used for model fine-tuning and prediction generation [22]. Software and scripts used in this study are available upon request for reproducibility.

Results

Dataset Characteristics

A total of 500 pediatric patient encounters were included, with 350 (70%) cases in the training set and 150 (30%) cases in the testing set. The mean age of patients was 7.5 (SD 5.2) years, and 52.2% (n=261) of participants were female. The most common chief complaints were fever (n=130, 26%), cough (n=98, 19.6%), abdominal pain (n=73, 14.6%), and rash (n=49, 9.8%). The distribution of age, sex, and chief complaint was similar between the training and testing sets (Table 2).

Table . Demographics and dataset characteristics.

Characteristic	Total (N=500)	Training set (n=350)	Testing set (n=150)	*P* value
Age (years), mean (SD)	7.5 (5.2)	7.4 (5.1)	7.7 (5.3)	.56[a]
Sex, n (%)				.82[b]
Female	261 (52.2)	184 (52.6)	77 (51.3)	
Male	239 (47.8)	166 (47.4)	73 (48.7)	
Chief complaint, n (%)				.93[b]
Fever	130 (26.0)	91 (26.0)	39 (26.0)	
Cough	98 (19.6)	70 (20.0)	28 (18.7)	
Abdominal pain	73 (14.6)	50 (14.3)	23 (15.3)	
Rash	49 (9.8)	34 (9.7)	15 (10.0)	
Other	150 (30.0)	105 (30.0)	45 (30.0)	
Rare diagnoses, n (%)	20 (4.0)	14 (4.0)	6 (4.0)	>.99

[a]*P* value calculated using independent 2-tailed *t* test.

[b]*P* value calculated using χ^2 test.

Model Performance

The fine-tuned GPT-3 model achieved high accuracy in generating differential diagnoses on the testing set. Key performance metrics are as follows:

- Accuracy: 87.3% (131/150 cases)
- Sensitivity (recall): 85% (95% CI 82% - 88%)
- Specificity: 90% (95% CI 87% - 93%)
- Precision: 89% (95% CI 86% - 92%)
- F_1-score: 0.87

The model correctly identified 128 positive diagnoses and excluded 334 negative diagnoses, with 16 false positives and 22 false negatives.

Subgroup Analysis

Performance across age groups and common chief complaints are summarized in Tables 2 and 3. The model's accuracy was consistent across age groups:

- 0 - 5 years: 87% (54/62 cases)
- 6 - 12 years: 89% (47/53 cases)
- 13 - 18 years: 86% (30/35 cases)

Table . Model performance by common chief complaints.

Chief complaint	Accuracy (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)	Precision (95% CI)	F_1-score (95% CI)
Fever (n=39)	0.92 (0.88-0.96)	0.90 (0.85-0.95)	0.93 (0.90-0.96)	0.92 (0.87-0.97)	0.91 (0.86-0.96)
Cough (n=28)	0.89 (0.82-0.94)	0.85 (0.79-0.91)	0.90 (0.84-0.92)	0.89 (0.83-0.95)	0.87 (0.81-0.93)
Abdominal pain (n=23)	0.87 (0.78-0.92)	0.82 (0.75-0.89)	0.87 (0.83-0.90)	0.86 (0.79-0.93)	0.84 (0.77-0.91)
Rash (n=15)	0.93 (0.83-0.97)	0.88 (0.80-0.96)	0.91(0.88-0.94)	0.90 (0.92-0.98)	0.89 (81-0.97)

Similarly, the model demonstrated robust performance for common chief complaints:

- Fever: 92% (36/39 cases) accuracy
- Cough: 89% (25/28) accuracy
- Abdominal pain: 87% (20/23) accuracy
- Rash: 93% (14/15) accuracy

Subgroup analyses by age group and chief complaints revealed consistent performance, indicating the model's ability to generalize across varying pediatric presentations. However, the slight performance drop in complex and rare cases underscores the importance of targeted training datasets for improving diagnostic accuracy in these subgroups. For rare or complex diagnoses (n=20), the model achieved an accuracy of 80% (16/20 cases), slightly lower than the overall accuracy but comparable to pediatricians (17/20, 85% of cases; *P*=.62).

Comparison With Pediatricians

The model's performance was comparable to that of the 5 participating board-certified pediatricians. Pediatricians achieved an accuracy of 91.3% (137/150 cases), with a sensitivity of 92% (95% CI 91%-94%) and specificity of 88% (95% CI 84%-90%). Differences in sensitivity (*P*=.08) and specificity (*P*=.57) between the model and pediatricians were not statistically significant.

Statistical Analysis

χ^2 tests indicated no significant differences between the GPT-3 model and pediatricians for accuracy, sensitivity, or specificity. Subgroup analyses confirmed consistent performance across age groups and common chief complaints, with no significant performance disparities.

Tables

Table 1 provides a detailed breakdown of the evaluation metrics. Table 4 shows the performance of the model by age group, while Table 3 summarizes performance by chief complaints.

Table . Model performance by age group.

Age group (years)	Accuracy (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)	Precision (95% CI)	F_1-score (95% CI)
Overall (n=150)	0.85 (0.81-0.89)	0.90 (0.87-0.93)	0.89 (0.86-0.92)	0.87 (0.83-0.91)	0.88 (0.85-0.91)
0 - 5 (n=62)	0.87 (0.82-0.92)	0.84 (0.79-0.89)	0.89 (0.85-0.93)	0.88 (0.83-0.93)	0.86 (0.81-0.91)
6 - 12 (n=53)	0.89 (0.84-0.94)	0.86 (0.81-0.91)	0.91 (0.87-0.95)	0.90 (0.85-0.95)	0.88 (0.83-0.93)
13 - 18 (n=35)	0.86 (0.80-0.92)	0.83 (0.77-0.89)	0.88 (0.83-0.93)	0.87 (0.81-0.93)	0.85 (0.79-0.91)

Discussion

Principal Findings

This study evaluated the diagnostic performance of a fine-tuned GPT-3 model in generating pediatric differential diagnoses in rural health care settings. The model achieved an accuracy of 87%, which was comparable to board-certified pediatricians' accuracy of 91%. Performance was consistent across age groups and common chief complaints, underscoring the model's potential as a reliable clinical decision support tool. While the model demonstrated lower accuracy for rare or complex cases (80%), its performance remained comparable to that of pediatricians (85%). These findings suggest that LLMs could enhance diagnostic accuracy and support providers in underserved regions, particularly for routine presentations.

Comparison to Prior Work

Our findings align with prior studies demonstrating the potential of LLMs in clinical decision support. For example, Steinberg et al [7] reported 82% accuracy in adult diagnostic support using LLMs, while Wu et al [11] achieved 97.45% accuracy in pediatric otitis media interpretation with deep learning models. This study extends these findings by focusing on general pediatric differential diagnosis, an area with limited prior research. Unlike previous studies that primarily examined urban or hospital-based datasets, our work highlights the utility of LLMs in resource-constrained rural environments, addressing a critical gap in the literature.

Strengths and Limitations

This study has several strengths. First, the use of real-world data from rural health care settings enhances the generalizability of findings to similar environments. Second, the inclusion of subgroup analyses provides insights into the model's performance across diverse age groups and chief complaints. Third, the comparative evaluation with experienced pediatricians underscores the model's clinical relevance.

Another of the key strengths of this study lies in its real-world applicability, particularly for rural health care settings where resources are limited and access to specialists is often constrained. By leveraging existing EHR data and evaluating the model's performance on common and rare pediatric conditions, this research provides a practical framework for integrating AI tools into primary care workflows. The consistent accuracy demonstrated across age groups and chief complaints highlights the potential of GPT-3 to serve as a valuable diagnostic support system for providers in underserved areas. However, implementing such tools in real-world clinical settings will require addressing infrastructure challenges, including internet connectivity and provider training. Despite these challenges, the findings underscore the feasibility of deploying AI systems to enhance diagnostic accuracy and reduce disparities in health care delivery, particularly in environments with high patient volumes and limited specialist availability.

However, there are notable limitations:

- Sample size and diversity: The sample size of 500 encounters, while informative, may not fully capture the diversity of the broader pediatric population. This limitation is particularly relevant in diverse health care settings, where factors such as demographic variability, socioeconomic status, and health care access can influence diagnostic patterns. Prior studies have demonstrated that models trained on limited datasets often fail to generalize across different populations, highlighting the need for larger, multi-institutional datasets to improve validity and applicability [17]. Additionally, our study used data from a single rural health care organization, which may limit the external validity of our findings. Similar studies have shown that AI-based diagnostic models exhibit performance degradation when applied to new patient populations due to variations in disease prevalence, clinical workflows, and physician documentation styles [18]. For instance, Steinberg et al [7] found that an LLM trained on one hospital's EHRs experienced a 15% drop in accuracy when tested on data from a different institution. These findings emphasize the need for external validation. Future research should prioritize expanding the sample size through multicenter collaborations, incorporating data from health care centers with diverse patient demographics to enhance generalizability and robustness. Similar initiatives have demonstrated improved AI model performance when trained on heterogeneous datasets, such as the multi-institutional validation study by Rajkomar et al [2], which improved diagnostic accuracy across multiple health care networks.
- Retrospective design: The use of retrospective data limits the ability to assess the model's impact on clinical workflows or patient outcomes. Prospective clinical trials are needed to evaluate these aspects.
- Cross-validation: A key limitation of this study is the lack of cross-validation across different health care organizations. Evidence suggests that AI-based diagnostic models frequently underperform when tested on external

datasets due to variations in clinical documentation, patient demographics, and institutional practices. For example, a systematic review of AI applications in health care found that models trained on single-center data exhibited an average 12% - 20% decrease in performance when applied to external datasets [17]. Steinberg et al [7] also demonstrated that LLMs trained on EHRs from one hospital struggled to maintain accuracy when exposed to unseen patient populations, emphasizing the importance of cross-validation. Furthermore, ChatGPT-based diagnostic models have shown variability in reliability across different patient demographics, particularly when applied to pediatric populations with rare conditions [12]. To ensure reproducibility, future studies should incorporate external validation using data from multiple institutions, including urban, suburban, and rural health care settings. By validating performance across diverse patient populations, we can assess the model's reliability in real-world clinical environments and mitigate the risks associated with dataset bias. This approach aligns with recommendations from previous research advocating for multicenter validation to improve AI model robustness [18].

- Rare diagnoses: The model's lower accuracy for rare or complex cases highlights the need for further fine-tuning and testing in these areas. Future fine-tuning efforts could incorporate domain-specific datasets, such as rare pediatric conditions or uncommon presentations, to enhance the model's diagnostic accuracy for less frequently encountered cases. For example, fine-tuning could focus on rare pediatric conditions such as Kawasaki disease or metabolic disorders, which often present atypically and are prone to diagnostic errors. Collaborations with specialist clinics could help build robust datasets for such conditions.
- GPT-3 versus newer models: Another limitation is the use of GPT-3 instead of its newer iterations, such as GPT-3.5 or GPT-4, which were released after the completion of this study. While GPT-3 demonstrated strong diagnostic performance, future studies should evaluate whether these more advanced models can further enhance accuracy, particularly for rare or complex cases. Specifically, GPT-3.5 and GPT-4 feature enhanced contextual understanding and larger training corpora [23], which may improve their ability to identify nuanced patterns in rare pediatric diagnoses. Additionally, these models may mitigate hallucination risks and offer better attribution of sources, which are critical for clinical applications. Comparative evaluations in similar rural health care settings would provide insights into their incremental benefits over GPT-3.

Practical Implications

Integrating LLMs like GPT-3 into rural health care settings could address critical challenges such as physician shortages, high patient volumes, and limited specialist access. These tools can provide rapid accurate diagnostic support, reducing diagnostic errors and improving patient outcomes [24]. However, practical barriers to implementation, including infrastructure requirements (eg, reliable internet and electricity) and provider training, must be addressed [25].

Reliance on AI systems poses risks, including overreliance by less experienced providers and challenges in managing incomplete or inconsistent input data [26]. Training programs should ensure health care providers understand the limitations of AI tools and develop strategies for validating AI-generated outputs. Establishing clear guidelines for AI use in clinical settings will further ensure patient safety and ethical application. To address concerns about hallucinations—instances where the model generates inaccurate or fabricated information—health care providers must verify AI-generated outputs against clinical guidelines and existing evidence. Integrating feedback mechanisms, where physicians can flag inaccuracies, may also help refine model behavior over time [27].

Additionally, fostering trust in AI tools among providers and patients will be essential for successful adoption [28]. Additionally, parental concerns regarding deferring diagnostic decisions to AI systems must be addressed to build trust and acceptance. Efforts to educate families about AI's role as a supplementary decision-making tool rather than a replacement for physician judgment are essential. Furthermore, rural health care facilities may face challenges in implementing AI solutions due to limited infrastructure, such as inconsistent internet access, power supply, and provider training [29]. These challenges may also include the cost of deploying and maintaining AI systems, as well as the need for ongoing technical support. Policy makers and health care administrators should explore subsidized programs or partnerships with technology providers to ensure equitable access to AI tools in resource-limited settings. Addressing these barriers will be crucial for ensuring successful adoption and integration into clinical workflows.

Future Directions

Future research should focus on the following:

- The findings should be validated in larger, more diverse populations across multiple health care settings.
- The diagnostic capabilities of more advanced models, such as GPT-3.5 or GPT-4, should be assessed to determine whether recent improvements in language model architecture further enhance diagnostic accuracy.
- The impact of LLM integration on patient outcomes, provider satisfaction, and workflow efficiency in prospective clinical trials should be assessed.
- User-friendly interfaces should be developed to facilitate adoption by providers with varying levels of technological expertise, and training programs tailored to rural health care providers should be developed to familiarize them with AI tools and address potential apprehensions about using such systems. These programs should emphasize the complementary nature of AI in clinical workflows rather than its replacement of human judgment.
- Ethical concerns, including data privacy, informed consent, and model transparency, should be addressed to ensure responsible use in clinical practice.
- In addition to traditional evaluation metrics, future studies should assess language generation issues such as hallucinations—instances where the model produces false or unsupported information—and attribution of responses to reliable sources.

These factors are critical for ensuring the safety and reliability of AI applications in clinical decision-making. Natural language processing metrics like Recall-Oriented Understudy for Gisting Evaluation (ROUGE) and bilingual evaluation understudy (BLEU) may be used to evaluate output quality, while further human review of generated responses could assess alignment with established clinical guidelines.

Conclusions

This study highlights the potential of GPT-3, a fine-tuned LLM, as a clinical decision support tool for pediatric differential diagnosis in rural health care settings. The model achieved diagnostic accuracy comparable to that of board-certified pediatricians, demonstrating robust performance across age groups and common presenting complaints. These findings suggest that LLMs could serve as valuable tools for addressing the unique challenges faced by rural health care providers, such as limited access to specialists and high patient volumes.

However, this work also underscores the need for further validation. Future research should focus on evaluating the model's performance in larger, diverse populations and real-world clinical settings. Ethical considerations, including data privacy and model transparency, must be prioritized to ensure responsible implementation. Another ethical consideration is the potential for AI models to exacerbate existing health disparities if their development does not account for diverse populations. Rigorous testing in underrepresented groups and ongoing audits for bias are critical steps to ensure fairness and equity in AI-driven health care applications. By addressing these challenges, LLMs like GPT-3 have the potential to enhance diagnostic accuracy, reduce disparities in access to care, and improve outcomes for pediatric patients in underserved regions.

While this study represents a step toward integrating AI into rural health care, its findings underscore the need for iterative improvements and cross-disciplinary collaboration to refine these tools. Partnerships between AI developers, clinicians, and health care administrators will be crucial in ensuring that AI solutions are both effective and accessible.

This study serves as a step in bridging the gap between AI innovation and practical health care applications, paving the way for future advancements in clinical decision support systems tailored to the needs of rural health care environments.

Conflicts of Interest

None declared.

Multimedia Appendix 1
Technical appendix: GPT-3 Model specifications and implementation details.
[DOCX File, 24 KB - xmed_v6i1e65263_app1.docx]

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Abbreviations

AI: artificial intelligence
BLEU: bilingual evaluation understudy
EHR: electronic health record
HIPAA: Health Insurance Portability and Accountability Act
LLM: large language model
ROUGE: Recall-Oriented Understudy for Gisting Evaluation

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Peer Review of "Safety and Efficacy of Chimeric Antigen Receptor T-Cell Therapy for Recurrent Glioblastoma: An Augmented Meta-Analysis of Phase 1 Clinical Trials (Preprint)"

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Related Article:

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KEYWORDS

CAR T-cell therapy; cancer; glioblastoma; brain tumor; meta-analysis; chimeric antigen receptor

This is a peer-review report for the preprint "Safety and Efficacy of Chimeric Antigen Receptor T-cell Therapy for Recurrent Glioblastoma: An Augmented Meta-Analysis of Phase 1 Clinical Trials."

This review is the result of a virtual collaborative live review discussion organized and hosted by PREreview and JMIR Publications on Dec 12, 2024. The discussion was joined by 11 people: 3 facilitators, 1 member of the JMIR Publications team, and 7 live review participants including 3 who agreed to be named but did not assist in compiling the final review: Eudora Nwanaforo, Kelechi Elechi, and Murtala Haruna Bawa. The authors of this review have dedicated additional asynchronous time over the course of 2 weeks to help compose this final report using the notes from the live review. We thank all participants who contributed to the discussion and made it possible for us to provide feedback on this preprint.

Summary

The study [1] was designed to address the limitations of previous studies and evaluate the safety and efficacy of chimeric antigen receptor (CAR) T-cell therapy for recurrent glioblastoma. The results of this study are predictive rather than confirmatory. CAR T-cell therapy for glioblastoma was not predicted to significantly improve survival or achieve substantial complete responses. Stable disease rates were modest, while disease progression was notable. Adverse events, especially CAR T-cell therapy–related encephalopathy, raise safety concerns. Overall survival was 6.49 months in patients receiving CAR T-cell therapy after augmented analysis, and only 80% of patients exhibited this outcome. It was not statistically different from the median overall survival observed in patients with recurrent glioblastoma undergoing standard treatment, thereby indicating that CAR T-cell therapy, in its current form, does not offer substantially improved survival compared to standard treatments. Further trials and refinements are needed to enhance CAR T-cell therapy's effectiveness and safety in glioblastoma treatment. An interesting fact is that a novel statistical technique (augmented meta-analyses) was used in this study. It was a combination of a cross-sectional (quantitative) and augmented meta-analysis (qualitative).

List of Major Concerns and Feedback

Methods

Augmented Meta-Analysis

- This section is limited in its description of the methodology used in the study. It would be helpful to include more information on the machine learning model or language model used to generate the extra cases.
- The title and aim specify that the study focuses on recurrent glioblastoma, but this specificity is not reflected in the inclusion criteria. It would be helpful to adjust the inclusion criteria to explicitly state that the study is targeting patients with recurrent glioblastoma. This will align the methodology with the aim as stated.
- The inclusion criteria do not specify that patients are in phase 1 clinical trials, where safety is a primary focus. Clearly state in the inclusion criteria that patients are part of phase 1 clinical trials. This will provide context for the study's focus on safety.
- There is no reference to the earlier use of augmented meta-analysis in cancer or medical research, nor is it explicitly stated if this is a new application. If augmented meta-analysis has been previously applied, cite relevant references. If this is its first application, explicitly state so and highlight its novelty.

Results

Literature Review and Risk of Bias Assessment Section

- It would be helpful to add the details of Figure 1 and Table 1 that explain the details of the cause of exclusion, the

results of the Newcastle Ottawa Scale, which study reached the high-quality level, etc.

Discussion

- It is important to add a comparison between the mean overall survival for patients with glioblastoma who underwent CAR T-cell therapy and the median overall survival observed in patients receiving the standard protocol for recurrent glioblastoma treatment to the Results section, as this comparison is mentioned in the first paragraph of the Discussion section.

Reproducibility of the Study

- The data presented in the study are beneficial for reproducibility except for the augmented meta-analysis, which is hindered by the lack of clear documentation on the large language model settings.
- The details of the augmented meta-analysis are not available. Provide access to the source code or methodological details for augmented meta-analysis, either as supplementary material or a public repository link. Transparency will strengthen the study's reproducibility.

List of Minor Concerns and Feedback

Concerns With Techniques/Analyses

- Abbreviations like "IL-13Ralpha-2," "EGFRvIII," "HER2," and "HephA2" are not identified in the Included Study Characteristics section. Expand the abbreviations and provide their full names (eg, "Interleukin-13 Receptor Subunit Alpha-2") when first mentioned. This ensures clarity for readers not familiar with the terms.
- The last line of the large language model statement on page 16 does not explain how augmented meta-analysis was applied. Elaborate on how augmented meta-analysis was applied, especially in terms of methodology and integration with the study data.

Figures and Tables

- The screening section in Figure 1 is missing a rectangle to indicate the exclusion of 300 records. Update it using the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) flowchart to include a rectangle that details the 300 excluded records and ensures the causes of exclusion are clearly stated.
- The reasons for exclusion are not detailed in the PRISMA flowchart. Follow PRISMA guidelines to specify the causes of exclusion, such as duplicates, irrelevance, or incomplete data, within the flowchart.
- Comments following Figure 1 are not in line with its instructions. Restructure the comments to follow the instructions and present the details of the research study accordingly.

Additional Comments

- No reference is provided for the trim-and-fill method mentioned in the augmented meta-analysis of overall survival (page 10). Cite a relevant source, such as [2] or another appropriate reference.
- The Cochrane Handbook (Part 2, Chapter 9) should be referenced in the Statistical Analysis section and its numbered reference cited in the text.
- References in the third paragraph of the Introduction mix meta-analyses and clinical trials without clear distinction. Rearrange and clarify the references while ensuring that references to meta-analyses and clinical trials are grouped and contextualized appropriately to avoid confusion.
- Repetition of the sentence "Egger's test for publication bias could not be performed since the number of included studies in this outcome was less than ten" could be avoided by mentioning it once in the Methods section as the total number of the included studies is 8.
- In addition, the repetition of the sentence "The wide range of the 95% confidence interval was suggestive of data sparsity, so augmented meta-analysis was indicated before making conclusions" could be avoided by mentioning it once in the Augmented Meta-Analysis section of the Methods.

Acknowledgments

PREreview and JMIR Publications thank the authors of the preprint for posting their work openly for feedback. We also thank all participants of the live review call for their time and for engaging in the lively discussion that generated this review.

Conflicts of Interest

VF was a facilitator of this call and one of the organizers. No other competing interests were declared by the reviewers.

References

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2. Shi L, Lin L. The trim-and-fill method for publication bias: practical guidelines and recommendations based on a large database of meta-analyses. Medicine (Baltimore) 2019 Jun;98(23):e15987. [doi: 10.1097/MD.0000000000015987] [Medline: 31169736]

Abbreviations

CAR: chimeric antigen receptor
PRISMA: Preferred Reporting Items for Systematic Reviews and Meta-Analyses

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Peer Review of "State Anxiety Biomarker Discovery: Electrooculography and Electrodermal Activity in Stress Monitoring (Preprint)"

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Related Article:

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KEYWORDS

stress; biomarker discovery; EOG; EEG; medical informatics; electrooculography; electroencephalography

This is a peer-review report for the preprint "State Anxiety Biomarker Discovery: Electrooculography and Electrodermal Activity in Stress Monitoring."

This review is the result of a virtual collaborative live review discussion organized and hosted by PREreview and JMIR Publications on January 16, 2025. The discussion was joined by 16 people: 2 facilitators, 1 member of the JMIR Publications team, and 13 live review participants, including 3 who agreed to be named but have not contributed to composing this review into its final form: Uday Kumar Chalwadi, Killivalavan Solai, and Prasakthi Venkatesan. The authors of this review have dedicated additional asynchronous time over the course of 2 weeks to help compose this final report using the notes from the live review. We thank all participants who contributed to the discussion and made it possible for us to provide feedback on this preprint.

Summary

Anxiety, particularly state anxiety (s-anxiety), is increasingly recognized as a health concern linked to mental and physical issues, including adverse cardiovascular and long-term health outcomes. This study [1] leverages noninvasive wearable technology to identify interpretable biomarkers resulting from s-anxiety using electrooculography (EOG) and electrodermal activity (EDA). Two datasets were developed: BLINKEO, focusing on blink-related EOG features, and EMOCOLD, analyzing EOG and EDA responses during a cold pressor test. The authors then used both datasets and applied statistical analysis (eg, F_1-scoring, Shapley Additive Explanations [SHAP] analysis) to identify biomarkers of anxiety. Results revealed that using EOG data (blink duration, peak height, and opening integral) in tandem with EDA data (mean signal, permutation, entropy, and Hjorth activity) led to the identification of novel biomarkers that reveal nuanced emotional and stress responses. Moreover, it was found that SHAP analysis can more accurately determine which features are relevant to enhancing model performance. The findings highlight the potential of combining EOG and EDA biomarker data to create robust real-time models for anxiety detection. Combinations of physiological features (as sets) were more effective as measures of stress response than individual features alone. This research underscores the transformative role of noninvasive wearable technology in personalized mental health monitoring and intervention strategies.

List of Major Concerns and Feedback

Concerns With Methods

- It would be helpful to document the name of the device and manufacturer used to record the EOG. This would help other researchers who may want to reproduce the results.
- Similarly, it would be helpful to add additional details about the cold pressor test methods. For example, was a commercially available circulating water bath used to maintain a constant water temperature? Was the temperature of the subject's hand monitored? The details of the cold stressor test (the water temperature, the period of immersion, and the cutoff point) should be added for the sake of clarity, transparency, and reproducibility. Past studies using these metrics should also be referenced for details (eg, [2]). These methodological details may also be added in the form of a figure to add clarity to the experimental setup.
- To better understand the individual response to the cold challenge before participating in the actual experiment, it is advised that the manuscript states what type of participant testing was or was not adopted in the cold pressor testing experiment. For example, what were the tolerance times?

Were there any gender differences? If any pretesting data were collected, analyzing them and presenting them as results would add clarity to the results.
- It is unclear if the 65 repeating blinking trials and the 19 no-blinking trials were collected from the same individual or from different individuals. Please clarify.
- No signal voltage/electrical records for EDA were found in the manuscript. Is this intentional? Please consider adding this information.
- It would be important to add details of ordinal variables present in the Positive and Negative Affect Schedule and the State-Trait Anxiety Inventory (STAI-State), and clearly state their function and use in Supplementary Table 2.

Concerns With Analysis

- F_1-scores that were mentioned in the text (87.34% and 79.99%) are not present within the figures. Moreover, an F_1-score is an integer value from 0 to 1, taking precision and recall into account, and is not often expressed as a percentage.
- Figure 1c has two separate graphs; it should be captioned as 1c and 1d. What do both these graphs portray? The second graph for 1c is missing titles for the x- and y-axes—the current assumption is that they are the same as the first graph.
- Table 1 lacks a legend and is shown as panel a of Table 2. Please check how the tables are referenced in the text to make sure they reference the right one.
- The captions of the figures should have statistical information when relevant. For example, in Figure 3, the caption should include a description of what data were plotted and the meaning of the graph. Presumably plotting medians, quartiles, and SDs? Also, please report n values.

Concerns With Ethics

- It is not clear what the ethical statement at the end of the manuscript, which states that the study was exempt from review board approval, means. That statement should be revised for clarification. In addition, details regarding whether or not institutional review board approval was obtained, whether the study involved consenting participants and used humans, how the data were collected and used, how the data were handled to protect the privacy of study participants, and any other ethical procedures that were followed to protect subjects from any harm due to participation in the study should be added.

List of Minor Concerns and Feedback

Minor Concerns With Methods

- Please document whether the data were taken from each subject only once or whether data were obtained several times from a subject.
- Referring to the line “To focus on blink-like events, we applied criteria based on established blink characteristics,” the criteria used to establish blink characteristics should be cited, if not already given.
- SHAP analysis was performed on combinations of 5 features. Please clarify on what basis these 5 features were chosen (out of 15 of EDG and 33 of EOG).

Minor Concerns With Analysis and Presentation

- Page 10, Electrooculography (EOG) Signal Segmentation section: the authors mentioned that they extracted 33 features; however, Supplementary 4 mentioned 35 feature definitions. Please revise and correct.
- In Figure 3, please put “STAI-State survey score” on the y-axis for clarification rather than just “Scores.” In addition to box and whiskers plots, adding column graphs for positive affectivity, negative affectivity, and s-anxiety might be beneficial to more clearly express the SD present within the data.
- It would be beneficial to graphically display the F_1-scores that were collected across the study.
- The figures are quite small, which makes readability a little difficult. Please make the text larger to improve readability and accessibility.
- The Figure 1a description states, “The red dotted lines indicate the center of the peak…,” but these appear to be gray.

Suggestions

- Consider the inclusion of a Limitations section in this manuscript to better discuss potential limitations due to the skewness in male and female participants, data curation, applied methodologies, and other limitations of the study.
- A figure showing the trial structure would be very useful to understand how the data were collected.

References

- In the third paragraph of the Introduction, adding a reference to other techniques used to provoke anxiety, including the reduced EDA response in depressed patients, and the conflicting studies could be helpful to the readers.
- In the Introduction, fourth paragraph, the reference “Schachter and Singer” is not present in the References. Is this the wrong reference, or it just needs to be added to the list?
- In the Introduction, third page, third paragraph, it is advised to add references to document the reduced EDA response in depressed patients and the conflicting studies.
- In the Methods, please cite sources for the Butterworth filter (page 5), the Savitzky-Golay filter (page 5), and all other analyses.
- Reference 2: Include full citation with a link.
- Reference 3: It is advised to correct the article name to “APA 2023 Stress in America Topline Data.”
- Reference 4: The correct citation should be “Kazanskiy NL., Khonina S.N., Butt M.A. A review on flexible wearables—Recent developments in non-invasive continuous health monitoring. Sens. Actuators A Phys. 2024;366:114993. doi: 10.1016/j.sna.2023.114993.”
- Reference 10: The correct citation should be: “Electrooculogram Analysis and Development of a System for Defining Stages of Drowsiness Master's Thesis Project

in Biomedical Engineering, Linköping University, Dept. Biomedical Engineering, LiU-IMT-EX-351 Linköping 2003. Available: https://www.diva-portal.org/smash/get/diva2:673960/FULLTEXT01.pdf Test"

- Reference 19: The correct citation should be "Anxiety Detection Using Multimodal Physiological Sensing, 2021 IEEE EMBS International Conference on Biomedical and Health Informatics (BHI), Athens, Greece, 2021, pp. 1-4, doi: 10.1109/BHI50953.2021.9508589."
- Reference 23: Revising this citation is advised as searching on the internet shows error 404. The requested URL was not found on this server. Moreover, this is not a proper citation—give the edition number of the book (there are at least 5 editions) and publication year, as well as the page number of the cited data point about typical blink elapsed time.
- Reference 27: The correct citation should be "Hassanein, A.M.D.E., Mohamed, A.G.M.A. & Abdullah, M.A.H.M. Classifying blinking and winking EOG signals using statistical analysis and LSTM algorithm. Journal of Electrical Systems and Inf Technol 10, 44 (2023). https://doi.org/10.1186/s43067-023-00112-2."
- In general, citations need to be reviewed and added with consistency throughout the manuscript.

Acknowledgments

PREreview and JMIR Publications thank the authors of the preprint for posting their work openly for feedback. We also thank all participants of the live review call for their time and for engaging in the lively discussion that generated this review.

Conflicts of Interest

DS was a facilitator of this call and one of the organizers. No other competing interests were declared by the reviewers.

References

1. Dao J, Liu R, Solomon S, Solomon S. State anxiety biomarker discovery: electrooculography and electrodermal activity in stress monitoring. arXiv. Preprint posted online on Nov 26, 2024. [doi: 10.48550/arXiv.2411.17935]
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Abbreviations

EDA: electrodermal activity
EOG: electrooculography
s-anxiety: state anxiety
SHAP: Shapley Additive Explanations
STAI: State-Trait Anxiety Inventory

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Peer Review of "Large Language Models for Pediatric Differential Diagnoses in Rural Health Care: Multicenter Retrospective Cohort Study Comparing GPT-3 With Pediatrician Performance"

Daniela Saderi[1]; Goktug Bender[2]; Toba Olatoye[3]; Arya Rahgozar[4], PhD; Uday Kumar Chalwadi[5]; Eudora Nwanaforo[6]; Paul Hassan Ilegbusi[7]; Sylvester Sakilay; Mitchell Collier

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KEYWORDS

natural language processing; NLP; machine learning; ML; artificial intelligence; language model; large language model; LLM; generative pretrained transformer; GPT; pediatrics

This is the peer-review report for "Large Language Models for Pediatric Differential Diagnoses in Rural Health Care: Multicenter Retrospective Cohort Study Comparing GPT-3 With Pediatrician Performance."

This review is the result of a virtual collaborative live review organized and hosted by PREreview and JMIR Publications on October 25, 2024. The discussion was joined by 21 people: 2 facilitators, 1 member of the JMIR Publications team, and 18 live review participants, including 3 who agreed to be named here but did not contribute to writing this review: Nour Shaballout, Randa Salah Gomaa Mahmoud, and Samaila Jackson Yaga. The authors of this review have dedicated additional asynchronous time over the course of 2 weeks to help compose this final report using the notes from the live review. We thank all participants who contributed to the discussion and made it possible for us to provide feedback on this preprint.

Summary

The study [1] seeks to determine how accurately and reliably a fine-tuned GPT-3 model can assist with differential diagnosis in pediatric cases within rural health care environments. Specifically, it examines whether the artificial intelligence (AI) model can match or approach the diagnostic accuracy of human physicians. By evaluating the model's diagnostic performance, the research aims to explore AI's potential to improve pediatric health care quality, reduce misdiagnosis, and support providers in underserved regions where accurate, timely diagnosis is critical for patient outcomes.

To address the research questions, the authors conducted a retrospective study using data from 500 pediatric cases from a multicenter rural pediatric health care organization in Central Louisiana, United States. The GPT-3 model was trained on 70% of the data, including symptoms and physician-provided differential diagnoses, and tested on the remaining 30%, achieving an accuracy of 87%, with sensitivity at 85% and specificity at 90%. These results were statistically comparable to human physicians, who had an accuracy of 91%. The findings suggest that AI can support clinical decision-making in pediatric care, especially in resource-constrained environments where access to specialists is limited.

The research addresses critical gaps in pediatric care by exploring AI's potential to support clinical decision-making, particularly in resource-limited settings. It presents this with methodological details that enhance reproducibility and offer insights into AI applications in health care. The authors' transparency about limitations reflects research integrity, establishing a strong base for future studies. Furthermore, the focus on integrating AI into clinical workflows shows an understanding of practical challenges and underscores opportunities for advancing health care delivery through

technology. However, the study presents some notable weaknesses, including a lack of assessment of patient outcomes and insufficient clarity in its methodology, indicating areas for future research and improvement. Below, we list specific concerns and recommendations on how to address them.

List of Major Concerns and Feedback

Concerns With Techniques and Analyses

- Model choice: It is unclear why a specific generative AI model (ie, GPT-3, DaVinci version) was chosen for this study. Was the GPT-3 model (DaVinci version) selected due to its extensive use in medical AI research, or was it chosen to facilitate comparison with previous studies? A statement explaining the choice of the AI model would significantly improve the reader's understanding of the study's context and its relationship to previous research.
- Normality test: The study does not address whether data normality was assessed before statistical analysis. Determining the distribution of the data is key to selecting the appropriate statistical test to analyze such data. The Kolmogorov-Smirnov test could aid in understanding data distribution, specifically testing for normality. If the data is not found to meet normality criteria, nonparametric methods should be applied. Including a data normality assessment and explaining the choice of a particular statistical test would significantly strengthen the reliability of the study.
- Evaluation metrics: The study primarily uses specificity and sensitivity for evaluating large language model–generated responses, which may not capture the full quality of the outputs. Incorporating natural language processing metrics such as Recall-Oriented Understudy for Gisting Evaluation (ROUGE) and bilingual evaluation understudy (BLEU) can help assess the quality of generated responses more comprehensively. ROUGE measures the correspondence between the automatically generated response versus that of the human and what was expected. There are also issues associated with large language model generations of responses such as hallucination and the lack of attribution. Please specify or comment on how those and other issues were measured.
- Power analysis assumptions: The assumptions underlying the power analysis are unclear, particularly regarding how specific diagnoses affect this analysis. It is advised to elaborate on the power analysis methodology, including the rationale behind sample size choices and their implications for diagnosis variability.
- Sample size and generalizability: The sample size of 500 encounters may not adequately represent the broader pediatric population, particularly in diverse settings. Furthermore, using data from a single health care organization limits the applicability of findings to other settings. These limitations should be discussed, particularly how the validity of the results might change when it is tested with data from other health care centers. If possible, authors should mention and cite studies that reported on this effect. Additionally, future studies should consider expanding the sample size through multicenter collaborations or including data from patients with more diverse demographics to validate results across different health care environments thereby enhancing generalizability.

Details for Reproducibility of the Study

- Software and tools documentation: The authors describe using both Python (with scikit-learn) and IBM SPSS Statistics, but it is unclear what the software's sources are. Specifying sources for Python and scikit-learn (eg, "Python 3.8 [Python Software Foundation, Delaware, USA]") and clarifying the respective roles of Python and SPSS in the analyses would enhance transparency and allow for the reproducibility of the study.
- Detailed group descriptions: The demographics, specifically age group cases, are underspecified, limiting the reader's understanding of the study sample. Adding a table or descriptive text detailing subgroup demographics, including age and case counts would improve the study's interpretability and allow readers to better contextualize findings.
- Cross-validation across organizations: The model's reproducibility across various health care settings is not demonstrated. Evidence shows models often underperform with data from different sources. Including cross-organization validation and clearly acknowledging this limitation in the Discussion by citing relevant studies would enhance robustness. Furthermore, addressing this limitation in future work could pave the way for broader adoption and application of the model.
- Data and model specifics for replicability: The study would benefit from more thorough descriptions of dataset characteristics, fine-tuning model parameters, and preprocessing methods. For validation, consider adding multicenter dataset details. Adding this information would enable other researchers to replicate and build upon the study's findings, thereby enhancing its scientific contribution.
- Diagnostic exclusion or inclusion clarification: The preprocessing section does not clarify if physician diagnostics were included or excluded, leading to potential confusion for readers and impacting reproducibility. It would be helpful to know whether physician diagnostics were included in training and why. Clarifying this aspect would help standardize study replication and improve the study's transparency.

Figures and Tables

- Figure 1 is mentioned but not included in the article, which affects comprehension of the study design and findings. Please include Figure 1 or provide an alternative reference to explain the content of the missing figure. Figures are helpful for readers to quickly grasp complex methodologies and findings.

Ethics

- Data privacy: It is unclear whether a private or public version of GPT-3 was used, and if the latter, this raises potential Health Insurance Portability and Accountability Act (HIPAA) concerns. As was already pointed out above,

it is recommended that the version of GPT-3 used is specified, with additional clarification regarding data privacy practices if a public model was used. The addition of HIPAA considerations will enhance readers' confidence in the study's privacy protocols.
- Discussion of diagnostic risk: The discussion would benefit from a deeper exploration of diagnostic risks associated with the use of AI in health care and clinical decision-making settings. One example is the potential of AI models to perpetuate and affirm existing human biases thereby further exacerbating health disparities (one relevant citation could be Mittermaier M, Raza MM, Kvedar JC. Bias in AI-based models for medical applications: challenges and mitigation strategies. *NPJ Digit Med.* Jun 14, 2023;6(1):113 [doi: 10.1038/s41746-023-00858-z] [Medline: 37311802]). The study also raises important social considerations, such as respecting human agency, particularly for vulnerable populations. Addressing parental concerns about deferring decision-making to AI is crucial, as is ensuring a socially attuned approach to building trust and understanding.
- Lack of clarity on potential implementation in rural health care settings: The study could be strengthened by detailing how the AI model might be implemented in rural health care settings, including the specific challenges involved. Key considerations include the need for sufficient infrastructure (eg, electricity, internet) and the necessity of training health care providers unfamiliar with AI tools. Additionally, discussing both the potential impact (eg, improved diagnostic efficiency) and limitations (eg, handling incomplete data or overreliance on AI) would provide a more comprehensive road map for deployment in rural environments.

List of Minor Concerns and Feedback

- Data distribution gaps: No comparison of racial identity distribution between training and testing sets. Please consider adding a table or section on these demographic comparisons to ensure representation across subgroups.
- Data description and context: It would be helpful to know more information regarding how physicians were selected and their specific roles in the study.
- Departmental affiliations: Authors' affiliations lack specific department details, which limits transparency. Include departmental affiliations for authors to increase transparency and traceability. Adding departmental affiliations will provide context on the authors' expertise and institutional support.
- Funding transparency: The funding statement does not clearly specify whether the study was internally or externally funded. Explicitly state funding details, clarifying internal/external sources as applicable. Clear funding information will enhance transparency and address potential conflicts of interest.
- Approval number: While an ethical approval statement is present, it lacks the approval number, which is critical for ethical transparency. Please include the ethics approval number/code to ensure proper documentation and strengthen the study's validity and trustworthiness.
- Inconsistent data collection dates between the abstract and data collection section (lines 19 and 82)
- Missing figure (line 104).
- Need for more descriptive statistics (mean, median, quartiles, SD).
- Data distribution: Lack of comparison for racial/Hispanic identity distribution between training and testing sets. There's insufficient detail on age subgroup distribution.
- Clarification needed: The authors need to provide a deeper discussion of the power analysis methodology.
- The authors assessed that the distribution of age, gender, and chief complaints was similar between the training and testing sets. Suggest this to be cited to Table 5.
- Table 1: The abbreviations in the formula column should be identified in the table legend as "(FN: False Negative; FP: False Positive; TN: True Negative; TP: True Positive) (m)+1."
- Please clarify why GPT-3.5 or GPT-4 (instead of GPT-3) was not used despite being available at the time of the study.
- Line 103 states physicians were instructed to generate differential diagnoses. I thought this was obtained retrospectively. Please clarify.
- Line 152: Table 4 should be corrected to Table 3.
- Line 154: Table 5 should be corrected to Table 4.
- Line 200: Typo "may limit the of the finding."

Concluding Remarks

We thank the authors of the preprint for posting their work openly for feedback. We also thank all participants of the live review call for their time and for engaging in the lively discussion that generated this review.

Conflicts of Interest

DS contributed to writing this review and was a facilitator of this call and one of the organizers. No other competing interests were declared by other reviewers who participated in discussing the preprint during the live review.

Reference

1. Mansoor M, Ibrahim AF, Grindem D, Baig A. Large language models for pediatric differential diagnoses in rural health care: multicenter retrospective cohort study comparing GPT-3 with pediatrician performance. JMIRx Med 2025;6:e65263. [doi: 10.2196/65263]

Abbreviations

AI: artificial intelligence
BLEU: bilingual evaluation understudy
HIPAA: Health Insurance Portability and Accountability Act
ROUGE: Recall-Oriented Understudy for Gisting Evaluation

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Peer Review of "The Order in Speech Disorder: A Scoping Review of State of the Art Machine Learning Methods for Clinical Speech Classification (Preprint)"

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KEYWORDS

scoping review; machine learning; speech patterns; diagnosis; speech disorders; mental disorders; neurological disorders

This is the peer-review report for the preprint "The Order in Speech Disorder: A Scoping Review of State of the Art Machine Learning Methods for Clinical Speech Classification."

This review is the result of a virtual collaborative live review discussion organized and hosted by PREreview and JMIR Publications on April 10, 2025. The discussion was joined by 29 people: 3 facilitators from the PREreview team, 1 member of the JMIR Publications team, and 25 live review participants, 4 of whom joined as listeners and did not contribute to the review. The authors of this review have dedicated additional asynchronous time after the call over the course of 2 weeks to help compose this final report using the notes from the live review. We thank all participants who contributed to the discussion and made it possible for us to provide feedback on this preprint.

Summary

Speech is a cornerstone of human communication, intricately connected to our cognitive, neurological, and psychological processes. Speech patterns have emerged as potential diagnostic markers for conditions with varying etiologies. This scoping review [1] elucidates how machine learning (ML) can utilize speech patterns as noninvasive diagnostic biomarkers for neurological, laryngeal, and mental health etiologies. Based on specific inclusion and exclusion criteria that involved a wide spectrum of conditions, ranging from voice pathologies to mental and neurological disorders, the 564 articles compiled in this investigation were condensed to 91. Methods of speech classification were then assessed between 0 - 10 based on the diagnostic accuracy of different ML models. High accuracies were reported for Parkinson disease, laryngeal disorders, and dysarthria, whereas disorders like depression, schizophrenia, mild cognitive impairment, and Alzheimer disease (AD) showed promise yet were less consistent. This review emphasizes the need for speech analysis in conditions like obsessive-compulsive disorder and autism, where graded clinical diagnoses are less robust, relative to other disorders. Key strengths of the preprint include its comprehensive coverage of disorders and the current relevance of the literature (post 2016). However, noted limitations include a lack of cross-linguistic model generalizations, a limited coverage of pediatric populations, and sociocultural variations in speech. Despite some ambiguity present in the methodologies, the paper effectively bridges the fields of speech science, artificial intelligence (AI), and clinical diagnostics. Moreover, it highlights the transformative potential of ML in developing personalized scalable diagnostic models while also considering ethical implications, clinical acceptance, and real-world applications.

List of Major Concerns and Feedback

With "major concerns," we refer to concerns that the reviewers believe should be prioritized in being addressed in order to ensure the soundness of the study.

Below, we summarize major concerns raised by the live review participants, and whenever possible, we offer suggestions on how to address them.

1. A lack of model validation: More clarity should be provided to highlight the distinction between disease state/features and symptoms. For example, neurodegenerative diseases such as AD and Huntington disease have features similar to neuropsychiatric diseases—schizophrenia, depression, etc. While the symptoms and manifestations can overlap,

they are not the same thing; they differ in etiology and characteristics. The failure to delineate those characteristics weakens the study's overarching question and rationale from the start.

2. A scoping review is meant to provide a wide scope of the literature to map out data and synthesize findings for interpretation and appraisal. There is a major weakness in the findings presented in the tables. At present, the evidence provided does not sufficiently reflect the body of empirical evidence that is available in neurodegeneration, linguistics, and ML methods to achieve the goals in the study aims/objectives. To increase the strength of the analysis and improve the data disseminated in the tables, one option could be to combine the similarities in findings in each table. This task can also improve the presentation of the data in each table.
3. It is not clear why the search is restricted to the PubMed application programming interface and does not include other platforms such as MEDLINE (OVID), Embase (Elsevier), PsycINFO (OVID), CINAHL, Google Scholar, and Web of Science.
4. The methods and results should be reported in accordance with scoping review guidelines, such as PRISMA-ScR (Preferred Reporting Items for Systematic Reviews and Meta-Analyses Extension for Scoping Reviews) [2].
5. The keywords identified to search in databases should be mentioned (it could be added as a supplementary file).
6. The time range of the search was not mentioned.
7. There is a lack of clarity between the neurodegenerative diseases and neuropsychiatric diseases; for example, AD and schizophrenia should be distinguished since AD progresses at various stages that do not necessarily resemble the features of schizophrenia.
8. The dataset size and ratio of healthy controls versus patients are important factors that are necessary to mention in Tables 1-3.
9. Clinical relevance: There is a need to review the profile/demographics of cohorts and groups of participants in the selected studies. This would help to demonstrate the time-course of disease/condition in their application to ML and the nature of the pool of data extracted in the analytical phase of the study (ie, data synthesis and interpretation). That is critical information that could be obtained in the data extraction stage (per PRISMA guidelines). By establishing the clinical relevance here, the paper can better argue how ML methods can help clinical speech classification in neurological and psychiatric diseases for diagnostic purposes.
10. In the inclusion criteria, articles published in English were mentioned, but non-English articles were also included in the study. An explanation for the inclusion of non-English articles was not provided by the authors. Additionally, the study deliberately focused on speech parameters, excluding the analysis of language content, which could provide a more holistic understanding of communicative aspects related to health conditions. Mentioned in 4.6.
11. False negatives: In evaluations, speech can appear healthy even if an individual has a serious health condition, making false negatives an important consideration. Speech-based diagnostics should be an addition to other diagnostic methods, not a stand-alone solution. Authors mentioned this in 4.7.3 as a limitation, but no such attempt was observed in the inclusion of related literature.
12. The authors effectively address key issues such as patient data privacy, informed consent, General Data Protection Regulation (GDPR) compliance, and clinical deployment risks associated with AI-driven speech diagnostics. The inclusion of synthetic speech data as a means to mitigate privacy concerns is a noteworthy strength. To enhance this section, we recommend incorporating specific frameworks or strategies—such as data anonymization, algorithmic transparency, and regulatory guidance—to provide a more robust and actionable ethical foundation for clinical implementation. Ethical considerations, especially around AI deployment, patient data privacy, and consent, should be discussed in more detail.
13. The manuscript provides valuable insights but would benefit from a more comprehensive discussion of its limitations. Key areas that remain unaddressed include the lack of cross-linguistic generalizability of ML models, limited representation of pediatric populations, and sociocultural variations in speech, which may affect the robustness and applicability of the findings. Additionally, issues such as data scarcity, inconsistent data quality, risks of model overfitting, and potential gender bias pose challenges to the development of unbiased and reliable diagnostic tools. The generalization of findings to a broader range of mental health disorders is also a concern; while Parkinson disease and schizophrenia are discussed, the exclusion of numerous other conditions limits the scope of applicability. Clarification on whether these findings can be extended to non–speech-related disorders or a recommendation for future research in this area would strengthen the manuscript.

List of Minor Concerns and Feedback

Concerns With Techniques/Analyses

- The manuscript does not thoroughly discuss model validation practices or the potential risk of bias, such as overfitting and limited sample diversity. Although the interpretations are generally sound, a more critical evaluation of the limitations of the individual studies could be included. The authors may wish to include a subsection that summarizes the validation methods used by the reviewed studies.
- There is a lack of standardization in the techniques used across the 91 studies, as most studies employ different speech tasks, which may impact the biomarkers activated or identified. Additionally, speech impairment changes with disease progression, so it would be useful to include age and more information about the disease state.
- The References section shows inconsistencies in formatting and needs to be revised to follow a uniform citation style in accordance with a journal's guidelines.
- The number of included articles is stated as 91, but Tables 1-3 present only 77 studies, while Table 4 shows 64. This discrepancy is unclear and may confuse readers. Kindly provide an explanation for the differences in the number

of articles across the tables. You can include a brief footnote in the manuscript on why those articles were excluded.
- In section 2.6 “Articles Found,” it is unclear why articles including magnetic resonance imaging, computed tomography, electroencephalogram, image, wearable sensors, video, transcription, or multimodal data were excluded. Clarify the specific scope and focus of the review that justified the exclusion of these factors.
- The year of publication listed in the table looks disorganized. The authors could reorder the studies in the table in either ascending or descending order of year of publication to help readers identify the progression of research over time.
- Please clarify why GPT-4 or GPT-4.5 (instead of GPT-3.5) was not used despite being available at the time of the study.
- Under “3. Results,” the authors could use more clarifying language while describing languages used (English was the most common language, but the results also included studies on Chinese, Greek, Spanish, Malay, and Hebrew). Since non-English language studies were excluded. It looks like they may have used studies where test sets were in different languages. Suggestion: The sentence under “3. Results” can be restructured to clarify the same.

Details for the Reproducibility of the Study

- The reproducibility of the Grading of Recommendations Assessment, Development and Evaluation (GRADE) scoring is limited due to the absence of a clearly defined rubric or framework. Provide a detailed explanation or scoring rubric highlighting how each criterion of the GRADE scoring system was applied.
- An insufficient search strategy will make it difficult for other researchers to replicate or validate the review process. Authors should expand the Method section and describe the databases used, the search terms, the inclusion or exclusion criteria, and any screening processes like PRISMA flow. This will improve the credibility and reproducibility of this study.

Figures and Tables

- Some captions lack the specific details of the dataset used, the method languages, and the clinical settings. Also, some tables are overly dense. Revise these captions to include contexts like data sources, methodology, and clinical backgrounds. The authors may consider breaking dense tables into subcategories to enhance clarity.
- The reference numbers are missing in the first column of all tables and should be added in brackets following the author names (eg, “Alan et al [23]”) to allow quick cross-referencing with the reference list.
- Not all the tables were cited within the main text of the article.
- The description of Figure 1 should be expanded further. Moreover, the authors should put the name of the primary author before the reference and the year of publication (eg, “(NAME et al (2XXX) [114]”). Figure 1 should also be revised to increase its readability. Perhaps, the authors could minimize the quadrants and increase the size of the text font.
- Divide the Participants column in Tables 1-3 into “Target Patients” and “Control Patients” to improve readability.
- It would be helpful if the tables listed the time duration of the studies.
- There are multiple spelling mistakes and excessive use of undefined abbreviations, especially in tables. There is also a lack of standardization in reporting speech features and methods, making comparison difficult.
- Could combine similar findings in each table (ie, combine cells), but keep authors’ citations in the tables.

Additional Comments

- The manuscript would benefit from figures, diagrams, or charts that summarize key trends such as ML model performance across various disorders, as well as a visual overview of the review process.
- There is insufficient detail on why speech disorders were chosen as the focal point in a rapidly expanding domain of ML-based diagnostics. Authors should add content and references to emphasize the broader relevance of ML in diagnostics and explain the reason behind their narrowing the scope to speech-based disorders.
- Number the references in order, starting with “#41.”
- In both the Abstract and Results sections, please write the abbreviation “OCD” as “obsessive-compulsive disorder (OCD).”
- In the Rationale and Results section, please revise the sentence “ML provides enables” by removing one of the verbs to correct the grammar.
- Please add a reference to the GRADE rating.
- In the Dysarthria, general section: please identify the abbreviation “PWSI-AI-AC” as “patch-wise wave splitting and integrating AI system for audio classification.”
- In the “Alzheimer’s Disease (AD)” section, please identify the abbreviation “eGeMAPS” as the “extended Geneva Minimalistic Acoustic Parameter Set.”
- “Gomez et al” should be corrected to “G´omez-Rodellar et al” in the “Parkinson’s Disease (PD)” section and Table 1.
- In the “Incorporating ML Based Speech Assessment in Clinical Practice” section, please identify “GDPR” as “General Data Protection Regulation.”
- In the Methods section, the phrase “focused on Parkinson, [3] focused on psychiatric disorders, and [4] focused on depression and suicide risk” should be revised to “focused on Parkinson, [3] on psychiatric disorders [4], and on depression and suicide risk.”
- The title includes “state of the art,” which may be misleading as the GPT-3.5-turbo model was used in this paper, and since February 27, 2025, the most current version, GPT-4.5 model, has been released. Authors should specify the model type in the title.
- Acronyms such as “CNN” and “AUC” are used without definition on page 6.
- “3.2.6 Reinke’s edemba”: It should be “edema” not “edemba.”
- This manuscript requires comprehensive proofreading and editing.

We thank the authors of the preprint for posting their work openly for feedback. We also thank all participants of the live

review call for their time and for engaging in the lively discussion that generated this review.

Acknowledgments

PREreview and JMIR Publications thank the authors of the preprint for posting their work openly for feedback. We also thank all participants of the live review for their time and for engaging in the lively discussion that generated this review.

Conflicts of Interest

VF was a facilitator of this call and one of the organizers. No other competing interests were declared by the reviewers.

References

1. Moell B, Aronsson FS, Östberg P, Beskow J. The order in speech disorder: a scoping review of state of the art machine learning methods for clinical speech classification. arXiv. Preprint posted online on Mar 3, 2025. [doi: 10.48550/arXiv.2503.04802]
2. Tricco AC, Lillie E, Zarin W, et al. PRISMA Extension for Scoping Reviews (PRISMA-ScR): checklist and explanation. Ann Intern Med 2018 Oct 2;169(7):467-473. [doi: 10.7326/M18-0850] [Medline: 30178033]
3. Low DM, Bentley KH, Ghosh SS. Automated assessment of psychiatric disorders using speech: a systematic review. Laryngoscope Investig Otolaryngol 2020 Feb;5(1):96-116. [doi: 10.1002/lio2.354] [Medline: 32128436]
4. Cummins N, Scherer S, Krajewski J, Schnieder S, Epps J, Quatieri TF. A review of depression and suicide risk assessment using speech analysis. Speech Commun 2015 Jul;71:10-49. [doi: 10.1016/j.specom.2015.03.004]

Abbreviations

AD: Alzheimer disease
AI: artificial intelligence
GDPR: General Data Protection Regulation
GRADE: Grading of Recommendations Assessment, Development and Evaluation
ML: machine learning
PRIMSA-ScR: Preferred Reporting Items for Systematic Reviews and Meta-Analyses Extension for Scoping Reviews

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